BEST FOR SPORT, SKY & STREAMING

IT'S COMIC RELIEF!

14-20 MARCH 2026

TV Satellite week

NEW

THE Madison

Kurt Russell and **Michelle Pfeiffer** star in a major series from the creator of Yellowstone

NEW

IMPERFECT WOMEN

Kate Mara, Elisabeth Moss and **Kerry Washington** play best friends in this killer thriller

NEW

THE OTHER BENNET SISTER

Richard E Grant and **Ruth Jones** in a Jane Austen spin-off

NEW

PEAKY BLINDERS: THE IMMORTAL MAN

The Shelby saga continues as World War Two rages

HotList This week's 28

Saturday 14

The Madison

DRAMA *Paramount+*

From *Yellowstone* creator Taylor Sheridan comes this modern-day drama about a New York family that relocates to the wild beauty of Montana. Stars Michelle Pfeiffer (above) and Kurt Russell. ***See feature, p4***

Sketch

FANTASY COMEDY *Sky Premiere, 9am & 6.20pm*

With a mix of live action and animation, this fantasy comedy follows a young girl whose drawings come to life, bringing chaos to her town. ***See review, page 22***

Six Nations

RUGBY UNION *BBC 1, ITV1, S4C & Premier Sports 1*

The final round sees Ireland host Scotland (k-o 2.10pm) and Wales v Italy (4.40pm), culminating in 'Le Crunch' as France take on England under the lights (8.10pm).

Premier League

FOOTBALL *TNT Sports & Sky Sports*

Today's top-flight coverage features Arsenal v Everton (k-o 5.30pm) and Chelsea v Newcastle (5.30pm) before league strugglers West Ham United take on Manchester City (8pm).

■ Full listings start on **p35**

Sunday 15

Tusker: Brotherhood of Elephants

DOCUMENTARY *Sky Nature, 5pm*

Cameras follow three rare male African elephants – Craig, Pascal and Esau – living in Kenya's Amboseli National Park as they socialise and reproduce. .

The Other Bennet Sister

DRAMA *BBC 1, 8pm & 8.30pm*

Based on the novel by Janice Hadlow, this period drama focuses on Jane Austen's middle Bennet sister, the bookish Mary (Ella Bruccoleri), who leaves Longbourn for Regency London. ***See feature, page 8***

Boarders

COMEDY DRAMA *BBC3, 10pm & 10.45pm (box set, BBC iPlayer)*

As the boarding-school series returns for its third and final outing, the finishing line is in sight for the scholarship students, but the pressure to exit on a high is intense.

Oscars

AWARDS *ITV1, 10.15pm*

Jonathan Ross (above) and guests keep an eye on the proceedings in Hollywood, where Jessie Buckley is the front runner to take home the Best Actress award for *Hamnet*. ***See feature, page 11***

■ Full listings start on **p45**

Monday 16

Ronan Keating's Wild Atlantic

TRAVELOGUE *BBC iPlayer*

The singer (above) is our guide for this deeply personal tour of Ireland, from the colourful streets of Cork, to the wilder northern stretches of Donegal and Derry.

Shed and Buried: Classic Helicopter

FACTUAL *Quest, 8pm*

Ahead of the new series of *Classic Cars*, Henry Cole and the team are tackling a big project – restoring a rare Bell 47 helicopter for its 80th-anniversary flight.

Made in Chelsea

REALITY *E4, 9pm*

The reality series is back with two new cast members, and the drama unfolds from the very first moment as the clique swap SW3 for the breathtaking scenery of Scotland. Continues tomorrow.

Andor

SCI-FI *Sky One, 9pm*

Set before the events of *Rogue One*, this Star Wars spin-off charts the journey Cassian Andor (Diego Luna, above right) takes to become a Rebel hero.

• *Previously shown on Disney+*

■ Full listings start on **p55**

Tuesday 17

The Dog House

DOCUMENTARY *C4, 8pm*

It's back to Woodgreen pets charity for a new six-part series. This week, it's double trouble for the Bodley family (above), as they deal with energetic cockapoo twins Milo and Mabel.

Champions League: Round of 16 2nd Legs

FOOTBALL *TNT Sports & Prime Video*

Chelsea face defending champs PSG, Arsenal take on Bayer Leverkusen, and Manchester City host European giants Real Madrid (kick-offs 8pm).

Ellis

CRIME DRAMA *5, 9pm*

After a student is found crushed under fallen scaffolding, the construction company declare it a tragic accident – but DCI Ellis (Sharon D Clarke, above) suspects otherwise. Concludes tomorrow.

Portrait of a Confused Father – Storyville

DOCUMENTARY *BBC4, 10pm*

This 20-year film project from Norwegian filmmaker Gunnar Hall Jensen (above) takes a heart-wrenching turn after the death of his 21-year-old son, Jonathan.

■ Full listings start on **p65**

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Wednesday 18

EDITOR'S CHOICE NEW

Imperfect Women

DRAMA Apple TV

Elisabeth Moss, Kerry Washington and Kate Mara star in this psychological thriller about a decades-long friendship that unravels after a murder reveals a web of secrets. *See Your Watchlist, page 14*

LIVE!

Champions League: Round of 16 2nd Legs

FOOTBALL TNT Sports

Newcastle make the trip to Camp Nou to play Barcelona (k-o 5.45pm), Liverpool host Galatasary, and Tottenham Hotspur take on Atlético Madrid (both 8pm).

NEW

The Marlow Murder Club

CRIME DRAMA U&Drama, 8pm & 9pm (box set, U)

The amateur sleuths, headed by retired archaeologist Judith Potts (Samantha Bond), are back to assist the police in the whodunnit. *See feature, page 12*

NEW

Beyond the Brush

DOCUMENTARY Sky Arts, 8pm & 8.30pm

This documentary series starts with a double bill of episodes that explore two recognisable works of art: Munch's *The Scream* (above) and Van Gogh's *The Starry Night*. *See Documentaries, page 20*

Full listings start on p75

Thursday 19

NEW

Last One Laughing

COMEDY Prime Video

After the first series was a runaway hit, a new group of comics including Alan Carr, Maisie Adam and David Mitchell take part, while Bob Mortimer is back to defend his crown. *See Your Watchlist, p17*

LIVE!

Europa League & Conference League

FOOTBALL TNT Sports, k-os 5.45pm/8pm

The overall winners of this round progress to the quarter-finals of the competitions, with Nottingham Forest, Aston Villa and Crystal Palace learning their fates tonight.

LAST ONE

Alexander Armstrong in India

TRAVELOGUE 5, 8pm

The broadcaster (above) faces his fears of spiders in the forests outside Mumbai, before travelling south to the tech capital of Bangalore, as his trip draws to a close.

NEW

Black Waters: The Sea Empress Disaster

DOCUMENTARY BBC2, 9pm (times vary)

Examining the environmental impact on the Pembrokeshire coast after a tanker ran aground in 1996, spilling 70,000 tons of oil into the sea. *See Documentaries, p21*

Full listings start on p85

Friday 20

EDITOR'S CHOICE NEW

Peaky Blinders: The Immortal Man

DRAMA Netflix

Cillian Murphy (above) reprises his role as Tommy Shelby, who emerges from exile to save the family, as bombs rain down in World War Two. *See feature, page 6*

NEW

Deadloch

CRIME COMEDY Prime Video

Eddie (Madeleine Sami) and Dulcie (Kate Box) are in the tropical Northern Territory for this second season of the Australian comedy, investigating the death of Eddie's former cop partner. *See Your Watchlist, p16*

LIVE!

World Athletics Indoor Championships

ATHLETICS BBC2, 9am & 5pm

The opening day is headlined by the men's 60 metres, featuring GB's Jeremiah Azu (above) as he returns to the world stage to defend his title. *See Sport Week, p28*

LIVE!

Comic Relief: Funny for Money

ENTERTAINMENT BBC1, 7pm

Tune in for an evening of fundraising entertainment, with stars including Greg James (above) encouraging you to donate your cash. *See feature, p12*

Full listings start on p95

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BEST FOR SPORT, SKY & STREAMING
Scarpetta
NEW
Nicole Kidman brings Patricia Cornwell's brilliant forensics expert to life

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HEALING touch

NEW FROM Paramount+

Michelle Pfeiffer leads a moving family drama set against the backdrop of Montana's Madison River

NEW DRAMA

The Madison

From Sat 14 March, Paramount+ (three episodes released weekly)

Hollywood star Michelle Pfeiffer shines in touching new family saga *The Madison*, which comes from *Yellowstone* creator Taylor Sheridan and draws on some of life's big themes – from love and death to ageing and grief.

Pfeiffer leads the cast of the Paramount+ six-parter as wealthy New Yorker Stacy Clyburn, who has been happily married to her businessman husband Preston (Kurt Russell) for decades, raising their slightly dysfunctional family in a swanky Manhattan apartment.

But when a sudden tragedy upends their cosseted lifestyles, Stacy and her shattered family – including her spoilt adult daughters Abigail (Beau Garrett) and Paige (Elle Chapman) – find themselves engulfed in grief.

In the days that follow, as the family is reluctantly drawn away from all their rich city trappings, they end up spending time in a remote cabin on Montana's stunning Madison River, where they slowly begin to process their loss.

'People should watch *The Madison* for so many reasons. It's very moving, it's funny, and I think people are going to fall in love with every single one of the characters,' says Pfeiffer, 67, whose career spans more than 40 years and includes her breakthrough role in 1984 crime drama *Scarface*.

'Stacy is really the anchor of her family and trying to be the moral compass. They are this New York socialite family travelling in all of the elite circles. When tragedy strikes, they are not used to experiencing such struggles.

'But whenever tragedy strikes, there's always humour in it. Even in times of your biggest heartbreak, there's a moment where something seems so ridiculous that you can't help but have a huge belly laugh with whoever you happen to be with.'

The Clyburns are transformed by the landscape

EBBS AND FLOWS

Set across two timelines, with flashbacks to happier moments in Stacy and Preston's lives, the series follows the family as they struggle with the aftermath of the tragedy, while also grappling with snakes, hornets, the remote Montana wilderness, as well as the run-down cabin's outdoor composting toilet and lack of fancy mod cons.

As old family tensions mount and buried grievances rise to the surface, the Clyburns also begin to find solace in the healing power of nature while slowly beginning to learn more about themselves, each other and what's really important.

Despite coming from the team behind *Yellowstone*, director Christina Alexandra Voros says *The Madison* isn't a spin-off or sequel to the Dutton saga.

'The common ground is the landscape,' she explains. 'We are in Montana, but it is seen through a completely different lens. There are parallels in the scope of landscape and a human being's place in that space, but it's coming at it from a completely different point of view.'

The cast also includes *Gossip Girl*'s Kevin Zegers as the Clyburns' new Montana neighbour Cade Harris, as well as *Suits* star Patrick J Adams, who provides plenty of comic relief as Stacy and Preston's irritating investment-banker son-in-law Russell.

As matriarch of the Clyburn family, however, Pfeiffer spends much of the first two episodes portraying the depth of Stacy's grief, which means bringing a powerful mix of tears, frustration and pure rage to the small screen. And all the cast admit that working with the experienced star was one of the highlights of filming.

'I loved working with Michelle,' says Adams, 44, who recently starred in BBC1's *The Bombing of Pan Am 103*. 'This is someone who has delivered some of the greatest performances of all time. She's not only a profound actor, but also a great leader. She forces you to show up to work every day and bring your A game, because that's what she does.'

'I was wildly nervous the first day on set with Michelle, but I quickly fell in love with her,' adds Garrett, 43, whose TV credits include Netflix's *Firefly Lane*. 'She's so good. I never had to worry about where I might have to go emotionally for a scene. She's beautifully prepared and challenges you to go deeper. All you have to do is listen to her and everything falls into place.'

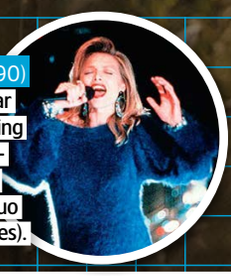
Michelle Pfeiffer and Kurt Russell as Stacy and Preston

WORDS: HANNAH DAVIES. PHOTOS: ITV/SHUTTERSTOCK, PARAMOUNT+, SHOWTIME, WARNER BROS, VICTORIA WILL/PARAMOUNT+, HBO

SIX OF THE BEST *Our pick of Michelle Pfeiffer's most famous screen roles...*

The Witches of Eastwick (1987)
Starred alongside Susan Sarandon and Cher as three friends who discover they have magical powers.

The Fabulous Baker Boys (1990)
Earned another Oscar nod after taking singing lessons to play a jazz-club singer who joins forces with a piano duo (Jeff and Beau Bridges).



The Wizard of Lies (2017)
In a rare TV role, she was nominated for an Emmy for playing the wife of Ponzi-scheme crook Bernie Madoff (Robert De Niro).

Dangerous Liaisons (1989)
Received her first Oscar nomination as virtuous Madame de Tourvel, targeted for seduction by the amoral Vicomte de Valmont (John Malkovich).

Batman Returns (1992)
A meek Gotham secretary, Selina Kyle, is transformed into the villainous Catwoman as she battles Michael Keaton's caped crusader.

The First Lady (2022)
Took on another real-life TV role as Betty Ford, the alcohol-addicted wife of 1970s US President Gerald Ford (Aaron Eckhart).

Spoils of WAR

The Peaky Blinders hatch a **treacherous plot with the Nazis** as the gangland drama bows out

NEW FROM NETFLIX

NEW DRAMA

Peaky Blinders: The Immortal Man

From Friday 20 March, Netflix

Tommy returns

It's been over a decade since Tommy Shelby first strode on to our screens, and the Birmingham gangster, played by Cillian Murphy, has since become one of British TV's most iconic characters.

Over the course of six seasons, he's battled the Mafia, rubbed shoulders with Winston Churchill and turned the Peaky Blinders gang into a criminal empire that spans the Atlantic – and now, his story finally comes to a close in this much-anticipated Netflix movie.

The final chapter of Tommy's tale opens as the bombs rain down on Birmingham in the early years of World War Two.

'I always wanted it to end this way,' says creator Steven Knight, who first set the series in the aftermath of World War One. 'I remember doing an interview after the first season in which I confidently said, "We're going to end as the story gets to World War Two and it's going to be a movie." It was very arrogant of me to imagine that that would happen, but here we are!'

DANGEROUS DEALS

The action picks up in 1940, six years after the end of the sixth season, and we rejoin Tommy as he lives in isolation in a run-down manor outside Birmingham. He's penning his memoir, called *The Immortal Man*, and is set on avoiding the war while also staying out of the business of the Peaky Blinders, who are now led by his illegitimate firstborn son, Duke (Barry Keoghan).

However, following the bombing of the Birmingham Small Arms Company factory, he returns to the city and discovers his family have become involved in Operation Bernhard, a Nazi plot to destroy the British economy by flooding the country with hundreds of millions of pounds in counterfeit notes.

'The way Steven picks events that are not that famous is very clever,' says Murphy, 49. 'The Nazis did try to flood the British economy, but it's not a very well-known piece of history. And if you insert the Peaky Blinders into that situation, it can make a very interesting drama.'

Duke has struck a dangerous deal with Beckett (Tim Roth), the treasurer of the British Union of Fascists, to receive the counterfeit notes and filter them into the economy. Yet despite the vast riches that are on offer, Tommy knows the dark implications of betraying his country.

'Setting the film against the backdrop of the war means that Tommy's values are being tested all the time,' explains Murphy. 'What do you actually believe in? Aside from illegal bookmaking and racketeering and making money and buying houses and abandoning children and wives, what do you actually stand for?'

Conrad Khan played Duke in the sixth season of the BBC1 show, but Knight and the rest of the *Peaky Blinders* team were delighted when *Saltburn* star Barry Keoghan was cast in the role this time out.

'I worked with Cillian on *Dunkirk* a few years ago,' says Keoghan. 'We always keep in touch and he texted me to say, "How would you like to play Tommy Shelby's son?" I was like, "Oh, wow. Great, I'd love that."'

As the film begins, Duke's hellraising antics prompt his aunt, Kaulo (Rebecca Ferguson), to ask Tommy to intervene.

FAMILY VALUES

'Duke is childlike in moments, when he is with his father,' says Keoghan, 33. 'And then, when he's not with him, he tries almost to emulate his father. I wanted to show his vulnerability and show that a lot of it is a facade.'

It's rumoured that Duke's story will be continued in an upcoming BBC and Netflix series set in 1953 that focuses on a new generation of the Shelby family navigating the post-war reconstruction of Birmingham. However, this is the end of the line for Tommy – and for the man who's played him for 13 years.

'I've lived it alongside Tommy and also aged alongside him,' says Murphy. 'I'll never experience that again and it's been gratifying to have the opportunity to play a character like that. We needed a satisfying conclusion for the character – as well as for me and for the fans.'

WORDS: SEAN MARLAND. PHOTOS: NETFLIX

Tommy Shelby
Cillian Murphy
The former leader of the Peaky Blinders returns to Birmingham after hearing that his son has taken a dangerous path.

Duke Shelby
Barry Keoghan
Tommy's illegitimate son has taken on his father's role as the Peaky Blinders' leader.

WHO'S WHO

Elijah Hayes
Jay Lycurgo
Duke's second in command is a powerful figure in the Peaky Blinders and does quite a bit of the gang's dirty work.

Kaulo Chirklo
Rebecca Ferguson
Duke's aunt is Queen of the Palmer Witches and can manipulate people and is seemingly able to commune with spirits.

Beckett
Tim Roth
The British Union of Fascists treasurer arranges for £350 million of counterfeit notes to be shipped to Liverpool.

Hayden Stagg
Stephen Graham
Tommy calls for the fellow World War One veteran turned union convener's help when he returns to Birmingham.

Ada Thorne
Sophie Rundle
Tommy's sister is a Birmingham MP who tackles issues caused by German bombs falling on the city as well as having to deal with nephew Duke.

Johnny Dogs
Packy Lee
Tommy's faithful servant is the only man who accompanies him when he withdraws to a ramshackle manor.

Pride & passion

Ella Bruccoleri stars in a romantic new twist on a Jane Austen classic

Sisters Jane, Elizabeth, Mary, Kitty and Lydia are shown in a new light

NEW DRAMA

The Other Bennet Sister

Sunday, 8pm & 8.30pm, BBC1

The soaring romance between witty Elizabeth Bennet and brooding Mr Darcy in Jane Austen's novel *Pride and Prejudice* has captured the imagination of countless generations. But now, BBC1's 10-part drama *The Other Bennet Sister*, based on Janice Hadlow's novel, sees Elizabeth's studious and often overshadowed sister Mary take centre stage.

As the series begins, the shy wallflower, played by Ella Bruccoleri, is struggling to establish her place in the world as she grows up alongside spirited Elizabeth (Poppy Gilbert) and her other equally dynamic sisters – sweet Jane (Maddie Close) and fun-loving Kitty and Lydia (Molly Wright and Grace Hogg-Robinson).

'Mary has been written off by the Bennet family and, as a result, she's written herself off, too,' says former *Call the Midwife* star Bruccoleri. 'She tries to do the same as the other sisters and it doesn't work. So then she thinks, "Maybe if I'm the opposite of everyone else, then I'll be more noticeable." But that doesn't ingratiate her to anyone either!'

FINDING A PLACE

While Mary's bookish father Mr Bennet (Richard E Grant) tries to keep his distance from his girls' forays into the Regency social scene, their mother Mrs Bennet (Ruth Jones) is desperate to secure good marriages for them all. But she despairs of finding a match for awkward Mary, particularly after her daughter's disastrous appearances at local balls.

'Janice Hadlow's novel has cleverly twisted everything and looks at it from another angle,' says *Gavin & Stacey* star Jones.

'So we see a very different side to Mrs Bennet, who has traditionally been portrayed as this nervous woman. Here, she's more like a 19th-century estate agent with five properties to sell, and one of them – Mary – won't shift! Mrs Bennet is frustrated with her and just wants her to fit in.'

Ruth Jones and Richard E Grant as Mrs and Mr Bennet

As the series progresses, Mary becomes increasingly troubled about what the future will hold, but her life changes when she moves to London to be a governess to the children of her uncle and aunt, Mr and Mrs Gardiner, played by Richard Coyle and Indira Varma.

And romance or heartache could be on their way when she encounters genial lawyer Mr Hayward (Dónal Finn) and dashing man about town Mr Ryder (Laurie Davidson).

'London is transformative for Mary,' explains Bruccoleri. 'She meets this new group of people who are kind to her and bring her out of her shell – she's never had that before. This series is a love story, but it's also about Mary learning

Local balls offer a chance to find suitors

to love herself and realising that she doesn't need to change. But lots of things keep dragging her back into self-hatred and doubt…'

Bruccoleri was thrilled to share scenes with Lucy Briers, who played Mary in BBC1's acclaimed 1995 adaptation of *Pride and Prejudice* and now portrays caring housekeeper Mrs Hill in this series.

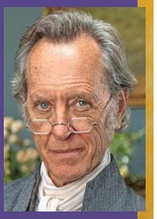
'I watched that version before filming, and I felt emotional doing those scenes with Lucy,' reflects Bruccoleri. 'At the read-through, she said to me, "I'm passing the baton on to you." She was so nurturing.'

WHO'S WHO

Mary Bennet
Ella Bruccoleri
After feeling like the odd one out in the family, the sensitive young woman tries to establish where she belongs.

Mrs Bennet
Ruth Jones
Indomitable and self-absorbed, the mother of five wants to ensure her daughters marry well.

Mr Bennet
Richard E Grant
The wry patriarch spends much of his time reading and trying to ignore his family's fixation with local gossip.



Elizabeth Bennet
Poppy Gilbert
The second eldest Bennet sister tries to be kind to Mary, but she is soon off to get married.

Mr Gardiner
Richard Coyle
Mrs Bennet's caring, wealthy brother asks niece Mary to visit London and help look after his young family.

Mrs Gardiner
Indira Varma
Mary's kindly aunt soon notices her positive qualities and tries to help her make the most of herself.

Mr Hayward
Dónal Finn
A friend of the Gardiners, the warm-hearted poetry lover and lawyer forges a bond with Mary.

Mr Ryder
Laurie Davidson
Will the charming eligible bachelor sweep Mary off her feet when she also meets him in London?

SOAP WEEK

STORY OF THE WEEK

This week's soaps at a glance

Sam has been feeling the strain

CORONATION STREET

Sam collapses, then exposes Megan as a sexual predator

» **As if the** stress of his upcoming exams weren't enough, poor Sam has also been struggling with the knowledge that pregnant teacher Megan has groomed schoolboy Will.

But when the pair discovered that Megan might be exposed as a sexual predator – even rumbling Sam's attempts to catch her preying on Will on a hidden camera – they played good cop, bad cop. And with Megan's cruelty continuing to ruin Sam's normally excellent reputation, the pressure has been piling on.

Desperate, Sam tried to stay focused by illegally buying 'study drugs'. However, the dangers of this unregulated medication catch up with him after Nina tells Eva about Sam appearing shaky and not eating. Worried, Eva goes to talk to him, but when Megan arrives, a terrified Sam dashes outside, then collapses unconscious.

Leanne talks to Sam

As he recovers in hospital, Leanne coaxes him to explain what's really going on. As Eva arrives, the teen finally tells them all about Megan's abuse...

» **PLUS** Theo drops a bombshell on Todd about a potential job… before secretly drugging his drink, Kit visits Mal in hospital, and while Alya struggles to keep the truth from Adam, he realises someone has hacked their emails.

ALSO IN THE SOAPS THIS WEEK...

EASTENDERS

» Penny tells an angry Suki that she and Vinny are keeping their baby (above), Jasmine's twin Josh and his adoptive mum arrive, Linda makes a shocking discovery at The Albert, and Callum gives Lauren some cause for concern.

EMMERDALE

» Paddy, Mandy and Dylan (all above) have a big decision to make before begging Laurel for her help, Graham vows to reveal Kim's true colours to Joe, Pollard finds evidence of Kerry and Jai's affair, and Isaac frets about Cain's health.

WORDS: CAREN CLARK; ELAINE PENN. PHOTOS: BBC, ITV

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Hooray for Hollywood

Sinners and *One Battle After Another* **lead the charge** at this year's Oscars

The brightest stars in Hollywood will be dressed to the nines this Sunday night as they gather at the Dolby Theatre in Los Angeles for the 98th Academy Awards, presented once again by comedian and talk-show host Conan O'Brien.

LIVE AWARDS
Oscars
Sunday, 10.15pm, ITV1

Film fans in the UK can enjoy full coverage on ITV1, with Jonathan Ross bringing us live commentary throughout the night. Meanwhile, Ross King and Angelique Jackson will be reporting live from the red carpet as the A-listers arrive, with the ceremony due to begin at midnight UK time.

Here's our guide to this year's big stories...

Sinners blends crime drama with supernatural horror

TIMOTHÉE SUPREME

Timothée Chalamet is hotly tipped to take home the Actor in a Leading Role award for his role as hot-headed table-tennis ace Marty Mauser in *Marty Supreme*. This marks Chalamet's third nomination in this category by the age of 30 (following *Call Me by Your Name* and *A Complete Unknown*) – a feat previously only achieved by Marlon Brando.

Timothée Chalamet as Marty

SINNERS & WINNERS

Ryan Coogler's acclaimed period horror *Sinners* leads the field with 16 nominations, including Directing and Best Picture – breaking the previous record of 14 jointly held by *All about Eve* (1950), *Titanic* (1998) and *La La Land* (2017). Michael B Jordan is nominated for Actor in a Leading Role for his dual performance as twin brothers Elijah and Elias Moore, with British star Wunmi Mosaku receiving an Actress in a Supporting Role nomination.

Leonardo DiCaprio as Bob

Wunmi Mosaku in *Sinners*

Hot on its heels is Paul Thomas Anderson's epic action thriller *One Battle After Another*, widely seen as the favourite to win Best Picture. It picked up 13 nominations in 12 categories, including an Actor in a Leading Role nod for Leonardo DiCaprio as revolutionary Bob Ferguson.

Jessie Buckley as Agnes

BARD COMPANY

Irish star Jessie Buckley is the runaway favourite to win Actress in a Leading Role for her performance as Agnes in *Hamnet*, adapted from Maggie O'Farrell's novel inspired by the untimely death of William Shakespeare and Anne Hathaway's young son. If Buckley wins, she will be the first Irish woman in history to receive the trophy.

GOLD STAR

This year's ceremony features the inaugural Casting award, marking the first time a new major category has been added to the Oscars since Animated Feature Film in 2001. British casting director Nina Gold, whose TV credits include *Game of Thrones*, *Baby Reindeer* and *Slow Horses*, is nominated for her work on *Hamnet*.

Nina Gold

HEART & SEOUL

Listen out for a showstopping performance of the signature song *Golden* from Netflix's hit musical animation *KPop Demon Hunters*, which is predicted to win both categories in which it's nominated: Animated Feature Film and Music (Original Song).

Lead characters Mira, Rumi and Zoey

WORDS: STEVEN PERKINS. PHOTOS: ALAMY, GETTY, NETFLIX, WARNER BROS

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Patrick Baladi

NEW **Boarders**

Sunday, 10pm & 10.45pm, BBC3 (box set, BBC iPlayer)

Born in Sutton Coldfield in 1971, Patrick Baladi played Wernham Hogg middle manager Neil Godwin in hit BBC sitcom *The Office* and former solicitor Jimmy Lakewell in BBC crime drama *Line of Duty* from 2017 to 2021. Other TV credits include *Bodies*, *Mistresses*, *Stella*, *Marcella*, *Sister Boniface Mysteries*, *Ted Lasso* and *Breeders*. Most recently, he was seen as businessman Sir Keith Spears in *Doctor Who* spin-off *The War Between the Land and the Sea*.

HIS NEW ROLE

This week, Baladi joins the cast for the third and final series of *Boarders*, which follows five Black, inner-city teens who are given a scholarship to the elite boarding school St Gilbert's. This time round, the students are feeling the strain as they prepare for their A levels. Baladi plays headmistress Carol's ex-husband Alfie Watlington-Geese, who is refusing to leave the UK until she signs their divorce papers. He's also convinced Carol (Niky Wardley) should step down from her role as head.

Patrick Baladi as Alfie

WORDS: NICK CANNON, CAREN CLARK, NATASHA HOLT, RICHARD MCCLURE, VICTORIA WILSON. PHOTOS: ADOBE STOCK, ALAMY, BBC, C4, DISNEY/SKY, 5, GETTY, U&DRAMA

TV WEEK

Chuckles for charity

Nick Mohammed joins the Comic Relief gang...

Catherine Tate as Nan

LIVE ENTERTAINMENT

Comic Relief: Funny for Money

Friday, 7pm, BBC1

Get set for a whole evening of entertainment, music and comedy sketches galore as some of TV's most famous faces make us laugh out loud for a good cause in BBC fundraiser *Comic Relief: Funny for Money*.

Davina McCall fronts the annual Red Nose Day high jinks live on BBC1 from MediaCity UK in Salford, alongside comics Joel Dommett, Katherine Ryan and Catherine Tate (as her character Nan) plus, fresh from his star turn on *The Celebrity Traitors*, Nick Mohammed making his Red Nose Day debut.

'I've always adored Comic Relief, so to get to be a part of it this year feels like too good an opportunity to miss – especially off the back of betraying Joe Marler in front of the nation,' laughs *Ted Lasso* and *Intelligence*'s Mohammed, 45.

'Comic Relief has undoubtedly made a huge impact and it's something we can all be super proud of,' he adds. 'It feels great to be keeping that wonderful tradition going – and hopefully even upping the ante a bit.'

HOW TO DONATE

To find out more on how to get involved and pledge your money to good causes, visit comicrelief.com/rednoseday

RED NOSE DAY HIGHLIGHTS

SENSATIONAL SKETCHES

Always a popular part of Red Nose Day, this year includes parodies of *The Traitors* and *Amandaland*. Meanwhile, *This Morning* duo Dermot O'Leary and Alison Hammond ditch their wholesome personas as they turn rogue and rob a bank! Don't worry, though, it's all for charity...

(From left) Judith, Suzie and Becks

MURDER most Marlow

The **amateur sleuths** investigate more baffling mysteries

NEW DRAMA

The Marlow Murder Club

Wednesday, 8pm & 9pm, U&Drama (box set, U)

Crime is stalking the picturesque banks of the River Thames once more, as U&Drama's *The Marlow Murder Club* returns for a third series.

The new six-part run of the whodunnit – comprising three two-part cases – sees ex-archaeologist Judith Potts (Samantha Bond), dog walker Suzie Harris (Jo Martin) and vicar's wife Becks Starling (Cara Horgan) assist shrewd cop DI Tanika Malik (Natalie

Davina McCall, Joel Dommett, Nick Mohammed and Katherine Ryan

Romesh Ranganathan

THE WEAKEST LINK

Romesh Ranganathan hosts a late-night version of the iconic quiz (10pm, BBC2). Facing the questions will be six comedians, all hoping to avoid being told: 'You are the weakest link, goodbye!'

THE CREATOR BAND

UK digital creators Ayame, Sarel, Victor Kunda and Specs Gonzalez undergo vocal coaching and dance bootcamp as they prepare to perform live in front of the nation.

THE LONGEST RIDE

On Friday 13 March, Radio 1's Greg James begins an epic, eight-day, 1,000km endurance tandem cycle ride, starting in Dorset and riding the length of the country before crossing the finishing line in Edinburgh on Red Nose Day.

Dew) as civilian advisors again, when another batch of suspicious deaths come onto their radar.

Here, *Downton Abbey* star Bond, 64, reveals what to expect...

Tell us about the three cases We start with the poisoning of Marlow's mayor [played by Peter Davison]. Almost anyone at the council could be guilty! Then there's a murder at Becks' university reunion and she finds herself on the wrong side of the investigation. And at a restaurant, something terrible happens to a celebrity chef – it's intriguing.

How is Judith's romance with dashing archaeology professor Darius Gifford (Hugh Quarshie) progressing? Slowly and cautiously. It's been a long time since Judith was involved with anyone, so she's not used to responding romantically, although she does get Darius on board to help as a sleuth.

Tell us about some of the action scenes When Suzie's driving fast over a bridge [in the first story], we had an amazing stunt driver. And in another episode, we were in a boat, but it filled with water, so we got into another boat – and that leaked, too!

Why do you think the show has captured viewers' imaginations? Marlow's beautiful. And the series is like *Miss Marple* meets *Midsomer Murders*. But 'cosy' is a word I've contested. The plots are complicated and brilliant – the only reason it's 'cosy' murder is because you don't see the gory bits!

Peter Davison as the mayor

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

Ellis

LAST ONE

Tuesday & Wednesday, 9pm, 5

Mark Addy (above, left) guest-stars in this week's two-part case which sees DCI Ellis (Sharon D Clarke) and DS Harper (Andrew Gower) investigate when well-liked university student Abi is found dead under fallen scaffolding. Was she on the verge of uncovering dark business secrets held by construction-company owner Elliot Quinn (Addy)?

Andor

NEW

Monday, 9pm, Sky One

If you missed this Star Wars prequel on Disney+, there's the chance to catch all the action as the sci-fi series comes to Sky One. Reluctant space pirate Cassian Andor (Diego Luna, right) is radicalised after witnessing Imperial brutality and becomes drawn into a growing resistance against the Empire.

● *Previously shown on Disney+ in 2022.*

Saturday Night Live: The Best of Adam Sandler

NEW

Wednesday, 10.45pm, Sky Comedy

Ahead of the upcoming UK version of *Saturday Night Live*, this compilation episode features the *SNL* highlights of comic actor Adam Sandler (right). It's followed by a tribute to Chris Rock's sketches on Thursday (11.15pm) and a selection of Will Ferrell's greatest hits on Friday (10.15pm).

Blanca

NEW

Friday, 9pm, More4

This Italian crime drama follows blind Genoa police consultant Blanca Ferrando (Maria Chiara Giannetta, right) as she uses her exceptional audio-analysis skills to solve cases with the help of her loyal dog, Linneo, and her beautician best friend Stella (Federica Cacciola) – despite facing mistrust and chauvinism in the police station.

WATCHLIST

YOUR

NETFLIX

prime

BBC iPLAYER

Disney+

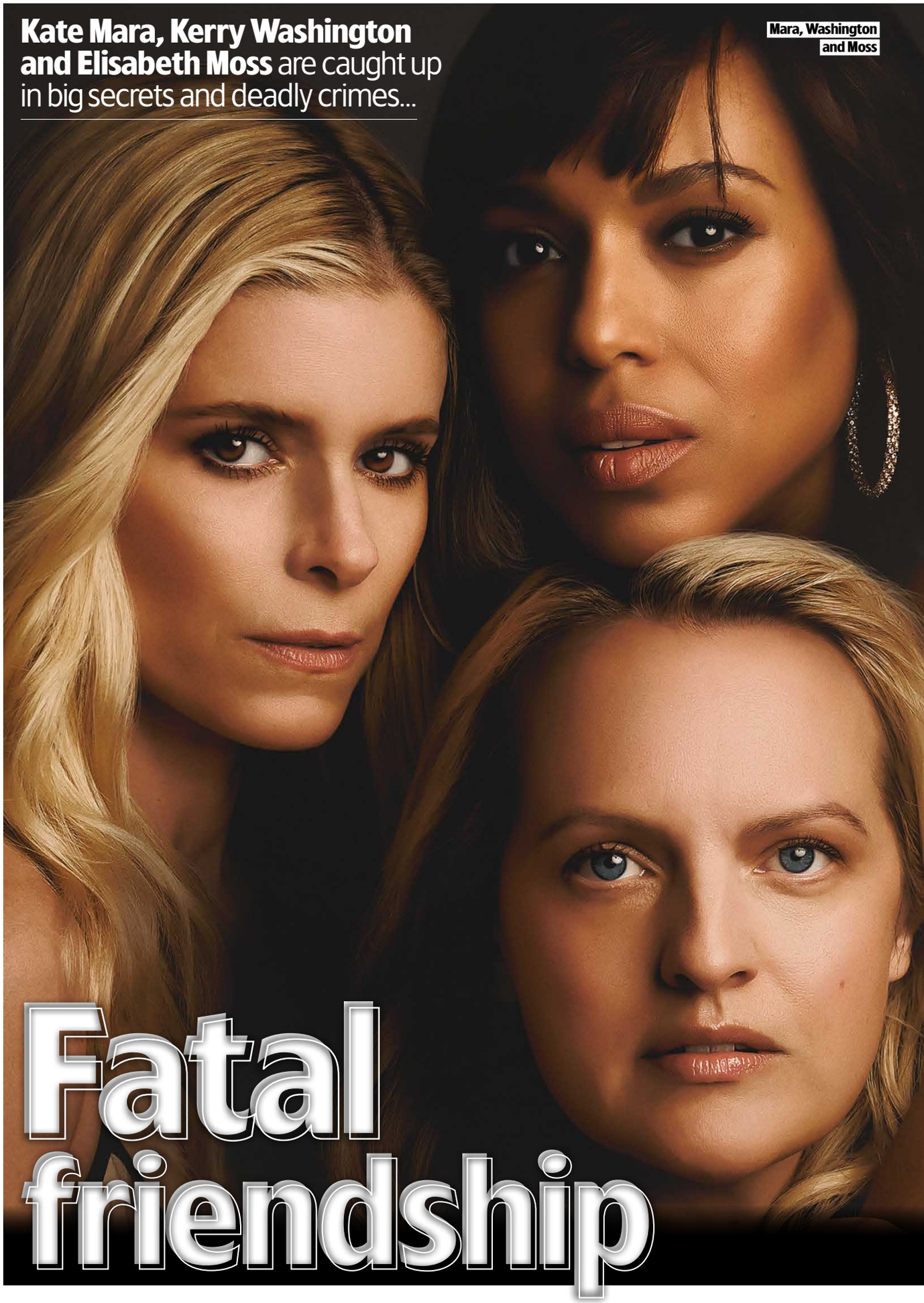
4

sky box sets

NOW

tv

Kate Mara, Kerry Washington and Elisabeth Moss are caught up in big secrets and deadly crimes...



Mara, Washington and Moss

Fatal friendship

tv Imperfect Women

NEW *Available: Wednesday 18 March*
Genre: Thriller Season: 1 Episodes: 8
(first two eps from 18 March, then weekly)

Appearances can be deceptive – as *Imperfect Women*, a slick new psychological thriller from Apple TV, proves.

Based on the novel by author Araminta Hall, the eight-parter follows three women – Eleanor (*Scandal*'s Kerry Washington), Nancy (*Pose*'s Kate Mara) and Mary (*The Handmaid's Tale*'s Elisabeth Moss) – who have been best friends since meeting at college.

Now in their 40s, and having navigated relationships, families and careers together, Eleanor and Mary's lives are shattered and deadly secrets exposed when Nancy, who has been having an affair, is found brutally murdered.

TV&Satellite Week met Washington, 49, to hear more about the Los Angeles-based thriller…

What can you tell us about the dynamic between the three women? All of them have facades that they present to the outside world. My character Eleanor works for a charity, travels a lot, isn't married and doesn't have children. She gives the impression of being a free spirit but, in reality, she's longing for closeness and intimacy in her life. The series also flips between past and present and shifts between the different viewpoints of the three women, so the audience gets to walk in their shoes.

How was it working alongside Elisabeth Moss and Kate Mara? I've known Kate since we were teenagers growing up in New York and I'd met Elisabeth at awards ceremonies, but none of us had ever worked together until now – and, oh my gosh, we got on so well! I loved the days where we had scenes together. We got in trouble on set because the directors would be like, 'Stop talking! We have to shoot!'

Were there any new skills you had to learn for the role? I did a lot of running. I hate running and I've always been very resistant to it, but my character Eleanor is into it, so I started going a couple times a week and I've carried on ever since. I've learnt something about fitness, that's for sure.

For fans of the book, how faithful is this adaptation of the novel? All the key elements are here – relationship dynamics, betrayal, secrecy, passion and ambition – but we've created some new surprises, too. We've also set it in Los Angeles [the novel was set in London]. I'm so proud of it. It teaches us a lot about compassion and how being imperfect is part of the human experience. I think it has the potential to be the next great water-cooler thriller.

+ What we're watching...

The shows being enjoyed by the *TVSW* team

prime 56 Days

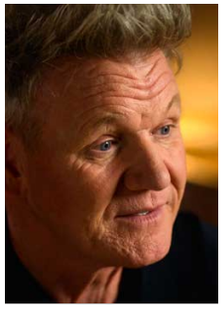
Genre: Thriller Season: 1 Episodes: 8

After meeting by chance in a Boston grocery store, Oliver (Avan Jogia) and Ciara (Dove Cameron) begin an intense, all-consuming love affair, but 56 days later an unidentified, decomposing body is found in Oliver's bathtub, in this steamy psychological thriller. As homicide detectives Lee (Karla Souza) and Karl (Dorian Missick) begin a murder investigation, the story of Oliver and Ciara's relationship unfolds, revealing that no one is quite who they say they are, in a heady mix of twisty whodunnit and raunchy romance.

NETFLIX Being Gordon Ramsay

Genre: Reality Season: 1 Episodes: 6

As he prepares to launch an ambitious restaurant venture in one of London's tallest buildings – 22 Bishopsgate – the chef is revealed to be a perfectionist at work but a family man at home.



NETFLIX Strip Law

Genre: Animation Season: 1 Episodes: 10

Severance's Adam Scott voices uptight Las Vegas lawyer Lincoln Gumb, who hasn't got the pizzazz to win his oddball cases until he employs magician Sheila Flambé (*Abbott Elementary*'s Janelle James), in an edgy comedy.

+ Now in production...

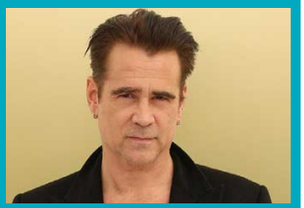
Three upcoming shows to look out for soon

MGM+ Robin Hood

A second run of MGM+'s period drama will see outlaw Rob (Jack Patten) and spirited Marian (Lauren McQueen, pictured with Patten) face fresh challenges as they deal with the political machinations, rivalries and backstabbing of the English and French courts.

NETFLIX Walk the Blue Fields

Andrew Scott (above) will star with Emily Blunt in Netflix's drama, based on Claire Keegan's short story, about a woman whose wedding day takes an unsettling turn when a past romance looks set to derail her future.



HBO max The Slightest Touch

HBO Max's documentary will follow Colin Farrell (above) as he takes part in the Dublin Marathon with his friend Emma Fogarty, who lives with a rare and painful condition, epidermolysis bullosa, which causes her skin to tear and blister.

WORDS: CAREN CLARK; JUDY EWENS, TESS LAMACRAFT. PHOTOS: APPLE TV, GETTY, NETFLIX, PRIME VIDEO

(From left) Luke Hemsworth, Kate Box, Madeleine Sami, and Nina Oyama

Danger Down Under

Australia's cop duo head to the **croc-infested north**

prime Deadloch

NEW *Available:* ***Friday 20 March***
Genre: ***Crime comedy***
Season: ***2*** *Episodes:* ***6***

Mismatched detectives Dulcie Collins and Eddie Redcliffe are back for a new investigation as the Aussie comedy mystery moves to the sweaty tropics of Darwin for a ripper six-part run.

After spending Season 1 tracking a killer targeting deadbeat men in Tasmania's fictional coastal town of Deadloch, straight-laced Dulcie (Kate Box) and rough-as-guts Eddie (Madeleine Sami) are in the Northern Territory's Top End investigating the death of Eddie's former policing partner, Bushy.

But when a body part is discovered in a dead crocodile's mouth in the remote town of Barra Creek, the pair end up sidetracked and on a mission to identify the mysterious John Doe.

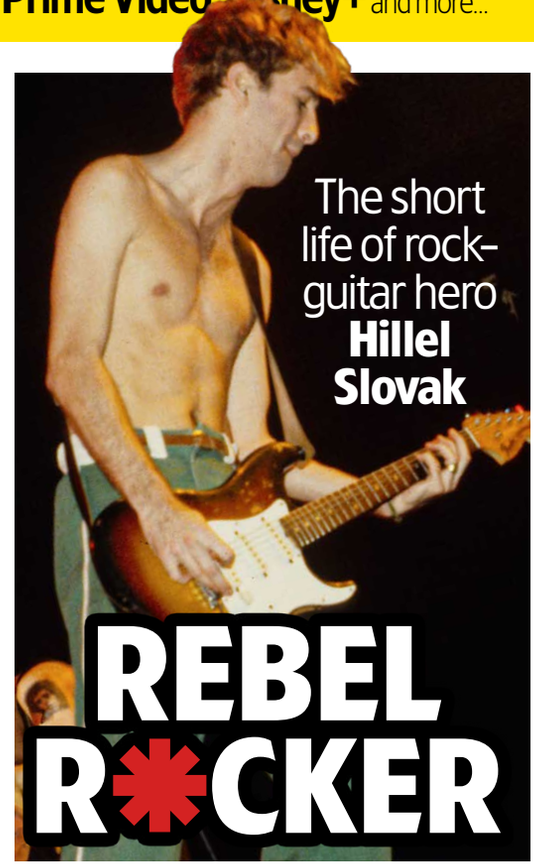
With the Northern Territory police busy attempting to locate two missing backpackers, Dulcie and Eddie are left to their own devices while navigating croc-infested rivers and suspicious locals to solve the case.

'There are some magnificent Eddie and Dulcie antics, but it's a lot sweatier, which is quite difficult for Dulcie,' smiles Box, 46. 'The Northern Territory is Eddie's world, where she comes from, and Dulcie is so much more out of her depth than in Season 1. From the very beginning, she's struggling with the heat and all the animals that come along. She's very much a fish out of water.'

Season 2 brings back Dulcie's overbearing wife, Cath York (Alicia Gardiner), along with Dulcie's protégée, Abby Matsuda (Nina Oyama), who's now in forensics and assisting in the backpacker case.

There's a raft of new characters, including Barra Creek's ranger, Miki Evans (Shari Sebbens), journalist Leo Lee (Jean Tong) and ex-war veteran Frank McCallister (Steve Bisley). Plus, *Westworld*'s Luke Hemsworth brings crocodiles and chaos in the role of Jason Wade, a rugged TV personality and owner of the Land of Crocs wildlife park.

'We wanted to take the audience to a completely new environment for Season 2, and the Top End is incredibly beautiful,' says co-creator Kate McLennan. 'It's a famous part of our country because of *Crocodile Dundee*, and we've got Luke Hemsworth joining as a croc-wrangling icon. We're very happy with ourselves because he's perfect casting.'



The short life of rock-guitar hero **Hillel Slovak**

REBEL ROCKER

NETFLIX The Rise of the Red Hot Chili Peppers: Our Brother, Hillel

NEW *Available:* ***Friday 20 March***
Genre: ***Documentary***

Since starting out in 1982, the Red Hot Chili Peppers have become one of the biggest rock bands in the world – yet, tragically, one of their founding members never got to enjoy the success.

Original guitarist Hillel Slovak died of a heroin overdose in 1988, at the age of 26 – just three years before the release of the band's breakthrough album *Blood Sugar Sex Magik*.

This week, Chili Peppers singer Anthony Kiedis and bass player Flea remember their ex-bandmate in a Netflix documentary, directed by Ben Feldman.

'This is a deeply relatable story about friendships forged in adolescence,' says Feldman. 'What's less relatable, of course, is that here, those friends created one of the greatest rock bands in history.'

Born in Israel, Slovak moved to the US with his family and met his future bandmates at high school in Los Angeles, with his ability to mix funk with hard rock a key part of the band's development. But Slovak and Kiedis became addicted to heroin and, despite several attempts to get clean, Slovak was found dead in his apartment after an overdose.

'There's nothing worse than losing your closest friend,' says Kiedis. 'The good thing is that I spent 11 fantastic years with him.'

Flea, Kiedis, Slovak and drummer Jack Irons in 1988

WORDS: CAREN CLARK, REBECCA MAHONEY, SEAN MARLAND. PHOTOS: ALAMY, C4, GETTY, PRIME VIDEO, SKY

The new gang, with hosts Conaty and Carr (front row) and Season 1 winner Mortimer (right)

GIGGLE GAMES

Can reigning champ **Bob Mortimer** keep a straight face again?

prime Last One Laughing

NEW *Available: Thursday 19 March Genre: Comedy Season: 2 Episodes: 6 (three episodes on Thu 19 March; two on Thu 26 March; and the finale on Thu 2 April)*

After being crowned Season 1's king of composure, the unshakable Bob Mortimer returns to take on a fresh batch of comedic adversaries in hit reality series *Last One Laughing*, where laughter means elimination.

In the new six-part run, Mortimer joins contestants including David Mitchell, Alan Carr, Romesh Ranganathan and Diane Morgan in a room where the aim is to make the others laugh while remaining stony-faced yourself.

Also joining the fray are Mel Giedroyc, Maisie Adam, Gbemisola Ikumelo, Amy Gledhill and Sam Campbell. Meanwhile, hawk-eyed hosts Jimmy Carr and Roisin Conaty look out for forbidden chuckles while serving up comedy cameos, surprises and format twists.

Here, Mortimer, 66, tells us what's in store…

What made you sign up for Season 2? I enjoyed the game so much last time that I was really looking forward to taking part again. When I entered the room, I did have a vague worry that it might make the first time less special. It was lovely, though, as this series was a different experience.

Did you feel like you had an advantage over the others? I can imagine people thought that, but the different dynamics made it feel like a completely new show. Also, when I saw Alan, Romesh and David, I knew the game was going to be difficult.

What is the secret to success in this game? I learnt from Season 1 that you need a go-to safety face to stop you laughing and mine was a very big underbite, a face I borrowed off my dog, Ted. But one of the most frightening parts is when you go onstage to perform, knowing nobody is going to laugh. If you're lucky, you get that out of the way early, then you can start enjoying the show.

Who was the toughest to crack? It soon became apparent that Sam was hard to make laugh. Diane was solid, too, and as the game progressed, we realised David was very strong. No comic is better than another, but David has always made me laugh. The same with Alan. I thought Alan would only last seconds because he laughs at everything!

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

sky box sets NOW Ted

The second run of the cheeky Sky One comedy finds irreverent teddy bear Ted (Seth MacFarlane) trying to help pal John (Max Burkholder) with women. But when they phone expensive chat lines from school, an investigator is called in.

4 Handcuffed: Last Pair Standing

In C4's contest, hosted by Jonathan Ross (above), people with opposing lifestyles must remain handcuffed in pairs in a bid to win £100,000. Barmaid Tilly gets a culture shock as she meets millionaire Anthony.

sky box sets NOW DTF St. Louis

Sky Atlantic's racy thriller follows cocky weatherman Clark (Jason Bateman, above left) and his sign-language interpreter Floyd (David Harbour, above right). After Clark encourages Floyd to spice up his marriage, murder ensues.

4 Bill Bailey's Vietnam

A C4 travelogue sees the comedian (above) explore the diversity of Vietnam. He takes to the water in a 'basket boat' in Hoi An and meets Duc, a chef who left the country as a refugee during the Vietnam War.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

The Madison
Saturday 14 March

In the latest drama from *Yellowstone* creator Taylor Sheridan, a wealthy New York family, the Clyburns, relocate to Montana's Madison River Valley after a devastating tragedy. Michelle Pfeiffer and Kurt Russell star. See feature, p4.

The Plastic Detox
Monday 16 March

Documentary exploring the impact of microplastics on people's health and development. It follows six couples with fertility issues as they reduce their exposure to plastic in the hope that it will help them conceive.

Double Stakes
Monday 16 March

Ukrainian crime thriller. On his first day back from the front line, soldier Igor sees his older brother murdered and then discovers his sibling was an influential criminal. To find the killer, Igor joins the police and begins his own war against organised crime, bent cops and corrupt officials in Ukraine's capital, Kyiv.

Imperfect Women
Wednesday 18 March

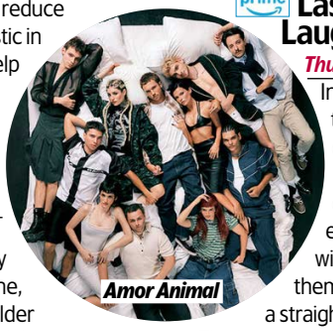
Psychological thriller. A murder shatters a decades-long friendship between three women, played by *The Handmaid's Tale*'s Elisabeth Moss, *Scandal*'s Kerry Washington and *Pose*'s Kate Mara. See feature, page 14.

Radioactive Emergency
Wednesday 18 March

Brazilian drama inspired by real events. In Goiânia in 1987, the authorities and scientists race against time to contain a massive radiological disaster caused by the theft and dismantling of a Caesium-137 radiotherapy source.

Steel Ball Run JoJo's Bizarre Adventure
Thursday 19 March

Animé series set in late 19th-century America. Former horse-racing prodigy Johnny Joestar, now paralysed from the waist down, and outlaw Gyro Zeppeli compete in the first horse race across North America.


Amor Animal

Last One Laughing
Thursday 19 March

In the second season of the show, Jimmy Carr once again challenges 10 of Britain's funniest comedians to make each other laugh without laughing themselves. The last to keep a straight face wins the trophy. The line-up includes Bob Mortimer, David Mitchell, Diane Morgan, Romesh Ranganathan, Mel Giedroyc and Alan Carr. See feature, page 17.

Unicorn Academy: Secrets Revealed
Thursday 19 March

Spin-off from the animated children's series. Teen Sophia and her friends embark on a quest to unlock Unicorn Island's mysteries and banish villainous Ravenzella for good.

Wonder Pets: In the City
Friday 20 March

The second season of the animated children's series. New York classroom pets Izzy the guinea pig, Zuri the bunny and Tate the snake travel all around the globe for more musical adventures.

Furies
Wednesday 18 March

The second season of the French action drama. Lyna's quest to avenge her father's death leads her to become even more entangled in the intricate web of the Parisian criminal underworld.

Peaky Blinders: The Immortal Man
Friday 20 March

Cillian Murphy returns as Birmingham gangster Thomas Shelby in a film sequel to the TV series. Written by the show's creator Steven Knight, it moves the action forward to World War Two when Tommy is no longer a criminal kingpin. But with the future of his family and the country at stake, Tommy must face his demons. See feature, page 6.

The Rise of the Red Hot Chili Peppers: Our Brother, Hillel
Friday 20 March

Documentary about the formative years of American rock band the Red Hot Chili Peppers and the profound influence of original guitarist Hillel Slovak, who died on 25 June 1988, aged 26, from an accidental heroin overdose. See feature, page 16.

Amor Animal
Friday 20 March

Argentinian drama. Kaia, a young singer from the lower middle class, meets Nico, an upper-class young man with existential angst. Despite outside forces pushing them apart, they are determined to pursue their relationship and, in doing so, unleash a gang war.

Deadloch
Friday 20 March

The second season of the Australian crime comedy, with Kate Box and Madeleine Sami returning as chalk-and-cheese detectives Dulcie Collins and Eddie Redcliffe. The pair are in Australia's sweltering Northern Territory, investigating the death of Eddie's former policing partner when a body part is discovered in a remote town. See feature, page 16.

Jury Duty Presents: Company Retreat
Friday 20 March

In the first season of the documentary-style hoax comedy, jury member Ronald Gladden was unaware that it was a fake trial and that everyone in the courtroom was an actor except him. The new series is set at a company retreat, where recently hired temporary worker Anthony has no idea that the entire event is staged and that his colleagues are actors.

Zeta
Friday 20 March

Spanish action-espionage film. After the simultaneous killing of several former Spanish spies involved in Operation Swamp in Colombia 35 years before, intelligence agent Zeta is tasked with tracking down the surviving missing member of the team.

Invincible
Wednesday 18 March

The fourth season of the adult animated superhero series, with *Beef*'s Steven Yeun voicing Mark Grayson, AKA superhero Invincible. While the world recovers from catastrophe, Mark fights to protect his home and the people he loves, setting him on a collision course with a threat that could alter the fate of humanity.

WORDS: JUDY EWENS. PHOTOS: NETFLIX, PRIME VIDEO

Documentaries

The Scream by Edvard Munch

Strokes of genius

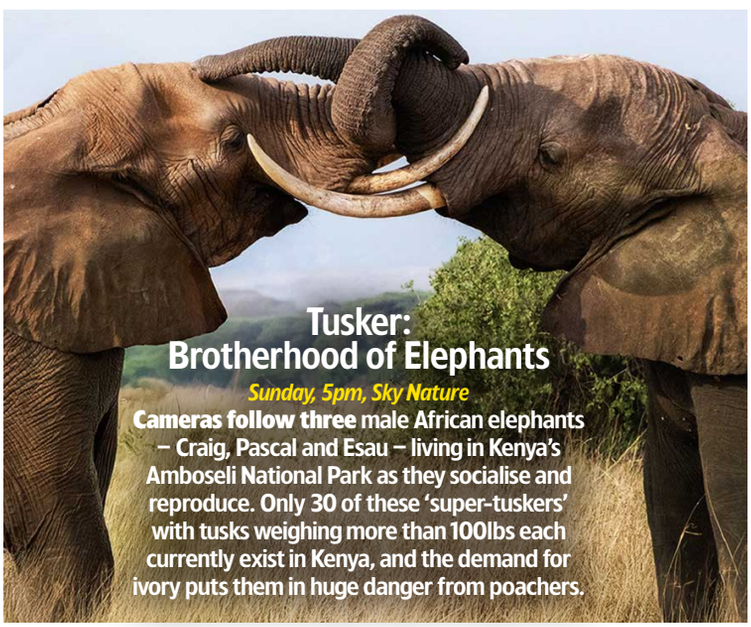
A colourful series delves into the stories behind the world's **most famous paintings**

Leonardo da Vinci's *The Last Supper* and Vincent van Gogh's *The Starry Night*

Portrait of a Confused Father

Tuesday, 10pm, BBC4

Drawing on footage filmed over 20 years, this *Storyville* documentary follows the relationship between Norwegian director Gunnar Hall Jensen and his son Jonathan (above), who disappears to Brazil when he turns 18. When his father tracks him down, he learns Jonathan is now an influencer – but tragedy strikes.



Tusker: Brotherhood of Elephants

Sunday, 5pm, Sky Nature

Cameras follow three male African elephants – Craig, Pascal and Esau – living in Kenya's Amboseli National Park as they socialise and reproduce. Only 30 of these 'super-tuskers' with tusks weighing more than 100lbs each currently exist in Kenya, and the demand for ivory puts them in huge danger from poachers.

The Race for Ancient Egypt in Colour

Saturday, 7.15pm, C4

When British archaeologist Howard Carter discovered the intact tomb of Egyptian pharaoh Tutankhamun in 1922, it caused excitement across the globe. It also coincided with Egypt's new-found independence, and this two-parter shows how a battle ensued to keep the contents of the tomb inside the country.

WORDS: HANNAH DAVIES, IAN MACEWAN, RICHARD MCCLURE
PHOTOS: BBC, GETTY, SKY, SKY/PARADE MEDIA

A Van Gogh self-portrait

NEW FACTUAL

Beyond the Brush

Wed, 8pm & 8.30pm, Sky Arts

How did Leonardo da Vinci paint his epic work *The Last Supper*, and what's the true story behind Vincent van Gogh's *The Starry Night*? Sky Arts' new six-part series *Beyond the Brush* answers all those questions as art historians James Payne and Siân Walters put some of the world's most famous artworks under the microscope.

EMOTION ON CANVAS

This week's double bill kicks off with an exploration of Edvard Munch's deeply introspective work *The Scream*, which the Norwegian artist painted in 1893 after experiencing a wave of anxiety and trying to capture that on canvas.

He set the painting on the outskirts of Oslo near the asylum where his sister, Laura, was being treated for schizophrenia.

'Munch had a very unhappy life,' explains Payne. 'Both his father and grandfather had serious depression. His mother and his younger sister died from tuberculosis, and his older brother died from pneumonia.

'We can think of him going on a walk to see his sister and hearing the screams coming from the asylum at that viewpoint. But I think the most interesting thing about Munch is that he was aware that the concept of the "mad artist" sells and he played up to it a little.'

In this week's second episode, there's a look at another artwork inspired by mental turmoil. Vincent van Gogh's famous *The Starry Night* was painted in June 1889 during the artist's year-long stay in an asylum in Saint-Rémy-de-Provence in France.

But although it's an expression of what he was going through psychologically, it also reflects the power of the night sky and van Gogh's connection with nature.

'It was painted following a difficult psychological trauma,' explains Walters. 'We're all familiar with the famous episode where he chops off a part of his own ear after a particularly violent or dramatic quarrel with fellow painter Paul Gauguin. But I actually find the painting uplifting and optimistic. It's almost an homage to nature and we have to remember that van Gogh loved nature.'

Later in the series, Payne and Walters help us peel back the layers of Leonardo da Vinci's *The Last Supper* and Hieronymus Bosch's *The Garden of Earthly Delights*.

'Reproductions never do these paintings justice, though,' says Walters. 'You really have to see them in the flesh. They're living, breathing works of art.'

Queen Victoria & the Groomsman: The Scandal That Nearly Brought Down the Empire

Saturday, 9.15pm, 5

Did Queen Victoria have an affair with her Highland servant John Brown (above)? This film examines the evidence, including her chaplain's deathbed confession that he married the pair and a birth certificate that fuels rumours they had a child.

Planes that Changed History

Sunday, 9pm, National Geographic

Looking back on 125 years of aviation history, this four-parter delves into the technology behind and impact of iconic aircraft such as Concorde, the Avro Vulcan and, in Episode 1, World War Two's Supermarine Spitfire (above), which helped change the course of the conflict in the Battle of Britain.

Sea of shame

The *Sea Empress*

Iolo Williams recalls the catastrophic *Sea Empress* oil spill 30 years on

The clean-up operation

NEW FACTUAL

Black Waters: The Sea Empress Disaster

Thu, 9pm (N Ireland, 11pm), BBC2

***Springwatch* presenter Iolo** Williams will never forget the miles of blackened beaches, the stench of crude oil and the thousands of seabirds that were killed when an oil tanker ran aground off the Pembrokeshire coast 30 years ago.

The *Sea Empress* struck rocks near the entrance to the port of Milford Haven on 15 February 1996. Over the following days, it haemorrhaged 72,000 tonnes of oil, with wave after wave hitting the Pembrokeshire Coast National Park, home to seals, dolphins and seabird colonies.

An oil-covered seabird

CATASTROPHIC

'It was the single worst incident I've ever seen,' says Williams, who was working with the RSPB at the time and features in this week's BBC2 documentary *Black Waters: The Sea Empress Disaster* to mark 30 years since the ecological catastrophe.

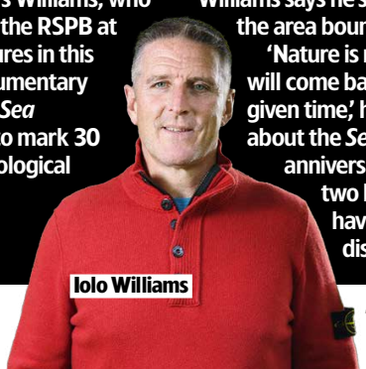
'The oil got into your skin, your pores, it got into your hair. You just couldn't avoid it. The droplets of chemicals even got in your eyes. My job was to monitor the seabirds and thousands started to come ashore. They didn't know why they were all glued up – it was horrible.

'We estimate that we picked up something like 7,500 birds, but the amount killed would have been at least double that because a lot of them would have sunk off shore. I've seen some dreadful things in my time with the RSPB, but this was on a massive scale.'

The disaster made worldwide news, with thousands of volunteers from all over Europe flocking to Pembrokeshire to help the local community with the biggest environmental clean-up in British history.

Sadly, despite huge efforts to clean thousands of birds, around 99% that were put back in the water died within a week. But Williams says he's amazed how the area bounced back.

'Nature is remarkable. It will come back but it has to be given time,' he says. 'I think about the *Sea Empress* every anniversary. I hope my two boys will never have to witness a disaster like that.'


Iolo Williams

Films Our pick of this

MOVIE OF THE WEEK

SKETCH

A grief-stricken little girl's drawings come to life – and they're not cute and cuddly...

FANTASY

Saturday, 9am & 6.20pm, Sky Premiere ★★★★

The fantasy genre has long been a route into understanding a child's pain of losing a parent – think of the likes of *A Monster Calls* and *I Kill Giants* – and *Sketch* may be one of the best yet.

Using her dark drawings to deal with the recent loss of her mum, 10-year-old Amber (Bianca Belle) puts them all in a journal that's for her eyes only. Unfortunately, the book falls into a magical lake where her sketches manifest as very real, very angry monsters... Fending them off will be down to Amber, her brother Jack (Kue Lawrence), her dad (Tony Hale) and aunt (D'Arcy Carden), along with Amber's idiotic frenemy, Bowman (Kalon Cox).

The creatures are the right mix of fun and scary in this terrific movie that combines humour, excitement, imagination and real-world problems. Writer-director Seth Worley has done a remarkably fine job of crafting a movie that happily balances all of these elements, helped by the kid actors who more than hold up against their adult counterparts. For a film about grief, it's an awful lot of fun. 2025, 12, 93MIN

Don't look up: Kue, Tony, Bianca and D'Arcy

WORDS: JASON BEST; NIGEL PIZEY / PICTURES: ALAMY

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

More premieres and Day by Day planner ›››

week's Best Movies

DRAMA

The Son

Sunday, 11pm, C4 ★★★★

In a stunning performance, Hugh Jackman stars in this devastating drama as a successful lawyer trying to help and come to terms with the depression of his wayward 17-year-old son (Zen McGrath) from his first marriage to Laura Dern. He now has a new wife (Vanessa Kirby) and baby, but is determined to not be the distant, brusque father his was (and still is, as we witness when Jackman goes to see him – a scene stealing performance by Anthony Hopkins). Based on his own play and a follow-up to *The Father*, Florian Zeller explores the impotency parents feel when dealing with near-adult children, as well as the despair of people trying to cope with mental issues that are impossible to verbalise. The end result is deeply traumatic, but countered with empathy and intelligence. 2022, 15, 123MIN

Tough talk: Hugh and Zen

Tight fit: Judy, Gary and Nick

ANIMATION

Zootropolis 2

Available now, Disney+ ★★★★

Disney delivers more animal magic with this dazzling sequel to its wildly successful 2016 animated movie set in a bustling metropolis that teems with talking animals of every stripe and kind. The first film's mismatched pair of buddy sleuths – idealistic rabbit Judy Hopps (voiced by a chipper Ginnifer Goodwin) and cynical fox Nick Wilde (an amusingly sly Jason Bateman) – have another case to solve here, one which this time hinges on an elusive blue pit viper called Gary De'Snake (Ke Huuy Quan), one of the despised and feared reptiles that have long been exiled from Zootropolis. The ensuing caper is filled with fast-moving action, stunning animation and a blizzard of sight gags, so many in fact that it will require multiple viewings to spot them all. There are also uplifting moral messages about diversity and difference, all held together by Judy and Nick's unlikely but touching rapport. Available from 11 March. 2025, PG, 108MIN

Big dogs: Justin and Kate

COMEDY THRILLER

Coyotes

Sunday, 9.05am & 4.15pm, Sky Premiere ★★★

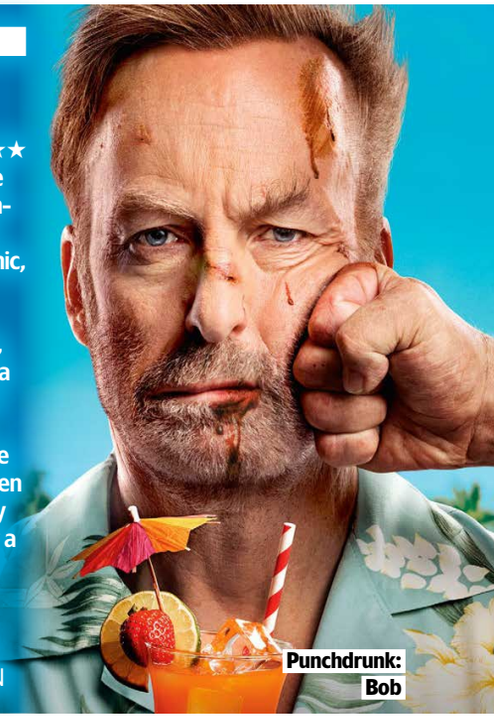
With nature out to get them, couple Justin Long and Kate Bosworth, along with teen daughter Mila Harris and 'Lady of the night' Brittany Allen become prey when a pack of killer coyotes breaks into their flash home in the Hollywood hills. It's a simple movie with a host of OTT side-characters (let's just call them what they are: snacks) and a line in comedy, which for the most part works perfectly well. What is egregious, however, is the use of AI to create the coyotes themselves, which sticks out like a sore thumb. 2025, 15, 91MIN

ACTION COMEDY

Nobody 2

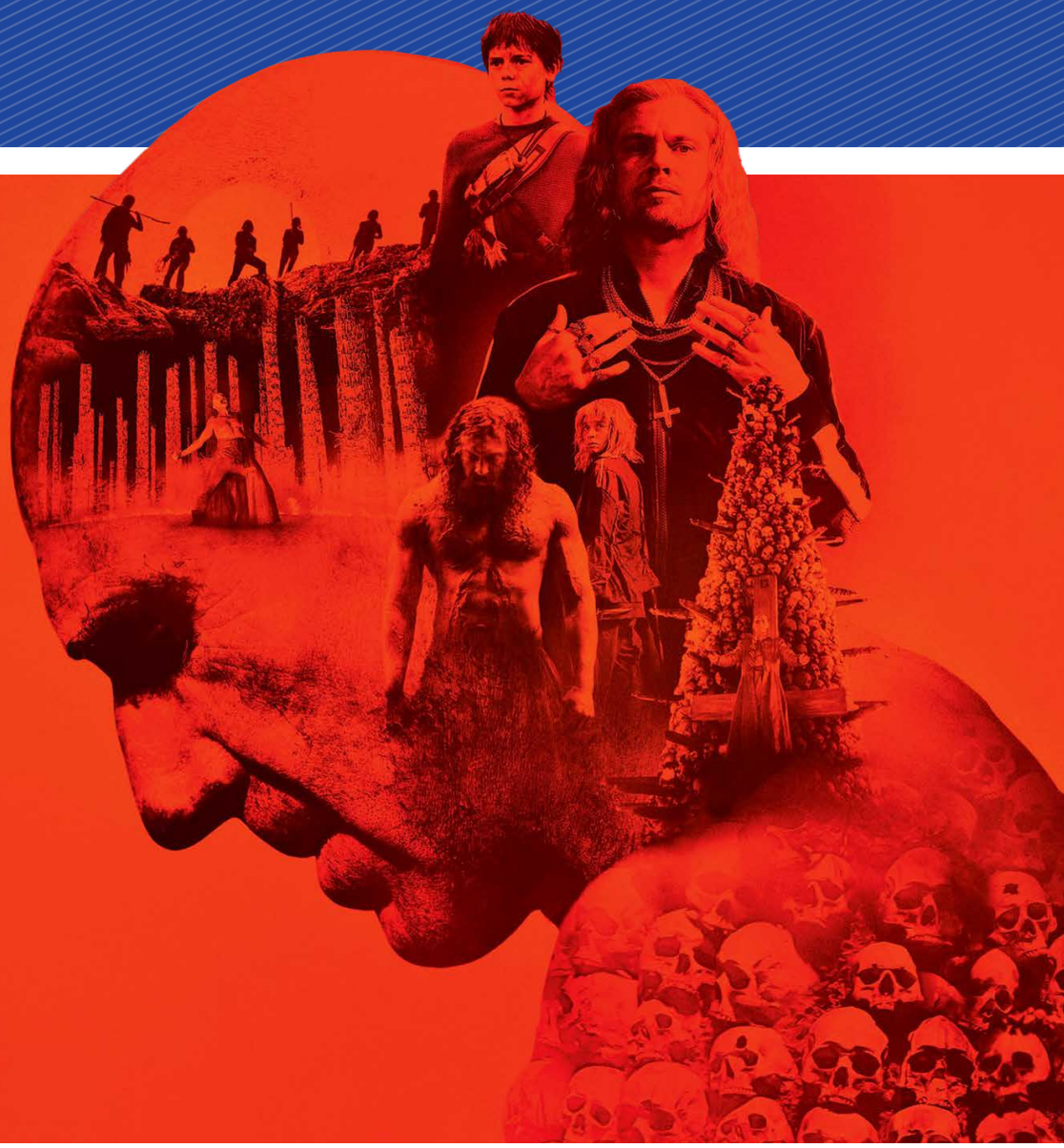
Friday, 10.20am & 8pm, Sky Premiere ★★★

Bob Odenkirk reprises his role as the meek suburban dad-cum-deadly government assassin in this sequel to 2021's darkly comic, deeply violent, deliberately ridiculous action thriller. The formula remains the same here, as Odenkirk takes his family on a vacation to a tacky amusement park, only to run into trouble after a local picks on his teenage son. Things escalate quickly when it turns out that the park is a key part of a criminal empire run by a murderous psychopath (played with hammy gusto by Sharon Stone). Watching Odenkirk's unlikely action man go ballistic remains a blast. 2025, 15, 89MIN



Punchdrunk: Bob

Films



HORROR

28 Years Later: The Bone Temple

Available now, buy or rent from digital stores ★★★★

Sprinting zombies are far from the scariest menace in this startling instalment of the post-apocalyptic horror series springing from writer Alex Garland and director Danny Boyle's *28 Days Later*.

In *The Bone Temple*, the second in the trilogy of sequels, the mindless fury of those zombies is much less terrifying than the sadistic violence meted by a gang led by Jack O'Connell's cruel psychopath 'Sir Lord Jimmy Crystal', a satanist who has his young followers wear Jimmy Saville-style blond wigs.

Get past the gore, however, and it becomes clear that this is a deeply moral film about the power of reason and compassion, embodied by Ralph Fiennes' eccentric loner Dr Ian Kelson. He extends his rationality and kindness to the infected themselves, notably the towering Alpha zombie he has named Samson (Chi Lewis-Parry). Directed by Nia DaCosta, *Bone Temple* is brutal, for sure, but it is nowhere near as nihilistic or despairing as you might imagine. 2025, 18, 109MIN

Hidden gems Great movies you might have missed...

ROMANTIC COMEDY

Amélie

BFI Player ★★★★

French director Jean-Pierre Jeunet's beguiling modern-day fairy tale follows a lonely young Parisian waitress (a sublime Audrey Tautou) who decides to transform the world through a series of random acts of kindness. Despite the simplicity of the story, this really is an extraordinary motion picture, packed full of oddball characters, dizzy flights of imagination and moments of surreal whimsy. A gentle, charming tale with a touch of uncynical romance. Subtitled. 2000, 15, 117MIN

HISTORICAL THRILLER

Operation Finale

Netflix ★★★★

This true-life kidnapping thriller re-creates the hunt for Nazi war criminal Adolf Eichmann, who was famously run to ground in the Argentinian capital of Buenos Aires by Israeli spies in 1960 after 15 years in hiding. The movie has its hokey touches and can be a little simplistic, but Oscar Isaac does a good job as the Mossad agent in charge of the mission and Ben Kingsley makes a chilling Eichmann, the man who masterminded the Holocaust. 2018, 15, 123MIN

PSYCHOLOGICAL DRAMA

Take Shelter

Prime Video ★★★★

Tapping into our anxieties about economic meltdown and climate change with its depiction of a man driven to the edge by apocalyptic fears, this film for troubled times is gripping and unsettling in equal measure. Michael Shannon plays a family man whose nightmarish visions convince him that a huge tornado is about to strike his small Ohio town, leading him to throw all his energy and money into enlarging his backyard storm shelter. 2011, 15, 121MIN

Saturday 14 March

CRIME DRAMA

Stillwater

10.15pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

In this brooding drama, Oklahoma construction worker Bill (Matt Damon) is determined to prise his daughter Allison (Abigail Breslin) from the Marseille jail where she has spent the last five years for ostensibly killing her girlfriend. He's not rich, has no connections and can't speak French. But he is tenacious, dogged and good with his fists, which persuades actor Virginie (Camille Cottin) to take up his cause and also helps him track down a mystery man who might hold the key to his daughter's liberty… A big coincidence stretches credibility, but Damon's sturdy turn does a good job of holding it all together. 2021, 15, 139MIN

French connection: Matt

ANIMATION

Spider-Man: Into the Spider-Verse

1.55pm, BBC1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

This dazzlingly playful Oscar-winning film takes the friendly neighbourhood crimefighter into fresh realms or, rather, many parallel universes, all with their own distinctive style of animation. It's brilliant stuff as Brooklyn teen Miles (voiced by Shameik Moore) takes on the superhero's mantle and encounters a bunch of other Spideys, notably a jaded Spider-Man (Jake Johnson), Spider-Gwen (Hailee Steinfeld), hard-bitten Spider-Noir (Nicolas Cage) and even porcine Spider-Ham (John Mulaney). 2018, PG, 117MIN

ROMCOM

Man Up

10.30pm, BBC3 ★★★★

Sex ●●● Violence ●●● Language ●●●

Spinning out its screwball premise with dexterity and wit, this hugely engaging romcom is a winner. From the moment Simon Pegg's emotionally bruised divorcee Jack mistakes snarky cynic Nancy (Lake Bell, nailing her English accent) for his blind date, the film barrels along with a giddy momentum that is exhilarating. But no matter how escalatingly zany the action gets as the pair wander around a refreshingly untouristy London, Bell and Pegg ensure their characters remain both credible and likeable. The duo's chemistry is sensational, too. 2015, 15, 88MIN

MUSICAL

Cabaret

10.55pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Berlin in 1931 is a city in transition; out on the streets the Nazis are getting a violent grip on the nation's affairs, but in the decadent Kit Kat Klub, life really is a cabaret. Liza Minnelli is the fame-hungry singer Sally Bowles, Michael York the Englishman she befriends and Joel Grey gives the performance of his career as the nightclub's leery master of ceremonies. *Money, Money* is the number everyone remembers along with the title tune, but possibly the most powerful sequence is the open-air rendition of *Tomorrow Belongs to Me* by a Nazi boy. 1972, 15, 128MIN

PERIOD DRAMA

Mothering Sunday

12.50am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

A hot and haunting adaptation of Graham Swift's novel of class-crossed love, set at a 1924 Mother's Day lunch for three upper-class families, there to marry off Josh O'Connor's Paul (the only son to survive World War One) to the reluctant Emma (Emma D'Arcy). But there's also the scandal-risking tryst that orphaned housemaid Jane (Odessa Young) is enjoying with Paul. It's Jane's sharp eyes that dominate the movie, and she sees everything. 2021, 15, 104MIN

■ Full listings start on p35

Sunday 15 March

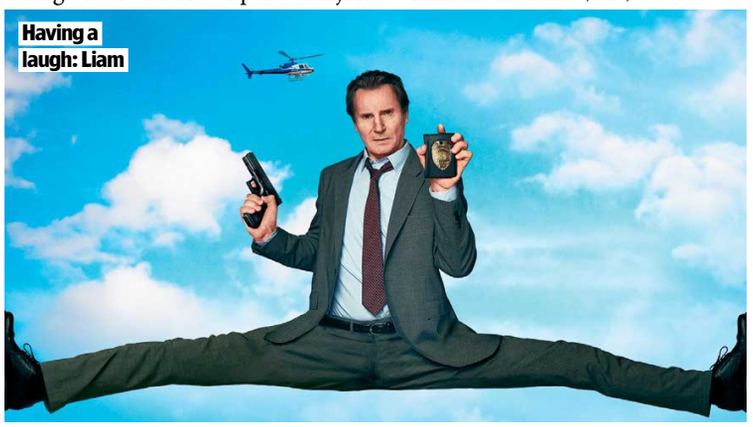
COMEDY

The Naked Gun

Starts today, Paramount+ ★★★★

Sex ●●● Violence ●●● Language ●●●

Game for a laugh, the perfectly cast Liam Neeson and Pamela Anderson are a hoot in this revival of Leslie Nielsen's 1980s/1990s cop comedies. He's blundering LA detective Frank Drebin Jr (son of Nielsen's bungling officer) and Anderson is the true-crime writer femme fatale, who needs Drebin's help after her brother is murdered by Danny Huston's evil tech billionaire. A stream of goofy sight gags, dopey puns and loopy crime-film parodies ensue and while some of the jokes fail to land, there are more than enough to keep us chuckling. Stick around for the end credits, which hide a string of daft but clever puns and jokes within them. 2025, 15, 85MIN



Having a laugh: Liam

THRILLER

Wake Up Dead Man

On now, Netflix ★★★★★

Sex ●●● Violence ●●● Language ●●●

It seems impossible for anyone other than ex-boxer-turned-priest Josh O'Connor to have killed his fire-and-brimstone boss (Josh Brolin) at a posh parish in upstate New York, although he claims he's innocent. So the local police chief (Mila Kunis) calls in famed sleuth Benoit Blanc (Daniel Craig) to investigate... Writer-director Rian Johnson's third *Knives Out* film is the best yet, a fine mystery put together with meticulous care and not a little humour. Glenn Close, Daryl McCormack and Jeremy Renner are among the starry line up of suspects. 2002, 12, 119MIN

COMEDY

Lover Come Back

10.30am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

This cheerful Doris Day and Rock Hudson comedy is the best of the three movies they made together. He's the boss of a New York advertising agency who has to invent a non-existent product to cover up his chicanery and she works for a competing firm and goes after it without realising that it doesn't exist. Smoothly and glossily made by Delbert Mann, the film has delightful supporting performances from Tony Randall as Day's boss, Edie Adams as a chorus girl and Jack Kruschen as a bumbling inventor. 1961, PG, 102MIN

ADVENTURE

Indiana Jones and the Last Crusade

3.15pm, ITV1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

After a rousing opening sequence featuring River Phoenix as a young Indiana Jones, this third adventure for Harrison Ford's globetrotting archaeologist sees him mounting a wartime quest to find the Holy Grail, along the way meeting Hitler, flying a plane from an airship and fighting on top of a speeding tank. This is exciting, stunningly staged entertainment for the whole family, while the addition of a scene-stealing Sean Connery as Indy's father adds much humour to the proceedings. 1989, PG, 127MIN

SCI-FI

The Martian

10pm, BBC2 (not NI) ★★★★

Sex ●●● Violence ●●● Language ●●●

Astronaut Matt Damon's NASA botanist is stranded on Mars, presumed dead and left behind following a rogue sandstorm. This film is gripping as he solves knotty science problems – such as the conundrum of how to grow potatoes – with nerdy ingenuity and can-do zeal. Ridley Scott's deft direction skilfully balances awesome spectacle with intimate human drama, while Damon's charisma and self-deprecating humour keeps us rooting for him. 2015, 12, 141MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 16 March

COMEDY

Friendship

7am, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

A cringe comedy starring master of the genre Tim Robinson, this sees his misfit suburban dad entranced with new neighbour, cool charmer and TV weatherman Paul Rudd, and his male friend group. Trouble is, Robinson makes a complete idiot of himself in their presence, leading him to be instantly rejected by them. Not everything works, but writer-director Andrew DeYoung has a great sense of building a world around the comedian and it'll make you laugh at unexpected moments. 2025, 15, 101MIN

Fooling around: Tim and Paul

COMEDY

The First Wives Club

6am & 4.30pm, Sky Rom-Coms ★★★

Sex ●●● Violence ●●● Language ●●●

All ditched for younger women, Goldie Hawn, Bette Midler and Diane Keaton get together to exact revenge on their ex-husbands. Hawn has fun sending up her youthful image and many of her exchanges with Midler are priceless. It's hardly subtle as the stars scream their way through the plot, but there's a lot of fun to be had and make sure you watch the great opening sequence. 1996, PG, 102MIN

COMEDY DRAMA

American Fiction

12m't, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Academic author Jeffrey Wright's lofty new book has left publishers cold, while fellow black novelist Issa Rae's picking up the plaudits for debut novel *We's Lives in Da Ghetto*. So in a fit of pique he writes a stereotype-laden rejoinder that is picked up by a major publisher and has white executives desperate to cash in on its gritty milieu. A daring, wincingly acute movie that delivers one of the best payoffs you'll see. 2023, 15, 117MIN

THRILLER

Collateral

2.05pm & 10.10pm, Sky Assassins ★★★★

Sex ●●● Violence ●●● Language ●●●

Tom Cruise is awesome as a hitman who hails Jamie Foxx's LA cab and forces him to drive on a night of killing. Writer-director Michael Mann's thriller is mesmerising. Cruise and Foxx are perfect, the scenes with loveless lawyer Jada Pinkett Smith and Irma P Hall, as Foxx's hospitalised mother, add welcome humour and night-time LA has rarely been depicted with such mean and moody magnificence. 2004, 15, 120MIN

PERIOD DRAMA

Far From the Madding Crowd

12.05am, BBC1 (not NI, Scotland, Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Galloping across the Dorset countryside, Carey Mulligan dominates this ravishing adaptation of Thomas Hardy's novel as headstrong Bathsheba Everdene. She's bewitching as she entrances Matthias Schoenaerts' faithful shepherd, Michael Sheen's rich squire and Tom Sturridge's dashing soldier. 2015, 12, 119MIN

■ Full listings start on p55

Tuesday 17 March

DRAMA

The Cut

2.05pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Orlando Bloom's retired Irish boxer is given one last shot in Las Vegas, but must lose almost 30lbs in six days to make weight. His wife and coach (Caitríona Balfe) wants to do it legitimately, but is pushed aside by John Turturro, who will use any means necessary to take the pounds off the pugilist, whatever the toll. Bloom delivers a career best performance, while Balfe and Turturro are also superb, but be warned: this is a tough, bruising movie about the insane lengths some will go to achieve their goals. 2024, 15, 99MIN

Off the scale: Orlando

ROMCOM

The Wedding Banquet

6.40am & 3.45am, Sky Rom-Coms ★★★

Sex ●●● Violence ●●● Language ●●●

In Seattle, gay couple Han Gi-Chan and Bowen Yang live next door to lesbian pair Kelly Marie Tran and Lily Gladstone. Korean Gi-Chan's visa is about to expire, so he asks Tran to marry him for a green card – but his conservative gran smells something fishy and travels to the States to make sure the wedding is legit. More drama than comedy, this is a heartfelt, well told tale. 2025, 15, 103MIN

DRAMA

Wild Rose

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Jessie Buckley stars as Glaswegian single mum Rose, fresh out of prison and burning with the dream of making it to Nashville as a country music singer. She has talent to burn and a new mentor (Sophie Okonedo) urging her on. But her no-nonsense mother (Julie Walters) is mindful of Rose's duty to her two children. This terrific music drama is both grittily down to earth and rousingly feel-good. 2018, 15, 100MIN

THRILLER

The Killer

12.10pm & 11.50pm, Sky Assassins ★★★★

Sex ●●● Violence ●●● Language ●●●

Director John Woo's remake of his 1989 Hong Kong film is a full-blown balletic gunplay tour-de-force. Nathalie Emmanuel is the assassin with a strict moral code, while her adversary is laconic cop Omar Sy. In Paris, they cross paths before uniting in a showdown in an abandoned church that highlights Woo's masterful touch when it comes to brilliantly choreographed, gloriously violent action. 2024, 15, 126MIN

COMEDY DRAMA

Pride

10.10pm, BBC3 ★★★★

Sex ●●● Violence ●●● Language ●●●

Bill Nighy, Imelda Staunton, George McKay, Dominic West and Andrew Scott are among the cast in this irresistibly entertaining true-story film about the unlikely alliance between a group of LBGTQ+ activists and the inhabitants of a Welsh mining village during the 1980s miners' strike. There is all the culture-clash humour you'd expect, but also real heart and soul. 2014, 15, 120MIN

■ Full listings start on p65

Wednesday

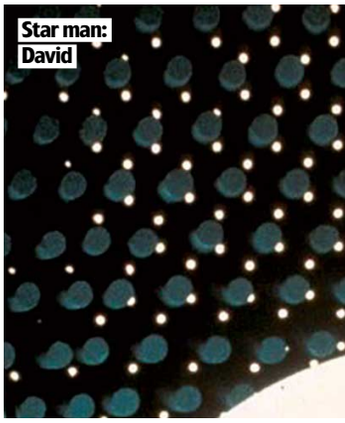
SCI-FI CLASSIC

The Man Who Fell to Earth

On now, Studiocanal Presents ★★★★

Sex ●●● Violence ●●● Language ●●●

Released 50 years ago today, director Nicolas Roeg's sci-fi fantasy is still amazingly up to date. In an inspired piece of casting, David Bowie plays an extra-terrestrial who comes to



Star man: David

COMEDY THRILLER

Wolfs

On now, AppleTV ★★★

Sex ●●● Violence ●●● Language ●●●

Brad Pitt and George Clooney are 'cleaners' who mop up sticky situations, but who work alone. Until, that is, both are called independently to take care of a complex job that begins with a hotel penthouse and a dead man in the bedroom. Except the kid (Austin Abrams) is not dead... And so, Pitt and Clooney are forced to work together. Clooney and Pitt bicker their way through a film that's an easy-on-the-eye, fun yarn. 2024, 15, 108MIN

THRILLER

The Bourne Identity

2.10pm, Sky Assassins ★★★★★

Sex ●●● Violence ●●● Language ●●●

In the awesome first *Bourne* film, Matt Damon wakes from a coma with bullet wounds in his back and no memory – until a Swiss bank account leads to the discovery of many aliases... A brilliant car chase is among the vigorous action to savour as Damon's resourceful tough guy is tested to the limit. Franka Potente helps him and Clive Owen is on his trail. The next four *Bourne* films follow until 12.30am. 2002, 12, 119MIN

18 March

Earth on a mission to save his drought-ridden planet. The deliberately fragmented story sees Bowie becoming a wealthy business tycoon, but he is overwhelmed by the rampant materialism and the utter triviality of modern life. Bowie's decline into despair is shattering in a super movie that's full of startling, memorable images. 1976, 18, 140MIN

Thursday 19 March

THRILLER

Speak No Evil

11.10am, Sky Thriller ★★★★

Sex ●●○ Violence ●●● Language ●●●

While on holiday in Italy, Americans Mackenzie Davis, Scoot McNairy and daughter Alix West Lefler are befriended by Brits James McAvoy, Aisling Franciosi and their mute boy (Dan Hough) and invited to their farmhouse in Devon. When they arrive, though, something seems off – until McAvoy's toxicity boils to the surface and horror erupts… All the actors are superb in director James Watkins' remake of the 2022 Danish-Dutch original, and the result is shrewd, gripping and pleasingly nasty. 2024, 15, 110MIN

A host of issues: James

Friday 20 March

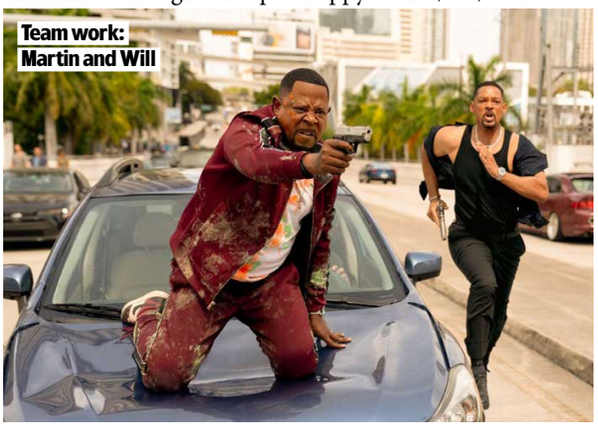
ACTION COMEDY

Bad Boys: Ride or Die

Starts today, Netflix ★★★

Sex ●○○ Violence ●●○ Language ●●●

In this fourth outing, Miami cops Will Smith and Martin Lawrence fight to clear the name of old boss Joe Pantoliano after he's posthumously accused of corruption. But the intervention of a mysterious new foe (Eric Dane) means they end up on the run. The plot's hardly involving, while familiar female characters (including Vanessa Hudgens and Paola Núñez) come back to either wield guns or play damsels in distress. But the focus is firmly on the genial stars and their charisma is enough to keep us happy. 2024, 15, 115MIN


Team work: Martin and Will

ACTION

Transformers

8pm, Sky Action ★★★★

Sex ○○○ Violence ●○○ Language ○○○

Director Michael Bay takes full advantage of CGI technology to remodel the giant mutating Transformer kids' toys and TV cartoon robots for the first of his blockbusters. Shia LaBeouf plays a student who discovers his beat-up car is a shape-shifting good-guy Autobot robot. The film really takes off when the Autobots square off against the nasty Decepticons in a series of Earth-shaking encounters that thrill and amaze. 2007, 12, 143MIN

DRAMA

Beast

10.50pm, Film4 ★★★★

Sex ●●○ Violence ●●○ Language ●●○

On Jersey, loner Jessie Buckley finds herself drawn towards outsider Johnny Flynn. But the island is currently reeling from a series of brutal murders – and some of the evidence points towards Flynn… Anchored by terrific performances, this striking British thriller delivers simmering passions, skin-prickling dread and a gripping mystery. 2017, 15, 107MIN

■ Full listings start on p75

SCI-FI CLASSIC

Westworld

10.55am, Sky Sci-Fi/Horror ★★★★

Sex ●○○ Violence ●○○ Language ●○○

Taking his favourite theme of science run amok, author Michael Crichton not only wrote but also directed this exciting sci-fi western. Pre-dating his blockbuster *Jurassic Park* by decades, it introduced the idea of a theme park descending into chaos as its robot denizens start to rebel against the guests. Most dangerous of these is Yul Brynner as an android gunslinger. 1973, 15, 89MIN

ROMCOM

Bridget Jones's Diary

8pm, Sky Rom-Coms ★★★★

Sex ●○○ Violence ○○○ Language ●●○

The first film based on Helen Fielding's runaway bestsellers is remarkably successful. Renée Zellweger is pretty much faultless as singleton Bridget, who's haplessly searching for love, fulfilment and an acceptable waistline in modern London. Although some diehard fans of the book may raise an eyebrow at the upward mobility displayed by some of the characters, they shouldn't find much else to carp about. 2001, 15, 96MIN

HORROR FANTASY

Men

10.50pm, Film4 ★★★★

Sex ●●○ Violence ●●● Language ●●○

Jessie Buckley arrives for a country break in a picture-book English village after the violent death of her husband. But while she seeks healing in nature, the village reveals its horrifying face. Ten of them, in fact, all men, all played with real distinction by Rory Kinnear. Writer-director Alex Garland's provocative shocker weaves a beautiful but terrifying spell around Buckley, ratcheting up the tension to a jaw-dropping climax. 2022, 15, 100MIN

THRILLER

American Star

12.20am, Sky Assassins ★★★★

Sex ○○○ Violence ●●○ Language ●●●

Ian McShane's ageing hitman lands in the Canary Islands for one last job that starts to feel like a retirement holiday. But trouble arrives in the form of Adam Nagaitis' younger assassin, and the nature of McShane's brief is belatedly revealed. Until the inevitable violent climax, this well-acted thriller is a beguilingly languid mood piece. 2023, 15, 106MIN

■ Full listings start on p85

THRILLER

The Desperate Hour

9.35am, Sky Thriller ★★★★

Sex ○○○ Violence ●○○ Language ●○○

Widowed mum Naomi Watts is out jogging when her mobile goes off – there's been a shooting at her son's school… Deep in the woods, it's too late to get home so she desperately uses her phone to track the news and help get her to the incident as quickly as possible. Watts and director Phillip Noyce skilfully wring every ounce of tension out of the scenario and, some minor gripes aside, this will keep your blood pumping. 2021, 12, 84MIN

COMEDY

Blades of Glory

4.40pm, Sky Cinema Comedy ★★★

Sex ○○○ Violence ○○○ Language ●○○

As ice-skating rivals banned for life, Will Ferrell and Jon Heder make a hit double act when they exploit a loophole and team up as the world's first same-sex figure skating duo. The entire movie is just an excuse to get them to dress up in OTT outfits, but their knockabout set piece dancing sequences are hilarious and the skating's expertly faked, helping the silliness glide along smoothly. 2007, 12, 93MIN

WAR DRAMA

Dunkirk

6.10pm, Sky Drama ★★★★★

Sex ○○○ Violence ●○○ Language ●○○

Defying convention and Hollywood heroics, Christopher Nolan's immersive epic about the Dunkirk evacuation plunges us into the action as hundreds of thousands of trapped Allied troops await rescue from the beaches of 1940 France. The film interweaves plot lines involving Mark Rylance, Fionn Whitehead, Kenneth Branagh et al, brilliantly conveying the panic, terror, endurance and resolve of the people involved. 2017, 12, 106MIN

WAR CLASSIC

Apocalypse Now

11.10pm, Film4 ★★★★★

Sex ○○○ Violence ●●○ Language ●●○

Francis Ford Coppola's awesome Vietnam War movie dares to portray not only the madness of the war, but also its monstrous appeal as battle-weary US army captain Martin Sheen tracks down renegade colonel Marlon Brando. Robert Duvall ('I love the smell of napalm in the morning!') also makes a charismatic impact in this unforgettable masterpiece. 1979, 15, 150MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's

World record holder **Keely Hodgkinson** targets gold in Poland

World Indoor Championships

LIVE ATHLETICS

Friday, 9am & 5pm, BBC2

Britain's Olympic 800m champion Keely Hodgkinson is back in action when the three-day World Indoor Championships get under way in Toruń, Poland, on Friday.

After suffering a series of injuries last year, the 24-year-old athlete is now back to her very best – as she proved when smashing the women's 800m indoor world record in France last month, crossing the line in one minute 54.87 seconds, taking almost one second off Jolanda Ceplak's previous mark that had stood since March 2002.

Now, the Atherton-born runner is setting her sights on winning a first gold at the world indoors, with the final on Sunday 22 March. 'I've not done a world indoors yet so I'd really like a world title,' she says. 'It's a privilege to be in this position and hopefully I can fulfil what everybody wants.'

SUCCESS

Britain returned from last year's championships in China with four medals including golds for Amber Anning in the women's 400m and Jeremiah Azu in the men's 60m, with both athletes setting impressive recent times as they aim to defend their titles.

Other British stars set for Poland include new UK champion Renee Regis, the 20-year-old daughter of former world indoor gold medallist John Regis, who competes in the women's 200m.

Meanwhile, sprinter Dina Asher-Smith set a new British Championship record in the women's 60m last month. She'll be up against St Lucia's 100m Olympic champion Julien Alfred, who took gold in 2024, Italy's in-form Zaynab Dosso, and Poland's Ewa Swoboda, who claimed silver two years ago.

Britain's Jeremiah Azu

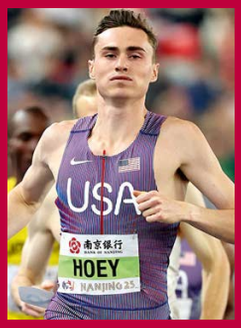
GOING FOR GOLD

Women's 1,500m runner Georgia Hunter Bell is another Brit targeting a medal in Poland where her rivals will include Ethiopia's Birke Haylom and France's European indoor champion Agathe Guillemot. Hunter Bell finished fourth and third in the last two world indoor championships, with her 2025 bronze recently upgraded to a silver after a doping violation.

'I've done two indoor worlds now, so hopefully this will be third time lucky,' says Hunter Bell.

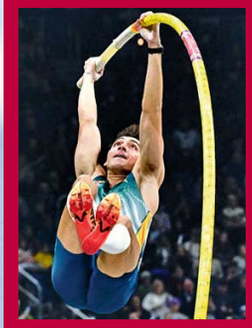
WORDS: RICHARD MCCLURE. PHOTOS: ADOBE STOCK, GETTY

THREE TO WATCH



JOSH HOEY
The American is the reigning champion in the men's 800m and set a new indoor world record over the distance in Boston in January, beating Danish runner Wilson Kipketer's previous time, set in 1997.

DEVYNNE CHARLTON
The 30-year-old from the Bahamas is aiming for a third consecutive world title in the women's 60m hurdles, and holds the world-record time of 7.65 seconds. She'll be up against home favourite Pia Skrzyszowska.



ARMAND DUPLANTIS
The Swede has claimed the past eight global men's pole-vault gold medals across indoor and outdoor events, and will be seeking a fourth successive world indoor title. His indoor record is 6.27m.

French wing Louis Bielle-Biarrey

LIVE RUGBY UNION

Six Nations finale

Saturday, BBC1, ITV1, S4C & Premier Sports 1

The final round of action begins with Ireland versus a resurgent Scotland in Dublin (k-o 2.10pm, ITV1), before a beleaguered Wales host Italy (k-o 4.40pm, BBC1, S4C & Premier Sports 1) on the back of a Six Nations losing streak in Cardiff that stretches to 11 games. The Championship concludes in Paris (k-o 8.10pm, ITV1) where holders France, with try-scoring phenomenon Louis Bielle-Biarrey and equally impressive Bordeaux teammate Matthieu Jalibert, look set for another triumphant evening as they host an England side that hasn't won at the Stade de France for a decade. This year's winners will lift a replica Six Nations trophy after the original silverware was damaged in a traffic accident.

Barbara Aigner

LIVE WINTER SPORTS

Winter Paralympics

Sat & Sun, C4, Channel 4 Streaming & C4 YouTube

Can Team GB return home with a record medal haul as the Winter Paralympics draws to a close over the weekend? Golds are up for grabs in all six sports, including in the para skiing, where Austria's visually impaired Aigner siblings – Johannes, Veronika and Barbara (along with guide Elisabeth) – claimed nine medals at Beijing in 2022. Sunday's closing ceremony will take place at Cortina's curling stadium.

Real Madrid's Trent Alexander-Arnold

Newcastle's Anthony Gordon

LIVE FOOTBALL

Champions League

Tuesday & Wednesday, Prime Video & TNT Sports

The quarter-final line-up will be decided this week as the six English clubs play their round-of-16 second legs. Highlights include Tuesday's clash between Manchester City and Real Madrid at the Etihad (k-o 8pm), as the rivals meet in the knockout stage for a fifth consecutive season. Also on Tuesday, Chelsea host holders Paris Saint-Germain (k-o 8pm) in a repeat of the 2025 Club World Cup final, which the Blues won 3-0. On Wednesday, Newcastle United face Barcelona at the Nou Camp (k-o 5.45pm). The sides' meeting in the league phase saw a 2-1 Barça victory at St James' Park, with a consolation strike giving Anthony Gordon the first of his record tally of Champions League goals for the Magpies.

Oscar Piastri celebrates

LIVE FORMULA ONE

F1: Chinese Grand Prix

Sun, race starts 7am, Sky Sports F1 & Sky Sports Main Event

The second Grand Prix of the season takes place at the Shanghai International Circuit on Sunday, preceded by the year's first sprint race late on the night of Friday 13 March. Last year, Sir Lewis Hamilton claimed victory for Ferrari in the sprint, while Oscar Piastri took the chequered flag in the race proper, ahead of McLaren teammate Lando Norris and Mercedes' George Russell.

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Sport week A-Z GUIDE

ATHLETICS

LIVE World Indoor Championships
Fri 9am & 5pm BBC2
Day one in Poland. See p28.

AUSTRALIAN RULES

LIVE Sydney Swans v Brisbane Lions
Sat 8am TNT Sports 3

LIVE Collingwood Magpies v Adelaide Crows
Sat 8.30am TNT Sports 4

LIVE North Melbourne Kangaroos v Port Adelaide Power
Sat 2am TNT Sports 3

LIVE Melbourne Demons v St Kilda Saints
Sat 4am TNT Sports 2

LIVE Gold Coast Suns v West Coast Eagles
Sun 7am TNT Sports 2

LIVE Hawthorn Hawks v Sydney Swans
Thu 8.30am TNT Sports 2

LIVE Adelaide Crows v Western Bulldogs
Fri 8.30am TNT Sports 4

LIVE Richmond Tigers v Gold Coast Suns
Fri 2am TNT Sports 4

LIVE GWS Giants v St Kilda Saints
Fri 5am TNT Sports 4

BASEBALL

LIVE World Classic
Sat 7pm TNT Sports 3; Sun-Tue 12m't TNT Sports 1

BASKETBALL

LIVE New York Knicks v Golden State Warriors
Sun 11pm Sky Sports Main Event & Sky Sports Action

LIVE Atlanta Hawks v Orlando Magic
Mon 10pm Sky Sports Action & 11pm Sky Sports Main Event

LIVE Houston Rockets v Los Angeles Lakers
Mon 1.30am Sky Sports Main Event & Sky Sports Action

LIVE Los Angeles Clippers v San Antonio Spurs
Mon 2am Sky Sports+

LIVE Milwaukee Bucks v Cleveland Cavaliers
Tue 12m't Sky Sports Action & Sky Sports+

Rugby league
Lachlan Lam and the Leigh Leopards take on Wakefield Trinity on Friday evening

LIVE Denver Nuggets v Philadelphia 76ers
Tue 3am Sky Sports Action & Sky Sports+

LIVE Boston Celtics v Golden State Warriors
Wed 11pm Sky Sports Action

COMBAT SPORTS

LIVE Josh Emmett v Kevin Vallejos
Sat 12m't TNT Sports 2

CRICKET

LIVE New Zealand v South Africa
Sat 1.30am & Sun 6am TNT Sports 4
The first women's T20 at Bay Oval.

LIVE New Zealand v South Africa
Mon 1.30am & Tue 6am TNT Sports 2
Second women's T20 at Seddon Park.

LIVE New Zealand v South Africa
Thu 1.30am & Fri 6am TNT Sports 2
Third women's T20 at Eden Park.

CURLING

LIVE USA v Italy
Wed 8pm TNT Sports 4

LIVE Scotland v Canada
Wed 1am TNT Sports 1

LIVE Italy v Scotland
Thu 1am TNT Sports 1

LIVE Scotland v Norway
Fri 8pm TNT Sports 2

CYCLING

LIVE Tirreno Adriatico
Sat 12noon TNT Sports 4 & 2.30pm TNT Sports 1; Sun 12.15pm TNT Sports 2
The sixth and seventh stages.

LIVE Paris-Nice
Sat 12.30pm TNT Sports 1; Sun 2.15pm TNT Sports 3

LIVE Trofeo Alfredo Binda
Sun 2.45pm TNT Sports 2

LIVE Nokere Koerse
Wed 11.15am & 2pm TNT Sports 2

LIVE Milan Turin
Wed 1.15pm TNT Sports 3

LIVE Grand Prix Denain
Thu 1pm TNT Sports 2

LIVE Bredene Koksijde Classic
Fri 2pm TNT Sports 4

DARTS

LIVE Premier League
Thu 7pm Sky Sports Main Event & Sky Sports Action
The seventh night at 3Arena, Dublin.

GOLF

LIVE Players Championship
Sat 1pm Sky Sports Golf & 8pm Sky Sports Main Event
The third day held at TPC Sawgrass.

LIVE LIV Golf
Sat 12.30am TNT Sports 1
The fourth round in Singapore.

LIVE Women's Australian Open
Sat 1am Sky Sports Golf
Day four from Kooyonga Golf Club.

LIVE Players Championship
Sun 1pm Sky Sports Golf & 7pm Sky Sports Main Event
The fourth and final day in Florida.

LIVE Boston Common v Jupiter Links
Tue 10.30pm Sky Sports Main Event & Sky Sports Golf
The TGL opening semi-final.

LIVE Los Angeles v Atlanta Drive
Tue 1am Sky Sports Main Event & Sky Sports Golf
The TGL second semi-final.

LIVE LIV Golf
Thu & Fri 9.30am TNT Sports 1
The fifth round in South Africa.

LIVE Valspar Championship
Thu & Fri 11.30am Sky Sports Main Event & Sky Sports Golf
Days one and two in Palm Harbour.

LIVE Fortinet Founders Cup
Thu & Fri 10pm Sky Sports Golf
The first and second days at Sharon Heights Golf and Country Club.

LIVE Australian WPGA Championship
Fri 2am Sky Sports Golf & 3am Sky Sports Main Event
Day three at Sanctuary Cove Golf and Country Club in Queensland.

HORSE RACING

LIVE Uttoxeter
Sat 1.30pm ITV4

LIVE Friday Night Live: Wolverhampton
Fri 5.15pm ITV4

ICE HOCKEY

LIVE New Jersey Devils v Los Angeles Kings
Sat 11pm Premier Sports 1

LIVE Vancouver Canucks v Seattle Kraken
Sat 2am Premier Sports 1

LIVE Edmonton Oilers v Nashville Predators
Sun 12m't Premier Sports 1

LIVE New Jersey Devils v Boston Bruins
Mon 11pm Premier Sports 2

LIVE Dallas Stars v Utah Mammoth
Mon 12m't Premier Sports 1

LIVE Montreal Canadiens v Boston Bruins
Tue 11pm Premier Sports 2

LIVE Winnipeg Jets v Nashville Predators
Tue 12m't Premier Sports 1

LIVE Carolina Hurricanes v Pittsburgh Penguins
Wed 11pm Premier Sports 2

LIVE Colorado Avalanche v Dallas Stars
Wed 1.30am Premier Sports 1

LIVE Minnesota Wild v Chicago Blackhawks
Thu 11.30pm Premier Sports 2

LIVE Edmonton Oilers v Florida Panthers
Thu 1am Premier Sports 1

LIVE Toronto Maple Leafs v Carolina Hurricanes
Fri 11pm Premier Sports 2

LIVE Utah Mammoth v Anaheim Ducks
Fri 2am Premier Sports 1

MOTORCYCLING

LIVE MotoGP
Fri 12noon & 4.15pm TNT Sports 2
The Grand Prix of Brazil MotoGP, Moto2 and Moto3 practice sessions.

MOTORSPORT

LIVE Formula 1
Sat 6.30am Sky Sports Main Event & Sky Sports F1
Chinese Grand Prix qualifying session at Shanghai International Circuit.

LIVE World Rally Championship
Sat 6.30am TNT Sports 4 & 7am TNT Sports 1; Sat 11.30am & 5am, Sun 6.30am TNT Sports 3; Sun 10am TNT Sports 2

LIVE Indycar
Sat 1.30pm & 6.30pm, Sun 2pm & 4.30pm Sky Sports F1

LIVE F1 Academy
Sat 2.35am Sky Sports Main Event & Sky Sports F1

LIVE Formula 1
Sat 5.30am Sky Sports Main Event & Sky Sports F1
The Chinese Grand Prix at Shanghai International Circuit. See p29.

LIVE Indy NXT
Sun 3pm Sky Sports F1

LIVE NASCAR
Sun 7pm Premier Sports 2

NETBALL

LIVE Birmingham Panthers v London Mavericks
Sat 3.50pm Sky Sports+ & Sky Sports Mix (centre-pass 4pm)

LIVE Loughborough Lighting v London Pulse
Sat 5.50pm Sky Sports+ & Sky Sports Mix (centre-pass 6pm)

LIVE Leeds Rhinos v Dragons
Fri 6.55pm Sky Sports Mix (centre-pass 7pm)

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1

RUGBY LEAGUE

LIVE Penrith Panthers v Cronulla-Sutherland Sharks
Sat 8.30am Sky Sports Action

LIVE Dolphins v Gold Coast Titans
Sun 7.15am Sky Sports Action & Sky Sports+

LIVE Canberra Raiders v Canterbury-Bankstown Bulldogs
Thu 9am Sky Sports Main Event & Sky Sports Action

LIVE Melbourne Storm v Brisbane Broncos
Fri 9am Sky Sports Main Event & Sky Sports Action

LIVE Wakefield Trinity v Leigh Leopards
Fri 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm)
The Super League match.

RUGBY UNION

LIVE Crusaders v Highlanders
Sat 6am Sky Sports+

LIVE Queensland Reds v NSW Waratahs
Sat 8.30am Sky Sports+

LIVE Bulls v Stormers
Sat 11.30am Premier Sports 1

LIVE Ireland v Scotland
Sat 1pm ITV1 (kick-off 2.10pm)
The Six Nations match staged at Aviva Stadium. See p29.

LIVE Wales v Italy
Sat 4pm BBC1, S4C & Premier Sports 1 (kick-off 4.40pm)
The Six Nations fixture at Principality Stadium. See p29.

LIVE France v England
Sat 7.20pm ITV1 (kick-off 8.10pm)
The final match of the Six Nations held at Stade de France. See p29.

LIVE Blues v Moana Pasifika
Sat 2.30am Sky Sports+

LIVE Saracens v Gloucester-Hartpury
Sun 12noon TNT Sports 1 (kick-off 12.30pm)
Premiership Women's Rugby match.

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Football planner

LIVE Wales U20 v Italy U20
Sun 12.40pm S4C (kick-off 1pm)

LIVE Ayr RFC v Watsonian FC
Sun 2pm BBC Alba

LIVE PREM Rugby Cup final
Sun 2.45pm TNT Sports 1

LIVE Highlanders v Hurricanes
Fri 6am Sky Sports+

LIVE Brumbies v Chiefs
Fri 8.30am Sky Sports+

LIVE Bulls v Cardiff
Fri 4.30pm Premier Sports 2 (kick-off 5pm)
United Rugby Championship action.

LIVE Bath v Saracens
Fri 7pm TNT Sports 1 (kick-off 7.45pm)
PREM coverage from The Recreation Ground.

LIVE Ulster v Connacht
Fri 7pm Premier Sports 1 (kick-off 7.45pm)
United Rugby Championship fixture.

LIVE Scarlets v Zebre
Fri 7.30pm S4C & Premier Sports 2 (kick-off 7.45pm)
United Rugby Championship match.

LIVE Fijian Drua v Queensland Reds
Fri 3.30am Sky Sports+

SKIING

LIVE Alpine Skiing
Sat 8.45am & 11.45am TNT Sports 2, 10am TNT Sports 1; Sun 8.15am TNT Sports 3

LIVE Freestyle Skiing
Sat 10am TNT Sports 2

LIVE Ski Jumping
Sat 1.15pm & 3.45pm TNT Sports 2; Sun 2.45pm TNT Sports 4

LIVE Nordic Combined Skiing
Sun 10.15am & 12.15pm TNT Sports 4

LIVE Ski Mountaineering
Fri 11am TNT Sports 2

LIVE Cross Country Skiing
Fri 4.45pm & 6.45pm TNT Sports 3

SNOOKER

LIVE World Open
Mon & Tue 6am & 11.30am, Wed 6am & 11am, Thu & Fri 6am TNT Sports 1; Thu & Fri 6am & 11am TNT Sports 3

TENNIS

LIVE Indian Wells Open
Sat 6pm Sky Sports Tennis, 7.30pm Sky Sports+ & 11pm Sky Sports Main Event; Sun 5.30pm Sky Sports+ & Sky Sports Tennis
The tournament concludes.

LIVE Miami Open
Tue 3pm, Wed 3pm & 9.30pm, Thu 3pm & 11pm, Fri 3pm & 10.45pm Sky Sports Main Event; Tue-Thu 3pm, Fri 3pm & 10.15pm Sky Sports+; Tue-Fri 3pm Sky Sports Tennis

WINTER SPORTS

LIVE Winter Paralympics
Sat & Sun 7.50am C4
Days eight and nine from Milan and Cortina d'Ampezzo, Italy. See p29.

LIVE Biathlon
Sat & Fri 3pm TNT Sports 3; Sun 11.15am & 1.30pm, Thu 3pm TNT Sports 4

LIVE Snowboarding
Sat 5.45pm & Sun 5pm TNT Sports 4

LIVE PREMIER LEAGUE

Arsenal v Everton

Saturday, kick-off 5.30pm, Sky Sports Main Event

Everton have only won twice at Arsenal in the Premier League era, but David Moyes' men have triumphed seven times on the road this year as they challenge for the European places. Midfielder Kiernan Dewsbury-Hall has proved to be one of the signings of the season.

LIVE PREMIER LEAGUE

West Ham United v Manchester City

Saturday, kick-off 8pm, TNT Sports 1

City are seven points behind Arsenal at the top of the table and will want to keep up the pressure on the Gunners as they visit West Ham. Erling Haaland has scored seven goals against the Hammers in the sides' last three matches.

LIVE WOMEN'S LEAGUE CUP

Chelsea v Manchester United

Sun, k-o 2.15pm, BBC1, Sky One, Sky Sports+ & Sky Sports Mix

Bristol City's Ashton Gate is the venue as holders Chelsea appear in the Women's League Cup final for a seventh year in a row. Next season sees a revamp of the League Cup with sides competing in Champions League games not included.

Saturday 14

LIVE Coventry City v Southampton
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
The Championship match.

LIVE Middlesbrough v Bristol City
12.25pm Sky Sports+ (kick-off 12.30pm)
Championship game held at Riverside Stadium.

LIVE Girona v Athletic Bilbao
12.55pm Premier Sports 2 (kick-off 1pm)
The LaLiga match.

LIVE Arsenal v Everton
5pm Sky Sports Main Event (kick-off 5.30pm)
Premier League coverage.

LIVE Chelsea v Newcastle United
5pm Sky Sports Premier League (kick-off 5.30pm)
Premier League at Stamford Bridge.

LIVE Montrose v Alloa Athletic
5.20pm BBC Alba (k-o 5.30pm)

LIVE Hamburg SV v FC Cologne
5.20pm Sky Sports Football (kick-off 5.30pm)
Bundesliga from Volksparkstadion.

LIVE Real Oviedo v Valencia
5.25pm Premier Sports 2 (kick-off 5.30pm)
Coverage of the LaLiga fixture.

LIVE West Ham United v Manchester City
7pm TNT Sports 1 (kick-off 8pm)
The Premier League match at The London Stadium.

LIVE Kilmarnock v Hearts
7.30pm Sky Sports Football (kick-off 8pm)
Scottish Premiership at Rugby Park.

LIVE Ajax v Sparta Rotterdam
7.55pm Premier Sports 1 (kick-off 8pm) Eredivisie.

LIVE Real Madrid v Elche
8pm Disney+ (kick-off 8pm)
The LaLiga match at the Bernabéu.

LIVE Botafogo v Flamengo
11.25pm Premier Sports 2 (kick-off 11.30pm)

Sunday 15

LIVE St Mirren v Rangers
11am Sky Sports Football & 11.30am Sky Sports Main Event (kick-off 12noon)
The Scottish Premiership match.

LIVE Aston Villa v Manchester City
11am Sky Sports+ & Sky One (kick-off 11.55am)
A Women's Super League fixture.

LIVE Mallorca v Espanyol
12.55pm Premier Sports 2 (kick-off 1pm)
The LaLiga match at Son Moix.

LIVE Manchester United v Aston Villa
1pm Sky Sports Main Event (kick-off 2pm)
Premier League at Old Trafford.

LIVE Crystal Palace v Leeds United
1pm Sky Sports Cricket (k-o 2pm)
Premier League at Selhurst Park.

LIVE Nottingham Forest v Fulham
1pm Sky Sports Premier League (kick-off 2pm)
Premier League action from The City Ground.

LIVE Dundee v Dundee United
1.30pm Premier Sports 1 (kick-off 2pm)
Scottish Premiership at Dens Park.

LIVE Chelsea v Manchester United
1.50pm BBC1, 2pm Sky Sports+, Sky Sports Mix & Sky One (kick-off 2.15pm)
The Women's League Cup final at Ashton Gate, Bristol.

LIVE Glentoran v Linfield
2.30pm BBC2 (N Ireland only) & 2.45pm Sky Sports Football (kick-off 3pm)
The final of the Northern Ireland Football League Cup.

LIVE Barcelona v Sevilla
3.10pm Premier Sports 2 (kick-off 3.15pm)
The LaLiga fixture at Camp Nou.

LIVE Hearts v Rangers
4pm BBC Alba (kick-off 4.10pm)

LIVE Liverpool v Tottenham Hotspur
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
Premier League action at Anfield.

LIVE FC Como v AS Roma
4.45pm TNT Sports 2 (kick-off 5pm)
The Serie A fixture.

LIVE Real Betis v Celta Vigo
5.25pm Premier Sports 1 (kick-off 5.30pm) LaLiga.

LIVE Lazio v AC Milan
7.30pm TNT Sports 1 (kick-off 7.45pm)
Serie A from Stadio Olimpico.

LIVE Real Sociedad v Osasuna
7.55pm Premier Sports 1 (kick-off 8pm)
The LaLiga match.

Monday 16

LIVE Brentford v Wolverhampton Wanderers
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The Premier League game at Brentford Community Stadium.

LIVE Portsmouth v Derby County
7.30pm Sky Sports Football (kick-off 8pm)
Championship at Fratton Park.

LIVE Rayo Vallecano v Levante
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match.

Tuesday 17

LIVE Sydney FC v Melbourne City
8am TNT Sports 3 (kick-off 8am)

LIVE Champions League
7pm TNT Sports 1; 7.30pm TNT Sports 2; 7.45pm TNT Sports 3; 8pm Prime Video (kick-offs 8pm)
Round-of-16 second legs. See p29.

LIVE Barnsley v Wigan Athletic
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)
The League One game at Oakwell.

LIVE League One
7.35pm Sky Sports+
Coverage of a midweek match.

LIVE Lanus v Newell's Old Boys
9.55pm Premier Sports 1

Wednesday 18

LIVE Champions League
5.30pm TNT Sports 4 (kick-off 5.45pm)
Round-of-16 second leg. See p29.

LIVE Chelsea v Brighton & Hove Albion
6.30pm Sky Sports Main Event, Sky Sports Premier League & Sky Sports Mix (kick-off 7pm)
The Women's Super League match at Kingsmeadow.

LIVE West Ham United v Manchester United
7.05pm BBC3 (kick-off 7.15pm)
The Women's Super League match.

LIVE Champions League
7pm TNT Sports 1 & TNT Sports 2; 7.30pm TNT Sports 3 (kick-offs 8pm)
Round-of-16 coverage. See p29.

LIVE Milton Keynes Dons v Colchester United
7.30pm Sky Sports Football (kick-off 8pm) League Two.

LIVE Celtic v Glasgow City
7.35pm BBC Alba (kick-off 7.45pm)

LIVE Palmeiras v Botafogo
9.55pm Premier Sports 1

Thursday 19

LIVE SC Braga v Ferencvaros
3.30pm TNT Sports 1 (kick-off 3.30pm)
Europa League last-16 second-leg.

LIVE FC Midtjylland v Nottingham Forest
5pm TNT Sports 2 (kick-off 5.45pm)
The Europa League last-16 second-leg at MCH Arena.

LIVE AEK Larnaca v Crystal Palace
5pm TNT Sports 3 (kick-off 5.45pm)
The Conference League last-16 second-leg held at AEK Arena.

LIVE Lyon v Celta Vigo
5.45pm TNT Sports 4 (kick-off 5.45pm)
Europa League last-16 second-leg.

LIVE Aston Villa v Lille
7.30pm TNT Sports 1 (kick-off 8pm)
The Europa League last-16 second-leg at Villa Park.

LIVE Real Betis v Panathinaikos
7.45pm TNT Sports 4 (k-o 8pm)
Europa League last-16 second-leg.

LIVE AS Roma v Bologna
8pm TNT Sports 2 (kick-off 8pm)
Europa League last-16 second-leg.

LIVE FC Porto v VfB Stuttgart
8pm TNT Sports 3 (kick-off 8pm)
Europa League last-16 second-leg.

Friday 20

LIVE Cagliari v SC Napoli
5.20pm BBC Alba (kick-off 5.30pm) Serie A.

LIVE RB Leipzig v Hoffenheim
7.30pm BBC iPlayer (kick-off 7.45pm) Bundesliga.

LIVE Partick Thistle v St. Johnstone
7.30pm BBC Scotland (kick-off 7.45pm)

LIVE Bournemouth v Manchester United
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The Premier League match at Vitality Stadium.

LIVE Preston North End v Stoke City
7.30pm Sky Sports Football (kick-off 8pm)
Championship action at Deepdale.

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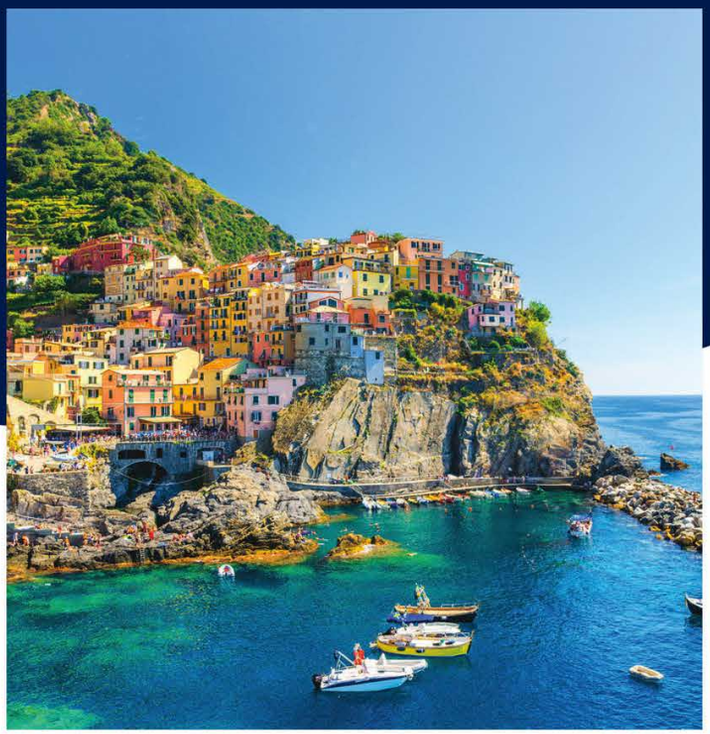

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Saturday

14 March

Evening Planner

Fantasy Comedy

Sketch

Sky Premiere, 9am & 6.20pm

A young girl's drawings that are helping her process her mum's death suddenly come to life in this excellent fantasy.

Rugby Union

Six Nations

BBC1, ITV1, S4C & Premier Sports

The championship draws to a close today with Ireland v Scotland, Wales v Italy and the big finish of France v England.

Football

Premier League

Sky Sports & TNT Sports

The action starts with Arsenal v Everton and Chelsea v Newcastle (k-os 5.30pm), before West Ham v Man City (k-o 8pm).

OnDemand

Paramount+

The Madison

Available today

From *Yellowstone* creator Taylor Sheridan comes this new potentially epic drama, starring Michelle Pfeiffer and Kurt Russell.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Gladiators	8.15 Casualty		9.10 The Walsh Sisters		10.00 News	10.20 Match of the Day †
	102 BBC2		7.15 Celebrity Antiques Road Trip	8.15 Europe on the Edge with Katya Adler		9.15 Liza: A Truly Terrific Absolutely True Story			
	103 ITV1		7.20 Rugby Union: Six Nations – Live: France v England (Kick-off 8.10)						
	104 CHANNEL 4		7.15 The Race for Ancient Egypt in Colour	8.15 The Roman Empire by Train with Alice...		9.15 Bill Bailey's Vietnam		10.15 Film: Stillwater	
	105 5	‹ 6.45 To the Manor Born: Britain's Best Loved Comedy		8.15 Lip-Reading the Royals: What Are...		9.15 Queen Victoria & the Groomsman: The Scandal That Nearly Brought...			
	106 SKY ONE	7.00 The Simpsons	7.30 Film: The Hobbit: The Desolation of Smaug						10.30 Film: Ted 2
ENTERTAINMENT	115 BBC3	7.00 Doctor Who		8.30 Ghosts		9.30 Mrs Brown's Boys			10.30 Film: Man Up
	116 BBC4	7.00 Squirrel on...	7.25 The Good Old Days	8.15 Hetty Wainthropp Investigates		9.05 The Turkish Detective			
	118 ITV2	‹ 5.55 Film: Johnny English Reborn		8.00 Film: Jurassic World: Dominion					
	136 MORE4	‹ 6.55 Four in a Bed		8.00 24 Hours in A&E					
	135 E4	7.00 The Simpsons				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Burn Notice			10.20 Elsbeth
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 Chernobyl			
	110 U&GOLD	‹ 6.25 Only Fools and Horses				9.00 Bottom		10.15 Only Fools and Horses	
	111 U&DAVE	7.00 Richard Osman's House of Games				9.00 I'm Alan Partridge			
	119 ITV3	‹ 6.00 Midsomer Murders						10.00 Vera	
	120 ITV4	‹ 6.25 Film: The Man with the Golden Gun				9.00 English Football League Highlights			10.30 Wrestling...
	112 COMEDY CENTRAL	‹ 6.50 Friends				9.00 Film: Bad Moms			
	145 SKY SCI-FI	7.00 Star Trek: Voyager							
	143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Whitechapel		10.00 The Inspector Lynley Mysteries	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Father Brown		9.00 Death in Paradise		10.00 Father Brown	
	122 SKY ARTS	‹ 5.45 The Music of Buddy...	7.45 Roy Orbison Forever			9.00 Film: A Fistful of Dollars			
	132 U&W	7.00 Nurses on the Ward				9.00 The Catherine Tate Show			
DOCUMENTARY	125 DISCOVERY	7.00 Scrapyard Dynasty		8.00 Maine Cabin Masters		9.00 Ed Stafford's Rite of Passage		10.00 Expedition Unknown	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 Alaskan Bush People		10.00 Tanked	
	129 NAT GEO	7.00 World War II: Secrets from Above		8.00 World War II: The Apocalypse				10.00 Hitler's Secret Underground Factory	
	123 SKY HISTORY	7.00 Secrets of the Lost Liners				9.00 Mengele Unveiled			
	155 U&YESTERDAY	7.00 Classic Car Kings		8.00 Bangers & Cash		9.00 Bangers & Cash: Restoring Classics			
	114 SKY DOCS	7.00 I'm Chevy Chase and You're Not				9.00 Film: Robin Williams: Come Inside My Mind			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 Sketch		8.00 Materialists				10.00 Jurassic World: Rebirth	
	302 AWARD SEASON	7.00 The Lord of the Rings: The Fellowship of the Ring						10.00 The Lord of the Rings: The Two Towers	
	303 BEVERLY HILLS	‹ 6.00 Beverly Hills Cop		8.00 Beverly Hills Cop II			9.45 Beverly Hills Cop 3		
	304 GREATS	‹ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	305 ANIMATION	‹ 5.45 Bee...	7.20 Transformers One			9.05 Penguins of Madagascar			
	306 FAMILY	‹ 6.00 Peter Rabbit	7.50 The Hobbit: An Unexpected Journey						
	307 ACTION	‹ 6.00 Bumblebee		8.00 Jurassic Park III			9.45 Batman		
	308 COMEDY	‹ 6.15 Team America: World Police		8.00 American Pie			9.45 Ace Ventura Pet Detective		
	309 THRILLER	‹ 6.00 Safe House		8.00 Captain Phillips				10.15 Fatal Attraction	
	310 DRAMA	‹ 6.00 The Post		8.00 Jerry Maguire					10.30 Do the Right...
	311 SCI-FI	‹ 5.35 Ready Player One		8.00 Sinners				10.20 Gravity	
	313 FILM4	‹ 6.55 Ticket To Paradise				9.00 Erin Brockovich			
SPORT	401 MAIN EVENT	‹ 5.00 SNF – Live: Arsenal v Everton		8.00 The Players Championship – Live: Coverage of day three					
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live: Chelsea v Newcastle United (kick-off 5.30pm)			8.30 Transfer 360				10.30 PL Highlights
	403 FOOTBALL	‹ 5.20 Bundesliga...	7.30 SPFL – Live: Kilmarnock v Hearts (Kick-off 8.00)						10.30 EFL
	405 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	7.00 Premier League – Live: West Ham United v Manchester City (Kick-off 8.00)							10.30 UEFA Europa...
	411 TNT SPORTS 2	‹ 6.00 AFL				9.00 World Rally...	9.30 Fight Week	10.00 UFC – Live: The preliminary bouts	

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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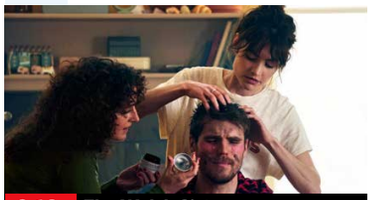
Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With actor Alex Kingston. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 **Bargain Hunt** (S)(R)
1.25 **Escape to the Country** A property search in Lincolnshire. (S)(R)
1.55 FILM **Spider-Man: Into the Spider-Verse** Animation with the voice of Shameik Moore. (S)(AD) (2018, PG, 105min) ★★★★★
3.40 **BBC News** (S)
3.50 **Local News** (S)
4.00 LIVE **Rugby Union: Six Nations** Wales v Italy: Gabby Logan presents coverage of both teams' fifth and final match of the championship, held at Principality Stadium. Kick-off is at 4.40. (S)



9.10 The Walsh Sisters

6 PM

LIVE Rugby Union: Six Nations (started at 4.00pm)

7 PM

7.15 **Gladiators** New edition 9/11. Bradley and Barney Walsh host the first of this year's semi-finals. Unbeaten Comet returns to Hang Tough, while Cyclone gets bored on top of Everest. (S)(AD)

8 PM

8.15 **Casualty** *Learning Curve – Part Nine:* Siobhan's trauma leads her to push Cam away, and she wrestles with a crisis of morality after putting pressure on Flynn to seek revenge on Chris Banfield for her. (S)(AD)

9 PM

9.10 **The Walsh Sisters** New episode *This Wasn't the Plan. But It's Where We Are:* 4/6. Claire has an epiphany about how to help Anna. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.20 **Match of the Day** Today's Premier League action, including West Ham United v Manchester City and Chelsea v Newcastle United. (S)
■ More tomorrow at 10.30pm
11.30 **The Football Interview** Kelly Somers chats with Brentford defender Nathan Collins. (S)
11.45 FILM **Alan Partridge: Alpha Papa** Comedy spin-off starring Steve Coogan. Incompetent broadcaster Alan Partridge strives to become a hero during a hostage crisis. (S)(AD) (2013, 15, 85min) ★★★★
1.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.20 AM **Children's Programmes**
8.45 **Gardeners' World** (S)(R)
9.45 FILM **Goodbye Mr Chips** Musical starring Peter O'Toole and Petula Clark. (S) (1969, PG, 140min) ★★
12.05 PM FILM **Sweet Charity** Vintage musical starring Shirley MacLaine and Sammy Davis Jr. (S) (1968, PG, 145min) ★★★★★
2.30 **Great British Menu** Four chefs representing central England serve their starters and fish dishes. (S)(R)
3.30 The central England chefs serve up mains and desserts. (S)(R)
4.30 **Final Score** Results round-up. (S)
5.15 **Do You Know Your Place?** Owain Wyn Evans, Greg Rutherford and Abby Cook head to Belfast. (S)(R)
5.45 **Italy's Invisible Cities** 3/3. Alexander Armstrong and Michael Scott explore Florence. (S)(R)(AD)

9.15 Liza: A Truly Terrific Absolutely...

6.45 **Flog It!** Experts Will Axon and Thomas Plant asses items in a visit to Southend-on-Sea, with Paul Martin meeting the son of a man who launched trampolining in Essex in the 1950s. (S)(R)

7.15 **Celebrity Antiques Road Trip** Music veterans and old friends Francis Rossi and Linda Nolan join experts Philip Serrell and Natasha Raskin Sharp on a search for antiques around Surrey and Sussex. (S)(R)

8.15 **Europe on the Edge with Katya Adler** 2/3. The journalist continues her journey through Germany and into Spain, paragliding over Neuschwanstein Castle and meeting nationalists in Catalonia. (S)(R)(AD)

9.15 **Liza: A Truly Terrific Absolutely True Story** The life of actor and singer Liza Minnelli during the 1970s, when a number of extraordinary mentors helped her to transform into a mature star of stage and screen. (S)(R)(AD)

10.55 FILM **Cabaret** Musical starring Liza Minnelli. A cabaret singer working in the decadent café society of 1930s Berlin falls in love with a young Englishman. With Michael York and Joel Grey. (S)(AD) (1972, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM FILM **New York, New York** Martin Scorsese's musical drama starring Liza Minnelli and Robert De Niro. An ambitious singer and a feckless jazz musician enjoy a turbulent relationship during the Big Band era. With Lionel Stander. (S) (1977, PG, 155min) ★★★
3.30 **to 6.20** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Celebrity Lingo** (S)(R)
6.30 **Love Your Garden** (S)(R)(AD)
7.30 **Love Your Weekend with Alan Titchmarsh** With Cliff Parisi. (S)(R)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Jane McDonald.
12.15 PM **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
12.45 **ITV News** (S)
1.00 LIVE **Rugby Union: Six Nations** Ireland v Scotland: All the action from the opening match in the final round of fixtures, held at Aviva Stadium. Kick-off is at 2.10. (S)
4.30 **Celebrity Lingo** (S)(R)
5.00 **ITV News** (S)
5.10 **Local News** (S)
5.20 **The Chase Celebrity Special** Contestants include Yinka Bokinni and Eamonn Holmes. (S)(R)(AD)

7.20 Rugby Union: Six Nations

6.20 **Wheel of Fortune** New edition Graham Norton hosts the game show as barrister Daniel, site manager Lorraine and software sales rep Nicole compete to win big money prizes. (S)(AD)

7.20 LIVE **Rugby Union: Six Nations** France v England: Mark Pougatch presents all the action from the final match of the championship, held at Stade de France. England claimed a narrow 26-25 victory over France at Allianz Stadium Twickenham in last year's competition, but it was Les Bleus who went on to win the title. The French will go into this contest as favourites, having comfortably defeated Ireland and Italy in their previous home matches in the current campaign, while England have failed to perform consistently. With analysis from Jonny Wilkinson, Dan Biggar, and Benjamin Kayser, and commentary from Nick Mullins, David Flatman, and Ben Kay. Kick-off is at 8.10. (S)

10.50 **ITV News** (S)

11.05 **It'll Be Alright on the Night** Compilation of clangers, featuring Judi Love and Guz Khan. (S)(R)(AD)
11.35 **English Football League Highlights** Recent action. (S)(R)
12.55 AM **Teleshopping**
3.00 **Devil in Disguise: John Wayne Gacy** 6/8. (S1) (S)(SL)(R)(AD)
4.00 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Julia Bradbury's Wonders of the Frozen South** (R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.10 AM **The King of Queens** (S)(R)(AD)
7.00 **The Simpsons** (S)(R)(AD)
7.50 LIVE **Winter Paralympics** Coverage of the opening events of day eight of the Games from Milan and Cortina d'Ampezzo, Italy. (S)
10.30 LIVE **Winter Paralympics** Coverage of the second run of the men's and women's snowboard banked slalom. (S)(AD)
12.30 PM LIVE **Winter Paralympics** The women's vision impaired alpine skiing slalom final. (S)(AD)
2.00 **F1: Chinese Grand Prix Sprint Race and Qualifying Highlights** Action from the second round at Shanghai International Circuit. (S)
3.30 **A Place in the Sun** (S)(R)
4.15 **Location, Location, Location** (S)(R)
5.15 **George Clarke's Amazing Spaces** A straw bale house. (S)(R)(AD)

9.15 Bill Bailey's Vietnam

6.15 **News** (S)
6.45 **Winter Paralympics Highlights** Ade Adepitan presents the best of the action from day eight of the Games, held in Milan and Cortina d'Ampezzo, Italy. (S)(SL)

7.15 NEW SERIES **The Race for Ancient Egypt in Colour** 1/2. Documentary using colourised footage to explore archaeology in Egypt between the world wars, as the nation strove for sovereignty. (S)(AD)

8.15 **The Roman Empire by Train with Alice Roberts** New edition 5/6. Alice arrives in Nimes after crossing the Alps by train. The image of a crocodile is everywhere, commemorating Emperor Augustus's victory over Mark Antony and Cleopatra. (S)(AD)

9.15 **Bill Bailey's Vietnam** New edition Bill heads to the mountainous region of Da Lat, a French-built hill station surrounded by pine forests, where he meets the monks of Truc Lam monastery. (S)(AD)

10.15 FILM **Stillwater** Thriller starring Matt Damon and Abigail Breslin. A man travels from Oklahoma to France to help his estranged daughter, who is in prison for a murder she claims she did not commit. (S)(AD) (2021, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM FILM **Mothering Sunday** Romantic drama starring Odessa Young and Josh O'Connor. (S)(AD) (2021, 15, 105min) ★★★★
2.35 **Handcuffed: Last Pair Standing** 3&4/6. Double bill. (S)(SL)(R)(AD)
4.25 **Location, Location, Location** (S)(R)
5.20 **to 6.10** AM **The Simpsons** (S)(R)

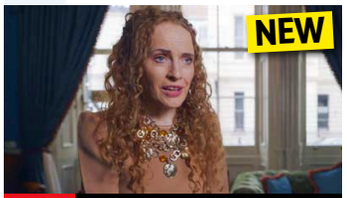
+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.25 **Entertainment News** (S)
9.40 **Ben Fogle: New Lives in the Wild** Double bill. (S)(R)
11.40 **Dogs Behaving (Very) Badly** Double bill of editions. (S)(R)
1.40 PM **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition (S)
2.40 **The Yorkshire Vet** Peter treats a pet sheep with an unpleasant case of flystrike. (S)(R)(AD)
3.40 **Our Yorkshire Farm** Clive is concerned the freezing spring weather is set to worsen. (S)(R)
4.40 Reuben comes up with an entrepreneurial plan to start his own digging business. (S)(R)
5.40 Reuben helps his parents with their biggest job of the summer – hay cutting. (S)(R)



9.15 Queen Victoria & the...

6.40 **News** (S)

6.45 **To the Manor Born: Britain's Best Loved Comedy**
A celebration of the popular sitcom starring Penelope Keith and Peter Bowles, that followed the fortunes of upper-class widow Audrey fforbes-Hamilton after being forced to sell her house to self-made grocer Richard DeVere. (S)(R)

8.15 **Lip-Reading the Royals: What Are They Really Saying?**
New edition 3/4. Suggesting what members of the Royal Family were saying in private moments following the death of Elizabeth II. (S)

9.15 **NEW** **Queen Victoria & the Groomsman: The Scandal That Nearly Brought Down the Empire**
The relationship between the widowed queen and her attendant John Brown. (S)

10.45 **1979: Those Were the Days**
A look back at key events from 1979, including *Monty Python* triggering a storm of protest with Biblical parody *The Life of Brian*. (S)(R)

12.45 AM **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Grace Kelly: The Hollywood Years** Documentary. (S)(R)
3.35 **Casualty 24/7: Every Second Counts** (S)(R)
4.25 **Entertainment News** (S)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Hawaii Five-0** (S1) (S)(R)
8.00 **The Simpsons** (S)(R)
9.30 **F1: Chinese Grand Prix Qualifying Highlights** From Shanghai International Circuit.
10.30 **Ted's Notebook** (R)
11.00 **F1: Chinese Grand Prix Sprint Race Highlights** Action from the second round of the season at Shanghai International Circuit.
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up**
3.00 PM **Gillette Labs Soccer Saturday** Stay up to speed with the afternoon's football up and down the country.
5.00 **F1: Chinese Grand Prix Qualifying Session** Action from the battle for grid positions for the second round of the season at Shanghai International Circuit.

7.30 The Hobbit: The Desolation...

F1: Chinese Grand Prix Qualifying Session
(started at 5.00pm)

7.00 **The Simpsons**
The Caper Chase: Mr Burns decides to open his own for-profit university. (S)(R)

7.30 **FILM** **The Hobbit: The Desolation of Smaug**
Peter Jackson's epic fantasy adventure, the second part of his adaptation of JRR Tolkien's children's novel, starring Martin Freeman and Ian McKellen. Hobbit Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. With Richard Armitage and Benedict Cumberbatch. (S)
(2013, 12, 180min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10.30 **FILM** **Ted 2**
Comedy sequel starring Mark Wahlberg and Amanda Seyfried, with the voice of Seth MacFarlane. The foul-mouthed talking teddy bear fights a court case for the right to be legally recognised as a person. (S)
(2015, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.40 AM **The Dyers' Caravan Park** 4/6. Danny and Dani face pushback from the locals. (R)
1.40 **Brassic** 3/6. Ash is drugged during a fight. (S1) (S)(R)(AD)
2.40 **The Force: Manchester** (S)(R)
3.35 **Brit Cops: Frontline Crime UK**
4.30 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
10.20pm Sportscene: Premiership Highlights (S) **11.20** Match of the Day (S) **12.30am** The Football Interview (S) **12.45** **FILM** Alan Partridge: Alpha Papa (S)(AD) (2013, 15, 85min) ★★★★ **2.10** Weather for the Week Ahead (S) **2.15-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
5.45pm Flog It! (S)(R) **6.15** Jane Rea's Bloomin' Wild (S)(R) **6.45-7.15pm** Farm 999 (S)(R)

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Dreigiau Cadi **10.15** Am Dro! **11.15** Dim Byd i'w Wisgo **11.45** Cefn Gwlad **12.20pm** Busnes Bwyd **1.20** Iolo: Natur Bregus Cymru (AD) **2.25** Prosiect Pum Mil **3.25** Adre **4.00** Clwb Rygbi Rhyngwladol **7.10** Newyddion a Chwaraeon **7.30** Stiwdio24/7 **8.00** Noson Lawen New edition **9.00** Llond Bol O Japan **10.00** Der' Dramor 'Da Fi! (AD) **11.00-11.35pm** Hyd y Pwrs (AD)

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who** *The Angels Take Manhattan:* 5/16. The Weeping Angels take over New York City. **7.45** *The Bells of Saint John:* 7/16. The Doctor tackles a wi-fi menace. (S7)
8.30 **Ghosts** 1/7. Alison and Mike open their posh new B&B. **9.00** 2/7. Mary walks Julian through her journey of self-discovery. (S4)
9.30 **Mrs Brown's Boys** 3/7. Agnes receives ominous news from beyond the grave. **10.00** 4/7. Agnes uses the internet to find a date. (S3)
10.30 **FILM** **Man Up** Romantic comedy starring Lake Bell and Simon Pegg. A woman is mistaken for a stranger's blind date and decides to spend the evening with him. (2015, 15, 88min) ★★★★
11.55 **Two Pints of Lager and a Packet of Crisps**
2.25 AM **Tommy: The Good. The Bad. The Fury**
2.55 **Zoners** One-off comedy
3.10 **to 3.55** AM **Thailand: The Dark Side of Paradise**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A Place in the Sun**
12.05 PM **Four in a Bed**
2.40 **Come Dine with Me** Five editions of the culinary contest from Durham.
5.25 **Four in a Bed** The competition kicks off at the Star & Garter in Linlithgow, West Lothian. **5.55** The rivals spend the night at Larch Green Lodges in Renfrewshire. **6.25** The rivals head to the Distant Hills Guest House in the Scottish Highlands.
6.55 **Four in a Bed** The final visit of the week is to 18 Craigmillar Park, Edinburgh. **7.25** The hosts find out what they've been paid and settle some scores.
8.00 **24 Hours in A&E** A man is admitted to hospital after being involved in a high-speed collision with multiple cyclists during a race.
9.00 **24 Hours in A&E** Staff nurse Sophie attends to a chef who accidentally stabbed himself as he was chopping tomatoes.
10.00 **24 Hours in A&E** Consultant Jacqui must act fast when severely underweight baby Jaziah is rushed into resus with breathing difficulties.
11.05 **999: On the Front Line**
1.15 AM **24 Hours in A&E**
3.25 **to 3.50** AM **Strangers on a Plane**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Wildlife on One: Squirrel on My Shoulder** David Attenborough narrates the story of an abandoned baby grey squirrel.
7.25 **The Good Old Days** With Ken Dodd and Jan Hunt.
8.15 **Hetty Wainthropp Investigates** *A Rose by Any Other Name:* Hetty checks out a gold-digging fiancé.
9.05 **The Turkish Detective** 7/8. Ayse and Suleyman investigate a house fire. **9.50** 8/8. The team finally learn the truth about Kayra Khan. (S1)
10.40 **Parkinson** With guests Neil Morrissey, Joanna Lumley, Ian McKellen and Marion Montgomery.
11.35 **Keeping Up Appearances**
12.05 AM **Sorry!**
12.35 **Nature and Us: A History Through Art**
1.35 **Hetty Wainthropp Investigates** As 8.15pm.
2.25 **The Good Old Days**
3.15 **to 3.40** AM **Wildlife on One: Squirrel on My Shoulder**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Lego Masters Australia**
7.10 **Modern Family**
7.40 **Ramsay's Kitchen Nightmares USA**
10.35 **Married at First Sight UK: Reunion Special**
12.10 PM **Married at First Sight Australia** Double bill.
3.50 **FILM** **Kindergarten Cop** Comedy thriller starring Arnold Schwarzenegger as a tough police detective who goes undercover disguised as a playschool teacher. (1990, 15, 111min) ★★★
6.00 **The Simpsons** Six episodes, including at: **7.00** *The City of New York v Homer Simpson:* Homer takes the family to New York. **7.30** *The Principal and the Pauper:* Principal Skinner is exposed as an imposter. **8.00** *Simprovised:* Homer turns to improvisational comedy to gain confidence. **8.30** *Orange Is the New Yellow:* Marge is sent to jail.
9.00 **Celebrity Gogglebox** Famous faces appraise *Love Island, The Supervet, MILF Manor, The Motorway Hotel* and *Countdown*.
10.00 **Gogglebox** Reviews of *The Celebrity Traitors, Love Is Blind* and *Trigger Point*.
11.05 **Gogglebox**
12.05 AM **First Dates**
2.10 **Gogglebox**
4.10 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 | 306 | 30 | 123 | 256

Saturday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **Brit Cops: Frontline Crime UK** Documentary series.
9.00 **Stop, Search, Seize**
10.00 **Caught on Dashcam**
11.00 **Brit Cops: Law & Disorder**
12.00 NOON **Caught Red Handed**
2.00 PM **Police 24/7** A couple are suspected of stealing a truck. **3.00** Police officers find more than they bargained for in an abandoned house. **4.00** A driver leads police on a chase through the woods.
5.00 **Nothing to Declare**

10.20 Elsbeth

Sky Atlantic

108/109 108/109 342 357

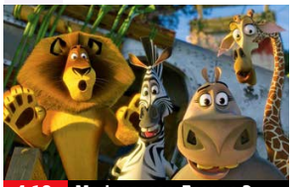
6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Game of Thrones** (S5)
1.20 PM **Game of Thrones** 6/10. Arya continues her training. **2.30** 7/10. Jaime attempts to reconnect with his family. **3.35** 8/10. Sansa confronts an old friend, while Jon embarks on a journey. **4.40** 9/10. Daenerys hosts a celebration of athleticism. **5.45** 10/10. Cersei finds herself seeking forgiveness. (S5) **6.50** 1/10. The fate of Jon Snow is revealed. (S6)

5.45 Game of Thrones

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Totally Bonkers Guinness World Records**
7.45 **The Only Way Is Essex**
10.40 **The Princess Diaries**
12.40 PM **The Floor**
1.45 **Britain's Got Talent**
3.10 **Celebrity Catchphrase**
4.10 FILM **Madagascar: Escape 2 Africa** Animated sequel with the voice of Ben Stiller. (2008, PG, 89min) ★★★
5.55 FILM **Johnny English Reborn** Spoof comedy sequel. (2011, PG, 101min) ★★★



4.10 Madagascar: Escape 2...

ITV3

119 123 117 10 115 7

6.00 AM **Wycliffe** 5&6/8. (S2)
8.10 **Lewis** *Dark Matter.*
10.05 **Agatha Christie's Marple**
12.00 NOON **Rosemary & Thyme**
2.00 PM **Midsomer Murders** *The Debt of Lies:* A newly arrived resident of a police retirement community is found dead. **4.00** *A Grain of Truth:* A series of incidents surrounding a new bakery ends in a murder. **6.00** *Dressed to Kill:* Barnaby investigates when a dominoes player is found dead in Elverton-Cum-Latterly.

12.00 Rosemary & Thyme

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 70s**
6.20 **The Big Match Revisited**
8.25 **The Sweeney**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **Cadfael**
1.15 PM **The Best of the 90s**
1.30 LIVE **Racing** Coverage of the Midlands Grand National from Uttoxeter, plus racing from Kempton Park.
4.00 **The Best of the 80s**
4.15 **Hornblower** 1/8. First episode of the seafaring drama starring Ioan Gruffudd. (S1)

4.15 Hornblower

7 PM

7.00 Nothing to Declare Two lovers are separated by immigration officers. **7.30** An aggressive passenger causes issues.

7.55 Game of Thrones *Homeward Bound:* 2/10. Bran trains with the Three-Eyed Raven, while at Castle Black, the Night's Watch stands behind Alliser Thorne. (S6)

FILM Johnny English Reborn (film started at 5.55pm) SEX ●●● VIOLENCE ●●● LANG ●●●

Midsomer Murders (started at 6.00pm)

6.25 FILM The Man with the Golden Gun Spy adventure starring Roger Moore. James Bond tangles with a deadly professional hit-man who uses golden bullets on his victims. With Britt Ekland. (1974, PG, 125min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

8.00 Nothing to Declare A woman is caught carrying vials of drugs. **8.30** An aggressive passenger turns nasty.

8.00 FILM Jurassic World: Dominion Action adventure sequel starring Chris Pratt. Operatives return to the destroyed dinosaur island on an important retrieval mission, and familiar faces make an appearance. (2022, 12, 154min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 Midsomer Murders *Dead in the Water:* Barnaby and Scott investigate when a man's body is found in the river during the Midsomer Regatta – and discover the victim had a number of enemies at the rowing club. Guest stars Steve Redgrave.

9 PM

9.00 Burn Notice *Pilot – Part One:* 1/14. Drama starring Jeffrey Donovan. A discredited spy is forced to work as a private investigator. (S1)

9.00 Chernobyl *Open Wide, O Earth:* 3/5. Lyudmilla ignores the warnings about her firefighter husband's contamination.

9.00 English Football League Highlights Action from the latest EFL matches, including Coventry City v Southampton, Middlesbrough v Bristol City and Leicester City v Queens Park Rangers.

10.30 Wrestling: AEW Dynamite Hard-hitting action from the world of All Elite Wrestling.

10 PM

10.20 Elsbeth *An Ear for an Ear:* 6/10. A plastic surgeon is found dead. Guest stars Gina Gershon. (S1)

10.15 Chernobyl *The Happiness of All Mankind:* 4/5. Valery Legasov and Boris Shcherbina come up with a life-saving idea. (S1)

10.45 Family Guy 18/20. Meg gets a place at Brown University. Meanwhile, Brian tries to get fit. (S19)

10.00 Vera *Cuckoo:* Vera investigates the discovery of an unidentified teenage boy's body in a coastal town's shipyard, and discovers that the quiet community conceals a serious drugs problem. Guest stars Mark Addy.

11.15 Law & Order: Special Victims Unit 10/22. (S26)
12.10 AM **The Equalizer** 10/10. (S1)
1.05 **Chicago Fire** 1/13. (S12)
2.00 **Watson** New episode (S2)
3.00 **The Good Doctor** 16/18. (S5)
4.00 **to 6.00** AM **Nothing to Declare**

11.30 The Bear 1/8. Comedy drama starring Jeremy Allen White. **12.10** AM 2/8. Carmy goes head to head with Richie. (S1)
12.50 **The White Lotus** 3&4/6. Double bill. (S1)
3.00 **Game of Thrones** (S6)
5.05 **to 6.00** AM **Fish Town**

11.15 Family Guy 20/20. Principal Shephard moves in with the Griffins, and Brian sues Stewie after he writes books portraying him as an idiot. (S18)
11.45 **American Dad!** (S20&16)
12.45 AM **Deal or No Deal**
2.45 **to 3.00** AM **Unwind with ITV**

11.50 A Touch of Frost
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

12.30 AM **The Sweeney**
1.30 **Two and a Half Men** (S1)
2.20 **Auto Mundial**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **The Birth of Television** Leslie Mitchell traces the origins of television from the beginning of the 20th-century to the first outside broadcast – the coronation of George VI in May 1937.
8.45 **The Mystery of Anthrax Island** Documentary revealing how in 1981 a shadowy group of Scots activists got the island cleaned up by claiming to have removed 300lbs of contaminated soil.
9.45 PM **to 12.00** M'T
FILM **Respect** Biopic starring Jennifer Hudson, about the rise of Aretha Franklin's career from a child singing in her father's church's choir to her international fame. With Forest Whitaker. (2021, 12, 145min) ★★★

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
10.30 **Ballers** (S3&1)
12.50 PM **Sex and the City**
4.00 **Community** (S2)
6.30 **The Office (US)** 13/19. Jim and Pam are invited to Michael's house. **7.00** 14/19. Michael becomes obsessed with a catalogue model. **7.30** 15/19. Dwight and Michael pay a surprise visit to Ryan. **8.00** 16/19. Stanley snaps at Michael. **8.30** 17/19. Jim takes to the golf course in the hope of landing a major client. (S4)
9.00 **Micky Flanagan: If Ever We Needed It** Stand-up show in which the comedian discusses life since turning 60.
10.15 **Ricky Gervais Live: Animals** The comedian's first stand-up tour.
11.45 **And Just Like That...** 2-4/11. Triple bill. (S2)
2.40 **to 5.00** AM **Entourage**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Classic FM Live: Great British Classics**
8.00 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Michael Flatley: Lord of the Dance – Dangerous Games**
2.45 **Hitsville: The Making of Motown** Documentary.
4.45 **Best of Landscape Artist of the Year**
5.45 **The Music of Buddy Holly and the Crickets**
7.45 **Roy Orbison Forever**
9.00 FILM **A Fistful of Dollars** Spaghetti Western starring Clint Eastwood. (1964, 15, 96min) ★★★★★
10.55 **The Directors**
11.55 **Pink Floyd: A Delicate Sound of Thunder**
2.20 AM **Pink Floyd: The Endless River**
3.25 **The Genesis Songbook**
4.45 **Classic Albums**
5.45 **to 6.00** AM **Opera North's Resonance**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: America's Front Line**
10.00 **Nothing to Declare**
11.00 **Border Security: Canada's Front Line**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed**
4.00 **Monkey Life**
5.00 **Gangs of Baboon Falls**
6.00 **Africa's Wild Horizons**
7.00 **Kalahari: Land of Secret Alliances** A group of scientists test a hypothesis related to the Kalahari's species.
8.00 **Caught on Dashcam** Road disasters captured on dashboard cameras.
9.00 FILM **The Bricklayer** Thriller starring Aaron Eckhart and Nina Dobrev. (2023, 15, 110min) ★★
11.05 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Millionaire Hot Seat** Quiz show hosted by Jeremy Clarkson.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Hayden tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **In with a Shout** The Boyle family from Middlesbrough take on the Kellys from Wales.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Come Dine with Me**
2.00 PM **A Place in the Sun**
3.00 **Our Welsh Chapel Dream** Triple bill.
6.00 **A Place in the Sun** A teacher looks for a property in Lanzarote. **7.00** A search for a holiday home in Nerja on Spain's Costa del Sol.
8.00 **Kirstie and Phil's Love It or List It** From Northumberland.
9.00 **A Woman of Substance** 1/8. Drama starring Brenda Blethyn and Jessica Reynolds. **10.00** 2/8. Emma questions whether she and Edwin can ever overcome their class differences. (S1)
11.00 **24 Hours in A&E**
12.00 M'T **Gogglebox**
2.05 AM FILM **Freaky** Horror comedy. (2020, 15, 102min) ★★★★
4.05 **to 5.00** AM **Open House: The Great Sex Experiment**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Planetquake** Sci-fi adventure starring Erica Duke. (2024, PG, 85min) ★★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **5.00** 19/26. The new head of the cartography section attracts Picard's attention. (S6)
6.00 **Star Trek: Voyager** 18/26. Janeway conducts a bizarre life-or-death trial. Guest stars Jonathan Frakes. (S2)

11.00 Planetquake

7.00 **Star Trek: Voyager** *Lifesigns:* 19/26. Romance blossoms in the *Voyager*'s sick bay.

8.00 **Star Trek: Voyager** *Investigations:* 20/26. Neelix hears that Paris plans to leave Starfleet.

9.00 **Star Trek: Voyager** *Deadlock:* 21/26. The ship stalls in a plasma cloud while trying to escape Vidiian vessels.

10.00 **Star Trek: Voyager** *Innocence:* 22/26. Tuvok is forced to protect three colonist children from a monster. (S2)
11.00 **Westworld** 6/8. Maeve has one last chance to stop Dolores. **12.10** AM 7/8. Bernard, Stubbs and William escape the chaos. **1.20** 8/8. William faces an unexpected adversary. (S3) **3.00** 1/8. Fantasy drama. **4.00** 2/8. William announces a new Delos venture. (S4)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S10)
10.00 **The Doctor Blake Mysteries**
12.00 NOON **Inspector George Gently** *The Burning Man.*
2.00 PM **Father Brown** Four episodes, including at: **5.00** *The Serpent Within:* Sullivan's dream of leaving Kembleford is scuppered when he is arrested for receiving stolen goods.
6.00 **Shakespeare & Hathaway: Private Investigators** 9/10. The duo investigate a death threat at a tennis club. (S2)

8.00 Father Brown

7.00 **Shakespeare & Hathaway: Private Investigators** 10/10. Frank and Lu make some unlikely allies. (S2)

8.00 **Father Brown** *The Invisible Friends:* Murder threatens to derail the live broadcast of an agricultural radio drama.

9.00 **Death in Paradise** *La Murder Le Diable:* 1/8. A masked man stabs a woman in her own home on New Year's Eve. (S9)

10.00 **Father Brown** *The Show Must Go On:* A production by the Kembleford Players proves dramatic in more ways than one.
11.00 **Mudtown** 4/6. Alun's money problems continue to grow, and Claire tips the scales of justice in order to keep Sonny away from her daughter. (S1)
12.00 M'T **Father Brown**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Only Fools and Horses**
1.50 PM **Only Fools and Horses** Eight episodes, including at: **5.05** Del Boy pays a stripper to attend a party at the Nag's Head with Rodney. **5.45** Del sees a chance to make a quick profit involving Denzil's redundancy money. **6.25** Christmas special of the sitcom from 1989. The Trotter brothers go on a lads' day out to Margate, but things do not turn out as expected, and they end up stranded in the seaside town overnight.

9.00 Bottom

Only Fools and Horses (started at 6.25pm)

8.20 **Only Fools and Horses** Del encounters an old flame from almost 20 years previously. Guest stars Diane Langton.

9.00 **Bottom** Eddie hatches a get-rich-quick scheme that actually works. **9.35** Richie and Eddie hear of a sure-fire way to make a lot of money on a fixed horse race.
10.15 **Only Fools and Horses** Del Boy and Rodney agree to dog-sit while Boycie and Marlene go on holiday – little suspecting what lies ahead for them. **10.55** As 5.05pm.
11.35 **Only Fools and Horses**
2.20 AM **Bottom** As 9.00pm.
3.20 **to 4.00** AM **Only Fools and Horses**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Motorhoming with Merton & Webster**
8.00 **Hairy Bikers' Best of British**
9.00 **Rick Stein's Far Eastern Odyssey** From Vietnam.
10.00 **Top Gear** Double bill.
12.00 NOON **World's Most Dangerous Roads**
2.00 PM **Motorhoming with Merton & Webster**
3.00 **Would I Lie to You?** Six editions, including at: **6.20** With Johnny Vegas, Alex Jones, Martin Lewis and Anna Maxwell-Martin.

12.00 World's Most Dangerous...

7.00 **Richard Osman's House of Games** Triple bill of editions. Babatunde Aléshé, Richie Anderson, Jo Caulfield and Carol Smillie go toe to toe, testing their general knowledge skills in a variety of trivia-based games.

9.00 **I'm Alan Partridge** Alan lands a TV job presenting a military-based quiz. **9.40** Alan accepts a large sum of money to host a corporate sales conference. **10.20** Alan is asked to present the prestigious Norfolk Bravery Awards.
11.00 **QI** Phill Jupitus, Sara Pascoe and Mark Watson take part.
11.40 **Have I Got a Bit More News for You** Stephen Mangan hosts the current affairs quiz.
12.45 AM **Would I Lie to You?**
2.00 **to 4.00** AM **We Are Not Alone**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
8.55 **Lovejoy**
12.15 PM **Father Brown**
1.15 **New Tricks**
3.55 **Jonathan Creek** *The Curious Tale of Mr Spearfish:* A man claims to have sold his soul to the Devil. Guest stars Griff Rhys Jones and Maxine Peake.
5.00 **The Marlow Murder Club** 5/6. A revered member of the sailing club is brutally bludgeoned to death. **6.00** 6/6. Kit's killer sends another violent warning. (S2)

9.00 Whitechapel

7.00 **The Brokenwood Mysteries** *Going to the Dogs:* 4/6. Mike, Kristin and Chalmers investigate the murder of a veterinary nurse, with the twin sisters the victim worked with being the prime suspects. (S9)

9.00 **Whitechapel** 5/6. Part one of two. A dangerous patient escapes from a psychiatric unit. (S3)

10.00 **The Inspector Lynley Mysteries** *In Divine Proportion:* A woman is murdered with a shotgun in rural Suffolk.
12.00 M'T **New Tricks** *Where There's Smoke:* The team reopen the case of criminal Mark Johnson, who was killed in a fire in 1996.
1.20 AM **Sister Boniface Mysteries**
2.25 **Birds of a Feather**
3.00 **to 4.00** AM **Queens of Mystery**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
9.20 **Blue Bloods** (S7)
2.00 PM **NCIS: Los Angeles** Seven episodes of the drama, including at: **6.00** *Special Delivery:* 4/25. A Marine is found murdered minus a hand. **7.00** *Standoff:* 6/25. A woman takes hostages at a navy recruitment centre. Guest stars Marisol Nichols. **8.00** *Anonymous:* 7/25. The team try to track down a group of terrorists responsible for a double murder. (S2)
9.00 **Instinct** *Go Figure:* 8/11. Dylan and Lizzie investigate the death of an Olympic-hopeful figure skater. (S2)
10.00 **Law & Order: Special Victims Unit** (S23&22)
1.45 AM **Law & Order: Criminal Intent** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Home and Away**
10.05 **Shoplifters: Caught Red Handed** Double bill.
12.05 PM **Nightmare Tenants, Slum Landlords**
4.05 **Rogue Claimers**
5.05 **FILM Miss Potter** Biopic with Renée Zellweger. (2006, PG, 93min) ★★★
7.00 **FILM From Time to Time** Fantasy starring Maggie Smith. (2009, PG, 96min) ★★★★
9.00 **FILM The Second Best Exotic Marigold Hotel** Comedy drama sequel with Dev Patel. (2015, PG, 122min) ★★★
11.25 **William & the King: Like Father, Like Son**
12.55 AM **999: Emergency Call Out** Documentary.
1.55 **Peeping Tom: The Landlord & His Secret Cameras**
3.10 **to 4.00** AM **Murder Scene: The Incident Room**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Police Interceptors**
11.15 **Motorway Cops: Catching Britain's Speeders** Five editions, including at: **1.15** PM A child is knocked off his bike by a car in Gateshead. **2.15** Sgt Dave Roberts pursues a car suspected of having cloned plates. **3.15** PC Will Hunter tries to track down a suspect.
4.10 **FILM The Naked Spur** Western starring James Stewart and Janet Leigh. (1953, PG, 91min) ★★★
6.05 **FILM Little Big Man** Offbeat Western starring Dustin Hoffman. (1970, 15, 133min) ★★★★
9.00 **FILM Brannigan** Thriller starring John Wayne and Richard Attenborough. (1975, 15, 111min) ★★★
11.20 **The X-Files** (S1)
3.20 AM **Winter Road Rescue**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **999 Rescue Squad** A car towing a caravan on the M1 rolls over. **4.00** A man vanishes after going for a swim in a Pennines lake. **5.00** A truck driver causes carnage when his vehicle rolls over. **6.00** A teenage dare leads to a massive rescue operation.
7.00 **Nurses on the Ward** Renee supports a young woman with anorexia. **8.00** Caroline treats stroke patient Maureen.
9.00 **The Catherine Tate Show** Triple bill of the comedy sketch show.
10.55 **Nurses Down Under**
11.55 **Dangerous Breed: Crime. Cons. Cats**
1.20 **to 3.00** AM **Louis Theroux: Shooting Joe Exotic**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **How to Build a Motor Car** Four editions.
12.00 NOON **Great American Railroad Journeys**
2.00 PM **Canal Boat Diaries**
4.00 **Dom Chinea's Cornish Workshop**
5.00 **Caribbean with Simon Reeve** Double bill.
7.00 **Classic Car Kings** Irv updates a 1977 Daimler Sovereign Coupe.
8.00 **Bangers & Cash** Paul, Mick and Charlie are in Hull for one of their biggest ever collections.
9.00 **Bangers & Cash: Restoring Classics** The team head for restoration in their Bedford Rascal Campervan. **10.00** A Renault Dauphine proves irresistible to the team.
11.00 **Bangers & Cash**
1.00 **to 3.00** AM **'Allo 'Allo!**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In south Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Angus finds an old painting that could be worth a fortune.
11.00 **Celebrity Yorkshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing** Triple bill, including at: **7.00** Items include a chest of drawers and a collection of file boxes.
9.00 **My Lottery Dream Home** Double bill.
10.00 **Celebrity IOU** New edition Actor Ike Barinholtz hopes to give back to someone he considers family.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Saturday

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** 19–22/22. (S9)
12.00 NOON **FILM Little House: Look Back to Yesterday** Drama. (1983, U, 90min) ★★
2.00 PM **Little House on the Prairie** Six episodes of the drama, including at: **8.00** *The Love of Johnny Johnson:* 5/25. Laura falls in love with a new boy at school who is more interested in Mary. (S1)
9.00 **The Ruth Rendell Mysteries** *The Lake of Darkness:* 7/7. A lottery winner's life is thrown into turmoil. Stars Jerome Flynn. (S4)
11.10 **FILM M*A*S*H** Director Robert Altman's comedy with Donald Sutherland and Elliott Gould. (1970, 15, 116min) ★★★★
1.40 AM **Home to Roost**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
9.40 **FILM Union Pacific** Western. (1939, PG) ★★
12.35 PM **FILM A Time for Killing** Western drama. (1968, 15, 83min) ★★
2.35 **FILM An Eye for an Eye** Western revenge drama. (1966, PG, 91min) ★★
4.35 **FILM Death of a Gunfighter** Western. (1969, PG, 100min) ★★
6.40 **FILM Two Rode Together** Western. (1961, PG, 109min) ★★★
9.00 **FILM Daylight** Thriller. (1996, 12, 114min) ★★★
11.25 **FILM Disaster Zone: Volcano in New York** Disaster drama. (2006, 12, 90min) ★★
1.35 AM **FILM Dragon Eyes** Martial arts drama. (2012, 18, 87min) ★★
3.35 **Police Ten 7**
4.15 **to 5.50** AM **FILM Hellgate** Western. (1952, b/w, PG, 87min) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Police Ten 7**
8.30 **Diagnosis Murder**
9.30 **FILM A Game of Cat and Mouse** Drama. (2019, PG, 84min) ★★
11.25 **FILM A Teagarden Mystery** (2019, PG) ★★
1.20 PM **FILM A Healthy Place to Die** Comedy. (2015, PG, 85min) ★★
3.15 **FILM Site Unseen** Drama. (2017, PG) ★★
5.10 **FILM Mystery 101: Pilot** Thriller. (2019, PG) ★★
7.05 **FILM Mystery 101: Playing Dead** Drama. (2019, PG, 90min) ★★
9.00 **FILM Heist and Seek** Drama. (2020, PG) ★★
10.55 **FILM From the Heart** Drama. (2016, PG) ★★
12.50 AM **FILM Campus Caller** Thriller. (2016, 12) ★★
2.35 **FILM My Mother's Stalker** Crime thriller. (2018, 12, 85min) ★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Wedding Season** (2023, U) ★★
10.05 **FILM The Wish Swap** Fantasy. (2025, PG) ★★
12.00 NOON **FILM Love, Again** Drama. (2015, PG) ★★★
1.55 PM **FILM The Presence of Love** Romantic drama. (2022, PG, 84min) ★★
3.50 **FILM Zoe's Having a Baby** Comedy drama. (2023, U, 90min) ★★
5.50 **FILM The Love Gala** Comedy. (2023, PG) ★★
7.50 **FILM Falling for the Manny** Romantic drama. (2023, PG, 89min) ★★
9.50 **FILM Splash of Love** Romantic comedy. (2022, U, 85min) ★★
11.40 **FILM Merry Mystery Christmas** Drama. (2023, PG, 84min) ★★
1.30 AM **FILM The Presence of Love** As 1.55pm.
3.10 **to 5.00** AM **FILM The Wish Swap** Fantasy. (2025, PG, 84min) ★★

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Our Land**
12.15 PM **Marcus Wareing's Tales from a Kitchen Garden** From Sussex.
1.00 **Love Your Garden**
5.00 **Country House Auction**
7.00 **Garden Rescue** Lee Burkhill and Flo Headlam design a garden for a young family in Winchester.
8.00 **FILM The Inglorious Bastards** Wartime thriller starring Bo Svenson and Peter Hooten. (1978, 15, 99min) ★★★
10.00 **FILM Secrets of a Door to Door Salesman** Drama with Brendan Price and Karen Boyes. (1973, 18, 80min) ★★
11.45 **FILM The World is Full of Married Men** Drama. (1979, 18, 105min) ★★
2.00 AM **FILM The Inglorious Bastards**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.30 **The Gaffer** (S1&2)
9.00 **The Fenn Street Gang**
10.00 **The Dustbinmen** (S1)
10.30 **Press Gang** (S1)
12.00 NOON **The Champions**
1.00 PM **Boon** 10/13. (S3)
2.05 **Wish Me Luck** (S3)
5.20 **The Gaffer** (S1&2)
6.50 **Agony** (S3&2)
8.20 **Boon** *Banbury Blues:* 10/13. Sheep rustlers attract attention. (S3)
9.25 **Rik Mayall Presents**
10.30 **FILM Vampire Hookers** Horror comedy starring John Carradine. (1978, 18, 95min) ★★
12.05 AM **FILM Emmanuelle in Soho** Erotic drama. (1981, 18, 68min) ★★
1.25 **Stereo Underground**
2.25 **We Had One of Those**
2.35 **Hank the Cowboy**
2.50 **Rewind Time Machine**
2.55 **Rik Mayall Presents**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

158 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Outback Crystal Hunters** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive** A woman who dealt with trauma by relentlessly shopping and hoarding. **8.00** A woman's collection of junk in a two-bed bungalow.
9.00 **Paranormal: Caught on Camera** A mysterious entity is spotted in the Irish countryside.
10.00 **Ghost Adventures** The crew investigate the Roxie Theatre in downtown Los Angeles. **11.00** A paranormal investigation of an abandoned LA mansion.
12.00 M'T **Paranormal: Caught on Camera**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
1.00 PM **James Martin's French Adventure**
3.00 **The Hairy Bikers' Comfort Food**
7.00 **Man v Food** Double bill.
8.00 **Adam Richman Eats Italy** Adam's in Bari tasting the iconic foods named after this city. **8.30** Adam samples iconic dishes in Rome.
9.00 **Diners, Drive-Ins and Dives** New editions Guy Fieri gets into major flavour with bagels in Gainesville, and crawfish and oysters in Baton Rouge. **9.30** Guy digs into big-time barbecue in Dallas, and tries a Cubano in Gainesville.
10.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Riddles of the Sphinx** Action adventure. (2008, 12, 89min) ★★
9.00 **The Invaders** (S2)
2.00 PM **FILM Dakota Incident** Western. (1956, PG, 88min) ★★
3.50 **FILM The Savage** Western adventure. (1952, U, 90min) ★★
5.45 **FILM Jules Verne's Rocket to the Moon** Sci-fi period comedy starring Burl Ives. (1967, U, 115min) ★★
8.00 **The Twilight Zone** (S5)
9.00 **FILM Safe House** Thriller starring Ryan Reynolds. (2012, 15, 110min) ★★★
11.15 **FILM Faster** Thriller with Dwayne Johnson. (2010, 15, 97min) ★★★
1.15 AM **FILM We Still Steal the Old Way** Prison drama with Ian Ogilvy. (2017, 18, 90min) ★
3.10 **to 5.00** AM **FILM Freight** Action thriller. (2010, 18, 90min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **FILM The Virginian** Western adventure. (2014, 12, 90min) ★★
12.00 NOON **FILM Age of the Dragons** Action fantasy. (2010, 12, 90min) ★
2.00 PM **FILM Mega Shark vs Kolossus** Fantasy starring Illeana Douglas. (2015, 12, 90min) ★
4.00 **The Lost World** (S2)
9.00 **FILM In the Line of Fire** Crime thriller starring Clint Eastwood and John Malkovich. (1993, 15, 127min) ★★★★
11.30 **FILM American Siege** Thriller with Bruce Willis. (2021, 15, 91min) ★★
1.20 AM **FILM Paydirt** Crime thriller with Val Kilmer. (2020, 15, 86min) ★
3.05 **FILM Angel and the Bad Man** Western. (2009, PG, 95min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Hardcore Pawn**
8.20 **Pawn Stars**
10.10 **Ancient Aliens**
11.10 **UFO POV**
1.05 PM **The Proof Is Out There** Double bill.
3.05 **What on Earth?**
6.00 **History's Greatest Mysteries** An ancient mechanical device. **7.00** How Blackbeard's hoard remains missing. **8.00** Egypt's pyramids.
9.00 **Monster Aliens** New edition Investigating monster tales told throughout history.
10.00 **UFO POV** New edition What UFOs might see from their perspective.
11.00 **Alien Contact: The Pascagoula UFO Encounter**
12.40 AM **UFOs: The White House Files**
1.35 **Alien Disclosure Files**
2.00 **Monster Aliens**
3.00 **to 6.00** AM **Alien Files: Unsealed**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **5.00** *Unwilling Witness:* Jessica testifies in court. **6.00** *Kendo Killing:* A motorcyclist runs into danger in Japan.
7.00 **Abandoned Engineering** The story behind the castle-like Mansfield Prison.
8.00 **Battle Front: WWII Road to Victory** The British forces' advance through Burma in 1944. **8.30** An insight into the Allies' invasion of the island of Sicily.
9.00 **Battle of the Atlantic** Examining the threat from German U-boats during World War Two. **10.00** The intelligence war against U-boats. **11.00** The destruction of the German U-boat fleet.
12.00 M'T **Wentworth Prison**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Nigel Havers, Dave Gorman, Melinda Messenger and Michelle Hardwick take part. **6.00** Ellie Taylor Harry Redknapp, Anthony Crolla and Susie Dent compete for charity.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** With Matthew Wright, Suzi Perry, Ian 'H' Watkins and Crissy Rock.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
1.00 PM **The Big Bang Theory** Sixteen episodes, including at: **8.00** 2/24. Sheldon tries to extend his lifespan. **8.30** 3/24. Sheldon searches for an alternative to human companionship. (S4)
9.00 **Mock the Week**
10.00 **FILM Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold and John Ashton. (1984, 15, 105min) ★★★★
12.00 M'T **Young Sheldon**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Stupid Central**
9.00 **Friends** (S4&5)
3.00 PM **FILM Beethoven** Comedy starring Charles Grodin and Bonnie Hunt. (1992, U, 87min) ★★★
4.40 **Friends** 4–8/24. (S5)
7.55 **Friends** 10/24. Ross turns to Joey for advice. **8.30** 11/24. The pals make New Year's resolutions. (S5)
9.00 **FILM Bad Moms** Comedy with Mila Kunis. (2016, 15, 96min) ★★★
11.00 **Lee Evans: XL Tour**
12.00 M'T **8 Out of 10 Cats**
1.40 AM **Whose Line Is It Anyway? USA**
2.10 **Jimmy Carr's Am I the A**hole?**
3.05 **Iain Stirling's Roast the Internet**
3.50 **Everybody Loves Raymond** 2/24. (S6)
4.15 **to 5.00** AM **Comedy Game Night**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S5)
7.00 **Teleshopping**
9.00 **Friends** 6/24. (S5)
9.30 **Michael McIntyre's Big Show** With Olly Murs.
10.30 **Everybody Loves Raymond** (S5)
3.00 PM **Friends** 7–9/24. (S5)
4.30 **Everybody Loves Raymond** (S5)
8.00 **Michael McIntyre's Big Show** With Olly Murs.
9.00 **Friends** 10/24. Ross turns to Joey for advice. **9.30** 11/24. The pals announce their New Year's resolutions. **10.00** 12/24. Chandler starts to annoy Monica. **10.30** 13/24. Phoebe meets her father. (S5)
11.00 **Friends** 14–19/24. (S5)
2.00 AM **New Girl** (S3)
3.00 **South Park** (S14)
4.30 **Iain Stirling's Roast the Internet**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.15 **On the Buses** 2/6. (S2)
8.45 **Oh, Doctor Beeching!**
11.10 **Birds of a Feather**
4.15 PM **Man About the House** (S5&6)
7.55 **Minder** 5/13. Arthur has a female admirer. (S8)
9.00 **Benidorm** 2/7. Kenneth holds a seance to contact his mother. (S7)
9.55 **Shameless** 14/16. Mandy helps Tom search for his real mother. (S5)
10.55 **Man About the House**
11.25 **Rising Damp** 7/8. (S2)
12.00 M'T **Benidorm** 2/7. (S7)
12.55 AM **Minder** 2/13. (S2)
2.00 **Till Death Us Do Part**
2.30 **Man About the House**
2.50 **Duty Free** 2/7. (S3)
3.15 **The Osbournes** (S2)
3.35 **That's 60s: Best Music Live!**
4.00 **Nearest and Dearest**
5.05 **to 6.00** AM **Byways of Steam**

MTV

126/127 137 134 351 366

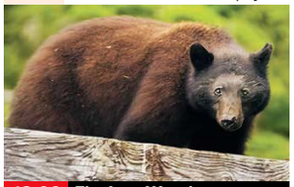
6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom 3**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **8.00** Solana prepares to meet her online match.
9.00 **True Life Crime UK** Focusing on the case of Jodie Wilkinson, who was stabbed to death in 2016 in Newcastle surrounded by witnesses.
10.00 **FILM Salt** Action thriller starring Angelina Jolie and Liev Schreiber. (2010, 12, 99min) ★★★
12.00 M'T **Celebrity Ex on the Beach** Reality series.
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Expedition X**
12.00 NOON **The Last Woodsmen** Jared moves into an abandoned logging camp. **1.00** PM Jared fights to keep his business afloat. **2.00** Jared moves valuable timber down a dangerous river. **3.00** Dave braves the deadly waters of Grizzly River. **4.00** Jared races to save as many logs as he can. **5.00** Wildfires threaten to turn Jared's inventory to ash.
6.00 **Gold Rush** Parker tries to get all of the Golden Mile's paydirt.



12.00 The Last Woodsmen

7.00 **Scrapyard Dynasty** With help from his family and staff members, Terry tries to find his next money-making scheme.
8.00 **Maine Cabin Masters** Chase Morrill and his team tackle a 1930s island cabin with major rot issues in six weeks.
9.00 **Ed Stafford's Rite of Passage** In Mongolia, Ed must wrestle the giant heirs of Genghis Khan to become a man.
10.00 **Expedition Unknown** Josh Gates braves Nicaragua's croc-infested waters and snake-filled jungle to find the *Orus*.
11.00 **Expedition Files** Investigating whether the CIA's mind-control experiments killed one of their own, and who was behind the theft of a $160m painting.
12.00 M'T **Moonshiners**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A cat that marks nearly everything in a woman's house. **4.00** A woman whose cat has not used a litter box in years.
5.00 **Treehouse Masters**
6.00 **The Gamechangers: Inventing the World** Two teams compete to demonstrate the future of electric vehicles.

7.00 How Do Animals Do That

7.00 **How Do Animals Do That?** A look into why tigers are orange. **7.30** What dogs see when they watch TV.
8.00 **Extinct or Alive** In Indonesia, Forrest Galante seeks the Miller's grizzled langur, also known as the Dracula monkey.
9.00 **Alaskan Bush People** Poor weather becomes the least of the Browns' issues when the *Integrity* becomes stranded.
10.00 **Tanked** The pressure is on the team to finish transforming actor Tracy Morgan's pool house into a shark aquarium.
11.00 **Alaska: The Last Frontier** Otto surveys the condition of his rusting barge following a harsh winter in drydock.
12.00 M'T **Edge of Alaska**
2.00 AM **Expedition Bigfoot**
3.00 **Swimming: Phelps v Shark**
4.00 **to 5.00** AM **How Do Animals Do That?**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Construction Fails**
9.00 **Car S.O.S** Triple bill.
12.00 NOON **Europe from Above**
1.00 PM **Shipwreck Graveyard**
2.00 **Rise and Fall of the Mayas**
4.00 **Saxon Gold: New Secrets Revealed** The discovery of Anglo-Saxon treasure in Staffordshire in July 2009.
5.00 **Air Crash Investigation** Experts investigate why Air Florida Flight 90 plunged into a Washington river. **6.00** A private jet must land in heavy snow and a tight curfew.

5.00 Air Crash Investigation

7.00 **World War II: Secrets from Above** The Battle of Britain from a unique aerial perspective.
8.00 **World War II: The Apocalypse** How Jewish and Polish prisoners were forced into slave labour in Nazi-occupied France.
9.00 **World War II: The Apocalypse** Footage of battles in Asia, and the implementation of the Final Solution by the Nazis.
10.00 **Hitler's Secret Underground Factory** Documenting the story of the revolutionary Messerschmitt ME 262.
11.00 **Area 51: I Was There** Insiders reveal the work carried out at the Nevada military base.
12.00 M'T **Air Crash Investigation** A plane that crashed into a seawall in San Francisco.
1.00 AM **Air Crash Investigation**
3.00 **to 5.00** AM AM **Toronto Airport Uncovered**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens: Origins**
8.00 **Mountain Men**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars** Six editions.
2.00 PM **Unsung Heroes of Waterloo** Documentary.
3.00 **Digging for Britain**
5.00 **Britain's X Files** How two cousins produced photographs of fairies that enchanted the world, until decades later, their trick was exposed.
6.00 **Great British Castle Rescue** Rick Edwards heads to Fyvie Castle in Scotland.

9.00 Mengele Unveiled

7.00 **Secrets of the Lost Liners** The *Normandie*, which was set alight while being converted for use as a troopship.
8.00 **Secrets of the Lost Liners** The *Queen Elizabeth*, which came to an undignified end in Hong Kong Harbour.
9.00 **Mengele Unveiled** An analysis of Josef Mengele's life, exposing the false narratives about the 'Angel of Death' and focusing on the horrific truth of his crimes. **10.10** The connection between Nazism and the German academic system.
11.20 **Mengele Unveiled** An analysis of the crimes of German officer and physician Josef Mengele.
12.30 AM **Storage Wars** Brandi and Jarrod bring an old friend along to do some heavy lifting.
1.00 **Evidence of the Unexplained**
4.00 **Great British Castle Rescue**
5.00 **to 6.00** AM **Secrets of the Lost Liners**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Nicolas Cage**
7.00 **Discovering: Jeremy Irons**
8.00 **The Directors**
9.00 **Laurel and Hardy: Their Lives and Magic**
11.00 **McEnroe** Documentary.
1.00 PM **The Apollo**
3.00 **Faye** The life and career of actor Faye Dunaway.
4.50 **My Icon: Heather Watson**
5.00 **Elizabeth Taylor: The Lost Tapes** A profile of the actor told through audio tapes discovered in the archive of journalist Richard Meryman.

9.00 Come Inside My Mind

7.00 **I'm Chevy Chase and You're Not** A profile of the actor and comedian, who rose to fame on *Saturday Night Live* before becoming a film star in the 1980s, but whose career declined amid reports of difficult behaviour.
9.00 **FILM Robin Williams: Come Inside My Mind** A portrait of the life and work of the comedian and actor, featuring previously unseen footage and interviews with those closest to him. (2018, 12, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **I Am Richard Pryor** A tribute to the comedian and actor.
1.10 AM **Meth Storm** An examination of the impact that methamphetamine addiction has in a rural Arkansas community.
3.00 **Rock and a Hard Place**
4.40 **My Icon: Kate and Helen Richardson-Walsh**
5.00 **to 6.00** AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried**
4.00 **Shed and Buried: Classic Cars** Triple bill.
7.00 **Richard Hammond's Workshop** The Cogs bid for car-show glory with a pick-up truck.
8.00 **The Repair Shop** Metalwork expert Dominic restores an incredible 100-year-old banana barrow. **9.00** The experts repair a lawnmower and a belt.
10.00 **The Yorkshire Auction House** Angus Ashworth sells the treasures of an Abbey to fund the monks' retirement.
11.00 **Outback Opal Hunters**
12.00 M'T **Aussie Gold Hunters: Mine SOS**
1.00 AM **Ancient Unexplained Files**
3.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Faking It: Tears of a Crime** A man's deception following the Manchester Arena terror attack.
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Murder in the Heartland** Five editions of the series, including at: **8.00** The murder of a elderly woman in Ohio.
9.00 **The Friday the 13th Murders** New edition A young woman vanishes into a patrol car.
10.00 **Killer Confessions: Case Files of a Texas Ranger** New edition As a hurricane hits Houston, a mother disappears.
11.00 **The Murder of Caroline Crouch: A Faking It Special**
12.00 M'T **American Monster**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Forensic Factor** Near Hamilton, Ontario, a jogger makes a gruesome discovery.. **7.00** A sniper targets abortion doctors. **8.00** A series of fires rip through California's San Joaquin Valley.
9.00 **Murder in Mind** The case of Lori Isenberg, who poisoned her husband, but told officers he had drowned. **10.00** The crimes of Bryan Whitelock, who was sentenced to life in prison with no parole. **11.00** How veterinarian Dr Steven Milner's obsession led to murder.
12.00 M'T **Judge Judy**
4.35 AM **Facing Evil**
4.55 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
10.45 **Teleshopping**
11.00 **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **Murder by the Sea**
4.00 **Murder: Point of Contact** The 2014 case of 18-year-old college student Jamil Palmer, who was found fatally stabbed in Hounslow. **5.00** The 1993 case of Stephen Lawrence, who was stabbed twice while waiting for a bus.
6.00 **Judge Judy** Back-to-back cases, including at: **9.45** When cousins go into business together, their first delivery attempt ends badly. **10.10** Two young boys are accused of bullying a four-year-old.
10.35 **Judge Judy**
2.00 AM **Murder: Point of Contact** Double bill.
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **A1: Britain's Longest Road** Double bill.
9.00 **Caught on Dashcam**
10.00 **Police 24/7** Triple bill.
1.00 PM **Mommy Dead and Dearest: The Story of Dee Dee** Documentary
2.40 **Killer in My Village**
4.50 **Britain's Most Evil Killers** Double bill.
7.00 **Forensics: Catching the Killer** Focusing on the case of Carol Park.
8.00 **There's Something Wrong with Aunt Diane** A woman who caused a tragic accident by driving the wrong direction on a motorway.
10.00 **I'll Be Gone in the Dark**
1.30 AM **World's Most Evil Killers** Edward Covington.
2.30 **The Real CSI: Miami**
3.30 **Murder Uncut**
4.30 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Egypt's Darkest Hour**
10.30 **Ancient Egypt: Life and Death in the Valley of the Kings**
1.00 PM **Immortal Egypt with Joann Fletcher**
6.10 **Alexandria: The Greatest City** The history of the ancient city.
7.10 **Egypt's Darkest Hour** 1/2. A mass grave dating to the fall of the Egyptian Empire. **8.05** 2/2. The Tomb of the Warriors near Luxor.
9.10 **Ancient Egypt: Life and Death in the Valley of the Kings** 1/2. The lives of ordinary Egyptian citizens 3,500 years ago. **10.30** 2/2. Examining the Ancient Egyptian attitude to death.
12.00 M'T **Alexandria: The Greatest City**
1.05 **to 2.00** AM **Weathered: Earth's Extremes**

SATURDAY

Saturday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Dogs with Extraordinary Jobs** Scent detectives.
7.00 **Survival of the Beast**
8.00 **Undiscovered Vistas**
9.00 **Volcanic Odysseys**
10.00 **Invisible River: Under Water Between the Black Forest and the Vosges** Documentary.
11.00 **Leopard Dynasty: The Rise of Rana** Documentary.
12.00 NOON **Extraordinary Animals**
1.00 PM **My Best Friend's an Animal**
2.00 **Secret Life of the Tasmanian Devil** 1&2/2. Double bill.
4.00 **Nature's Dress Code: Who Wears What and Why?**
5.00 **David Attenborough's Kingdom of Plants**
8.00 **Pride Rules**
9.00 **Predators**
10.00 **Attack and Defend**
12.00 M'T **Pride Rules**
1.00 AM **Predators**
2.00 **NEW Tusker: Brotherhood of Elephants** Elephant bulls in Mount Kilimanjaro and Amboseli.
3.00 **Nature's Dress Code: Who Wears What and Why?**
4.00 **to 6.00** AM **Waterworld Africa**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Trains** Triple bill.
11.00 **Inside the Tower of London**
1.00 PM **Al Murray: Why Do the Brits Win Every War?**
2.00 **Ancient Aliens** Double bill.
4.00 **The Lost Women Spies**
5.00 **The Secret Nazi Expeditions**
6.00 **WWII's Most Daring Raids**
7.00 **Clash of the Gods** A look into the legend of Thor.
8.00 The story of Beowulf, the legendary Anglo-Saxon warrior.
9.00 **The Sound and the Fury** The fall of Germany at Stalingrad.
10.00 **WWII Battles in Colour** Life on the battlefield of El Alamein.
11.00 **Ancient Aliens** Whether alleged stargates have brought ancient aliens to Earth.
12.00 M'T Examining the belief that gifted children may have been born from ancient aliens.
1.00 AM **The Nostradamus Effect**
3.00 **The Abyss: Rise & Fall of the Nazis** Documentary.
4.00 **Strangest Things**
5.00 **to 6.00** AM **The Secret Nazi Expeditions**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How It's Made: Dream Cars** Four editions.
2.00 PM **How the Universe Works**
4.00 **NASA's Unexplained Files**
6.00 **How It's Made** Four editions.
8.00 **Alien Highway** A series of strange animal deaths and UFO sightings brings Chuck Zukowski and the team to Colorado.
9.00 Chuck receives a map supposedly leading to a hidden cache of recovered materials from the Roswell incident.
10.00 **The Alaska Triangle** Experts examine the possibility of an interdimensional portal in the Alaska Triangle.
11.00 Investigating a string of disappearances and mutilations in Alaska.
12.00 M'T **Expedition Bigfoot**
2.00 AM **Unexplained and Unexplored** Double bill.
4.00 **to 6.00** AM **How It's Made: Dream Cars**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam**
3.40 PM **My Strange Arrest**
5.00 **Buried in the Backyard**
6.00 **Accident, Suicide or Murder?** A navy officer succumbs to an illness after months at sea.
7.00 A devoted husband confesses to shooting his wife.
8.00 **Killer Grannies** A wishing well hides buried secrets.
9.00 **Laura Whitmore on Britain's Killer Teens** Logan MacPhail.
10.00 **Ross Kemp: Lost Boys, Deadly Men** Claims that Andrew Tate's content drove the 2024 Hunt murders.
11.00 **Predator Files** An undercover sting exposes online predators.
11.30 A manipulative predator targets a 12-year-old decoy.
12.00 M'T **I Am a Stalker**
1.00 AM **Ozark Law**
2.00 **Hometown Tragedy**
3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1hour 256 333

WILD

165 145 182

8.00 AM **Animal Fight Club**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Paradise Islands**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Heartland Docs** A bald eagle has a wounded leg.
8.00 **Secrets of the Zoo** The staff prepare a home for an orphaned baby gorilla, and try to work out why a flamingo has lost its voice.
9.00 The staff anxiously await the zoo's first giraffe birth in more than 20 years.
10.00 **Dolphins Up Close with Bertie Gregory** The nature film-maker searches for a superpod of spinner dolphins.
11.00 **Snakes in the City** Simon and Siouxsie deal with a black mamba trapped on a roof.
12.00 M'T **Life Below Zero: First Alaskans** Double bill.
2.00 AM **Last of the Giants: Wild Fish** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** Examining how Earth's solar system was formed, and speculating on whether it will cease to exist.
7.00 The wide variety of planets that make up the universe, from burning gas spheres to icy orphaned worlds.
8.00 Exploring the 300 moons within the solar system.
9.00 **Bullet Points** How the United States' confrontation with two communist giants in the Far East opened the way for a free and democratic South Korea.
10.00 Examining why the war in Vietnam went on for 12 years.
11.00 The processes of the Gulf War in 1990 and 1991.
12.00 M'T **Maritime Masters: Expedition Antarctica**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Upstairs Downstairs**
1.00 PM **Upstairs Downstairs** 1/3. Drama starring Ed Stoppard and Keeley Hawes.
2.20 2/3. Lady Agnes discovers she is pregnant.
3.40 3/3. Lady Persie pursues her political interests with little regard to her family. (S1)
5.00 **The Two Ronnies**
7.10 **The Two Ronnies** Including a sketch that shows how much confusion can be caused by eavesdropping on conversations.
7.50 Randy Crawford provides the music, while Messrs Corbett and Barker each perform a monologue – the latter on behalf of sufferers of 'pismonunciation.'
8.30 Including music by Elkie Brooks and an instalment of *The Worm That Turned*.
9.30 The final instalment of *The Worm That Turned*.
10.35 **The Two Ronnies**
4.15 **Upstairs Downstairs**
5.20 **to 6.00** AM **The Two Ronnies**

+1hour 266 376

ID

154 140 166

8.00 AM **Betrayed** Double bill.
10.00 **Breaking Homicide**
12.00 NOON **Broken Trust**
2.00 PM **Evil Lives Here**
4.00 **Disappeared** Double bill.
6.00 **American Monster** The fatal shooting of 20-year-old Dustin Wehde, which occurred in rural Iowa in December 2001.
7.00 The murder of 78-year-old Jean Schwarzkopf.
8.00 **Betrayed** The murder of Yelena Zakin, whose life was upturned by her husband's interest in his secretary.
9.00 **Married to Evil** Maria's world shatters when her husband Joel starts an affair.
10.00 **Who the (Bleep) Did I Marry?** When Melanie marries James Addie, she's unaware that he leads a double life that one day will lead to a murder.
11.00 **Love, Honor, Betray**
12.00 M'T **Seduced to Slay**
2.00 AM **Where Murder Lies**
4.00 **to 6.00** AM **Til Death Do Us Part**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Kindig Customs**
10.00 **Three Men Four Wheels**
11.00 **Bad Chad Customs**
12.00 NOON **Outback Truckers**
5.00 PM **Texas Metal** Triple bill of the series, including at:
7.00 The team give a 1972 'Cuda's interior a modern redux.
8.00 **Garage Squad** The team get a family man's 1989 Camaro RS back up and running again.
9.00 Two Chevy pick-up trucks need a lot of work to get back on the road.
10.00 The squad raise a classic 1971 Firebird from the ashes for the first time in over 15 years.
11.00 **Shed and Buried** Henry and Sam discover something of interest in a Worcestershire field.
11.30 The duo view a collection of Triumph motorcycles.
12.00 M'T Henry and Sam visit a shop hoping to sell a bike.
12.30 AM Henry and Sam visit a collector of military gear and Americana.
1.00 **to 4.00** AM **Kindig Customs**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.25 AM **Pets on a Train** Animation. (2025, PG, 87min) ★★★
9.00 **PREMIERE Sketch** (2025)
10.35 **Materialists** As 8.00pm.
12.35 PM **Adulthood** Black comedy. (2025, 15, 97min) ★★★
2.20 **Jurassic World: Rebirth**
4.40 **Icefall** Thriller starring Joel Kinnaman. (2025, 15, 95min)
6.20 **PREMIERE Sketch** Fantasy adventure starring Tony Hale. (2025, 12, 93min) ★★★★
See review, page 22.

6.20 Sketch

8.00 Materialists Romantic comedy starring Dakota Johnson, Chris Evans and Pedro Pascal. A highly successful professional matchmaker finds herself torn between the perfect match and her imperfect ex. With Zoë Winters. (2025, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Jurassic World: Rebirth Adventure starring Scarlett Johansson. A crack team infiltrate an island to collect the DNA of three key dinosaur species. (2025, 12, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **I Know What You Did Last Summer** Horror reboot. (2025, 15, 119min) ★★★
2.15 **Bring Her Back** Thriller. (2025, 18, 104min) ★★★★
4.05 **The Gentleman** Thriller. (2025, 15, 89min) ★★
5.45 **to 7.25** AM **One More Shot** Comedy with Emily Browning. (2025, 15, 88min) ★★★

Sky Cinema Beverly Hills

303 303 403 503 517

6.00 AM **Beverly Hills Cop** (1984)
8.00 **Beverly Hills Cop II** (1987)
10.00 **Beverly Hills Cop 3** (1994)
12.00 NOON **Beverly Hills Cop**
2.00 PM **Beverly Hills Cop II**
4.00 **Beverly Hills Cop 3** (1994)
6.00 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold. (1984, 15, 105min) ★★★★

6.00 Beverly Hills Cop

8.00 Beverly Hills Cop II Comedy thriller sequel starring Eddie Murphy as detective Axel Foley on the trail of a gang led by a six-foot blonde. With Brigitte Nielsen. (1987, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Beverly Hills Cop 3 Comedy thriller sequel starring Eddie Murphy and Judge Reinhold. Street-smart cop Axel Foley traces a cop killer to his old Beverly Hills stomping ground, where he discovers that LA's Wonder World theme park is being used as a front for criminal activities. With Hector Elizondo. (1994, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Beverly Hills Cop** As 6.00pm.
1.20 AM **Beverly Hills Cop II**
3.05 **Beverly Hills Cop 3** (1994)
5.00 **to 6.55** AM **Beverly Hills Cop**

Sky Cinema Drama

310 310 410 510 524

7.00 AM **Terms of Endearment** Oscar-winning comedy drama. (1983, 15, 132min) ★★★★★
9.15 **An Officer and a Gentleman** Romantic drama with Richard Gere. (1981, 15, 125min) ★★★★
11.25 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
1.45 PM **The Boy in the Striped Pyjamas** Wartime drama. (2008, 12, 94min) ★★★★
3.25 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. (2025, 15, 148min) ★★★★★
6.00 **The Post** Steven Spielberg's fact-based drama starring Meryl Streep and Tom Hanks. (2017, 12, 113min) ★★★★
8.00 **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★
10.30 **Do the Right Thing** Spike Lee's controversial comedy drama with Danny Aiello and Rosie Perez. (1989, 15, 120min) ★★★★★
12.35 AM **Anora** Comedy drama. (2024, 18, 139min) ★★★★★
2.55 **Molly's Game** Biographical drama. (2017, 15, 137min) ★★★★
5.15 **Cinema List: Risky Romance**
5.30 **to 7.15** AM **Peggy Sue Got Married** Romantic comedy. (1986, 15, 104min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **Cuckoo** As 1.35am.
8.35 **Westworld** Sci-fi Western. (1973, 15, 89min) ★★★★
10.10 **The Damned** As 3.20am.
11.45 **Arrival** Drama with Amy Adams. (2016, 12, 116min) ★★★★★
1.45 PM **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
3.40 **After Earth** Sci-fi adventure starring Will and Jaden Smith. (2013, 12, 98min) ★★
5.35 **Ready Player One** Fantasy adventure starring Tye Sheridan. (2018, 12, 140min) ★★★★
8.00 **Sinners** Horror starring Michael B Jordan. Twin brothers return to their hometown, and find a dark force waiting to welcome them. (2025, 15, 132min) ★★★★
10.20 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
11.55 **The Ritual** Horror starring Rafe Spall. (2017, 15, 94min) ★★★
1.35 AM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
3.20 **The Damned** Horror mystery. (2024, 15, 89min) ★★★★
4.55 **to 6.30** AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.10 AM **The Mountain** (2024)
7.45 **The Portable Door** (2023)
9.45 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★
11.20 **Despicable Me 4** (2024) ★★★
1.00 PM **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
2.40 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
4.20 **Shrek the Third** Animated sequel. (2007, U) ★★★★
6.00 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★

1.00 Shrek

7.50 The Hobbit: An Unexpected Journey Peter Jackson's epic fantasy adventure starring Martin Freeman and Ian McKellen. Home-loving hobbit Bilbo Baggins joins a company of dwarves on a perilous quest to reclaim their lost kingdom. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 Charlie and the Chocolate Factory Tim Burton's fantasy based on Roald Dahl's children's story, starring Johnny Depp, Freddie Highmore, David Kelly and Helena Bonham Carter. (2005, PG, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Stardust** Fantasy starring Claire Danes and Charlie Cox. (2007, PG, 127min) ★★★★
3.00 **Friend or Foe** Family drama. (1981, U, 70min) ★★★
4.25 **to 6.15** AM **Blueback** Drama. (2022, PG, 102min) ★★★

Sky Cinema Action

307 307 407 507 521

7.35 AM **Fast & Furious** Thriller sequel. (2009, 12) ★★★
9.25 **Venom** (2018, 15) ★★★
11.20 **Venom: Let There Be Carnage** Fantasy sequel. (2021, 15, 97min) ★★★
1.00 PM **The Lost World: Jurassic Park** Action adventure sequel. (1997, PG, 129min) ★★★
3.15 **The Patriot** Epic drama. (2000, 15, 167min) ★★★
6.00 **Bumblebee** Fantasy prequel. (2018, PG, 114min) ★★★★

6.00 Bumblebee

8.00 Jurassic Park III Thriller sequel starring Sam Neill and William H Macy. A palaeontologist gets stranded on an island containing genetically engineered dinosaurs. (2001, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Batman Tim Burton's comic-book adventure starring Michael Keaton and Jack Nicholson. Gotham City's mysterious black-cloaked vigilante tackles a psychotic villain known as The Joker. With Kim Basinger. (1989, 15, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's action adventure with Harrison Ford. (2008, 12, 122min) ★★★
2.05 AM **Shooter** Action thriller. (2007, 15, 125min) ★★★★
4.20 **to 6.20** AM **Rampage** Fantasy. (2018, 12, 107min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.05 AM **Uncle Buck** Comedy. (1989, 12, 94min) ★★★
7.50 **Ace Ventura Pet Detective**
9.20 **Ace Ventura: When Nature...**
11.00 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
12.45 PM **Dumb and Dumber** Comedy. (1994, 12) ★★★
2.35 **White Chicks** (2004, 15) ★
4.35 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
6.15 **Team America: World Police** Comedy. (2004, 15) ★★★★

6.15 Team America

8.00 American Pie Comedy starring Jason Biggs. A group of teenage friends pledge to lose their virginity before the school prom – which is only three weeks away. (1999, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Ace Ventura Pet Detective Comedy starring Jim Carrey as a Miami private detective who specialises in tracking down lost pets. With Courteney Cox. (1993, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 Ace Ventura: When Nature Calls Comedy sequel. (1995, PG, 89min) ★★★
1.00 AM **Jackass: The Movie** Comedy. (2002, 18, 87min) ★
2.30 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
4.10 **The Cinema List: Bingeable**
4.40 **to 6.25** AM **Jackass Presents: Bad Grandpa** Comedy. (2013, 15, 92min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Every Breath You Take** Thriller. (2021, 15) ★★★
8.00 **Speak No Evil** (2024) ★★★★
10.05 **Dirty Harry** Crime thriller. (1971, 15, 103min) ★★★★★
12.00 NOON **Lethal Weapon** Thriller. (1987, 15, 110min) ★★★★
2.00 PM **Lethal Weapon 2** Thriller sequel. (1989, 15) ★★★★
4.00 **Lethal Weapon 3** Thriller sequel. (1992, 15, 118min) ★★
6.00 **Safe House** Action thriller. (2012, 15, 110min) ★★★

8.00 Captain Phillips

8.00 Captain Phillips Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Fatal Attraction Adrian Lyne's thriller about a married man whose one-night stand won't leave him alone. Stars Michael Douglas, Glenn Close and Anne Archer. (1987, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Lethal Weapon 3** (1992)
2.25 **Sleepers** Fact-based drama with Kevin Bacon, Brad Pitt, Jason Patric and Robert De Niro. (1996, 18, 146min) ★★★
5.00 **to 6.45** AM **The Last Stop in Yuma County** Crime thriller starring Jim Cummings. (2023, 95, 90min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Annie** Musical remake. (2014, PG, 115min) ★★★
1.20 PM **The Longest Day** World War Two action drama. (1962, b/w, PG, 182min) ★★★★
5.05 **Made in Italy** Comedy drama starring Liam Neeson. (2020, 15, 94min) ★★★
6.55 **Ticket to Paradise** Romantic comedy starring George Clooney and Julia Roberts. (2022, 12, 104min) ★★★

6.55 Ticket to Paradise

Ticket to Paradise (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Erin Brockovich Fact-based drama starring Julia Roberts as a single mother who takes a job in a law firm and becomes an unlikely environmental crusader. With Albert Finney and Aaron Eckhart. (2000, 15, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.40 The Hunt Horror starring Betty Gilpin, Hilary Swank and Emma Roberts. A group of elites gather for the first time at a remote manor house to hunt ordinary Americans for sport. (2019, 15, 90min) ★★★
1.25 **to 3.20** AM **American Refugee** Dystopian horror starring Erika Alexander. (2021, 15, 94min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Award Season

302 302 402 502 516

7.20 AM **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
10.10 **Inception** Christopher Nolan's thriller with Leonardo DiCaprio. (2010, 12, 148min) ★★★★★
12.40 PM **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★
2.35 **Jaws** Steven Spielberg's thriller starring Roy Scheider. (1975, 12, 125min) ★★★★★
4.40 **Jurassic World: Rebirth** Fantasy action adventure starring Scarlett Johansson. (2025, 12, 133min) ★★★
7.00 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure starring Elijah Wood and Viggo Mortensen. (2001, PG, 178min) ★★★★★
10.00 **The Lord of the Rings: The Two Towers** Fantasy adventure starring Elijah Wood, Ian McKellen and Viggo Mortensen. (2002, 12, 179min) ★★★★★
1.00 AM **The Lord of the Rings: The Return of the King** Epic fantasy adventure starring Elijah Wood and Ian McKellen. (2003, 12, 201min) ★★★★★
4.20 **to 6.35** AM **Darkest Hour** Biopic starring Gary Oldman. (2017, PG, 122min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.15 AM **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
9.40 **In & Out** Comedy with Kevin Kline. (1997, 12, 91min) ★★★
11.15 **The Golden Child** Adventure. (1986, PG, 93min) ★★
12.50 PM **Police Academy** Comedy. (1984, 15, 95min) ★★★
2.40 **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★
4.20 **Police Academy 3: Back in Training** Crime comedy sequel. (1986, PG, 82min) ★
6.00 **Raiders of the Lost Ark** Steven Spielberg's adventure starring Harrison Ford and Karen Allen. (1981, PG, 115min) ★★★★★
8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
12.10 AM **Pet Sematary** Supernatural thriller. (1989, 18, 103min) ★★★
1.55 **Interview with the Vampire** Gothic horror with Tom Cruise. (1994, 18, 122min) ★★★★
4.00 **Sky Cinema Preview**
4.40 **to 6.40** AM **Mars Attacks!** Sci-fi spoof. (1996, 12, 106min) ★★★★

Sky Cinema Animation

305 305 405 500 514

7.15 AM **The Ogglies** As 10.40pm.
8.55 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
10.45 **Angry Birds Movie 2** Animated sequel. (2019, U, 93min) ★★★
12.35 PM **Monsters vs Aliens** Animated sci-fi monster movie. (2009, PG, 90min) ★★★
2.20 **Madagascar: Escape 2 Africa** Animated adventure sequel. (2008, PG, 89min) ★★★
4.00 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
5.45 **Bee Movie** Animated comedy. (2007, U, 91min) ★★★
7.20 **Transformers One** Animation. (2024, PG, 104min) ★★★★
9.05 **Penguins of Madagascar** Animated comedy adventure. (2014, U, 88min) ★★★★
10.40 **The Ogglies** Animation. (2021, PG, 85min) ★★★
12.10 AM **Batman Unlimited: Mechs vs Mutants** Animated adventure. (2016, PG, 72min) ★★★
1.30 **Tom and Jerry Cowboy Up!** Animated family adventure. (2021, U, 71min) ★★★
2.50 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
4.25 **to 6.00** AM **Buffalo Kids** Animated family adventure. (2024, U, 79min) ★★★

Movies 24

312 313 419

7.00 AM **Savoring Paris** Romantic drama. (2024, PG, 90min) ★★
9.00 **Lease on Love** Romantic comedy. (2022, PG, 86min) ★★
11.00 **An Unexpected Valentine** Comedy. (2025, PG, 84min) ★★
1.00 PM **Caught by Love** Romantic drama. (2026, PG, 84min) ★★
3.00 **Love's Greek to Me** Romantic drama starring Torrey DeVitto. (2023, PG, 90min) ★★
5.00 **The Finnish Line** Romantic comedy. (2024, PG, 84min) ★★
7.00 **Spring Breakthrough** Romantic drama starring Keesha Sharp and Demetrius Grosse. (2023, PG, 90min) ★★
9.00 **The Honeymoon Pact** Romantic comedy starring Debs Howard and Edward Ruttle. A woman accompanying her jilted best friend on what would have been a honeymoon has to keep her own romance a secret. (2023, PG, 90min) ★★
11.00 **May the Best Wedding Win** Comedy. (2023, PG, 85min) ★★
1.00 AM **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **My Dreams of You** Drama. (2024, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Dick Tracy Vs Cueball**
7.20 **The Black Arrow** 4/7. (S3)
7.50 **Legend of the Hidden City**
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 60/60. (S2)
9.30 **The Roy Rogers Show** (S4)
10.00 **Captain Scarlet and the Mysterons** 3/32. (S1)
10.30 **The Adventures of William Tell**
11.00 **The Buccaneers** 14/39. (S1)
11.30 **The Adventures of Robin Hood**
12.00 NOON **The Rescue Squad** Drama. (1963, b/w, U, 54min) ★★
1.05 PM **Dial 999** 19/39. (S1)
1.35 **The Ship That Died of Shame** Drama. (1955, PG, 91min) ★★
3.35 **The Great Game** Documentary.
4.00 **Whiplash** 8/34. (S1)
4.35 **The Long Arm** (1956, U) ★★★★
6.35 **Look at Life** Documentary.
7.00 **Maigret** 12/13. (S3)
8.00 **The Odessa File** Suspense thriller. (1974, PG, 129min) ★★★
10.35 **Strip Tease Murder** Drama. (1961, b/w, 18, 66min) ★★★
12.00 M'T **Eurotrash**
12.35 AM **Adam and 6 Eves** Comedy. (1962, 18, 60min) ★★
1.50 **Hideout in the Sun** (1960) ★★
3.15 **Where Has Poor Mickey Gone?**
4.25 **The Adventures of Sir Lancelot**
4.55 **Stingray** 11/39. (S1)
5.30 **to 6.00** AM **Honey West**

SATURDAY Sport 14 March

Saturday

Sky Sports Main Event

401 401 501 419 439

6.30 AM LIVE **Formula 1** Chinese Grand Prix qualifying session.
9.00 **Ted's Notebook**
9.30 **Formula 1** Chinese Grand Prix.
10.30 **Ted's Notebook**
11.00 LIVE **EFL** Coventry City v Southampton. Coverage of the Championship match from Coventry Building Society Arena. Kick-off **12.30pm**.
3.00 PM **Formula 1** From Shanghai.
5.00 LIVE **SNF** Arsenal v Everton. The Premier League match from the Emirates Stadium. Kick-off **5.30pm**.
8.00 LIVE **The Players Championship** Coverage of day three at TPC Sawgrass in Florida.
11.00 LIVE **WTA & ATP Tennis** The Indian Wells Open men's semi-finals from California.
12.30 AM LIVE **WTA & ATP Tennis** The Indian Wells Open men's doubles final in California.
2.00 **Sky Sports Catch Up**
2.30 **F1 Explained: Driving Style**
2.35 LIVE **F1 Academy** The Chinese Grand Prix race two in Shanghai.
3.25 **F1 Explained: Driver Extraction**
3.30 **to 5.30** AM **Formula 1**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Preview**
7.30 **Fantasy Show**
8.00 **Premier League Stories**
8.30 **The Big Interview** Malick Thiaw.
9.00 **Premier League Preview**
9.30 **Fantasy Football Countdown**
10.00 **Saturday Social**
11.00 **Premier League Stories**
11.30 **Premier League Preview**
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF** Chelsea v Newcastle United. Coverage of the Premier League match from Stamford Bridge. A brace by Nick Woltemade gave Newcastle a 2-0 lead in December's reverse fixture at St James' Park, but second-half goals by Reece James and Joao Pedro saw the Blues fight back to earn a point. Kick-off **5.30pm**.
8.30 **Transfer 360** Four editions.
10.30 **Premier League Highlights** Burnley v Bournemouth.
11.00 **Premier League Highlights**
3.30 AM **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL Cup Retro** The 2020 final.
8.15 **Celtic's Invincibles**
9.15 **EFL Greatest Games**
9.45 **EFL Highlights** Championship.
10.00 **Saturday Social**
11.00 LIVE **EFL** Coventry City v Southampton. Coverage of the Championship match at Coventry Building Society Arena. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.00 **Gillette Soccer Saturday: Reaction** Post-match analysis.
5.20 LIVE **Bundesliga** Hamburg SV v FC Cologne. Coverage of the German top-flight match from Volksparkstadion. Kick-off **5.30pm**.
7.30 LIVE **SPFL** Kilmarnock v Hearts. Coverage of the Scottish Premiership match staged at the BBSP Stadium Rugby Park. Kick-off **8.00pm**.
10.30 **EFL Best Goals 2017/18**
11.00 **EFL Highlights**
1.45 AM **EFL Greatest Games**
2.00 **Retro League One**
4.00 **EFL Cup Retro** The 2018 final.
4.30 **EFL Best Goals 2017/18**
5.00 **to 6.00** AM **Henrik Larsson**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent highlights.
8.00 **Men's T20 World Cup**
9.00 **IPL** Action from Royal Challengers Bengaluru v Punjab Kings.
10.00 **Men's T20 World Cup**
11.00 **Test Cricket** England v India.
4.00 PM **IPL** Royal Challengers Bengaluru v Punjab Kings.
5.00 **IPL** Highlights of Mumbai Indians v Lucknow Super Giants at Wankhede Stadium in Mumbai.
6.00 **Test Cricket** England v India on day one of the fourth Test at Emirates Old Trafford, Manchester.
7.00 The second day of the fourth Test between England and India at Emirates Old Trafford.
8.00 The third day of the fourth Test between England and India staged at Emirates Old Trafford.
9.00 The fourth day of the fourth Test between England and India staged at Emirates Old Trafford.
10.00 The fifth and final day of the fourth Test between England and India at Emirates Old Trafford.
11.00 **IPL** Action from Delhi Capitals v Lucknow Super Giants.
12.00 M'T Highlights of Rajasthan Royals v Mumbai Indians.
1.00 **to 6.00** AM **Test Cricket**

Sky Sports Golf

406 406 506 423 443

6.00 AM **The Players Championship**
8.00 **The Players: The Golden Era**
9.00 **The Players Championship Official Film** Archive action.
11.00 **The Players Championship**
1.00 PM LIVE **The Players Championship** Coverage of day three at TPC Sawgrass in Ponte Vedra Beach. JJ Spaun held a one-stroke lead over Bud Cauley at the end of round three last year on 12-under, with eventual champion Rory McIlroy looking to have slipped out of contention after a one-over-par round of 73.
11.00 **The Players Championship**
12.00 M'T **Golf Academy**
1.00 **to 6.00** AM LIVE **Ladies European Tour Golf** Day four of the Women's Australian Open at Kooyonga Golf Club in Adelaide.

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
1.00 PM **ATP Tennis** Rio Open final.
2.00 **WTA & ATP Tennis**
6.00 LIVE **WTA Tennis** The Indian Wells Open women's doubles final.
7.30 LIVE **ATP Tennis** The Indian Wells Open men's semi-finals at Indian Wells Tennis Garden.
12.30 AM LIVE **ATP Tennis** Coverage of the Indian Wells Open men's doubles final from California.
2.00 **ATP & WTA Tour Classics**
3.00 **to 6.00** AM **WTA & ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **The Players Championship**
7.00 **WTA Tennis** Highlights.
8.30 **The Players Championship**
10.30 **Premier League Darts**
2.30 PM **Darts Gold** Archive action.
2.45 **Formula 1** Chinese Grand Prix.
3.45 **Darts Gold** Part v Wade in 2012.
3.50 LIVE **Netball Super League** Birmingham Panthers v London Mavericks. Coverage of the match from Motorpoint Arena Nottingham. Centre-pass **4.00pm**.
5.30 **My Icon** Sporting influences.
5.50 LIVE **Netball Super League** Loughborough Lighting v London Pulse. Coverage of the match from Motorpoint Arena Nottingham. Centre-pass **6.00pm**.
7.30 **PL Greatest Games**
8.00 **Formula 1** Chinese Grand Prix.
9.00 **The Players Championship**
10.00 **Premier League Darts**
2.00 AM **Formula 1** From Shanghai.
3.00 **Darts Gold** Archive action.
4.00 **to 6.00** AM **PDC Classics**

TNT Sports 1

410 413 521 408 430

7.00 AM LIVE **World Rally Championship** The Safari Kenya special stages 12 and 13.
8.30 **UEFA Champions League**
9.00 **The Fantasy Show**
9.30 **Premier League Preview**
10.00 LIVE **Alpine Skiing** The men's downhill in Courchevel, France.
11.30 **Men's Cycling** Paris-Nice.
12.30 PM LIVE **Cycling** The seventh stage of the men's Paris-Nice.
2.30 LIVE **Cycling** The sixth stage of the men's Tirreno Adriatico.
3.00 **Cycling Africa**
4.15 **Ally's Social Club**
5.00 **LIV Golf** From Singapore.
6.30 **UEFA Champions League**
6.45 **Kenny Allstar's Number 1's**
7.00 LIVE **Premier League** West Ham United v Manchester City. Coverage of the top-flight encounter staged at the London Stadium. Kick-off **8.00pm**.
10.30 **UEFA Europa League & Conference League Magazine**
11.30 **Winter Paralympic Games**
12.30 **to 6.30** AM LIVE **LIV Golf** Coverage of the fourth and final day of the fourth round of the season from Sentosa Golf Club.

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **Isuzu UTE A-League** Newcastle Jets v Auckland FC. Coverage of the Australian top-flight game. Kick-off **6.00am**.
8.00 **Premier League Preview**
8.30 **Crouchy and Cole**
8.45 LIVE **Alpine Skiing** Run one of the women's giant slalom in Are.
10.00 LIVE **Freestyle Skiing** The moguls in Shahdag, Azerbaijan.
11.45 LIVE **Alpine Skiing** Run two of the women's giant slalom in Are.
1.00 PM **Crouchy and Cole**
1.15 LIVE **Ski Jumping** In Oslo.
3.00 **TNT Sports Reload**
3.15 **The Monuments**
3.45 LIVE **Ski Jumping** The men's HS134 from Oslo, Norway.
5.30 **The Breakdown**
6.00 **AFL** Two match replays.
9.00 **World Rally Championship**
9.30 **Fight Week** UFC 326 review.
10.00 LIVE **UFC** The preliminary bouts.
12.00 M'T LIVE **UFC** Josh Emmett v Kevin Vallejos. Featherweight bout in Las Vegas.
3.30 AM **World Rally Championship**
4.00 **to 7.00** AM LIVE **AFL** Melbourne Demons v St Kilda Saints. From Melbourne.

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League Highlights**
6.15 **Women's Super League**
6.30 **Super League Highlights**
6.45 **NFL Bitesize Highlights**
7.00 **NFL Highlights**
8.00 **Women's Super League**
8.15 **Super League Highlights**
8.30 LIVE **NRL** Penrith Panthers v Cronulla-Sutherland Sharks. Coverage of the match from Carrington Park. Kick-off **8.35am**.
10.30 **Super League Highlights**
10.45 **Women's Super League**
11.00 **Super League Highlights**
11.30 **NBA on Fire** The latest news.
12.00 NOON **NFL Highlights**
1.00 PM **NBA Basketball** Los Angeles Lakers v Los Angeles Clippers.
3.00 **Super League Highlights**
3.15 **Women's Super League**
3.30 **Premier League Darts** The sixth night held at Motorpoint Arena.
7.30 **NFL Bitesize Highlights**
8.00 **NBA Basketball** Golden State Warriors v Oklahoma City Thunder.
10.00 **NBA on Fire** The latest news.
10.30 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
1.00 AM **Super League**
4.45 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM LIVE **Super Rugby** Crusaders v Highlanders. Coverage from Apollo Projects Stadium. Kick-off **6.05am**.
8.00 **Sky Sports Breakfast**
8.30 LIVE **Super Rugby** Queensland Reds v NSW Waratahs. Kick-off **8.35am**.
10.30 **Soccer Saturday Pre-Match**
11.00 **EFL Build-Up**
12.25 PM LIVE **EFL** Middlesbrough v Bristol City. Championship match at Riverside Stadium. Kick-off **12.30pm**.
3.00 **Gillette Labs Soccer Saturday**
3.50 LIVE **Netball Super League** Birmingham Panthers v London Mavericks. From Motorpoint Arena. Centre-pass **4.00pm**.
5.30 **My Icon** Sporting influences.
5.50 LIVE **Netball Super League** Loughborough Lighting v London Pulse. From Motorpoint Arena. Centre-pass **6.00pm**.
7.30 LIVE **ATP Tennis** The Indian Wells Open men's semi-finals.
12.30 AM **EFL Greatest Games**
2.30 LIVE **Super Rugby** Blues v Moana Pasifika.
4.30 **to 6.00** AM **EFL Greatest Games**

TNT Sports 3

413 415 523 410 432

8.00 AM LIVE **AFL** Collingwood Magpies v Adelaide Crows. Coverage from Melbourne. Bounce-up **8.35am**.
11.00 **TNT Sports Cricket Reload**
11.30 LIVE **World Rally Championship** Safari Kenya special stages 14, 15 and 16.
3.00 PM LIVE **Biathlon** The men's pursuit in Otepaa, Estonia.
3.45 **Supercars Championship**
5.45 **Sign Up – Into Football**
6.30 **Crouchy and Cole**
7.00 LIVE **World Baseball Classic** The third quarter-final from Daikin Park. Start-time **7.00pm**.
10.30 **Men's Cycling** Highlights.
12.30 AM **AFL** Swans v Lions.
2.00 LIVE **AFL** North Melbourne Kangaroos v Port Adelaide Power. Coverage of the match from Marvel Stadium in Melbourne. Bounce-up **2.10am**.
5.00 **to 6.00** AM LIVE **World Rally Championship** Safari Kenya.

TNT Sports 4

414 416 524 411 434

6.15 AM **TNT Sports Reload**
6.30 LIVE **World Rally Championship** Safari Kenya.
8.30 LIVE **AFL** Collingwood Magpies v Adelaide Crows. Coverage from Melbourne. Bounce-up **8.35am**.
11.30 **Premier League Preview**
12.00 NOON LIVE **Cycling** Stage six of the men's Tirreno Adriatico.
3.00 PM **Ultimate Pool**
4.30 **Women's Test Cricket**
5.30 **TNT Sports Cricket Reload**
5.45 LIVE **Snowboarding** Parallel giant slalom in Val Saint Come.
7.30 **Alpine Skiing** Highlights.
9.00 **Biathlon** In Otepaa, Estonia.
10.00 **LIV Golf** From Singapore.
11.30 **World Rally Championship**
12.00 M'T **Premier League**
1.30 AM LIVE **Women's International T20 Cricket** New Zealand v South Africa. The first T20 from Bay Oval.
5.45 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 551

6.00 AM **NHL Ice Hockey**
8.00 **LaLiga** Alaves v Villarreal.
10.00 **The Rugby Pod**
11.30 LIVE **United Rugby Championship** Bulls v Stormers. K-o 12noon.
2.00 PM **Top 14 Rugby Union**
2.30 **NHL Ice Hockey**
3.30 **Sporting Greats**
4.00 LIVE **Guinness Six Nations** Wales v Italy. From Principality Stadium. Kick-off **4.40pm**.
7.00 **URC in 60** Highlights.
7.55 LIVE **Eredivisie** Ajax v Sparta Rotterdam.
10.00 **LaLiga Match Highlights**
10.30 **NHL: This is Hockey**
11.00 LIVE **NHL Ice Hockey** New Jersey Devils v Los Angeles Kings. Face-off **11.00pm**.
2.00 AM LIVE **NHL Ice Hockey** Vancouver Canucks v Seattle Kraken. Face-off **2.00am**.
5.00 **NHL: This is Hockey**
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Argentine Primera**
8.00 **NHL Ice Hockey**
10.00 **Football's Greatest**
10.30 **United Rugby Championship**
12.25 PM **Football's Greatest**
12.55 LIVE **LaLiga** Girona v Athletic Bilbao. The Spanish top-flight match from Estadi Montilivi. Kick-off **1.00pm**.
3.00 **Football's Greatest**
3.30 **Brasileiro Serie A**
5.25 LIVE **LaLiga** Real Oviedo v Valencia. Coverage of the Spanish top-flight match from Estadio Municipal Carlos Tartiere. Kick-off **5.30pm**.
7.30 **Football's Greatest**
8.00 **Bike World** Motorcycling.
8.30 **LaLiga** Atletico Madrid v Getafe.
10.25 **Football's Greatest**
11.25 LIVE **Brasileiro Serie A** Botafogo v Flamengo. Coverage of the match staged at Estádio Nilton Santos. Kick-off **11.30pm**.
1.30 **to 6.00** AM **Football**

Sky Sports F1

407 407 507 424 444

6.30 AM LIVE **Formula 1** Chinese Grand Prix qualifying session.
9.00 **Ted's Notebook**
9.30 **Formula 1** Chinese Grand Prix.
10.30 **Ted's Notebook**
11.00 **Formula 1** Action from Shanghai.
12.00 NOON **Ted's Notebook**
12.30 PM **Formula 1** Highlights.
1.30 LIVE **Indycar** Java House Grand Prix of Arlington second practice.
3.00 **Formula 1** Chinese Grand Prix.
5.00 **Ted's Notebook**
5.30 **Formula 1** Action from Shanghai.
6.30 LIVE **Indycar** Java House Grand Prix of Arlington qualifying session.
8.00 **Formula 1** Chinese Grand Prix.
9.00 **Ferrari Challenge Europe**
11.00 **Formula 1** Action from Shanghai.
1.00 AM **Ted's Notebook**
1.30 **F1 Academy Highlights**
2.30 **F1 Explained: The Undercut**
2.35 LIVE **F1 Academy** The Chinese Grand Prix race two in Shanghai.
3.25 **to 5.30** AM **Formula 1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

15 March

Evening Planner

Documentary

Tusker: Brotherhood of Elephants

Sky Nature, 5pm

We follow three male African elephants in Kenya's Ambosell National Park.

Drama

The Other Bennet Sister

BBC1, 8pm & 8.30pm

Drama inspired by Jane Austen's *Pride & Prejudice*, focussing on middle Bennet sister, Mary (Ella Bruccoleri, centre).

Comedy Drama

Boarders

BBC3, 10pm (box set, iPlayer)

The comedy returns for a third and final series, with the scholarship students close to the end of their time at St Gilbert's.

Awards

Oscars

ITV1, 10.15pm & ITVX

Coverage of the red carpet and ceremony in Hollywood, with Jonathan Ross and guests in the studio watching along.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Antiques Roadshow		8.00 The Other Bennet Sister		9.00 The Capture		10.00 News	10.30 Match of the...
	102 BBC2	7.00 This Farming Life		8.00 Big Cats 24/7		9.00 Forensics: The Real CSI		10.00 Film: The Martian	
	103 ITV1	‹ 6.55 The Chase Celebrity Special		8.00 Who Wants to Be a Millionaire?		9.00 Gone		10.15 Oscars	
	104 CHANNEL 4	7.00 Winter Paralympics Closing Ceremony – Live: Coverage of the event from Cortina d'Ampezzo						10.00 Gogglebox	
	105 5	7.00 All-Inclusive: How Do They Really Do It?		8.00 Rich Holiday, Poor Holiday		9.00 Rich House, Poor House			10.30 When...
	106 SKY ONE		7.15 Film: The Hobbit: The Battle of the Five Armies					10.00 Saturday Night Live	
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Sort Your Life Out with Stacey Solomon		10.00 Boarders	
	116 BBC4	7.00 Travels with Pevsner		8.00 The Fens: A Wild Year		9.00 The Bridges That Built London with Dan...		10.15 Ibsen: Hedda Gabler	
	118 ITV2	‹ 6.40 Film: Tomb Raider				9.00 Film: Suicide Squad			
	136 MORE4	‹ 6.55 Four in a Bed				9.00 999: On the Front Line		10.00 24 Hours in A&E	
	135 E4	‹ 6.25 The Amazing Race Australia		8.00 The Simpsons		9.00 Film: Transporter 2			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.20 Game of Thrones				9.00 All Her Fault		10.00 DTF St Louis	
	110 U&GOLD	‹ 6.30 The Vicar of Dibley		8.20 Dad's Army		9.00 Bottom		10.20 The Vicar of Dibley...	
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal		8.00 Will & Ralf Should Know Better		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	‹ 6.00 Agatha Christie's Marple		8.00 Midsomer Murders				10.00 Vera	
	120 ITV4	‹ 5.05 Sharpe	7.25 Film: Force 10 from Navarone					10.00 Film: Kill Bill: Vol. 1	
	112 COMEDY CENTRAL	‹ 6.50 Friends				9.00 Film: What Women Want			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine							
	143 U&DRAMA	7.00 North and South		8.20 Sister Boniface Mysteries		9.20 Silent Witness			
	109 U&ALIBI	7.00 Murdoch Mysteries		8.00 Father Brown		9.00 Death in Paradise		10.00 NCIS: Sydney	
	122 SKY ARTS	7.00 Rod Stewart: It Had to Be You				9.00 Film: Exodus			
	132 U&W	7.00 Inside the Ambulance		8.00 Inside the Operating Theatre				10.00 The Young Midwives of Essex	
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Moonshiners: Master Distiller		9.00 Barnwood Builders		10.00 Wheeler Dealers	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 Alaskan Bush People		10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 Planes that Changed History		10.00 Car S.O.S.	
	123 SKY HISTORY	7.00 Killer Kings				9.00 The Rise and Fall of Pablo Escobar			
	155 U&YESTERDAY	7.00 Dom Chinea's Cornish Workshop		8.00 Motorhoming with Merton & Webster		9.00 Classic Car Kings		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Spielberg					9.50 George Carlin's American Dream		
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 I Know What You Did Last Summer		8.00 Jurassic World: Rebirth					10.20 Materialists
	302 AWARD SEASON	7.00 The Lord of the Rings: The Return of the King							10.20 The King's Speech
	303 BEVERLY HILLS	‹ 6.15 Beverly Hills Cop II		8.00 Beverly Hills Cop 3			9.50 Beverly Hills Cop		
	304 GREATS	‹ 6.30 The Naked Gun		8.00 The Naked Gun 2½: The Smell of Fear			9.30 The Naked Gun 33⅓: The Final Insult		
	305 ANIMATION	‹ 5.45 Monster Family 2	7.35 Turbo			9.20 Rango			
	306 FAMILY	‹ 6.00 The Smurfs		7.55 The Smurfs 2			9.50 The Hobbit: The Desolation of Smaug		
	307 ACTION	‹ 5.50 Batman		8.00 Jurassic World				10.15 The Meg	
	308 COMEDY	‹ 6.15 The Wedding Singer		8.00 American Pie 2			9.55 The Hangover		
	309 THRILLER	‹ 5.45 Murder by Numbers		8.00 Nightcrawler				10.05 Lethal Weapon 4	
	310 DRAMA	‹ 6.10 About a Boy		8.00 It Ends with Us				10.20 Lost in Translation	
	311 SCI-FI	‹ 6.15 I Am Legend		8.00 Annabelle			9.50 Annabelle: Creation		
	313 FILM4	‹ 6.50 Knight and Day				9.00 The Equalizer 2			
SPORT	401 MAIN EVENT	7.00 The Players Championship – Live: Coverage of the fourth and final day							10.30 Catch Up
	402 PREMIER LEAGUE	‹ 4.00 Super Sunday – Live (Kick-off 4.30)		8.00 Record Breaker	8.30 Big Interview	9.00 SNF	9.30 Premier League Highlights		
	403 FOOTBALL	7.00 EFL Goals		8.00 Women's League Cup				10.00 WSL	10.30 Irish Football
	405 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	‹ 6.00 LIV Golf	7.30 Serie A – Live: Lazio v AC Milan (Kick-off 7.45)				9.45 UEFA Goals Reload		10.30 UEFA Magazine
	411 TNT SPORTS 2	7.00 UEFA Magazine	7.30 Women's T20 International Cricket		8.30 International T20 Cricket Highlights		9.30 UFC		

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
7.50 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Pilgrimage: The Road to the Scottish Isles** 1/3. (S)(R)(AD)
11.30 **Celebration Kitchen: Eid** New edition Matt Tebbutt celebrates the Muslim festival Eid al-Fitr. (S)
12.30 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 LIVE **MOTD: Women's League Cup Final** Chelsea v Manchester United: All the action from the showpiece match at Ashton Gate in Bristol. Kick-off is at 2.15. (S)
4.35 **Gladiators** 9/11. The first of this year's semi-finals. (S)(R)(AD)
5.35 **BBC News** (S)
5.50 **Local News** (S)

9.00 The Capture

6.00 **Countryfile** New edition Adam Henson and Anita Rani head to Devon for a special lambing season edition, following the teamwork, care and expertise that bring new life safely into the world. (S)

7.00 **Antiques Roadshow** Fiona Bruce presents the show from Thirlestane Castle in the Scottish Borders, where items include a silver chalice, a Rod Stewart gold disc and a snuffbox gifted by a Russian Tsar. (S)(R)

8.00 NEW SERIES **The Other Bennet Sister** 1/10. Drama with Ella Bruccoleri. *See feature, page 8.* (S)(AD)
8.30 New episode (S1) (S)(AD)
■ First five episodes are available on BBC iPlayer

9.00 **The Capture** New episode *Lone Wolves:* 2/6. Carey takes matters into her own hands, while Noah Pierson finds his first day at work more surprising than he ever expected. (S3) (S)(AD)

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** Mark Chapman presents the latest Premier League action, including Liverpool v Tottenham Hotspur at Anfield and Manchester United v Aston Villa at Old Trafford. (S)
11.40 **The Women's Football Show** Highlights of the weekend's games, including Chelsea v Manchester United in the League Cup final. (S)
12.30 AM **The Claudia Winkleman Show** With guests Jeff Goldblum, Vanessa Williams, Jennifer Saunders and Tom Allen. (S)(R)
1.15 **Weather for the Week Ahead** (S)
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.20 AM **Take a Hike** (S)(R)
6.50 **Countryfile** (S)(R)
7.50 **Breakfast** (S)
9.00 **My Kind of Town** New edition (S)
9.30 **Great British Menu** (S)(R)(AD)
10.30 FILM **Lover Come Back** Battle-of-the-sexes comedy with Doris Day and Rock Hudson. (S) (1961, PG, 100min) ★★★★
12.10 PM FILM **Pillow Talk** Vintage romantic comedy starring Doris Day and Rock Hudson. (S) (1959, PG, 100min) ★★★★
1.50 **Flog It!** At Hopetoun House. (S)(R)
2.30 FILM **How the West Was Won** Epic western starring James Stewart and Debbie Reynolds. (S)(AD) (1962, PG, 150min) ★★★
5.00 **Amazon: Earth's Great Rivers** The latest discoveries and secret locations of the Amazon. (S)(R)(AD)

9.00 Forensics: The Real CSI

6.00 **Rugby Union: Six Nations** A round-up of action from the final round of fixtures, featuring France v England at Stade de France, Ireland v Scotland at Aviva Stadium and Wales v Italy at Principality Stadium. (S)

7.00 **This Farming Life** 3/12. Zara worries that Callum's quad bike accident has had a lasting effect, Emma and Rob call in the vet for a difficult birth, while Ally and Bethany sail to an island to gather sheep. (S)(R)

8.00 **Big Cats 24/7** 3/6. Under attack from intruders, the mothers with young cubs must find the rest of the pride. Meanwhile, leopard Lediba is forced to make a dangerous move. (S)(R)(AD)

9.00 **Forensics: The Real CSI** New edition 3/5. A teenager is left fighting for his life after a stabbing in a car park, and forensics investigators discover two discarded weapons at the crime scene. (S)(AD)

10.00 FILM **The Martian** Ridley Scott's sci-fi drama based on the novel by Andy Weir, starring Matt Damon and Jessica Chastain. An astronaut left stranded on Mars has to find a way to survive for years on meagre resources. With Kristen Wiig and Chiwetel Ejiofor. (S) (AD) (2015, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM FILM **Zero** Thriller with Lauren Grace. In a dystopian near future, the Gateway offers the only chance of survival for three teenage siblings. (S) (2022, 12, 70min) ★★★
1.20 **Sign Zone: The Capture** (S)(R)(AD)
2.20 **Sign Zone: Small Prophets** (S)(R)
2.50 **Sign Zone: Question Time** (S)(R)
3.50 **to 6.05** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **James Martin's Saturday Morning** With Jane McDonald. (R)
8.25 **Jimmy & Shivi's Farmhouse Breakfast** New edition (S)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **Fletchers' Family Farm** New edition The Fletchers host a six-day-long Christmas gala. (S)
12.25 PM **Talking Royals** New edition (S)
12.55 **ITV News** (S)
1.10 **Love Your Garden** (S)(R)(AD)
2.10 **Wheel of Fortune** (S)(R)(AD)
3.15 FILM **Indiana Jones and the Last Crusade** Action adventure starring Harrison Ford and Sean Connery. Indiana goes in search of his missing father, Dr Henry Jones. (S) (1989, PG, 140min) ★★★★★
5.35 **Tipping Point: Lucky Stars** (S)(R)

3.15 Indiana Jones and the Last...

6.30 **ITV News** (S)
6.45 **Local News** (S)
6.55 **The Chase Celebrity Special** Bradley Walsh hosts as Sunetra Sarker, Matty Lee, David Arnold and Basil Brush pit their wits against one of the ruthless Chasers in the hope of winning thousands of pounds for their chosen charities. (S)(R)(AD)

8.00 **Who Wants to Be a Millionaire?** New edition Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)

9.00 **Gone** New episode 3/6. Michael expresses his discontent with the investigation under heated questioning, and Annie alights on a new suspect. (S1) (S)(AD)
■ Continues tomorrow

10.00 **ITV News** (S)
10.15 LIVE **Oscars** Coverage of the annual ceremony from the Dolby Theatre in Hollywood, with Jonathan Ross being joined by celebrity guests to cover all of the red-carpet action, winning speeches and biggest moments of the 98th Academy Awards. *See feature, page 11.* (S)
2.35 AM **Millionaire Hot Seat** Quiz hosted by Jeremy Clarkson. (S)(R)
3.00 **Wheel of Fortune** Game show with Graham Norton. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fletchers' Family Farm** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.10 AM **The King of Queens** (S)(R)(AD)
7.00 **The Simpsons** (S)(R)(AD)
7.50 LIVE **Winter Paralympics** Coverage of the ninth and final day of the Games from Italy. (S)
10.30 LIVE **Winter Paralympics** The para ice hockey competition reaches a conclusion. (S)(AD)
1.00 PM **F1: Chinese Grand Prix Highlights** Action from round two at Shanghai International Circuit. (S)
3.30 **Four in a Bed** The contest begins at Horseshoe Hotel in Egton Bridge, North Yorkshire. (S)(R)
4.00 A visit to the Dixie Arms in Market Bosworth. (S)(R)
4.30 The third visit is to Bradbury's of Blackpool. (S)(R)
5.00 A visit to Little Oakhurst in Stonyhurst near Clitheroe. (S)(R)
5.30 Payment Day arrives. (S)(R)

11.00 The Son

6.00 **Devon and Cornwall** In Dartmouth, Nigel Cooper sails his steamboat *Halcyon* along the River Dart for the club's annual competition. (S)(R)(AD)
6.30 **News** (S)

7.00 LIVE **Winter Paralympics Closing Ceremony** Ade Adepitan, Billy Monger, Ed Jackson, Sarah Storey, Sean Rose and Alice Tai present coverage of the event from Cortina d'Ampezzo, as the Paralympic flame is extinguished, signaling the end of the 14th Winter Games. Athletes, artists and spectators from all over the world gather in the Cortina Olympic Curling Stadium to enjoy a spectacular final show. The presenting team look back at all the standout stories and key moments from nine days of elite competition spanning six sports. (S)

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(R)(AD)
11.00 FILM PREMIERE **The Son** Drama starring Hugh Jackman. (S)(AD) (2022, 15, 140min) ★★★★ *See review, page 23.*
1.20 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.10 **The Simpsons** (S)(R)(AD)
3.00 **Couples Come Dine with Me** (R)
3.55 **Our Welsh Chapel Dream** (S)(R)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.10 **Bargain-Loving Brits in the Sun** Kayleigh's group have their first paid performance. (S)(R)
10.05 **Hotel Benidorm: Fun-Loving Brits in the Sun** (S)(R)
12.00 NOON **Cruising with Jane McDonald** Double bill. (S)(R)
2.00 PM **Portugal with Michael Portillo** 1/6. The presenter explores highlights and hidden secrets of the country. (S)(R)
3.00 2/6. Michael's journey continues in Portugal's oldest city and oldest town. (S)(R)
4.00 **Elizabeth I: Battle for the Throne** Docu-drama starring Lily Cole as the young queen, featuring reconstructions of key moments in her life. (S)(R)

9.00 Rich House, Poor House

6.00 **News** (S)
6.05 **Celebrity Puzzling** Jeremy Vine hosts the quiz, with guests Colson Smith and Colin Jackson joining team captains Sally Lindsay and Carol Vorderman. (S)(R)
7.00 **All-Inclusive: How Do They Really Do It?** New edition Following groups of holidaymakers at the same all-inclusive resort, showing how to get the best out of this type of break. (S)
8.00 **Rich Holiday, Poor Holiday** New edition Rock musician Rob and jewellery consultant Lydia travel to Cyprus with hard-up best friends Shelley and Vicky to experience two very different holidays. (S)
9.00 **Rich House, Poor House** New edition A couple who run their own luxury mattress and bedding business swap homes and lives with a single mother-of-two who works four jobs just to make ends meet. (S)
10.30 **When Motorhoming Holidays Go Horribly Wrong** Paul Merton narrates clips of disastrous motorhome holidays, including a campervan that was invaded by giant spiders. (S)(R)
12.05 AM **The World's Most Luxurious Cruise** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Friends** (S4) (S)(R)(AD)
2.55 **Attack of the Drones** (S)(R)
3.45 **Casualty 24/7: Every Second Counts** Documentary. (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **S.W.A.T.** (S1) (S)(R)(AD)
9.00 **The Simpsons** (S)(R)
10.00 **F1: Chinese Grand Prix Highlights** Round two from Shanghai International Circuit.
11.00 LIVE **Football: WSL** Aston Villa v Manchester City: Coverage of the Women's Super League match from Villa Park. Kick-off is at 11.55.
2.00 PM LIVE **Football: Women's League Cup Final** Chelsea v Manchester United: Coverage of the Women's League Cup final at Ashton Gate in Bristol. Kick-off is at 2.15.
5.00 **The Simpsons** (S)(R)
5.25 **Agatha Raisin** *Agatha Raisin and the Fairies of Fryfam – Part One:* 3/6. A case of infidelity leads to murder. (S2) (S)(R)(AD)

5.25 Agatha Raisin

6.20 **Agatha Raisin** *Agatha Raisin and the Fairies of Fryfam – Part Two:* 4/6. There is no rest for the sleuth as her Norfolk murder investigation takes a dramatic turn. (S2) (S)(R)(AD)
7.15 FILM **The Hobbit: The Battle of the Five Armies** Conclusion of Peter Jackson's fantasy adventure trilogy, starring Martin Freeman and Richard Armitage. Dwarf king Thorin reclaims control of his homeland, but his descent into madness places him on the brink of war with his human and elven allies. As Thorin's Hobbit friend Bilbo tries to save the tormented ruler from himself, a vast horde of orcs gathers to destroy them all. With Ian McKellen, Luke Evans and Orlando Bloom. (S)(AD) (2014, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.00 **Saturday Night Live** New edition Singer-songwriter and actor Harry Styles hosts the satirical American sketch show, and also performs.
11.30 **Jack Dee: Small World** Stand-up performance from the London Palladium. (S)(R)
1.00 AM **The Force: Manchester** Crime documentary. (S)(R)
3.00 **Rooster** New episode 2/10. When Katie's future at Ludlow is thrown into question, Walt offers Greg a deal to keep them both on campus. (S1)
3.40 **The Force: Manchester** (S)(R)
4.35 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol**

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S) **11.40pm** Sportscene: Premiership Highlights (S)(R) **12.40am** The Women's Football Show (S) **1.30** The Claudia Winkleman Show (S)(R) **2.15** Weather for the Week Ahead (S) **2.20-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.00-10.30am Sunday Politics (S)

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S) **12.30am** The Truth About My Murder (S)(R) **1.10-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
2.30pm LIVE Irish League Football (S) **5.15** Do You Know Your Place? (S)(R) **5.45-6.00** The Chronicles of Armagh (S)(R) **10.00** Cumasc: Seisiúin sa Black Gate New editions (S) **11.00** Sunday Politics (S)(R) **11.30** Live at the Apollo (S)(R) **12.00m't-12.10am** The Chronicles of Strangford (S)(R)

WALES
Sky 968, Freesat 968
7.00pm Scrum V Top 5 – Nigel Owens (S)(R) **7.30-8.00pm** Florida: America's Animal Paradise (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Am Dro! (AD) **10.05** Colli Cymru I'r Môr (AD) **11.05** Arfordir Cymru: Llyn **11.40** Dechrau Canu Dechrau Canmol **12.10pm** Sgwrs Dan y Lloer **12.40** LIVE Clwb Rygbi Rhyngwladol – Dan 20 **3.05** NEW Naomi yn Yr Arctig **3.20** Cefn Gwlad (AD) **3.55** Clwb Rygbi Rhyngwladol **5.40** Pobol y Cwm Omnibws (AD) **6.45** Dechrau Canu Dechrau Canmol New edition **7.15** Newyddion a Chwaraeon **7.30** Y Llais New edition **9.00** Stori'r Iaith **10.00-11.45pm** Clwb Rygbi

TV&Satellite Week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** The pressure grows for Mark. **7.30** A situation escalates for two Walford residents. **8.00** Priya is concerned for Ravi's mental wellbeing. **8.30** Oscar plays Ian and Elaine at their own game.
9.00 **Sort Your Life Out with Stacey Solomon** 1/6. Stacey and her decluttering team help a Fife family organise their home.
10.00 NEW SERIES **Boarders** 1/6. Return of the comedy. As the students gear up for their final term, a shocking act of vandalism puts the school on lockdown. **10.45** New episode 2/6. The students are teamed up with career mentors, Leah is fuming with Felix about the sabotage, and Femi's dreams are crushed. (S3)
■ Entire series on BBC iPlayer
11.35 **RuPaul's Drag Race UK vs the World**
12.45 AM **Thailand: The Dark Side of Paradise**
2.15 **to 3.50** AM **Boarders**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Travels with Pevsner** Patrick Wright explores the architecture of Dorset.
7.50 **Britain's Wild Places: Stoats of Kedleston Hall** The behaviour of stoats.
8.00 **The Fens: A Wild Year** The ancient wetlands and fertile farmland that make up the fens of East Anglia.
9.00 **The Bridges That Built London with Dan Cruickshank** The historian explores the story of the city's Thames crossings.
10.00 NEW **Janet Suzman Remembers... Hedda Gabler** The actor reflects on the 1972 BBC adaptation.
10.15 **Ibsen: Hedda Gabler** An adaptation of Henrik Ibsen's play, starring Janet Suzman and Ian McKellen.
12.05 AM **Mindful Escapes: Breathe, Release, Restore**
12.35 **The Bridges That Built London with Dan Cruickshank** As 9.00pm.
1.35 **Travels with Pevsner**
2.25 **to 3.25** AM **The Fens: A Wild Year**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Come Dine with Me**
11.35 **A Place in the Sun**
4.05 PM **Kirstie and Phil's Love It or List It** Kirstie and Phil help a Preston couple.
5.15 **Location, Location, Location** Two couples search for homes in York.
6.20 **Four in a Bed** The competition begins at North Kingsfield Holiday Cottages in East Yorkshire. **6.55** Crackin' View Guest House in Northumberland is the second stop of the week.
7.25 **Four in a Bed** A visit to the Domo Boutique Hotel in Oldbury near Birmingham. **7.55** The final destination of the week is The Crown Inn in Gayton, Norfolk. **8.30** The B&Bers gather for Payment Day.
9.00 **999: On the Front Line** New edition A patient has a nosebleed that won't stop, which could be linked to a recent bleed on the brain.
10.00 **24 Hours in A&E** Patients include a woman who fell from the back of a moving tram and a teenager who broke his leg in three places while playing football.
11.05 **24 Hours in A&E** A boy is accidentally hit by a forklift.
12.05 AM **999: On the Front Line** Documentary.
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Strangers on a Plane**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks Omnibus**
7.05 **Modern Family**
8.00 FILM **My Spy** Comedy. (2020, 12, 99min) ★★★
10.00 **Sunday Brunch** New edition Guests include Andi Osho, Maisie Adam and Sam Campbell.
1.00 PM **Rude(ish) Tube Shorts**
1.05 **Married at First Sight Australia** Double bill.
4.10 FILM **Jumanji: Welcome to the Jungle** Fantasy comedy starring Dwayne Johnson. (2017, 12, 119min) ★★★★
6.25 NEW SERIES **The Amazing Race Australia** Beau Ryan hosts the globe-trotting reality contest.
8.00 **The Simpsons** *Lisa's Belly:* Lisa becomes insecure about her weight. **8.30** *Portrait of a Lackey on Fire:* Homer offers to play matchmaker for Smithers.
9.00 FILM **Transporter 2** Action thriller sequel starring Jason Statham, Amber Valletta and Hunter Clary. A highly-skilled professional driver sets out to rescue the kidnapped son of a politician from a vicious drug dealer. (2005, 15, 88min) ★★★
10.50 **Naked Attraction**
11.55 **Gogglebox**
2.00 AM **First Dates**
3.00 **Naked Attraction**
3.55 **Modern Family**
4.45 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 | 306 | 30 | 123 | 256

Sunday primetime

SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **Brit Cops: Rapid Response**
9.00 **Stop, Search, Seize**
10.00 **Border Patrol**
12.00 NOON **UK Border Force**
1.00 PM **Nothing to Declare UK**
2.00 **Customs UK** Double bill.
3.00 **Police 24/7** Officers work with members of the public to save an overdosed man. **4.00** Several officers are needed to apprehend a man barricaded inside a house.
5.00 **Nothing to Declare** Four editions of the documentary.

9.00 Watson

7 PM

7.00 Nothing to Declare Officers make a disturbing discovery. **7.30** A young man is compromised by his past.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 Watson New episode *Lucky:* 5/20. John becomes convinced that a patient is suffering from locked-in syndrome. (S2)

10 PM

10.00 The Rookie *Cut and Run:* 4/18. Nolan and Bailey witness a murder, while Angela and Wesley have a big decision to make. (S8)
11.00 **Fire Country** 9/22. (S1)
12.00 M'T **Law & Order: Criminal Intent** 1/22. (S1)
1.00 AM **Law & Order: Special Victims Unit** 10/22. (S26)
2.00 **Brit Cops: Frontline Crime UK**
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.50 **Game of Thrones** (S6)
1.00 PM **Game of Thrones** 1/7. Jon organises the North's defences. **2.05** 2/7. Tyrion plans the conquest of Westeros. **3.10** 3/7. Jon and Daenerys finally meet, while Sansa receives an unexpected visitor. **4.15** 4/7. Jaime and Bronn collect the spoils from the war. **5.15** 5/7. Daenerys makes an offer to the Lords of Westeros. **6.20** 6/7. Daenerys has to make a tough decision. (S7)

9.00 All Her Fault

7.35 Game of Thrones *The Dragon and the Wolf:* 7/7. Everyone meets in King's Landing to discuss the fate of the realm, Sansa confronts Arya, while Sam and Bran discover a shocking secret. (S7)

9.00 All Her Fault 2/8. As Detective Alcaras looks into Milo's disappearance, Marissa and Jenny work to raise awareness. (S1)

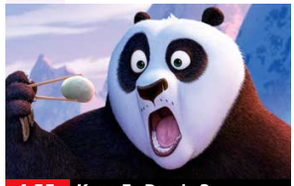
10.00 DTF St Louis *Snag It:* 2/7.After meeting at the cornhole party, Clark quickly hits it off with Floyd's wife Carol. (S1)
11.10 **Game of Thrones** (S8)
2.00 AM **DTF St Louis** New episode 3/7. Plumb presses Homer to let her question Clark. (S1)
3.00 **Game of Thrones** 5/6. (S8)
4.30 **In Treatment** (S2)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Buying the View**
7.55 **Dress to Impress**
8.55 **The Only Way Is Essex**
10.50 **The Princess Diaries**
12.50 PM **Wheel of Fortune**
1.50 **Celebrity Catchphrase**
2.50 **FILM Johnny English Reborn** Spoof comedy sequel starring Rowan Atkinson. (2011, PG, 101min) ★★★
4.55 **FILM Kung Fu Panda 3** Animated comedy sequel with the voice of Jack Black. (2016, PG, 95min) ★★★★



4.55 Kung Fu Panda 3

6.40 FILM Tomb Raider Adventure starring Alicia Vikander. A kickboxing heiress risks her life to save her missing father when she discovers a clue to his location. With Dominic West. (2018, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM Suicide Squad Fantasy adventure starring Will Smith, Margot Robbie and Jared Leto. A ragtag team of villains are strong-armed into doing good by a government agent. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Family Guy** 19/20. A stray cat wanders into the house. **11.50** 4/20. Peter and Lois set up a cutaway gag. (S19)
12.20 AM **American Dad!** (S16)
1.20 **Plebs** 4/8. (S2)
1.50 **Deal or No Deal**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Wycliffe** 7&8/8. (S2)
8.10 **Lewis**
10.05 **Endeavour** *Scherzo.*
12.05 PM **Doc Martin** 5&6/7. (S3)
2.05 **Rosemary & Thyme** *The Invisible Worm:* A school harbours ancient secrets. **3.05** *The Gongoozlers:* The duo work on a TV show.
4.05 **McDonald & Dodds** 3/3. A wedding ends in tragedy when the vicar is found dead in the vestry and McDonald's suspicions focus on the bride, her father and her sisters. (S4)

6.00 Agatha Christie's Marple

6.00 Agatha Christie's Marple *The Body in the Library:* The corpse of a mysterious blonde is found in Gossington Hall.

8.00 Midsomer Murders *Orchis Fatalis:* A rare orchid is smuggled into Midsomer Malham, prompting a killing spree, so Barnaby and Scott try to discover who is desperate enough to commit murder to get hold of the plant.

10.00 Vera *Cold River:* The detective investigates when a businesswoman's sister is found dead in the River Tyne, and suspects the victim was about to bring a secret to light.
11.50 **After the Flood** 1/6. Thriller starring Sophie Rundle. **12.50** AM 2/6. Jo and Sam struggle to find a link. (S2)
1.50 **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **Auto Mundial**
6.50 **Motorsport Mundial**
7.20 **Cadfael**
9.00 **English Football League Highlights** Recent EFL action.
10.30 **The Big Match Revisited**
12.40 PM **Sharpe** *Sharpe's Rifles:* Sharpe is promoted for saving General Wellesley's life. **2.55** *Sharpe's Eagle:* The army officer sets his sights on a French eagle standard. **5.05** *Sharpe's Company:* An old enemy of Sharpe's returns.

10.00 Kill Bill: Vol. 1

7.25 FILM Force 10 from Navarone Adventure sequel to *The Guns of Navarone* starring Robert Shaw and Harrison Ford. A band of Allied soldiers embark on a mission to destroy a bridge in German-occupied Yugoslavia, but a traitor is in their midst. With Edward Fox and Franco Nero. (1978, 12, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 FILM Kill Bill: Vol. 1 Quentin Tarantino's epic action thriller starring Uma Thurman. (2003, 18, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Black Sails** 4/8. The Walrus crew take on a mission that ends in disaster. (S1)
1.10 **Lost Car Rescue**
2.05 **Minder**
3.00 **Teleshopping**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

10.30 AM **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, featuring Dundee v Dundee United.
8.15 **Sacked in the Morning** With Alastair Campbell.
8.30 **The Entertainment Mix** Culture and arts news with Michelle McManus.
9.00 **Paramedics on Scene** A crew attend a building site where a wall has collapsed on workers.
10.00 **Still Game** 1/6. The pub regulars are turfed out by Boabby. (S8)
10.30 **Scot Squad** 3/5. Speculation links the Chief to a job at the top of the Met Police. (S8)
11.00 **Situationships with Sophie and Christine** Relationship advice.
11.30 PM **to 12.00** M'T **The Sunday Show**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace**
10.30 **Ballers** 3-6/10. (S1)
12.50 PM **Sex and the City**
4.00 **Community** (S2)
6.30 **The Office (US)** 18/19. Part one of two. Phyllis puts on a huge bash for Toby's goodbye party. **7.00** 19/19. Part two of two. Andy asks Angela to marry him. (S4) **7.30** 1/28. Part one of two. A Dunder Mifflin weight-loss initiative causes staff to become obsessed with dieting. **8.00** 2/28. Part two of two. Andy plans his wedding to Angela. **8.30** 3/28. Holly holds a seminar on ethics. (S5)
9.00 **Chris Ramsey: Live from London** Stand-up show from the Royal Court Theatre in London.
10.00 **Chris Rock: Never Scared** Stand-up show.
11.30 **Saturday Night Live**
1.00 AM **And Just Like That...**
3.00 **to 5.00** AM **Veep**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **André Rieu: At Schonbrunn, Vienna**
9.00 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
12.00 NOON **Best of Landscape Artist of the Year** Series highlights.
1.00 PM **Michelangelo: Saint or Sinner?**
2.50 **Discovering**
3.50 **Close to You: Remembering the Carpenters**
5.10 **Luther Vandross at the Royal Albert Hall**
7.00 **Rod Stewart: It Had to Be You** From 2002.
9.00 **FILM Exodus** Epic drama starring Paul Newman and Eva Marie Saint. (1960, PG, 220min) ★★
12.50 AM **Opry Live**
1.50 **Isle of Wight Festival**
3.05 **Tina Turner: One Last Time – Live at Wembley Stadium**
5.00 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: Canada's Front Line**
8.30 **Nothing to Declare**
9.00 **Border Security: America's Front Line**
10.00 **Caught on Dashcam**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **FILM A Match in Manhattan** Romance starring Kalinka Petrie. (2024, PG, 115min) ★★
3.55 **Wildest New Zealand**
5.00 **Animal Empires**
7.00 **Friends: The Reunion** The show's stars get together to reminisce about the hit comedy.
9.00 **Rob & Romesh vs Restaurants: Second Course** 2/2. The duo open London's first hip-hop curry house.
10.00 **Brassic** 5/6. (S2)
11.00 **Ricky Gervais: Fame**
12.45 AM **Caught on Dashcam**
1.50 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **In with a Shout** Game show hosted by Joel Dommett.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to take their place in the hot seat, and hopefully become the next million-pound winner.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show hosted by Warwick Davis.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
2.00 PM **Find It, Fix It, Flog It**
3.00 **Location, Location, Location** The duo help two couples search for new homes in Sheffield.
4.00 **George Clarke's Amazing Spaces**
5.00 **A Place in the Sun**
7.00 **LIVE Winter Paralympics Closing Ceremony** Ade Adepitan, Billy Monger, Ed Jackson, Sarah Storey, Sean Rose and Alice Tai host coverage of the event from Cortina d'Ampezzo, Italy.
10.00 **FILM Stillwater** Crime thriller starring Matt Damon, Abigail Breslin and Camille Cottin. (2021, 15, 139min) ★★★
12.45 AM **FILM Mothering Sunday** Romantic drama starring Odessa Young, Josh O'Connor and Colin Firth. (2021, 15, 104min) ★★★★
2.50 **to 4.50** AM **Gogglebox**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Doomsday Meteor** Sci-fi action thriller. (2023, PG, 86min) ★★
1.00 PM **Stargate SG-1** Five episodes, including at: **4.00** 11/22. The team try to find a cure for amnesia. **5.00** 12/22. Part one of two. Samantha Carter battles to save her father's life. (S3)
6.00 **Star Trek: Deep Space Nine** 16/26. Dax is seriously injured during a crucial mission. (S6)

11.00 Doomsday Meteor

7.00 **Star Trek: Deep Space Nine** *Wrongs Darker Than Death or Night:* 17/26. Kira travels back in time to clear her mother's name.
8.00 **Star Trek: Deep Space Nine** *Inquisition:* 18/26. Several high-ranking investigating officers infiltrate the station.
9.00 **Star Trek: Deep Space Nine** *In the Pale Moonlight:* 19/26. Sisko tries to trick the Romulans. **9.50** *His Way:* 20/26. Odo seeks advice from a suave 1960s crooner on how to overcome his inhibitions. (S6)
10.40 **The Leftovers** *Certified:* 6/8. Nora finds an unlikely ally in her quest, while Laurie attempts to track down Kevin. (S3)
11.50 **The Leftovers** 7&8/8. (S3)
2.40 AM **FILM Oldboy** South Korean revenge thriller with Choi Min-sik. Subtitled. (2003, 18, 120min) ★★★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S10)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Shakespeare & Hathaway: Private Investigators** 9/10. Frank and Lu investigate a death threat at an exclusive tennis club. **5.00** 10/10. The duo make some unlikely allies when they meet a pair of gangsters. (S2)
6.00 **Father Brown** *The Invisible Friends:* Murder threatens to derail the live broadcast of agricultural radio drama.

7.00 Murdoch Mysteries

7.00 **Murdoch Mysteries** New episode *Devil in the Saddle:* 10/21. Murdoch looks into the suspicious death of a cowboy. (S19)
8.00 **Father Brown** *The Cup of Calabria:* The priest joins forces with Flambeau to hunt for a priceless holy relic.
9.00 **Death in Paradise** *A Murder in Portrait:* 2/8. An acclaimed artist is found dead in suspicious circumstances. (S9)
10.00 **NCIS: Sydney** *Brother in Arms:* 3/8. A shark spits out the arm of an ex-Navy SEAL. (S1)
11.00 **Father Brown** As 8.00pm.
12.00 M'T **The Boy That Never Was** 1/4. After losing their son in an earthquake in Morocco, a couple set out on a mission to search for the truth. (S1)
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Only Fools and Horses**
7.45 **The Vicar of Dibley**
12.10 PM **The Vicar of Dibley** Eight episodes, including at: **4.40** Geraldine's hopes of romance are fuelled by a visit from David's dishy brother. **5.35** Alice suggests an unconventional nativity play starring herself and Hugo as Mary and Joseph. **6.30** Alice and Hugo's baby is christened amid chaos, and David asks Geraldine to marry him. Guest stars Sean Bean.

10.20 The Vicar of Dibley

7.25 **The Vicar of Dibley** A summer water shortage presents problems for the locals.
8.20 **Dad's Army** Mainwaring and the platoon are asked to provide a guard of honour for a royal train carrying George VI.
9.00 **Bottom** The grubby duo discover honeymoon tickets in a stolen car. **9.40** Richie prepares for his birthday – but suffers an accident while putting up the decorations.
10.20 **The Vicar of Dibley** Easter special from 1996. Geraldine attempts to make the supreme sacrifice by giving up chocolate for Lent.
11.15 **Bottom Live: The Big Number 2 Tour** From 1995.
1.45 AM **Bottom** Double bill.
3.00 **to 4.00** AM **The Vicar of Dibley**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cornwall with Simon Reeve** 2/2. Documentary.
8.00 **Storage Hunters UK**
9.00 **Border Force: America's Gatekeepers** Double bill.
11.00 **Top Gear** Double bill.
1.00 PM **Mortimer & Whitehouse: Gone Fishing** Double bill.
2.20 **Hairy Bikers' Best of British**
4.25 **Robson Green's Weekend Escapes** With Mark Benton.
5.00 **Cornwall with Simon Reeve**
6.00 **Wilderness with Simon Reeve** A visit to the Democratic Republic of the Congo.

8.00 Will & Ralf Should Know...

7.00 **Special Ops: To Catch a Criminal** A gunfight in Kent leaves a victim seriously wounded and starts a frenetic manhunt.
8.00 **Will & Ralf Should Know Better** The duo face their fears, including performing stand-up comedy in Glasgow.
9.00 **Have I Got a Bit More News for You** Stephen Mangan hosts the current affairs quiz, and Ed Davey MP and Rachel Parris.
10.00 **QI** With guest panellists Phill Jupitus, Sara Pascoe and Mark Watson.
10.40 **Mock the Week** With Stewart Francis, Ed Byrne and Rob Beckett.
11.20 **Mock the Week** With Alistair McGowan, Hal Cruttenden, Gary Delaney and Miles Jupp.
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL** With Sue Perkins.
2.00 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **The Bill** Five episodes.
11.50 **Call the Midwife** (S6)
2.25 PM **Catherine Cookson's The Moth** Feature-length drama following the fortunes of a carpenter who finds himself forced to seek employment with a beguiling woman known as the Moth. Stars Jack Davenport and Justine Waddell.
5.40 **North and South** 3/4. Margaret finds herself drawn to Thornton despite adopting a steely resolve to aid the workers in their battle. (S1)

5.40 North and South

7.00 **North and South** 4/4. Margaret leaves Milton after tragedy strikes, but a change in fortune prompts her to return to the North. (S1)
8.20 **Sister Boniface Mysteries** *Unnatural Causes:* 1/10. At the Great Slaughter Mangold Wurzel Festival, the body of a woman is discovered stuffed in the Aunt Sally effigy. (S1)
9.20 **Silent Witness** *After the Fall:* The apparent suicide of a DJ leads Nikki to question her judgement in a similar case from her past and she brings the potential mistake to her colleagues' attention.
11.35 **New Tricks** *Dockers:* Brian's erratic behaviour hinders an investigation. Guest stars Frances Barber, Kenneth Cranham and Dave Hill.
12.55 AM **Call the Midwife** (S6)
2.20 **A Small Light** 7/8. (S1)
3.05 **to 4.00** AM **Art Detectives**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
12.10 PM **Blue Bloods** (S7&8)
5.00 **Law & Order: Criminal Intent** *Players:* 17/22. A judge's son is killed. **6.00** *Silencer:* 18/22. A doctor is murdered. **7.00** *Rocket Man:* 19/22. A married astronaut is suspected of murdering his lover. **8.00** *Renewal:* 22/22. Logan looks into the death of a police recruit. **9.00** *Siren Call:* 3/22. An officer's teenage stepdaughter is found strangled. (S6)
10.00 **Law & Order: Special Victims Unit** *Payback:* 1/22. A taxi driver is murdered. (S1)
11.00 **Law & Order: Special Victims Unit** (S23&22)
1.50 AM **Law & Order: Criminal Intent** (S5)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Car Pound Cops**
8.30 **Dirty Home Rescue**
9.30 **Home and Away**
10.00 **Shoplifters: Caught Red Handed** Triple bill.
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **8.00** Officers Martin and Hayley are called out to a 4x4 that has come a cropper due to treacherous ice.
9.00 **Faking It** A fish and chip shop owner tries to fake it as a sushi chef.
10.15 **The Push: Death on a Cruise Ship** Investigating the death of Micki Kanesaki in 2006.
11.45 **Murdered at First Sight**
12.45 AM **My Lover, My Killer**
1.55 **Skin A&E**
2.35 **Plastic Surgery Knifemares**
3.25 **Eggheads**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
10.00 **Outback Truckers**
3.00 PM **FILM The Big Trail** Western adventure with John Wayne. (1930, b/w, U, 117min) ★★
5.35 **FILM The Alamo** Fact-based western directed by and starring John Wayne. A small Texan volunteer force is charged with holding off a 7,000-strong invading Mexican army. (1960, PG, 161min) ★★★
9.00 **FILM Hang 'Em High** Western starring Clint Eastwood and Inger Stevens. A former lawman survives being hanged for a crime he did not commit, and sets out to take revenge on the men who left him for dead. (1967, 18, 114min) ★★★★
11.20 **Mud Mountain Haulers**
3.10 AM **Winter Road Rescue**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet: Noel Fitzpatrick**
2.00 **The Supervet: Safari Special**
3.00 **The Supervet**
6.00 **Inside the Ambulance** Paramedics help a fisherman who has suffered a stroke. **7.00** The crews go cross country after a teenager's bike crash.
8.00 **Inside the Operating Theatre** A man has his varicose veins removed. **9.00** A man has his badly broken nose reset.
10.00 **The Young Midwives of Essex** Summah and Lilli touch down in Tenerife for a well-earned break.
11.00 **Bad Girls Behind Bars**
12.00 M'T **Dangerous Breed: Crime. Cons. Cats**
1.25 **to 3.00** AM **Brit Cops Down Under**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **Bangers & Cash**
9.00 **Canal Boat Diaries**
1.00 PM **Martin Clunes: Islands of Australia**
3.00 **Burma with Simon Reeve** Documentary.
4.00 **Colombia with Simon Reeve** Documentary.
5.00 **Canal Boat Diaries**
7.00 **Dom Chinea's Cornish Workshop**
8.00 **Motorhoming with Merton & Webster**
9.00 **Classic Car Kings** Irv and the team update a 1977 Daimler Sovereign Coupe with a slick, modern makeover.
10.00 **Bangers & Cash** Derek is bowled over by a classic vintage motorbike. **11.00** Dave heads to York to collect an Astra GTE convertible.
12.00 M'T **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In Snowdonia.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Escape to the Country**
1.00 PM **My Lottery Dream Home** Four editions.
3.00 **Escape to the Country**
5.00 **A Place in the Sun**
9.00 **Long Lost Family** A woman's search takes on twists and turns and unveils one missing relative after another.
10.00 **Who Do You Think You Are?** TV presenter and comedian Sue Perkins learns more about her grandfather and a great grandfather interned as an 'enemy alien' during World War One.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SUNDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** 6/25. (S1)
9.00 **The Waltons** (S4&5)
1.00 PM **The Waltons** (S5)
7.00 **FILM Midnight in St Petersburg** Thriller with Michael Caine and Jason Connery. Ex-spy turned private eye Harry Palmer uncovers a ring of international art thieves. (1995, 15, 86min) ★★
9.00 **FILM Single White Female** Thriller starring Bridget Fonda and Jennifer Jason Leigh. A young New Yorker decides to take a lodger but ends up sharing her apartment with a severely disturbed young woman. (1992, 18, 107min) ★★★★
11.05 **M*A*S*H** 4-7/24. (S3)
1.05 AM **Home to Roost**
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **Tombstone Territory**
10.00 **FILM Any Gun Can Play** Spaghetti Western. (1967, 12, 98min) ★★
12.10 PM **FILM The Gunfighter** Western drama. (1950, b/w, U, 84min) ★★★★
2.00 **FILM Airport** Thriller. (1969, PG, 137min) ★★★
4.50 **FILM 100 Rifles** Western. (1969, 15, 104min) ★★★
7.05 **FILM Buck and the Preacher** Comedy Western directed by and starring Sidney Poitier. (1971, PG, 102min) ★★
9.20 **FILM The Three Burials of Melquiades Estrada** Offbeat Western starring Tommy Lee Jones. (2005, 15, 116min) ★★★
11.50 **FILM The Duel** Western. (2016, 15, 110min) ★★
2.10 AM **The Avengers**
3.15 **FILM Super Collider** Thriller with Robin Dunne. (2013, PG, 90min) ★★
4.50 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 **FILM Martha's Vineyard Mysteries: Ships in the Night** Crime drama. (2021, PG, 89min) ★★
11.00 **Murder, She Wrote** Ten episodes of the mystery.
9.00 PM **FILM Aurora Teagarden Mysteries: Reunited and It Feels So Deadly** Thriller with Candace Cameron Bure and Niall Matter. (2020, PG, 90min) ★★
10.55 **FILM Lost Letter Mysteries: One in a Million** Crime drama starring Eric Mabius. (2016, PG, 84min) ★★
12.50 AM **FILM Fatal Memories** Mystery starring Italia Ricci. (2014, 12, 90min) ★★
2.35 **FILM Framed By My Sister** Mystery thriller. (2021, 12, 85min) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM A Little Daytime Drama** Comedy. (2021, PG, 90min) ★★
10.05 **FILM Autumn in the City** Drama. (2022, U) ★★
12.00 NOON **FILM Mid-Love Crisis** (2022, PG) ★★
1.50 PM **FILM Just One Kiss** Romantic comedy. (2022, PG, 85min) ★★
3.40 **FILM Love at Mariposa Beach** Romantic drama. (2022, PG, 90min) ★★
5.40 **FILM Let Love Grow** Romantic drama. (2023, U, 90min) ★★
7.45 **FILM Falling for the Competition** Drama. (2023, U, 89min) ★★
9.45 **FILM Dog Lovers Guide to Dating** Comedy. (2023, U, 82min) ★★
11.35 **FILM Write Before Christmas** Drama. (2019, U, 90min) ★★
1.30 AM **FILM Just One Kiss**
3.10 **to 5.00** AM **FILM Love at Mariposa Beach**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **My Floating Home** Four editions.
4.00 PM **FILM Waking Ned** Whimsical Irish comedy starring Ian Bannen. (1998, PG, 91min) ★★★
6.00 **FILM Vendetta for the Saint** Crime mystery starring Roger Moore and Ian Hendry. (1968, PG, 94min) ★★★
8.00 **FILM Puppet on a Chain** Thriller starring Sven-Bertil Taube. (1970, 15, 98min) ★★★
10.00 **FILM Sex and the Other Woman** Comedy starring Bartlett Mullins. (1972, 18, 105min) ★★
11.45 **FILM Triple Cross** Spy thriller starring Christopher Plummer. (1966, PG, 126min) ★★
2.15 AM **Battle of Britain: Empty Skies**
3.30 **Queer Lives Today**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Hank the Cowboy**
6.45 **Sherlock Holmes**
7.15 **We Had One of Those**
7.25 **Mysterious Tales**
7.30 **The Gaffer**
8.30 **The Dustbinmen**
9.30 **Bubblegum & Cheese**
10.30 **Press Gang**
11.30 **That's My Dog**
12.00 NOON **The Champions**
2.00 PM **Boon** 11/13. (S3)
3.05 **Wish Me Luck** (S3)
4.10 **The Prime of Miss Jean Brodie** 2/7. (S1)
5.15 **The Gaffer** 3&4/7. (S2)
6.15 **Agony** 3&4/7. (S2)
7.15 **The Dustbinmen** (S1)
8.15 **Boon** 11/13. (S3)
9.20 **McCallum** Drama.
10.25 **FILM Brimstone and Treacle** (1982, 15) ★★★
12.05 AM **FILM Eskimo Nell** Comedy. (1974, 18) ★★
1.50 **Stereo Underground**
2.50 **Rewind Time Machine**
2.55 **McCallum** Drama.
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo...**

DMAX

158 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Chasing Classic Cars**
2.00 PM **Kindig Customs**
5.00 **Shorty's Dream Shop**
7.00 **Mysteries of the Deep** Jeremy Wade explores a shipwreck that could hold stolen Nazi treasure. **8.00** The secrets of a 150-year-old shipwreck.
9.00 **Cooper's Treasure** Darrell Miklos tries to decode a map created by a former astronaut. **10.00** A sudden tragedy hits the expedition.
11.00 **Expedition X** Phil Torres and Jess Chobot test a mind-bending theory. **12.00** M'T Phil and Jess investigate caverns believed to be portals. **1.00** AM Phil and Jess investigate objects flying around an active volcano.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food**
9.30 **Man v Food: Best Of**
10.30 **Man v Food with Casey Webb** Triple bill.
12.00 NOON **Adam Richman Eats Italy** Double bill.
1.00 PM **James Martin's French Adventure**
3.00 **The Great British Bake Off** Matt Lucas and Noel Fielding host a 1980s-themed edition. **4.30** Dessert Week. **6.00** Patisserie Week. **7.30** The bakers must construct dessert towers.
9.00 **Hairy Bikers' Mississippi Adventure** Dave Myers and Si King head to Graceland. **10.00** The duo arrive in Lafayette, Louisiana.
11.00 **James Martin's French Adventure** Double bill.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Malibu Shark Attack** Disaster movie. (2009, 15, 110min) ★★
9.00 **The A-Team** (S5)
2.00 PM **FILM Triple Cross** Espionage thriller. (1966, PG, 126min) ★★
4.30 **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
6.15 **FILM The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
8.00 **The Twilight Zone** (S5)
9.00 **FILM The Island** Adventure thriller starring Michael Caine. (1980, 18, 114min) ★
11.25 **FILM Alien Nation** Sci-fi thriller with James Caan. (1988, 18, 94min) ★★★
1.20 AM **FILM Hot Seat** Action adventure. (2022, 15, 99min) ★★
3.10 **to 5.00** AM **FILM Daylight Robbery** Heist thriller with Geoff Bell. (2008, 15, 98min) ★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **FILM Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
12.00 NOON **FILM Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
2.00 PM **FILM Bermuda Tentacles** Thriller. (2014, 12, 86min) ★★
4.00 **The Fall Guy** (S2&3)
9.00 **FILM Airport** Disaster drama starring Burt Lancaster, Jacqueline Bisset and Dean Martin. (1969, PG, 137min) ★★★
11.35 **FILM The Enforcer** Action thriller starring Antonio Banderas. (2022, 18, 90min) ★★
1.25 AM **FILM The Asphyx** Horror. (1973, 15) ★
3.10 **FILM 500 MPH Storm** Disaster drama. (2013, PG, 86min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Storage Wars: Texas**
7.30 **Junk & Disorderly: Henry's Wreck-trospective** Double bill.
9.15 **Junk & Disorderly**
10.10 **Flipping Bangers**
11.10 **Pawn Stars**
2.05 PM **Auction Hunters: Pawn Shop Edition**
2.35 **Auction Hunters**
4.05 **Storage Wars**
7.00 **Beyond Skinwalker Ranch** Andy Bustamante and Paul Beban head to northern California to investigate Mount Shasta.
8.00 **Curse of Skinwalker Ranch** The experts are surrounded by a shocking phenomenon.
9.00 **UFO POV** New editions Triple bill of the series investigating what UFOs might see from their own perspective.
12.00 M'T **UFO Encounters UK**
2.00 AM **Monster Aliens**
3.00 **The Proof Is Out There**
4.00 **to 6.00** AM **Irish Pickers**

5SELECT

153 166 138 46 133 30

9.00 AM **Abandoned Engineering** Triple bill.
12.00 NOON **Columbo** Five episodes, including at: **5.50** PM *A Case of Immunity:* The detective ventures into a foreign embassy in California to solve a murder. **7.20** *Blueprint for Murder:* A killer launches an elaborate scheme to make Columbo first suspect him, then reject him as the murderer.
9.00 **The Most Embarrassing TV Moments** A selection of TV mishaps and gaffes.
11.00 **Taggart**
12.50 AM **James May's Great Explorers** Walter Raleigh.
2.20 **Stonehenge: The Discovery with Dan Snow** Documentary.
3.35 **Britain's Greatest Bridges** From Bristol.
3.50 **to 4.00** AM **Entertainment News**

Challenge

130 131 116 117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable**
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Matt Allwright, Stacey Solomon, Louise Minchin and Keith Allen compete for charity. **6.00** With Todd Carty, Jo Pavey, Saira Khan and Dominic Holland.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** With Russell Watson, Rita Simons, Bill Oddie and Denise Welch.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133 134 139 113 128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
8.00 PM **Georgie and Mandy's First Marriage** New episodes 17/22. Georgie's attempt to break up Missy and her new boyfriend backfires. **8.30** 18/22. Mandy tries to prove she is financially responsible. (S1)
9.00 **Mock the Week** New edition With Rhys James, Alasdair Beckett-King, Ed Byrne, Hugh Dennis and Ellie Taylor. **10.00** Dara O Briain hosts the comedy quiz.
11.00 **Guz Khan's Custom Cars** Guz wraps up his Honda S2000 project.
12.00 M'T **Young Sheldon**
12.30 AM **Dr Pimple Popper**
1.30 **Say Yes to the Dress: Atlanta** Reality series.
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112 113 135 132 345 360

8.00 AM **Stupid Central**
9.00 **Friends** 12-23/24. (S5)
3.00 PM **FILM Beethoven's 2nd** Comedy sequel. (1993, U, 89min) ★★
4.40 **Friends** (S5&6)
9.00 **FILM What Women Want** Romantic comedy drama starring Mel Gibson and Helen Hunt. A womanising, chauvinistic advertising executive wakes up after an accident to find he has the ability to hear women's thoughts. (2000, 12, 127min) ★★★
11.30 **8 Out of 10 Cats Uncut**
1.10 AM **Whose Line Is It Anyway? USA**
1.40 **John Mulaney: New in Town** Stand-up show.
2.40 **Lee Evans: XL Tour**
3.40 **Fat Chat with Desiree Burch** With Jack Rooke.
3.50 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Comedy Game Night**

+1 hour 212/213 332

Comedy Cen. Extra

127 128 136 154

6.00 AM **Everybody Loves Raymond** (S5)
7.00 **Teleshopping**
9.00 **Friends** 20/24. (S5)
9.30 **Everybody Loves Raymond** (S5&6)
12.00 NOON **Criminally Funny**
3.00 PM **Friends**
4.30 **Criminally Funny**
9.00 **Friends** 23/24. Part one of two. Ross sets off for England to marry Emily. **9.30** 24/24. Part two of two. Rachel tries to get to London before Ross marries Emily. (S4) **10.00** 1/24. Joey tries to tell Rachel that he did not really propose. **10.30** 2/24. Rachel desperately searches for a solution to Emma's non-stop crying. (S9)
11.00 **Friends** (S9)
2.00 AM **New Girl** (S3)
3.00 **South Park** (S14)
4.30 **Jen Brister: Meaningless**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.20 **On the Buses** 3/6. (S2)
8.50 **Oh, Doctor Beeching!**
11.15 **Goodnight Sweetheart**
5.20 PM **Man About the House** 3-7/7. (S6)
7.55 **Minder** 6/13. (S8)
9.00 **Benidorm** 3/7. The Oracle and his mother return to the resort. (S7)
9.55 **Shameless** 15/16. Debbie and Tom's secret is in danger of being exposed. (S5)
11.00 **Man About the House**
11.25 **Rising Damp Christmas Special** 8/8. (S2)
11.55 **Benidorm** 3/7. (S7)
12.55 AM **Minder** 3/13. (S2)
2.05 **Till Death Us Do Part**
2.35 **Man About the House**
2.55 **Duty Free** 3/7. (S2)
3.20 **That's 60s: Best Music Live!**
4.00 **Nearest and Dearest**
4.50 **to 6.00** AM **Byways of Steam**

MTV

126 127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom 3** Triple bill.
1.00 PM **Catfish: Fiendish Friends** Reality series.
2.00 **Catfish: The TV Show**
4.00 **Catfish: Love Triangles**
5.00 **Catfish: The TV Show**
9.00 **Teen Mom UK: Next Generation** Amelia receives some difficult news, and Leonie has to rely on her mum.
10.00 **Tattoo Fixers**
11.00 **Ink Master: Angels**
12.00 M'T **Help! I'm in a Secret Relationship!**
1.00 AM **Caught in the Act: Double Life** Jamaal's personal trainer Melo raises suspicions.
2.00 **Black Ink Crew New York** Double bill.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
11.00 **The Best of Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys reflect on some of their most challenging and ingenious builds.
1.00 PM A family homestead in Texas requires a makeover.
3.00 A pair of homesteaders and their livestock are mired in muddy clay in the woods.
5.00 The Raneys help a family in the Smoky Mountains whose homestead is failing because it is tethered to conventional power sources.

7.00 Moonshiners

7.00 **Moonshiners** New edition Josh celebrates the completion of a decade-long bunker project with gold flake liquor.

8.00 **Moonshiners: Master Distiller** New edition Josh, Mark and Digger judge as three stars honour the late Jim Tom Hedrick.

9.00 **Barnwood Builders** The team replace a log home lost to wildfires, and they bring with them a cabin they built last year.

10.00 **Wheeler Dealers** Mike nabs a Porsche 997 for £15,000, but it's carrying an engine with a serious case of bore score.

11.00 **Kindig Customs** Dave Kindig, KevDogg and Will Lockwood take a look back at the biggest builds and moments from the show's past 10 years.
12.00 M'T **Overhaulin'**
2.00 **Shorty's Dream Shop**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Jackson helps a man with Crohn's.
4.00 A couple's marriage is riddled with stress over their angry feline Zooey.
5.00 **Treehouse Masters** Pete builds a double-decker hideout in Texas Hill Country.
6.00 **Wild Costa Rica** A look at the wildlife of Costa Rica.

8.00 Little Giants

7.00 **How Do Animals Do That?** The birds that fly as high as a passenger jet.
7.30 How homing pigeons find their way home.

8.00 **Little Giants** Searching for the bombardier beetle in the Mojave Desert.
8.30 A search for the panther chameleon.

9.00 **Alaskan Bush People** The Browns face impossible odds as they seek the final pieces for their off the grid dream.

10.00 **Tanked** A chocolate factory gears up for its annual Holiday Cactus Lighting event and ask for a festive aquarium.

11.00 **Alaska: The Last Frontier** Atz Lee, Otto and August survey the homestead for bears.
12.00 M'T **Fish or Die**
1.00 AM **Jaws of the Deep**
2.00 **Expedition Bigfoot**
3.00 **Monster Tag**
4.00 **to 5.00** AM **How Do Animals Do That?**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ice Road Rescue**
10.00 **Yukon Rescue**
11.00 **Top Guns: The Next Generation** Double bill.
1.00 PM **Air Crash Investigation**
3.00 **Airport Security: Rome** At Italy's busiest airport, police seize bundles of drug money.
4.00 Police seize cocaine which is hidden in a shoe.
5.00 A father and son travelling with fake passports.
6.00 **Rome Underground** Historic discoveries made through the building of a subway line.

10.00 Car S.O.S

7.00 **Air Crash Investigation** How a pilot saved the day when he lost all the engines of the aircraft.

8.00 **Air Crash Investigation** When a huge explosion tears a hole in a 747, the hunt for answers leads to a deadly short circuit.

9.00 **NEW SERIES Planes That Changed History** The engineering secrets behind influential aircraft, starting with the Spitfire.

10.00 **Car S.O.S** Tim Shaw and Fuzz Townshend enlist the help of Joanna Lumley to rescue a Frogeye Sprite that is falling apart.

11.00 **Car S.O.S** A Porsche 911 suffering from terminal rust.
12.00 M'T **Air Crash Investigation** The case of a plane that crashed during a top-secret mission in 1961, with a UN Secretary on board.
1.00 AM **Construction Fails**
3.00 **to 5.00** AM **Strangest Things**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Britain's X Files**
7.00 **Great British Castle Rescue**
8.00 **Storage Wars** Six editions.
11.00 **Pawn Stars** Triple bill.
2.00 PM **Container Wars**
4.00 **Secrets in the Ice** The mummified remains of a man in a pinstripe business suit.
5.00 The story of a huge shipwreck near Cambridge Bay in the Canadian Arctic.
6.00 Strange bundles of wood are discovered on a mountain, and volcanic glass is found in an unexpected place.

8.00 Killer Kings

7.00 **Killer Kings** Documentary series uncovering the truth about six formidable kings throughout history, starting with Henry VIII.

8.00 **Killer Kings** The Roman Emperor Caligula, also known as Gaius, exploring his brief but brutal reign from AD 37 to 41.

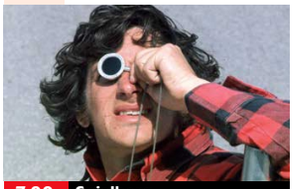
9.00 **The Rise and Fall of Pablo Escobar** The search for Pablo Escobar as told by US Drug Enforcement Administration agents, with never-before-seen footage of Escobar's life and capture.

11.00 **History's Deadliest with Ving Rhames** A look at some of history's deadliest islands.
12.00 M'T **Mysteries Unearthed with Danny Trejo** Explosions that changed history.
1.00 AM **The UnBelievable with Dan Aykroyd** A look into some bizarre missions.
2.00 **Secrets in the Ice**
5.00 **to 6.00** AM **Killer Kings**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Emma Thompson**
7.00 **Discovering: John Travolta**
8.00 **The Directors**
10.00 **FILM The Fog of War** Director Errol Morris's Oscar-winning documentary. (2003, PG, 107min) ★★★
12.00 NOON **FILM Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
2.00 PM **Love Means Zero**
3.50 **Rory's 2025** Documentary
5.20 **I Am Steve McQueen** The life and career of the actor.



7.00 Spielberg

7.00 **Spielberg** Susan Lacy's feature-length documentary examines director Steven Spielberg's career in depth, revealing how his experiences fed his work and changed it over time.

9.50 **George Carlin's American Dream** 1/2. The life and work of the legendary stand-up comic whose inspirational career spanned five decades. With contributions from Chris Rock and Jerry Seinfeld.

12.00 M'T **George Carlin's American Dream** 2/2.
2.00 AM **Between the World and Me** Poetic adaptation of Ta-Nehisi Coates' bestseller.
3.30 **Chernobyl: My Promised Land** A group of Eastern Ukrainian refugees who relocated to Dytyatky.
4.00 **to 6.00** AM **Life According to Sam**

7 PM
8 PM
9 PM
10 PM

Sunday

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 **Antiques Road Trip**
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Celebrity Yorkshire Auction House**
8.00 **The Repair Shop** The restorers work on a ride-on toy plane and a home-made ukulele.
9.00 A 1960s record player and a pair of 1970s boots are given a new lease of life.
10.00 The team restore a well-loved Indian guitar.
11.00 Silversmith Brenton is challenged with restoring a trophy.
12.00 M'T Metal expert Dominic restores a 1940s snail riding toy.
1.00 AM **Massive Engineering Mistakes**
2.00 **Destroyed in Seconds**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Faking It: Tears of a Crime** Fred Talbot.
12.00 NOON **FBI Files**
3.00 PM **American Monster** Six editions, including at:
7.00 Jealousy and violent control soon spiral into devastating consequences.
8.00 Living in his CEO wife's shadow proves too much for a failed football player.
9.00 **A Killer's Mistake** Tiffany Hill is shot dead in her car and her ex-husband Keland Hill is the prime suspect.
10.00 **Evil Lives Here** A jilted lover exacts revenge.
11.00 **Murder of Sarah Everard: A Faking It Special** Documentary.
12.00 M'T **American Monster**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Forensic Factor** Two undertakers are killed while at work.
7.00 Las Vegas reveals a darker side when detectives discover charred remains.
8.00 **Britain's Almost Perfect Murders** How investigators uncovered a pattern of arson attacks that left Carol Wray's family dead.
9.00 **Murder UK** The case of nurse Beverley Allitt, who murdered four children and harmed nine others.
10.00 **Secrets of a Murder Detective** Focusing on the case of Sana Ali.
11.00 **Fatal Fall: Murder or Accident?** John Chipp.
12.00 M'T **Judge Judy**
4.35 AM **Facing Evil**
4.55 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
10.45 **Teleshopping**
11.00 **Medical Detectives**
12.00 NOON **48 Hours**
2.00 PM **Murder by the Sea**
4.00 **Murder in Mind** The case of Lewis Ashdown, who murdered YouTuber Marc Williams.
5.00 How Lori Isenberg poisoned her husband but told authorities he had drowned.
6.00 **Judge Judy** Back-to-back real-life cases, including at:
9.45 A woman claims the father of her daughter illegally evicted her.
10.10 A young woman sues her ex-business partner for damages.
10.35 A woman vents to a family friend about her financial troubles.
11.00 **Judge Judy**
2.00 AM **Murder in Mind**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **A1: Britain's Longest Road**
9.00 **Caught on Dashcam**
10.00 **Police 24/7**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **The Cheshire Murders** The 2007 murders of a family in Connecticut.
3.15 **Killer in My Village**
5.05 **Britain's Most Evil Killers** Double bill.
7.00 **Forensics: Catching the Killer** Philip Smith's spree killing in November 2000.
8.00 **Who Killed Garrett Phillips?** 1&2/2. Investigating the 2011 murder of a 12-year-old.
11.40 **I'll Be Gone in the Dark**
3.05 AM **World's Most Evil Killers** Gary Ray Bowles.
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Documentary.
9.00 **Victorian Britain on Film** Early footage.
10.30 **America the Bountiful**
11.00 **Edwardian Britain in Colour** Double bill.
1.00 PM **America the Bountiful** Documentary.
1.35 **1066: A Year to Conquer England**
5.25 **Victorian Britain on Film** Early footage.
6.55 **Edwardian Britain in Colour** Social historians examine early 20th-century film footage.
7.55 The arrival of a new tram in Wigan.
8.55 **Thirties in Colour: Countdown to War** Colourised footage of films from the 1930s.
9.55 The abdication of King Edward VIII.
11.00 Insights into bomb attack drills.
12.00 M'T **to 2.00** AM **Victorian Britain on...**

SUNDAY

Sunday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Animals Like Us**
8.00 **Big Cats Small World**
10.00 **Ocean Parks**
11.00 **Baboons: Rules of the Troop**
12.00 NOON **Into the Wild: Colombia**
1.00 PM **Wild Animal Babies**
3.00 **David Attenborough's Natural History Museum Alive**
4.30 **Micro Monsters with David Attenborough** Bug rivalries.
5.00 NEW **Tusker: Brotherhood of Elephants** An insight into the lives of elephant bulls in Mount Kilimanjaro and Amboseli.
6.00 **David Attenborough's Wild City** Exploring Singapore's wildlife and natural treasures. **7.00** The animal life of Singapore's urban environments.
8.00 **Shark with Steve Backshall** Double bill of the documentary.
10.00 **Gladiators** Exploring some of nature's toughest fighters.
11.00 **Tusker: Brotherhood of Elephants** As 5.00pm.
12.00 M'T **After the Wildfires**
1.00 AM **Impossible Animals**
2.00 **Planet Weird** Double bill.
4.00 **to 6.00** AM **Cub Camp**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Trains** Double bill.
10.00 **Commando Missions**
11.00 **Instruments of Death**
1.00 PM **Al Murray: Why Do the Brits Win Every War?**
2.00 **Ancient Aliens** Double bill.
4.00 **Life After People**
7.00 **Behind History** The most notable catastrophes in history.
8.00 **Forbidden History** Experts investigate the Codex Gigas, also known as the 'Devil's Bible.'
9.00 **Secrets in the Dark** The fate of Pharaoh Ramses III.
10.00 **Royal Autopsy** Professor Alice Roberts revisits the death of Mary I, also known as Bloody Mary, who experienced phantom pregnancies in her desperation for a child.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Dark Marvels: Killing Machines** The art of spy-craft.
2.00 **Inside the Tower of London**
3.00 **Cracking the Code**
4.00 **Mission Unexplained**
5.00 **to 6.00** AM **Full Custom Garage**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How It's Made: Dream Cars** Four editions.
2.00 PM **Incredible Engineering Blunders: Fixed** Double bill.
4.00 **How the Universe Works**
6.00 **How It's Made** The manufacture of everyday items, such as wood slat baskets. **6.30** The development of DeLoreans and bison fibre. **7.00** How objects including air hockey tables are made. **7.30** How custom shoe trees and clay targets are made.
8.00 **Mysteries of the Deep** The sinking of the SS *Fitzgerald*. **9.00** Jeremy Wade investigates a mummified body discovered on an abandoned boat.
10.00 **Valley of The Kings: The Lost Tombs** Documentary.
12.00 M'T **How the Universe Works**
2.00 AM **NASA's Unexplained Files**
4.00 **to 6.00** AM **How It's Made: Dream Cars**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Murdertown**
8.00 **Nightmare in Suburbia**
10.00 **When Missing Turns to Murder**
12.00 NOON **Rob Rinder's Interrogation Secrets**
2.00 PM **Cops Gone Bad with Will Mellor** Timothy Brehmer.
3.00 **Cops Who Kill with Will Mellor**
4.00 **Killer Grannies** Four editions of the series, including at: **7.00** A wishing well hides some buried secrets.
8.00 **Murder at the Motel** Police respond to a call from a witness who hears a gunshot.
9.00 **Cold Case Files** New edition The murder of a model that took 40 years to solve.
10.00 **Cold Case Files**
11.00 **Tell Me How I Died**
12.00 M'T **Murder on Trial**
1.00 AM **Cold Case Files**
2.00 **Ross Kemp: Lost Boys, Deadly Men** New edition The crimes of Elliot Rodger.
3.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Motive to Murder**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **Close Encounters of the Wild Kind** Triple bill of editions.
1.00 PM **Sea of Hope: America's Underwater Treasures**
2.00 **The Sand Eating Shark**
3.00 **Raging Bull Shark**
4.00 **Secrets of the Zoo: North Carolina** Double bill.
6.00 **Critter Fixers: Country Vets** New edition The vets at Critter Fixer are awarded Keys to the City for community service.
7.00 **Predator vs Prey** A look at how polar bears hunt prey.
8.00 **Built for the Kill** A polar bear cub transforms into a hunter.
9.00 **Alaska's Wild Coast** Chronicling life in Glacier Bay.
10.00 **The Flood: Africa's Okavango** The wildlife of the Okavango Delta, at the heart of Southern Africa's largest desert.
11.00 **Snakes in the City**
12.00 M'T **Life Below Zero: First Alaskans** Double bill.
2.00 AM **Last of the Giants: Wild Fish** Double bill of editions.
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181

7.00 AM **Shed and Buried**
9.00 **Bullet Points** Triple bill.
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides**
6.00 **Blowing Up History** Experts uncover new evidence of the bunker of Adolf Hitler. **7.00** The reason behind the tilt in one of the world's most iconic buildings. **8.00** Experts uncover the mystery surrounding the gunfight at the OK Corral.
9.00 **Salvage Hunters: The Restorers** Gill uses old vinyl to rescue a 120-year-old Chinese writing table. **10.00** Upholsterer Craig is apprehensive about repairing an extremely rare leather sofa. **11.00** Drew asks blacksmith Nev to revamp a 19th century weathervane, Craig restores a battered Barcelona chair, while Alex works on a kitchen dresser.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Expedition with Steve Backshall** Four editions.
1.00 PM **Expedition with Steve Backshall** Eight editions of the series, including at: **5.00** The team of explorers head to Greenland in the Arctic. **6.00** Steve leads a team into Yucatán, Mexico, on the trail of the ancient Maya. **7.00** Steve leads a team on a mission to summit a remote and unclimbed mountain. **8.00** Steve leads a cave-diving team into the largest unexplored cave network.
9.00 **Secret Army** *Scorpion:* 6/13. A German infiltrates a Brussels safe house and Lifeline must identify the imposter. **10.10** *Weekend:* 7/13. Two invaders start to take hostages, unaware that one of their captives is the Chief of Gestapo. **11.25** *The Big One:* 8/13. A successful bombing raid on Berlin riles the Germans. (S2)
12.35 **to 6.00** AM **Secret Army**

+1hour 266 376

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** Double bill of editions.
10.00 **Murder Chose Me**
12.00 NOON **American Monster**
4.00 PM **Disappeared**
6.00 **Evil Lives Here** Margie Bult sees a fugitive on TV who resembles her husband.
7.00 **Evil Lives Here: Shadows of Death** A shocking common thread amid a stack of cold cases in Maryland.
8.00 **Mean Girl Murders** The death of Stacy DeGrandchamp.
9.00 **The Murder of Caroline Crouch: A Faking It Special** A pilot sweeps a young woman off her feet, but after their child is born, tragedy strikes.
10.00 **A Killer Among Friends** Best friends take a girl's trip before applying to grad school.
11.00 **Murder Under the Friday Night Lights** Documentary.
12.00 M'T **Evil Lives Here**
2.00 AM **Evil Online** Double bill.
4.00 **to 5.00** AM **Faking It: Tears of a Crime**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **World's Greatest Motorcycle Rides**
10.00 **Three Men Four Wheels**
11.00 **Bad Chad Customs**
12.00 NOON **Shed and Buried: Classic Cars** Five editions.
5.00 PM **Shed and Buried** Henry and Sam discover something of interest in a Worcestershire field. **5.30** The duo view a collection of Triumph motorcycles. **6.00** Henry and Sam visit a shop hoping to sell a bike. **6.30** Henry and Sam visit a collector of military gear.
7.00 **Wheeler Dealers World Tour**
8.00 **Wheeler Dealers** Mike finds a 1992 Corrado G60. **9.00** Elvis convinces Mike to buy a VW Golf convertible. **10.00** Mike finds a prime example of a Golf Rabbit GTi. **11.00** Mike wants to splash the cash on a custom bus. **12.00** M'T Mike and Ant restore a 1970 Volkswagen Fastback.
1.00 **to 4.00** AM **World's Greatest Motorcycle Rides**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.25 AM **Pets on a Train** (2025)
9.05 PREMIERE **Coyotes** (2025)
10.50 **Icefall** Thriller starring Joel Kinnaman. (2025, 15, 95min)
12.35 PM **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
2.15 **Materialists** As 10.20pm.
4.15 PREMIERE **Coyotes** Comedy thriller. (2025, 15, 105min) ★★★ *See review, page 23.*
6.00 **I Know What You Did Last Summer** Horror reboot. (2025, 15, 119min) ★★★

4.15 Coyotes

8.00 Jurassic World: Rebirth Fantasy action adventure starring Scarlett Johansson, Mahershala Ali and Jonathan Bailey. A crack team infiltrate a forbidden island to collect the DNA of three key dinosaur species. (2025, 12, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Materialists Romantic comedy starring Dakota Johnson, Chris Evans and Pedro Pascal. A highly successful professional matchmaker is torn between the perfect match and her imperfect ex. (2025, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **One More Shot** Comedy. (2025, 15, 88min) ★★★
2.05 **Plainclothes** Crime drama. (2025, 15, 95min) ★★★
3.45 **The Gentleman** Thriller. (2025, 15, 89min) ★★
5.20 **to 6.50** AM **Pets on a Train** Animation. (2025, PG) ★★★

Sky Cinema Beverly Hills

303 303 403 503 517

6.55 AM **Beverly Hills Cop II**
8.55 **Beverly Hills Cop 3** (1994)
10.55 **Beverly Hills Cop** As 9.50pm.
12.45 PM **Beverly Hills Cop II**
2.35 **Beverly Hills Cop 3** (1994)
4.25 **Beverly Hills Cop** As 9.50pm.
6.15 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy as detective Axel Foley on the trail of a gang led by a six-foot blonde. With Judge Reinhold and Brigitte Nielsen. (1987, 15, 99min) ★★★

6.15 Beverly Hills Cop II

8.00 Beverly Hills Cop 3 Comedy sequel starring Eddie Murphy and Judge Reinhold. Street-smart Detroit cop Axel Foley discovers that an LA theme park is a front for a counterfeiting gang. (1994, 15, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Beverly Hills Cop Comedy thriller starring Eddie Murphy as a brash Detroit police detective investigating a friend's murder in Beverly Hills. With Judge Reinhold. (1984, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Beverly Hills Cop II** (1987)
1.25 AM **Beverly Hills Cop 3**
3.10 **Sky Cinema Preview**
4.10 **to 6.00** AM **Pretty in Pink** Romantic comedy starring Molly Ringwald. A teenage girl from a poor background is thrown into emotional turmoil when she's asked out by a rich boy. (1986, 15, 99min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.15 AM **Nuremberg** Legal thriller. (2025, 15, 148min) ★★★★★
9.45 **The Post** Fact-based drama. (2017, 12, 113min) ★★★★
11.50 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★
2.20 PM **Do the Right Thing** Spike Lee's provocative comedy drama. (1989, 15, 120min) ★★★★★
4.20 **Peggy Sue Got Married** Fantasy. (1986, 15, 104min) ★★★★

6.10 **About a Boy** Comedy drama. (2002, 12, 101min) ★★★★
8.00 **It Ends with Us** Drama based on Colleen Hoover's bestselling novel, starring Blake Lively. (2024, 15, 125min) ★★★
10.20 **Lost in Translation** Sofia Coppola's bittersweet romantic comedy drama starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★

12.10 AM **Molly's Game** Fact-based drama starring Jessica Chastain. (2017, 15, 137min) ★★★★
2.35 **Valentine's Day** Romantic comedy with Ashton Kutcher, Anne Hathaway and Jennifer Garner. (2010, 12, 125min) ★★★
4.50 **to 6.35** AM **Lost in Translation**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.30 AM **Companion** As 1.35am.
8.10 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
10.25 **Ready Player One** Fantasy. (2018, 12, 140min) ★★★★
12.45 PM **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
2.20 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
3.55 **Sinners** Horror thriller. (2025, 15, 132min) ★★★★

6.15 **I Am Legend** Sci-fi horror thriller starring Will Smith, Alice Braga and Charlie Tahan. (2007, 15, 101min) ★★★★
8.00 **Annabelle** Horror spin-off starring Annabelle Wallis. A couple are attacked by members of a satanic cult, who transform a vintage doll into a monster. (2014, 15, 97min) ★★
9.50 **Annabelle: Creation** Horror sequel starring Anthony LaPaglia and Samara Lee. (2017, 15, 109min) ★★★

11.50 **The Running Man** Fantasy starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
1.35 AM **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
3.25 **MaXXXine** Thriller with Mia Goth. (2024, 18, 110min) ★★★
5.20 **to 7.00** AM **Zombieland** (2009)

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.15 AM **Spy Kids 3: Game Over** Adventure. (2003, U) ★★★
7.45 **Paul Blart: Mall Cop** (2009) ★
9.30 **The Last Airbender** Fantasy. (2010, PG, 103min) ★★
11.20 **Shrek** (2001, U) ★★★★★
1.00 PM **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
2.40 **Shrek the Third** Animated sequel. (2007, U) ★★★★
4.20 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★
6.00 **The Smurfs** (2011, U) ★★

6.00 The Smurfs

7.55 **The Smurfs 2** Family adventure sequel starring Hank Azaria and Neil Patrick Harris. The Smurfs and their human friends dash around Paris to thwart an evil wizard. (2013, U, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Hobbit: The Desolation of Smaug** Adventure sequel starring Martin Freeman and Ian McKellen. Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' kingdom. (2013, 12, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
2.10 **Paul Blart: Mall Cop 2** Comedy sequel starring Kevin James. (2015, PG, 92min) ★★
3.50 **It Takes Two** Family comedy. (1995, U, 97min) ★
5.40 **to 7.45** AM **Peter Pan** Fantasy. (2003, PG, 113min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.20 AM **2 Fast 2 Furious** Thriller sequel. (2003, 12) ★★★
8.10 **The Fast and the Furious: Tokyo Drift** (2006, 12) ★★
10.10 **Uncharted** Action adventure. (2022, 12, 116min) ★★★
12.15 PM **Morbius** As 12.20am.
2.10 **Venom** (2018, 15) ★★★
4.05 **Venom: Let There Be Carnage** Fantasy sequel. (2021, 15, 97min) ★★★
5.50 **Batman** Fantasy adventure. (1989, 15, 121min) ★★★★

5.50 Batman

8.00 **Jurassic World** Action adventure sequel starring Chris Pratt and Bryce Dallas Howard. A safari park for genetically engineered dinosaurs creates a new species – only for it to escape and terrorise the tourists. With Vincent D'Onofrio. (2015, 12, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

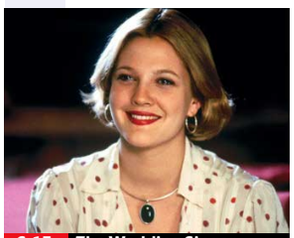
10.15 **The Meg** Action thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long shark. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Morbius** Comic-book adventure starring Jared Leto. (2022, 12, 104min) ★★
2.15 **The Dark Tower** Adventure. (2017, 12, 95min) ★★
4.00 **to 6.05** AM **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12, 122min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.25 AM **Jackass Presents: Bad Grandpa .5** (2014, 15) ★★
7.55 **Team America: World Police** Comedy. (2004, 15) ★★★★
9.40 **So I Married an Axe Murderer** Comedy. (1993, 15) ★★★
11.20 **American Pie** (1999) ★★★★
1.05 PM **In & Out** (1997, 12) ★★★
2.40 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
4.30 **Sex Tape** (2014, 15) ★★
6.15 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★



6.15 The Wedding Singer

8.00 **American Pie 2** Teen comedy sequel starring Jason Biggs. Four friends from high school arrange to spend the summer after their first year at college by renting a lakeside house together. (2001, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **The Hangover** Comedy starring Bradley Cooper, Zach Galifianakis and Ed Helms. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
1.25 AM **The Hangover Part III** Dark comedy sequel. (2013, 15, 100min) ★★
3.10 **School of Rock** Comedy. (2003, PG, 109min) ★★★★
5.05 **Cinema List: Video Games**
5.20 **to 7.00** AM **Semi-Pro** Comedy. (2008, 15, 87min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.45 AM **The Dry** Crime drama. (2020, 15, 117min) ★★★★
8.55 **Collateral** As 12.25am.
11.00 **Safe House** Action thriller. (2012, 15, 110min) ★★★
1.05 PM **Lethal Weapon 4** (1998)
3.20 **Captain Phillips** Fact-based thriller starring Tom Hanks. (2013, 12, 129min) ★★★★★
5.45 **Murder by Numbers** Crime thriller starring Sandra Bullock, Ryan Gosling and Michael Pitt. (2002, 15, 120min) ★★★

8.00 Nightcrawler

8.00 **Nightcrawler** Thriller starring Jake Gyllenhaal. An unscrupulous freelance TV cameraman prowls the streets of LA, looking for scoops to sell to sensation-hungry TV stations. With Rene Russo and Riz Ahmed. (2014, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Lethal Weapon 4** Action comedy sequel starring Mel Gibson and Danny Glover. The maverick LA cop duo tangle with a gangster from the Hong Kong underworld. (1998, 15, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Collateral** Crime starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★
2.35 **Oldboy** South Korean thriller with Choi Min-sik. Subtitled. (2003, 18, 120min) ★★★★
4.45 **to 6.40** AM **Antebellum** Horror mystery starring Janelle Monáe. (2019, 15, 105min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Steel Magnolias** Comedy drama starring Sally Field. (1989, PG, 115min) ★★★★
1.30 PM **Jumanji: The Next Level** Fantasy adventure sequel. (2019, 12, 123min) ★★★★
3.50 **Howards End** Merchant-Ivory drama with Anthony Hopkins. (1991, PG, 142min) ★★★★★
6.50 **Knight and Day** Comedy thriller starring Tom Cruise. (2010, 12, 105min) ★★★

11.20 The Infernal Machine

Knight and Day (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Equalizer 2** Action thriller sequel starring Denzel Washington and Pedro Pascal. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. With Ashton Sanders and Orson Bean. (2018, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Infernal Machine** Thriller starring Guy Pearce, Alice Eve and Alex Pettyfer. The author of a controversial novel suspects one of his fans may be stalking him. (2022, 15, 111min) ★★★
1.30 **to 3.40** AM **The Darkest Minds** Sci-fi thriller starring Amandla Stenberg and Mandy Moore. (2018, 12, 104min) ★★

+1 hour 314 430 47 301 257

Sky Cinema Award Season

302 302 402 502 516

6.35 AM **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★
8.40 **How to Train Your Dragon** Fantasy starring Mason Thames. (2025, PG, 125min) ★★★★
10.50 **Jurassic Park** Monster thriller. (1993, PG, 127min) ★★★★★
1.00 PM **The Lord of the Rings: The Fellowship of the Ring** Fantasy. (2001, PG, 178min) ★★★★★
4.00 **The Lord of the Rings: The Two Towers** Fantasy adventure. (2002, 12, 179min) ★★★★★
7.00 **The Lord of the Rings: The Return of the King** Fantasy adventure starring Elijah Wood. (2003, 12, 201min) ★★★★★
10.20 **The King's Speech** Drama starring Colin Firth and Geoffrey Rush. An unconventional speech therapist is the future George VI's last hope to cure his crippling stammer. (2010, 12, 118min) ★★★★★

12.20 AM **Anora** Romantic comedy drama starring Mikey Madison. (2024, 18, 139min) ★★★★★
2.40 **GoodFellas** Martin Scorsese's drama starring Robert De Niro. (1990, 18, 143min) ★★★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Greats

304 304 404 504 518

6.40 AM **The Bridges at Toko-Ri** Korean War action drama. (1954, U, 99min) ★★★
8.30 **Shenandoah** As 5.05am.
10.20 **Demolition Man** As 3.05am.
12.20 PM **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
2.20 **Indiana Jones and the Temple of Doom** Action adventure. (1984, PG, 118min) ★★★
4.20 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★
6.30 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
8.00 **The Naked Gun 2½: The Smell of Fear** Spoof police thriller sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
9.30 **The Naked Gun 33⅓: The Final Insult** Spoof police thriller sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★

11.00 **The Long Kiss Goodnight** Thriller. (1996, 18, 120min) ★★★
1.05 AM **Fatal Attraction** Thriller. (1987, 15, 120min) ★★★★
3.05 **Demolition Man** Sci-fi action thriller. (1993, 15, 114min) ★★★
5.05 **to 6.55** AM **Shenandoah** Western. (1965, PG) ★★★★

Sky Cinema Animation

305 305 405 500 514

6.00 AM **Bee Movie** Animated comedy. (2007, U, 91min) ★★★
7.35 **Fireheart** Animated adventure. (2022, U, 92min) ★★★
9.10 **Madagascar: Escape 2 Africa** Animated adventure sequel. (2008, PG, 89min) ★★★
10.45 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
12.30 PM **Transformers One** Animation. (2024, PG) ★★★★

2.20 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
4.00 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
5.45 **Monster Family 2** Animated sequel. (2021, U, 90min) ★
7.35 **Turbo** Animated adventure. (2013, U, 92min) ★★★★
9.20 **Rango** Animated Western spoof. (2011, PG, 103min) ★★★★
11.10 **Scarygirl** Animated adventure. (2023, PG, 90min) ★★★
12.50 AM **Buffalo Kids** Animation. (2024, U, 79min) ★★★

2.25 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★
3.55 **Boonie Bears: Guardian Code** Animated family adventure. (2023, PG, 96min) ★★★
5.40 **to 7.15** AM **Super Charlie** Animation. (2025, PG) ★★★

Movies 24

312 313 419

7.00 AM **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
9.00 **An Ice Palace Romance** Drama. (2023, PG, 90min) ★★
11.00 **Mystery Island: House Rules** Thriller. (2024, PG, 84min) ★★
1.00 PM **Finding Love in Saint Lucia** Drama. (2023, PG, 90min) ★★
3.00 **Something New: A Teagarden Mystery** Drama starring Skyler Samuels. (2023, U, 87min) ★★

5.00 **A Paris Proposal** Romantic comedy. (2023, PG, 84min) ★★
7.00 **For Love & Honey** Comedy starring Andrew W. Walker. After rescuing a hive, a beekeeper is thrown into a quest across Malta with an archaeologist. (2024, U, 84min) ★★
9.00 **Just in Time** Drama starring Laura Osnes. A mysterious gift from a stranger helps a couple struggling to conceive to come to terms with their problems. (2024, PG, 90min) ★★

11.00 **Paging Mr Darcy** Romantic drama. (2024, PG, 84min) ★★
1.00 AM **Making Waves** Romantic comedy. (2023, PG, 84min) ★★
3.00 **to 5.00** AM **Lease on Love** Comedy. (2022, PG, 86min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Emergency** (1963, U) ★★
7.15 **Voyage to the Planet of Prehistoric Women** Adventure. (1968, 18, 78min) ★★
8.50 **The Hellbenders** (1967, 15) ★★
10.40 **The Beverly Hillbillies** (S2)
11.10 **The Atomic Submarine** Drama. (1959, b/w, PG, 68min) ★★
12.40 PM **Batman** 55/60. (S2)
1.10 **The Adventures of Bullwhip Griffin** Western. (1965, U) ★★★

3.20 **Look at Life** Documentary.
3.30 **Give Us a Clue**
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **Hannay** 6/6. (S1)
7.00 **That's My Boy** 6/6. (S1)
7.30 **The Vise** 3/26. (S2)
8.00 **Sergeant Cork** 8/13. (S3)
9.05 **Who Do You Do?**
9.40 **Adventures of a Plumber's Mate** Comedy. (1978, 18) ★
11.25 **The Heritage Chart Show**
12.30 AM **The First Travelling Saleslady** (1956, U) ★★

2.20 **Look at Life** Documentary.
2.30 **Burke's Law** 3/32. (S1)
3.30 **The Rogues** 6/30. (S1)
4.30 **The Adventures of Robin Hood** 12/39. (S1)
5.00 **The Buccaneers** 11/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

8 PM
9 PM
10 PM
11 PM

SUNDAY Sport 15 March

Sky Sports Main Event

401 401 501 419 439

5.30 AM **LIVE Formula 1** Coverage of the Chinese Grand Prix, the second round of the season, held at Shanghai International Circuit.
10.00 **Ted's Notebook**
10.30 **Formula 1** Chinese Grand Prix.
11.30 **LIVE SPFL** **St Mirren v Rangers.** The Scottish Premiership match at The SMISA Stadium. Kick-off **12.00noon**.
1.00 PM **LIVE Super Sunday** **Manchester United v Aston Villa.** Coverage of the Premier League match staged at Old Trafford. Kick-off **2.00pm**.
4.00 **LIVE Super Sunday** **Liverpool v Tottenham Hotspur.** The Premier League encounter from Anfield. Kick-off **4.30pm**.
7.00 **LIVE The Players Championship** Coverage of the fourth and final day from TPC Sawgrass in Ponte Vedra Beach.
10.30 **Sky Sports Catch Up**
11.00 **LIVE NBA Basketball** **New York Knicks v Golden State Warriors.** The inter-conference match from Madison Square Garden. Tip-off **12.00m't**.
2.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
1.00 PM **LIVE Super Sunday** **Nottingham Forest v Fulham.** Coverage of the Premier League match at the City Ground, as the hosts look for three vital points as they try to move away from the relegation zone. Kick-off **2.00pm**.
4.00 **LIVE Super Sunday** **Liverpool v Tottenham Hotspur.** Coverage of the Premier League match staged at Anfield. The visitors have not got a good recent record against their hosts having only won two times in the last 19 meetings between the two sides. The reverse fixture back in December saw second-half goals from Alexander Isak and Hugo Ekitike earn Liverpool at 2-1 victory at the Tottenham Hotspur Stadium. Kick-off **4.30pm**.
8.00 **James Milner: Record Breaker**
8.30 **The Big Interview** Malick Thiaw.
9.00 **SNF** Chelsea v Newcastle United.
9.30 **Premier League Highlights**
4.00 AM **Best PL Goals 00/01**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **SPFL Highlights**
6.15 **EFL Highlights**
8.00 **SPFL Highlights**
8.15 **EFL Highlights** Championship.
10.45 **SPFL Highlights**
11.00 **LIVE SPFL** **St Mirren v Rangers.** Coverage of the Scottish Premiership match staged at the SMISA Stadium. The sides shared the spoils in a 1-1 draw here in August, but the title-chasing Gers have since won 2-1 against the Buddies at Ibrox in December. Kick-off **12.00noon**.
2.45 PM **LIVE Irish Football** **Glentoran v Linfield.** Coverage of the BetMcLean Cup final from Windsor Park. Kick-off **3.00pm**.
5.15 **EFL Highlights** Championship.
7.00 **EFL League One & Two Goals**
8.00 **Women's League Cup**
10.00 **WSL** Aston Villa v Manchester City.
10.30 **Irish Football** The cup final.
11.00 **EFL League Two Goals**
11.30 **SPFL Highlights**
11.45 **EFL Highlights** Championship.
12.00 M'T **Women's League Cup**
12.30 AM **Retro League One**
2.30 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Highlights.
10.00 **Men's T20 World Cup**
12.00 NOON **Test Cricket** England v India from The Kia Oval in London.
1.00 PM **LIVE Premier League** **Crystal Palace v Leeds United.** Coverage of the top-flight clash at Selhurst Park. The Whites produced a dominant display in a 4-1 victory when the teams met at Elland Road three months ago, with Dominic Calvert-Lewin bagging a brace as he found the net for the fifth consecutive match. Kick-off **2.00pm**.
4.00 **Men's T20 World Cup** Action from South Africa v New Zealand in the first semi-final staged at Eden Gardens in Kolkata. **5.00** Highlights from the final.
6.00 **Test Cricket** Action from days one to five of the fifth and final Test between England and India held at The Kia Oval in London.
11.00 **IPL** Highlights of Kolkata Knight Riders v Chennai Super Kings from Eden Gardens, Kolkata.
12.00 M'T **IPL** Highlights of Mumbai Indians v Gujarat Titans at Wankhede Stadium in Mumbai.
1.00 **to 6.00** AM **Test Cricket**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Champions Learning Centre**
6.30 **The Players Championship Official Film** Archive action.
8.30 **Rory's 2025** Rory McIlroy.
10.00 **The Players Championship**
1.00 PM **LIVE The Players Championship** Coverage of the fourth and final day held at TPC Sawgrass, Florida. Rory McIlroy's final round of 68 saw him draw level with round three leader JJ Spaun, and McIlroy went on to prevail in a play-off to win this title for the second time in his career.
10.30 **Ladies European Tour Golf**
12.30 AM **The Players Championship**
1.30 **Chronicles of a Champion Golfer** A profile of Rory McIlroy.
2.00 **to 6.00** AM **The Players Championship Official Film**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
1.00 PM **WTA Tennis** A review of the Dubai Tennis Championships.
1.30 PM **WTA & ATP Tennis**
5.30 **LIVE WTA Tennis** Coverage of the Indian Wells Open women's final at Indian Wells Tennis Garden. Aryna Sabalenka and Mirra Andreeva faced off in the final 12 months ago and it was the 17-year-old Andreeva who came out on top, eventually beating the number one seed 2-6 6-4 6-3.
8.30 **LIVE ATP Tennis** Coverage of the Indian Wells Open men's final staged at Indian Wells Tennis Garden, California. Jack Draper won the title last year after beating Denmark's Holger Rune 6-2 6-2.
11.00 **WTA & ATP Tennis** Highlights.
3.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.30 AM **Winter Paralympic Games**
7.30 **UEFA Champions League**
8.00 **LIVE Isuzu UTE A-League** **Melbourne Victory v Macarthur Bulls.** Coverage of the Australian top-flight match from AAMI Park in Melbourne. Kick-off **9.00am**.
10.00 **Men's Cycling** Highlights.
12.00 NOON **LIVE Premiership Women's Rugby** **Saracens v Gloucester-Hartpury.** Coverage of the match at StoneX Stadium. Kick-off **12.30pm**.
2.45 PM **LIVE PREM Rugby Cup** Coverage from the final.
6.00 **LIV Golf** From Singapore.
7.30 **LIVE Serie A** **Lazio v AC Milan.** Coverage of the Italian top-flight match from Stadio Olimpico. Kick-off **7.45pm**.
9.45 **UEFA Europa League Goals**
10.00 **UEFA Conference League**
10.15 **UEFA Champions League**
11.00 **Winter Paralympic Games Highlights** Action from day 10.
12.00 M'T **LIVE World Baseball Classic** Coverage from the opening semi-final staged at LoanDepot Park in Miami, Florida.
3.30 AM **Alpine Skiing** Highlights.
5.00 **to 6.00** AM **Biathlon**

TNT Sports 2

411 414 522 409 431

7.00 AM **LIVE AFL** **Gold Coast Suns v West Coast Eagles.** Coverage of the match from People First Stadium on the Gold Coast. Bounce-up **7.10am**.
10.00 **LIVE World Rally Championship** The Safari Kenya special stage 20.
12.15 PM **LIVE Cycling** Coverage of the seventh and final stage of the men's Tirreno Adriatico, a route from Civitanova Marche to San Benedetto del Tronto.
2.45 **LIVE Cycling** The women's Trofeo Alfredo Binda in Italy.
4.15 **TNT Sports Reload**
4.30 **UEFA Europa League Goals**
4.45 **LIVE Serie A** **FC Como v AS Roma.** The top-flight clash at Stadio Guiseppe Sinigaglia. Kick-off **5.00pm**.
7.00 **UEFA Champions League**
7.30 **T20 International Cricket**
9.30 **UFC** Josh Emmett v Kevin Vallejos.
12.30 AM **Premiership Women's Rugby** Recent highlights.
1.30 **PREM Rugby Cup**
2.30 **T20 International Cricket**
4.30 **Women's Test Cricket**
5.30 **to 6.00** AM **UEFA Champions League Magazine**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League Highlights**
6.15 **Women's Super League**
6.30 **Super League Highlights**
7.15 **LIVE NRL** **Dolphins v Gold Coast Titans.** Coverage of the match from Suncorp Stadium. Kick-off **7.15am**.
9.15 **Super League Highlights**
10.15 **NFL Highlights**
11.15 **Super League Highlights**
11.30 **NBA on Fire** The latest news.
12.00 NOON **Premier League Darts**
4.00 PM **Super League Highlights**
5.00 **NFL Highlights**
6.00 **Premier League Darts** Action from the sixth night staged at Motorpoint Arena Nottingham.
10.00 **NBA on Fire** The latest news.
10.30 **NFL Bitesize Highlights** Seattle Seahawks v Arizona Cardinals. **10.45** Action from Los Angeles Chargers v Pittsburgh Steelers.
11.00 **LIVE NBA Basketball** **New York Knicks v Golden State Warriors.** Coverage of the inter-conference game at Madison Square Garden. Tip-off **12.00m't**.
2.30 AM **NFL Highlights**
4.30 **Super League Highlights**
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Super League Highlights**
7.15 **LIVE NRL** **Dolphins v Gold Coast Titans.** Coverage of the match from Suncorp Stadium. Kick-off **7.15am**.
9.15 **The Sunday Supplement**
11.00 **LIVE WSL** **Aston Villa v Manchester City.** All the action from the Women's Super League match staged at Villa Park. Kick-off **11.55am**.
2.00 PM **LIVE Women's League Cup** **Chelsea v Manchester United.** Coverage of the final at Ashton Gate in Bristol. Kick-off **2.15pm**.
5.00 **Sports Sunday**
5.30 **LIVE WTA Tennis** Coverage of the Indian Wells Open women's final at Indian Wells Tennis Garden.
8.30 **LIVE ATP Tennis** Coverage of the Indian Wells Open men's final at Indian Wells Tennis Garden. Jack Draper won the title last year after beating Denmark's Holger Rune 6-2 6-2, becoming the second Brit to triumph here after Cameron Norrie in 2021.
11.00 **Sky Sports Catch Up**
2.00 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PGA Tour Golf**
8.00 **The Players Championship**
10.00 **WTA Tennis** Mérida Open final.
11.00 **LIVE WSL** Coverage of today's matches in the Women's Super League. Kick-offs are at **11.55am**.
2.00 PM **LIVE Women's League Cup** **Chelsea v Manchester United.** Coverage of the final at Ashton Gate in Bristol. Kick-off **2.15pm**.
5.00 **Formula 1** Chinese Grand Prix.
6.00 **PGA Tour Golf** Highlights.
7.00 **Darts Gold** Archive action.
7.30 **Formula 1** From Shanghai.
8.30 **PGA Tour Golf**
10.30 **WTA Tennis** Dubai Championships.
11.00 **Formula 1** Chinese Grand Prix.
12.00 M'T **The Players Championship**
4.00 **to 6.00** AM **Darts**

TNT Sports 3

413 415 523 410 432

6.00 AM **Alpine Skiing** From Sweden.
6.30 **LIVE World Rally Championship** Safari Kenya.
8.15 **LIVE Alpine Skiing** Run one of the women's slalom in Sweden.
9.30 **LIVE Alpine Skiing** The men's super-G in Courchevel, France.
11.15 **LIVE Alpine Skiing** Run two of the women's slalom in Sweden.
12.30 PM **She Who Dares**
1.30 **Sign Up – Into Football**
2.15 **LIVE Cycling** The eighth and final stage of the men's Paris-Nice, a 129.2 km route around Nice.
4.00 **Uphill Climb** Tour de France.
4.45 **Playing for Our Future**
5.00 **AFL** Two match replays.
8.00 **AFL** Another chance to see Gold Coast Suns v West Coast Eagles.
9.30 **World Rally Championship**
10.00 **Cycling** Event highlights.
1.00 AM **AFL** Three match replays.
5.30 **to 6.00** AM **World Rally Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE T20 Cricket** **New Zealand v South Africa.** The first T20 from Bay Oval.
10.15 **LIVE Nordic Combined Skiing** From Oslo, Norway.
11.15 **LIVE Biathlon** From Otepaa.
12.15 PM **LIVE Nordic Combined Skiing** From Oslo, Norway.
1.15 **TNT Sports Reload**
1.30 **LIVE Biathlon** Coverage from the mixed relay in Otepaa, Estonia.
2.45 **LIVE Ski Jumping** The women's HS134 in Oslo, Norway.
4.45 **Crouchy and Cole**
5.00 **LIVE Snowboarding** Parallel giant slalom in Val Saint Come.
6.30 **Alpine Skiing** Highlights.
8.00 **Biathlon** In Otepaa, Estonia.
9.00 **AIUla** The All Sports event.
10.00 **TNT Sports Cricket Reload**
10.30 **Welsh Open Snooker**
12.30 AM **World Rally Championship**
1.00 **Serie A** Highlights from Italy.
3.00 **to 6.00** AM **Cycling**

Premier Sports 1

419 551

6.00 AM **NHL Specials**
7.00 **United Rugby Championship**
11.00 **Football** Highlights and features.
1.30 PM **LIVE SPFL** **Dundee v Dundee United.** The Scottish Premiership match from Dens Park. Kick-off **2.00pm**.
4.30 **Temples of Sport**
5.00 **LaLiga Match Highlights**
5.25 **LIVE LaLiga** **Real Betis v Celta Vigo.** The Spanish top-flight game at Estadio La Cartuja. Kick-off **5.30pm**.
7.30 **LaLiga Match Highlights**
7.55 **LIVE LaLiga** **Real Sociedad v Osasuna.** From Reale Arena. Kick-off **8.00pm**.
10.00 **Sporting Greats**
11.00 **NHL Tonight** Top 20 centers.
12.00 M'T **LIVE NHL Ice Hockey** **Edmonton Oilers v Nashville Predators.** Face-off **12.00m't**.
3.00 AM **NHL: This is Hockey**
3.30 **Sporting Greats**
4.00 **to 6.00** AM **Brasileiro Serie A**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **NHL Ice Hockey**
8.30 **Brasileiro Serie A**
10.30 **Football's Greatest**
11.00 **LaLiga** Atletico Madrid v Getafe.
12.55 PM **LIVE LaLiga** **Mallorca v Espanyol.** The Spanish top-flight match at Estadi Mallorca San Moix. Kick-off **1.00pm**.
3.00 **LaLiga Match Highlights**
3.10 **LIVE LaLiga** **Barcelona v Sevilla.** The Spanish top-flight match from Spotify Camp Nou. Kick-off **3.15pm**.
5.15 **LaLiga Match Highlights**
5.30 **NHL on the Fly** The latest news.
6.30 **Bike World** Magazine.
7.00 **LIVE NASCAR** Coverage from the Pennzoil 400 in Las Vegas.
12.00 M'T **Bike World**
12.30 AM **Football's Greatest**
1.00 **NHL Ice Hockey**
3.00 **Argentine Primera**
5.00 **Bike World** Highlights.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

5.30 AM **LIVE Formula 1** Coverage of the Chinese Grand Prix.
10.00 **Ted's Notebook**
10.30 **Formula 1** Chinese Grand Prix.
2.00 PM **LIVE Indycar** Java House Grand Prix of Arlington warm-up.
3.00 **LIVE Indy NXT** Coverage of the Grand Prix of Arlington in Texas.
4.00 **Lando Norris IV**
4.15 **Kimi and Ted**
4.25 **F1 Explained: Driving Style**
4.30 **LIVE Indycar** The Java House Grand Prix of Arlington in Texas.
7.30 **Formula 1** Chinese Grand Prix.
8.30 **Ted's Notebook**
9.00 **Ferrari Challenge Europe**
11.00 **Formula 1** From Shanghai.
12.00 M'T **Ted's Notebook**
12.30 AM **F1 Academy Highlights**
1.30 **Indy NXT** Grand Prix of Arlington.
2.45 **Red Bull Pitstop**
2.55 **F1 Explained: Driving Style**
3.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

16 March

Evening Planner

Factual

Shed and Buried: Classic Helicopter

Quest, 8pm

Henry Cole and the team restore a Bell 47 helicopter for its 80th anniversary..

Reality

Made in Chelsea

E4, 9.00pm

The series kicks off with the gang in Scotland, so expect Barbour jackets and bagpipes, plus the usual tension.

Sci-Fi

Andor

Sky One, 9pm

Prequel to *Rogue One: A Star Wars Story*, focussing on Cassian Andor's (Diego Luna, right) journey to becoming a rebel.

OnDemand

BBC iPLAYER

Ronan Keating's Wild Atlantic

Available today

The singer takes us along for a deeply personal journey, from Cork to Donegal.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama	8.30 Trace, Track... †	9.00 MasterChef: The Professionals		10.00 News; Local News	10.40 Trying †
	102 BBC2	7.00 Global Eye	7.30 Grand Tours of...	8.00 Mastermind	8.30 University...	9.00 Inside the Rage Machine		10.00 Small Prophets	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Fletchers'...	8.00 Emmerdale	8.30 Coronation...	9.00 Gone		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Batch from Scratch: Cooking for Less		9.00 Handcuffed: Last Pair Standing		10.00 First Dates	
	105 5	7.00 Celebrity Puzzling		8.00 Motorway Cops: Catching Britain's...		9.00 Police Interceptors: Taking Down the...		10.00 999: Police Hour of Duty	
	106 SKY ONE	7.00 The Simpsons		8.00 UFO		9.00 Andor		10.00 Rooster	10.40 Last...
ENTERTAINMENT	115 BBC3	7.05 Waterloo Road				9.00 The Jetty			
	116 BBC4	7.00 Golf: The Players Championship...		8.00 Ireland's Treasures Uncovered		9.00 Call My Bluff	9.30 Face the Music	10.00 Tracey Emin: Where Do You Draw the...	
	118 ITV2	7.00 Wheel of Fortune		8.00 Ant & Dec's Limitless Win		9.00 The 1% Club		10.00 Family Guy	
	136 MORE4	‹ 6.50 The Dog House Australia		7.55 Grand Designs		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Made in Chelsea		10.05 Laid	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Law & Order: Criminal Intent		10.00 The Equalizer	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 DTF St Louis		10.00 All Her Fault	
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army	8.20 Are You Being Served?		9.00 I'm Alan Partridge		10.20 Men Behaving Badly	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More 2024 for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Endeavour	
	120 ITV4	‹ 6.55 Sharpe				9.00 Film: Expend4bles			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's The Wheel		10.00 Michael McIntyre: Hello Wembley!	
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Judge John Deed				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Live in Dublin			9.45 Pavarotti: 10th Anniversary Gala		
	132 U&W	7.00 The Supervet: Noel Fitzpatrick							
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Ed Stafford's Rite of Passage		9.00 Maine Cabin Masters		10.00 Ancient Unexplained Files	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Jaws of the Deep		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 To Catch a Smuggler		10.00 Yukon Rescue	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Digging for Britain		9.00 Great British Castle Rescue		10.00 Secret Sex Lives Of Tyrants	
	155 U&YESTERDAY	7.00 Simon Reeve's South America		8.00 Dom Chinea's Cornish Workshop		9.00 Indian Ocean with Simon Reeve		10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.55 The Civil War		8.00 Ghislaine Maxwell: Epstein's Shadow					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 Sketch		8.00 Materialists				10.00 Coyotes	
	302 ASSASSINS	‹ 6.10 Fight or Flight		8.00 Shooter				10.10 Collateral	
	303 ROM-COMS	‹ 6.15 Hope Springs		8.00 Two Weeks Notice			9.45 Lost in Translation		
	304 GREATS	‹ 6.05 Shirley Valentine		8.00 Sleepless in Seattle			9.50 You've Got Mail		
	305 ANIMATION	‹ 5.45 Smurfs...	7.25 Corpse Bride			8.55 The Lego Ninjago Movie			
	306 FAMILY	‹ 6.00 Pokemon: Detective Pikachu		8.00 The BFG				10.00 Spy Kids 2: Island of Lost Dreams	
	307 ACTION	‹ 6.00 Uncharted		8.00 Fast & Furious Presents Hobbs & Shaw				10.20 Troy	
	308 COMEDY	‹ 5.55 Instant Family		8.00 American Pie: The Wedding			9.45 How to Lose a Guy in 10 Days		
	309 THRILLER	‹ 6.00 Ocean's Eight		8.00 The Bikeriders				10.10 American Gangster	
	310 DRAMA	‹ 6.10 Parachute		8.00 I, Tonya				10.00 The Boy in the Striped Pyjamas	
	311 SCI-FI	‹ 6.15 The Nun		8.00 Children of Men			9.50 28 Days Later...		
	313 FILM4	‹ 6.55 Behind Enemy Lines				9.00 Captain Phillips			
SPORT	401 MAIN EVENT	‹ 6.30 MNF – Live: Brentford v Wolverhampton Wanderers (Kick-off 8.00)							
	402 PREMIER LEAGUE	‹ 6.30 MNF – Live: Brentford v Wolverhampton Wanderers (Kick-off 8.00)							
	403 FOOTBALL	‹ 6.30 Bundesliga...	7.30 EFL – Live: Portsmouth v Derby County (Kick-off 8.00)						10.30 EFL Goals
	405 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	‹ 6.00 Ultimate Pool – Live: Coverage from finals night of the Women's Champions League					9.30 Snooker World Open		
	411 TNT SPORTS 2	7.00 WRC Review		8.00 A-League...	8.30 Ninja A-League...	9.00 Fishing: On the Bank		10.00 UEFA Goals Reload	

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Bear Grylls: Wild Reckoning** New edition University issues. (S)
■ Entire series on BBC iPlayer
2.30 **Amanda & Alan's Spanish Job** (R)
3.00 **Escape to the Country** New edition Argyll and Bute. (S)
3.45 **The Repair Shop on the Road** New edition A pianola. (S)(AD)
■ Entire series on BBC iPlayer
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** There is drama for the Brannings as they spend Mother's Day with the Beales. Jean extends an olive branch. (S)(AD)

8 PM

8.00 **Panorama: Assisted Dying – What Next?** BBC Medical Editor Fergus Walsh reports on assisted dying. (S)
8.30 **Trace, Track, Get My Car Back** Tracking a Land Rover linked to a spate of street robberies. (S)(R)

9 PM

9.00 **MasterChef: The Professionals** New edition 16/21. The semi-finals begin, with eight contenders in the running. The first task requires them to deliver a no-waste dish. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Trying** New episode *Capture the Flag:* 3/8. Nikki worries that she hasn't been able to bond with the children. (S3) (S)(AD)
11.05 **Trying** New episode 4/8. Nikki and Jason prepare for Tyler's seventh birthday party. (S3) (S)(AD)
11.35 **Have I Got News for You** Martin Clunes hosts the satirical quiz, with Helen Lewis and Ian Smith. (S)(R)
12.05 AM **FILM Far from the Madding Crowd** Drama based on Thomas Hardy's classic novel, starring Carey Mulligan and Matthias Schoenaerts. (S)(AD) (2015, 12, 115min) ★★★★
2.00 **Weather for the Week Ahead** (S)
2.05 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.05 AM **Bargain Hunt** (S)(R)
6.50 **Sign Zone: Dragons' Den** (S)(R)
7.50 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Unbeatable** Game show. (S)(R)
2.30 **The Tournament** Quiz show. (S)(R)
3.15 **The Hairy Bakers** (S)(R)
3.30 **Scotland from the Sky** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Selby, North Yorkshire. (S)(R)
5.15 **Flog It!** In Bangor, Gwynedd. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Steve Backshall, Steve Pemberton, Sam Quek and Rachel Riley. (S)
6.30 **Do You Know Your Place?** New edition Vernon Kay hosts as Susan Calman, Max Fosh and Noreen Khan head to Dundee. (S)

8.30 University Challenge

7.00 **Global Eye** Featuring investigations from BBC correspondents. (S)
7.30 **Grand Tours of Scotland's Lochs** 3/6. Paul Murton discovers a forgotten World War One German prison camp. (S)(R)

8.00 **Mastermind** New edition Specialist subjects include Andy Warhol and the Routemaster bus. (S)
8.30 **University Challenge** New edition Two teams who lost their first match compete in a second quarter-final. (S)

9.00 **NEW Inside the Rage Machine** Marianna Spring uncovers evidence of how some social-media algorithms can shape how users think, feel and see the world. (S)(AD)

10.00 **Small Prophets** Series finale 6/6. Time is running out for Michael to ask his questions. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.00 **Hostage** 2/3. A kidnap leads to a perilous manhunt and the hostages fight for survival. (S)(R)(AD)
12.00 M'T **FILM American Fiction** Satire starring Jeffrey Wright. (S) (2023, 15, 110min) ★★★★
1.50 AM **Sign Zone: Countryfile** Charlotte Smith and Vick Hope explore sugar beet harvesting in the east of England. (S)(R)
2.45 **Sign Zone: Sort Your Life Out with Stacey Solomon** (S)(R)(AD)
3.45 **to 6.00** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features. (S)
10.00 **This Morning** Celebrity chat, advice and lifestyle features. (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show, with Denise Lewis, Deborah Meaden and Kevin Whately trying to guess well-known phrases. (S)(R)(AD)
2.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Gone

7.30 **Fletchers' Family Farm** Kelvin and Liz scan their sheep to find out how many are pregnant, while Marnie and Milo head out on an egg hunt when their chickens decide to lay all over the farm. (S)(R)(AD)

8.00 **Emmerdale** Bear makes a huge revelation, while Graham works hard to keep Joe on side. (S)(AD)
8.30 **Coronation Street** Sam falls unconscious, and Kit encounters a witness to his assault on Mal. (S)(AD)

9.00 **Gone** New episode 4/6. Michael's relationship with Alana comes under strain, while two suspects account for their movements on the days surrounding Sarah's disappearance. (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **NEW Oscars Highlights** A look back at some of the best moments from the 98th Academy Awards ceremony at the Dolby Theatre in Hollywood, which was hosted by Conan O'Brien. (S)
12.05 AM **Teleshopping**
3.00 **Martin Clunes' Islands of the Atlantic** 1/3. The actor embarks on an epic journey to explore the ocean's islands, beginning with Sao Tome and Principe and the Bijagos Islands off the western coast of Africa. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Alan Titchmarsh's Gardening Club** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 5-7/28. (S11) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S5) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New Orleans. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Our Farm in the Dales** 1/4. Documentary. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition From Hotel Penzance in Cornwall. (S)
5.30 **Come Dine with Me** New edition Teaching assistant Michelle hosts the first night in Bedfordshire and Cambridgeshire. (S)
6.00 **NEW SERIES A Place in the Sun: What Happened Next?** Catching up with a couple in France. (S)

8.00 Batch from Scratch

7.00 **News** (S)
7.55 **The Political Slot** Danny Kruger, MP for East Wiltshire, sets out Reform UK's plans to provide more support for Britain's veterans. (S)

8.00 **Batch from Scratch: Cooking for Less** New edition Suzanne and Joe help a single mother in Aberdeen, who is struggling to get her kids into healthy eating habits and often doesn't have time to eat herself. (S)(AD)

9.00 **Handcuffed: Last Pair Standing** New edition 5/6. With the final getting ever closer, the handcuffed couples face a new challenge – their first holiday away together. (S)(AD)
■ Concludes tomorrow

10.00 **First Dates** Naked cleaner Elleigha is confident in everything – except romance. She is matched with head chef Louis, who is hoping to make a connection with someone with strong opinions. (S)(R)(AD)
11.05 **Naked Attraction** (S)(R)(AD)
12.10 AM **NEW Walter Presents: The Eclipse** 1/6. French mystery drama with Anne Charrier. Subtitled. (S1)
■ Entire series on C4 streaming
1.05 **Ramsay's Kitchen Nightmares USA** Catch-up edition. (S)(SL)(R)
1.55 **A Woman of Substance** (S)(SL)(R)
3.45 **Stacey Solomon's Renovation Rescue** (S)(SL)(R)(AD)
4.40 **Hollyoaks Omnibus** (S)(SL)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Good Ship Murder** 4/8. In Crete, a photographer is found murdered at the scene of a past shoot. (S3) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** New edition Jo and Pete get ready for their first paid gig. (S)
5.00 **News** (S)
6.00 **Love Nature** New edition The relationship between killer whales and their prey. (S)
6.05 **Susan Calman's Grand Day Out** Susan explores Bristol and the Cotswolds. (S)(R)
6.55 **News** (S)

9.00 **Police Interceptors**

7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts, with guests Ranj Singh and Holly Hamilton joining team captains Sally Lindsay and Carol Vorderman. (S)
7.55 **News** (S)

8.00 **Motorway Cops: Catching Britain's Speeders** New edition Officers pursue suspects armed with a crowbar and an air rifle, and the police helicopter is called in to assist when the chase goes off road. (S)

9.00 **Police Interceptors: Taking Down the Shoplifting Gangs** New edition Officers question two people suspected of being tied to UK-wide shop thefts. (S)

10.00 **999: Police Hour of Duty** Real-time documentary following police officers on duty between 9pm and 10pm. Officers come to the aid of a distressed mother who has been attacked by her own daughter. (S)(R)

11.05 **Traffic Cops** Officers respond to a report of a ram raid. (S)(R)
12.05 AM **Police Interceptors** A pursuit ends with devastating consequences. (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Casualty 24/7: Every Second Counts** Double bill. (S)(R)(AD)
4.10 **Friends** (S4) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S1) (S)(R)
9.00 **NCIS: Los Angeles** (S13) (S)(R)
10.00 **Will & Grace** (S2) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **David Attenborough's Wild City** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **NCIS: Los Angeles** (S13) (S)(R)
3.00 **S.W.A.T.** 15/22. (S1) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *Moho House:* Moe helps Homer and Marge work on their marriage. (S)(R)
5.30 *Dogtown:* The town's dogs assert their dominance. (S)(R)
6.00 **The Office (US)** 6/28. Michael helps Holly move house. (S)(R)
6.30 7/28. The customer survey brings surprise news. (S5) (S)(R)

9.00 **Andor**

7.00 **The Simpsons** *Habeus Tortoise:* Homer tries to solve the mystery behind the disappearance of a tortoise from the zoo. (S)(R)
7.30 *One Angry Lisa:* Marge becomes obsessed with her exercise bike. (S)(R)

8.00 **UFO** 1/4. Documentary exploring people's fascination with unidentified flying objects and the influence the US government and the military may have in shielding the truth. (S)(R)(AD)

9.00 **NEW SERIES** **Andor** *Kassa:* 1/10. *Rogue One* prequel starring Diego Luna. Cassian Andor's search for his missing sister leads to an altercation that makes him a wanted man. *Previously on Disney+.* (S1)

10.00 **Rooster** New episode *Trousers:* 2/10. Katie's future at Ludlow is thrown into question. (S1)
10.40 **Last Week Tonight with John Oliver** New edition A satirical look at news and pop culture.
11.25 **Grimm** 15/22. Nick investigates a theft and murder at a spice shop and discovers that the thieves were seeking a dangerous drug. (S1) (S)(R)
12.20 AM **Police 24/7** (S)(R)
1.10 **Road Wars** (R)
2.00 **The Dyers' Caravan Park** New edition 5/6. The Dyers install a five-a-side football pitch for a staff v residents match.
3.00 **Hawaii Five-0** 15/24. (S1) (S)(R)
4.00 **S.W.A.T.** 15/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.30-9.00pm Banjo and Ro's Grand Island Hotel **10.40** Jules and Greg's Wild Swim **11.10** Trying New episodes **12.05am** Sportscene: SWPL Highlights **12.35** Scotcast **1.05** Have I Got News for You **1.35** Weather for the Week Ahead **1.40-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00pm NEW SERIES Ronan Keating's Wild Atlantic **8.30-9.00** Panorama: Assisted Dying: What Next? **10.40-11.35** FILM PREMIERE Aontas (2025, 12, 55min) ★★ **12.10am** Trying New episodes **1.05** The Weakest Link **1.50-6.00am** BBC News

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Cumasc: Seisiúin sa Black Gate New edition **11.05** Small Prophets Series finale **11.35pm-12.00m't** QI

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cartrefi Cymru **12.30** Heno **1.00** Prosiect Pum Mil **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr **5.00** Stwnsh **6.00** Codi Hwyl: Llydaw **6.30** Rownd a Rownd **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Byd ar Bedwar New edition **8.55** Newyddion a'r Tywydd **9.00** Cefn Gwlad New edition **9.33** Y Tywydd **9.35** NEW SERIES Y Llinell Las **10.20** Rafio+ **10.50** Sgorio **11.20-11.45pm** Ar Led

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

7.00 PM **The Catch Up**
7.05 **Waterloo Road** 3/8. Pregnant student Zoe causes problems for Jack, while Andrew's scheme backfires. **8.05** 4/8. Izzie's ex-husband Jimmy causes chaos at the school when he demands access to their children. (S1)
9.00 **The Jetty** 1/4. Crime drama starring Jenna Coleman as a detective who suspects there is a predator targeting underage girls in the town she has always called home.
10.00 **The Jetty** 2/4. Reeling from her discovery about the past, Ember offers to help Riz investigate the Amy Knightly case in the hope of finding out what Riz knows. (S1)
11.00 **Caitlin Hanna: Trafficked in Belfast** How a 21-year-old woman's death exposed a hidden criminal underworld operating in Northern Ireland.
12.00 M'T **Men of the Manosphere** Documentary.
1.00 AM **Tommy: The Good. The Bad. The Fury**
2.00 **to 4.00** AM **The Jetty**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

7.00 PM **Golf: The Players Championship Highlights** Action from the prestigious tournament at TPC Sawgrass.
8.00 **Ireland's Treasures Uncovered** A look at the artefacts that have helped to shape modern Ireland.
9.00 **Call My Bluff** With guests Donald Churchill, Pauline Yates, Joanna Lumley and Frank Kearton.
9.30 **Face the Music** With Joyce Grenfell, Bernard Levin, Robin Ray and guest musician Henryk Szeryng.
10.00 **Imagine: Tracey Emin: Where Do You Draw the Line?** Alan Yentob follows the artist over the course of 12 months to chart her creative process.
11.20 **Emin/Munch: Between the Clock and the Bed**
12.00 M'T **Nature and Us: A History Through Art**
1.00 AM **Mindful Escapes: Breathe, Release, Restore.**
1.30 **Face the Music**
2.00 **to 3.00** AM **Ireland's Treasures Uncovered**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed** Five editions on the challenge.
4.50 **Car S.O.S** Fuzz Townshend and Tim Shaw fix up an iconic 1989 VW Golf GTI. **5.50** Fuzz and Tim secretly restore a Triumph TR7.
6.50 **The Dog House Australia** Kelpie Tess could be the perfect training companion for eight-year-old Sophie.
7.55 **Grand Designs** Kevin McCloud follows a couple building a unique home near a West Sussex estuary, turning a swampy pond into a biodiverse waterscape and floating the house above it.
9.00 **Our Farm Next Door: Amanda, Clive and Kids** 4/5. The Owen family balance lambing season with getting their renovation watertight, and receive news from the planners which could see the scope of the renovation grow massively.
10.00 **24 Hours in A&E** A woman has swelling on her brain following a random attack.
11.05 **24 Hours in A&E**
12.05 AM **999: On the Front Line**
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Strangers on a Plane**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.50 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.35 **First Dates**
12.35 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.25 **Married at First Sight Australia** Reality series.
5.00 **Celebrity Coach Trip**
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Lucas has a tough decision to make in order to protect himself from a dangerous cellmate.
7.30 **Married at First Sight Australia** New edition The final weddings of the experiment arrive.
9.00 NEW SERIES **Made in Chelsea** The gang descend upon a Scottish estate.
10.05 **Laid** New episode *FB to the T:* 2/8. Ruby looks into her past relationships. (S1)
10.50 **Gogglebox**
11.50 **First Dates**
12.55 AM **Married at First Sight Australia** As 7.30pm.
2.20 **Made in Chelsea**
3.10 **Gogglebox**
4.05 **The Goldbergs**
4.55 **to 6.00** AM **Don't Tell the Bride: Revisited**

primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

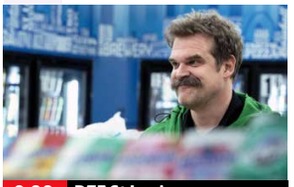
6.00 AM **Bondi Rescue**
7.00 **Nothing to Declare**
9.00 **Border Security USA**
10.00 **Air Ambulance ER**
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 2/22. (S7)
1.00 PM **The Rookie** 17/20. Nolan discovers his informant has gone back to her criminal ways. **2.00** 18/20. Nolan and Harper escort four young offenders to a correctional facility. (S2)
3.00 **Law & Order: Criminal Intent** 1/21. An architect is killed. (S3)
4.00 **Nothing to Declare**

10.00 The Equalizer

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **The Sopranos** (S2)
10.00 **The Gilded Age** 3-8/8. (S2)
4.30 PM **Game of Thrones** 10/10. Jon tries to negotiate a peace with Mance Rayder, and Tyrion receives an unexpected visit from Jaime. (S4) **5.45** 1/10. Jon Snow attempts to mediate between Mance Rayder and Stannis. **6.50** 2/10. Arya arrives in Braavos, and Stannis has a proposal for Jon. (S5)


9.00 DTF St Louis

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.15 **Real Housewives of Beverly...**
12.10 PM **Ant & Dec's Limitless Win**
1.10 **Wheel of Fortune**
2.10 **The Only Way Is Essex**
3.10 **Real Housewives of Cheshire**
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

8.00 Ant & Dec's Limitless Win

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Painted in Blood:* Joyce finds the body of an amateur artist.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Deadlier Than the Male:* A domestic dispute gets out of hand, prompting Joe to play the peacemaker.

10.00 Endeavour

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.10 **Magnum, PI**
9.10 **Kojak**
10.10 **Boon**
11.25 **The Sweeney**
12.30 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.35 **Kojak**
3.35 **Boon**
4.40 **The Sweeney** *Messenger of the Gods:* A consignment of mercury is stolen.
5.50 **Minder** *Get Daley:* Arthur witnesses a crime for which Terry's friend is framed.

9.00 Expend4bles

7 PM

7.00 Police 24/7 Officers must figure out the owner of a stolen bike, and a pizza delivery man suffers serious injuries.

7.50 Game of Thrones *High Sparrow:* 3/10. Queen Margaery spends time with her new husband King Tommen, and Tyrion walks the Long Bridge of Volantis. (S5)

7.00 Wheel of Fortune Graham Norton hosts as contestants compete for the chance to spin the wheel and win big money.

6.55 Heartbeat *Jobs for the Boys:* The Aidensfield police officers are baffled by the activities of a modern-day Robin Hood.

6.55 Sharpe *Sharpe's Rifles:* 1/2. Swashbuckling adventure starring Sean Bean and Brian Cox. Rifleman Sharpe is promoted for saving General Wellesley's life and sent behind enemy lines to rally Spanish support. (S1)

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 Ant & Dec's Limitless Win Two NHS matrons and a husband-and-wife team take on the Limitless Ladder.

8.00 Midsomer Murders *Second Sight:* A man collapses and dies outside a pub after a fight with his brother-in-law, but suspicious burn marks on his forehead lead Barnaby and Scott to discover sinister family secrets.

9 PM

9.00 Law & Order: Criminal Intent *Art:* 2/22. The team investigate the deaths of a curator and an art authenticator. (S1)

9.00 DTF St Louis New episode *The Go-Getter:* 3/7. Plumb presses Homer to let her question Clark. (S1)

9.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 FILM Expend4bles Adventure sequel starring Jason Statham and Sylvester Stallone. Barney Ross and the team square off against arms dealer Suarto Rahmat and his private army. (2023, 15, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

10.00 The Equalizer *Reckoning:* 10/10. Delilah and her friends are threatened by a European crime syndicate. (S1)
11.00 **FBI** 13&11/13. (S6)
1.00 AM **Matlock** 1/19. (S1)
2.00 **The Rookie** New episode 5/18. Crime drama. (S8)
3.00 **Road Wars**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

10.00 All Her Fault 3/8. Alcaras turns his attention to the recent Chicago marathon, while Peter takes matters into his own hands. (S1)
11.00 **The Undoing** 1/6. Grace Fraser's life is rocked by a death and the disappearance of her husband. (S1)
12.00 M'T **The Wire** 11/13. (S1)
1.05 AM **True Blood** 10/12. (S1)
2.05 **Game of Thrones** (S5)
4.10 **to 6.00** AM **Fish Town**

10.00 Family Guy 20/20. The guys tell stories of their athletic successes. (S19) **10.35** 4/22. A hurricane sweeps through town. (S3)
11.05 **Family Guy** 13/20. (S19)
11.35 **American Dad!** New episode 21/22. US animation. (S20)
12.05 AM **American Dad!** (S16)
12.35 **Bob's Burgers** (S13)
1.30 **Plebs** 6/8. (S2)
2.00 **Deal or No Deal**
2.55 **to 3.00** AM **Unwind with ITV**

10.00 Endeavour *Overture – Pilot:* Shaun Evans steps into the shoes of John Thaw in this 1965-set prequel to *Inspector Morse*.
12.00 M'T **A Touch of Frost** *Appendix Man:* Jack dons his thinking cap to investigate when a man is found hanged – a case complicated by the fact that the victim officially died a year previously.
2.00 **to 2.30** AM **On the Buses**

11.05 FILM The Taking of Pelham 123 Action thriller remake. (2009, 15, 105min) ★★★
1.10 AM **Lost** 12/25. (S1)
1.55 **Minder** As 5.50pm.
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Designing the Hebrides**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **Life on the Bay** A new caravan is installed. **8.30** Alan shows his daughter the ropes.
9.00 **Designing the Hebrides** Banjo Beale and the team design two honesty boxes. **9.30** Banjo and the team transform a wool and craft shop on Iona.
10.00 **River City** New episode An anxious Amber is encouraged to enjoy a night away from Teddy.
10.30 **Two Doors Down** (S2)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Limmy's Show**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S5)
9.00 **Ballers** 9&10/10. (S1)
10.15 **Sex and the City** (S6)
11.25 **Entourage** (S7)
12.30 PM **Will & Grace** (S7)
1.30 **Sex and the City** (S6)
2.45 **Ballers** 1&2/10. (S2)
3.55 **And Just Like That...**
4.45 **The Office (US)** (S5)
5.45 **Will & Grace** (S7)
6.45 **Community** (S2)
7.45 **Sex and the City** 7/20. Charlotte celebrates her engagement. **8.20** 8/20. Carrie is sent on an assignment to test a trapeze. (S6)
9.00 **Real Time with Bill Maher** New edition The comedian and guests discuss the week's events.
10.10 **And Just Like That...** 7/11. Miranda explores the idea of dating again. (S2)
11.10 **Community** (S2)
12.10 AM **Entourage** (S7)
1.15 **Ballers** 7&8/10. (S1)
2.25 **Barry** 1&2/8. (S1)
3.45 **to 5.00** AM **Veep**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Cirque du Soleil: Corteo** A show exploring themes of life and death.
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Stories from the National Gallery**
3.00 **Best of Landscape Artist of the Year**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Live in Dublin**
9.45 **Pavarotti: 10th Anniversary Gala**
11.05 **Comedy Legends**
12.05 AM **Jamie Cullum Live at Blenheim Palace**
2.30 **Voices of Ireland**
3.40 **Art's Most Erotic**
4.40 **Auction: Shakespeare**
5.05 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 1/26. (S2)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** *The Naked Now:* 3/26. (S1)
8.00 **Primeval** 6/10. (S3)
9.00 **FBI** 2/13. (S6)
10.00 **FBI: Most Wanted** (S1)
11.00 **Grimm** 9/13. (S6)
12.00 M'T **Warrior** 5/10. (S2)
1.00 AM **The Force: Manchester**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A family team of five take part.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Mark tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson hosts the quiz in which another line-up of contestants answer the questions that could change their lives.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Location, Location, Location** In Aberdeen.
10.00 **Our Welsh Chapel Dream** Property series.
11.00 **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **A New Life in the Sun** From France.
1.00 PM **A Place in the Sun: Home or Away**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location** From Derby.
7.00 **George Clarke's Building Home** A home in Ribble Valley.
8.00 **Kirstie and Phil's Love It or List It** Helping two baptist ministers in Northumberland.
9.00 **Gogglebox**
10.00 **Night Coppers**
12.05 AM **24 Hours in A&E**
1.05 **Lake District Rescue**
2.05 **Millionaire Hoarders**
3.05 **Inside the World's Most Luxurious Cruises**
4.05 **to 5.00** AM **Gogglebox**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 20/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 21/26. (S6)
2.00 **Warehouse 13** 1&2/13. (S1)
4.00 **Stargate SG-1** 13/22. (S3)
5.00 **Star Trek: Voyager** (S2)
6.00 **Star Trek: The Next Generation** 20/26. An archaeologist mentor of Picard's invites him to join an expedition. (S6)

8.00 Stargate SG-1

7.00 **Star Trek: Deep Space Nine** *The Reckoning:* 21/26. The space station faces annihilation. (S6)

8.00 **Stargate SG-1** *The Devil You Know:* 13/22. Part two of two. The team members are subjected to painful memories. (S3)

9.00 **Westworld** *Annees Folles:* 3/8. Bernard embarks on his journey, and Maeve finds herself in familiar territory.

10.00 **Westworld** *Generation Loss:* 4/8. Bernard and the resistance look for a weapon in the desert. (S4)

11.00 FILM **Wynonna Earp: Vengeance** Sci-fi Western spin-off. (2024, 96min) ★★★
1.00 AM **True Blood** 9/10. Bill attempts to get Warlow away from the faerie plain.
2.00 10/10. Sookie evaluates her future with Warlow. (S6)
3.00 **Warehouse 13** 1&2/13. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S14)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 8/23. (S1)
11.00 **Hudson & Rex** 5/8. (S7)
12.00 NOON **My Life Is Murder** (S1)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S14)
4.00 **The Mentalist** 8/23. (S1)
5.00 **Hudson & Rex** 5/8. A seven-year-old cold case is reopened. (S7)
6.00 **My Life Is Murder** 6/10. A man is found dead in an alley following a fight at his brother's wedding. (S1)

8.00 Death in Paradise

7.00 **Father Brown** *The Tree of Truth:* A body is found in the woods is identified as a woman who went missing seven years earlier.

8.00 **Death in Paradise** *Written in Murder:* 3/8. A famous writer is stabbed through the heart. Guest stars Simon Callow. (S7)

9.00 **Death in Paradise** *Tour de Murder:* 3/8. A cyclist is murdered halfway round the Tour des Antilles race. (S9)

10.00 **Father Brown** *The Lord of the Dance:* The priest takes the lead when a TV dancing contest turns deadly.

11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S7)
1.00 AM **My Life Is Murder** (S1)
2.00 **The Red King** 1/6. First episode of the crime thriller starring Anjli Mohindra. (S1)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.10 **Are You Being Served?**
9.50 **Last of the Summer Wine**
11.10 **Hi-de-Hi!**
11.50 **Porridge**
12.25 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Hi-de-Hi!**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

7.00 Porridge

7.00 **Porridge** Betting fever sweeps Slade Prison, but the stakes rise too high for some of the inmates.
7.40 **Dad's Army** The platoon take part in an efficiency test to prove its worth.
8.20 **Are You Being Served?** Mrs Slocombe is faced with the sack.

9.00 **I'm Alan Partridge** First-ever episode. Alan dreams of launching a new BBC show.
9.40 Alan lands a TV job presenting military-based quiz show *Skirmish*.
10.20 **Men Behaving Badly** Tony gets a tattoo in a bid to impress Deborah.

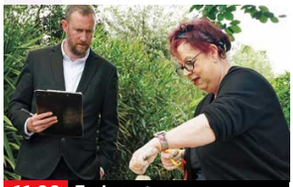
11.00 **Live at the Apollo** Danny Bhoy introduces routines by Miles Jupp and Lee Nelson at the Hammersmith Apollo.
12.00 M'T **I'm Alan Partridge**
1.20 AM **Men Behaving Badly**
2.00 **Live at the Apollo**
3.00 **to 4.00** AM **Don't Wait Up**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** The duo forage for food.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Railroad Australia**
11.00 **Rick Stein's Far Eastern Odyssey** As 6.00pm.
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Far Eastern Odyssey** Rick continues his culinary journey in Thailand.



11.00 Taskmaster

7.00 **Would I Lie to You?** Unseen material from the comedy panel show.
7.40 **Richard Osman's House of Games** With David James and Rhys James.
8.20 With Sara Barron, Anton Du Beke, Rickie Haywood-Williams and Jessica Fostekew.

9.00 **QI XL** Sue Perkins, Bill Bailey and Romesh Ranganathan join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More 2024 for You** A compilation edition looking back at the big news stories of 2024.

11.00 **Taskmaster** David Baddiel steers some heavy machinery toward a representation of his childhood sweetheart.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Hate Thy Neighbour**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.40 **The Bill**
8.35 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Siegfried plans to demonstrate the perfect operation.
3.10 **Howards' Way**
4.20 **Shakespeare & Hathaway: Private Investigators**
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

8.00 Judge John Deed

7.20 **Last of the Summer Wine** Howard feels embarrassed when he bumps into a face from his past.

8.00 **Judge John Deed** *Lost Youth:* The judge must decide the fate of a sick baby when doctors refuse to give further treatment. Meanwhile, a boy convicted of theft dies in custody – bringing Deed's own traumatic memories of childhood to the fore.

10.00 **New Tricks** *Dockers:* Brian's erratic behaviour begins to hinder the team's investigation into a union leader's death.

11.20 **Shakespeare & Hathaway: Private Investigators** 5/10. A missing person's case takes a dramatic turn. (S3)
12.20 AM **The Inspector Lynley Mysteries** *Missing Joseph.*
2.25 **Birds of a Feather**
2.55 **to 4.00** AM **Copper**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 8-10/24. (S7)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Patriot Down:* 23/24. An agent's body is found badly burned.
7.00 *Rule Fifty-One:* 24/24. Gibbs is held captive in Mexico by the head of a cartel. (S7)
8.00 *The Spider and the Fly:* 1/24. The team get an important lead while tracking down Paloma Reynosa, a Mexican drug kingpin. (S8)
9.00 New episode *Humbug:* 9/20. The team have to find out the truth behind a tell-all book that threatens a decorated Marine's life before it is published. (S22)
10.00 **Law & Order: Special Victims Unit** (S23&22)
1.45 AM **Blue Bloods** (S10)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** The doctors must deal with the subject of bereavement.
8.00 **Casualty 24/7: Every Second Counts** The chute used to transport bloods through the hospital has broken.
9.00 **Ambulance: Code Red**
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **Car Crime: Caught on Camera**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Police Interceptors**
11.10 FILM **The Naked Spur** Classic Western starring James Stewart. (1953, PG, 91min) ★★★
1.05 PM FILM **Little Big Man** Offbeat Western starring Dustin Hoffman. (1970, 15, 133min) ★★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
7.00 **Motorway Cops: Catching Britain's Speeders** Sgt Dave Roberts pursues a car linked to drug dealing.
8.00 **Police Interceptors** Officers go in pursuit of a drunk driver.
9.00 **Highway Thru Hell**
10.00 **Motorway: Hell on the Highway** Documentary.
11.00 **The X-Files** 6/24. (S1)
12.00 M'T **Mud Mountain Haulers** Documentary.
1.00 AM **Outback Truckers**
2.00 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **The Supervet: Noel Fitzpatrick** An energetic bull terrier puppy comes into the surgery.
8.00 A six-month-old collie presents Noel with a complex case.
9.00 The vet treats a French bulldog struggling to move.
10.00 A 15-stone English mastiff need an operation on its knee.
11.00 **Serial Killer with Piers Morgan** With murderer Mark Riebe.
12.00 M'T An interview with convicted murderer Lorenzo Gilyard.
1.00 **to 3.00** AM **Brit Cops Down Under**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
6.35 **Villages by the Sea**
8.00 **Bangers & Cash**
10.00 **War Factories**
11.00 **Rise of the Nazis: The Downfall**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
5.00 **Rise of the Nazis: The Downfall**
6.00 **Antiques Roadshow**
7.00 **Simon Reeve's South America** From Brazil.
8.00 **Dom Chinea's Cornish Workshop** New edition Dom Chinea tries out water dowsing so he can fill his new pond.
9.00 **Indian Ocean with Simon Reeve** From Indonesia to Australia.
10.00 **Bangers & Cash**
2.00 **to 3.00** AM **American History's Biggest Fibs with Lucy Worsley**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In Merseyside.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Derbyshire Auction House**
4.00 **Long Lost Family**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip**
9.00 **The Antiques Brothers** Antique dealer brothers Henry and Edward Vaughan visit a former tearoom and a market.
10.00 **The Yorkshire Auction House** Angus Ashworth clears out a collection of vintage telephones.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

MONDAY Entertainment

Monday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 8-10/25. (S1)
1.00 PM **The Waltons** (S5)
3.00 **Ballykissangel** (S4)
4.10 **Born and Bred** (S2)
5.20 **Doctor Finlay** 5/8. (S4)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** Seven episodes, including at: **8.30** 22/24. Trapper hits the jackpot. **9.00** 23/24. Colonel Flagg gets appendicitis. **9.30** 24/24. Henry bids the team farewell. (S3) **10.00** 1/25. Part one of two. BJ Hunnicutt joins the 4077th. **10.30** 2/25. Part two of two. Frank takes charge of the 4077th. (S4)
11.00 **The New Avengers** (S1)
12.00 M'T **The Avengers** (S6)
1.00 AM **M*A*S*H** (S3)
2.25 **Home to Roost** (S1)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM Stonados** Thriller. (2013, PG) ★
11.00 **The Baron** 25/30. (S1)
12.00 NOON **FILM Jack Hunter and the Lost Treasure of Ugarit** Adventure. (2008, 130min) ★★
2.10 PM **FILM Hell in Normandy** War drama. (1968, PG, 89min) ★★
4.30 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers** (S2)
7.00 **The Avengers** (S6)
8.00 **The Baron** 26/30. (S1)
9.00 **FILM Judge Dredd** Sci-fi action thriller. (1995, 15, 95min) ★★
11.05 **FILM Miami Magma** Sci-fi disaster thriller. (2011, 15, 97min) ★★
12.55 AM **The Baron** (S1)
1.55 **The New Avengers** (S2)
2.40 **The Avengers** (S6)
3.25 **FILM A Farewell to Arms** (1932, PG) ★★★
4.50 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM An Aurora Teagarden Mystery: Reap What You Sew** Drama. (2018, PG) ★★
10.05 **In Plain Sight** 5/12. (S1)
11.05 **Castle** 16/23. (S7)
12.05 PM **FILM Picture Perfect Mysteries: Newlywed and Dead** Thriller. (2019, PG, 90min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 17/23. (S7)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 6/12. (S1)
10.00 **FILM White Hot: A Sandra Brown Mystery** Drama. (2016, PG) ★★
11.55 **FILM Aurora Teagarden Mysteries: How to Con a Con** (2020, PG) ★★
1.50 AM **FILM Snatched from Mommy** Thriller. (2021, PG, 85min) ★★
3.20 **to 5.00** AM **FILM I Do, or Die: A Killer Arrangement** (2020)

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM The Best Version of Love** Comedy. (2023, PG, 86min) ★★
10.15 **FILM Butlers In Love** Romantic comedy. (2022, PG, 89min) ★★
12.10 PM **FILM Love, Game, Match** Romantic comedy. (2022, U, 91min) ★★
2.05 **FILM Cupids on Beacon Street** Comedy. (2021, U, 90min) ★★
4.05 **FILM Our Take on Love** Drama. (2022, PG) ★★
6.05 **FILM Same Time Next Week** (2016, PG) ★★
8.00 **FILM The Movie Star and the Cowboy** Drama. (2023, PG, 92min) ★★
9.55 **FILM North to Home** Drama. (2022, PG) ★★
11.50 **FILM Christmas Coincidence** Drama. (2018, PG, 85min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Cupids on Beacon Street** As 2.05pm.

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Becoming Jazzy Whipps**
12.15 PM **New Home DIY**
12.45 **Edwardian Farm**
2.00 **Country House Auction**
3.00 **New Home DIY**
4.00 **Supermarket Secrets Revealed**
5.00 **Edwardian Farm**
6.15 **Marcus Wareing's Tales from a Kitchen Garden**
7.00 **Crafty Champions**
7.30 **New Home DIY**
8.00 **Country House Auction**
9.00 **Supermarket Secrets Revealed**
10.00 **Crafty Champions**
10.30 **Queer Lives Today**
11.00 **How to Have a Better Orgasm** Documentary.
12.00 M'T **FILM The Inglorious Bastards** Wartime thriller. (1978, 15, 99min) ★★
2.00 AM **Marcus Wareing's Tales from a Kitchen...**
2.45 **Edwardian Farm**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Rewind Jukebox**
11.00 **Shine on Harvey Moon**
12.05 PM **The Dustbinmen**
12.35 **Agony** 5/7. (S2)
1.05 **Press Gang** 11/12. (S1)
1.35 **The Champions**
2.35 **The Prime of Miss Jean Brodie** 1/7. (S1)
3.40 **Mysterious Tales**
3.45 **Hank the Cowboy**
4.00 **Discovering Gardens**
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S1)
6.30 **Press Gang** 11/12. (S1)
7.00 **Agony** 5/7. (S2)
7.30 **The Gaffer** 5/7. (S2)
8.00 **The Champions** (S1)
9.00 **Drop the Dead Donkey**
10.00 **FILM Massage Parlour Murders** (1973, 18) ★★
11.40 **Naughty Joke Box**
1.15 AM **Stereo Underground**
2.15 **We Had One of Those**
2.25 **The Prime of Miss...**
3.30 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysterious Creatures**
10.00 **Deadliest Catch**
11.00 **Deadliest Catch: Inside the Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The USCG attempts a dangerous medevac.
9.00 **Body Bizarre** A four-year-old boy is fitted with prosthetic eyes. **10.00** A baby with his twin's body parts attached to his chest.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Survival challenge.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Man v Food**
7.00 **The Hairy Bikers' Mediterranean Adventure** Corsica.
8.00 **The Pioneer Woman**
9.00 **One-Pan Wonders**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's French Adventure**
3.00 **The Hairy Bikers' Mediterranean Adventure** Corsica
4.00 **The Pioneer Woman**
5.00 **One-Pan Wonders**
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Adam Richman Eats Britain** Double bill.
10.00 **Rick Stein's Food Heroes** Double bill.
11.00 **Man v Food**
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 26/26. (S5)
9.00 **The A-Team** 8/13. (S5)
10.00 **The Invaders** (S2)
11.00 **FILM Shark Season** Thriller. (2020, PG) ★★
1.00 PM **FILM Flight to Tangier** Spy thriller. (1953, PG, 90min) ★★
2.45 **FILM The War Lord** Medieval drama. (1965, PG, 122min) ★★★★
5.00 **Star Trek** 10/24. (S3)
6.00 **The Invaders** (S2)
7.00 **The A-Team** 9/13. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM Law Abiding Citizen** Crime thriller. (2009, 18, 109min) ★★
11.15 **FILM Lucky Number Slevin** Comedy thriller. (2006, 18, 110min) ★★★
1.30 AM **FILM Acts of Vengeance** Drama. (2017, 15, 87min) ★★
3.15 **to 5.00** AM **FILM Witchfinder General** Cult British horror. (1967, 15, 98min) ★★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM 500 MPH Storm** Disaster movie. (2013, PG, 86min) ★★
11.00 **The Lost World** (S2)
12.00 NOON **FILM Dr Terror's House of Horrors** Horror compendium. (1964, PG, 98min) ★★★
2.00 PM **FILM Siringo** Western with Chad Lowe. (1996, PG, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Sherlock Holmes** Mystery with Ben Syder. (2010, 12, 89min) ★★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** (S3)
9.00 **FILM Out of the Furnace** Thriller. (2013, 15, 114min) ★★★★
11.15 **FILM We Still Kill the Old Way** Crime drama. (2014, 18, 94min) ★★
1.10 AM **FILM Stagecoach** Western. (2016, 15) ★★
3.00 **FILM Sherlock Holmes**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Mountain Men**
12.10 PM **Swamp People: Serpent Invasion**
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Encounter: UFO**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Skinwalker Ranch**
11.00 **Forbidden History**
12.00 M'T **Greatest Myths**
1.00 AM **Encounter: UFO**
2.00 **Ancient Aliens**
3.00 **Mountain Men**
3.45 **Swamp People...**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **The Cotswolds with Pam Ayres**
11.00 **Ben Fogle: New Lives in the Wild** Australia.
12.00 NOON **Nazi Megastructures: America's War**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Abandoned Engineering**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** Canada.
9.00 **Susan Calman's Grand Day Out** In Cornwall.
10.00 **Tom Read Wilson's Magnificent Journey**
11.00 **Weekends Away with Jane McDonald**
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** John Barnes faces Natasha Hamilton.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Five bankers compete in the quiz.
7.00 **The Chase** Triple bill of the quiz show.
10.00 **The Chase Celebrity Special** With guests Nick Hancock, Jenny Eclair, Michelle Collins and Rufus Hound.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 7/24. The gang celebrate Halloween. **8.30** 8/24. Penny and Bernadette shop for bridesmaid dresses without Amy. (S5)
9.00 **NEW SERIES Ruby & Jodi: A Cult of Sin and Influence** An insight into Jodi Hildebrandt's rise to power within the Mormon community. **10.00** New edition Jodi's disturbing counselling style comes to light.
11.00 **Death by Fame**
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S6)
1.00 PM **Friends** (S5&6)
8.00 **Friends** 14/25. Rachel's sister falls for Ross. Guest stars Reese Witherspoon. **8.30** 15/25. Part one of two. The pals ponder what might have been in their lives. (S6)
9.00 **Michael McIntyre's The Wheel** With Chris McCausland, GKBarry, Gabby Logan, Trevor Nelson Iain Stirling, Liza Tarbuck and Rachel Riley.
10.00 **Michael McIntyre: Hello Wembley!**
11.05 **Jimmy Carr's Am I the A**hole?**
12.05 AM **Whose Line Is It Anyway? USA**
1.05 **South Park** (S15)
3.30 **Michael McIntyre's The Wheel** As 9.00pm.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S6)
7.00 **Teleshopping**
9.00 **Spin City** 9&10/26. (S3)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S9)
1.00 PM **Criminally Funny**
2.30 **The Comedy Bus**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 9&10/26. (S3)
7.00 **Everybody Loves Raymond** (S6)
10.00 **Friends** 24/24. Rachel makes Ross regret playing a prank. (S5)
10.30 **Friends** 1-5/25. (S6)
1.00 AM **The Ricky Gervais Show** 1&2/13. (S1)
2.00 **Utopia** 3/8. (S3)
2.30 **Teachers** (S3)
3.00 **Reno 911!** (S6)
3.45 **Important Things**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
11.00 **Steptoe and Son** (S3)
11.35 **Oh, Doctor Beeching!**
12.10 PM **Rising Damp** (S4)
12.40 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 1/13. Sitcom. (S1)
2.45 **Minder** 11/11. (S4)
3.50 **Just Good Friends** (S1)
4.20 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 5/7. Sitcom. (S1)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S3)
6.45 **Rising Damp** 1/6. (S4)
7.15 **Whatever Happened to the Likely Lads?** (S1)
7.50 **Minder** 7/13. (S8)
9.00 **Benidorm** 4/7. (S7)
9.55 **Shameless** 16/16. (S5)
10.55 **Man About the House**
11.25 **Rising Damp** 1/7. (S3)
11.55 **Benidorm** 4/7. (S7)
12.55 AM **Minder** 4/13. (S2)
1.55 **Till Death Us Do Part**
2.30 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: Wannabees**
11.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **Teen Mom UK: Next Generation** Amelia receives difficult news.
9.00 **Just Tattoo of Us** Lovers Oli and Jade test their relationship.
10.00 **Tattoo Fixers** A man with his friend's initials in an intimate place.
11.00 **Ink Master**
12.00 M'T **Dating Naked**
1.00 AM **Jersey Shore**
2.45 **Sleeping with My Murderer** Documentary.
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made: Dream Cars** Double bill.
7.00 **Diesel Brothers**
9.00 **Hoffman Family Gold**
11.00 **Overhaulin'** Double bill.
1.00 PM **Gold Rush**
3.00 **How It's Made** Four editions of the series, including at: **4.30** The making of giant tyres.
5.00 **Alaska: Homestead Rescue** In Hawaii, the Raneys come to the rescue of a young family with a crumbling cabin on a homestead infested by slugs carrying a brain-eating parasite.

9.00 Maine Cabin Masters

7.00 **Wheeler Dealers** Part two of two. Mike and Ant complete one of their biggest builds ever.
8.00 **Ed Stafford's Rite of Passage** In Mongolia, Ed must wrestle the giant heirs of Genghis Khan to become a man.
9.00 **Maine Cabin Masters** Chase Morrill and his team renovate an off-the-grid camp for a family of city slickers.
10.00 **Ancient Unexplained Files** New digital technology reveals secrets about the origins of Machu Picchu.
11.00 **Expedition Bigfoot** The team head to Washington state.
12.00 M'T **Deadliest Catch** Sig runs into freezing spray, forcing an emergency set.
1.00 AM **Maine Cabin Masters**
2.00 **Ancient Unexplained Files**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **The Gamechangers: Inventing the World**
10.00 **Tanked** An army tank.
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A family's bond is affected by a cat. **4.00** A man is terrorised by his best friend's cat.
5.00 **Lone Star Law**
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Amy is put to the test when a cat neuter turns complicated.

11.00 Mountain Monsters

7.00 **Treehouse Masters** Pete Nelson creates an owl-inspired treehouse library in North Carolina.
8.00 **Jaws of the Deep** Greg Skomal and the team return to Guadalupe to find the world's largest great white shark.
9.00 **Alaska: The Last Frontier** Atz Lee and Shane struggle to move a two-ton bridge to ensure crossing of glacial rivers.
10.00 **Alaskan Bush People** Billy faces a new medical crisis, while a storm forces Noah and Rhain Alisha to make a tough decision.
11.00 **Mountain Monsters** Jeff is drawn away by a cloaked figure.
12.00 M'T **Crikey! It's the Irwins** A giraffe birth causes great excitement at the zoo.
1.00 AM **100 Days Wild**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Dutch Caribbean Coastguards** Documentary.
9.00 **Air Crash Investigation**
10.00 **Rise and Fall of the Mayas**
11.00 **Strangest Things**
12.00 NOON **Destruction Decoded**
1.00 PM **Car S.O.S** A Triumph TR7.
2.00 **Air Crash Investigation**
3.00 **Planes that Changed History**
4.00 **Amsterdam Central 24/7**
5.00 **Car S.O.S** A Land Rover.
6.00 **Inside Melbourne Airport** A revolutionary airport trial that has been 10 years in the making faces cancellation.

10.00 Yukon Rescue

7.00 **Air Crash Investigation** A reconstruction of TAM Airlines Flight 3054 crash at Sao Paulo's Congonhas airport in July 2007.
8.00 **Air Crash Investigation** New edition Aeroperú Flight 603 crashed into the Pacific Ocean in 1996, killing all 70 aboard.
9.00 **To Catch a Smuggler** New edition HSI St Louis pursue gun traffickers after they flee an undercover deal.
10.00 **Yukon Rescue** New edition An ice jam has cut off the community of West Dawson, leaving residents trapped.
11.00 **Air Crash Investigation**
12.00 M'T **Car S.O.S** Joanna Lumley helps rescue a Frogeye Sprite.
1.00 AM **To Catch a Smuggler**
2.00 **Made in a Day**
2.30 **Lords of War** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **When Sharks Attack**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Death Coast**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **Great British Castle Rescue** As 9.00pm.
2.00 **Secrets of Great British Castles** Four editions of the documentary, including at: **5.00** The Welsh capital's landmark, Cardiff Castle.
6.00 **American Pickers** Mike and Jersey delve into the depths of an Alabama aeroplane hangar.

10.00 Secret Sex Lives of Tyrants

7.00 **Forged in Fire** The smiths are tasked with recreating the Fairbairn Sykes fighting knife by combining three sizes of W1 round stock.
8.00 **Digging for Britain** Professor Alice Roberts explores an RAF airbase with a Roman past and a medieval nunnery.
9.00 **Great British Castle Rescue** New edition Rick Edwards takes an aerial and up-close view of Gwrych Castle, Conwy.
10.00 **NEW SERIES Secret Sex Lives of Tyrants** The private worlds of history's most notorious dictators, beginning with Idi Amin.
11.00 **History's Most Shocking** Footage of real-life events, including a woman nearly sucked up by a tornado.
12.00 M'T **Secrets of Great British Castles** Triple bill of editions.
2.50 AM **Great British Castle Rescue** As 9.00pm.
3.40 **Digging for Britain**
4.25 **Pawn Stars**
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **McMillion$**
7.00 **Discovering: Matthew Broderick** Profile of the actor.
8.00 **The Directors**
9.00 **100 Foot Wave**
10.00 **The Civil War**
11.05 **The Sixties**
12.00 NOON **Marathon: The Patriots Day Bombing**
2.10 PM **Faye** The life and career of actor Faye Dunaway.
4.00 **Discovering: Matthew Broderick** Profile of the actor.
5.00 **The Directors**
5.55 **100 Foot Wave**

6.55 The Civil War

6.55 **The Civil War** 1/9. An account of the origins of the American Civil War, which began in 1861.
8.00 **Ghislaine Maxwell: Epstein's Shadow** 1/3. The complicated and mysterious life of the former socialite.
9.00 **Ghislaine Maxwell: Epstein's Shadow** 2/3. How Ghislaine went to New York and fell in love with Jeffrey Epstein.
10.00 **Ghislaine Maxwell: Epstein's Shadow** 3/3. How Ghislaine left Jeffrey Epstein to distance herself from his crimes.
11.00 **Bright Lights: Starring Carrie Fisher and Debbie Reynolds** The mother and daughter relationship of the Hollywood stars.
1.00 AM **Twist of Faith**
2.50 **Manhunt: The Search for Bin Laden** Documentary.
4.50 **My Icon: Shaun Gayle**
5.00 **to 6.00** AM **Discovering: Matthew Broderick**

7 PM
8 PM
9 PM
10 PM

Monday

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
4.00 **The Yorkshire Auction House** Double bill.
6.00 **Antiques Road Trip**
8.00 **NEW Shed and Buried: Classic Helicopter** Henry Cole tackles his biggest project, restoring a Bell 47 helicopter.
10.00 **Mock the Week** With guests Ed Byrne, Rhys James, Alasdair Beckett-King, Hugh Dennis and Ellie Taylor.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers: Dream Car** Double bill.
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories** The murder of horse sanctuary worker Laura Davies.
8.00 **Murder on CCTV** The death of a young mother.
9.00 **The Real Death in Paradise** A case involving the death of a Royal Navy sailor.
10.00 **Britain's Deadliest Kids**
11.00 **Judge Rinder's Crime Stories**
12.00 M'T **American Monster**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** The case of 19-year-old Tai O'Donnell, who entered a volatile relationship with Kamila Ahmad.
8.00 **Fraud Squad** Investigators track a hospital worker who has stolen over £1 million worth of equipment.
9.00 **Storm of Suspicion** New edition Santa Ana winds in the mountains of southern California whip up a wildfire.
10.00 **Murder UK** New edition The case of Dawn Walker, who was killed on her wedding night in West Yorkshire.
11.00 **Bloodline Detectives** Suzanne Kjellenberg.
12.00 M'T **Judge Judy**
4.35 AM **Facing Evil**
4.55 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Britain's Countryside Killers**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **The Killer You Know** A look into the case of Sarah Ludemann. **3.00** Jennifer Pan's account of her parents' death doesn't add up.
4.00 **48 Hours** A daughter who wants to convict her father's killer.
5.00 **Medical Detectives** A nurse learns that she is HIV positive. **5.30** A film reveals clues to a woman's murder. **6.00** A rare clue helps police track a killer. **6.30** A man is found shot dead in his home.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Send in the Dogs**
7.00 **Brit Cops: Law & Disorder** Documentary.
8.00 **A1: Britain's Longest Road** Documentary.
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation**
12.00 NOON **Killer in My...**
2.00 PM **Killing Mum and Dad**
3.00 **Most Evil Killers**
5.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **The Real CSI: Miami**
10.00 **Murder Uncut**
11.00 **Police 24/7**
12.00 M'T **I'll Be Gone in the Dark** Documentary.
1.10 AM **Killer in My Village**
2.00 **World's Most Evil Killers** New edition
3.00 **Britain's Most Evil Killers**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **America the...**
8.50 **The Bush Years...**
9.45 **Berlin: Stories of...**
10.50 **The War** As 8.05pm.
11.55 **War Machine: World...**
1.00 PM **America the Bountiful** Maryland.
1.50 **The Bush Years...**
2.50 **Berlin: Stories of the City** As 7.00pm.
3.50 **The War** As 8.05pm.
5.00 **War Machine: World War II** Documentary.
6.05 **The Bush Years: Family, Duty, Power**
7.00 **Berlin: Stories of the City** A look into the history of the city.
8.05 **The War** Filmmaker Ken Burns' documentary.
9.15 **War Machine: World War II** Documentary.
10.20 **Berlin: Stories of the City** As 7.00pm.
11.25 **America the Bountiful**
12.00 M'T **The War**
1.10 **to 2.00** AM **America the Bountiful**

MONDAY

Monday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Monkey Life** Double bill.
8.00 **Great Parks of Africa**
9.00 **Orangutan Jungle School**
10.00 **Rooted**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Deep Dive North America** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Parks of Africa**
3.00 **Orangutan Jungle School**
4.00 **Rooted**
5.00 **Uptown Otters**
6.00 **Deep Dive North America**
7.00 **Monkey Life** Double bill.
8.00 **Monkeys: An Amazing Animal Family** Documentary.
9.00 **Wild Sky** Australia's weather.
10.00 **Deep Dive North America**
11.00 **Uptown Otters**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Ol Pejeta Diaries**
2.00 **Monkeys: An Amazing Animal Family** Documentary.
3.00 **Wild Sky** As 9.00pm.
4.00 **Great Parks of Africa**
5.00 **to 6.00** AM **Orangutan Jungle School**

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam** Four editions.
11.00 **Murdertown** Triple bill.
2.00 PM **Accident, Suicide or Murder?** Documentary.
3.00 **Somebody's Hiding Something**
6.00 **The First 48** True-crime.
7.00 **Cold Case Files** The killer of a teacher is brought to justice.
8.00 **Accident, Suicide or Murder?** A mysterious death in a hotel uncovers a dark web of secrets.
9.00 **Ross Kemp: Lost Boys, Deadly Men** New edition Ross explores British-born Elliot Rodger's 2014 killings in California.
10.00 **Cops Who Kill with Will Mellor**
11.00 **Sin City Gigolo: A Murder in Las Vegas** Documentary.
12.15 AM **Ross Kemp: Lost Boys, Deadly Men** As 9.00pm.
1.10 **Britain's Darkest Taboos**
2.05 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 142

9.00 AM **Top Gear** Five editions.
2.00 PM **Top Gear** Richard Hammond takes the Cadillac Escalade out for a spin. **3.00** Trinny Woodhall and Susannah Constantine are the Stars in a Reasonably Priced Car. **4.00** Featuring a race to Monte Carlo between Jeremy Clarkson in an Aston Martin DB9, and Richard Hammond and James May, who opt to take a high-speed train.
5.05 **The Two Ronnies** Triple bill.
7.25 **The Two Ronnies** Featuring music by Elkie Brooks. **8.10** Including sketches News Item, Hush Hush, The Chars, Band of Slaves and Teeny Todd. **9.00** Sheena Easton provides the music, and there's a musical finale inspired by Chas and Dave. **9.45** Madeline Bell provides the music, featuring sketches News Items, Name Game, The Chars and Band of Slaves.
10.35 PM **to 6.00** AM **The Two Ronnies**

+1 hour 266 376

Sky History 2

163/168 143 186

6.00 AM **World's Most Unexplained**
7.00 **Evidence of the Unexplained**
8.00 **What on Earth?**
9.00 **The Abyss: Rise & Fall of the...**
10.00 **Combat Trains**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Inside the Tower of London**
4.00 **World's Most Unexplained**
5.00 **Evidence of the Unexplained**
6.00 **What on Earth?**
7.00 **The Abyss: Rise & Fall of the Nazis** The invasion of Poland by the German army in 1939.
8.00 **Combat Trains** The role of trains in World War One.
9.00 **Bone Detectives: Britain's Buried Secrets** The remains of children found beneath a Leeds shopping arcade.
10.00 **Cracking the Code**
11.00 **Ancient Aliens** Double bill.
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Inside the Tower of London**
4.00 **World's Most Unexplained**
5.00 **to 6.00** AM **Rust Valley Restorers**

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **America the Wild**
11.00 **Fish My City**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Close Encounters of the Wild Kind** Animal encounters.
4.00 **Secrets of the Zoo**
5.00 **Ice Road Rescue**
6.00 **Yukon Vet** Treating a young caribou that could go blind.
7.00 **Secrets of the Zoo** New deer fawn babies are born.
8.00 **Wild Mississippi** The animals that depend on the Mississippi river system for survival. **9.00** How wildlife along the river adapts to floods.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet** Documentary.
4.00 **to 5.00** AM **Bizarre Animal Friends**

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** Documentary.
9.00 **American Monster**
11.00 **Disappeared** Martin Roberts.
12.00 NOON **Evil Lives Here: Shadows of Death**
1.00 PM **American Monster**
3.00 **Disappeared** Michael VanZandt.
4.00 **Evil Lives Here: Shadows of Death** Documentary.
5.00 **Betrayed** Double bill.
7.00 **Where Murder Lies** A couple enjoyed an idyllic rural life in California, until a gruesome murder ripped it apart. **8.00** The death of Jenny Webb.
9.00 **Faking It: Tears of a Crime** After a women dies in a speedboat accident, the owner claims he was innocent.
10.00 **Murder of Sarah Everard: A Faking It Special**
11.00 **The Murder Tapes**
1.00 AM **People Magazine Investigates** True-crime.
2.00 **Betrayed** Double bill.
4.00 **to 6.00** AM **Where Murder Lies**

+1 hour 254 366

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Arctic Rescue**
1.00 PM **Blowing Up History**
3.00 **NASA's Unexplained Files**
6.00 **How Do They Do It?** Manufacturing techniques behind the groovy vinyl LP. **6.30** How axes are forged. **7.00** Wensleydale cheese, paintbrushes and aromatic oils. **7.30** The Tesla Model S, horses' tails and swimming pools. **8.00** Exploring how France's appetite for snails is sated. **8.30** How to build bridges that can take the weight of a tank.
9.00 **Truth Behind the Moon Landing** Experts investigate American espionage during the Apollo programme. **10.00** A crash that nearly killed astronaut Neil Armstrong.
11.00 **NASA's Unexplained Files**
1.00 AM **Through the Wormhole with Morgan Freeman**
4.00 **to 6.00** AM **Blowing Up History**

+1 hr 267 379

Discovery History

174 147 181

7.00 AM **Nazi UFO Conspiracy**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The Rosetta mission.
1.00 PM **Mysteries of the Missing**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** A look at the surprisingly active surfaces of dwarf planets.
8.00 **Nazi UFO Conspiracy** Alleged connections between UFO sightings and the Nazis.
9.00 **Ancient Unexplained Files** New digital technology reveals secrets about Machu Picchu.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **Mysteries of the Missing**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers** Double bill.
9.00 **Outback Truckers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Workshop** Richard looks for a driver for the classic racing team.
1.00 PM **Bad Chad Customs**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Outback Truckers**
4.00 **Shed and Buried: Classic Cars**
5.00 **Motor Pickers** Double bill.
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Ant Anstead: Born Mechanic** Ant hopes to restore and sell a 1980 Triumph Dolomite Sprint.
9.00 **Holden Bros. Restos**
10.00 **Outback Truckers**
11.00 **Wheeler Dealers**
12.00 M'T **Ant Anstead: Born Mechanic** As 8.00pm.
1.00 AM **Richard Hammond's Workshop** As 12.00noon.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Plainclothes** As 1.35am.
8.35 **Sketch** As shown at 6.20pm.
10.20 **I Know What You Did Last Summer** Horror reboot. (2025, 15, 119min) ★★★
12.15 PM **Materialists** As 8.00pm.
2.15 **Coyotes** As 10.00pm.
4.00 **Jurassic World: Rebirth** Fantasy action adventure. (2025, 12, 133min) ★★★
6.20 **Sketch** Fantasy comedy with Tony Hale and D'Arcy Carden. (2025, 12, 93min) ★★★★

8.00 Materialists

8.00 Materialists Romantic comedy starring Dakota Johnson, Chris Evans and Pedro Pascal. A highly successful professional matchmaker finds herself torn between the perfect match and her imperfect ex. With Zoë Winters. (2025, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Coyotes Comedy thriller starring Justin Long, Mila Harris and Brittany Allen. A Hollywood family fight for survival when caught between a wildfire and a pack of savage coyotes. (2025, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Bring Her Back** Mystery thriller starring Sally Hawkins. (2025, 18, 104min) ★★★★
1.35 AM **Plainclothes** Thriller starring Tom Blyth and Russell Tovey. (2025, 15, 95min)
3.20 **Adulthood** Black comedy. (2025, 15, 97min) ★★★
5.10 **to 7.00** AM **Coyotes** (2025)

Sky Cinema Rom-Coms

303 303 403 503 517

6.00 AM **The First Wives Club**
7.45 **Hope Springs** As 6.15pm.
9.30 **Arthur** As shown at 1.05am.
11.10 **The Sweetest Thing** (2002)
12.45 PM **Tootsie** As 2.45am.
2.45 **Pretty in Pink** Comedy. (1986, 15, 99min) ★★★★
4.30 **The First Wives Club** Comedy starring Goldie Hawn. (1996, PG, 102min) ★★★
6.15 **Hope Springs** Romantic comedy drama starring Meryl Streep. (2012, 12, 98min) ★★★

6.15 Hope Springs

8.00 Two Weeks Notice Romantic comedy with Sandra Bullock and Hugh Grant. Opposites attract when a liberal lawyer goes to work for a billionaire property tycoon. (2002, 12, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Lost in Translation Bittersweet romantic comedy drama starring Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Sweetest Thing** Comedy. (2002, 15, 89min) ★
1.05 AM **Arthur** Romantic comedy. (1981, 15, 93min) ★★★★
2.45 **Tootsie** Cross-dressing comedy. (1982, 15, 116min) ★★★★
4.45 **to 6.40** AM **Bye Bye Birdie** Musical starring Janet Leigh. (1963, PG, 112min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.35 AM **Parachute** As 6.10pm.
8.30 **I Used to Be Funny** Comedy drama. (2023, 15, 105min) ★★★
10.20 **Love Story** As 1.35am.
12.05 PM **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
2.10 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
4.25 **About a Boy** Comedy drama with Hugh Grant and Nicholas Hoult. (2002, 12, 101min) ★★★★

6.10 **Parachute** Comedy drama starring Courtney Eaton. (2023, 15, 108min) ★★★★
8.00 **I, Tonya** Biopic starring Margot Robbie and Allison Janney. (2017, 15, 119min) ★★★★
10.00 **The Boy in the Striped Pyjamas** Wartime drama with Asa Butterfield and Jack Scanlon. (2008, 12, 94min) ★★★★
11.40 **Two Mules for Sister Sara** Comedy Western starring Clint Eastwood and Shirley MacLaine. (1969, 15, 114min) ★★★

1.35 AM **Love Story** Romantic drama. (1970, PG, 100min) ★★★★
3.20 **No Escape** Action thriller. (2014, 15, 101min) ★★★
5.05 **Sky Cinema Preview**
5.40 **to 7.35** AM **Turtles All the Way Down** Romantic drama. (2024, 12, 111 min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.00 AM **Evolution** Sci-fi comedy. (2001, PG, 101 min) ★★★★
8.50 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
10.40 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
12.30 PM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
2.30 **I Am Legend** Sci-fi horror thriller starring Will Smith. (2007, 15, 101 min) ★★★★

4.15 **Riddick** Sci-fi thriller sequel. (2013, 15, 122min) ★★★
6.15 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. (2018, 15, 96min) ★★★
8.00 **Children of Men** Sci-fi thriller starring Clive Owen, Julianne Moore and Michael Caine. (2006, 15, 109min) ★★★★★
9.50 **28 Days Later** Horror starring Cillian Murphy, Naomie Harris, Megan Burns, Brendan Gleeson and Christopher Eccleston. (2002, 18, 113min) ★★★★

11.50 **Blade Runner** Sci-fi thriller. (1982, 15, 130min) ★★★★★
1.50 AM **The Watched** Horror. (2024, 15, 102min) ★★★
3.35 **The Running Man** Adventure. (1987, 18, 101min) ★★★
5.20 **to 7.00** AM **AfrAId** Sci-fi horror thriller. (2024, 15, 84min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.45 AM **Pets on a Train** Animation. (2025, PG, 87min) ★★★
9.25 **Super Charlie** Animation. (2025, PG, 82min) ★★★
11.00 **Penguins of Madagascar** Animation. (2014, U) ★★★★
12.35 PM **The Smurfs** (2011, U) ★★
2.20 **The Smurfs 2** (2013, U) ★★
4.10 **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG, 103min) ★★★★
6.00 **Pokémon: Detective Pikachu** Fantasy. (2019, PG) ★★★★

6.00 Pokémon

8.00 The BFG Director Steven Spielberg's fantasy adventure based on Roald Dahl's book, starring Mark Rylance and Ruby Barnhill. An orphaned girl befriends a benevolent giant, who takes her off to a magical land. (2016, PG, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Spy Kids 2: Island of Lost Dreams Action comedy sequel with Alexa Vega and Daryl Sabara. The junior spies try to locate a mysterious island populated by an eccentric scientist and his menagerie of monsters. (2002, U, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
1.55 AM **Pokémon: Detective...**
3.45 **Paulie** Comedy adventure. (1998, U, 92min) ★★★
5.25 **to 7.40** AM **The Wiz** Musical. (1978, U, 133min) ★★

Sky Cinema Action

307 307 407 507 521

6.05 AM **Hounds of War** (2024)
7.45 **For a Few Dollars More** Western. (1965, 15) ★★★★
10.00 **The Brothers Grimm** Fantasy. (2005, 12, 118min) ★★★
12.00 NOON **Jurassic World** Fantasy sequel. (2015, 12) ★★★★
2.10 PM **Terminator Salvation** Thriller. (2009, 12) ★★★
4.10 **The Fast and the Furious: Tokyo Drift** (2006, 12) ★★
6.00 **Uncharted** Action adventure. (2022, 12, 116min) ★★★

10.20 Troy

8.00 Fast & Furious Presents Hobbs & Shaw Action adventure starring Dwayne Johnson and Jason Statham. Luke Hobbs and Deckard Shaw must put their differences aside and team up to stop a major terror threat. (2019, 12, 137min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

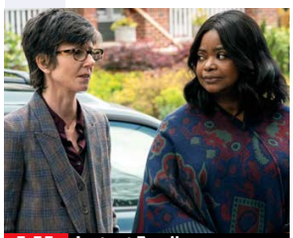
10.20 Troy Epic drama starring Brad Pitt. When Trojan prince Paris elopes with Greek royal consort Helen, Greek king Agamemnon conspires to retrieve her as a pretext for invading Troy. With Orlando Bloom. (2004, 15, 163min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Rampage** Adventure. (2018, 12, 107min) ★★★
2.55 **Twister** Disaster movie. (1996, PG, 114min) ★★★
4.55 **to 6.25** AM **Love Hurts** Comedy. (2025, 15, 83min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.00 AM **Friendship** (2025) ★★★★
8.50 **Forces of Nature** Comedy. (1999, 12, 105min) ★★★
10.45 **American Pie 2** Comedy sequel. (2001, 15) ★★★
12.40 PM **Sex Tape** Comedy. (2014, 15, 94min) ★★
2.20 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
4.05 **Beverly Hills Cop** Comedy thriller. (1984, 15) ★★★★
5.55 **Instant Family** Comedy. (2018, 12, 118min) ★★★★



5.55 Instant Family

8.00 American Pie: The Wedding Comedy sequel starring Jason Biggs. The old high-school friends rally round when two of the gang decide to get married. (2003, 15, 96min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 How to Lose a Guy in 10 Days Romantic comedy starring Kate Hudson and Matthew McConaughey. A journalist sets out to seduce and then alienate an advertising executive. (2003, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
1.40 AM **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
3.40 **The Ballad of Wallis Island** Comedy drama with Tim Key. (2025, 12, 100min) ★★★★
5.25 **The Cinema List: Bingeable**
5.50 **to 7.35** AM **Hope Springs** Drama. (2012, 12, 98min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.40 AM **The Towering Inferno** Thriller. (1974, 12) ★★★★
9.30 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
11.35 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
1.50 PM **The Equalizer 2** Thriller sequel. (2018, 15, 121min) ★★★
3.55 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
6.00 **Ocean's Eight** Crime caper starring Sandra Bullock. (2018, 12, 110min) ★★★★

10.10 American Gangster

8.00 The Bikeriders Crime drama starring Tom Hardy, Jodie Comer and Austin Butler. Over a decade, a motorcycle club evolve from a gathering of local outsiders to a gang. With Michael Shannon. (2023, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 American Gangster Ridley Scott's epic crime drama starring Denzel Washington and Russell Crowe. A Harlem gangster makes a fortune from heroin in the 1970s but comes up against an incorruptible cop. (2007, 18, 157min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Surfer** Thriller. (2024, 15, 100min) ★★★★
2.50 **The Saint** Crime drama. (1997, 12, 116min) ★★★
5.00 **to 7.10** AM **A Place Called Silence** Chinese thriller. Subtitled. (2024, 15) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Bravados** Western. (1958, PG, 98min) ★★★
1.00 PM **The Last Wagon** Western. (1956, PG, 99min) ★★★
3.00 **They Rode West** Western. (1954, U, 97min) ★★
4.35 **How Green Was My Valley** John Ford's classic drama. (1941, b/w, U, 118min) ★★★★
6.55 **Behind Enemy Lines** War drama starring Owen Wilson. (2001, 12, 106min) ★★★

6.55 Behind Enemy Lines

Behind Enemy Lines (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Captain Phillips Fact-based thriller starring Tom Hanks and Barkhad Abdi. Four Somali pirates hijack a US container ship, putting its veteran captain through a terrifying ordeal. (2013, 12, 129min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.40 **Crawl** Horror thriller starring Kaya Scodelario. A woman attempts to save her father during a hurricane, but finds herself trapped in a rapidly flooding house. (2019, 15, 87min) ★★★
1.25 **to 3.15** AM **Dark River** Period drama starring Ruth Wilson, Mark Stanley and Sean Bean. (2017, 15, 90min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Assassins

302 302 402 502 516

6.00 AM **To Catch a Killer** (2023)
8.05 **Gunpowder Milkshake** (2021)
10.05 **The Hanging Sun** Mystery drama. (2022, 15, 93min) ★★
11.40 **The Day of the Jackal** Vintage thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
2.05 PM **Collateral** As 10.10pm.
4.10 **Gunpowder Milkshake** Action thriller starring Karen Gillan. (2021, 15, 114min) ★★★

6.10 **Fight or Flight** Action thriller starring Josh Hartnett, Katee Sackhoff and Julian Kostov. (2025, 15, 98min) ★★★
8.00 **Shooter** Thriller starring Mark Wahlberg and Danny Glover. (2007, 15, 125min) ★★★★
10.10 **Collateral** Thriller starring Tom Cruise and Jamie Foxx. A contract killer chooses an unwilling taxi driver to act as his chauffeur while he performs five hits in a single night for a drugs cartel. (2004, 15, 120min) ★★★★

12.20 AM **Pulp Fiction** Quentin Tarantino's comedy thriller with John Travolta and Bruce Willis. (1994, 18, 154min) ★★★★★
3.00 **To Catch a Killer** Thriller. (2023, 15, 119min) ★★★★
5.10 **to 7.00** AM **Cleaner** Action thriller. (2025, 15, 97min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.55 AM **See No Evil, Hear No Evil**
8.40 **In & Out** As shown at 11.50pm.
10.15 **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★
11.50 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
1.20 PM **The Naked Gun 2½: The Smell of Fear** (1991, 15) ★★★
2.50 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel. (1994, 12, 83min) ★★★

4.15 **Singin' in the Rain** Classic musical starring Gene Kelly. (1952, U, 102min) ★★★★★
6.05 **Shirley Valentine** Romantic comedy starring Pauline Collins. (1989, 15, 108min) ★★★★
8.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan as two people who fall in love without ever meeting. (1993, PG, 105min) ★★★★★
9.50 **You've Got Mail** Romantic comedy with Tom Hanks and Meg Ryan. (1998, PG, 114min) ★★★

11.50 **In & Out** Comedy with Kevin Kline. (1997, 12, 91min) ★★★
1.25 AM **The Golden Child** Fantasy. (1986, PG, 93min) ★★
3.00 **Sky Cinema Preview**
4.00 **to 6.00** AM **See No Evil, Hear No Evil** Comedy thriller. (1989, 15, 107min) ★★★

Sky Cinema Animation

305 305 405 500 514

7.15 AM **Monster Family** Animated comedy. (2017, PG, 96min) ★★
9.00 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
10.50 **Turbo** As shown at 10.45pm.
12.35 PM **Monsters vs Aliens** Animation. (2009, PG) ★★★
2.25 **Extinct** Animated adventure. (2021, U, 84min) ★★★
4.00 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★

5.45 **Smurfs: The Lost Village** Animated fantasy adventure. (2017, U, 87min) ★★★
7.25 **Corpse Bride** Animated fantasy. (2005, PG, 74min) ★★★★
8.55 **The Lego Ninjago Movie** Animated fantasy adventure with the voice of Jackie Chan. (2017, U, 101min) ★★
10.45 **Turbo** Animated adventure. (2013, U, 92min) ★★★★
12.25 AM **Boonie Bears: Guardian Code** Animated adventure. (2023, PG, 96min) ★★★

2.05 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
3.45 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U, 49min) ★★★
4.45 **to 6.15** AM **Batman Unlimited: Animal Instincts** (2015, PG) ★★

Movies 24

312 313 419

7.00 AM **Signed, Sealed, Delivered: To the Moon and Back** Mystery. (2025, PG, 90min) ★★
9.00 **Love's Greek to Me** Romantic drama. (2023, PG, 90min) ★★
11.00 **The Finnish Line** Romantic comedy. (2024, PG, 84min) ★★
1.00 PM **Mystery Island: Play For Keeps** Drama starring Elizabeth Henstridge and Charlie Weber. (2025, PG, 90min) ★★

3.00 **An Unexpected Valentine** Comedy. (2025, PG, 84min) ★★
5.00 **A Taste of Christmas** Drama. (2023, PG, 90min) ★★
7.00 **Love on the Right Course** Romantic comedy starring Ashley Newbrough and Marcus Rosner. (2024, PG, 84min) ★★
9.00 **Heart of the Manor** Romantic comedy starring Ashlynn Yennie. A real-estate agent finds herself in competition with a developer who wants to buy her family's estate. (2021, PG, 85min) ★★

11.00 **The Attraction Test** Romantic comedy. (2022, PG, 85min) ★★
1.00 AM **Love & Jane** Romantic fantasy. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Love in Wolf Creek** Drama. (2022, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Johnny Ringo** 36/38. (S1)
6.30 **The Embezzler** Crime drama. (1954, b/w, PG, 61min) ★★
7.45 **Look at Life**
7.55 **Linda** Drama with Carol White. (1960, b/w, PG, 60min) ★★
9.10 **Yuma** Western starring Clint Walker. (1971, PG, 73min) ★★
10.40 **Cat and Mouse** Crime thriller. (1958, 15, 79min) ★★★
12.10 PM **Richard the Lionheart**

12.40 **That Woman Opposite** Drama. (1957, b/w, PG, 85min) ★★
2.25 **The Halfway House** Mystery. (1944, b/w, PG, 99min) ★★★
4.25 **Sherlock Holmes: The Sign of Four** Feature-length drama.
6.30 **The Vise** 3/26. (S2)
7.00 **The Footage Detectives**
8.00 **Mother Love** 3/4. (S1)
9.10 **School for Secrets** Drama starring Ralph Richardson. (1946, b/w, PG, 108min) ★★★
11.15 **The Best of Benny Hill** Comedy. (1974, PG, 84min) ★★

12.55 AM **A Good Read: Sherlock Holmes** Murder mystery.
1.45 **Budgie** 13/13. (S1)
2.45 **Who Goes Next?** World War One drama with Barry K Barnes. (1938, b/w, PG, 85min) ★★
4.25 **Crime Story** 1/7. (S1)
5.30 **to 6.00** AM **Honey West**

MONDAY Sport 16 March

Monday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Analysing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
5.00 **The Premier League Show**
6.30 LIVE **MNF** **Brentford v Wolverhampton Wanderers.** The Premier League match from Gtech Community Stadium. The hosts have a good recent record against Wolves having picked up 10 points from a possible 12 in a run that has seen them go undefeated against them since January 2024. The reverse fixture in December saw Brentford come away from Molineux with a 2-0 victory. Kick-off **8.00pm**.
11.00 LIVE **NBA Basketball** **Atlanta Hawks v Orlando Magic.** Coverage of the Eastern Conference match from State Farm Arena. Tip-off **11.00pm**.
1.30 AM LIVE **NBA Basketball** **Houston Rockets v Los Angeles Lakers.** Coverage of the Western Conference match staged at Toyota Center. Tip-off **1.30am**.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Highlights**
9.00 **Ref Watch** Analysing decisions.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Stories**
12.30 PM **The Big Interview**
1.00 **Premier League Highlights** Sunderland v Brighton & Hove Albion at the Stadium of Light.
1.30 Burnley v Bournemouth.
2.00 Chelsea v Newcastle United.
2.30 Arsenal v Everton.
3.00 Nottingham Forest v Fulham.
3.30 Highlights of Crystal Palace v Leeds United at Selhurst Park.
4.00 Action from Manchester United v Aston Villa at Old Trafford.
4.30 Liverpool v Tottenham.
5.00 **The Premier League Show**
6.00 **Ref Watch** Analysing decisions.
6.30 LIVE **MNF** **Brentford v Wolverhampton Wanderers.** The Premier League match from Gtech Community Stadium. Kick-off **8.00pm**.
11.00 **Ref Watch** Analysing decisions.
11.30 **Premier League Stories**
12.00 M'T **Premier League Highlights**
12.30 AM **The Big Interview**
1.00 **PL Retro** Man Utd v Tottenham.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
9.00 **SPFL Highlights**
9.45 **EFL Highlights**
10.00 **Irish Football** The cup final.
10.30 **EFL League One & Two Goals**
11.30 **SPFL Highlights**
12.00 NOON **EFL Highlights**
1.45 PM **SPFL Round-Up**
2.00 **EFL League One & Two Goals**
3.00 **Irish Football** The cup final.
3.30 **EFL Highlights** Championship.
4.00 **SPFL Highlights**
4.45 **EFL Highlights**
6.00 **SPFL Highlights**
6.30 **Bundesliga Highlights Show**
7.30 LIVE **EFL** **Portsmouth v Derby County.** The Championship match from Fratton Park. Derby are unbeaten in their last seven games against Pompey, but six of those contests ended in draws. Kick-off **8.00pm**.
10.30 **EFL League One & Two Goals**
11.30 **Women's League Cup**
12.00 M'T **Bundesliga Highlights**
1.00 AM **EFL Highlights**
1.15 **SPFL Highlights**
2.00 **EFL Greatest Games**
4.00 **EFL Cup Retro** The 2020 final.
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Highlights from Punjab Kings v Chennai Super Kings.
7.00 Royal Challengers Bengaluru v Punjab Kings in the final.
8.00 **Men's T20 World Cup** Highlights of the tournament final.
9.00 **IPL** Gujarat Titans v Punjab Kings.
10.00 Royal Challengers Bengaluru v Chennai Super Kings.
11.00 **Test Cricket** England v India: Highlights from all five days of the first Test staged at Headingley.
4.00 PM **IPL** Royal Challengers Bengaluru v Punjab Kings.
5.00 Highlights from Punjab Kings v Lucknow Super Giants.
6.00 **Test Cricket** England v India on day one of the first Test in the five-match series at Headingley.
7.00 Highlights from England v India on day two of the first Test.
8.00 England v India day three.
9.00 England v India day four.
10.00 England v India from the fifth and final day of the first Test at Headingley Cricket Stadium.
11.00 **IPL** Rajasthan Royals v Punjab Kings at Sawai Mansingh Stadium.
12.00 M'T Highlights from Delhi Capitals v Gujarat Titans.
1.00 **to 6.00** AM **Test Cricket**

Sky Sports Golf

406 406 506 423 443

6.00 AM **The Players Championship Official Film** Archive action.
8.00 **The Players Championship** A replay of day four at TPC Sawgrass in Ponte Vedra Beach.
5.30 PM **The Players Championship Official Film** The 2025 event.
6.30 **DP World Tour Golf** Action from the Joburg Open in South Africa.
7.00 **The Players Championship** Day four from TPC Sawgrass.
8.00 **PGA Tour Champions**
9.00 **PGA Tour Golf** Highlights.
11.00 **Beyond the Scorecard**
11.30 **DP World Tour Golf**
12.00 M'T **PGA Tour Golf**
1.00 AM **The Players Championship**
2.00 **to 6.00** AM **The Players Championship Official Film**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tour This Week**
6.30 **WTA & ATP Tennis**
10.30 **ATP Tour This Week**
11.00 **WTA & ATP Tennis** Highlights.
3.00 PM **WTA & ATP Tennis**
5.00 **WTA & ATP Tennis** Highlights from the Indian Wells Open finals.
7.00 **WTA & ATP Tennis** Action from the 2025 Miami Open finals.
9.00 **WTA & ATP Tennis** Highlights from the Indian Wells Open finals.
11.00 **ATP Tour This Week**
11.30 **WTA & ATP Tennis**
12.00 M'T **to 6.00** AM **ATP/WTA Tour Classic Matches**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **Snooker** Coverage of the first round on the first day of the World Open in Yushan, China.
9.00 **Premier League** West Ham United v Manchester City.
10.30 **UEFA Europa League & Conference League Magazine**
11.30 LIVE **Snooker** Further coverage of the first round on the first day of the World Open in Yushan. John Higgins won this event last year after a 10-6 victory over Englishman Joe O'Connor.
2.30 PM **LIV Golf** The final day of the fourth round of the season at Sentosa Golf Club in Singapore.
4.00 **Premier League** West Ham United v Manchester City.
5.30 **The Breakdown**
6.00 LIVE **Ultimate Pool** Coverage from finals night of the Women's Champions League, as leading eight-ball players battle it out.
9.30 **Snooker World Open** Day one.
11.30 **Roll the Tape** Ronnie O'Sullivan.
12.00 M'T LIVE **World Baseball Classic** Coverage from the second semi-final staged at LoanDepot Park in Miami, Florida.
3.30 AM **UEFA Champions League**
4.00 **to 6.00** AM **Snooker**

TNT Sports 2

411 414 522 409 431

6.00 AM **Winter Paralympic Games**
7.00 **Serie A** Italian football action.
9.00 **UEFA Champions League**
9.30 **Premiership Women's Rugby**
10.30 **PREM Rugby Cup**
11.30 **International T20 Cricket**
12.30 PM **Premier League**
2.00 **Winter Paralympic Games**
3.00 **PREM Rugby Cup**
4.00 **Men's Cycling Pro Series**
4.30 **UEFA Champions League**
5.00 **Supercars Championship**
7.00 **WRC Review** Rally Kenya.
8.00 **A-League Highlights**
9.00 **Fishing: On the Bank**
10.00 **UEFA Champions League**
10.15 **UEFA Europa League Goals**
10.30 **UEFA Conference League**
10.45 **UEFA Champions League**
11.15 **The Gruppetto**
11.30 **International T20 Cricket**
1.30 AM LIVE **Women's International T20 Cricket** **New Zealand v South Africa.** Coverage of the second T20 staged at Seddon Park. These two sides last met in a T20 series in 2023 when a five-match series was somewhat ruined by rain as only two games were completed.
5.45 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Kansas City Chiefs v Washington Commanders.
4.00 **NBA 80's** A classic NBA match.
4.30 **NBA 90's** Archive action.
5.00 **NFL Highlights** Pittsburgh Steelers v Green Bay Packers.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
8.00 **NBA Basketball** Minnesota Timberwolves v Phoenix Suns.
10.00 LIVE **NBA Basketball** **Atlanta Hawks v Orlando Magic.** Coverage of the Eastern Conference match from State Farm Arena. Tip-off **11.00pm**.
1.30 AM LIVE **NBA Basketball** **Houston Rockets v Los Angeles Lakers.** Coverage of the Western Conference match staged at Toyota Center. Tip-off **1.30am**.
4.30 **Super League Highlights** Wigan Warriors v Hull Kingston Rovers.
4.45 **NFL Bitesize Highlights**
5.00 **Super Bowl LX Bitesize**
5.15 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **Ref Watch** Analysing decisions.
10.00 **Sky Sports FC** Interactive show covering the football headlines.
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
2.00 PM **Sports Desk** Sports news with live analysis, comments and breaking stories as they happen.
5.00 LIVE **Baller League** Coverage from the UK-based version of the six-a-side football league staged at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under 'gamechanger rules' such as 'threeplay', which will see the teams reduced to three-a-side.
11.00 **Sky Sports News** Round-up of the day's main sports news.
1.30 AM **EFL Greatest Games**
2.00 LIVE **NBA Basketball** **Los Angeles Clippers v San Antonio Spurs.** Coverage of the Western Conference match at Intuit Dome. Tip-off **2.00am**.
4.30 **to 6.00** AM **Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **The Players Championship**
7.00 **Formula 1** Chinese Grand Prix.
9.00 **The Players Championship**
10.00 **TGL** The Bay v Atlanta Drive.
12.00 NOON Jupiter Links v New York at SoFi Center, Florida.
2.00 PM **The Players Championship** Day four from TPC Sawgrass.
3.00 **Formula 1** The Chinese Grand Prix sprint race held in Shanghai.
4.00 The Chinese Grand Prix.
5.00 LIVE **Baller League** Coverage from the UK-based version of the six-a-side football league staged at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under 'gamechanger rules' such as 'threeplay', which will see the teams reduced to three-a-side.
11.00 **Men's T20 World Cup**
12.00 M'T **Formula 1** Chinese GP.
1.00 AM **Darts Gold** Archive action.
2.00 **PDC Classics** Wright v Price.
2.30 **PL Greatest Games**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Women's T20 International Cricket**
7.00 **International T20 Cricket**
8.00 **A-League** Australian football.
12.00 NOON **Serie A** Italian football.
2.00 PM **International T20 Cricket**
3.00 **Women's T20 International Cricket** Highlights.
4.00 **A-League** Action from Melbourne Victory v Macarthur Bulls.
5.00 **Premiership Women's Rugby** Saracens v Gloucester-Hartpury.
6.00 **PREM Rugby Cup** The final.
7.00 **Cycling** Paris-Nice stage eight.
8.00 **The Gruppetto** Cycling news.
8.15 **Cycling** Tirreno Adriatico.
9.15 Trofeo Alfredo Binda.
10.15 Tour of Taiwan stage one.
10.45 **LIV Golf** Round four in Singapore.
12.15 AM **The Gruppetto**
12.30 **Formula E Highlights**
1.00 **Supercars Championship**
3.00 **Premiership Women's Rugby**
4.00 **PREM Rugby Cup**
5.00 **to 6.00** AM **WRC Review**

TNT Sports 4

414 416 524 411 434

6.00 AM **Alpine Skiing** Women's events held in Are, Sweden.
8.00 **Alpine Skiing** Men's events staged in Courchevel, France.
9.30 **Biathlon** Highlights from events in Otepaa, Estonia.
11.30 **Cycling** Men's Paris-Nice.
12.30 PM Tirreno Adriatico.
1.30 Trofeo Alfredo Binda.
2.30 **AFL** Another chance to see Carlton Blues v Richmond Tigers.
4.00 A replay of Essendon Bombers v Hawthorn Hawks.
5.30 Another chance to see Western Bulldogs v GWS Giants.
7.00 **Serie A** Como v AS Roma.
8.00 Lazio v AC Milan.
9.00 **UFC** Another chance to see a UFC Fight Night event, featuring Josh Emmett v Kevin Vallejos.
12.00 M'T **A-League Highlights** Action from the 21st round of fixtures.
12.30 AM **A-League Women** Action from the 19th round of fixtures.
1.00 **to 6.00** AM **A-League**

Premier Sports 1

419 551

6.00 AM **United Rugby Championship**
8.00 **Eredivisie** Ajax v Sparta.
10.00 **NHL Ice Hockey**
12.00 NOON **LaLiga** Another chance to see Barcelona v Sevilla.
2.00 PM **NHL on the Fly**
2.30 **Downhill Skateboarding**
3.00 **Sporting Greats**
4.00 **SPFL** Dundee v Dundee United.
6.00 **LaLiga** Real Sociedad v Osasuna.
7.55 LIVE **LaLiga** **Rayo Vallecano v Levante.** Coverage of the Spanish top-flight match from Campo de Fútbol de Vallecas. Kick-off **8.00pm**.
10.00 **Sporting Greats**
11.00 **NHL Tonight** Top 20 wingers.
12.00 M'T LIVE **NHL Ice Hockey** **Dallas Stars v Utah Mammoth.** Coverage of the Western Conference match from American Airlines Center. Face-off **12.00m't**.
3.00 AM **NHL Ice Hockey**
4.00 **to 6.00** AM **United Rugby Championship**

Premier Sports 2

420 552

6.00 AM **Motorsport** Valentino Rossi.
6.30 **Brasileiro Serie A**
8.30 **Eredivisie** Feyenoord v Excelsior.
10.30 **Bike World** Magazine.
11.00 **NASCAR O'Reilly Series** Action from Las Vegas Motor Speedway.
2.00 PM **Motorsport** Valentino Rossi.
2.30 **Temples of Sport**
3.00 **NHL Ice Hockey** Montreal Canadiens v Anaheim Ducks.
5.00 **Temples of Sport**
5.30 **Argentine Primera** A replay of River Plate v Sarmiento.
7.30 **Football's Greatest**
8.00 **Elite Ice Hockey League** Glasgow Clan v Cardiff Devils.
10.00 **NHL: This is Hockey**
11.00 LIVE **NHL Ice Hockey** **New Jersey Devils v Boston Bruins.** The Eastern Conference match staged at Prudential Center. Face-off **11.00pm**.
2.00 AM **Temples of Sport**
2.30 **NASCAR O'Reilly Series**
5.30 **to 6.00** AM **Bike World**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Another chance to see the Chinese Grand Prix.
10.30 **Ted's Notebook**
11.00 **F1 Features**
11.30 **Paddock Uncut: China**
12.00 NOON **Formula 1** The Chinese Grand Prix practice session.
1.15 PM **Formula 1** Chinese Grand Prix sprint qualifying session.
2.15 **Brad Pitt x McLaren**
2.30 **Formula 1** Action from the Chinese Grand Prix sprint race.
3.30 **Ted's Notebook**
4.00 **Formula 1** Replay of the Chinese Grand Prix qualifying session.
6.00 **Ted's Notebook**
6.30 **F1 Features**
7.00 **Formula 1** Chinese Grand Prix.
9.15 **Ted's Notebook**
9.45 **Brad Pitt x McLaren**
10.00 **Indycar** Grand Prix of Arlington.
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

17 March

Evening Planner

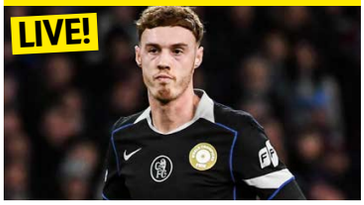
Factual

The Dog House

C4, 8pm

We're back at Woodgreen animal charity for a ninth season, as staff try to match rescue dogs with their perfect owners.

Football



Champions League: Round of 16 2nd Legs

TNT Sports & Prime Video

Coverage of Arsenal v Leverkusen, Chelsea v PSG, and Manchester City v Real Madrid.

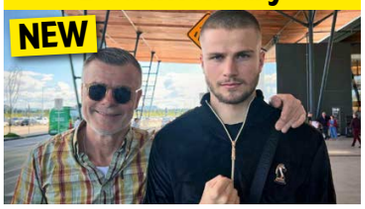
Crime Drama

Ellis

5, 9pm

After a student dies in an apparently tragic accident, Ellis discovers someone may have had a motive for killing her...

Documentary



Storyville: Portrait of a Confused Father

BBC4, 10pm

Film-maker Gunnar Hall Jensen (left) tries to make sense of his son's death.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Sort Your Life Out with Stacey Solomon		9.00 MasterChef: The Professionals		10.00 News	10.40 Boarders †
	102 BBC2	7.00 Great British Menu		8.00 Digging for Britain		9.00 Europe on the Edge with Katya Adler		10.00 QI	10.30 Newsnight
	103 ITV1		7.15 The Martin Lewis Money...	8.00 Emmerdale	8.30 Coronation...	9.00 The Summit		10.00 News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Handcuffed: The Final		10.00 Gogglebox	
	105 5	7.00 Celebrity Puzzling		8.00 The Yorkshire Vet		9.00 Ellis		10.00 Fare Dodgers: At War with the Law	
	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs the Jungle		9.00 The Dyers' Caravan Park		10.00 Ted	
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	7.30 The Weakest Link	8.15 Alan Carr's Picture Slam	9.00 RuPaul's Drag Race UK vs the World		10.10 Film: Pride	
	116 BBC4	7.00 Villages by the...	7.30 Wainwright...	8.00 Keeping Up...	8.30 Sorry!	9.00 A History of Britain by Simon Schama		10.00 Storyville: Portrait of a Confused...	
	118 ITV2	7.00 Wheel of Fortune		8.00 Ant & Dec's Limitless Win		9.00 Family Guy			
	136 MORE4	‹ 6.50 The Dog House Australia		7.55 Grand Designs		9.00 Saving Country Houses with Penelope...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.05 Made in Chelsea		10.10 First Dates	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 Chernobyl			10.20 Euphoria
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army	8.20 Are You Being Served?		9.00 This Time with Alan...	9.40 I'm Alan Partridge		10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Endeavour	
	120 ITV4	7.00 More Than Machine		8.00 World Rally Championship Highlights		9.00 The 1% Club		10.00 Wrestling: AEW Collision	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Bad Moms			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Whitstable Pearl				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Father Brown		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Lily and Lolly: The Forgotten Yeats Sisters			9.30 Kate Bush: The Timeless Genius		
	132 U&W	7.00 The Supervet: Noel Fitzpatrick		8.00 999 Rescue Squad		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Gold Rush		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 The Pool Master		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Planes that Changed History		9.00 Nazi Megastructures		10.00 Hitler's Last Stand	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Weird Britain		9.00 Britain's X Files		10.00 Secrets in the Sand	
	155 U&YESTERDAY	7.00 Simon Reeve's South America		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	114 SKY DOCS	‹ 6.55 The Civil War		8.00 Boyzone: No Matter What					
FILMS – Sky Cinema	301 PREMIERE	‹ 5.35 Jurassic World: Rebirth		8.00 Materialists				10.00 Bring Her Back	
	302 ASSASSINS	‹ 6.20 The Mechanic		8.00 The Bourne Identity				10.00 The Bourne Supremacy	
	303 ROM-COMS	‹ 5.40 The Holiday		8.00 Miss Congeniality				9.55 Miss Congeniality 2: Armed and Fabulous	
	304 GREATS	‹ 6.20 Police Academy		8.00 Police Academy 2: Their First Assignment			9.30 Police Academy 3: Back in Training		
	305 ANIMATION		7.15 The Lego Movie 2: The Second Part			9.15 Batman Unlimited: Animal Instincts			
	306 FAMILY	‹ 6.00 The Wizard of Oz		7.45 The Karate Kid Part II			9.40 The Hobbit: An Unexpected Journey		
	307 ACTION	‹ 5.15 Troy		8.00 Jurassic World: Fallen Kingdom				10.15 Enter the Dragon	
	308 COMEDY	‹ 6.30 This Is Spinal Tap		8.00 American Reunion				10.00 Jackass: The Movie	
	309 THRILLER	‹ 5.20 The Firm		8.00 Layer Cake			9.50 The Saint		
	310 DRAMA	‹ 5.40 A Star Is Born		8.00 Joker: Folie à Deux				10.20 An Officer and a...	
	311 SCI-FI	‹ 6.15 Wolf Man		8.00 Van Helsing				10.15 Blade	
	313 FILM4	‹ 6.40 Notting Hill				9.00 Wild Rose			
SPORT	401 MAIN EVENT	‹ 3.00 Tennis – Live	7.30 EFL – Live: Barnsley v Wigan Athletic (Kick-off 8.00)						10.30 TGL – Live
	402 PREMIER LEAGUE	7.00 Soccer Special Post-Match						10.15 PL Review	
	403 FOOTBALL	7.00 Irish Football	7.30 EFL – Live: Barnsley v Wigan Athletic (Kick-off 8.00)						10.30 EFL Highlights
	405 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Coverage from a round-of-16 second-leg tie							10.30 PL Reload
	411 TNT SPORTS 2	7.00 PL Big Interview	7.30 UEFA Champions League – Live: Coverage from a round-of-16 second-leg tie					10.00 International T20 Cricket Highlights	

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Bear Grylls: Wild Reckoning** New edition A couple who are constantly fighting take part. (S)(AD)
2.30 **Amanda & Alan's Spanish Job** (R)
3.00 **Escape to the Country** New edition The Peak District. (S)
3.45 **The Repair Shop on the Road** New edition Piecing a shattered bowl back together. (S)(AD)
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

3.45 The Repair Shop on the Road

7 PM

7.00 The One Show
Alex Jones and Lauren Laverne present the topical show. (S)

7.30 EastEnders
Lauren gets her stride back, Denise and Kim receive an unexpected visitor, while Suki suffers a shock. (S)(AD)

8 PM

8.00 Sort Your Life Out with Stacey Solomon
New edition 2/6. The team head to south London to meet single mum Almarie and her 10-year-old daughter Marie, who need help decluttering their three-bedroom semi. (S)(AD)

9 PM

9.00 MasterChef: The Professionals
New edition 17/21. As the semi-finals continue, Michelin-starred chef John Chantarasak asks the hopefuls to serve up a Thai-style dish. (S)(AD)
■ Continues on Thursday

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.40 NEW TO BBC1 Boarders
1/6. As the students gear up for their final term, a shocking act of vandalism puts the school on lockdown. Jaheim wrestles with a dilemma that will change everything. *Previously on BBC3.* (S3) (S)(AD)
11.25 Boarders New episode 2/6. The students are teamed up with career mentors, but things quickly go wrong. Leah is fuming with Felix about the sabotage, and Femi's dreams are crushed. Omar is in denial, and Toby is distracted by Abby's games. (S3) (S)(AD)
12.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.20 to 6.00 AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **Bear Grylls: Wild Reckoning**
6.30 **The Repair Shop on the Road** (R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: The Repair Shop** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz show. (S)(R)
2.30 **Chess Masters: The Endgame** (R)
3.00 **Clive Myrie's Italian Road Trip** (R)
3.30 **Serengeti** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** Michael Aspel visits Wisbech. (S)(R)
5.10 **Flog It!** From Barrow Hill Railway Heritage Centre, Derbyshire. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Steve Backshall, Steve Pemberton, Sam Quek and Rachel Riley. (S)
6.30 **Do You Know Your Place?** New edition From Enniskillen. (S)

9.00 Europe on the Edge

7.00 Great British Menu
New edition Chefs from Wales serve up their canapes, starters and fish dishes, including two celeriac dishes – one honouring Richard Burton and the other TE Lawrence. (S)(AD)
■ Continues tomorrow

8.00 Digging for Britain
Archaeologists in Somerset are blown away by the discovery of an entirely new Roman town in the intended pathway of some new electricity cables. In Pembrokeshire, Alice Roberts revisits Whitesands Bay. (S)(R)

9.00 Europe on the Edge with Katya Adler
Series finale 3/3. Katya travels through Spain, training with a team of firefighters, and then visits France to learn about the country's welfare state. (S)(AD)
■ Entire series on BBC iPlayer

10.00 QI
Tom Allen, Melanie Bracewell and Desiree Burch join regular panellist Alan Davies and host Sandi Toksvig. (S)(R)
10.30 Newsnight (S)
11.00 Forensics: The Real CSI
A teenager is left fighting for his life after being stabbed. (S)(R)(AD)
12.00 M'T **Dunblane: How Britain Banned Handguns** (S)(R)(AD)
1.00 AM **Sign Zone: The Apprentice** (R)
2.00 Sign Zone: The Apprentice: Unfinished Business (S)(R)(AD)
2.30 Sign Zone: We Might Regret This 3/4. (S2) (S)(R)(AD)
3.00 Sign Zone: AI Confidential with Hannah Fry (S)(R)(AD)
4.00 to 6.00 AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features. (S)
10.00 **This Morning** Celebrity chat, lifestyle features and advice. (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show as Jane Danson, Eddie Kadi and Tom Rosenthal attempt to guess well-known phrases. (S)(R)(AD)
2.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
3.00 **Riddiculous** New edition Quiz show hosted by Ranvir Singh. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Summit

7.15 The Martin Lewis Money Show: Live
New edition The cash expert breaks down the week's biggest financial headlines and answers viewers' questions. Plus, News You Can Use is packed with not-to-be-missed deals. (S)

8.00 Emmerdale
Paddy and Dylan make a big confession, and the Dingles are suspicious of Joe Tate. (S)(AD)
8.30 Coronation Street
Leanne asks Sam to share his troubles, and Kit is forced to question his own victim. (S)(AD)

9.00 The Summit
Series finale 8/8. The final four make the last terrifying ascent, with obstacles in the way including a dangerous crevasse crossing that sees one of them frozen in fear. (S)(AD)

10.00 ITV News (S)
10.30 Local News (S)
10.45 Who Wants to Be a Millionaire?
Big-prize quiz hosted by Jeremy Clarkson in which another line-up of contestants answer questions that could change their lives. (S)(R)
11.45 Sorry, I Didn't Know With Peter Rethinasamy, Fiona Allen, Munya Chawawa and Gina Yashere. (S)(R)
12.05 AM **Teleshopping**
3.00 Faked: Hunting My Online Predator Three women who tracked down the person behind deepfake online profiles. (S)(SL)(R)
3.55 Unwind with ITV (S)
5.05 to 6.00 AM **Jeremy Pang's Hong Kong Kitchen** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 8-10/28. (S11) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 14-17/24. (S5) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New Orleans. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Our Farm in the Dales** 2/4. Documentary. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition From the Horn of Plenty in Devon. (S)
5.30 **Come Dine with Me** New edition Self-styled culinary explorer Dave hosts the second night. (S)
6.00 **A Place in the Sun: What Happened Next?** New edition Catching up with a couple who found a property on Lanzarote. (S)

9.00 Handcuffed: The Final

7.00 News (S)
7.55 The Political Slot
Ken Skates, Member of the Senedd for Clwyd South, sets out Welsh Labour's plans to improve the transport network across Wales. (S)

8.00 NEW SERIES The Dog House
Return of the documentary series. The Bodley family face double trouble as they meet cockapoo twins Milo and Mable, and Floyd the lurcher arrives at Woodgreen in need of some serious TLC. (S)

9.00 Handcuffed: The Final
Series finale 6/6. Jonathan Ross presents as the couples take part in the final in which they must prove how well they know each other, before the strongest ones face a race from Scotland to London. (S)(AD)

10.00 Gogglebox
The armchair critics share their opinions on shows including *The Assembly*, *Genius Game*, *The Piano*, *Scam Interceptors*, *The Americas* and *Married at First Sight Australia*. (S)(R)(AD)
11.05 Gogglebox (S)(SL)(R)(AD)
12.10 AM **Open House: The Great Sex Experiment** (S)(R)(AD)
1.05 Confessions of a Cam Girl (S)(R)
2.00 Ramsay's Kitchen Nightmares USA From California. (S)(SL)(R)
2.50 The Last Leg (S)(SL)(R)
3.45 Jamie's One-Pan Wonders (S)(R)
3.55 Stacey Solomon's Renovation Rescue From Devon. (S)(SL)(R)
4.50 Location, Location, Location (S)(R)
5.45 to 6.25 AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Good Ship Murder** 5/8. Jack and Kate investigate the case of a murdered widow in Cape Verde. (S3) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** New edition Retired expat Jack organises a World War Two-themed singalong. (S)
5.00 **News** (S)
6.00 **Love Nature** New edition An allotment in Coventry helping lonely young people. (S)
6.05 **Susan Calman's Grand Day Out** A visit to Bridlington. (S)(R)
6.55 **News** (S)

8.00 The Yorkshire Vet

7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts, with Harriet Kemsley and Sunetra Sarker joining team captains Sally Lindsay and Carol Vorderman. (S)
7.55 **News** (S)

8.00 **The Yorkshire Vet** New edition Mother and daughter farmers rush their ewe to the Huddersfield practice, where Shona suspects a Caesarean might be needed to save the first-time mum's twin lambs. (S)

9.00 **Ellis** New episode *Elmsly – Part One:* 3/4. Ellis investigates when a student is killed under fallen scaffolding at a building firm and finds the CCTV was off at the time. (S2) (S)(AD) ■ Concludes tomorrow

10.00 **Fare Dodgers: At War with the Law** Investigators search Surrey for a suspect thought to have evaded almost £20,000 of fares in one of South Western Railway's biggest ever fraud cases. (S)(R)

11.05 **Call the Bailiffs: Time to Pay Up** Documentary. (S)(R)(AD)
12.05 AM **Rogue Claimers** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Inside John Lewis: Profits & Problems** Documentary. (S)(R)
3.20 **Inside Harvey Nichols: Britain's Poshest Department Store** (R)
4.10 **Friends** (S4) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.20 **to 5.25** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S1) (S)(R)
9.00 **NCIS: Los Angeles** (S13) (S)(R)
10.00 **Will & Grace** (S2) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **David Attenborough's Wild City** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **NCIS: Los Angeles** (S13) (S)(R)
3.00 **S.W.A.T.** 16/22. (S1) (S)(R)(AD)
4.00 **Police 24/7** (S2) (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 8/28. Michael is sent on a trip to Canada, joined by Oscar and Andy, while Jim counts the days until Pam finishes art school. (S)(R) **6.30** 9/28. Michael tries to frame Toby after discovering he is back in the office. (S5) (S)(R)

9.00 The Dyers' Caravan Park

7.00 **The Simpsons** *When Nelson Met Lisa:* An episode set in the future in which Lisa and Nelson are an unlikely couple. (S)(R) **7.30** *Game Done Changed:* Bart finds a profitable glitch in an online game. (S)(R)

8.00 **Rob & Romesh vs the Jungle** The comedians venture into the depths of the Sumatran jungle to find out if they can take a photo worth of entry to Wildlife Photographer of the Year. (S)(R)(AD)

9.00 **The Dyers' Caravan Park** New edition *Life's a Pitch:* 5/6. With playground plans blocked, the Dyers install a football pitch for a staff v residents match, before Danny takes a risk by shaking up the park's bingo nights.

10.00 **Ted** *Dungeons & Dealers:* 3/8. A weed shortage forces John, Ted and Blaire to complete a drug dealer's Dungeons & Dragons campaign. (S)(R) **10.45** *The Mom's Bombed Rom Com:* 4/8. Blaire breaks up with her girlfriend and all she wants to do is watch rom-coms. (S2) (S)(R)

11.30 **Grimm** 16/22. Nick takes Juliette for a romantic weekend in the country. (S1) (S)(R)
12.30 AM **Police 24/7** Suspects try to dispose of evidence during a routine traffic stop. (S)(R)
1.30 **The Force: Manchester** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 16/24. (S1) (S)(R)
4.00 **S.W.A.T.** 16/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City **10.40** Ultras **11.25** Boarders **1.00am** Scotcast **1.30** Weather for the Week Ahead **1.35-6.00am** BBC News
N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Spotlight **11.10** Boarders **12.50-6.00am** BBC News
WALES
Sky 965, Virgin 864, Freesat 965
8.00-9.00pm **NEW** Your Voice Live Debate **10.40** Walescast **11.15** Boarders **12.45-6.00am** BBC News

BBC2

N. IRELAND
Sky 969, Freesat 969
9.00-10.30pm An Bothy Band **11.00** Europe on the Edge with Katya Adler Series finale **12.00m't-1.00am** Forensics: The Real CSI
WALES
Sky 968, Freesat 968
1.45pm First Minister's Questions **2.45** The Tournament **3.30** Chess Masters: The Endgame **4.00-4.30** Clive Myrie's Italian Road Trip **8.00-9.00pm** Sort Your Life Out with Stacey Solomon New edition

ITV1

As main ITV1 except:
WALES
10.45-11.45pm Sharp End

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Cegin Bryn: Tir a Môr **1.30** Cefn Gwlad **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Busnes Bwyd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Llyn **6.30** Sgorio **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Rownd a Rownd New episode **8.55** Newyddion a'r Tywydd **9.00** Maxine Hughes: Canser ar da Gost? New edition **10.00** Y Byd ar Bedwar **11.00-11.35pm** Y Fets

TV&Satellite Week
New issue on sale today

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** A search for giant river otters in Peru.
7.30 **The Weakest Link** Romesh Ranganathan hosts a sports edition of the quiz.
8.15 **Alan Carr's Picture Slam** Contestants from Brighton, Belfast and Hampshire take part in the game show.
9.00 **RuPaul's Drag Race UK vs the World** Series finale 8/8. Graham Norton, Alan Carr and Michelle Visage join RuPaul on the judging panel for the Grand Final.
10.10 **FILM Pride** Fact-based drama with Ben Schnetzer, Bill Nighy and Andrew Scott. A group of gay rights activists in 1980s Britain travel to Wales to lend their support to the striking miners. (2014, 15, 119min) ★★★★
12.05 AM **Long Story Short: True Love and Wormholes**
12.20 **Boarders** 1&2/6. (S3)
1.55 **RuPaul's Drag Race UK vs the World** As 9.00pm.
3.05 **to 3.50** AM **Thailand: The Dark Side of Paradise**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a Lexus IS200. **5.50** Fuzz and Tim work on a Datsun 240k Skyline.
6.50 **The Dog House Australia** Tripod Mr Norman has the cuteness factor covered, but he needs to tick all the Peacock family's boxes.
7.55 **Grand Designs** Kevin McCloud follows the progress of ex-advertising man Geoff, who is building a flood-resistant architectural marvel on the Essex coast, costing a cool £700,000.
9.00 **Saving Country Houses with Penelope Keith** New edition In Dorset, rain and storms threaten Mapperton House's annual plant fair. Nova Guest invites the first visitors to the newly-restored Gunpowder Plot room at Ashby Manor.
10.00 **24 Hours in A&E** A man is treated for serious injuries sustained in a car crash.
11.05 **24 Hours in A&E**
12.10 AM **Saving Country Houses with Penelope Keith** As shown at 9.00pm.
1.10 **24 Hours in A&E**
3.20 **to 3.50** AM **Strangers on a Plane**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Villages by the Sea** Ben Robinson heads to Charlestown in Cornwall.
7.30 **Wainwright Walks: Coast to Coast** From St Bees Head on the coast of Cumbria.
8.00 **Keeping Up Appearances** Daisy picks up a toyboy to make Onslow jealous.
8.30 **Sorry!** Timothy is sent to speak to the father of the boy bullying his godson.
9.00 **A History of Britain by Simon Schama** The story of Henry II, who built one of the greatest empires in the medieval world.
10.00 **NEW Storyville: Portrait of a Confused Father** Charting a father-son relationship that takes an unexpected and tragic turn.
11.30 **Birdsong** Documentary.
12.30 AM **Imagine – Tracey Emin: Where Do You Draw the Line?**
1.55 **Emin/Munch: Between the Clock and the Bed**
2.35 **Villages by the Sea**
3.05 **to 3.35** AM **Wainwright Walks: Coast to Coast**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **Celebrity Coach Trip**
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Ste returns to devastating news.
7.30 **Married at First Sight Australia** New edition The couples return from their honeymoons to face the first dinner party.
9.05 **Made in Chelsea** New edition Inga and Jazz's ever-tightening friendship does not go unnoticed and rumours begin to spread.
10.10 **First Dates** An Irish fashionista's date becomes a linguistic battle of wits – with some dramatic results.
11.10 **Naked Attraction**
12.15 AM **Gogglebox**
1.20 **Married at First Sight Australia** As 7.30pm.
2.45 **Made in Chelsea**
3.30 **The Simpsons**
4.00 **The Goldbergs**
4.45 **to 6.00** AM **Don't Tell the Bride: Revisited**

+1 hr 235/236 | 306 | 30 | 123 | 256

Tuesday primetime

primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

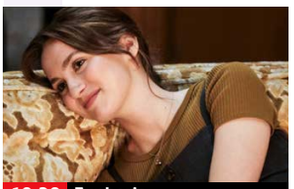
6.00 AM **Bondi Rescue**
7.00 **Nothing to Declare**
9.00 **Border Security USA**
10.00 **Brit Cops: Frontline Crime UK**
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 3/22. (S7)
1.00 PM **The Rookie** 19/20. Nolan, Chen and West are evaluated by their training officers. **2.00** 20/20. Nolan makes a shocking discovery. (S2)
3.00 **Law & Order: Criminal Intent** 2/21. Two contact lens salesmen are killed. (S3)
4.00 **Nothing to Declare**

9.00 The Rookie

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
7.55 **The Sopranos** 4&5/13. (S2)
10.00 **Mare of Easttown** Seven episodes, including at: **3.25** PM 6/7. Mare re-evaluates old suspects, which leads to a shocking clue. **4.30** 7/7. The case takes a devastating turn. (S1)
5.45 **Game of Thrones** 4/10. Jaime and Bronn head south. **6.50** 5/10. Daenerys makes a difficult decision, and Brienne searches for Sansa. (S5)



10.20 Euphoria

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.15 **Real Housewives of Beverly...**
12.10 PM **Ant & Dec's Limitless Win**
1.10 **Wheel of Fortune**
2.10 **The Only Way Is Essex**
3.10 **Real Housewives of Cheshire**
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

7.00 Wheel of Fortune

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *A Tale of Two Hamlets:* An actor's sudden death exposes a centuries-old feud.
3.25 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *My One and Only:* An insurance salesman is found murdered.

6.55 Heartbeat

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.10 **Magnum, PI**
9.10 **Kojak**
10.15 **Boon**
11.25 **The Sweeney**
12.35 PM **Dempsey and Makepeace**
1.35 **Magnum, PI**
2.40 **Kojak**
3.45 **Boon**
4.50 **Sharpe** *Sharpe's Eagle:* 2/2. The officer tries to capture a jealously guarded battlefield prize – a French eagle standard touched by the hand of Napoleon himself. (S1)

2.40 Kojak

7 PM

7.00 Police 24/7 Several officers are needed to break up a party, and police crack the case on a shoplifting scheme.

7.55 Game of Thrones *Unbowed, Unbent, Unbroken:* 6/10. Jorah and Tyrion run into slavers, the Sand Snakes mount an attack, and Arya continues her training. (S5)

7.00 Wheel of Fortune Graham Norton hosts as contestants compete for the chance to spin the wheel and win big money.

6.55 Heartbeat *The Open Door:* A consignment of condemned meat is stolen, causing a health alert in Aidensfield.

7.00 More Than Machine New edition The trials and tribulations of competing in rally driving at the highest level.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 Ant & Dec's Limitless Win A married couple continue their game, while two best friends from Northern Ireland take part.

8.00 Vera *The Seagull:* The detective reopens an unsolved case when a skeleton is discovered, and suspects the bones belong to a notorious criminal who was once a friend of her father.

8.00 World Rally Championship Highlights Action from the Safari Rally Kenya, the third round of the season.

9 PM

9.00 The Rookie New episode *The Network:* 5/18. Grey and the FBI task force enlist the help of a former colleague. (S8)

9.00 Chernobyl *Vichnaya Pamyat:* 5/5. Legasov, Shcherbina and Khomyuk risk everything to expose the truth. (S1)

9.00 Family Guy 6/18. Peter throws Jesus a birthday party. (S13) **9.30** 2/20. Frank Sinatra Jr opens a restaurant. (S15)

9.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

10 PM

10.00 Law & Order: Special Victims Unit *Prima Nocta:* 11/13. A runaway bride calls the team for help on her wedding day. (S25)
11.00 **The Rookie** 1/18. (S7)
12.00 M'T **FBI** 12/13. (S6)
1.00 AM **Matlock** 2/19. (S1)
2.00 **FBI: International** 4/21. (S1)
3.00 **FBI** 4/22. (S7)
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

10.20 Euphoria *A Thousand Little Trees of Blood:* 6/8. Rue tries to recover, and Nate celebrates his newfound freedom. (S2)
11.30 **Euphoria** 7/8. Lexi finally debuts her long-awaited play. **12.40** AM 8/8. Fez find himself in a dangerous situation. (S2)
1.50 **The Undoing** 2/6. (S1)
2.50 **The Wire** 12/13. (S1)
3.55 **True Blood** 11/12. (S1)
5.00 **to 6.00** AM **Fish Town**

10.00 Family Guy 14/20. Peter and Chris get addicted to hotel breakfasts. **10.30** 15/20. Lois tries to win a contest. (S19)
11.00 **Family Guy** 16/20. Brian learns he once had different owners who are wealthy. (S19)
11.30 **American Dad!** (S16)
12.35 AM **Bob's Burgers** (S13)
1.30 **Piglets** 1/6. (S1)
2.00 **Plebs** 7/8. (S2)
2.30 **to 3.00** AM **Unwind with ITV**

10.00 Endeavour *Trove:* A baffling suicide throws Morse in at the deep end as he returns to work.
11.50 **A Touch of Frost** *One Man's Meat:* Jack investigates the death of an environmental health officer whose arm has been washed ashore.
1.50 AM **On the Buses** *Stan's Room:* Stan decides to leave home.
2.15 **to 2.30** AM **Unwind with ITV**

10.00 Wrestling: AEW Collision Hard-hitting action, featuring stars including FTR, Thunder Rosa and Jon Moxley.
12.00 M'T **Dark Side of the Ring** Martha Hart relives the final day of her late husband Owen, who died in a stunt gone wrong.
1.00 AM **Auf Wiedersehen, Pet**
2.00 **Minder**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Harbour** Fish merchant Doug makes his daily drive north.
8.00 **This Farming Life** New edition 4/12. Adam and Lucy's dairy cows must test negative for TB before they can be moved to Scotland.
9.00 **NEW SERIES Ultras** 1/3. The organised groups of supporters in Scottish football who are transforming matchdays.
9.45 **The Beauty Queen and the Catfish** 1/3. A nurse who targeted, harassed, stalked and exploited hundreds of women.
10.30 **Our Lives: The Journey to Scotland's Remotest Pub** Two friends embark on a treacherous trip.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Jules and Greg's Wild Swim**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S5)
9.00 **Ballers** 1&2/10. (S2)
10.15 **Sex and the City** (S6)
11.25 **Entourage** (S7)
12.30 PM **Will & Grace** (S7)
1.30 **Sex and the City** (S6)
2.45 **Ballers** 3&4/10. (S2)
3.55 **And Just Like That...**
4.45 **The Office (US)** (S5)
5.45 **Will & Grace** (S7)
6.45 **Community** (S2)
7.45 **Sex and the City** 9/20. Carrie loses her shoes at a party. **8.20** 10/20. Carrie has dinner with a former boyfriend. (S6)
9.00 **Saturday Night Live** Harry Styles hosts the satirical sketch show.
10.30 **And Just Like That...** 8/11. Charlotte gets ready to go back to work full-time. (S2)
11.20 **Community** (S2)
12.20 AM **Entourage** (S7)
1.25 **Ballers** 9&10/10. (S1)
2.35 **Barry** 3&4/8. (S1)
3.45 **to 5.00** AM **Veep**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Nutcracker**
7.45 **Watercolour Challenge**
8.45 **Tales of the Unexpected**
9.50 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the Unexpected**
2.00 **Classic FM's Rising Stars with Julian Lloyd Webber**
3.00 **Battle of the Irish Dancers** Documentary.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Lily and Lolly: The Forgotten Yeats Sisters**
9.30 **Kate Bush: The Timeless Genius**
10.45 **FILM Exodus** Epic drama starring Paul Newman. (1960, PG, 220min) ★★
2.35 AM **Voices of Ireland**
3.50 **Art's Most Horrific**
4.50 **Arts Uncovered**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 2/26. (S2)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** *Code of Honour:* 4/26. (S1)
8.00 **Primeval** 7/10. (S3)
9.00 **Fire Country** 11/22. (S1)
10.00 **FBI: International** (S1)
11.00 **Grimm** 10/13. (S6)
12.00 M'T **Warrior** 6/10. (S2)
1.00 AM **The Force: Manchester**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five friends take part in the quiz show.
3.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson gives six new contestants the chance to win a fortune.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Sue tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Celebrity Wheel of Fortune** Graham Norton hosts as guests Tom Allen, Michelle Visage and Eddie Kadi spin the wheel and solve puzzles to win big for charity.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Tenable** Quiz.
1.45 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Location, Location, Location** From London.
10.00 **Our Welsh Chapel Dream** Property series.
11.00 **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **A New Life in the Sun** From Spain.
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: What Happened Next?**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location** Hertfordshire.
7.00 **Aldi vs M&S: Battle of the Brands**
8.00 **Batch from Scratch: Cooking for Less**
9.00 **Gogglebox**
10.00 **FILM The Son** Drama with Hugh Jackman and Vanessa Kirby. (2022, 15, 123min) ★★★★
12.25 AM **Night Coppers**
2.25 **Naked Attraction**
3.30 **First Dates**
4.25 **to 4.45** AM **Find It, Fix It, Flog It**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 21/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 22/26. (S6)
2.00 **Warehouse 13** 3&4/13. (S1)
4.00 **Stargate SG-1** 14/22. (S3)
5.00 **Star Trek: Voyager** 24/26. Tuvok and Neelix merge into a composite being. (S2)
6.00 **Star Trek: The Next Generation** 21/26. Riker makes his acting debut. (S6)

11.20 **The Lawnmower Man**

7.00 **Star Trek: Deep Space Nine** *Valiant:* 22/26. Jake and Nog are attacked by Jem'Hadar soldiers. (S6)

8.00 **Stargate SG-1** *Foothold:* 14/22. The team members discover staff at Stargate Command are not who they appear to be. (S3)

9.00 **Westworld** *Zhuangzi:* 5/8. Charlotte gives William the task of tracking down a human outlier who has breached.

10.10 **Westworld** *Fidelity:* 6/8. Caleb uncovers a disturbing truth as he tries to escape from Charlotte's interrogation. (S4)

11.20 FILM **The Lawnmower Man** Thriller with Pierce Brosnan. (1992, 15, 105min) ★★★

1.50 AM **True Blood** 1/10. The human residents of Bon Temps work with vampires uninfected by the virus. **2.50** 2/10. Sookie and Jason visit a nearby town. (S7)

3.55 **to 6.00** AM **Warehouse 13**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 9/23. (S1)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S1)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 9/23. (S1)
5.00 **Hudson & Rex** 6/8. The president of a beekeeping association is found dead. (S7)
6.00 **My Life Is Murder** 7/10. Alexa returns to her high school to investigate the death of her beloved former teacher. (S1)

5.00 **Hudson & Rex**

7.00 **Father Brown** *Jackdaw's Revenge:* The priest must protect those closest to him when an old foe is released from prison.

8.00 **Death in Paradise** *The Healer:* 4/8. A blind woman dies live on stage while being treated by a faith healer. (S7)

9.00 **Father Brown** *The Lord of the Dance:* The priest takes the lead when a TV dancing contest turns deadly.

10.00 **Death in Paradise** *Pirates of the Murder Scene:* 4/8. A man's body is discovered on a boat out at sea. (S9)

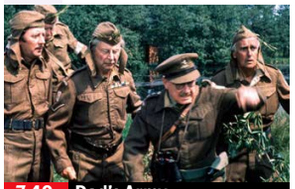
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S7)
1.00 AM **My Life Is Murder** (S1)
2.00 **The Red King** 2/6. Grace becomes convinced something sinister is at play. (S1)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.10 **Are You Being Served?**
9.50 **Last of the Summer Wine**
11.05 **Dad's Army**
11.45 **Porridge**
12.25 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Hi-de-Hi!**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**



7.40 **Dad's Army**

7.00 **Porridge** Fletcher helps cellmate Godber make it through a long night.

7.40 **Dad's Army** Wilson inherits a title following the death of a relative.

8.20 **Are You Being Served?** Captain Peacock becomes infatuated with another woman.

9.00 **This Time with Alan Partridge** Alan makes a return to prime time TV.

9.40 **I'm Alan Partridge** Alan agrees to host a corporate sales conference.

10.20 **Men Behaving Badly** Deborah gets passionate with Tony on holiday.

11.00 **Harry Enfield's Television Programme** Sketch show.
11.35 **This Time with Alan Partridge**
12.15 AM **I'm Alan Partridge**
12.55 **Men Behaving Badly**
1.35 **Hi-de-Hi!**
2.25 **Harry Enfield's Television...**
2.55 **Don't Wait Up**
3.25 **to 4.00** AM **The Green...**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Classic puddings.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Railroad Australia**
11.00 **Rick Stein's Far Eastern Odyssey** As 6.00pm.
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Far Eastern Odyssey** The multicultural cuisine of Penang, Malaysia.

6.00 **Far Eastern Odyssey**

7.00 **Would I Lie to You?** Unseen material from the comedy panel show.

7.40 **Richard Osman's House of Games** With Denise Lewis and Isy Suttie. **8.20** With guests Sara Barron, Anton Du Beke, Jessica Fostekew and Rickie Haywood-Williams.

9.00 **Have I Got a Bit More News for You** Clive Myrie hosts the satirical quiz, with Marianna Spring and Jon Richardson.

10.00 **QI XL** Guests Julia Zemiro, Matt Lucas and David Mitchell join regular panellist Alan Davies and host Stephen Fry.

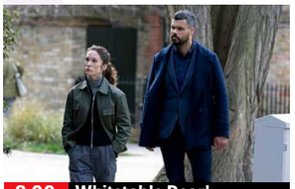
11.00 **Taskmaster** David Baddiel bares his chest, while Katy Wix robs a piggy bank.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Hate Thy Neighbour**
2.50 **to 4.00** AM **Jamali Maddix: Follow the Leader**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.40 **The Bill**
8.35 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** James desperately tries to save a litter of piglets.
3.10 **Howards' Way**
4.20 **Shakespeare & Hathaway: Private Investigators**
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**



8.00 **Whitstable Pearl**

7.20 **Last of the Summer Wine** Howard becomes ill at ease with his lot in life and decides to change his appearance.

8.00 **Whitstable Pearl** *Oysters Kilpatrick:* 3/6. A food critic drops dead in the Whitstable Pearl.

9.00 **Whitstable Pearl** *Prisoners of the Past:* 4/6. Pearl learns that Charlie is back from Canada and living in London. (S3)

10.00 **New Tricks** *Old Dogs:* Brian's judgement is tested when his own dog, along with those of others, appears to be the victim of a serial killer.

11.20 **Shakespeare & Hathaway: Private Investigators** (S3)
12.20 AM **The Inspector Lynley Mysteries** *Playing for the Ashes.*
2.25 **Birds of a Feather**
2.55 **to 4.00** AM **Copper**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 11-13/24. (S7)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Worst Nightmare:* 2/24. The team look for a missing girl, but have to contend with her grandfather. **7.00** *Short Fuse:* 3/24. A robber is shot dead. **8.00** *Royals and Loyals:* 4/24. The team investigate the murder of a petty officer. (S8)
9.00 **Law & Order** New episode *Time Will Tell:* 6/22. When the dean of a swanky prep school is killed, Shaw and Riley dig into the toxic system of pressure on the students to succeed, and Brady's son asks for a favour. (S24)
10.00 **Law & Order: Special Victims Unit** (S23)
1.45 AM **Person of Interest**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops: Under Attack** Documentary.
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** The hospital moves to a new tracking system.
9.00 **Street Cops: Catching the Yobs** Documentary.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **Murder Scene: The Incident Room**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Winter Road Rescue**
9.45 **Police Interceptors**
11.50 FILM **Chuka** Western. (1967, PG, 105min) ★★
2.00 PM FILM **The Far Country** Western. (1954, U, 97min) ★★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Petrol vs Electric Cars: Which is Better?** Comparing petrol cars to electric by putting them through some tests.
10.00 **Police: Suspect No 1** An altercation leads to a man fighting for his life.
11.00 **The X-Files** 7/24. (S1)
12.00 M'T **Mud Mountain Haulers** Documentary.
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Million Pound Build for Children in Need**
12.00 NOON **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **The Supervet: Noel Fitzpatrick**
8.00 **999 Rescue Squad**
9.00 **One Born Every Minute** An experienced midwife helps a woman in Leeds. **10.00** A well-prepared couple look forward to their child's birth.
11.00 **Serial Killer with Piers Morgan** Alex Henriquez.
12.00 M'T **Confessions of a Serial Killer with Piers Morgan** Bernard Giles.
1.00 **to 3.00** AM **Brit Cops Down Under**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Villages by the Sea**
8.00 **Bangers & Cash**
10.00 **War Factories**
11.00 **Rise of the Nazis: The Downfall**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
5.00 **Rise of the Nazis: The Downfall**
6.00 **Antiques Roadshow** From Piece Hall, Halifax.
7.00 **Simon Reeve's South America** Simon travels through the Andes mountains from Peru to Bolivia, beginning at the ruins of Machu Pichu.
8.00 **Bangers & Cash: Restoring Classics** The team buy the right kind of Land Rover, but it's got the wrong engine.
9.00 **Bangers & Cash**
2.00 **to 3.00** AM **A Very British Murder with Lucy Worsley**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** The Kent coast.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Derbyshire Auction House**
4.00 **Long Lost Family**
5.00 **Long Lost Family: Born Without Trace**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip** Antique-hunting in the East Riding of Yorkshire.
9.00 **Who Do You Think You Are?** With Una Stubbs.
10.00 **Long Lost Family: What Happened Next**
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Tuesday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 11-13/25. (S1)
1.00 PM **The Waltons** (S5)
3.00 **Ballykissangel** (S4)
4.10 **Born and Bred** (S3)
5.20 **Doctor Finlay** 6/8. (S4)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 3-5/25. (S4)
9.00 **Brush Strokes** 7/8. To cheer themselves up, Jacko and Elmo go off to a night spot for a drink and to chat up some local women. **9.40** 8/8. Jacko finds himself without a home, while Eric and Jean are moving to Reigate. (S5) **10.20** 1/13. Jacko gets a parking ticket and nearly loses his job. (S1)
11.00 **The New Avengers** (S1)
12.00 M'T **The Avengers** (S6)
1.00 AM **M*A*S*H** (S4)
2.25 **Home to Roost** (S1)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM Super Eruption** Disaster movie. (2011, 15, 89min) ★★
11.00 **The Baron** 26/30. (S1)
12.00 NOON **FILM Jack Hunter and the Quest for Akhenaten's Tomb** Adventure sequel. (2008, 15, 90min) ★★
2.15 PM **FILM Buck and the Preacher** Comedy Western. (1971, PG) ★★
4.30 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers** (S2)
7.00 **The Avengers** (S6)
8.00 **The Baron** 27/30. (S1)
9.00 **FILM Terminal Velocity** Espionage thriller. (1994, 15, 102min) ★★
11.15 **FILM Hours** Thriller. (2013, 12, 93min) ★★
1.25 AM **The Baron** (S1)
2.25 **The New Avengers** (S2)
3.25 **FILM Bullet to Beijing** Espionage thriller sequel. (1995, 15, 101min) ★★
5.15 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM An Aurora Teagarden Mystery: The Disappearing Game** Crime drama. (2018, PG, 83min) ★★
10.05 **In Plain Sight** 6/12. (S1)
11.05 **Castle** 17/23. (S7)
12.05 PM **FILM Lost Letter Mysteries: Signed Sealed Delivered** Drama. (2013, PG, 87min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 18/23. (S7)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 7/12. (S1)
10.00 **FILM An Emma Fielding Mystery: Site Unseen** Crime drama. (2017, PG, 90min) ★★
11.55 **FILM Aurora Teagarden Mysteries: Til Death Do Us Part** (2021, PG) ★★
1.50 AM **FILM Treacherous** Thriller. (2018, PG) ★★
3.20 **to 5.00** AM **FILM Live Once, Die Twice** (2006)

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM An Hour Behind** Comedy. (2017, PG, 90min) ★★
10.15 **FILM Two Tickets to Paradise** Romance. (2022, PG, 84min) ★★
12.10 PM **FILM Love By Accident** Drama. (2020, PG, 84min) ★★
2.10 **FILM Make Me a Match** Drama. (2023, U) ★★
4.00 **FILM The Last Bridesmaid** Drama. (2019, PG, 90min) ★★
5.55 **FILM A Very Country Wedding** Romance. (2019, PG, 90min) ★★
8.00 **FILM A Lifelong Love** Romantic drama. (2023, U, 89min) ★★
9.55 **FILM Hometown Hero** Romantic drama. (2016, PG, 90min) ★★
11.45 **FILM The Santa Squad** Drama. (2020, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Make Me a Match** (2023)

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Marcus Wareing's Tales from a Kitchen Garden**
12.45 PM **Edwardian Farm**
2.00 **Country House Auction**
3.00 **New Home DIY**
4.00 **Supermarket Secrets Revealed**
5.00 **Edwardian Farm**
6.15 **Marcus Wareing's Tales from a Kitchen Garden**
7.00 **Garden Rescue**
8.00 **Country House Auction**
9.00 **Supermarket Secrets Revealed**
10.00 **FILM Small Gifts** Drama starring Jessica Steen. (1994, 15, 90min) ★★
12.00 M'T **FILM Vendetta for the Saint** Mystery with Roger Moore. (1968, PG, 94min) ★★★
2.00 AM **Marcus Wareing's Tales from a Kitchen Garden** Apple trees.
2.45 **Edwardian Farm**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Rewind Jukebox**
11.00 **Shine on Harvey Moon**
12.05 PM **The Dustbinmen**
12.35 **Agony** 6/7. (S2)
1.05 **Press Gang** 12/12. (S1)
1.35 **Boon** 12/13. (S3)
2.40 **The Prime of Miss...**
3.45 **Hank the Cowboy**
4.00 **Secrets of the Coast**
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S1)
6.30 **Press Gang** 12/12. (S1)
7.00 **Agony** 6/7. (S2)
7.30 **The Gaffer** 6/7. (S2)
8.00 **Boon** 12/13. (S3)
9.05 **Drop the Dead Donkey**
10.05 **FILM CB Hustlers** Comedy. (1976, 18) ★★
11.50 **FILM Carnival of Souls** (1962, b/w, 15) ★★★
1.20 AM **Stereo Underground**
2.20 **Mysterious Tales**
2.25 **The Prime of Miss Jean Brodie** 3/7. (S1)
3.30 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysterious Creatures With Forrest Galante**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Bill learns a dark secret about his son.
9.00 **Hoffman Family Gold** Hunter runs pay dirt from a new location called the Plateau.
10.00 **Deadliest Catch** Johnathan alters time to make good on a promise.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Rick Stein's Food Heroes** Double bill.
7.00 **The Hairy Bikers' Mediterranean...**
8.00 **The Pioneer Woman**
9.00 **Jamie's One-Pan...**
10.00 **Barefoot Contessa...**
11.00 **Great British Bake Off**
1.00 PM **James Martin's French Adventure**
3.00 **The Hairy Bikers' Mediterranean Adventure** Provence.
4.00 **The Pioneer Woman**
5.00 **Jamie's One-Pan Wonders** Double bill.
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Jamie Oliver: Cooking for Less**
10.00 **Jamie's Comfort Food**
11.00 **Man v Food Nation**
11.30 **Man v Food: Best Of**
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 1/22. (S6)
9.00 **The A-Team** 9/13. (S5)
10.00 **The Invaders** (S2)
11.00 **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
1.00 PM **The Invaders** (S2)
3.00 **FILM Charro!** Western. (1969, U, 98min) ★
5.00 **Star Trek** 11/24. (S3)
6.00 **The Invaders** (S2)
7.00 **The A-Team** 10/13. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM Cape Fear** Martin Scorsese's remake of the 1962 thriller, starring Robert De Niro. (1991, 18, 122min) ★★★★
11.40 **FILM Officer Down** Crime drama starring Stephen Dorff. (2013, 15, 93min) ★★
1.40 AM **FILM Driven to Kill** Action thriller. (2009, 18, 94min) ★★
3.30 **to 5.15** AM **FILM Armed Response** Action thriller. (2017, 15, 93min) ★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Siringo** Western with Chad Lowe. (1996, PG, 90min) ★★
11.00 **The Lost World** (S2)
12.00 NOON **FILM Sherlock Holmes** Crime drama. (2010, 12, 89min) ★★
2.00 PM **FILM Ape vs Monster** Adventure. (2021, 12, 88min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM A Study in Terror** Thriller with John Neville. (1965, 15, 91min) ★★★
7.00 **The Lost World** (S2)
8.00 **The Fall Guy** 4/22. (S3)
9.00 **FILM Blind Fury** Comedy adventure starring Rutger Hauer. (1989, 18, 87min) ★★
10.45 **FILM Year of the Gun** Crime thriller starring Andrew McCarthy. (1991, 15, 111min) ★★
1.00 AM **FILM Blind Fury**
3.00 **FILM A Study in Terror**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Mountain Men**
12.10 PM **Swamp People**
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly** New edition
4.00 **Ancient Aliens**
5.00 **Encounter: UFO**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Junk & Disorderly**
10.00 **Rust Valley Restorers**
11.00 **Road Wars**
12.00 M'T **Bermuda Triangle**
1.00 AM **Encounter: UFO**
2.00 **Ancient Aliens**
3.00 **Mountain Men**
3.45 **Swamp People**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's...**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **The Cotswolds with Pam Ayres**
11.00 **Ben Fogle: New Lives in the Wild** Canada.
12.00 NOON **Nazi Megastructures**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Abandoned Engineering**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** Ben meets a woman who built her own farm in North Africa.
9.00 **The Hotel Inspector**
10.00 **Inside the Four Seasons: Park Lane**
11.00 **Rich Holiday, Poor Holiday** Documentary.
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130 131 116 117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Paul Daniels takes on Joe Swash.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Warwick Davis hosts as a team from the north east take part.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** Paul Ross, Carol Vorderman, John Thomson and Sue Cleaver take part.
11.00 **Bullseye** Double bill.
12.00 M'T **Who Wants to Be a Millionaire?** Quiz show.
1.00 AM **The Chase** Triple bill.
4.00 **to 6.00** AM **Bullseye**

TLC

133 134 139 113 128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 15/24. Leonard breaks his and Sheldon's room-mate agreement. **8.30** 16/24. Sheldon uses his holidays to help Amy in her lab. (S5)
9.00 **Mock the Week** With Ed Byrne, Hugh Dennis, Ellie Taylor, Rhys James and Alasdair Beckett-King.
10.00 **FILM Beverly Hills Cop** Comedy thriller starring Eddie Murphy as street-smart Detroit cop Axel Foley. (1984, 15, 105min) ★★★★
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112 113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 15-18/24. (S6)
12.00 NOON **Michael McIntyre's The Wheel**
1.00 PM **Friends** (S6)
8.00 **Friends** 22/25. Elizabeth sneaks away with Ross to her grandma's cabin. **8.30** 23/25. Guest stars Bruce Willis. (S6)
9.00 **FILM Bad Moms** Comedy with Mila Kunis. (2016, 15, 96min) ★★★
11.00 **Lee Evans: XL Tour**
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park** (S15)
2.30 **Fat Chat with Desiree Burch** With Jayde Adams.
2.40 **Michael McIntyre: Hello Wembley!**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127 128 136 154

6.00 AM **Everybody Loves Raymond** (S6)
7.00 **Teleshopping**
9.00 **Spin City** 11 & 12/26. (S3)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S9&10)
1.00 PM **Criminally Funny**
2.30 **The Comedy Bus**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 11 & 12/26. (S3)
7.00 **Everybody Loves Raymond** (S6)
10.00 **Friends** 6/25. Monica frantically tries to arrange Rachel's packing. (S6)
10.30 **Friends** 7-11/25. (S6)
1.00 AM **The Ricky Gervais Show** 3&4/13. (S1)
2.00 **Utopia** 4/8. (S3)
2.30 **Teachers** (S3)
3.00 **Reno 911!** (S6)
3.45 **Roast the Internet**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S4)
12.35 **Man About the House**
1.10 **Goodnight Sweetheart**
1.45 **When the Boat Comes In** 2/13. Sitcom. (S1)
2.45 **Minder** 1/10. (S5)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 6/7. Sitcom. (S1)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S4)
6.45 **Rising Damp** 2/6. (S4)
7.15 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 1/11. (S1)
9.00 **Benidorm** 5/7. (S7)
9.55 **Shameless** 1/16. (S6)
11.00 **Man About the House**
11.30 **Rising Damp** 2/7. (S3)
12.00 M'T **Benidorm** 5/7. (S7)
1.00 AM **Minder** 5/13. (S2)
2.00 **In Sickness and in Health** 1/6. (S1)
2.35 **to 6.00** AM **Highlights**

MTV

126 127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **MTV Cribs: Ultimate Party Pads**
9.00 **Skin A&E** Dr Adil gets a surprise while operating on a lipoma.
10.00 **Dating Naked**
11.00 **Me & My Sugar Daddy**
12.30 AM **Ridiculousness** New edition Rob, Steelo and Lolo meet tough mums that gave birth to real 'mother punchers'.
1.00 **Caught in the Act: Unfaithful** Double bill.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made: Dream Cars** Double bill.
7.00 **Diesel Brothers**
9.00 **Hoffman Family Gold**
11.00 **Overhaulin'** Double bill.
1.00 PM **Gold Rush**
3.00 **How It's Made** Four editions of the series, including at: **4.30** The making of tinned sardines and barographs.
5.00 **Alaska: Homestead Rescue** The Raneys rescue a family descended from rock music royalty by reclaiming their homestead from the jungle.

10.00 Gold Rush: Mine Rescue

7.00 **Wheeler Dealers** Part one of two. Mike picks up a classic 1965 Plymouth Barracuda for a bargain price.
8.00 **Wheeler Dealers** Mike finds a two-seat convertible vehicle – a 1974 Jensen Healey – for Ant to recondition.
9.00 **Gold Rush** New edition Rick is shaken by his find at the bottom of Valhalla, and Tony bears down on his 6,500-ounce goal.
10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition Freddy and Juan race to save the livelihood of a family.
11.00 **Expedition Bigfoot** A hypnotist attempts to unlock the memories of a witness.
12.00 M'T **Deadliest Catch**
1.00 AM **Gold Rush** As 9.00pm.
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** A bedroom aquarium.
11.00 **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Two felines create a giant litter box. **4.00** The appalling behaviour of Milo the cat threatens long-standing friendships.
5.00 **Lone Star Law**
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff must act quickly to save a kitten with head trauma.

5.00 Lone Star Law

7.00 **Treehouse Masters** The team head to New Jersey to build a campers' retreat for an outdoor-loving couple.
8.00 **The Pool Master** Small-town Texas parents enlist Anthony to transform their ordinary backyard into a tranquil garden.
9.00 **Alaska: The Last Frontier** Atz Sr, Bonnie and Shane attempt to defend the head of the bay against grizzlies.
10.00 **Alaskan Bush People** The Browns struggle to finish their homes as the ground begins to freeze.
11.00 **The Haunted** Donna becomes concerned when her securely locked horses start moving into different stalls.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Jaws of the Deep**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Dutch Caribbean Coastguards** Documentary.
9.00 **Air Crash Investigation**
10.00 **Rise and Fall of the Mayas**
11.00 **Strangest Things**
12.00 NOON **Destruction Decoded**
1.00 PM **Car S.O.S** A Lexus IS200.
2.00 **Air Crash Investigation**
3.00 **Seconds from Disaster**
4.00 **Car S.O.S** Double bill.
6.00 **Inside Melbourne Airport** Following A380 turnaround coordinator Diana as she gets the biggest passenger plane off the ground.

6.00 Inside Melbourne Airport

7.00 **Air Crash Investigation** A look into the accident that befell West Caribbean Airways Flight 708 in August 2005.
8.00 **Planes that Changed History** The engineering secrets behind influential aircraft, beginning with the Supermarine Spitfire.
9.00 **Nazi Megastructures** The German air force during World War Two, exploring a torpedo test facility and an aircraft factory.
10.00 **Hitler's Last Stand** In August 1944, an American artillery observer is a French town's only hope.
11.00 **Air Crash Investigation**
12.00 M'T **Inside Airport Lost & Found** A prosthetic eye.
1.00 AM **To Catch a Smuggler**
2.00 **Made in a Day**
2.30 **Lords of War** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **When Sharks Attack and Why**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Death Coast**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **Britain's X Files**
2.00 **Secrets in the Sand**
3.00 **WW2 Air Crash Detectives** Triple bill, including at: **5.00** Investigating the accident that killed Prince George the Duke of Kent.
6.00 **American Pickers** Mike makes a return pilgrimage to Rick's Michigan honey hole.

10.00 Secrets in the Sand

7.00 **Forged in Fire** Four bladesmiths battle it out to recreate one of Japan's deadliest swords – the Nagamaki.
8.00 **Weird Britain** Andy McGrath returns to Worcestershire, where he encounters an explorer inspired by Indiana Jones.
9.00 **Britain's X Files** New edition Journalist Tim Tate reveals extensive government investigations into the paranormal.
10.00 **Secrets in the Sand** New edition Examining the fate of a mummy buried with an anguished look on its face.
11.00 **Secrets in the Dark** The tomb of Qin Shi Huang, the first emperor of China, one of the world's most famous and secretive archaeological sites.
12.00 M'T **WW2 Air Crash Detectives** Triple bill.
2.50 AM **Britain's X Files**
3.40 **Weird Britain** As 8.00pm.
4.25 **Pawn Stars**
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Good Fight Club**
7.00 **Discovering: William Hurt**
8.00 **The Directors**
9.00 **100 Foot Wave**
10.00 **The Civil War**
11.05 **The Sixties**
12.00 NOON **Mrs Robinson**
2.00 PM **The Ghost of Richard Harris** The life of the Irish actor told through previously unheard tapes recorded by journalist Joe Jackson.
4.10 **Rory's 2025** Documentary.
5.40 **My Icon: Henni Goya**
5.55 **100 Foot Wave**

8.00 Boyzone: No Matter What

6.55 **The Civil War** 2/9. A look at how the American Civil War became a crusade to end slavery.
8.00 **Boyzone: No Matter What** 1/3. Documentary about the boy band, featuring rare interviews with the members.
9.00 **Boyzone: No Matter What** 2/3. Charting the band's growing success with their first number one single.
10.00 **Boyzone: No Matter What** 3/3. The documentary charts the band's split and eventual reunion.
11.00 **Fatboy Slim: Right Here, Right Now** Documentary about the Big Beach Boutique II free event in 2002.
12.50 AM **Wig** Documentary exploring the influence of the Wigstock drag festival.
2.40 **Suited** Documentary.
4.10 **Brillo Box (3¢ off)**
5.00 **to 6.00** AM **Discovering: William Hurt**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
4.00 **Celebrity Yorkshire Auction House**
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **Richard Hammond's Workshop** New edition Richard gets into hot water when he upgrades his racing licence.
10.00 **Shed and Buried: Classic Helicopter** Henry Cole restores a Bell 47 helicopter.
12.00 M'T **How Do They Do It?**
1.00 AM **Wheeler Dealers: Dream Car** Double bill.
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories** Laura Davies.
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories** Victor Nealon.
8.00 **Murder on CCTV** A girl disappears while walking home from a friend's house.
9.00 **Feds** New edition The FBI race against time to track down a bomber and save thousands of lives.
10.00 **Road Rage** Double bill.
11.00 **Judge Rinder's Crime Stories** Laura Davies.
12.00 M'T **American Monster**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** The case of nurse Claire Morris, who had everything to live for when she died in a car crash.
8.00 **Fraud Squad** An audacious scam cons a group of NHS hospitals out of money.
9.00 **Storm of Suspicion** New edition When a young father goes missing, investigators have to battle the brutal conditions of a Minnesota winter.
10.00 **Killers: Caught on Camera** A hidden camera provides the vital evidence that brings a family justice.
11.00 **Bloodline Detectives**
12.00 M'T **Judge Judy**
4.35 AM **Facing Evil**
4.55 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **The Killer You Know**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **The Killer You Know** A mass shooting on the University of Alabama campus leaves the country in shock. **3.00** Real-estate tycoon Gary Triano is killed when his car explodes.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** Sonic technology helps unravel a murder case. **5.30** A man's motives for killing an intruder are questioned by officers. **6.00** A man is accused of shooting his wife. **6.30** A family are found dead after a house fire.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Send in the Dogs**
7.00 **Brit Cops: Law & Disorder** Documentary.
8.00 **Britain's Longest Road**
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation**
12.00 NOON **Killer in My...**
2.00 PM **Killing Mum and Dad**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **World's Most Evil Killers** New edition
10.00 **Catching the Killer**
11.00 **Police 24/7**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** Documentary.
2.00 **Murders That Shocked...**
3.00 **Britain's Most Evil Killers**
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **America the...**
8.35 **Treasures Decoded**
9.35 **Berlin: Stories of the...**
10.45 **The War** As 8.00pm.
11.50 **War Machine: World War II** Naval warfare.
1.00 PM **America the Bountiful** Arizona.
1.35 **Treasures Decoded**
2.35 **Berlin: Stories of the City** As 6.55pm.
3.45 **The War** As 8.00pm.
4.50 **War Machine: World War II** Naval warfare.
5.55 **Treasures Decoded**
6.55 **Berlin: Stories of the City** Berlin is divided at the Potsdam Conference.
8.00 **The War** Americans' fears of defeat in the early months of the war.
9.05 **War Machine: World War II** Naval warfare.
10.15 **Berlin: Stories of the City** As 6.55pm.
11.25 **America the Bountiful**
12.00 M'T **The War**
1.10 **to 2.00** AM **America the Bountiful**

TUESDAY

Tuesday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Monkey Life**
8.00 **Great Parks of Africa**
9.00 **Orangutan Jungle School**
10.00 **Rooted**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Zambia Untamed**
1.00 PM **Monkey Life**
2.00 **Great Parks of Africa**
3.00 **Orangutan Jungle School**
4.00 **Rooted**
5.00 **America's Wild Seasons**
6.00 **Zambia Untamed**
7.00 **Monkey Life** Double bill.
8.00 **Jaguar Journals**
9.00 **Tusker: Brotherhood of Elephants** Documentary.
10.00 **Zambia Untamed** The story of Zambia's Luangwa Valley.
11.00 **America's Wild Seasons**
12.00 M'T **Malawi Wildlife Rescue**
1.00 AM **Ol Pejeta Diaries**
2.00 **Jaguar Journals**
3.00 **Tusker: Brotherhood of Elephants** Documentary.
4.00 **Great Parks of Africa**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **World's Most Unexplained**
7.00 **Evidence of the Unexplained**
8.00 **What on Earth?**
9.00 **The Abyss: Rise & Fall of the Nazis** As shown at 7.00pm.
10.00 **Combat Trains**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **World's Most Unexplained**
5.00 **Ice Road Rescue**
6.00 **What on Earth?**
7.00 **The Abyss: Rise & Fall of the Nazis** Hitler's invasion of the Soviet Union in June 1941.
8.00 **Combat Trains** The role of trains during World War Two.
9.00 **Secret Wars Uncovered** Cuba's influence in Venezuela's future.
10.00 **Secrets of the Hells Angels**
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Walking Through History**
3.00 **Digging for Britain**
4.00 **World's Most Unexplained**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
10.00 **Alien Highway**
11.00 **Codes and Conspiracies**
1.00 PM **Blowing Up History**
3.00 **NASA's Unexplained Files**
6.00 **How Do They Do It?** How to blow the world's finest crystal. **6.30** An insight into the air-conditioning system at the Sydney Opera House. **7.00** The processes involved in mining rare gemstones. **7.30** How engineers drill for oil. **8.00** The production of diesel engines that can fly. **8.30** The processes used to turn used aluminium cans into planes and rockets.
9.00 **Incredible Engineering Blunders: Fixed** Justin Cunningham goes inside an offshore wind turbine. **10.00** Justin investigates gigantic potholes in Louisiana.
11.00 **The Explosion Show**
1.00 AM **NASA's Unexplained Files**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Crimes That Shook Britain**
2.00 PM **Accident, Suicide or Murder?** As 8.00pm.
3.00 **Imperfect Murder**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Accident, Suicide or Murder?** When a 71-year-old man is found shot dead in a field, investigators suspect his killing is the result of a robbery. **9.00** A young mother is found dead from an apparent suicide.
10.00 **Spring Break Murders** New edition Stories of students and young people who have been murdered while on holiday.
11.00 **Killer Grannies**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **America the Wild**
11.00 **Fish My City**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Africa's River Titans**
3.00 **Close Encounters of the Wild Kind** The truth behind animal encounters in the city.
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo** An older male Mandrill shows his true colours during a dental exam.
8.00 **Birth of Europe** How Europe has been created by nature. **9.00** How crashing land masses and shattering earthquakes helped to create Europe.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Bizarre Animal Friends**

Discovery History

174 147 181

7.00 AM **Expedition X**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** The importance of supermassive black holes.
1.00 PM **Mysteries of the Missing**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Expedition X** Responding to recent UFO sightings, Josh Gates sends his team to New Mexico for a new investigation into the infamous, unsolved Socorro Landing incident.
9.00 **Ancient Unexplained Files**
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **Mysteries of the Missing**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **999 Rescue Squad**
1.00 PM **999 Rescue Squad**
5.00 **Upstairs Downstairs**
9.00 **Upstairs Downstairs** *A Faraway Country About Which We Know Nothing:* 1/6. Sir Hallam becomes preoccupied with Nazi Germany, while Lady Agnes's concerns about her family lead to a revelation. **10.20** *The Love That Pays the Price:* 2/6. Lady Agnes catches the eye of an American millionaire, and Lady Persie gets trapped in Germany amid the Nazis' persecution of the Jews. **11.40** *A Perfect Specimen of Womanhood:* 3/6. Controversy rocks the house when Blanche is reunited with a former lover – the beautiful Lady Portia Alresford. Persie reveals a shocking secret to Hallam. Guest stars Emilia Fox. (S2)
1.00 AM **Upstairs Downstairs**
4.40 **999 Rescue Squad**
5.30 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Betrayed**
9.00 **American Monster**
11.00 **Disappeared**
12.00 NOON **Evil Lives Here: Shadows of Death**
1.00 PM **American Monster**
3.00 **Disappeared**
4.00 **Evil Lives Here: Shadows of Death** A 25-year-old cold case file that many saw as a tragic miscarriage of justice.
5.00 **Broken Trust** Double bill.
7.00 **Til Death Do Us Part** The murder of Stephanie McClurg. **8.00** The story of Matt and Nique Leili, whose seemingly happy marriage was torn apart when Matt stood accused of murdering his spouse.
9.00 **A Crime to Remember** A case in which a real-estate heiress was kidnapped and buried alive in a coffin-like 'capsule.'
10.00 **Evil Lives Here**
12.00 M'T **Murder Among Friends**
2.00 AM **Broken Trust**
4.00 **to 6.00** AM **Til Death Do Us Part**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers**
9.00 **Outback Truckers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Workshop** Richard faces a client who is anxious for work to start on his vintage Bentley.
1.00 PM **Bad Chad Customs**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Outback Truckers**
4.00 **Ant Anstead: Born Mechanic**
5.00 **Motor Pickers**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Ant Anstead: Born Mechanic** Ant has found an iconic VW campervan that's been abandoned mid-restoration.
9.00 **Holden Bros. Restos**
10.00 **Outback Truckers**
11.00 **Wheeler Dealers**
12.00 M'T **Ant Anstead: Born...**
1.00 AM **Richard Hammond's...**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Pets on a Train** (2025)
8.40 **Coyotes** As shown at 3.50pm.
10.25 **Materialists** As 8.00pm.
12.25 PM **One More Shot** Comedy. (2025, 15, 88min) ★★★
2.10 **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
3.50 **Coyotes** Comedy thriller. (2025, 15, 105min) ★★★
5.35 **Jurassic World: Rebirth** Fantasy action adventure starring Scarlett Johansson. (2025, 12, 133min) ★★★

10.00 Bring Her Back

8.00 Materialists Romantic comedy starring Dakota Johnson, Chris Evans and Pedro Pascal. A highly successful professional matchmaker finds herself torn between the perfect match and her imperfect ex. With Zoë Winters. (2025, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Bring Her Back Thriller starring Sally Hawkins. A brother and sister uncover a terrifying ritual at the secluded home of their new foster mother. (2025, 18, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Icefall** Thriller starring Joel Kinnaman. (2025, 15, 95min)
1.35 AM **Adulthood** Comedy drama. (2025, 15, 97min) ★★★
3.20 **The Gentleman** Thriller. (2025, 15, 89min) ★★
5.00 **Sky Cinema Preview**
5.30 **to 7.00** AM **Pets on a Train** Animated family adventure. (2025, PG, 87min) ★★★

Sky Cinema Rom-Coms

303 303 403 503 517

6.40 AM **The Wedding Banquet**
8.30 **Finding Your Feet** As 1.40am.
10.30 **Lost in Translation** Bittersweet romantic comedy drama. (2003, 15, 102min) ★★★★★
12.20 PM **Two Weeks Notice** Comedy with Sandra Bullock. (2002, 12, 101min) ★★★
2.10 **So I Married an Axe Murderer**
3.50 **Mamma Mia!** Musical comedy. (2008, PG, 108min) ★★★★
5.40 **The Holiday** Romantic comedy. (2006, 12, 135min) ★★★

8.00 Miss Congeniality

8.00 Miss Congeniality Comedy starring Sandra Bullock. A tomboyish FBI agent receives a radical make-over in order to go undercover at a beauty contest. With Michael Caine. (2000, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 Miss Congeniality 2: Armed and Fabulous Comedy sequel starring Sandra Bullock, Enrique Murciano and Regina King. (2005, 12, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **So I Married an Axe Murderer** Comedy thriller. (1993, 15, 92min) ★★★
1.40 AM **Finding Your Feet** Comedy drama with Imelda Staunton. (2017, 12, 109min) ★★
3.45 **The Wedding Banquet** Romantic comedy drama. (2025, 15, 103min) ★★★
5.40 **to 7.55** AM **The Taming of the Shrew** Franco Zeffirelli's screen version of Shakespeare's play. (1967, U, 126min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.35 AM **Coach Carter** Sports drama. (2004, 12, 136min) ★★★
9.55 **I, Tonya** Biopic starring Margot Robbie. (2017, 15, 119min) ★★★★
12.05 PM **Escape to Victory** (1981)
2.05 **The Cut** Psychological thriller. (2024, 12, 99min) ★★★
3.45 **No Escape** Action thriller. (2014, 15, 101min) ★★★
5.40 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★

8.00 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix and Lady Gaga. Comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. (2024, 15, 138min) ★★★★
10.20 **An Officer and a Gentleman** Romantic drama with Richard Gere and Debra Winger. A naval cadet strives to become an aviation officer and a mill worker dreams of marrying one. (1981, 15, 125min) ★★★★

12.25 AM **Escape to Victory** World War Two drama with Sylvester Stallone. (1981, PG, 111min) ★★
2.25 **Turtles All the Way Down** Romantic drama starring Isabela Merced. (2024, 12, 111min) ★★★
4.20 **to 6.30** AM **An Officer and a Gentleman** As 10.20pm.

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.00 AM **AfrAId** Sci-fi horror starring John Cho. (2024, 15, 84min) ★★
8.35 **Wolf Man** As 6.15pm.
10.20 **Salem's Lot** Horror thriller. (2024, 15, 109min) ★★★
12.20 PM **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
2.35 **Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
4.25 **The Nun** Horror starring Taissa Farmiga. (2018, 15, 96min) ★★★

6.15 **Wolf Man** Werewolf horror starring Christopher Abbott. (2024, 15, 103min) ★★★
8.00 **Van Helsing** Fantasy adventure starring Hugh Jackman, Kate Beckinsale and Richard Roxburgh. The Vatican sends vampire hunter Van Helsing to Transylvania to battle with Count Dracula. With David Wenham. (2004, 12, 132min) ★★★
10.15 **Blade** Action adventure chiller starring Wesley Snipes. (1998, 18, 121min) ★★★

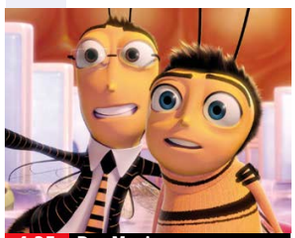
12.20 AM **Children of Men** Thriller. (2006, 15, 109min) ★★★★★
2.10 **28 Days Later** Horror thriller. (2002, 18, 113min) ★★★★
4.10 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
5.45 **to 6.45** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.40 AM **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
9.55 **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG, 103min) ★★★★
11.45 **Scarygirl** (2023, PG) ★★★
1.20 PM **Madagascar: Escape 2 Africa** (2008, PG) ★★★
2.55 **The Emoji Movie** (2017, U) ★
4.25 **Bee Movie** Animated comedy. (2007, U, 91min) ★★★
6.00 **The Wizard of Oz** Fantasy. (1939, U, 98min) ★★★★★



4.25 Bee Movie

7.45 **The Karate Kid Part II** Adventure sequel starring Ralph Macchio and Noriyuki 'Pat' Morita. The Karate Kid and his mentor travel to Japan to settle a duel of honour. (1986, PG, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Hobbit: An Unexpected Journey** Peter Jackson's epic fantasy adventure based on JRR Tolkien's children's novel, starring Martin Freeman, Ian McKellen and Richard Armitage. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Paulie** Comedy with Gena Rowlands and Tony Shalhoub. (1998, U, 92min) ★★★
2.05 **Ride On** Action drama. (2023, PG, 126min) ★★★
4.15 **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
5.50 **to 7.10** AM **Tom and Jerry Cowboy Up!** Animation. (2021, U, 71min) ★★★

Sky Cinema Action

307 307 407 507 521

6.25 AM **Bad Boys: Ride or Die** Action comedy adventure. (2024, 15, 115min) ★★★
8.25 **Terminator Salvation** Thriller. (2009, 12, 110min) ★★★
10.25 **Furiosa: A Mad Max Saga** Fantasy. (2023, 15) ★★★★
12.55 PM **Fast & Furious 5** Thriller. (2011, 12, 130min) ★★★
3.05 **Fast & Furious 6** Thriller. (2013, 12, 125min) ★★★
5.15 **Troy** Spectacular epic. (2004, 15, 163min) ★★★

10.15 Enter the Dragon

8.00 **Jurassic World: Fallen Kingdom** Action adventure sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Enter the Dragon** Action thriller starring Bruce Lee. An undercover agent infiltrates a martial arts competition on an island fortress. With John Saxon. (1973, 18, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
2.25 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
4.25 **The Cinema List: Jurassic**
4.40 **to 7.30** AM **The Patriot** Epic drama. (2000, 15) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **White Chicks** (2004, 15) ★
9.35 **American Pie: The Wedding** Comedy sequel. (2003, 15) ★
11.20 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★
1.05 PM **The Hangover Part II** Comedy sequel. (2011, 15) ★★
2.55 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
4.40 **Beverly Hills Cop II** Comedy thriller sequel. (1987, 15) ★★★
6.30 **This Is Spinal Tap** Spoof. (1983, 15, 83min) ★★★★★

6.30 This Is Spinal Tap

8.00 **American Reunion** Comedy sequel starring Jason Biggs and Alyson Hannigan. The group of friends get together some 13 years after leaving high school. With Chris Klein, Tara Reid and Seann William Scott. (2012, 15, 108min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Jackass: The Movie** Slapstick comedy based on the cult MTV show, starring Johnny Knoxville. A group of men incite one another to perform a series of dangerous stunts. (2002, 18, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
1.10 AM **Ted 2** Comedy sequel. (2015, 15, 112min) ★★★
3.10 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
4.55 **to 7.10** AM **The Blues Brothers** Cult comedy. (1980, 15, 135min) ★★★★★

Sky Cinema Thriller

309 309 409 509 523

7.10 AM **Red Right Hand** Thriller. (2023, 15, 111min) ★★★
9.05 **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
11.20 **The Equalizer 2** Action thriller sequel. (2018, 15, 121min) ★★★
1.25 PM **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
3.20 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★
5.20 **The Firm** John Grisham legal thriller starring Tom Cruise. (1993, 15, 155min) ★★★

8.00 Layer Cake

8.00 **Layer Cake** Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. A slick London drug dealer finds himself in trouble when a drug deal goes sour. With Colm Meaney. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **The Saint** Big-screen version of the cult TV series, starring Val Kilmer. Gentleman thief Simon Templar tangles with a Russian billionaire and an American scientist. (1997, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Mona Lisa and the Blood Moon** Mystery thriller. (2021, 15, 106min) ★★★★
1.40 AM **Chinatown** Crime thriller. (1974, 15, 131min) ★★★★★
3.55 **Ruthless** Action thriller. (2023, 15, 92min) ★★★
5.30 **to 7.10** AM **3.10 to Yuma** Classic Western. (1957, b/w, PG, 80min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Garden of Evil** Western. (1954, PG, 100min) ★★
1.05 PM **Fantastic Voyage** Thriller. (1966, U, 100min) ★★★★
3.10 **Earth Vs the Flying Saucers** Thriller. (1956, b/w, U) ★★★
4.55 **All That Heaven Allows** Romantic melodrama. (1955, U, 89min) ★★★★
6.40 **Notting Hill** Romantic comedy starring Hugh Grant. (1999, 15, 120min) ★★★★

9.00 Wild Rose

Notting Hill (film started at 6.40pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Wild Rose** Musical drama starring Jessie Buckley. After being released from prison, a Glaswegian singer chases her dreams of being a country music star. With Sophie Okonedo, Julie Walters and James Sives. (2018, 15, 101min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Honest Thief** Crime thriller with Liam Neeson and Kate Walsh. A bank robber falls in love, and decides to turn himself in, only to be betrayed by two crooked FBI agents. (2020, 15, 98min) ★★★ **11 PM**
1.10 **to 3.30** AM **The Debt Collector** Crime drama starring Billy Connolly and Ken Stott. (1999, 18, 110min) ★★

+1 hour 314 430 47 301 257

Sky Cinema Assassins

302 302 402 502 516

7.00 AM **The Hanging Sun** Mystery drama. (2022, 15, 93min) ★★
8.45 **Hero** As shown at 2.00am.
10.30 **The Mechanic** As 6.20pm.
12.10 PM **The Killer** As 11.50pm.
2.20 **Shooter** Action thriller. (2007, 15, 125min) ★★★★
4.30 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★
6.20 **The Mechanic** Action thriller. (2011, 15, 93min) ★★

8.00 **The Bourne Identity** Spy thriller based on the novel by Robert Ludlum, starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Franka Potente. (2002, 12, 119min) ★★★★★
10.00 **The Bourne Supremacy** Spy thriller sequel starring Matt Damon. Former CIA assassin Jason Bourne tries to discover why his enemies want to kill him. (2004, 12, 108min) ★★★★

11.50 **The Killer** Action thriller. (2024, 15, 125min) ★★★★
2.00 AM **Hero** Chinese period adventure with Jet Li. Subtitled. (2002, 12, 99min) ★★★★
3.45 **to 6.10** AM **The Day of the Jackal** Thriller with Edward Fox. (1973, 15, 142min) ★★★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Billy Madison** Comedy. (1995, PG, 90min) ★★
7.40 **Arthur** Comedy starring Dudley Moore. (1981, 15, 93min) ★★★★
9.25 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
11.15 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
1.05 PM **You've Got Mail** Romantic comedy starring Tom Hanks. (1998, PG, 114min) ★★★

3.05 **Big Daddy** Comedy with Adam Sandler. (1999, 12, 95min) ★★★
4.40 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
6.20 **Police Academy** Comedy. (1984, 15, 95min) ★★★
8.00 **Police Academy 2: Their First Assignment** Comedy sequel starring Steve Guttenberg. (1985, 12, 87min) ★★
9.30 **Police Academy 3: Back in Training** Comedy sequel starring Steve Guttenberg. (1986, PG, 82min) ★

11.00 **Pulp Fiction** Comedy thriller. (1994, 18, 154min) ★★★★★
1.35 AM **Sleepers** Fact-based drama. (1996, 18, 146min) ★★★
4.05 **Sky Cinema Preview**
4.50 **to 7.05** AM **Terms of Endearment** Comedy drama. (1983, 15, 132min) ★★★★★

Sky Cinema Animation

305 305 405 500 514

6.15 AM **DC Super Hero Girls: Legends of Atlantis** (2018)
7.40 **Corpse Bride** Animated fantasy. (2005, PG, 74min) ★★★★
9.00 **Smallfoot** Animated adventure. (2018, U, 96min) ★★★
10.45 **Smurfs: The Lost Village** Animated family adventure. (2017, U, 87min) ★★★
12.20 PM **Rango** Animated Western. (2011, PG, 103min) ★★★★

2.10 **The Lego Ninjago Movie** Animation. (2017, U, 101min) ★★
4.00 **Dog Man** Animated comedy. (2025, U, 89min) ★★★★
5.40 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
7.15 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
9.15 **Batman Unlimited: Animal Instincts** (2015, PG) ★★
10.45 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★

12.10 AM **Monsters vs Aliens** Animation. (2009, PG) ★★★
1.50 **Turbo** (2013, U) ★★★★
3.30 **Lego DC Comics Super Heroes: The Flash** (2018, U) ★★★
5.00 **to 6.30** AM **Batman: Return of the Caped Crusaders** Animation. (2016, PG) ★★★★

Movies 24

312 313 419

7.00 AM **Mystery Island: House Rules** Crime drama. (2024, PG, 84min) ★★
9.00 **Dare to Say Yes** Romantic drama. (2023, PG, 87min) ★★
11.00 **Love and Penguins** Romantic comedy. (2022, PG, 90min) ★★
1.00 PM **The Proposal Spot** Drama. (2023, PG, 90min) ★★
3.00 **Hashtag Proposal** Romantic comedy. (2023, PG, 87min) ★★

5.00 **A Missed Connection** Romantic drama starring Meggan Kaiser. (2023, PG, 90min) ★★
7.00 **The Royal Nanny** Comedy starring Rachel Skarsten, Dan Jeannotte and Greta Scacchi. (2022, PG, 84min) ★★
9.00 **Be Mine, Valentine** Romantic comedy starring Kaitlyn Leeb and Brendon Zub. A woman who arranges elaborate wedding proposals ends up fakes being in a relationship as part of the set-up. (2022, PG, 90min) ★★

11.00 **The Professional Bridesmaid** Drama. (2023, PG, 90min) ★★
1.00 AM **Love and the Radio Star** Comedy. (2022, PG, 90min) ★★
3.00 **to 5.00** AM **Love's Greek to Me** Drama. (2023, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Adventures of Jim Bowie**
6.35 **She's My Darling** Drama. (1937, b/w, PG, 75min) ★★
7.55 **A Case for PC 49** Crime drama. (1951, b/w, PG, 80min) ★★
9.35 **The Pickwick Papers** Vintage screen version of Dickens' comic novel. (1952, U, 115min) ★★★★
11.40 **A Travelogue of Kent in 1954**
11.55 **The Break** Thriller starring Tony Britton. (1962, PG, 75min) ★★

1.30 PM **Adventures of William Tell**
2.00 **Doctor in Love** Hospital comedy. (1960, PG, 97min) ★★
4.00 **Scotland Yard** 31/39. (S1)
4.35 **Your Dustbin is Beating Hitler**
4.40 **Broken Journey** Drama. (1948, b/w, PG, 89min) ★★
6.25 **Whiplash** 6/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **Gideon's Way** 24/26. (S1)
9.00 **PREMIERE** **Murder in Batz** French drama. (2015, 15) ★★★
10.45 **Cellar Club with Caroline Munro**
10.50 **The World of Hammer**

11.25 **Attack of the Giant Leeches** Horror. (1959, b/w, 15, 62min) ★
12.40 AM **Budgie** 1/13. (S2)
1.45 **Hi, Mom!** (1969, 18) ★★★
3.25 **Europe in 25 Questions**
4.00 **Target: The Corruptors**
5.00 **The David Niven Show**
5.30 **to 6.00** AM **Beverly Hillbillies**

TUESDAY Sport 17 March

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
3.00 **LIVE WTA & ATP Tennis** Coverage of day one of the Miami Open at Hard Rock Stadium. The two British entrants experienced contrasting fortunes at this stage 12 months ago, with Emma Raducanu securing her place in the second round with a 6-2 6-1 win over Sayaka Ishii, while Katie Boulter was eliminated after losing 4-6 2-6 to Peyton Stearns.
7.30 **LIVE EFL Barnsley v Wigan Athletic.** Coverage of the League One clash from Oakwell. Kick-off **8.00pm**.
10.30 **LIVE TGL Boston Common v Jupiter Links.** The opening semi-final at SoFi Center, as the teams contest a place in next week's final.
12.30 AM **Sky Sports News**
1.00 **LIVE TGL Los Angeles v Atlanta Drive.** Coverage of the second semi-final staged at SoFi Center as the line-up for the final is confirmed.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
6.30 **Premier League Highlights**
10.00 **Sky Sports FC**
12.00 NOON **Premier League Highlights** Brentford v Wolverhampton Wanderers.
12.30 PM Sunderland v Brighton & Hove Albion.
1.00 Burnley v Bournemouth.
1.30 Chelsea v Newcastle United.
2.00 Arsenal v Everton.
2.30 Highlights from Nottingham Forest v Fulham.
3.00 Crystal Palace v Leeds United held at Selhurst Park.
3.30 Action from Manchester United v Aston Villa.
4.00 Liverpool v Tottenham.
4.30 Action from Brentford v Wolverhampton Wanderers.
5.00 **The Premier League Show**
7.00 **Soccer Special Post-Match**
10.15 **Premier League Review** A look back at the weekend's action in the top flight.
11.15 **The Big Interview** Malick Thiaw.
11.45 **Netbusters** Recent action.
12.15 AM **Premier League Stories**
12.45 **Premier League One on One**
1.00 **PL Retro** Man Utd v Everton.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Retro League One**
8.45 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **Best Scottish Premiership Goals** Archive action.
12.00 NOON **SPFL Highlights**
12.30 PM **Bundesliga Highlights**
1.30 **EFL League One Goals**
2.00 **EFL League Two Goals**
2.30 **Women's League Cup**
3.00 **SPFL Highlights**
3.30 **EFL Highlights** Championship.
4.00 **Irish Football** The cup final.
4.30 **Bundesliga Highlights Show**
5.30 **EFL Highlights** Championship.
6.00 **EFL League One Goals**
6.30 **EFL League Two Goals**
7.00 **Irish Football** The cup final.
7.30 **LIVE EFL Barnsley v Wigan Athletic.** Coverage of the League One clash from Oakwell. Kick-off **8.00pm**.
10.30 **EFL Highlights** Championship.
10.45 **SPFL Round-Up**
11.00 **Irish Football** The cup final.
11.30 **EFL Greatest Games**
12.00 M'T **Championship Retro**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup** Man City v Tottenham.
5.00 **Best Goals: EFL Cup 2020/21**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Highlights.
8.00 **Men's T20 World Cup** Action from Sri Lanka v England.
9.00 **IPL** Highlights of Mumbai Indians v Delhi Capitals staged at Wankhede Stadium, Mumbai.
10.00 **IPL** Royal Challengers Bengaluru v Punjab Kings in the final staged at Narendra Modi Stadium.
11.00 **Test Cricket** Action from days one to five of the second Test between England and India from Edgbaston in Birmingham.
4.00 PM **IPL** Gujarat Titans v Lucknow Super Giants held at Narendra Modi Stadium, Ahmedabad.
5.00 **IPL** Royal Challengers Bengaluru v Punjab Kings in the final staged at Narendra Modi Stadium.
6.00 **Test Cricket** Action from days one to five of the second Test in the five-match series between England and India staged at Edgbaston in Birmingham.
11.00 **IPL** Royal Challengers Bengaluru v Sunrisers Hyderabad from M. Chinnaswamy Stadium, Bengaluru.
12.00 M'T **IPL** Highlights of Punjab Kings v Delhi Capitals at HPCA Cricket Stadium in Dharamshala.
1.00 **to 6.00** AM **Test Cricket**

Sky Sports Golf

406 406 506 423 443

6.00 AM **School of Golf**
7.00 **Golf Academy** Expert tips.
8.00 **Ladies European Tour Golf**
9.00 **The Improvers**
9.30 **The Golf Fitness Show**
10.00 **Playing Lessons**
11.00 **DP World Tour Golf**
11.30 **PGA Tour Golf**
12.30 PM **Best of the Open Zone**
3.30 **PGA Tour Golf** Highlights.
4.30 **Best of the Sky Zone**
6.00 **Ladies European Tour Golf**
7.00 **DP World Tour Golf**
7.30 **PGA Tour Golf** Highlights.
9.30 **The Players Championship** Action from day four held at TPC Sawgrass in Ponte Vedra Beach.
10.30 **LIVE TGL Boston Common v Jupiter Links.** Coverage of the opening semi-final held at SoFi Center.
12.30 AM **Beyond the Scorecard**
1.00 **LIVE TGL Los Angeles v Atlanta Drive.** Coverage of the second semi-final from SoFi Center in Palm Beach.
3.00 **The Players Championship**
4.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **School of Golf**

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE Snooker World Open** Coverage of the first round on the second day in Yushan.
9.00 **Premier League Review**
10.00 **Premier League: Big Interview**
10.30 **UEFA Champions League**
11.00 **UEFA Europa League Goals**
11.15 **UEFA Conference League**
11.30 **LIVE Snooker World Open** Further coverage from the first round on the second day in China.
2.30 PM **UEFA Europa League & Conference League Magazine**
3.30 **The Breakdown** Harry Maguire.
3.45 **Premier League**
5.15 **Premier League Review**
6.15 **UEFA Champions League**
7.00 **LIVE UEFA Champions League** Coverage from a round-of-16 second-leg clash.
10.30 **Premier League Reload**
10.45 **UEFA Europa League Goals**
11.00 **Beacon of Hope – The Grenfell Athletic Story**
12.00 M'T **LIVE World Baseball Classic** Coverage of the final at LoanDepot Park in Miami, Florida.
3.30 AM **UEFA Conference League**
3.45 **Playing for Our Future**
4.00 **to 6.00** AM **Snooker World Open**

TNT Sports 2

411 414 522 409 431

6.00 AM **LIVE International T20 Cricket New Zealand v South Africa.** Coverage of the second T20 from Seddon Park in Hamilton.
10.15 **TNT Sports Cricket Reload**
10.30 **The Gruppetto** Cycling news.
10.45 **Premiership Women's Rugby**
11.45 **PREM Rugby Cup**
12.45 PM **Premier League Legends**
1.15 **Premier League Review**
2.15 **Sign Up – Into Football**
3.00 **WRC Review** Safari Rally Kenya.
4.00 **Serie A** Action from Italy.
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **Premier League: Big Interview**
7.30 **LIVE UEFA Champions League** Coverage from a round-of-16 second-leg clash.
10.00 **International T20 Cricket**
12.00 M'T **Snooker World Open** Action from the second day.
2.00 AM **UFC Fight Flashback**
4.00 **Isuzu UTE A-League**
5.00 **Ninja A-League Women**
5.30 **to 7.30** AM **LIVE A-League Women Melbourne City v Adelaide United.** Coverage of the match at ctrl:cyber Pitch. Kick-off **5.30am**.

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Denver Broncos v Jacksonville Jaguars.
4.00 **NBA Basketball** Los Angeles Clippers v San Antonio Spurs.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA Basketball** Houston Rockets v Los Angeles Lakers staged at Toyota Center.
10.00 **NBA on Fire** The latest news.
10.30 **NFL Bitesize Highlights** Denver Broncos v Buffalo Bills from Empower Field at Mile High.
10.45 Action from Denver Broncos v New England Patriots in the AFC Championship.
11.00 **NFL Highlights**
12.00 M'T **LIVE NBA Basketball Milwaukee Bucks v Cleveland Cavaliers.** Coverage of the Eastern Conference match from Fiserv Forum. Tip-off **12.00m't**.
3.00 AM **LIVE NBA Basketball Denver Nuggets v Philadelphia 76ers.** Coverage of the inter-conference match staged at Ball Arena, joining in progress.
5.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
3.00 **LIVE WTA & ATP Tennis** Coverage of day one of the Miami Open at Hard Rock Stadium. The two British entrants experienced contrasting fortunes at this stage 12 months ago, with Emma Raducanu securing her place in the second round with a 6-2 6-1 win over Sayaka Ishii, while Katie Boulter was eliminated after losing 4-6 2-6 to Peyton Stearns.
7.35 **LIVE EFL** Coverage of a League One match.
9.45 **EFL Greatest Games**
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **LIVE NBA Basketball Milwaukee Bucks v Cleveland Cavaliers.** Coverage of the Eastern Conference match from Fiserv Forum. Tip-off **12.00m't**.
3.00 AM **LIVE NBA Basketball Denver Nuggets v Philadelphia 76ers.** Inter-conference match at Ball Arena, joining in progress.
5.30 **to 6.00** AM **Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
12.30 PM **Tennis** Indian Wells Open .
2.00 **ATP Tennis** Miami Open review.
3.00 **LIVE WTA & ATP Tennis** Coverage of day one of the Miami Open at Hard Rock Stadium in Miami Gardens, Florida, featuring matches in the first round of the women's draw. The two British entrants experienced contrasting fortunes at this stage 12 months ago, with Emma Raducanu securing her place in the second round with a 6-2 6-1 win over Sayaka Ishii, while Katie Boulter was eliminated after losing 4-6 2-6 to Peyton Stearns.
3.00 AM **WTA & ATP Tennis**
4.00 **to 6.00** AM **ATP & WTA Tour Classic Matches**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA & ATP Tennis**
9.00 **Formula 1** Chinese Grand Prix.
10.00 **TGL** Jupiter Links v Los Angeles.
12.00 NOON Boston Common v The Bay at SoFi Center in Florida.
2.00 PM **WTA & ATP Tennis** Action from the Indian Wells Open finals.
4.00 **The Players Championship**
8.00 **WTA & ATP Tennis** Action from the Indian Wells Open finals.
10.00 **PGA Tour Golf** The fourth day of the Arnold Palmer Invitational.
11.00 **Men's T20 World Cup**
12.00 M'T **Formula 1** Chinese GP.
1.00 AM **WTA & ATP Tennis**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Premier League Review**
7.00 **A-League Highlights**
8.00 **LIVE Isuzu UTE A-League Sydney FC v Melbourne City.** Coverage from Allianz Stadium in Sydney. Kick-off **8.00am**.
10.00 **WRC Review** Safari Rally Kenya.
11.00 **Supercars Championship**
1.00 PM **Cycling** Highlights.
4.30 **Isuzu UTE A-League** Action from Sydney FC v Melbourne City.
5.30 **LIVE UEFA Champions League** Coverage from a round-of-16 second-leg clash.
7.45 **LIV Golf** Action from Singapore.
8.45 **The Gruppetto** Cycling news.
9.00 **PREM Rugby Cup** The final.
10.00 **Premier League Review**
11.00 **UEFA Europa League & Conference League Magazine**
12.00 M'T **LIV Golf** From Singapore.
1.00 AM **UEFA Champions League**
2.30 **Serie A** Action from Italy.
4.30 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Three match replays.
10.30 **AFL** North Melbourne Kangaroos v Port Adelaide Power.
12.00 NOON Melbourne Demons v St Kilda Saints.
1.30 PM A chance to see Gold Coast Suns v West Coast Eagles.
3.00 **PREM Rugby Cup** The final.
4.00 **Premiership Women's Rugby**
5.00 **Women's T20 International Cricket** New Zealand v South Africa at Seddon Park in Hamilton.
6.00 **International T20 Cricket Highlights** New Zealand v South Africa at Seddon Park in Hamilton.
7.00 **Snooker World Open** Action from the second day in China.
9.00 **AIUla** The All Sports event.
10.00 **Men's Cycling Pro Series** Stage two of the Tour of Taiwan.
10.30 **AFL** Another chance to see Carlton Blues v Richmond Tigers.
12.00 M'T **AFL** A replay of Essendon Bombers v Hawthorn Hawks.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **LaLiga** Two match replays.
10.00 **NASCAR Highlights**
11.00 **Football** Highlights and features.
1.30 PM **Sporting Countdowns**
2.00 **NHL on the Fly** The latest news.
2.30 **Downhill Skateboarding**
3.00 **Eredivisie Highlights**
4.00 **NASCAR Highlights**
5.00 **LaLiga Match Highlights**
6.00 **SPFL** Dundee v Dundee United.
8.00 **Argentine Primera**
9.55 **LIVE Argentine Primera Division Lanus v Newell's Old Boys.** Coverage from Estadio Ciudad de Lanús. Kick-off **10.00pm**.
12.00 M'T **LIVE NHL Ice Hockey Winnipeg Jets v Nashville Predators.** The Western Conference match from Canada Life Centre. Face-off **12.00m't**.
3.00 AM **NHL: This is Hockey**
3.30 **Sporting Greats**
4.00 **NASCAR Highlights**
5.00 **to 6.00** AM **NHL Tonight**

Premier Sports 2

420 552

6.00 AM **Elite Ice Hockey League**
8.00 **NHL: This is Hockey**
8.30 **NHL Ice Hockey** New Jersey Devils v Boston Bruins.
10.30 **Brasileiro Serie A**
12.30 PM **LaLiga** Another chance to see Girona v Athletic Bilbao.
2.30 **Bike World** Magazine.
3.00 **Argentine Primera** A chance to see River Plate v Sarmiento.
5.00 **Motorsport** Valentino Rossi.
5.30 **Eredivisie** Feyenoord v Excelsior.
7.30 **Temples of Sport**
8.00 **NHL Tonight** Top 20 wingers.
9.00 **NHL Ice Hockey** A replay of New Jersey Devils v Boston Bruins.
11.00 **LIVE NHL Ice Hockey Montreal Canadiens v Boston Bruins.** Coverage of the Eastern Conference match staged at Bell Centre. Face-off **11.00pm**.
2.00 AM **Temples of Sport**
2.30 **Bike World** Motorcycling.
3.00 **LaLiga** Girona v Athletic Bilbao.
5.00 **to 6.00** AM **URC in 60**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Action from 2014.
10.00 **Formula 1** Chinese Grand Prix.
11.00 **Ted's Notebook**
11.30 **Formula 1** From Shanghai.
1.30 PM **Ted's Notebook**
2.00 **Formula 1** Another chance to see the Chinese Grand Prix.
6.30 **Ted's Notebook**
7.00 **Martin Brundle & the F1 Helicopter**
7.10 **Cycle to Work with Leclerc**
7.20 **Williams F1 Blue Angels**
7.30 **Indy NXT** Grand Prix of Arlington.
8.45 **Lando Norris IV**
9.00 **Indycar** Grand Prix of Arlington.
10.00 **Formula 1** Chinese Grand Prix.
11.00 **Indycar** Grand Prix of Arlington.
12.00 M'T **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 18 March

Evening Planner

Wednesday

Football

Champions League: Round of 16 2nd Legs

TNT Sports

Barcelona v Newcastle, Liverpool v Galatasaray and Spurs v Atlético Madrid.

Crime Drama

The Marlow Murder Club

U&Drama, 8pm & 9pm (box set, U)

The amateur sleuths return to help the police with more cases, starting with the sudden death of the Mayor mid-meeting.

Documentary

Beyond the Brush

Sky Arts, 8pm & 8.30pm

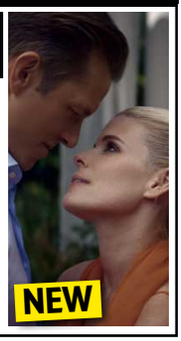
This new art series kicks off with a look at two paintings – *The Scream* by Munch and Van Gogh's *The Starry Night* (above).

OnDemand

Imperfect Women

Available today

A murder brings secrets between three close friends to light, in this thriller starring Kate Mara.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 Ambulance		10.00 News	10.40 MOTD...
	102 BBC2	7.00 Great British Menu		8.00 Britain's Biggest Warship		9.00 Hostage		10.00 We Might...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Celebrity Lingo	8.00 Emmerdale	8.30 Coronation...	9.00 The Stolen Girl		10.00 News	
	104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It		9.00 A Woman of Substance		10.00 The Push: Murder on the Cliff	
	105 5	7.00 Celebrity Puzzling		8.00 Alice Roberts: Our Hospital Through...		9.00 Ellis		10.05 A&E After Dark	
	106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Film: The Da Vinci Code			
ENTERTAINMENT	115 BBC3	7.05 Match of the Day: Women's Super League – Live: West Ham United v Manchester United (Kick-off 7.15)					9.30 Dragons' Den		10.30 The Apprentice
	116 BBC4	7.00 Villages by the...	7.30 Wainwright...	8.00 The Birds		9.00 Secrets of Size: Atoms to Supergalaxies		10.15 This Life	
	118 ITV2	7.00 Wheel of Fortune		8.00 Ant & Dec's Limitless Win		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	‹ 6.50 The Dog House Australia		7.55 Grand Designs				10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia				9.15 Gogglebox		
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Blue Bloods			
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 The White Lotus			
	110 U&GOLD	7.00 Porridge	7.40 Dad's Army		8.20 Are You Being Served?	9.00 I'm Alan Partridge			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Grace				10.00 Endeavour	
	120 ITV4	‹ 6.45 Sharpe				9.00 Film: The Spy Who Loved Me			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats Uncut	
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Westworld			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Marlow Murder Club				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 NCIS: Sydney		10.00 Miss Scarlet	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Beyond the Brush		9.00 Art's Wildest Movement: Mannerism		10.00 Welcome to the Eighties	
	132 U&W	7.00 The Supervet: Noel Fitzpatrick		8.00 999 Rescue Squad		9.00 How to Catch a Serial Killer		10.00 Elementary	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers						10.00 Truck Dynasty	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler's Death Army: Das Reich				9.55 Construction Fails	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Strange Evidence		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Simon Reeve's South America		8.00 Inside Bentley: A Great British Motorcar		9.00 Colombia with Simon Reeve		10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.55 The Civil War		8.00 The Murders at Starved Rock					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 Icefall		8.00 Materialists				10.00 Coyotes	
	302 ASSASSINS	‹ 6.00 The Bourne Ultimatum		8.00 The Bourne Legacy					10.20 Jason Bourne
	303 ROM-COMS	‹ 6.00 How to Lose a Guy in 10 Days		8.00 The 40-Year-Old Virgin				10.00 Love Actually	
	304 GREATS	‹ 6.00 Little Women		8.00 An Officer and a Gentleman				10.05 Escape to Victory	
	305 ANIMATION	‹ 5.50 Trolls	7.35 Despicable Me 4			9.20 The Amazing Maurice			
	306 FAMILY	‹ 6.00 Scooby-Doo	7.40 Scooby-Doo 2: Monsters Unleashed			9.15 The Hobbit: The Desolation of Smaug			
	307 ACTION	‹ 5.45 Fast & Furious 6		8.00 Transformers					10.25 Bad Boys: Ride...
	308 COMEDY	‹ 6.00 Just Go With It		8.00 Daddy's Home 2			9.45 School of Rock		
	309 THRILLER	‹ 5.45 The Fugitive		8.00 Vanilla Sky					10.20 Hannibal
	310 DRAMA	‹ 6.00 Elizabeth: The Golden Age		8.00 About Time				10.05 Jackie	
	311 SCI-FI	‹ 6.15 A Quiet Place: Day One		8.00 Men in Black II			9.40 Men in Black 3		
	313 FILM4		7.10 Made in Italy			9.00 Nobody			
SPORT	401 MAIN EVENT	‹ 6.30 Football: WSL – Live: Chelsea v Brighton & Hove Albion (Kick-off 7.00)					9.30 Tennis – Live: The Miami Open		
	402 PREMIER LEAGUE	‹ 6.30 Football: WSL – Live: Chelsea v Brighton & Hove Albion (Kick-off 7.00)					9.30 PL Stories	10.00 Netbusters	10.30 Big Interview
	403 FOOTBALL	‹ 6.30 Bundesliga...	7.30 EFL – Live: Milton Keynes Dons v Colchester United (Kick-off 8.00)						10.30 WSL
	405 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Coverage from a round-of-16 second-leg tie							10.30 Snooker...
	411 TNT SPORTS 2	‹ 5.01 UEFA Champions League – Live			8.15 Women's Curling World Championship – Live: USA v Italy				

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Bear Grylls: Wild Reckoning** New edition Bear revisits some of the people he tried to help. (S)(AD)
2.30 **Amanda & Alan's Spanish Job** Creating a calming bedroom. (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop on the Road** New edition Repairing a slide for a community centre in Dunblane. (S)
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Ambulance

7 PM
7.00 **The One Show** Clara Amfo and Alex Jones present the topical show. (S)
7.30 **EastEnders** Denise accidentally causes upset, Billy becomes concerned, while Suki and Vinny come to blows. (S)(AD)

8 PM
8.00 **The Repair Shop** New edition The team's restorations include an electric guitar whose previous owner once played in a skiffle group with Ringo Starr, a Guyanese bangle and a leather bag gifted at a bar mitzvah. (S)(AD)

9 PM
9.00 **Ambulance** New edition 2/6. A handler gets a call from the daughter of an elderly woman who is choking, and trip to the seaside for a man and his terminally ill wife ends in heartache. (S)

10 PM
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: UEFA Champions League** Action from the last-16 second-leg ties, including Liverpool v Galatasaray at Anfield and Tottenham Hotspur v Atlético Madrid at Tottenham Hotspur Stadium. The Reds lost away to Gala in the league phase, but will have expected to do enough to progress this evening in front of their own fans. (S)
12.00 M'T **Would I Lie to You?** Rob Brydon presents previously unseen material, with guests including Bob Mortimer, Jamelia, Jo Brand and Jason Isaacs. (S)(R)
12.30 AM **Weather for the Week Ahead**
12.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **Bear Grylls: Wild Reckoning**
6.30 **The Repair Shop on the Road** (R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Big Cats 24/7** (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz. (S)(R)
2.30 **Chess Masters: The Endgame** (R)
3.00 **Clive Myrie's Italian Road Trip** (R)
3.30 **Serengeti** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** A visit to Blackpool. (S)(R)
5.15 **Flog It!** Paul Martin hosts from Cirencester, Gloucestershire. (S)(R)
6.00 **Richard Osman's House of Games** New edition With guests Steve Backshall, Steve Pemberton, Sam Quek and Rachel Riley. (S)
6.30 **Do You Know Your Place?** New edition From Abergavenny. (S)

7.00 Great British Menu

7 PM
7.00 **Great British Menu** New edition The chefs from Wales serve up their mains and desserts, including guinea fowl in tribute to film director Rungano Nyoni and a dish inspired by *Snow White*. (S)(AD)
■ Continues tomorrow

8 PM
8.00 **Britain's Biggest Warship** 3/3. The crew of HMS *Queen Elizabeth* complete the sea trials and return to Portsmouth, while the pilots of the fighter jets head to the US for additional training. (S)(R)(AD)

9 PM
9.00 **Hostage** New edition 3/3. When Britain and the US refuse to negotiate with Islamic State, James Foley pays the ultimate price at the hands of 'Jihadi John'. (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **We Might Regret This** Series finale 4/4. Freya's misgivings about the influencer campaign are at an all-time high. (S2) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** Reflecting on the week's major global news stories. (S)
11.30 **Inside the Rage Machine** (S)(R)
12.30 AM **Sign Zone: Great British Menu** Chefs from Wales serve up their canapes, starters and fish dishes for the judges. (S)(R)(AD)
1.30 **Sign Zone: Europe on the Edge with Katya Adler** (S)(R)(AD)
2.30 **Sign Zone: Dunblane: How Britain Banned Handguns** (S)(R)(AD)
3.30 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** Current affairs and lifestyle features. (S)
10.00 **This Morning** Celebrity chat, lifestyle features and advice. (S)
12.30 PM **ITV News; Local News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts another charity edition of the game show, with Les Dennis, Rebecca Sarker and Jordan Stephens. (S)(R)(AD)
2.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
3.00 **Riddiculous** New edition Quiz hosted by Ranvir Singh. (S)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 Emmerdale

7 PM
7.30 **Celebrity Lingo** New edition Adil Ray hosts the game of words as *Emmerdale* actors Lisa Riley and Mark Charnock take on the Reverend Richard Coles and comedian Tim Vine to win big money for their chosen charities. (S)

8 PM
8.00 **Emmerdale** Laurel is asked for a favour, and Kim is suspicious of Joe. (S)(AD)
8.30 **Coronation Street** Sam is supported by his family, Megan faces the music, and Todd agrees with Theo that it's time to move on. (S)(AD)

9 PM
9.00 **The Stolen Girl** New episode 4/5. Selma dives deeper into her research as she discovers the truth about Elisa and connects the dots of Lucia's kidnapping. (S1) (S)(AD)
■ Entire series on ITVX

10 PM
10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.40 **Heathrow: Britain's Busiest Airport** The iconic Boeing 747 flies out of the airport for the final time. (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **Tonight: Spring Clean – Keep, Chuck or Cash In?** (S)(SL)(R)
3.25 **Ainsley's Taste of the Bahamas** Ainsley tries straw-weaving. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Gary Barlow's Wine Tour: South Africa** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 11-13/28. (S11) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 18-21/24. (S5) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Louisiana. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Our Farm in the Dales** 3/4. Documentary. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition The third visit is to the Angove Guest House in Weymouth. (S)
5.30 **Come Dine with Me** New edition Martina serves up Thai curry. (S)
6.00 **A Place in the Sun: What Happened Next?** New edition A catch-up with people living in Kapparis and the Costa Blanca. (S)

9.00 A Woman of Substance

7 PM
7.00 **News** (S)
7.55 **The Political Slot** Claire Coutinho MP, Shadow Secretary of State for Energy Security and Net Zero, sets out the Conservative Party's Cheap Power Plan. (S)

8 PM
8.00 **Kirstie and Phil's Love It or List It** Phil Spencer and Kirstie Allsopp help Lexie and Ed from Nottingham decide whether to renovate their four-bed one-bathroom house or sell up and move elsewhere. (S)(R)(AD)

9 PM
9.00 **A Woman of Substance** New episode 3/8. Emma has a chance to leave the Fairleys – and Edwin – for good. Adele's sobriety re-ignites her marriage with Adam, causing rifts in the household. (S1) (S)(AD)
■ Continues tomorrow

10 PM
10.00 **The Push: Murder on the Cliff** 1/2. A legal team tackle the death of Leeds-based lawyer Fawziyah Javed, who fell from the top of Arthur's Seat in Edinburgh, dying alone with no witnesses. (S)(R)(AD)
11.35 **The Push: Murder on the Cliff** 2/2. Documentary. (S)(R)(AD)
12.50 AM **FILM Berlin** Indian spy thriller starring Ishwak Singh. Subtitled. (S) (2023, 12, 125min) ★★★★
2.55 **Ramsay's Kitchen Nightmares USA** From California. (S)(SL)(R)
3.45 **Jamie's One-Pan Wonders** (S)(R)
3.55 **Stacey Solomon's Renovation Rescue** In Suffolk. (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.25 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Good Ship Murder** 6/8. In Valletta, two brothers go on a scavenger hunt, but one ends up dead. (S3) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** New edition Rural hostel owners Sam and Rich prepare for a day of fundraising. (S)
5.00 **News** (S)
6.00 **Love Nature** New edition A look at the busiest time of year for Friends of Horsey Seals. (S)
6.05 **Susan Calman's Grand Day Out** A visit to Cromer. (S)(R)
6.55 **News** (S)

9.00 Ellis

7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts, with Lucrezia Millarini and Mark Charnock joining team captains Sally Lindsay and Carol Vorderman. (S)
7.55 **News** (S)

8.00 **Alice Roberts: Our Hospital Through Time** New edition 5/6. Alice investigates the world of body snatchers, the history of anaesthetic, and hears about St Bartholomew's first washerwoman. (S)

9.00 **Ellis** Series finale *Elmsly – Part Two:* 4/4. Shock revelations surrounding student Abi Marshall's death send tremors through Elmsly as Ellis and Harper push further into the case. (S2) (S)(AD)

10.05 **A&E After Dark** Staff at Birmingham's Queen Elizabeth Hospital deal with a disruptive man, who is refusing to leave his wheelchair and verbally abusing the team. (S)(R)(AD)

11.05 **Ambulance: Code Red** (S)(R)
12.05 AM **Trauma Room One** (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Marina of Greece: The Forgotten Royal** (S)(R)
3.20 **Killer on the Run** New edition The case of Amanda Taylor, who brutally murdered her father-in-law in 2015. (S)
4.10 **Friends** (S4) (S)(R)(AD)
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S1) (S)(R)
9.00 **NCIS: Los Angeles** (S13) (S)(R)
10.00 **Will & Grace** (S2) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **David Attenborough's Wild City** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **NCIS: Los Angeles** (S13) (S)(R)
3.00 **S.W.A.T.** 17/22. (S1) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 10/28. The staff fight to get what they want, while Andy and Angela go to Schrute Farms. (S)(R) **6.30** 11/28. As head of the party planning committee, Phyllis organises a Moroccan-themed Christmas event. (S5) (S)(R)

9.00 The Da Vinci Code

7.00 **The Simpsons** *The Many Saints of Springfield:* Ned Flanders falls on hard times. (S)(R) **7.30** *Carl Carlson Rides Again:* Carl discovers the origins of a mysterious rodeo buckle. (S)(R)

8.00 **A League of Their Own** Guests Chloe Kelly, Chris McCausland and Alex Brooker join host Romesh Ranganathan and regulars Jamie Redknapp, Jill Scott and Micah Richards on the comedy quiz. (S)(R)(AD)

9.00 **FILM The Da Vinci Code** Ron Howard's conspiracy thriller based on the bestseller by Dan Brown, starring Tom Hanks and Audrey Tautou. A Harvard professor and a French cryptographer solve a series of clues about the Holy Grail while fleeing from the police and a murderous albino monk. With Ian McKellen and Paul Bettany. (S)(AD) (2006, 12, 160min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.40 **Grimm** 17/22. Nick is shocked to find Hank is dating Adalind, a monster he previously encountered, as the search for Aunt Marie's mystical key grows more desperate. (S1) (S)(R)
12.35 AM **Police 24/7** A routine traffic stop turns into a foot chase into the woods. (S)(R)
1.30 **The Force: Manchester** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 17/24. (S1) (S)(R)
4.00 **S.W.A.T.** 17/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
2.30-3.00pm Politics Scotland **12.00m't** Debate Night **1.00am** Scotcast **1.30** Would I Lie to You? **2.00** Weather for the Week Ahead **2.05-6.00am** BBC News

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm Nolan Live New edition **11.40** MOTD: UEFA Champions League **1.00am** Would I Lie to You? **1.30-6.00am** BBC News

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Ronan Keating's Wild Atlantic **11.00** Spotlight **11.30** We Might Regret This New episode **12.00m't-12.30am** Unspun World with John Simpson

WALES
Sky **968**, Freesat **968**
11.00pm NEW Lost and Found **11.20** Unspun World with John Simpson **11.45pm-12.30am** Weasels: Feisty and Fearless

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Dim Cwsg i Quinnell **12.30** Heno **1.00** Teulu Shadog: Tymhorau'r Flwyddyn **1.30** Ralïo+ **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Antur y Gorllewin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bois y Pizza: Chwe' Gwlad **6.30** Rownd a Rownd **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode **8.25** Y Deis New edition **8.55** Newyddion a'r Tywydd **9.00** Stori'r Iaith New edition **10.00** Noson Lawen **11.00-11.35pm** Welsh Whisperer – Ni'n Teithio Nawr!

TV&Satellite week
More channels than any other TV magazine

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

7.00 PM **The Catch Up**
7.05 **LIVE Match of the Day: Women's Super League** West Ham United v Manchester United: Coverage of the top-flight match from Chigwell Construction Stadium in Dagenham. The teams last met in December, where goals from Elisabeth Terland and Dominique Janssen gave United a 2-1 victory, ending their losing streak. Kick-off is at 7.15.
9.30 **Dragons' Den** Beauty mogul Jenna Meek joins the Dragons to hear pitches for an oat-based snack range, a DIY gadget, a hide-and-seek adventure with a tech twist and sun-shielding lip care.
10.30 **The Apprentice** Lord Sugar tasks the candidates with making a demo for their own virtual reality fitness brand.
11.30 **Boarders** 1&2/6. (S3)
1.05 AM **Thailand: The Dark Side of Paradise**
1.50 **Top Gear** With Sienna Miller.
2.50 **to 4.00** AM **RuPaul's Drag Race UK vs the World**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Fuzz Townshend and Tim Shaw fix up a 1987 MG Metro 6R4 rally car. **5.50** Fuzz and Tim head to Wolverhampton to take on a 1980 Jaguar XJ-S V12.
6.50 **The Dog House Australia** Energetic puppy Cookie may prove to be too much for dancers Ash and Mike.
7.55 **Grand Designs** Kevin McCloud follows the progress of musician Toby as he sets out to build a house wrapped around an ancient oak tree in rural Suffolk.
9.00 **Grand Designs** A Leeds couple set out to transform an obsolete coastguard station in East Yorkshire into a three-storey home.
10.00 **24 Hours in A&E** Doctors treat an eight-year-old girl who fell and hit her head at a diving pool, and two members of security deal with a variety of challenging patients on the night shift.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Strangers on a Plane**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

7.00 PM **Villages by the Sea** A visit to Arnside in Cumbria.
7.30 **Wainwright Walks: Coast to Coast** The mountain ranges of the Lake District.
8.00 **NEW The Birds** Film-maker Martin Dohrn reflects on a career behind the camera.
8.50 **Britain's Wild Places: Dancing Cranes of Sweden** Ten thousand migrating cranes in Sweden.
9.00 **Secrets of Size – Atoms to Supergalaxies** 1/2. Physicist Jim Al-Khalili explores the universe at the smallest scales.
10.00 **NEW Daniela Nardini Remembers... This Life** The actor looks back on the role that changed her life.
10.15 **This Life** 1&2/11. (S1)
11.40 **Timeshift: The Rules of Drinking** Documentary.
12.40 AM **Villages by the Sea**
1.10 **Wainwright Walks: Coast to Coast** As 7.30pm.
1.40 **The Birds** As 8.00pm.
2.35 **to 3.35** AM **Secrets of Size – Atoms to Supergalaxies**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.35 **First Dates**
12.35 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.25 **Married at First Sight Australia** Reality series.
5.00 **Celebrity Coach Trip**
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** A revelation leaves Warren seething, and tensions flare at the Loft.
7.30 **Married at First Sight Australia** New edition The newly-weds move in together and face tasks designed to make them more honest with each other.
9.15 **Gogglebox** *Casualty, Queer Eye* and *Below Deck Sailing Yacht* are appraised.
10.20 **Gogglebox** Opinions on *Sitting on a Fortune, Britain's Got Talent* and *Casualty*.
11.20 **First Dates**
12.25 AM **Naked Attraction**
1.30 **Married at First Sight Australia** As 7.30pm.
3.00 **Gogglebox**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Don't Tell the Bride: Revisited**

primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Nothing to Declare**
9.00 **Border Security USA**
10.00 **Brit Cops: Frontline Crime UK**
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 5/22. (S7)
1.00 PM **The Rookie** 1/14. Nolan faces his biggest challenge yet. **2.00** 2/14. Nolan and Harper are assigned to a community policing centre. (S3)
3.00 **Law & Order: Criminal Intent** 4/21. Goren and Eames search for a missing accountant. (S3)
4.00 **Nothing to Declare**

9.00 **Blue Bloods**

7.00 **Police 24/7** A special edition focusing on law enforcement's strategies and tactics during pursuits and apprehension.

8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9.00 **Blue Bloods** *Good Intentions:* 5/20. Danny and Baez go out of their way to help a desperate man find his missing sister.

10.00 **Blue Bloods** *Be Smart or Be Dead:* 6/20. Frank assigns Jamie to guard Danny after a hit is put on him. (S12)
11.00 **The Rookie** 2/18. (S7)
12.00 M'T **FBI** 13/13. (S6)
1.00 AM **Matlock** 3/19. (S1)
2.00 **FBI** New episode 7/22. (S8)
3.00 **Road Wars**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.55 **The Sopranos** 6&7/13. (S2)
10.00 **Succession** 4–7/10. (S4)
2.40 PM **Succession** 8/10. The Roy siblings spar over the outcome of the election. **3.55** 9/10. Shiv tries to reposition herself within a new political landscape. **5.15** 10/10. Final episode of the drama. Kendall and Shiv shore up their interests. (S4)
6.50 **Game of Thrones** 7/10. Jaime attempts to reconnect with his family. (S5)

9.00 **The White Lotus**

7.55 **Game of Thrones** *Hardhome:* 8/10. Arya makes progress in her training, Sansa confronts an friend, Cersei faces a struggle and Jon embarks on a journey. (S5)

9.00 **The White Lotus** *Mysterious Monkeys:* 3/6. Armond has a surprise in store for Shane, and Paula has a secret.

10.05 **The White Lotus** *Recentering:* 4/6. Armond's renewed commitment to sobriety is put to the test. (S1)
11.10 **The Undoing** 3/6. Jonathan resurfaces as Grace learns about his recent troubles. (S1)
12.15 AM **The Wire** 13/13. (S1)
1.25 **True Blood** 12/12. (S1)
2.30 **Game of Thrones** (S5)
4.35 **In Treatment** (S2)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.15 **Real Housewives of Beverly...**
12.10 PM **Ant & Dec's Limitless Win**
1.10 **Wheel of Fortune**
2.10 **The Only Way Is Essex**
3.10 **Real Housewives of Cheshire**
4.10 **Real Housewives of Miami**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

10.00 **Family Guy**

7.00 **Wheel of Fortune** Graham Norton hosts as contestants compete for the chance to spin the wheel and win big money.

8.00 **Ant & Dec's Limitless Win** Ant and Dec host the game show as a father-and-daughter duo climb the Limitless Ladder.

9.00 **NEW SERIES Hell's Kitchen** 1/16. Fifty chefs enter the arena, but only 20 of them will survive the first cut.

10.00 **NEW SERIES Family Guy** 1/22. Peter stars in a parody of the classic 1986 film *Top Gun*. (S23) **10.30** 14/20. Stewie has to wear a back brace. (S15)
11.00 **Family Guy** 17/20. Lois and Peter are mistaken for young parents by a couple. (S19)
11.30 **American Dad!** (S16)
12.35 AM **Bob's Burgers** (S14&13)
1.30 **Deal or No Deal**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Birds of Prey:* The death of a book dealer prompts an investigation.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Pass the Parcel:* Mason thwarts a gang of safe-robbers and finds explosives. Guest stars James Gaddas.

8.00 **Grace**

6.55 **Heartbeat** *Sweet Sorrow:* Last-ever episode of the police drama. Guest stars Nicholas Farrell and Clare Holman.

8.00 **Grace** *Dead at First Sight:* Grace and the team investigate when a man is found dead in a hotel room, but what initially looks like a crime of passion turns out to be something else entirely.

10.00 **Endeavour** *Nocturne:* The murder of a museum specialist leads Morse to a girls' boarding school with a dark history.
11.50 **A Touch of Frost** *Private Lives:* Jack Frost investigates a hit-and-run incident that has devastating repercussions for the victim's family and their rural community.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Auto Mundial**
6.35 **The Big Match Revisited**
7.35 **Magnum, PI**
8.45 **Kojak**
9.50 **Boon**
11.05 **The Sweeney**
12.15 PM **Dempsey and Makepeace** *Bird of Prey.*
1.20 **Magnum, PI**
2.20 **Kojak**
3.25 **Boon**
4.30 **The Sweeney**
5.40 **Minder** *A Well Fashioned Fit-Up:* Arthur gets embroiled in the glamorous fashion world.

9.00 **The Spy Who Loved Me**

6.45 **Sharpe** *Sharpe's Company:* 1/3. Adventure starring Sean Bean and Pete Postlethwaite. The return of an old enemy leads to a series of issues, beginning with the loss of Sharpe's hard-earned captaincy. (S2)

9.00 **FILM The Spy Who Loved Me** James Bond adventure starring Roger Moore. Agent 007 joins forces with a beautiful Russian spy to stop a megalomaniac villain. With Barbara Bach. (1977, PG, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.35 **Wrestling: AEW Collision**
1.30 AM **The Sweeney** *Drag Act:* Regan and Carter track those responsible for killing a driver.
2.20 **Auto Mundial**
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Roaming in the Wild** Andrew O'Donnell and Mark Taylor head to the border with England.
8.00 **Grand Tours of Scotland's Lochs** Paul Murton hears tales of Scotland's last outlaw at Loch Quoich.
9.00 **Debate Night** Topical debate on the big issues affecting Scotland and beyond.
10.00 **River City** New episode Simmering tensions between Gillian and Roisin come to a head.
10.30 **Jules and Greg's Wild Swim** New edition 4/5. The couple paddleboard to a hidden lagoon on Loch Trool in Galloway.
11.00 **Scotcast** Discussion.
11.30 PM **to 12.00** M'T **Icons of Football** A profile of Joe Jordan.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S5)
9.00 **Ballers** 3&4/10. (S2)
10.15 **Sex and the City** (S6)
11.25 **Entourage** (S7)
12.30 PM **Will & Grace** (S7)
1.30 **Sex and the City** (S6)
2.45 **Ballers** 5&6/10. (S2)
3.55 **And Just Like That...**
4.45 **The Office (US)** (S5)
5.45 **Will & Grace** (S7)
6.45 **Community** (S2)
7.45 **Sex and the City** 11/20. Carrie faces her feelings for Big. **8.20** 12/20. Guest stars Russian ballet dancer Mikhail Baryshnikov. (S6)
9.00 **Last Week Tonight with John Oliver** Talk show.
9.45 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
10.45 **NEW Saturday Night Live: The Best of Adam Sandler** Highlights.
12.10 AM **And Just Like That...**
1.05 **Community** (S2)
2.05 **Entourage** (S7)
3.15 **to 5.00** AM **Ballers**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Arts Uncovered**
6.20 **LSO**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Art's Wildest Movement: Mannerism**
3.00 **Battle of the Irish Dancers** Documentary.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **NEW SERIES Beyond the Brush** 1&2/6. Double bill. *See feature, page 20.*
9.00 **Art's Wildest Movement: Mannerism**
10.00 **Welcome to the Eighties**
11.15 **Pauline Black: A 2-Tone Story**
1.05 AM **Record On**
2.35 **Sky Arts Book Club**
3.35 **Art's Most Satanic**
4.35 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 3/26. (S2)
5.00 **Stargate SG-1** (S3)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** *Haven:* 11/26. Troi learns she is to be married. (S1)
8.00 **Primeval** 8/10. (S3)
9.00 **The Rookie** (S2)
11.00 **Grimm** 11/13. (S6)
12.00 M'T **Warrior** 7/10. (S2)
1.05 AM **The Force: Manchester**
2.00 **Brit Cops: Frontline Crime UK** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Celebrity Wheel of Fortune** With guests Tom Allen, Michelle Visage and Eddie Kadi.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Harry tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as people from across the country compete against the most formidable quiz team on TV.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Location, Location...**
10.00 **Our Welsh Chapel Dream** Property series.
11.00 **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **A New Life in the Sun** From France.
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: What Happened Next?**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location** From London.
7.00 **The Race for Ancient Egypt in Colour**
8.00 **The Roman Empire by Train with Alice Roberts**
9.00 **Bill Bailey's Vietnam**
10.00 **Bill Bailey's Remarkable Guide to the Orchestra**
11.15 **Gogglebox** Double bill.
1.15 AM **Greg Davies: The Back of My Mum's Head**
2.20 **Handcuffed: Last Pair Standing** Double bill.
4.20 **Find It, Fix It, Flog It**
4.40 **to 4.55** AM **Jamie's One-Pan Wonders**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 22/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 23/26. (S6)
2.00 **Warehouse 13** 5&6/13. (S1)
4.00 **Stargate SG-1** 15/22. (S3)
5.00 **Star Trek: Voyager** (S2)
6.00 **Star Trek: The Next Generation** 22/26. Dr Crusher relates how she became involved in a succession of unlikely incidents. (S6)

2.00 Warehouse 13

7.00 **Star Trek: Deep Space Nine** *Profit and Lace:* 23/26. Grand Nagus Zek is demoted after promoting female rights. (S6)

8.00 **Stargate SG-1** *Pretence:* 15/22. Skaara is put on trial in the new Tollan home world. (S3)

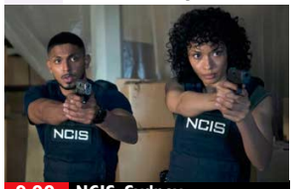
9.00 **Westworld** *Metanoia:* 7/8. Charlotte begins to see her plans realised, while Bernard and Maeve fight to save the world.

10.00 **Westworld** *Que Sera, Sera:* 8/8. Christina finds the centre of the maze, and William changes the game's difficulty. (S4)
11.00 FILM **Dark Skies** Paranormal thriller starring Keri Russell. (2013, 15, 97min) ★★★
1.00 AM **True Blood** 3/10. Sookie hatches a dangerous plan. **2.00** 4/10. Sookie enlists vampires and humans to track down the H-Vamps. (S7)
3.00 **Warehouse 13** 5&6/13. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 10/23. (S1)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S1)
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 10/23. (S1)
5.00 **Hudson & Rex** 7/8. Jesse and Stella's become victims of a mass poisoning. (S7)
6.00 **My Life Is Murder** 8/10. Alexa investigates when the body of a murdered man is found in someone else's grave. (S1)



9.00 NCIS: Sydney

7.00 **Father Brown** *The Kembleford Dragon:* The local stationmaster is found murdered.

8.00 **Death in Paradise** *Murder on the Day of the Dead:* 5/8. A man gets a strange voicemail from his wife. (S7)

9.00 **NCIS: Sydney** New episode *Ghosted:* 4/8. A US petty officer's body is found in Sydney's haunted Rocks area. (S1)

10.00 **Miss Scarlet** *Dangerous Liaisons:* 6/6. Eliza is hired to look into the personal life of Police Commissioner Fitzroy. (S5)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise**
1.00 AM **My Life Is Murder**
2.00 **The Red King** 3/6. A storm brings the islanders to the village hall for refuge. (S1)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
9.10 **Are You Being Served?**
9.50 **Last of the Summer Wine**
11.05 **Dad's Army**
11.45 **Porridge**
12.25 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Hi-de-Hi!**
3.00 **Are You Being Served?**
3.40 **Porridge**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

6.20 Keeping Up Appearances

7.00 **Porridge** The inmates face a day of hard labour digging out drains.
7.40 **Dad's Army** The platoon are forced to spend the night in a deserted house.
8.20 **Are You Being Served?** Thieves break into the store, without realising the staff are working late.

9.00 **I'm Alan Partridge** Alan faces bankruptcy and has a difficult choice to make. **9.40** Alan is asked to present the prestigious Norfolk Bravery Awards.
10.20 **Men Behaving Badly** A road-rage incident makes Gary look a coward.
11.00 **Harry Enfield's Television Programme** Sketch show.
11.40 **I'm Alan Partridge**
1.00 AM **Men Behaving Badly**
1.40 **Hi-de-Hi!**
2.25 **Harry Enfield's Television...**
2.55 **Don't Wait Up**
3.30 **to 4.00** AM **The Green Green Grass**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Celebrating seafood.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Railroad Australia**
11.00 **Rick Stein's Far Eastern Odyssey** As 6.00pm.
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Far Eastern Odyssey** The seafood chef explores Sri Lanka and Bali.

7.00 Would I Lie to You?

7.00 **Would I Lie to You?** Unseen material from the comedy panel show.
7.40 **Richard Osman's House of Games** With David James and Rhys James. **8.20** With guests Sara Barron, Anton Du Beke, Jessica Fostekew and Rickie Haywood-Williams.

9.00 **QI XL** Sara Pascoe, Phill Jupitus and Josh Widdicombe join regular panellist Alan Davies and host Stephen Fry.

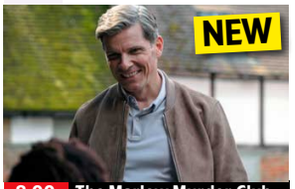
10.00 **Have I Got a Bit More News for You** Professor Hannah Fry hosts the satirical quiz, with guests Zoe Lyons and Ed Patrick.
11.00 **Taskmaster** Jo Brand shows cowboys how to cowboy.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Richard Ayoade's Question Team** With Dane Baptiste.
2.50 **to 4.00** AM **Jamali Maddix: Follow the Leader**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Mrs Pumphrey throws a party for her dog Tricki Woo.
3.10 **Howards' Way**
4.20 **Shakespeare & Hathaway: Private Investigators**
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**



8.00 The Marlow Murder Club

7.20 **Last of the Summer Wine** Alvin and Entwistle try to help Lance prove to his wife that Elvis Presley is still alive.

8.00 NEW SERIES **The Marlow Murder Club** *The Queen of Poisons – Part One:* 1/6. The drama returns. *See feature, page12.*

9.00 **The Marlow Murder Club** New episode *The Queen of Poisons – Part Two:* 2/6. The suspects' secrets stack up. (S3)

10.00 **New Tricks** *Diamond Geezers:* The team track vicious criminal Chopper Hadley, who is back in the country for a week.
11.20 **Shakespeare & Hathaway: Private Investigators** (S3)
12.20 AM **The Inspector Lynley Mysteries** *In the Presence of the Enemy:* Crime drama.
2.25 **Birds of a Feather**
3.00 **to 4.00** AM **The Marlow Murder Club**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 14-16/24. (S7)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Dead Air:* 5/24. The team investigate the deaths of a radio DJ and a naval officer. **7.00** *Cracked:* 6/24. Abby becomes personally involved in the case of a murdered naval scientist. **8.00** *Broken Arrow:* 7/24. Gibbs asks Tony's father to join them on a murder investigation. (S8)
9.00 **Criminal Minds** *Family Tree:* 8/10. The BAU head to Beaumont in Texas to investigate a series of dead businessmen, while Prentiss and JJ have big decisions to make about their futures. (S15)
10.00 **Law & Order: Special Victims Unit** (S23)
1.45 AM **NCIS** 9/20. (S22)
2.40 **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **Street Cops: Catching the Yobs** Documentary.
8.00 **Call the Bailiffs: Time to Pay Up** Agents look for a debtor who owes more than £20,000 for an unpaid invoice.
9.00 **Fare Dodgers: At War with the Law** Revenue protection officers set a trap at London's Vauxhall.
10.00 **Extreme Nightmare Tenants** A lawyer tasked with evicting an anti-social tenant in Blackpool.
11.00 **Faking It** Documentary.
12.15 AM **Police Interceptors**
3.00 **Eggheads**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
11.00 FILM **Horizons West** Western starring Rock Hudson and Robert Ryan. (1952, PG, 81min) ★★
12.40 PM FILM **The Alamo** Western directed by and starring John Wayne. (1960, PG, 161min) ★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** PC Martain Anderson chases a BMW with cloned plates.
9.00 **Traffic Cops: Pursuit Squad One** Biker cop Paul Buckley is called to a crash involving a car and motorbike.
10.00 **Police: Night Shift 999**
11.00 **The X-Files** 8/24. (S1)
12.00 M'T **Mud Mountain Haulers** Documentary.
1.00 AM **Outback Truckers**
2.00 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: Grenfell**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: The Big Build**
7.00 **The Supervet: Noel Fitzpatrick**
8.00 **999 Rescue Squad** The team treat a lorry driver trapped behind his twisted steering wheel.
9.00 **How to Catch a Serial Killer** The investigation that caught murderer Christopher Halliwell.
10.00 **Elementary** *Deja Vu All Over Again:* 18/24. Joan investigates a missing person case. (S1)
11.00 **Killer Women with Piers Morgan** Erin Caffey. **12.00** M'T Amanda Hutto and Rhonda Glover.
1.00 **to 3.00** AM **Brit Cops Down Under**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Villages by the Sea**
8.00 **Bangers & Cash**
10.00 **War Factories**
11.00 **Rise of the Nazis: The Downfall**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
5.00 **Rise of the Nazis: The Downfall**
6.00 **Antiques Roadshow**
7.00 **Simon Reeve's South America** The adventurer travels to the vast white salt flats of Bolivia.
8.00 **Inside Bentley: A Great British Motorcar** Documentary going behind the scenes at the car company's plant.
9.00 **Colombia with Simon Reeve** Exploring the country after the civil war.
10.00 **Bangers & Cash**
2.00 **to 3.00** AM **A Very British Murder with Lucy Worsley**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Derbyshire Auction House**
4.00 **Long Lost Family: Born Without Trace**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip** Natasha and Charles travel to West Yorkshire.
9.00 **Who Do You Think You Are?** With actor Anna Maxwell Martin. **10.00** With Una Stubbs.
11.00 **Celebrity Help! My House Is Haunted**
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Wednesday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 14-16/25. (S1)
1.00 PM **The Waltons** (S5)
3.00 **Ballykissangel** (S4)
4.10 **Born and Bred** (S3)
5.20 **Doctor Finlay** 7/8. (S4)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 6-8/25. (S4)
9.00 **Whatever Happened to the Likely Lads?** 7/13. Bob and Terry seek sanctuary.
9.40 8/13. Bob tries to broaden Terry's social circle by inviting him to a trendy dinner party.
10.20 9/13. Thelma looks on with disapproval as Terry helps Bob move his possessions to his new house. (S1)
11.00 **The New Avengers**
12.00 M'T **The Avengers** (S6)
1.00 AM **M*A*S*H** (S4)
2.25 **Home to Roost** (S1)
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM Super Collider** Thriller. (2013, PG) ★★
11.00 **The Baron** 27/30. (S1)
12.00 NOON **FILM Jack Hunter and the Star of Heaven** Adventure sequel. (2008, PG, 90min) ★★
2.15 PM **FILM Red Headed Stranger** Western. (1986, 15, 105min) ★★
4.30 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S6)
8.00 **The Baron** 28/30. (S1)
9.00 **FILM The Hunter's Prayer** Action thriller. (2017, 15, 91min) ★★
10.55 **FILM Collision Course** Action adventure. (2012, PG, 90min) ★★
12.55 AM **The Baron** (S1)
1.55 **The New Avengers**
2.45 **Police Ten 7**
3.10 **FILM Triple Cross** Spy thriller. (1966, PG) ★★
5.15 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM An Aurora Teagarden Mystery: A Game of Cat and Mouse** (2019, PG) ★★
10.05 **In Plain Sight** (S1)
11.05 **Castle** 18/23. (S7)
12.05 PM **FILM The Gourmet Detective: A Healthy Place to Die** Comedy. (2015, PG, 85min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 19/23. (S7)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** (S1)
10.00 **FILM Picture Perfect Mysteries: Exit Stage Death** (2020, PG) ★★
11.55 **FILM Aurora Teagarden Mysteries: Honeymoon, Honeymurder** Thriller. (2021, PG, 84min) ★★
1.50 AM **FILM What the Nanny Saw** (2022) ★★
3.20 **to 5.00** AM **FILM Manny Dearest** (2017, PG) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM The Love Subscription** Comedy. (2023, PG, 86min) ★★
10.15 **FILM Love, Classified** Drama. (2022, PG) ★★
12.10 PM **FILM Technically Yours** Romantic drama. (2025, PG, 95min) ★★
2.15 **FILM Bottled with Love** Romantic drama. (2019, PG, 85min) ★★
4.05 **FILM Love's Match** Drama. (2021, PG) ★★
6.05 **FILM It Was Always You** Romantic drama. (2021, PG, 86min) ★★
8.00 **FILM Vote One for Love** Romantic drama. (2023, PG, 90min) ★★
10.00 **FILM To England, with Love** Romantic comedy. (2023, PG, 89min) ★★
11.55 **FILM A Very British Christmas** Drama. (2019, PG, 90min) ★★
2.05 AM **Highway to Heaven**
3.10 **to 5.00** AM **FILM Bottled with Love**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Marcus Wareing's Tales from a Kitchen Garden**
12.45 PM **Edwardian Farm**
2.00 **My Floating Home**
3.00 **New Home DIY**
4.00 **Supermarket Secrets Revealed**
5.00 **Edwardian Farm**
6.15 **Marcus Wareing's Tales from a Kitchen Garden**
7.00 **Garden Rescue**
8.00 **My Floating Home**
9.00 **Supermarket Secrets Revealed** Documentary.
10.00 **Musketeer** Drama.
10.15 **FILM Some Like It Sexy** Erotic comedy. (1969, 18, 65min) ★★
12.00 M'T **FILM The Blood on Satan's Claw** Horror. (1970, 18, 93min) ★★★
2.00 AM **Marcus Wareing's Tales from a Kitchen Garden** Producing lamb.
2.45 **Edwardian Farm**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Rewind Jukebox**
11.00 **Shine on Harvey Moon**
12.05 PM **The Dustbinmen**
12.35 **Agony** 7/7. (S2)
1.05 **Star Maidens**
1.35 **The Champions** (S1)
2.35 **The Prime of Miss Jean Brodie** 4/7. (S1)
3.40 **Mysterious Tales**
3.45 **Hank the Cowboy**
4.00 **Secrets of the Coast**
4.30 **Jack Hargreaves' Old Country** 11/20. (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S1)
6.30 **Star Maidens** 1/13. (S1)
7.00 **Agony** 7/7. (S2)
7.30 **The Gaffer** (S2)
8.00 **The Champions** (S1)
9.00 **Drop the Dead Donkey**
10.00 **The Man Who Made Husbands Jealous** (S1)
11.05 **FILM Invasion of the Bee Girls** (1973, 18) ★
12.50 AM **Stereo Underground**
1.50 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysterious Creatures With Forrest Galante**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New edition The crew tackle a build for an architect complete with snowmobile chaos.
10.00 **Barnwood Builders** New edition Mark and the guys build a huge wedding pavilion.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Jamie Oliver: Cooking for Less**
7.00 **The Hairy Bikers' Mediterranean Adventure** In Majorca.
8.00 **The Pioneer Woman**
9.00 **Jamie Cooks Italy**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin's French Adventure**
3.00 **The Hairy Bikers' Mediterranean Adventure** In Majorca.
4.00 **The Pioneer Woman**
5.00 **Jamie Cooks Italy**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **Paul Hollywood: City Bakes** Double bill.
10.00 **Jamie Oliver: Cooking for Less** Dishes that won't break the budget.
11.00 **Man v Food**
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 2/22. (S6)
9.00 **The A-Team** 10/13. (S5)
10.00 **The Invaders** (S2)
11.00 **FILM Earthstorm** Sci-fi action drama. (2006, PG, 90min) ★★
1.00 PM **FILM Time Without Pity** Crime thriller. (1957, b/w, PG, 88min) ★★
3.00 **FILM Fair Wind to Java** Seafaring adventure. (1953, PG, 92min) ★★
5.00 **Star Trek** 12/24. (S3)
6.00 **The Invaders** (S2)
7.00 **The A-Team** 11/13. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM Stealth** Thriller starring Josh Lucas. (2005, 12, 121min) ★★
11.25 **FILM Push** Sci-fi thriller. (2008, 12, 111min) ★
1.40 AM **FILM Drive** Stylish film-noir thriller. (2011, 18, 100min) ★★★★★
3.35 **to 5.15** AM **FILM A Reason to Live, A Reason to Die** Western. (1972, PG, 92min) ★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Ape vs Monster** Adventure. (2021, 12, 88min) ★★
11.00 **The Lost World** (S2)
12.00 NOON **FILM A Study in Terror** Thriller. (1965, 15, 91min) ★★★
2.00 PM **FILM American Warships** Sci-fi thriller. (2012, 15, 85min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Monster Hunters** Sci-fi action thriller. (2020, 15, 88min) ★
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 5/22. (S3)
9.00 **FILM The Bounty Hunter** Comedy thriller. (2010, 12, 110min) ★★★
11.10 **FILM Deepstar Six** Underwater horror. (1988, 15, 100min) ★★
1.10 AM **FILM Eye of the Tiger** Action thriller. (1986, 18, 90min) ★★
3.00 **FILM Monster Hunters**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Real Deal**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Mountain Men**
12.10 PM **Swamp People**
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Encounter: UFO**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Paranormal: Caught on Camera** New editions
11.00 **The Proof Is Out There**
12.00 M'T **Mysteries from Above** Documentary.
1.00 AM **Encounter: UFO**
2.00 **Ancient Aliens**
3.00 **Mountain Men**
3.45 **Swamp People**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **The Cotswolds with Pam Ayres**
11.00 **Ben Fogle: New Lives in the Wild** Egypt.
12.00 NOON **Nazi Megastructures**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Abandoned Engineering**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** New Zealand's Great Barrier Island.
9.00 **James May's Great Explorers** How James Cook became one of the greatest naval captains.
10.30 **Dan Snow & the Lost City** Exploring the lost city of the Inca.
12.00 M'T **Wentworth Prison**
1.05 AM **22 Kids & Counting**
3.10 **to 4.00** AM **Paul Martin's Antiques Showdown**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable – Soccer Aid Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes Christmas Special** The Dingles of *Emmerdale* take on *Hollyoaks*' McQueens.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** With Ulrika Jonsson and Laurence Llewelyn-Bowen.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at:
8.00 23/24. Leonard accidentally asks Penny to marry him.
8.30 24/24. Howard and his fellow astronauts sit in the space shuttle awaiting launch. (S5)
9.00 **Dr Pimple Popper: Breaking Out** New editions A 22-year-old has lumps on her ears that require medical attention.
10.00 Dr Lee meets a patient with a big bump on his forehead.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S6&7)
1.00 PM **Friends** (S6&7)
7.30 **Friends** 4/24. Rachel wrestles with a dilemma.
8.00 5/24. Rachel cajoles Joey into taking Tag on a boys' night out.
8.30 6/24. Monica struggles to choose a maid of honour. (S7)
9.00 **Michael McIntyre's Big Show** With Stacey Dooley, Olly Murs and Alexander Armstrong.
10.00 **8 Out of 10 Cats Uncut**
11.40 **Ardal O'Hanlon: Comedy Central Live**
12.10 AM **Whose Line Is It Anyway? USA**
1.10 **South Park** (S15&16)
3.05 **Michael McIntyre's Big Show** As 9.00pm.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S6)
7.00 **Teleshopping**
9.00 **Spin City** 13&14/26. (S3)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S10)
1.05 PM **Criminally Funny**
2.35 **Gods of the Game**
3.35 **Takeshi's Castle**
4.05 **Impractical Jokers**
5.05 **Whose Line Is It Anyway? USA**
6.05 **Spin City** 13&14/26. (S3)
7.00 **Everybody Loves Raymond** Six episodes of the sitcom, including at:
9.30 2/25. Debra sees a marriage counsellor. (S7)
10.00 **South Park** (S16&17)
1.00 AM **The Ricky Gervais Show** Double bill.
2.00 **Utopia** 5/8. (S3)
2.30 **Teachers** (S3)
3.00 **Reno 911!** (S6)
3.45 **Important Things**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.50 **Steptoe and Son** (S4)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the House** 2/7. Sitcom. (S6)
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 3/13. Sitcom. (S1)
2.45 **Minder** 2/10. (S5)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 7/7. Sitcom. (S1)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S4)
6.45 **Rising Damp** 3/6. (S4)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 2/11. (S1)
9.00 **Benidorm** 6/7. (S7)
9.55 **Shameless** 2/16. (S6)
10.55 **Man About the House**
11.25 **Rising Damp** 3/7. (S3)
11.55 **Benidorm** 6/7. (S7)
12.55 AM **Minder** 6/13. (S2)
1.55 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom: From the Beginning** Reality series.
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Fiendish Friends** Reality series.
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **Teen Mom UK: Next Generation** New edition
9.00 **My Lover, My Killer**
10.00 **Caught in the Act: Double Life** New edition
11.00 **Tattoo Fixers**
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Caught in the Act**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

18 March Wednesday

Wednesday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made: Dream Cars** Double bill of editions.
7.00 **Diesel Brothers**
9.00 **Hoffman Family Gold**
11.00 **Overhaulin'** Double bill.
1.00 PM **Gold Rush**
3.00 **How It's Made** Four editions of the series, including at: **4.00** Medical electrodes. **4.30** Hammers, Swiss cheese, roller skates and pencils.
5.00 **Alaska: Homestead Rescue** The Raneys turn a rundown pond into a food source and create a workshop.

10.00 Truck Dynasty

7.00 Wheeler Dealers Mike hopes that by making a few changes, he will be able to double the price on a Mercedes 300 TD.

8.00 Wheeler Dealers Mike finds and restores a classic 1985 MK1 Mazda RX7 which has unstable after-market add-ons.

9.00 Wheeler Dealers Mike and Elvis attempt to resuscitate a 1974 Jaguar XJ6, but it has not been on the road since 1990.

10.00 NEW SERIES Truck Dynasty Following Florida's Apocalypse Manufacturing as they create custom truck builds.

11.00 **Expedition Bigfoot** The team revisit a site and encounter more than they bargained for.
12.00 M'T **Deadliest Catch** Sig steals a tiny hot spot from Keith.
1.00 AM **Wheeler Dealers**
2.00 **Truck Dynasty** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked** A shark aquarium.
11.00 **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees** Lizzy and Marcel search for a lost puppy out in the country.
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** The wardens seek a whooping crane.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff and his team help two Chihuahuas found abandoned in a storm drain.

6.00 Dr Jeff

7.00 Treehouse Masters Pete Nelson is in New York's Catskill Mountains to construct a glasshouse in the sky.

8.00 Rugged Justice The police try to stop bears harassing a restaurant, and a road collision has tragic consequences.

9.00 Alaska: The Last Frontier Temperatures improve as spring arrives, but tensions mount during the cattle drive.

10.00 Alaskan Bush People The Browns kick off an ambitious plan as Bear and the siblings throw caution to the wind.

11.00 **The Haunted** A woman's candle shop is invaded by the sound of screeching monkeys.
12.00 M'T **Crikey! It's the Irwins** Robert save a platypus.
1.00 AM **The Pool Master**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Dutch Caribbean Coastguards** Documentary.
9.00 **Air Crash Investigation**
10.00 **Planes that Changed History**
11.00 **Strangest Things**
12.00 NOON **Destruction Decoded**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Seconds from Disaster**
4.00 **Amsterdam Central 24/7**
5.00 **Car S.O.S** Tim Shaw and Fuzz Townshend attempt to restore a VW Polo G40. **6.00** Joanna Lumley helps to rescue a Frogeye Sprite.

8.00 Hitler's Death Army

7.00 Air Crash Investigation Aeroperú Flight 603 crashed into the Pacific Ocean in 1996, killing all 70 aboard.

8.00 Hitler's Death Army: Das Reich Documentary about elite German soldiers who perpetrated huge massacres on the Eastern Front in the last year of World War Two.

9.55 Construction Fails Italy's Morandi Bridge was an engineering marvel – until it became a national embarrassment.

11.00 **Air Crash Investigation**
12.00 M'T **Inside Airport Lost & Found** Vintage Air Jordans.
1.00 AM **Yukon Rescue**
2.00 **Made in a Day**
2.30 **Lords of War** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **When Sharks Attack and Why**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Rust Valley Restorers**
6.55 **Death Coast** Double bill.
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **The Curse of Oak Island**
2.00 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
3.00 **Queens of Ancient Egypt** Triple bill, including at: **5.00** The daughter of Cleopatra and Antony.
6.00 **American Pickers** A homeowner's grandfather leaves a historic property.

9.00 The Curse of Oak Island

7.00 Forged in Fire Bladesmiths must recreate a legendary weapon – Attila the Hun's Sword of Mars.

8.00 Strange Evidence A weird object lights up the Los Angeles sky and seems to behave with a creepy intelligence.

9.00 The Curse of Oak Island New edition The team probe a Knight of Malta's potential Oak Island visit.

10.00 Mysteries Unearthed with Danny Trejo New edition The world's most significant secrets that refused to stay buried.

11.00 **Hazardous History with Henry Winkler** A nostalgic journey through America's past reveals shocking everyday activities and products.
12.00 M'T **Queens of Ancient Egypt**
2.50 AM **The Curse of Oak Island**
3.40 **Strange Evidence**
4.25 **Pawn Stars** Rick and Corey discover a Buick Roadmaster.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Good Fight Club**
7.00 **Discovering: George Clooney**
8.00 **The Directors**
8.55 **The Invisible Pilot**
10.00 **The Civil War**
11.05 **The Sixties**
12.00 NOON **Spielberg**
2.50 PM **Frederick Douglass: In Five Speeches** The story of the anti-slavery activist.
4.00 **Discovering: George Clooney**
5.00 **The Directors**
5.55 **The Invisible Pilot** 1/3. The story of small-town crop-duster pilot Gary Betzner.

6.55 The Civil War

6.55 The Civil War 3/9. How Abraham Lincoln decided to emancipate slaves after the success of the Antietam Campaign.

8.00 The Murders at Starved Rock 1/3. Exploring the murders of three women in 1960 at Starved Rock State Park in Illinois.

9.05 The Murders at Starved Rock 2/3. Concerned citizens band together in a bid to prove Chester Weger's innocence.

10.10 The Murders at Starved Rock 3/3. After more than 60 years behind bars, Chester Weger finally gets a chance at freedom.

11.15 **Marathon: The Patriots Day Bombing** Documenting some of the survivors of the Boston Marathon attack.
1.15 AM **Meth Storm** Examining the impact that methamphetamine addiction has in a rural Arkansas community.
3.15 **Rock and a Hard Place**
5.00 **to 6.00** AM **Discovering: George Clooney**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
4.00 **Celebrity Yorkshire Auction House**
6.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** Angus discovers mysterious 17th century artwork in Scotland.
9.00 **Celebrity Yorkshire Auction House** Angus helps ex-*EastEnders* star Samantha Womack. **10.00** Broadcaster Kaye Adams sells her rare Danish furniture.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories** Victor Nealon.
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **Disappeared**
7.00 **Judge Rinder's Crime Stories** Conner Marshall.
8.00 **Murder on CCTV**
9.00 **Killer Confessions: Case Files of a Texas Ranger** A mother disappears in Houston.
10.00 **People Magazine Investigates** An interview uncovers the truth of a 2001 murder.
11.00 **Judge Rinder's Crime Stories** Victor Nealon.
12.00 M'T **American Monster**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** Focusing on the case of Jayden Parkinson, who was just 17 when she vanished.
8.00 **Fraud Squad** A locksmith scams a hospital out of nearly half a million pounds.
9.00 **Storm of Suspicion** New edition Tragedy befalls a Florida Keys paradise when a couple is found murdered.
10.00 **NEW SERIES Fatal Fraud** Stories of cases where financial schemes spiral. Dr Peter Coshan, a retired teacher in Edinburgh, vanishes after falling victim to a fraudster's charms.
11.00 **Bloodline Detectives**
12.00 M'T **Judge Judy**
4.35 AM **Facing Evil**
4.55 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **The Killer You Know**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **The Killer You Know** When Devon Guzman is found murdered, police think her girlfriend is to blame. **3.00** A neighbourhood quarrel boils over.
4.00 **48 Hours** A woman turns to a private eye for help tracking down a Russian.
5.00 **Medical Detectives** The murder of a gay couple. **5.30** A dog helps solve a murder case. **6.00** The murder of a television producer. **6.30** A woman is thought to have accidentally shot herself.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **The Force: Manchester**
7.00 **Brit Cops**
8.00 **Britain's Longest Road**
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation**
12.00 NOON **Killer in My...**
2.00 PM **Killing Mum and Dad** Brian Blackwell.
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **I Love You, Now Die: The Commonwealth vs Michelle Carter**
11.50 **World's Most Evil Killers**
12.55 AM **How I Caught the Killer** Anthony Hardy.
2.00 **Murders That Shocked...**
3.00 **Police 24/7**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** West Virginia.
8.35 **Treasures Decoded**
9.35 **Paris: Stories from the City** Documentary.
10.50 **The War**
11.55 **War Machine: WWII**
1.00 PM **America the Bountiful** West Virginia.
1.50 **Treasures Decoded**
2.50 **Paris: Stories from the City** Documentary.
4.00 **The War**
5.10 **War Machine: WWII**
6.15 **Treasures Decoded**
7.20 **Paris: Stories from the City** Documentary.
8.35 **The War** The state of American communities one year after entering World War Two.
9.40 **War Machine: World War II** How aeronautics reshaped strategies.
10.50 **Paris: Stories from the City** Documentary.
12.00 M'T **The War**
1.10 **to 2.00** AM **America the Bountiful**

WEDNESDAY

Wednesday

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Ol Pejeta Diaries**
- 7.00 **Monkey Life**
- 8.00 **Great Parks of Africa**
- 9.00 **Orangutan Jungle School**
- 10.00 **Rooted**
- 11.00 **Land of Gremlins**
- 12.00 NOON **Zambia Untamed**
- 1.00 PM **Monkey Life**
- 2.00 **Great Parks of Africa**
- 3.00 **Orangutan Jungle School**
- 4.00 **Rooted**
- 5.00 **America's Wild Seasons**
- 6.00 **Zambia Untamed**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Islands** The Okavango Delta.
- 9.00 **Into the Wild: Colombia** A look at the challenges faced by Colombia's huge number of hummingbird species.
- 10.00 **Zambia Untamed**
- 11.00 **America's Wild Seasons**
- 12.00 M'T **Land of Gremlins**
- 1.00 AM **Ol Pejeta Diaries**
- 2.00 **Islands** The Okavango Delta.
- 3.00 **Into the Wild: Colombia**
- 4.00 **Great Parks of Africa**
- 5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

- 6.00 AM **World's Most Unexplained**
- 7.00 **Evidence of the Unexplained**
- 8.00 **What on Earth?**
- 9.00 **The Abyss: Rise & Fall of the Nazis** Operation Reinhardt.
- 10.00 **Combat Machines**
- 11.00 **Ancient Aliens**
- 1.00 PM **Alien Files: Unsealed**
- 2.00 **Bradley Walsh: Egypt's Cosmic Code**
- 3.00 **Digging for Britain**
- 4.00 **World's Most Unexplained**
- 5.00 **Evidence of the Unexplained**
- 6.00 **What on Earth?**
- 7.00 **The Abyss: Rise & Fall of the Nazis** Operation Reinhardt.
- 8.00 **Combat Machines**
- 9.00 **Secrets in the Ice**
- 10.00 **Rome: Rise and Fall of an Empire** The persecution of Christians by Emperor Decius.
- 11.00 **Ancient Aliens**
- 1.00 AM **Alien Files: Unsealed**
- 2.00 **Bradley Walsh: Egypt's Cosmic Code**
- 3.00 **Digging for Britain**
- 4.00 **World's Most Unexplained**
- 5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

- 8.00 AM **Alien Highway**
- 11.00 **Codes and Conspiracies**
- 1.00 PM **Blowing Up History**
- 3.00 **NASA's Unexplained Files**
- 6.00 **How Do They Do It?**
- 9.00 **Expedition Bigfoot** Russell finds a structure he believes is a Bigfoot nest. Meanwhile, new team member Ronny joins Mireya in a race to the nest to collect DNA samples. **10.00** Mireya and Ronny make a powerful discovery in the area around the nest. Meanwhile, Bryce suspects Bigfoot is emoting infrasound to repel the team from its territory.
- 11.00 **Unexplained and Unexplored** Explorers Justin Fornal and Emiliano Ruprah investigate the Knights Templar. **12.00** M'T Justin and Emiliano investigate an international conspiracy involving the highest levels of government.
- 1.00 AM **NASA's Unexplained Files**
- 4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Court Cam**
- 11.00 **Killer Britain with Dermot Murnaghan** Triple bill.
- 2.00 PM **Accident, Suicide or Murder?** As 8.00pm.
- 3.00 **Murder by Medic**
- 6.00 **The First 48**
- 7.00 **Cold Case Files** The murder case of Tonya McKinley.
- 8.00 **Accident, Suicide or Murder?** A navy officer succumbs to a mysterious illness.
- 9.00 **Murder at the Motel** New edition A woman with a brain injury found dead in a Colorado motel room.
- 10.00 **Don't Open the Door**
- 11.00 **Ross Kemp: Lost Boys, Deadly Men** Elliot Rodger.
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **Interrogation Raw**
- 2.00 **Homicide Hunter**
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1hour 256 333

WILD

165 145 182

- 8.00 AM **Yukon Vet**
- 9.00 **Fish Tank Kings**
- 10.00 **America the Wild**
- 11.00 **Fish My City**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **King Cobra: Cannibal Snake**
- 3.00 **Close Encounters of the Wild Kind** An octopus slaps a kayaker.
- 4.00 **Secrets of the Zoo**
- 5.00 **Ice Road Rescue**
- 6.00 **Yukon Vet**
- 7.00 **The Hidden World of Snakes** New edition A look at vipers, cobras and constrictors from across Asia and Europe.
- 8.00 **Wild Hunters** Featuring footage of deadly snakes.
- 9.00 **Deadly Dozen** A look at India's deadliest creatures.
- 10.00 **Alaska: The Next Generation**
- 11.00 **Ice Road Rescue**
- 12.00 M'T **Africa's Hunters**
- 1.00 AM **Animal Fight Club**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Bizarre Animal Friends**

Discovery History

174 147 181

- 7.00 AM **Spontaneous Combustion: Investigation X**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** Experts explain the science behind the sun.
- 1.00 PM **Mysteries of the Missing**
- 2.00 **In Search of Monsters**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Spontaneous Combustion: Investigation X** Experts use the latest technology to explore the phenomenon of humans inexplicably bursting into flames.
- 9.00 **Ancient Unexplained Files**
- 10.00 **How Do They Do It?**
- 11.00 **Massive Engineering Mistakes**
- 12.00 M'T **Mysteries at the Museum**
- 2.00 AM **How the Universe Works**
- 3.00 **Mysteries of the Missing**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

- 9.00 AM **999 Rescue Squad**
- 1.00 PM **999 Rescue Squad** Four editions, including at: **4.00** The Hazardous Area Response Team help defuse a bomb found in Wakefield.
- 5.00 **Doctor Who**
- 8.05 **Doctor Who** *Planet of the Daleks – Part Four:* 18/26. The Doctor is reunited with Jo. **8.35** *Planet of the Daleks – Part Five:* 19/26. Jo learns of the Dalek plot to release a bacteria. **9.05** *Planet of the Daleks – Part Six:* 20/26. The Doctor and his cohorts strive to thwart the Dalek's evil scheme. **9.35** *The Green Death – Part One:* 21/26. A chemical plant harbours a sinister secret. **10.05** *The Green Death – Part Two:* 22/26. Jo gets trapped at the bottom of the mine. **10.40** *The Green Death – Part Three:* 23/26. The source of the infection is discovered. Stars Jon Pertwee. (S10)
- 11.10 PM **to 6.00** AM **Doctor Who**

+1hour 266 376

ID

154 140 166

- 8.00 AM **Broken Trust**
- 9.00 **American Monster**
- 11.00 **Disappeared**
- 12.00 NOON **Evil Lives Here: Shadows of Death**
- 1.00 PM **American Monster**
- 3.00 **Disappeared**
- 4.00 **Evil Lives Here: Shadows of Death** The story of how a Florida family was torn apart when a mother went missing.
- 5.00 **Breaking Homicide**
- 7.00 **Murder Under the Friday Night Lights** In 1985, police found the body of a beloved coach in southeast Texas. **8.00** When a star footballer is stabbed to death, it appears to be a random tragedy.
- 9.00 **High Speed Chase** A stolen van leads multiple agencies on an action-packed chase.
- 10.00 **Police 911: Michigan**
- 11.00 **Real Time Crime**
- 12.00 M'T **Cabin in the Woods**
- 2.00 AM **Breaking Homicide**
- 4.00 **to 6.00** AM **Murder Under the Friday Night Lights**

+1hour 254 366

Discovery Turbo

161/172 146 180

- 7.00 AM **Wheeler Dealers**
- 8.00 **Motor Pickers**
- 9.00 **Outback Truckers**
- 10.00 **Salvage Hunters: Classic Cars**
- 11.00 **Shed and Buried**
- 12.00 NOON **Richard Hammond's Workshop** Accountant Kamla gives Richard a reality check.
- 1.00 PM **Bad Chad Customs**
- 2.00 **Salvage Hunters: Classic Cars**
- 3.00 **Outback Truckers**
- 4.00 **Ant Anstead: Born Mechanic**
- 5.00 **Motor Pickers**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Ant Anstead: Born Mechanic** Ant buys two Jaguars, hoping one can donate spare parts.
- 9.00 **Holden Bros. Restos**
- 10.00 **Outback Truckers**
- 11.00 **Wheeler Dealers**
- 12.00 M'T **Ant Anstead: Born Mechanic** As 8.00pm.
- 1.00 AM **Richard Hammond's Workshop** As 12.00noon.
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

- 7.00 AM **Sketch** As 4.30pm.
- 8.40 **Coyotes** As 10.00pm.
- 10.25 **The Gentleman** As 1.40am.
- 12.10 PM **Materialists** As 8.00pm.
- 2.10 **Jurassic World: Rebirth** Fantasy action adventure starring Scarlett Johansson. (2025, 12, 133min) ★★★
- 4.30 **Sketch** Fantasy comedy with Tony Hale and D'Arcy Carden. (2025, 12, 93min) ★★★★
- 6.15 **Icefall** Thriller starring Joel Kinnaman. (2025, 15, 95min)

6.15 Icefall

8.00 Materialists Romantic comedy starring Dakota Johnson, Chris Evans and Pedro Pascal. A highly successful professional matchmaker finds herself torn between the perfect match and her imperfect ex. With Zoë Winters. (2025, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Coyotes Comedy thriller starring Justin Long, Mila Harris and Brittany Allen. A Hollywood family fight for survival when caught between a wildfire and a pack of savage coyotes. (2025, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.45 **I Know What You Did Last Summer** Horror reboot. (2025, 15, 119min) ★★★
- 1.40 AM **The Gentleman** Thriller. (2025, 15, 89min) ★★
- 3.15 **Plainclothes** Thriller starring Tom Blyth. (2025, 15, 95min)
- 5.00 **to 7.00** AM **I Know What You Did Last Summer** (2025)

Sky Cinema Rom-Coms

303 303 403 503 517

- 7.55 AM **Forces of Nature** (1999)
- 9.50 **Mamma Mia!** Musical comedy. (2008, PG, 108min) ★★★★
- 11.40 **Mamma Mia! Here We Go Again** As shown at 2.10am.
- 1.40 PM **The Holiday** Romantic comedy with Cameron Diaz. (2006, 12, 135min) ★★★
- 4.00 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
- 6.00 **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★

8.00 The 40-Year-Old Virgin

8.00 The 40-Year-Old Virgin Comedy starring Steve Carell and Catherine Keener. The workers in an electrical shop set out to coach their inexperienced 40-year-old colleague in the art of seduction. With Elizabeth Banks. (2005, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Love Actually Romantic comedy written and directed by Richard Curtis, starring Hugh Grant. In the run-up to Christmas, love changes the lives of a host of different characters. (2003, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.20 AM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
- 2.10 **Mamma Mia! Here We Go Again** Musical comedy sequel. (2018, PG, 114min) ★★★★
- 4.15 **to 6.15** AM **Forces of Nature** Romantic comedy drama. (1999, 12, 105min) ★★★

Sky Cinema Drama

310 310 410 510 524

- 6.30 AM **Drift** As 4.20pm.
- 8.10 **The Shamrock Spitfire**
- 10.00 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
- 12.20 PM **The Good Half** Drama. (2023, 15, 96min) ★★★
- 2.00 **Joker: Folie à Deux** Musical thriller starring Joaquin Phoenix. (2024, 15, 138min) ★★★★
- 4.20 **Drift** Drama starring Cynthia Erivo. (2023, 15, 93min) ★★★★
- 6.00 **Elizabeth: The Golden Age** Historical drama sequel starring Cate Blanchett and Clive Owen. (2007, 12, 114min) ★★★
- 8.00 **About Time** Romantic comedy fantasy from Richard Curtis, starring Domhnall Gleeson and Rachel McAdams. A young man inherits the ability to time-travel into his past. With Bill Nighy. (2013, 12, 120min) ★★★
- 10.05 **Jackie** Biopic starring Natalie Portman and Greta Gerwig. (2016, 15, 100min) ★★★★
- 11.50 **The Brutalist** Epic drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
- 3.10 AM **The Shamrock Spitfire** Biopic starring Shane O'Regan. (2024, 12, 108min) ★★★
- 5.00 **Cinema List: Risky Romance**
- 5.30 **to 7.10** AM **The Good Half**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 6.45 AM **Gator Creek** Horror thriller. (2025, 15, 87min) ★
- 8.15 **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
- 9.45 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
- 11.20 **Van Helsing** Fantasy adventure. (2004, 12, 132min) ★★★
- 1.35 PM **Ready Player One** Steven Spielberg's fantasy adventure. (2018, 12, 140min) ★★★★
- 3.55 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
- 6.15 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
- 8.00 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
- 9.40 **Men in Black 3** Sci-fi action comedy sequel with Will Smith. (2012, PG, 105min) ★★★★
- 11.30 **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
- 1.35 AM **Blade 2** Action horror sequel starring Wesley Snipes. (2002, 18, 117min) ★★★★
- 3.35 **Pet Sematary** Supernatural thriller. (1989, 18, 103min) ★★★
- 5.20 **The Cinema List: Jurassic**
- 5.40 **to 7.40** AM **Us** Horror thriller. (2019, 15, 116min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.10 AM **The Karate Kid Part II** Adventure. (1986, PG) ★★
9.05 **The Karate Kid: Part III**
11.05 **Madagascar: Escape 2 Africa** Animation. (2008, PG) ★★★
12.40 PM **The Emoji Movie** Animation. (2017, U, 83min) ★
2.10 **Bee Movie** Animated comedy. (2007, U, 91min) ★★★
3.45 **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★
6.00 **Scooby-Doo** Comedy. (2002, PG, 86min) ★★★

6.00 Scooby-Doo

7.40 **Scooby-Doo 2: Monsters Unleashed** Live-action comedy adventure sequel. (2004, PG, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

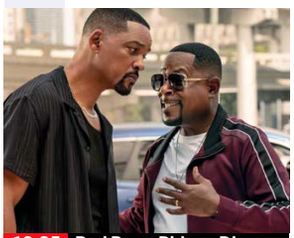
9.15 **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy adventure, the second part of his adaptation of JRR Tolkien's children's novel, starring Martin Freeman. Hobbit Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. (2013, 12, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
2.00 **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★
3.35 **The Borrowers** Adventure. (1997, U, 86min) ★★★★
5.05 **to 6.40** AM **Paul Blart: Mall Cop** Comedy. (2009, PG) ★

Sky Cinema Action

307 307 407 507 521

7.30 AM **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★
9.30 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
11.15 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
1.05 PM **Jurassic World: Fallen Kingdom** Adventure sequel. (2018, 12, 128min) ★★★
3.15 **Furiosa: A Mad Max Saga**
5.45 **Fast & Furious 6** Thriller. (2013, 12, 125min) ★★★



10.25 Bad Boys: Ride or Die

8.00 **Transformers** Sci-fi adventure starring Shia LaBeouf and Tyrese Gibson. A geeky teenager finds himself caught up in a titanic struggle between good and evil robots who are battling to recover their life source. (2007, 12, 144min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

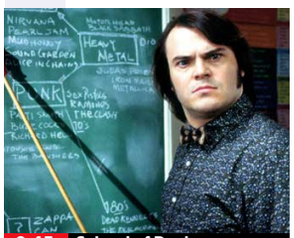
10.25 **Bad Boys: Ride or Die** Action comedy sequel starring Will Smith and Martin Lawrence. Miami cops Lowrey and Burnett go on the run to clear their late captain's name. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Batman Forever** Comic-book adventure. (1995, 12, 121min) ★★★
2.40 **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
4.55 **Sky Cinema Preview**
5.50 **to 7.50** AM **Streetfighter** Martial arts action drama. (1994, 12, 102min) ★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Mean Machine** Sports drama. (2001, 15, 99min) ★★
8.55 **American Reunion** Comedy sequel. (2012, 15, 108min) ★★
10.55 **Role Models** Comedy. (2008, 15, 99min) ★★★★
12.45 PM **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
2.30 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
4.10 **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15) ★★
6.00 **Just Go With It** (2011, 12) ★



9.45 School of Rock

8.00 **Daddy's Home 2** Comedy sequel starring Will Ferrell and Mark Wahlberg. Having settled their differences, Brad and Dusty must now deal with their own intrusive fathers. (2017, 12, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **School of Rock** Comedy starring Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at an elite private school and attempts to turn his pupils into a rock band. (2003, PG, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Man with Two Brains** Comedy starring Steve Martin. (1983, 15, 93min) ★★★★
1.30 AM **The Natural** Sports drama. (1984, PG, 137min) ★★★
3.50 **The Sweetest Thing** Comedy. (2002, 15, 89min) ★
5.30 **to 7.15** AM **Hope Springs** Romantic comedy drama. (2012, 12, 98min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.10 AM **Absolution** Crime thriller. (2024, 15, 112min) ★★★
9.05 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★
10.55 **Vanilla Sky** As 8.00pm.
1.15 PM **The Firm** Legal thriller. (1993, 15, 155min) ★★★
3.50 **Speak No Evil** Horror thriller starring James McAvoy. (2024, 15, 110min) ★★★★
5.45 **The Fugitive** Action thriller starring Harrison Ford. (1993, 15, 128min) ★★★★★

10.20 Hannibal

8.00 **Vanilla Sky** Romantic fantasy drama, a remake of the Spanish film *Open Your Eyes*, starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

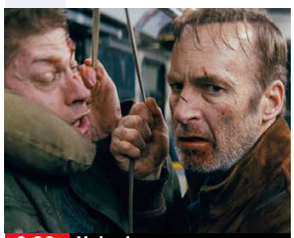
10.20 **Hannibal** Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. FBI agent Clarice Starling becomes an unwitting pawn in a perverse billionaire's plot to trap Hannibal Lecter. (2001, 18, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Chinatown** Crime thriller. (1974, 15, 131min) ★★★★★
2.50 **Sleepers** Fact-based drama. (1996, 18, 146min) ★★★
5.25 **to 7.25** AM **Juror #2** Thriller. (2024, 12, 113min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Bedford Incident** Thriller. (1965, b/w, PG) ★★★
1.10 PM **Heaven Knows, Mr Allison** Wartime drama. (1957, PG, 100min) ★★★★
3.20 **The True Story of Jesse James** Western biopic. (1956, PG, 92min) ★★
5.10 **The Enemy Below** Adventure. (1957, PG, 98min) ★★★★
7.10 **Made in Italy** Comedy drama. (2020, 15, 94min) ★★★



9.00 Nobody

Made in Italy (film started at 7.10pm)

9.00 **Nobody** Crime drama starring Bob Odenkirk and Connie Nielsen. An unassuming family man reveals his true character after his house is burgled by two petty thieves. (2021, 15, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Beast** Thriller starring Jessie Buckley and Johnny Flynn. A Jersey tour guide is saved from a sexual assault by a stranger with a gun. (2017, 15, 104min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 **to 3.25** AM **Wheel of Fortune and Fantasy** Japanese drama. Subtitled. (2021, 15, 121min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Assassins

302 302 402 502 516

6.10 AM **Old Guy** As 5.25am.
7.45 **The Killer** Action thriller. (2024, 15, 125min) ★★★★
9.55 **The Beekeeper** Action thriller. (2023, 15, 105min) ★★★
11.45 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★
2.10 PM **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
4.10 **The Bourne Supremacy** Thriller. (2004, 12, 108min) ★★★★

6.00 **The Bourne Ultimatum** Spy thriller sequel with Matt Damon. (2007, 12, 115min) ★★★★
8.00 **The Bourne Legacy** Spy thriller sequel starring Jeremy Renner and Rachel Weisz. A genetically enhanced secret agent goes on the run with his supervisor when his life is threatened from within his organisation. (2012, 12, 129min) ★★★
10.20 **Jason Bourne** Spy thriller sequel starring Matt Damon. (2016, 12, 123min) ★★★

12.30 AM **The Equalizer** Action thriller. (2014, 15, 132min) ★★★
2.45 **Pulp Fiction** Director Quentin Tarantino's black comedy thriller. (1994, 18, 154min) ★★★★★
5.25 **to 7.00** AM **Old Guy** Action comedy starring Christoph Waltz. (2024, 15, 94min) ★★★

Sky Cinema Greats

304 304 404 504 518

7.05 AM **Two Mules for Sister Sara** Comedy Western starring Clint Eastwood and Shirley MacLaine. (1969, 15, 114min) ★★★
9.00 **An Officer and a Gentleman**
11.05 **Police Academy** Comedy. (1984, 15, 95min) ★★★
12.45 PM **Police Academy 2: Their First Assignment** Comedy sequel with Steve Guttenberg. (1985, 12, 87min) ★★

2.15 **Police Academy 3: Back in Training** Comedy. (1986, PG) ★
3.45 **Terms of Endearment** Oscar-winning comedy drama. (1983, 15, 132min) ★★★★★
6.00 **Little Women** Screen version of Louisa May Alcott's classic tale. (1994, U, 114min) ★★★
8.00 **An Officer and a Gentleman** Romantic drama starring Richard Gere and Debra Winger. (1981, 15, 125min) ★★★★
10.05 **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★

12.05 AM **The Krays** Crime drama. (1990, 18, 119min) ★★★
2.05 **Cool Hand Luke** Prison drama. (1967, 15, 126min) ★★★★★
4.15 **Sky Cinema Preview**
5.15 **to 7.15** AM **The First Wives Club** Comedy with Goldie Hawn. (1996, PG, 102min) ★★★

Sky Cinema Animation

305 305 405 500 514

6.30 AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in...**
8.00 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
9.25 **Dog Man** Animated comedy. (2025, U, 89min) ★★★★
11.05 **Rock Dog 2: Rock Around the Park** Animation. (2021, U) ★★
12.45 PM **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★

2.25 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
4.00 **Paws of Fury: The Legend of Hank** (2022, PG) ★★★
5.50 **Trolls** Animation. (2016, U) ★★★
7.35 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
9.20 **The Amazing Maurice** Animation. (2022, PG) ★★★★
11.10 **Rock Dog 3: Battle the Beat** Animated sequel. (2022, U) ★★
12.40 AM **Batman: Return of the Caped Crusaders** (2016) ★★★★

2.05 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** (2015, U) ★★★
3.05 **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** (2022, PG) ★★★
4.30 **to 5.50** AM **Tom and Jerry Cowboy Up!** (2021, U) ★★★

Movies 24

312 313 419

7.00 AM **The Finnish Line** Romantic comedy. (2024, PG, 84min) ★★
9.00 **Mystery Island: Play for Keeps** Drama. (2025, PG, 90min) ★★
11.00 **Love for Starters** Romantic comedy. (2022, PG, 85min) ★★
1.00 PM **A Match in Manhattan** Drama. (2024, PG, 90min) ★★
3.00 **Heart of the Manor** Romantic comedy starring Ashlynn Yennie. (2021, PG, 85min) ★★

5.00 **The Attraction Test** Romantic comedy starring Tara Wilson. (2022, PG, 85min) ★★
7.00 **Destination Love** Romantic comedy drama starring Anna Hutchison and Josh McKenzie. (2021, PG, 90min) ★★
9.00 **The Heiress and the Handyman** Romantic comedy starring Jodie Sweetin and Corey Sevier. A handyman and his sister help an heiress who has lost her fortune to make a fresh start. (2024, PG, 84min) ★★

11.00 **Napa Ever After** Romantic drama. (2023, PG, 90min) ★★
1.00 AM **Sparks Over Brooklyn** Drama. (2023, PG, 89min) ★★
3.00 **to 5.00** AM **The Love Issue** Drama. (2023, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Look at Life**
6.15 **Confessions of Boston Blackie** Mystery. (1941, PG, 65min) ★★★
7.35 **Calling Paul Temple** Mystery. (1948, b/w, U, 92min) ★★★
9.25 **Look at Life**
9.35 **Innocent Meeting** Crime drama. (1959, b/w, PG, 62min) ★★★
10.50 **The Cure for Love** Romantic comedy starring Robert Donat. (1949, b/w, U, 98min) ★★★

12.40 PM **Murder on the Campus** Mystery. (1961, b/w, U) ★★★
1.55 **The Buccaneers** 1/39. (S1)
2.25 **The Brothers** 14/16. (S7)
3.30 **Dial 999** 3/39. (S1)
4.00 **Seance on a Wet Afternoon** Thriller. (1964, b/w, PG) ★★★★
6.15 **A Travelogue of Kent in 1954**
6.30 **Those British Faces**
7.00 **Out of Town**
7.30 **Scotland Yard** 26/39. (S1)
8.05 **Buccaneer** 4/13. (S1)
9.10 **Train of Events** Ealing drama. (1949, b/w, PG, 85min) ★★★

10.55 **An Affair in Mind** Thriller. (1988, 12, 90min) ★★★
12.45 AM **Look at Life**
1.00 **Budgie** 2/13. (S2)
2.00 **Sherlock Holmes: Sign of Four**
4.00 **Frail Women** Melodrama. (1932, b/w, PG, 72min) ★★★
5.30 **to 6.00** AM **Sherlock Holmes**

WEDNESDAY Sport 18 March

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** Sports news with live analysis and comments.
3.00 LIVE **WTA & ATP Tennis** Coverage of day two of the Miami Open, a hard-court tournament at Hard Rock Stadium in Miami Gardens, Florida, featuring men's and women's first round matches.
6.30 LIVE **WSL** **Chelsea v Brighton & Hove Albion.** Coverage of the Women's Super League match staged at Kingsmeadow. The hosts ended a four-game winless streak in the reverse fixture in December, as they took all three points thanks to an impressive 3-0 victory. Kick-off **7.00pm**.
9.30 LIVE **WTA & ATP Tennis** Continued coverage of the second day of the Miami Open, the WTA 1000 and ATP 1000 event and hard-court tournament staged at Hard Rock Stadium in Miami Gardens, Florida, featuring men's and women's first round matches.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Review**
9.00 **The Big Interview** Malick Thiaw.
9.30 **Netbusters** Highlights.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years** Clips from the 1995/96 season.
2.00 PM **PL Retro** Newcastle United v Manchester United in 1996/97.
3.45 **PL Greatest Games**
4.00 **The Big Interview** Malick Thiaw.
4.30 **Netbusters** Highlights.
5.00 **The Premier League Show**
6.30 LIVE **WSL** **Chelsea v Brighton & Hove Albion.** Coverage of the Women's Super League match from Kingsmeadow. Kick-off **7.00pm**.
9.30 **Premier League Stories** An interview with Demba Ba.
10.00 **Netbusters** Highlights.
10.30 **The Big Interview** Malick Thiaw.
11.00 **Premier League Review**
12.00 M'T **Premier League Stories**
12.30 AM **Netbusters** Highlights.
1.00 **PL Retro** Newcastle United v Manchester United in 1996/97.
2.45 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **Henrik Larsson: 20 Years On**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **Old Firm Derby Goals**
11.30 **SPFL Round-Up**
11.45 **EFL League One & Two Goals**
12.45 PM **SPFL Highlights**
1.00 **EFL Highlights** Championship.
2.00 **Bundesliga Highlights Show**
3.00 **EFL Highlights**
3.30 **EFL League One Goals**
4.00 **EFL League Two Goals**
4.30 **SPFL Highlights**
5.00 **WSL** Aston Villa v Man City.
5.30 **Women's League Cup**
6.00 **EFL Highlights** Championship.
6.30 **Bundesliga Highlights Show**
7.30 LIVE **EFL** **Milton Keynes Dons v Colchester United.** Coverage of the League Two match staged at Stadium MK. Kick-off **8.00pm**.
10.30 **WSL** Aston Villa v Man City.
11.00 **EFL Highlights** Championship.
11.30 **EFL Greatest Games**
12.00 M'T **SPFL Greatest Games**
2.00 AM **EFL Greatest Games**
4.00 **EFL Cup** The 2021/22 final.
5.00 **Best Goals: EFL Cup 2021/22**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Highlights of Gujarat Titans v Chennai Super Kings. **7.00** Sunrisers Hyderabad v Kolkata Knight Riders.
8.00 **Men's T20 World Cup** Zimbabwe v West Indies from Wankhede Stadium, Mumbai. **8.30** Action from the final.
9.00 **IPL** Royal Challengers Bengaluru v Punjab Kings. **10.00** Highlights of Chennai Super Kings v Rajasthan Royals.
11.00 **Test Cricket** England v India: Highlights from days one to five of the third Test in the five-match series held at Lord's in London.
4.00 PM **IPL** Rajasthan Royals v Kolkata Knight Riders from Barsapara Cricket Stadium. **5.00** Gujarat Titans v Lucknow Super Giants held at Narendra Modi Stadium, Ahmedabad.
6.00 **Test Cricket** England v India: Highlights from days one to five of the third Test in the five-match series held at Lord's in London.
11.00 **IPL** Punjab Kings v Mumbai Indians at HPCA Cricket Stadium. **12.00** M'T Lucknow Super Giants v Royal Challengers Bengaluru.
1.00 **to 6.00** AM **Test Cricket**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons**
8.00 **Ladies European Tour Golf**
9.00 **TGL** The first semi-final. **11.00** The second semi-final.
1.00 PM **LPGA Tour Golf** Day four of the Hilton Grand Vacations Tournament of Champions.
3.00 **Ladies European Tour Golf**
7.00 **PGA Tour: The Cut** A look behind the scenes of the tour.
7.30 **Legends Tour Golf** A look ahead to the Legends Tour.
8.00 **DP World Tour Golf** Four days of the Joburg Open in South Africa.
8.30 **TGL** Boston Common v Jupiter Links in the first semi-final. **10.30** Los Angeles v Atlanta Drive in the second semi-final.
12.30 AM **How the 1995 Ryder Cup Was Won** From Rochester.
2.30 **PGA Tour Golf** Archive action.
4.30 **Golf Academy** Advice.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA Tennis** The Indian Wells Open women's final in California.
7.00 **WTA & ATP Tennis** Highlights from day one of the Miami Open at Hard Rock Stadium in Florida.
3.00 PM LIVE **WTA & ATP Tennis** Coverage of the second day of the Miami Open staged at Hard Rock Stadium in Miami Gardens, Florida, featuring men's and women's first round matches. A trio of British men were involved in the opening round 12 months ago, with Jacob Fearnley claiming a 7-6 2-6 6-4 win over Benjamin Bonzi, but he was the only one to book his place in round two after Cameron Norrie and Billy Harris lost to Bu Yunchaokete and Eliot Spizzirri respectively.
3.00 AM **WTA & ATP Tennis**
4.00 **ATP Tour This Week**
4.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **Snooker World Open** Coverage from the second round on the third day of the tournament in Yushan, China.
9.00 **TNT Sports Cricket Reload**
9.15 **Sign Up – Into Football**
10.00 **LIV Golf** From Singapore.
11.00 **Premier League Netbusters**
11.30 LIVE **Snooker World Open** Further coverage from the second round on the third day of the tournament in Yushan, China.
2.30 PM **LIV Golf** From Singapore.
3.30 LIVE **UEFA Europa League** **SC Braga v Ferencvaros.** Coverage of the last-16 second-leg at Estádio Municipal de Braga. Kick-off **3.30pm**.
5.30 **Premier League Review**
6.30 **The Breakdown**
7.00 LIVE **UEFA Champions League** Coverage of a round-of-16 second-leg clash.
10.30 **Snooker World Open**
12.30 AM **Premier League Reload**
12.45 **The Breakdown**
1.00 **Serie A – Full Impact**
1.30 **PREM Rugby Cup**
2.30 **Ultimate Pool** Highlights.
4.00 **to 6.00** AM **Snooker World Open**

TNT Sports 2

411 414 522 409 431

7.30 AM **UEFA Champions League**
9.00 **UEFA Champions League Highlights Show** Recent action.
9.30 **UEFA Champions League – Stories of the Finals**
10.00 **PREM Rugby Cup**
11.00 **The Gruppetto** Cycling news.
11.15 LIVE **Women's Cycling Pro Series** Coverage of the Nokere Koerse from Flanders, Belgium.
1.00 PM **Cycling** Trofeo Alfredo Binda.
2.00 LIVE **Men's Cycling Pro Series** Coverage of the Nokere Koerse from Flanders, Belgium.
4.30 **Men's Cycling Pro Series**
5.00 LIVE **UEFA Champions League** Coverage of a round-of-16 second-leg clash.
8.15 LIVE **Women's Curling World Championship** **USA v Italy.** Coverage of the round-robin match from Markin MacPhail Centre in Calgary.
11.00 **Serie A – Full Impact**
11.30 **UFC** Josh Emmett v Kevin Vallejos.
2.30 AM **Men's Cycling Pro Series**
3.00 **International T20 Cricket**
4.00 **Women's T20 International Cricket** N Zealand v Sth Africa.
5.00 **to 6.00** AM **Premiership Women's Rugby**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights** Dallas Cowboys v Minnesota Vikings.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Pittsburgh Steelers v Miami Dolphins.
4.00 **Super League Highlights**
4.15 **Women's Super League** Highlights of St Helens v York Valkyrie in the 2024 Grand Final.
4.30 **Super League Highlights**
5.00 **NFL Highlights** Washington Commanders v Seattle Seahawks.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA on Fire** The latest news.
8.30 **NBA Basketball** A chance to see Boston Celtics v Detroit Pistons.
10.30 **Super Bowl LX Bitesize Highlights** Seattle Seahawks v New England Patriots at Levi's Stadium in Santa Clara, California.
10.45 **NFL Highlights** Carolina Panthers v Los Angeles Rams.
11.00 LIVE **NBA Basketball** **Boston Celtics v Golden State Warriors.** Coverage of the inter-conference match from TD Garden. Tip-off **11.00pm**.
1.30 AM **Super League**
4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast** The latest headlines and reports.
10.00 **Sky Sports FC** Interactive show covering major football headlines.
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk** Sports news with live analysis and comments.
3.00 LIVE **WTA & ATP Tennis** Coverage of day two of the Miami Open, a hard-court tournament from Hard Rock Stadium in Miami Gardens, Florida, featuring men's and women's first round matches. A trio of British men were involved in the opening round 12 months ago, with Jacob Fearnley claiming a hard-fought 7-6 2-6 6-4 win over Benjamin Bonzi, but he was the only one to book his place in round two after Cameron Norrie and Billy Harris lost to Bu Yunchaokete and Eliot Spizzirri, respectively. Meanwhile, the enigmatic Australian Nick Kyrgios was in action against Mackenzie McDonald, and came out on top via a 3-6 6-3 6-4 victory.
1.00 AM **EFL Greatest Games** Bolton Wanderers v Preston North End.
1.15 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Tennis** Indian Wells Open.
8.30 **Formula 1** Chinese Grand Prix.
9.30 **PL Greatest Games**
10.00 **TGL** Two match replays.
2.00 PM **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.30 **Formula 1** Chinese Grand Prix.
5.30 **Tennis** Indian Wells Open.
6.30 LIVE **WSL** **Chelsea v Brighton & Hove Albion.** Coverage of the Women's Super League match from Kingsmeadow. The hosts ended a four-game winless streak in the reverse fixture in December, as they took all three points thanks to a 3-0 victory. Kick-off **7.00pm**.
9.30 **Tennis** Indian Wells Open.
11.00 **Men's T20 World Cup**
12.00 M'T **Formula 1** From Shanghai.
1.00 AM **TGL** A match replay.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
6.30 **Serie A** Action from Italy.
8.30 **Premier League Review**
9.30 **Premier League Stories**
10.00 **Kenny Allstar's Number 1's**
10.15 **UEFA Europa League & Conference League Magazine**
11.15 **UEFA Champions League**
1.15 PM LIVE **Men's Cycling Pro Series** The Milan Turin in Italy.
3.15 **AIUla** The All Sports event.
4.15 **TNT Sports Cricket Reload**
4.30 **Premier League Netbusters**
5.00 **TNT Sports Reload**
5.30 **Ultimate Pool** Finals night.
7.00 LIVE **UEFA Champions League** Coverage of a round-of-16 second-leg clash.
10.30 **Women's Cycling Pro Series** Action from the Nokere Koerse.
11.30 **Men's Cycling Pro Series**
1.30 AM **UEFA Champions League**
3.30 **Serie A – Full Impact**
4.00 **LIV Golf** From Singapore.
5.00 **to 6.00** AM **Snow League**

TNT Sports 4

414 416 524 411 434

6.00 AM **AIUla** The All Sports event.
7.00 **WRC Review** Safari Rally Kenya.
8.00 **Supercars Championship**
10.00 **Alpine Skiing** Highlights.
1.30 PM **Biathlon** From Estonia.
3.30 **UEFA Champions League**
5.00 **Crouchy and Cole**
5.30 **Serie A** Como v AS Roma. **6.30** Lazio v AC Milan.
7.30 **Premier League Reload** A whirlwind catch-up from matchday 30 of the top flight.
7.45 LIVE **UEFA Champions League** Coverage of a round-of-16 second-leg clash.
10.00 **Discovery Golf** A weekly show featuring the latest news from the world of golf.
10.30 **Premier League Netbusters** A unique and fast-paced look at the best action from the top flight.
11.00 **PREM Rugby Cup** The final.
12.00 M'T **AFL** A replay of Collingwood Magpies v Adelaide Crows.
1.30 **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Eredivisie** Ajax v Sparta.
8.00 **Scottish Football Social Club**
9.00 **LaLiga Match Highlights**
10.00 **Argentine Primera**
12.00 NOON **NASCAR Highlights**
1.00 PM **Eredivisie Highlights**
2.00 **NHL Ice Hockey**
5.00 **Sporting Greats**
6.00 **NASCAR Highlights**
7.00 **Women's Football Weekly**
7.30 **KOTV Boxing Weekly**
8.00 **Brasileiro Serie A**
9.55 LIVE **Brasileiro Serie A** **Palmeiras v Botafogo.** Coverage of the match staged at Allianz Parque. Kick-off **10.00pm**.
12.00 M'T **Sporting Greats**
12.30 AM **NHL Tonight**
1.30 LIVE **NHL Ice Hockey** **Colorado Avalanche v Dallas Stars.** Coverage of the Western Conference match staged at Ball Arena. Face-off **1.30am**.
4.30 **NHL: This is Hockey**
5.00 **to 6.00** AM **NHL Specials**

Premier Sports 2

420 552

6.00 AM **Brasileiro Serie A**
8.00 **NHL Ice Hockey**
10.00 **Football's Greatest**
10.30 **Argentine Primera**
12.30 PM **LaLiga** Another chance to see Atletico Madrid v Getafe.
2.30 **Temples of Sport**
3.00 **Eredivisie** Feyenoord v Excelsior.
5.00 **Temples of Sport**
5.30 **NHL Specials** Florida Panthers' repeat victory in the Stanley Cup.
6.30 **Brasileiro Serie A** A chance to see Botafogo v Flamengo.
8.30 **Bike World** Magazine.
9.00 **NHL Ice Hockey** Montreal Canadiens v Boston Bruins.
11.00 LIVE **NHL Ice Hockey** **Carolina Hurricanes v Pittsburgh Penguins.** The Eastern Conference match from Lenovo Center. Face-off **11.00pm**.
2.00 AM **Temples of Sport**
2.30 **Motorsport** Valentino Rossi.
3.00 **URC in 60** The 12th round.
4.00 **to 6.00** AM **Eredivisie**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** From 2014.
10.00 **Indycar** Grand Prix of Arlington.
11.00 **Formula 1** Chinese Grand Prix.
12.00 NOON **F1 Academy Highlights**
2.00 PM **Indycar** From Arlington.
3.00 **Formula 1** Chinese Grand Prix.
4.00 **F1 Academy Highlights**
6.00 **Formula 1** Action from the Chinese Grand Prix sprint race. **7.00** The Chinese Grand Prix.
8.00 **Indycar** Grand Prix of Arlington.
10.30 **Formula 1** Chinese Grand Prix.
11.30 **Ted's Notebook**
12.00 M'T **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

19 March

Evening Planner

Football

Europa League & Conference League

TNT Sports, kick-offs 5,45pm & 8pm

Clubs including Nottingham Forest and Aston Villa learn their European fates.

Travelogue

Alexander Armstrong in India

5, 8pm

Alexander travels south to the tech capital of Bangalore, as his trip draws to a close.

Documentary

Black Waters: The Sea Empress Disaster

BBC2, 9pm (times vary)

Examining the environmental impact of the oil spill off the Welsh coast in 1996.

OnDemand

prime

Last One Laughing

Available today

A fresh group of comedians, plus defending champion Bob Mortimer, try to keep straight faces.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 MasterChef: The Professionals		9.00 The Apprentice		10.00 News; Local News	
	102 BBC2	7.00 Great British Menu		8.00 This Farming Life		9.00 Black Waters: The Sea Empress Disaster		10.00 Apprentice...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation...	9.00 Murderer Unmasked: True Crime...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Building Home		9.00 A Woman of Substance		10.00 24 Hours in A&E	
	105 5	7.00 Celebrity Puzzling		8.00 Alexander Armstrong in India		9.00 The Hotel Inspector		10.00 Manhunt: The Child Snatcher 2	
	106 SKY ONE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 Never Mind the Buzzcocks		10.00 Mr Bigstuff	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Top Gear		9.00 Louis Theroux's Weird Weekends			
	116 BBC4	7.00 Villages by the...	7.30 Wainwright...	8.00 The Normans		9.00 Film: Cabaret			
	118 ITV2	7.00 Wheel of Fortune		8.00 Ant & Dec's Limitless Win		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	‹ 6.50 The Dog House Australia		7.55 Grand Designs		9.00 The Antiques Riviera		10.00 999: On the Front Line	
	135 E4	7.00 The Simpsons	7.30 Married at First Sight Australia			9.05 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 FBI		10.00 Burn Notice	
	108 SKY ATLANTIC	‹ 6.35 True Detective: Night Country		7.55 Game of Thrones		9.00 The Bear			10.20 The Undoing
	110 U&GOLD	7.00 Are You Being Served?	7.40 Dad's Army		8.20 Are You Being Served?	9.00 I'm Alan Partridge			10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Endeavour	
	120 ITV4	7.00 Aussie Pickers		8.00 Ice Road Truckers		9.00 The 1% Club		10.00 Film: Kill Bill: Vol 2	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: What Women Want			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Film: Johnny Mnemonic			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Queens of Mystery		9.00 Blue Lights			10.20 New Tricks
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Shakespeare & Hathaway		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering: Roy Scheider		9.00 Classic Movies: The Story of The...		10.00 Film: A Fistful of Dollars	
	132 U&W	7.00 The Supervet at Christmas 2019		8.00 Honest Renovations		9.00 Louis Theroux: Shooting Joe Exotic			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Ed Stafford's Rite of Passage		10.00 In the Eye of the Storm	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Blood Ivory		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Northwoods Survival	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 History's Deadliest with Ving Rhames		10.00 The UnBelievable with Dan Aykroyd	
	155 U&YESTERDAY	7.00 Simon Reeve's South America		8.00 Bangers & Cash		9.00 Hunting Outback Gold		10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.55 The Civil War		8.00 Film: Robin Williams: Come Inside My Mind					10.20 Belushi
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 Materialists		8.00 Jurassic World: Rebirth					10.20 I Know What You Did...
	302 ASSASSINS	‹ 5.50 The Accountant		8.00 The Equalizer				10.15 The Equalizer 2	
	303 ROM-COMS	‹ 6.10 Sleepless in Seattle		8.00 Bridget Jones's Diary			9.40 Bridget Jones: The Edge of Reason		
	304 GREATS	‹ 5.35 Jerry Maguire		8.00 Cool Hand Luke				10.10 The Bodyguard	
	305 ANIMATION	7.15 10 Lives			8.45 The Sloth Lane				10.20 Rebellious
	306 FAMILY	‹ 6.00 Paul Blart: Mall Cop	7.45 The Last Airbender				9.35 The Karate Kid		
	307 ACTION	‹ 6.10 Rampage		8.00 Transformers: Revenge of the Fallen					10.30 xXx: Return...
	308 COMEDY	‹ 6.15 Two Weeks Notice		8.00 The Sweetest Thing			9.40 The Holiday		
	309 THRILLER	‹ 5.50 Jaws		8.00 The Alto Knights				10.10 Juror £2	
	310 DRAMA	‹ 5.40 The Blind Side		8.00 Terms of Endearment				10.15 Nuremberg	
	311 SCI-FI	‹ 5.40 It		8.00 A Quiet Place: Day One			9.45 Blade Runner		
	313 FILM4	‹ 6.40 Ad Astra				9.00 Ready or Not			
SPORT	401 MAIN EVENT	7.00 Premier League Darts – Live: Coverage of the seventh night of the tournament at 3Arena in Dublin							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Premier League 360 – Big Sam's Bolton				10.00 Big Interview	10.30 PL Stories
	403 FOOTBALL	7.00 EFL Goals		8.15 SPFL Highlights	8.45 EFL Highlights			10.00 Bundesliga...	10.30 EFL Goals
	405 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	7.00 Serie A – Full...	7.30 UEFA Europa League – Live: Aston Villa v Lille (Kick-off 8.00)						10.30 UEFA Europa...
	411 TNT SPORTS 2	‹ 5.00 UEFA Europa League – Live		8.15 UEFA Europa League – Live: AS Roma v Bologna (Kick-off 8.00)				10.00 LIV Golf	

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Bear Grylls: Wild Reckoning** Series finale A look behind the scenes of the programme. (S)(AD)
2.30 **Amanda & Alan's Spanish Job** (R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Repair Shop on the Road** New edition The team revive a camera recovered from the depths of Loch Ness. (S)(AD)
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 MasterChef: The Professionals

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Denise and Kim come up with a plan to fix things, Max makes an effort with Linda, while Billy's approach causes upset. (S)(AD)

8.00 **MasterChef: The Professionals** New edition 18/21. The semi-finalists deliver lunch service at an acclaimed restaurant in the Highlands, then cook a dish dedicated to someone special. (S)(AD)

9.00 **The Apprentice** New edition 8/12. The candidates get the chance to redeem themselves with another discount buying task – this time in the Isle of Wight. (S)(AD)
■ *The Apprentice: Unfinished Business* follows on BBC2

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, with a panel of politicians and other guests facing questions from the audience in Croydon. (S)
11.40 **Newscast** A panel of journalists host a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **Bear Grylls: Wild Reckoning**
6.30 **The Repair Shop on the Road** (R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz show. (S)(R)
2.30 **Chess Masters: The Endgame** (R)
3.00 **Clive Myrie's Italian Road Trip** Clive visits Palmero. (S)(R)(AD)
3.30 **Serengeti** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** The team examine interesting finds in Newport, Gwent. (S)(R)
5.15 **Flog It!** From Dorchester. (S)(R)
6.00 **Richard Osman's House of Games** New editions Double bill of the quiz show, featuring Steve Backshall, Steve Pemberton, Sam Quek and Rachel Riley. (S)

8.00 This Farming Life

7.00 **Great British Menu** New edition Andi Oliver presents as the two highest-scoring chefs from Wales cook their six-course menus again, and director Sally El Hosaini helps decide the winner. (S)(AD)

8.00 **This Farming Life** New edition 4/12. Adam and Lucy's cows must test negative for TB before they can be moved, while Gayle is banned from the lambing shed to protect her unborn child. (S)
■ Entire series on BBC iPlayer

9.00 **NEW Black Waters: The Sea Empress Disaster** Investigating the impact of the environmental disaster when a tanker ran aground off the Pembrokeshire coast, spilling 70,000 tons of oil into the sea. *See feature, page 21.* (S)(AD)

10.00 **The Apprentice: Unfinished Business** New edition 8/12. Angela Scanlon and guests examine the candidates' performances and analyse the latest task. (S)(AD)
10.30 **Newsnight** (S)
11.00 **FILM The King's Speech** Royal drama starring Colin Firth and Geoffrey Rush. An unconventional speech therapist is the future George VI's last hope to cure his crippling stammer. (S)(AD) (2010, 12, 110min) ★★★★★
12.50 AM **Sign Zone: Great British Menu** The chefs from Wales serve their mains and desserts. (S)(R)(AD)
1.50 **Sign Zone: Death in Paradise** (R)
2.50 **Sign Zone: The Walsh Sisters** (R)
3.40 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts as Chris Bisson, Ruth Madeley and Ardal O'Hanlon compete to win £50,000 for their chosen good causes. (S)(R)(AD)
2.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
3.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant tries to open the 22 red boxes in the right order. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7.30 **Tonight: Supermarket Prices – Does Loyalty Pay?** Food prices have surged in recent years and are now almost 40% higher than at the end of 2020, so Kate Quilton reports on what can be done to cut the cost of our weekly shop. (S)

8.00 **Emmerdale** Dylan is struggling as his court date approaches. (S)(AD)
8.30 **Coronation Street** The Driscolls make a shocking discovery as Megan's lie is exposed, while Theo keeps an eye on Todd's date. (S)(AD)

9.00 **Murderer Unmasked: True Crime Presents** New edition Focusing on the case of Alex Davies, an 18-year-old from Lancashire who was murdered in 2019 by Brian Healless, a man he met on a dating app. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Indiana Jones and the Last Crusade** Steven Spielberg's adventure starring Harrison Ford and Sean Connery. Indiana Jones and his father, medievalist Dr Henry Jones, tangle with the Nazis searching for the Holy Grail. With Denholm Elliott. (S) (1989, PG, 135min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **Teleshopping**
3.00 **Jimmy & Shivi's Farmhouse Breakfast** Jimmy Doherty and Shivi Ramoutar are joined by comedian Kevin Bishop. (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **The Floor** (S)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 14-16/28. (S11) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S5&6) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From New Orleans. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Our Farm in the Dales** 4/4. Lambing season. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition From The Drayton Crown, Somerset. (S)
5.30 **Come Dine with Me** New edition Tech entrepreneur Shane hosts the week's fourth dinner party. (S)
6.00 **A Place in the Sun: What Happened Next?** New edition Catching up with past house hunters in Portugal and Spain. (S)

5.30 Come Dine with Me

7.00 **News** (S)
7.55 **The Political Slot** Jack Middleton, the Scottish National Party candidate for Aberdeen Central, discusses the party's view that the Energy Profits Levy harms Scotland's energy industry. (S)

8.00 **George Clarke's Building Home** Keith and Kate are moving with their children from their home in Glasgow to Dunoon on the Firth of Clyde where they're turning a castle-like tower into their dream home. (S)(R)(AD)

9.00 **A Woman of Substance** New episode 4/8. A heavily pregnant Emma establishes a new life for herself. In the 1970s, Emma confronts Edwina and discovers Paula's secret romance. (S1) (S)(AD)
■ Entire series on C4 streaming

10.00 **24 Hours in A&E** Staff at Queen's Medical Centre in Nottingham treat Kaeden, a 16-year-old battling a serious childhood illness, who has been rushed in after developing a fever at home. (S)(R)(AD)
11.05 **24 Hours in A&E** A man is treated after slicing through his ankle with an angle grinder. (S)(R)(AD)
12.10 AM **Millionaire Hoarders** (S)(R)
1.05 **Ramsay's Kitchen Nightmares USA** Gordon revisits three eateries he tried to save. (S)(SL)(R)
1.55 **Couples Come Dine with Me** (R)
2.50 **Jamie: What to Eat This Week** (R)
3.45 **Jamie's One-Pan Wonders** (S)(R)
3.55 **Stacey Solomon's Renovation Rescue** (S)(SL)(R)(AD)
4.50 **Location, Location, Location** (R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **The Good Ship Murder** 7/8. The co-owner of an Ibiza night club is killed. (S3) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** Graham Boland welcomes new love into his life in the form of a puppy. (S)(R)(AD)
5.00 **News** (S)
6.00 **Love Nature** New edition A look at the work of the Vincent Wildlife Trust. (S)
6.05 **Susan Calman's Grand Day Out** The comedian explores the South Downs. (S)(R)
6.55 **News** (S)

8.00 Alexander Armstrong in India

7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts, with Kate Humble and Charlie Higson joining team captains Sally Lindsay and Carol Vorderman. (S)
7.55 **News** (S)

8.00 **Alexander Armstrong in India** Series finale 3/3. On the final leg of his trip, Alexander rides the Mumbai metro before heading south to Bangalore, India's booming tech capital. (S)(AD)

9.00 **The Hotel Inspector** New edition Alex Polizzi visits the commuter town of Horley to check into budget bed-and-breakfast Gatwick Turret, a 10-bedroom Victorian guest house near Gatwick Airport. (S)(AD)

10.00 **NEW SERIES** **Manhunt: The Child Snatcher 2** 1/2. Documentary examining the 1984 disappearance of seven-year-old Mark Tildesley from a Wokingham funfair, and the depraved gang of abusers involved. (S)
11.05 **Manhunt: Child Snatcher 2** Series finale 2/2. Concluding part of the documentary. (S)
12.05 AM **5 Mistakes That Caught a Killer** Levi Bellfield. (S)(R)
1.00 **Teleshopping** (S)(R)
2.30 **Friends** (S4) (S)(R)(AD)
2.55 **FILM** **Are You Being Served?** Comedy starring John Inman. (S) (1977, PG, 100min) ★★
4.35 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S1) (S)(R)
9.00 **NCIS: Los Angeles** (S13) (S)(R)
10.00 **Will & Grace** (S2) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1/2. (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **NCIS: Los Angeles** (S13) (S)(R)
3.00 **S.W.A.T.** 18/22. (S1) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 12/28. Michael reveals the details of Angela's affair with Dwight. (S)(R)
6.30 13/28. Michael and Dwight infiltrate a family-run paper company in a bid to steal their client list. (S5) (S)(R)

10.00 Mr Bigstuff

7.00 **The Simpsons** *Hostile Kirk Place:* Kirk goes on a crusade to censor the school curriculum. (S)(R)
7.30 *Pin Gal:* A face from Marge's past returns to coach her for a 10-pin bowling tournament. (S)(R)

8.00 **An Idiot Abroad** 2/8. Karl Pilkington arrives in India, where he attends a spring festival in which people throw coloured dye at one another, and pays a visit to the Taj Mahal. (S)(R)

9.00 **Never Mind the Buzzcocks** Comedy music quiz hosted by Greg Davies, with guests Mel Blatt, Betty Boo, Tom Davis, Keith Duffy and Shane Lynch joining captain Noel Fielding and regular panellist Jamali Maddix. (S)(R)(AD)

10.00 **Mr Bigstuff** 3/6. Glen steps up as acting manager of World of Carpets, but the power goes to his head. (S)(R)(AD)
10.30 4/6. Lee reveals more about the dodgy people who are after him. (S1) (S)(R)
11.00 **The Dyers' Caravan Park** 5/6. With playground plans blocked, the Dyers install a five-a-side football pitch for a staff v residents match. (R)
12.00 M'T **Grimm** 18/22. Nick and Hank investigate a string of murders. Guest stars Sebastian Roche. (S1) (S)(R)
1.00 AM **Police 24/7** (S)(R)
2.00 **Road Wars** (R)
3.00 **Hawaii Five-0** (S1) (S)(R)
4.00 **S.W.A.T.** 18/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.30am Bear Grylls: Wild Reckoning (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions (S) **2.00-2.30pm** Amanda & Alan's Spanish Job (S)(R) (AD) **7.00-7.30** River City (S)(R)(AD) **12.10am** Scotcast (S)(R) **12.40** Weather for the Week Ahead (S) **12.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
6.55-7.00pm Party Political Broadcast (S)(R) **10.40** The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
9.00-10.00pm **NEW** Written by Us (S) **11.00** **NEW** Black Waters: The Sea Empress Disaster (S) (AD) **12.00m't** Live at the Apollo (S)(R) **12.30-12.50am** BBC News (S)

WALES
Sky 968, Freesat 968
8.00pm Scrum V: The Warm Up (S) **8.30-9.00pm** The Hairy Bikers' Asian Adventure (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Richard Holt: Yr Academi Felys (AD) **12.30** Heno **1.00** Y Byd ar Bedwar **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Radio Fa'ma (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Stiwdio24/7 **6.30** Ralio+ **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Pawb a'i Farn New edition **10.00** **NEW** Barcud **10.30-11.35pm** Teulu, Dad a Fi (AD)

TV&Satellite Week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** The team head to Norway, where they follow the tracks of the lynx. **7.30** Steve Backshall takes a close look at dogs and wolves in Romania.
8.00 **Top Gear** Jeremy, Richard and James each get the chance to try out a rear-wheel-drive coupe.
9.00 **Louis Theroux's Weird Weekends** A Christian TV channel host invites Louis to be born again live on air. **9.50** A look into the American porn industry.
10.40 **FILM** **The Martian** Ridley Scott's sci-fi drama starring Matt Damon and Jessica Chastain. An astronaut left stranded on Mars has to find a way to survive for years on meagre resources. (2015, 12, 144min) ★★★★
12.55 AM **Tommy: The Good. The Bad. The Fury**
1.25 **Louis Theroux's Weird Weekends** Double bill.
3.05 **to 3.50** AM **Thailand: The Dark Side of Paradise**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

7.00 PM **Villages by the Sea** The history of Alnmouth in Northumberland.
7.30 **Wainwright Walks: Coast to Coast** Julia Bradbury crosses the Pennines.
8.00 **The Normans** The expansion toward southern Europe and the Middle East in the 11th century.
9.00 **FILM** **Cabaret** Oscar-winning musical starring Liza Minnelli. A cabaret singer working in decadent 1930s Berlin falls in love with a young Englishman. With Michael York and Joel Grey. (1972, 15, 128min) ★★★★★
11.00 **FILM** **New York, New York** Martin Scorsese's musical drama starring Liza Minnelli and Robert De Niro. An ambitious singer and a feckless jazz musician enjoy a turbulent relationship during the Big Band era. (1977, PG, 153min) ★★★
1.35 AM **Villages by the Sea**
2.05 **Wainwright Walks: Coast to Coast** As 7.30pm.
2.35 **to 3.35** AM **The Normans**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a Fiat X1/9 for a 53-year-old man with terminal cancer. **5.50** Tim and Fuzz come to the rescue of a VW Wizard.
6.50 **The Dog House Australia** Winnie's destructive behaviour could get in the way of finding a new home.
7.55 **Grand Designs** Kevin McCloud meets an adventurous couple who are spending £700,000 to build a curved glass family home in the Manchester suburb where they both grew up.
9.00 **The Antiques Riviera** Series finale 6/6. Janet and Brian have inherited pottery that they hope might be rare Chinese pieces and one glance from a dealer Jordan reveals mysterious bubbles in the glaze.
10.00 **999: On the Front Line** A woman wakes up in the night having a heart attack.
11.05 **999: On the Front Line** A man with multiple sclerosis is struggling to breathe.
12.10 AM **The Antiques Riviera**
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **Strangers on a Plane**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight...**
11.45 **First Dates**
12.50 PM **Ramsay's Kitchen Nightmares USA**
1.45 **The Simpsons**
2.45 **Modern Family**
3.15 **Married at First Sight Australia** Reality series.
5.00 **Celebrity Coach Trip**
6.00 **The Simpsons** Triple bill.
7.30 **Married at First Sight Australia** New edition Revelations Week escalates with a confrontational task that prompts shocking confessions, brutal opinions and a blazing arguments.
9.05 **Gogglebox** Opinions on *Starstruck, Married at First Sight Australia, Challenge Anneka, The Piano* and *Fall*.
10.05 **Gogglebox** Appraisals of *Gordon, Gino & Fred: Viva España* and *Beat the Chasers*.
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.15 **Married at First Sight Australia** Reality series.
2.45 **Gogglebox** As 9.05pm.
3.40 **Modern Family**
4.30 **The Goldbergs**
4.55 **to 6.00** AM **Don't Tell the Bride: Revisited**

primetime

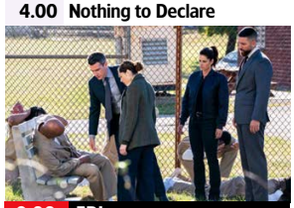
THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Nothing to Declare**
9.00 **Border Security USA**
10.00 **Brit Cops: Rapid Response**
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 6/22. (S7)
1.00 PM **The Rookie** 3/14. Nolan's mother pays a visit. **2.00** 4/14. Jackson has issues with his training officer. (S3)
3.00 **Law & Order: Criminal Intent** 5/21. A reporter's lover becomes the prime suspect in her murder. (S3)
4.00 **Nothing to Declare**



9.00 **FBI**

7 PM **7.00 Police 24/7** A special edition focusing on the unique relationship law enforcement has with fellow officers.

8 PM **8.00 Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM **9.00 FBI** New episode *Fade Away:* 7/22. An explosion rocks a Brooklyn apartment complex. (S8)

10 PM **10.00 Burn Notice** *Identity:* 3/14. Michael agrees to help his mother's friend, who was tricked by a con artist. (S1)
11.00 **The Rookie** 3/18. (S7)
12.00 M'T **FBI** 1/22. (S7)
1.00 AM **Matlock** 4/19. (S1)
2.00 **FBI: International** 5/21. (S1)
3.00 **Law & Order: Criminal Intent**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.55 **The Sopranos** 8&9/13. (S2)
10.00 **True Detective** 7&8/8. (S3)
12.35 PM **True Detective: Night Country** Six episodes of the drama, including at: **4.10** 4/6. Danvers and Navarro confirm the location of Annie's murder. **5.20** 5/6. Prior digs into the links between Tsalal and mining company Silver Sky. **6.35** 6/6. The truth about what happened to Annie and the Tsalal men unfolds. (S4)

9.00 **The Bear**

7.55 **Game of Thrones** *The Dance of Dragons:* 9/10. Mace Tyrell visits the Iron Bank, while in Meereen, Daenerys hosts a much-anticipated celebration of athleticism. (S5)

9.00 **The Bear** New episodes 3/8. Sydney struggles to gain the staff's respect. **9.40** 4/8. Carmy and Richie cater a children's birthday, while Tina and Sydney work together. (S1)
10.20 **The Undoing** *See No Evil:* 4/6. Attorney Haley Fitzgerald begins to shape the narrative of the murder case. (S1)
11.25 **Game of Thrones** 6/10. Jorah and Tyrion run into slavers. **12.30** AM 7/10. Sansa tries to talk to Theon. **1.40** 8-10/10. (S5)
5.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.20 **Real Housewives of Miami**
11.15 **Real Housewives of Beverly...**
12.10 PM **Ant & Dec's Limitless Win**
1.10 **Wheel of Fortune**
2.10 **The Only Way Is Essex**
3.10 **Real Housewives of Cheshire**
4.10 **Real Housewives of Atlanta**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

6.00 **Celebrity Catchphrase**

7.00 **Wheel of Fortune** Graham Norton hosts as contestants compete to solve word puzzles and win big money prizes.

8.00 **Ant & Dec's Limitless Win** A married couple are taking on the ladder with the goals of funding a family trip to Nigeria.

9.00 **Hell's Kitchen** New edition 2/16. The chefs must shuck and prepare the perfect scallop dishes.

10.00 **Family Guy** New episode 2/22. Peter realises that Joe has never found him to be funny. (S23) **10.30** 13/20. Stewie and Brian investigate murders in Victorian London. (S16)
11.00 **Family Guy** 18/20. Meg gets a place at Brown University. (S19)
11.30 **American Dad!** (S16)
12.35 AM **Bob's Burgers** (S14&13)
1.30 **Deal or No Deal**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *The Green Man:* Human skeletons are unearthed.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Changing Places:* A London police officer moves to a quiet village, where he encounters hostility from locals.

8.00 **Vera**

6.55 **Heartbeat** *Fruits of the Earth:* Nick pursues a party of drunken hikers, while Kate suffers abuse from her bullying husband.

8.00 **Vera** *Blood Will Tell:* DCI Vera Stanhope investigates the case of murdered entrepreneur Freddie Gill, whose legacy of unpaid debts and ruined lives leaves no shortage of suspects.

10.00 **Endeavour** *Sway:* Morse hunts a multiple murderer who is strangling married women across Oxford, but as the suspect list narrows, he and Thursday find their private lives turned upside down.
11.50 **A Touch of Frost** *Keys to the Car:* A stolen car is found with a body in the boot.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **The Big Match Revisited**
8.05 **Magnum, PI**
9.10 **Kojak**
10.15 **Boon**
11.25 **The Sweeney**
12.30 PM **Dempsey and Makepeace** *Out of Darkness.*
1.35 **Magnum, PI**
2.35 **Kojak**
3.45 **Boon**
4.50 **The Sweeney** *Trust Red:* A thief dies during a robbery.
5.55 **Minder** *Goodbye Sailor:* Terry and Arthur turn their hands to tobacco smuggling.

4.50 **The Sweeney**

7.00 **Aussie Pickers** A tip on a potential goldmine of a pick takes Lucas Callaghan and Adam McDonald to Nelson.

8.00 **Ice Road Truckers** Lisa Kelly aims to earn the male drivers' respect as she hauls a tricky car-carrier for the first time.

9.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

10.00 **FILM Kill Bill: Vol 2** The concluding half of Quentin Tarantino's epic action thriller starring Uma Thurman. (2004, 18, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Ligue 1 Highlights**
1.10 **Rabbit Hole** New episode
2.00 **Hell's Kitchen**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **The Entertainment Mix** New edition Culture and arts news, presented by Michelle McManus.
8.00 **Icons of Style** 1/2. Kirsty Wark explores the history of Scottish fashion.
9.00 **The Agency: Unfiltered** Co-founders Kirsten and Amy launch a contest to find a new influencer. **9.30** Amy and Kirsten overhear Livi saying that she doesn't want to be an influencer.
10.00 **Situationships with Sophie and Christine** New edition 5/8. Relationship advice.
10.30 **Martin Compston's Norwegian Fling** Martin and Phil celebrate Norway's National Day.
11.00 **Scotcast** Discussion.
11.30 PM **to 12.00** M'T **Scot Squad** 3/5. (S8)

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S5)
9.00 **Ballers** 5&6/10. (S2)
10.10 **Sex and the City** (S6)
11.25 **Entourage** (S8)
12.30 PM **Will & Grace** (S7)
1.30 **Sex and the City** (S6)
2.45 **Ballers** 7&8/10. (S2)
3.55 **And Just Like That...**
4.45 **The Office (US)** (S5)
5.45 **Will & Grace** (S7)
6.45 **Community** (S2)
7.45 **Sex and the City** 13/20. Carrie spends the night with Aleksandr. **8.20** 14/20. Carrie finds herself unable to stomach Aleksandr's romantic gestures. (S6)
9.00 **Ricky Gervais Live: Animals** Stand-up show.
10.30 **Last Week Tonight with John Oliver** Talk show.
11.15 **NEW Saturday Night Live: Best of Chris Rock**
12.35 AM **And Just Like That...**
1.35 **Sex and the City** (S1)
2.40 **Community** (S2)
3.40 **Ballers** 4/10. (S2)
4.20 **to 5.00** AM **Barry**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Notre-Dame: The Renaissance**
8.00 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Stories from Tate Britain** Documentary.
3.00 **Beyond the Brush**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **Classic Movies: The Story of The Graduate**
10.00 **FILM A Fistful of Dollars** Spaghetti Western with Clint Eastwood. (1964, 15, 96min) ★★★★★
11.55 **The Directors**
12.55 AM **I Am Bruce Lee**
2.55 **Katharine Hepburn: Call Me Kate**
4.50 **Arts Uncovered**
5.00 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 4/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** *Where No One Has Gone Before:* 6/26. The propulsion system backfires. (S1)
8.00 **Primeval** 9/10. (S3)
9.00 **Band of Brothers** (S1)
11.35 **Grimm** 12/13. (S6)
12.35 AM **Warrior** 8/10. (S2)
1.30 **The Force: Manchester**
2.30 **Brit Cops: Frontline Crime UK** Documentary.
3.30 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Beat the Chasers**
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Jemma tries to open the 22 red boxes in the right order, taking on the Banker for the chance to win a cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** Husband-and-wife team Richard and Lorna finish their game before postman David and his partner Aaron get their chance.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Location, Location, Location** Hertfordshire.
10.00 **Stacey Solomon's Renovation Rescue**
11.00 **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **A New Life in the Sun** From France.
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: What Happened Next?**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location**
7.00 **Inside the World's Most Luxurious Cruises**
8.00 **The Dog House** The Bodley family meet cockapoo twins Milo and Mable.
9.00 **24 Hours in A&E**
10.00 **The Push: Murder on the Cliff** Double bill.
1.00 AM **Gogglebox**
3.00 **Open House: The Great Sex Experiment**
4.00 **to 4.55** AM **Naked Attraction**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 23/26. (S6)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 24/26. (S6)
2.00 **Warehouse 13** 7&8/13. (S1)
4.00 **Stargate SG-1** 16/22. (S3)
5.00 **Star Trek: Voyager** 26/26. Chakotay learns that he has become a father. (S2)
6.00 **Star Trek: The Next Generation** 23/26. A legendary Klingon leader returns. (S6)

11.00 **Anti-Life**

7.00 **Star Trek: Deep Space Nine** *Time's Orphan:* 24/26. O'Brien's young daughter is transformed into a wild teenager. (S6)

8.00 **Stargate SG-1** *Urgo:* 16/22. The crew members awake to find computer chips have been planted in their brains. (S3)

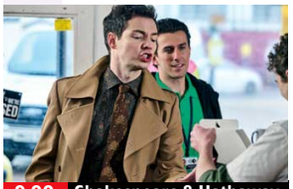
9.00 **FILM Johnny Mnemonic** Futuristic thriller starring Keanu Reeves as a 21st-century courier with a micro-chip in his brain who undertakes one final, dangerous mission. With Dolph Lundgren, Ice-T and Dina Meyer. (1995, 15, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **FILM Anti-Life** Sci-fi action adventure starring Bruce Willis. (2020, 15, 93min) ★★
1.00 AM **True Blood** 5/10. An unwilling Sookie hosts a party. **2.00** 6/10. Sookie makes a shocking discovery. **3.00** 7/10. Sookie hopes for a miracle to save Bill. (S7)
4.00 **to 6.00** AM **Warehouse 13**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 11/23. (S1)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder**
1.00 PM **Death in Paradise** (S7)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 11/23.(S1)
5.00 **Hudson & Rex** 8/8. A man is stabbed by an intruder who left no trace of a break-in. (S7)
6.00 **My Life Is Murder** 9/10. Alexa jumps at the opportunity to prove that all clairvoyants are frauds. (S1)



9.00 **Shakespeare & Hathaway**

7.00 **Father Brown** *The Angel of Mercy:* The sleuthing priest is suspicious when Mrs McCarthy's friend dies in her sleep.

8.00 **Death in Paradise** *Meditated in Murder:* 6/8. The leader of a spiritual retreat is found strangled. (S7)

9.00 **Shakespeare & Hathaway: Private Investigators** 6/10. A local vigilante accidentally ruins a operation. (S5)

10.00 **Father Brown** *The Deserving Poor:* The priest investigates when an old friend is arrested for murder at an Almshouse.
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S7)
1.00 AM **My Life Is Murder** (S1)
2.00 **The Red King** 4/6. Grace makes a shocking discovery about her theory. (S1)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.30 **The Green Green Grass**
9.10 **Are You Being Served?**
9.50 **Last of the Summer Wine**
11.05 **Dad's Army**
11.45 **Are You Being Served?**
12.20 PM **Keeping Up Appearances**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Hi-de-Hi!**
3.00 **Are You Being Served?**
4.20 **Dad's Army**
5.00 **Last of the Summer Wine**
6.20 **Keeping Up Appearances**

7.00 **Are You Being Served?**

7.00 **Are You Being Served?** Grace Bros acquire a new security system.
7.40 **Dad's Army** The vicar and the verger enlist in the Home Guard.
8.20 **Are You Being Served?** Old Mr Grace asks the staff to come up with money-making ideas.

9.00 **I'm Alan Partridge** Alan insults Norfolk's farmers with insensitive remarks. **9.40** Alan prepares for a Bank Holiday James Bond film marathon.
10.20 **Men Behaving Badly** Gary and Dorothy's wedding day arrives.
11.00 **Harry Enfield's Television Programme** Sketch show.
11.35 **I'm Alan Partridge**
12.55 AM **Men Behaving Badly**
1.35 **Hi-de-Hi!**
2.25 **Harry Enfield's Television...**
2.55 **Don't Wait Up**
3.30 **to 4.00** AM **The Green Green Grass**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Hairy Bikers' Best of British** Focusing on pub food.
8.00 **Border Force: America's Gatekeepers** Double bill.
10.00 **Railroad Australia**
11.00 **Rick Stein's Far Eastern Odyssey** As 6.00pm.
12.00 NOON **Border Force: America's Gatekeepers**
2.00 PM **Guy Martin: Proper Jobs**
3.00 **Top Gear** Double bill.
5.00 **Hairy Bikers' Best of British**
6.00 **Rick Stein's Far Eastern Odyssey** The chef ends his adventure in Bangladesh.

9.00 **QI XL**

7.00 **Would I Lie to You?** With Chris McCausland, John Cooper Clarke, Judi Love and Caroline Quentin.
7.40 **Richard Osman's House of Games** With David James, Denise Lewis, Isy Suttie and Rhys James. **8.20** With Sara Barron and Anton Du Beke.

9.00 **QI XL** Guests Sarah Millican, Eddie Kadi and Noel Fielding join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts the satirical quiz, with Munya Chawawa and Jo Brand.
11.00 **Taskmaster** David Baddiel wields a sledgehammer.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You? The Unseen Bits**
1.20 **Would I Lie to You?**
2.00 **to 4.00** AM **Jamali Maddix: Follow the Leader**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
7.45 **The Bill**
8.40 **Doctors**
9.55 **Classic Holby City**
10.55 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** James comes to the aid of an isolated family.
3.10 **Howards' Way**
4.20 **Shakespeare & Hathaway: Private Investigators**
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

8.00 **Queens of Mystery**

7.20 **Last of the Summer Wine** Howard discovers the pitfalls of using a mobile phone while animal-watching.

8.00 **Queens of Mystery** *Smoke & Mirrors – First Chapter:* 5/6. Mattie searches for clues about her missing mother. (S1)

9.00 **Blue Lights** *Love the One You're With:* 6/6. After the shooting, the recruits are determined that the McIntyres will pay. (S1)

10.20 **New Tricks** *Wicca Work:* The team track down members of a witches' coven while trying to solve a 10-year-old murder.
11.40 **Shakespeare & Hathaway: Private Investigators**
12.40 AM **The Inspector Lynley Mysteries** *A Suitable Vengeance:* Crime drama.
2.40 **Birds of a Feather**
3.10 **to 4.00** AM **The Marlow Murder Club**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 17-19/24. (S7)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Enemies Foreign:* 8/24. The team are ordered to protect Ziva's father. **7.00** *Enemies Domestic:* 9/24. The safe house is attacked, leaving Vance in hospital and Eli missing. **8.00** *False Witness:* 10/24. A navy officer preparing to testify goes missing. (S8)
9.00 **Blue Bloods** *Higher Standards:* 7/19. Jamie and Frank cannot see eye to eye. **10.00** *Friends in High Places:* 8/19. Erin considers an opportunity presented to her by Mayor Peter Chase. (S10)
11.00 **Law & Order: Special Victims Unit** (S23)
2.40 AM **Law & Order: Criminal Intent** (S6)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Car Pound Cops**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** An elderly pedestrian is run over by a motorcycle.
10.00 **Ambulance: Code Red** A collision between two motorcyclists issues a code red call out.
11.00 **Skin A&E**
12.00 M'T **Call the Bailiffs: Time to Pay Up**
1.00 AM **Nightmare Tenants, Slum Landlords**
2.00 **GPs: Behind Closed Doors** Medical series.
2.45 **Skin A&E**
3.35 **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
12.00 NOON **FILM A Man Alone** Western. (1955, U, 96min) ★★★
2.00 PM **FILM Run for Cover** Western starring James Cagney and John Derek. (1954, PG, 92min) ★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** A truck driver admits he has been drinking in his cab.
9.00 **Trucking Hell: Bridge Strike Chaos** A 28-ton truck crashes in London, blocking a railway bridge.
10.00 **Outback Truckers** Justin Harrison is put in a precarious situation.
11.00 **The X-Files** 9/24. (S1)
12.00 M'T **Mud Mountain Haulers** Documentary.
1.00 AM **Outback Truckers**
2.00 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **MasterChef Australia** Culinary show.
7.30 **Inside the Ambulance**
8.00 **Tipping Point**
10.00 **DIY SOS: Grenfell**
11.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **My Dream Home**
6.00 **DIY SOS: Grenfell**
7.00 **The Supervet at Christmas** Festive edition following Noel Fitzpatrick as he treats former rescue dogs.
8.00 **Honest Renovations** New edition Dianna and Eric always had a DIY attitude, but after a baby, do-it-yourself turned into do-it-later.
9.00 **Louis Theroux: Shooting Joe Exotic**
11.00 **Deepfake Porn: Could You Be Next?**
12.10 AM **Face to Face with Armageddon**
1.15 **to 3.00** AM **Alex Jones: Making Babies**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Villages by the Sea**
8.00 **Bangers & Cash**
10.00 **War Factories**
11.00 **Rise of the Nazis: The Manhunt**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **War Factories**
5.00 **Rise of the Nazis: The Manhunt**
6.00 **Antiques Roadshow**
7.00 **Simon Reeve's South America**
8.00 **Bangers & Cash** New edition Charlie heads off on his first solo collection, picking up an Austin van from the North York Moors.
9.00 **Hunting Outback Gold** New edition The team explore a 100-year-old mining claim.
10.00 **Bangers & Cash**
2.00 **to 3.00** AM **A Very British Murder with Lucy Worsley**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Derbyshire Auction House**
4.00 **Long Lost Family: Born Without Trace**
6.00 **Money for Nothing**
7.00 **Salvage Hunters**
8.00 **Antiques Road Trip** Natasha encounters a Nigerian prince in the most unlikely of places.
9.00 **Ghosts off Grid** New edition Johnny and Jordyn explore Prohibition-era tunnels in Moose Jaw, Canada.
10.00 **Help! My House Is Haunted** Four editions.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Thursday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 17-19/25. (S1)
1.00 PM **The Waltons** (S5)
3.00 **Ballykissangel** (S4)
4.10 **Born and Bred** (S3)
5.20 **Doctor Finlay** 8/8. (S4)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 9/25. The 4077th shelter a group of Korean orphans. **8.00** 10/25. A wounded officer arrives and claims he is Jesus Christ. **8.30** 11/25. Father Mulcahy receives a visit from a superior. (S4) **9.00** 16/16. Casualties flood in to the station during the last days of the war. (S11)
11.30 **The New Avengers**
12.30 AM **The Avengers** (S6)
1.30 **M*A*S*H** 9&10/25. (S4)
2.25 **Home to Roost** (S1)
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM Miami Magma** Sci-fi disaster movie. (2011, 15, 97min) ★★
11.00 **The Baron** 28/30. (S1)
12.00 NOON **FILM We Dive at Dawn** World War Two submarine drama. (1943, b/w, U, 97min) ★★★
2.10 PM **FILM Triple Cross** Espionage thriller. (1966, PG, 126min) ★★
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S6)
8.00 **The Baron** 29/30. (S1)
9.00 **FILM The Vault** Thriller with Freddie Highmore. (2021, 15, 118min) ★★
11.25 **FILM The Hatton Garden Job** Fact-based drama starring Stephen Moyer and Larry Lamb. (2017, 15, 93min) ★★★
1.25 AM **The Baron** (S1)
2.35 **FILM McLintock!** Comedy Western. (1963, U, 127min) ★★★
4.40 **to 5.50** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM An Inheritance to Die For: A Teagarden Mystery** (2019, PG) ★★
10.05 **In Plain Sight** 8/12. (S1)
11.05 **Castle** 19/23. (S7)
12.05 PM **FILM Martha's Vineyard Mysteries: Ships in the Night** Drama. (2021, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 20/23. (S7)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 9/12. (S1)
10.00 **FILM Ruby Herring Mysteries: Silent Witness** Crime drama. (2019, PG, 90min) ★★
11.55 **FILM Aurora Teagarden Mysteries: Haunted by Murder** (2022, U) ★★
1.50 AM **FILM Nightmare Neighbourhood Moms** Thriller. (2022, 12) ★★
3.20 **to 5.00** AM **FILM The House on the Hill** Thriller. (2019, 12, 90min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Puppy Love** Drama. (2012, U) ★★
10.10 **FILM Welcome to Valentine** Drama. (2023, PG, 85min) ★★
12.05 PM **FILM A Town Called Love** Romantic drama. (2023, U, 89min) ★★
2.05 **FILM Luckless in Love** Comedy. (2023, PG) ★★
4.05 **FILM Love Hacks** Drama. (2022, PG) ★★
6.05 **FILM Summer of Dreams** Comedy. (2016, PG, 90min) ★★
8.00 **FILM The Love Gala** Romantic comedy. (2023, PG, 86min) ★★
10.00 **FILM Sister Dating Swap** Romantic comedy. (2023, PG, 89min) ★★
12.00 M'T **FILM Christmas on Honeysuckle Lane** Drama with Alicia Witt. (2018, PG, 90min) ★★
2.05 AM **Highway to Heaven**
3.10 **to 5.00** AM **FILM Luckless in Love** (2023)

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Marcus Wareing's Tales from a Kitchen Garden**
12.45 PM **Edwardian Farm**
2.00 **My Floating Home**
3.00 **New Home DIY**
4.00 **Supermarket Secrets Revealed**
5.00 **Edwardian Farm**
6.15 **Marcus Wareing's Tales from a Kitchen Garden**
7.00 **Garden Rescue**
8.00 **My Floating Home**
9.00 **Supermarket Secrets Revealed**
10.00 **FILM The Deadly Females** Comedy starring Rula Lenska. (1976, 15, 105min) ★★
12.00 M'T **FILM Skyfire** Thriller. (2019, 12, 97min) ★★★
2.00 AM **Marcus Wareing's Tales from a Kitchen Garden** A lesson in perfecting compost.
2.45 **Edwardian Farm**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Rewind Jukebox**
11.00 **Shine on Harvey Moon**
12.05 PM **The Dustbinmen**
12.35 **Agony** (S3)
1.05 **Star Maidens** 2/13. (S1)
1.35 **Boon** 13/13. (S3)
2.40 **The Prime of Miss Jean Brodie** 5/7. (S1)
3.45 **Hank the Cowboy**
4.00 **Secrets of the Coast**
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S2)
6.30 **Star Maidens** 2/13. (S1)
7.00 **Agony** (S3)
7.30 **The Gaffer** 1/7. (S3)
8.00 **Boon** 13/13. (S3)
9.05 **Drop the Dead Donkey**
10.05 **The Man Who Made Husbands Jealous**
11.10 **FILM The Deadly Companions** Western. (1961, PG, 90min) ★★★
1.10 AM **Stereo Underground**
2.10 **Hank the Cowboy**
2.25 **to 6.00** AM **Highlights**

DMAX

158 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Extinct or Alive**
10.00 **Deadliest Catch**
12.00 NOON **Curse of the Frozen Gold**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A sudden shift in sea temperature displaces the crabs and causes trouble for the fleet. **8.00** Following life aboard ship in the Alaskan crab-fishing fleet.
9.00 **Expedition X**
10.00 **Expedition Unknown**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 258 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Paul Hollywood: City Bakes** Double bill.
7.00 **The Hairy Bikers' Mediterranean Adventure** From Spain.
8.00 **The Pioneer Woman**
9.00 **Jamie Cooks Italy**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin's French Adventure**
3.00 **The Hairy Bikers' Mediterranean Adventure** From Spain.
4.00 **The Pioneer Woman**
5.00 **Jamie Cooks Italy**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **James Martin's Islands to Highlands** Culinary delights of Yorkshire. **10.00** A tour of the Lake District.
11.00 **Man v Food**
12.00 M'T **Diners, Drive-Ins and Dives** Four editions.
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 3/22. (S6)
9.00 **The A-Team** 11/13. (S5)
10.00 **The Invaders** (S2)
11.00 **FILM Age of Ice** Disaster movie. (2014, 15, 85min) ★
12.45 PM **FILM Mackenna's Gold** Western adventure. (1968, 15, 136min) ★★★
3.15 **FILM Gunfighters** Western. (1947, PG) ★★
5.00 **Star Trek** 13/24. (S3)
6.00 **The Invaders** (S2)
7.00 **The A-Team** 12/13. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM King Arthur** Action adventure. (2004, 12, 126min) ★★★
11.35 **FILM Escape from New York** Futuristic action adventure. (1981, 15, 99min) ★★★★
1.40 AM **FILM The Business** Drama with Danny Dyer. (2004, 18, 97min) ★★
3.30 **to 5.15** AM **FILM The Virginian** Western. (2014, 12, 90min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM American Warships** Sci-fi thriller. (2012, 15, 85min) ★★
11.00 **The Lost World** (S3)
12.00 NOON **FILM Monster Hunters** Thriller. (2020, 15, 88min) ★
2.00 PM **FILM Meteor Moon** Sci-fi action adventure. (2020, PG, 80min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Wild Horses** Contemporary Western. (1985, PG, 95min) ★★
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 6/22. (S3)
9.00 **FILM Who Dares Wins** Thriller with Lewis Collins. (1982, 18, 124min) ★
11.30 **FILM Southern Fury** Crime action thriller starring Adrian Grenier. (2017, 18, 97min) ★★
1.25 AM **FILM Gun** Thriller. (2010, 18, 79min) ★★
3.00 **FILM Wild Horses**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Mountain Men**
12.10 PM **Swamp People**
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Encounter: UFO**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There**
11.00 **UFOs: Why Are They Here?** Documentary.
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **Encounter: UFO**
2.00 **Ancient Aliens**
3.00 **Mountain Men**
3.45 **Swamp People**
4.35 **to 6.00** AM **Highlights**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **The Cotswolds with Pam Ayres**
11.00 **Ben Fogle: New Lives in the Wild** New Zealand.
12.00 NOON **Nazi Megastructures**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Abandoned Engineering**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** A couple who breed alpacas in Spain.
9.00 **The Meghan Effect: How She Shook Up the Royal Family**
10.30 **William & Kate: The Royal Wedding Minute by Minute** A
12.00 M'T **Wentworth Prison**
1.00 AM **22 Kids & Counting**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Edwina Currie takes on Mark Durden-Smith in the quiz show.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
4.00 **Bridge of Lies** Quiz.
5.00 **The Bidding Room**
6.00 **Tenable** Five friends from Birmingham take part.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** With guests Alex James, Ann Widdecombe, Sara Cox and Eamonn Holmes.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory**
9.00 **90 Day: The Single Life** New edition A girls' night out in the DR threatens to end Sophie and Liz's friendship, Vanja asks Tony to define their relationship, and Gino meets Natalie's friends.
10.00 **Sister Wives** New edition Mykelti and Tony drive right into a tornado as Christine and David help them move to North Carolina, while Kody and Robyn decide to begin anew.
11.00 **Dr Pimple Popper: Breaking Out**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** With Olly Murs.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 3-8/25. (S7)
1.00 PM **Friends** (S6&7)
9.00 **FILM What Women Want** Romantic comedy starring Mel Gibson. A chauvinistic advertising executive wakes up after a serious accident to find he has the ability to hear women's thoughts. (2000, 12, 127min) ★★★
11.30 **Iain Stirling's Roast the Internet**
12.30 AM **Whose Line Is It Anyway? USA**
2.00 **South Park** (S16)
3.00 **John Mulaney: New in Town** Stand-up comedy.
3.40 **Fat Chat with Desiree Burch** With Sofie Hagen.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 1&2/25. (S7)
7.00 **Teleshopping**
9.00 **Spin City** 15&16/26. (S3)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S10)
1.00 PM **Criminally Funny**
2.30 **Gods of the Game**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 15/26. A video tape causes friction. **6.30** 16/26. Stacy tries to dupe Paul. (S3)
7.00 **Everybody Loves Raymond** 3-8/25. (S7)
10.00 **Friends** 12-17/25. (S6)
1.00 AM **The Ricky Gervais Show** Double bill.
2.00 **Whose Line Is It Anyway? USA**
3.00 **Reno 911!** (S6)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.50 **Steptoe and Son** (S4)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.30 PM **Man About the House** 3/7. Sitcom. (S6)
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 5/13. Sitcom. (S1)
2.40 **Minder** 3/10. (S5)
3.45 **Just Good Friends** (S1)
4.20 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 1/6. Sitcom. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S4)
6.45 **Rising Damp** 4/6. (S4)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 3/11. (S1)
9.00 **Benidorm** 7/7. (S7)
9.55 **Shameless** 3/16. (S6)
11.00 **Man About the House**
11.30 **Rising Damp** 4/7. (S3)
11.55 **Benidorm** 7/7. (S7)
12.55 AM **Minder** 7/13. (S2)
2.00 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom: From the Beginning** Reality show.
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **Extreme Hair Wars: The Final** The fantasy hair contest reaches its final round.
9.00 **Skin A&E**
10.00 **Sleeping with My Murderer** Nat Fraser.
11.00 **Caught in the Act: Double Life**
12.00 M'T **Ridiculousness** New editions Double bill.
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

19 March **Thursday**

Thursday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made: Dream Cars** Double bill of editions.
7.00 **Diesel Brothers**
9.00 **Hoffman Family Gold**
11.00 **Overhaulin'** Double bill.
1.00 PM **Gold Rush**
3.00 **How It's Made** Four editions of the series, including at: **4.00** Bowling balls, barber poles, felt and radar guns. **4.30** Making copper pipe fittings and pepper mills.
5.00 **Alaska: Homestead Rescue** The Raneys bring homesteading mastery to a Vermont couple.

9.00 Rite of Passage

7.00 Wheeler Dealers Car dealer Mike Brewer and mechanic Ant Anstead restore a 1971 Chevrolet C10 Truck.

8.00 Wheeler Dealers Mike and Ant restore a 1970 Volkswagen Fastback that they can sell for a profit at their LA based shop.

9.00 Ed Stafford's Rite of Passage New edition Ed travels to the Ecuadorian rainforest to meet the Waorani.

10.00 In the Eye of the Storm First-hand accounts of deadly storms, featuring a tornado that tears through Midwest America.

11.00 **Expedition Bigfoot** Bryce reaches out to an ex-federal agent for an explanation.
12.00 M'T **Deadliest Catch**
1.00 AM **Ed Stafford's Rite of Passage** As 9.00pm.
2.00 **In the Eye of the Storm**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Wild Dubai** Documentary.
10.00 **Tanked** A hotel aquarium.
11.00 **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** A man who owns two Savannah cats. **4.00** A Texan couple are becoming disturbed by their kitty's night-time terrors.
5.00 **Lone Star Law** The wardens attend to a capsized canoe.
6.00 **Dr Jeff: Rocky Mountain Vet** A dog needs knee surgery.

7.00 Treehouse Masters

7.00 Treehouse Masters Pete Nelson returns to Texas to build a sophisticated treehouse in the heart of Dallas.

8.00 Blood Ivory The rangers' anti-poaching operation causes problems for other government agencies.

9.00 Alaska: The Last Frontier Atz Lee and Jane hunt for black bears, but soon find themselves coming face to face with a grizzly.

10.00 Alaskan Bush People A hungry bear breaks into Noah's tent and terrifies the livestock.

11.00 **The Haunted** The alleged spirit of a man terrorising dogs.
12.00 M'T **Crikey! It's the Irwins** Terri helps determine whether a rhino is pregnant.
1.00 AM **Preposterous Pets**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Dutch Caribbean Coastguards** Documentary.
9.00 **Air Crash Investigation**
10.00 **Lost Treasures of Angkor: Ancient Laos Revealed**
11.00 **Strangest Things**
12.00 NOON **Engineering Europe**
1.00 PM **Car S.O.S** Frogeye Sprite.
2.00 **Air Crash Investigation**
3.00 **Seconds from Disaster**
4.00 **Amsterdam Central 24/7**
5.00 **Car S.O.S** A Wolseley Hornet.
6.00 **Inside Melbourne Airport** An assistance dog makes his final flight before he retires.

10.00 Northwoods Survival

7.00 Air Crash Investigation Exploring the mysterious accident involving Arrow Air Flight 1285, a crash that killed 248 soldiers.

8.00 Car S.O.S New edition Tim and Fuzz take on a Mercedes SLK, but this stylish roadster hides major mysteries.

9.00 Car S.O.S Restoring a Ferrari 308 GTS for a retired police sergeant who paused the project to support his family.

10.00 Northwoods Survival New edition The locals demonstrate the skills and strategies needed for thriving in deep winter.

11.00 **Air Crash Investigation**
12.00 M'T **Inside Airport Lost & Found** Documentary.
1.00 AM **To Catch a Smuggler**
2.00 **Made in a Day**
2.30 **Lords of War** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Full Custom Garage**
6.55 **Adventure Gold Diggers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **The UnBelievable with Dan Aykroyd**
2.00 **Storage Hunters** Eight editions, including at: **5.00** Desert Dan returns. **5.30** Brandon Bernier hopes to make an impact.
6.00 **American Pickers** Mike and Danielle scour a sensory-overload attic in Detroit.

8.00 Swamp People

7.00 Forged in Fire One competitor cracks under the pressure as the bladesmiths must create a san mai billet.

8.00 NEW SERIES Swamp People Return of the documentary. A flash-flood from the north sends the bayou into a tailspin.

9.00 History's Deadliest with Ving Rhames New edition The actor investigates some of history's most evil tyrants.

10.00 The UnBelievable with Dan Aykroyd New edition Revealing the strangest-but-true stories in human history.

11.00 **The UnXplained with William Shatner** A look at whether time travel has already occurred, on purpose or by accident.
12.00 M'T **Storage Hunters**
2.50 AM **History's Deadliest with Ving Rhames** As 9.00pm.
3.40 **Swamp People** As 8.00pm.
4.25 **Pawn Stars**
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Good Fight Club**
7.00 **Discovering: Matthew McConaughey** A profile.
8.00 **The Directors**
8.55 **The Invisible Pilot**
10.00 **The Civil War**
11.05 **The Sixties**
12.00 NOON **Love Means Zero**
1.50 PM **My Icon: Heather Watson**
2.00 **McEnroe** The career of former tennis star John McEnroe.
4.00 **Discovering: Matthew McConaughey** A profile.
5.00 **The Directors**
5.55 **The Invisible Pilot**

10.20 Belushi

6.55 The Civil War 4/9. The Union army's failure to achieve a decisive victory by the spring of 1863. **7 PM**

8.00 FILM Robin Williams: Come Inside My Mind A portrait of the life and work of the comedian and actor, featuring previously unseen footage and interviews with those closest to him. (2018, 12, 117min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●● **8 PM**

9 PM

10.20 Belushi The story of comedy star John Belushi, who captured the hearts of audiences worldwide before his tragic death aged 33. **10 PM**

12.30 AM **George Carlin's American Dream** 1&2/2. Documentary chronicling the life and work of the legendary stand-up comedian whose inspirational career spanned five decades.
4.40 **My Icon: Rachel Yankey**
5.00 **to 6.00** AM **Discovering: Matthew McConaughey**

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
4.00 **Celebrity Yorkshire Auction House**
6.00 **Antiques Road Trip**
8.00 **Shed and Buried**
9.00 **Outback Opal Hunters** New edition The Blacklighters have just one week left to strike opal before the summer heat shuts them down.
10.00 **Richard Hammond's Workshop** Richard attempts to upgrade his racing licence.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **10 Steps to Murder**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** David Edwards and Jodie Nicholson.
8.00 **Murder on CCTV** The hunt for Kelsey Smith.
9.00 **Evil Lives Here** New edition A women's crush comes to her rescue, but she's soon fighting for her life.
10.00 **Your Worst Nightmare**
11.00 **Judge Rinder's Crime Stories** Conner Marshall.
12.00 M'T **American Monster**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** Patients of respected GP Harold Shipman begin dying in unusually high numbers.
8.00 **Fraud Squad** An NHS manager cooks up a scam to line his pockets with £250,000.
9.00 **Storm of Suspicion** New edition A fresh coat of snow helps investigators uncover secrets and lies.
10.00 **Britain's Almost Perfect Murders** New edition After Thomas Downey is found murdered in Bath on Christmas Eve 2014, DNA and CCTV lead to Darrell Richards being jailed.
11.00 **Bloodline Detectives**
12.00 M'T **Judge Judy**
4.35 AM **Facing Evil**
4.55 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **The Killer You Know**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **The Killer You Know**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A woman dies after appearing to suffer side-effects from prescribed drugs. **5.30** Officers struggle to catch a woman's killer when vital evidence is washed away in a ravine. **6.00** A 11-year-old girl's body is discovered 10 days after she originally disappeared. **6.30** A woman about to testify against her attacker is murdered in her front garden.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **The Force**
7.00 **Brit Cops: Law & Disorder** Documentary
8.00 **Britain's Longest Road**
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation**
12.00 NOON **Killer in My...**
2.00 PM **Killing Mum and Dad**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Catching the Killer**
10.00 **World's Most Evil Killers**
11.00 **Police 24/7**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** Documentary.
2.00 **Murders That Shocked...**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops: Frontline Crime UK** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Pecans.
8.35 **Treasures Decoded**
9.35 **Paris: Stories from the City** As 10.20pm.
10.40 **The War** Documentary.
11.50 **War Machine: World War II** Supply lines.
1.00 PM **America the Bountiful** Pecans.
1.35 **Treasures Decoded**
2.35 **Paris: Stories from the City** As 10.20pm.
3.40 **The War** Documentary.
4.50 **War Machine: World War II** Supply lines.
5.55 **Treasures Decoded**
6.55 **Paris: Stories from the City** As 10.20pm.
8.00 **The War** Documentary.
9.15 **War Machine: World War II** Supply lines.
10.20 **Paris: Stories from the City** The French capital's architectural journey.
11.25 **America the Bountiful**
12.00 M'T **The War**
1.10 **to 2.00** AM **America the Bountiful**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

THURSDAY

Thursday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Ol Pejeta Diaries**
7.00 **Monkey Life**
8.00 **Great Parks of Africa**
9.00 **Orangutan Jungle School**
10.00 **Rooted**
11.00 **Land of Gremlins**
12.00 NOON **Zambia Untamed**
1.00 PM **Monkey Life**
2.00 **Great Parks of Africa**
3.00 **Orangutan Jungle School**
4.00 **Rooted**
5.00 **America's Wild Seasons**
6.00 **Zambia Untamed**
7.00 **Monkey Life** Double bill.
8.00 **Chasing the Rains**
9.00 **A Wild Year on Earth** The Arctic skies blaze with the aurora borealis as Earth completes its annual cycle.
10.00 **Zambia Untamed**
11.00 **America's Wild Seasons**
12.00 M'T **Land of Gremlins**
1.00 AM **Ol Pejeta Diaries**
2.00 **Chasing the Rains**
3.00 **A Wild Year on Earth**
4.00 **Great Parks of Africa**
5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

6.00 AM **World's Most Unexplained**
7.00 **Evidence of the Unexplained**
8.00 **What on Earth?**
9.00 **The Abyss: Rise & Fall of the Nazis** As shown at 7.00pm.
10.00 **Combat Machines**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Bradley Walsh: Egypt's Cosmic Code**
3.00 **Digging for Britain**
4.00 **World's Most Unexplained**
5.00 **Evidence of the Unexplained**
6.00 **What on Earth?**
7.00 **The Abyss: Rise & Fall of the Nazis** The story of the Nazis' defeat at Stalingrad in 1943.
8.00 **Combat Machines**
9.00 **Bomber: Terror of WWII**
10.00 **Commando Missions**
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Bradley Walsh: Egypt's Cosmic Code**
3.00 **Digging for Britain**
4.00 **World's Most Unexplained**
5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

8.00 AM **Alien Highway**
11.00 **Codes and Conspiracies**
1.00 PM **Blowing Up History**
3.00 **NASA's Unexplained Files**
6.00 **How Do They Do It?**
9.00 **How It's Made** A look at how promotional origami and hedge shears are made. **9.30** The making of moccasins, electronic-impact drills and transport refrigeration units. **10.00** An insight into the making of bowling balls, barber poles, felt and radar guns. **10.30** How Asian noodles and rotary engines are made.
11.00 **How It's Made: Dream Cars** The crew visit the birthplace of the Morgan 3-Wheeler. **11.30** The inner workings of the Ginetta and Team LNT. **12.00** M'T The team visit the birthplace of the Lucra LC470. **12.30** AM Focusing on the Chevrolet Corvette Stingray.
1.00 **NASA's Unexplained Files**
4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Court Cam**
11.00 **Nightmare in Suburbia**
2.00 PM **Accident, Suicide or Murder?** As 8.00pm.
3.00 **An Hour to Kill**
6.00 **The First 48**
7.00 **Cold Case Files**
8.00 **Accident, Suicide or Murder?**
9.00 **Predator Files** New editions Exposing how predators disguise harmful intentions. **9.30** Investigating a predator who cloaks his actions in religion and moral authority.
10.00 **Ozark Law** New edition Officers from all three police departments are kept busy on the Fourth of July.
11.00 **Homicide Hunter**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Fish Tank Kings**
10.00 **America the Wild**
11.00 **Fish My City**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **The Hidden World of Snakes**
3.00 **Close Encounters of the Wild Kind** Featuring footage of animals attacking safari patrons.
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo**
8.00 **Shark Attack Investigation: The Paige Winter Story** The story of a woman who lost a leg to a shark attack.
9.00 **Cannibal Sharks** Evidence of sharks attacking each other.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Bizarre Animal Friends**

Discovery History

174 147 181

7.00 AM **Storming Area 51**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Examining the science behind the microcosmos.
1.00 PM **Mysteries of the Missing**
2.00 **In Search of Monsters**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Storming Area 51** Joe and Emmett Hayes head to the Nevada desert to investigate the pandemonium of storming Area 51, and dive into the history of the secretive facility.
9.00 **Ancient Unexplained Files**
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **Mysteries of the Missing**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Inside the Ambulance**
1.00 PM **Inside the Ambulance**
5.00 **Yes, Prime Minister**
8.20 **Yes, Prime Minister** 1/8. Jim tries to improve employment figures by moving military units around the country. **9.00** 2/8. Jim tries to censor part of a publication by the former prime minister that portrays him in a bad light. **9.40** 3/8. Jim tries to turn the tables on French officials over the Channel Tunnel borders. **10.20** 4/8. Jim gets wind of a major financial scandal in the City that is bound to have damaging repercussions for the government, so he decides it is time to take swift action. **11.00** 5/8. Jim wants to reform the system of local government, but Sir Humphrey fears this would lead to the civil service losing its power and turns to an unlikely ally for help. (S2)
11.40 PM **to 6.00** AM **Yes, Prime Minister**

+1hour 266 376

ID

154 140 166

8.00 AM **Breaking Homicide**
9.00 **American Monster**
11.00 **Disappeared**
12.00 NOON **Evil Lives Here: Shadows of Death**
1.00 PM **American Monster**
3.00 **Disappeared**
4.00 **Evil Lives Here: Shadows of Death** A mother is found dead on the side of a rural road.
5.00 **Murder Chose Me** Double bill.
7.00 **Evil Online** The case of musician Ray Merrill, who thought he had found his dream woman in Brazil through a dating website. **8.00** The case of Nicole White, who was in the middle of a bitter custody battle when she vanished in June 2015.
9.00 **American Detective with Lt Joe Kenda** A small New England town reckons with its first murder in 34 years.
10.00 **The Murder Tapes**
12.00 M'T **Police 911: Michigan**
1.00 AM **Good Cop, Bad Cop**
2.00 **Murder Chose Me**
4.00 **to 6.00** AM **Evil Online**

+1hour 254 366

Discovery Turbo

161/172 146 180

7.00 AM **Wheeler Dealers**
8.00 **Motor Pickers**
9.00 **Outback Truckers**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Richard Hammond's Workshop** Richard's team work overtime to complete their first big restoration – a 1950s Alvis.
1.00 PM **Bad Chad Customs**
2.00 **Salvage Hunters: Classic Cars**
3.00 **Outback Truckers**
4.00 **Ant Anstead: Born Mechanic**
5.00 **Motor Pickers**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Ant Anstead: Born Mechanic** Ant plans to restore and sell a 1973 Lotus Elan.
9.00 **Holden Bros. Restos**
10.00 **Outback Truckers**
11.00 **Wheeler Dealers**
12.00 M'T **Ant Anstead: Born Mechanic** As 8.00pm.
1.00 AM **Richard Hammond's...**
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Pets on a Train** (2025)
8.40 **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
10.20 **Materialists** As 6.00pm.
12.30 PM **Plainclothes** Romantic thriller. (2025, 15, 95min)
2.15 **I Know What You Did Last Summer** As 10.20pm.
4.15 **Coyotes** Comedy thriller. (2025, 15, 105min) ★★★
6.00 **Materialists** Romantic comedy with Dakota Johnson. (2025, 15, 116min) ★★★★

10.20 I Know What You Did...

8.00 Jurassic World: Rebirth Fantasy adventure starring Scarlett Johansson, Mahershala Ali and Jonathan Bailey. A crack team infiltrate a forbidden island to collect the DNA of three key dinosaur species. (2025, 12, 133min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 I Know What You Did Last Summer Horror reboot with Madelyn Cline. A group of friends are terrorised by a stalker who knows about a gruesome secret from their past. (2025, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **One More Shot** Comedy. (2025, 15, 88min) ★★★
2.00 **Bring Her Back** Thriller. (2025, 18, 104min) ★★★★
3.50 **The Gentleman** Thriller. (2025, 15, 89min) ★★
5.25 **to 7.00** AM **Pets on a Train** Animated family adventure. (2025, PG, 87min) ★★★

Sky Cinema Rom-Coms

303 303 403 503 517

6.15 AM **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
8.10 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
10.00 **Just Go With It** As 1.35am.
12.05 PM **Love Actually** Comedy. (2003, 15, 135min) ★★★
2.25 **The 40-Year-Old Virgin** Comedy. (2005, 15) ★★★★
4.30 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
6.10 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★

8.00 Bridget Jones's Diary

8.00 Bridget Jones's Diary Romantic comedy based on the best-selling novel by Helen Fielding, starring Renée Zellweger, Colin Firth and Hugh Grant. (2001, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 Bridget Jones: The Edge of Reason Romantic comedy sequel starring Renée Zellweger, Colin Firth and Hugh Grant. Bridget's blissful new relationship comes under threat. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Bridget Jones's Baby** Romantic comedy sequel. (2016, 15, 123min) ★★★
1.35 AM **Just Go With It** Romantic comedy. (2011, 12, 117min) ★
3.35 **Sometimes I Think About Dying** Comedy drama. (2023, 12, 93min) ★★★
5.10 **to 7.00** AM **Book of Love** Romantic comedy drama. (2022, 12, 106min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Babylon** As 2.15pm.
8.50 **Pretty in Pink** Romantic comedy. (1986, 15, 99min) ★★★★
10.30 **Night Call** French-Belgian thriller. (2024, 15, 97min) ★★★★
12.10 PM **About Time** Fantasy comedy. (2013, 12, 120min) ★★★
2.15 **Babylon** Ground-breaking drama. (1980, 15, 94min) ★★★
3.55 **Jackie** Biographical drama. (2016, 15, 100min) ★★★
5.40 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
8.00 **Terms of Endearment** Oscar-winning comedy drama about the love-hate relationship between an eccentric mother and her headstrong daughter. Stars Shirley MacLaine, Debra Winger and Jack Nicholson. (1983, 15, 132min) ★★★★★
10.15 **Nuremberg** Thriller starring Russell Crowe, Rami Malek, Leo Woodall and Michael Shannon. (2025, 15, 148min) ★★★★★
12.45 AM **Dunkirk** Christopher Nolan's World War Two drama. (2017, 12, 106min) ★★★★★
2.45 **Anora** Romantic comedy drama. (2024, 18, 139min) ★★★★★
5.15 **to 8.05** AM **Amadeus** Peter Shaffer's historical drama. (1984, PG, 158min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.40 AM **Timestalker** Fantasy. (2024, 15, 89min) ★★★★
9.15 **If You Were the Last** Comedy. (2023, 15, 92min) ★★★★
10.55 **Westworld** Sci-fi thriller. (1973, 15, 89min) ★★★★
12.30 PM **I Am Legend** Sci-fi thriller. (2007, 15, 101min) ★★★★
2.15 **Men in Black II** Sci-fi action comedy sequel with Tommy Lee Jones. (2002, PG, 88min) ★★★
3.50 **Men in Black 3** Sci-fi action comedy sequel with Will Smith. (2012, PG, 105min) ★★★★
5.40 **It** Horror starring Bill Skarsgård. (2017, 15, 135min) ★★★★
8.00 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
9.45 **Blade Runner** Ridley Scott's thriller starring Harrison Ford. (1982, 15, 130min) ★★★★★
11.45 **Interview with the Vampire** Gothic horror with Tom Cruise. (1994, 18, 122min) ★★★★
1.50 AM **From Dusk Till Dawn 2: Texas Blood Money** Horror sequel starring Robert Patrick. (1999, 18, 88min) ★★
3.30 **Blade 2** Action horror sequel. (2002, 18, 117min) ★★★★
5.30 **to 7.10** AM **Die Alone** Horror. (2024, 15, 91min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.40 AM **The Borrowers** Adventure. (1997, U, 86min) ★★★★
8.10 **Scooby-Doo** (2002, PG) ★★★
9.50 **Scooby-Doo 2: Monsters Unleashed** (2004, PG) ★★★
11.35 **Scarygirl** (2023, PG) ★★★
1.10 PM **Mr Peabody & Sherman** Animation. (2014, U) ★★★★
2.45 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.30 **Pets on a Train** Animation. (2025, PG, 87min) ★★★
6.00 **Paul Blart: Mall Cop** (2009)

7.45 The Last Airbender

7.45 The Last Airbender Fantasy adventure starring Noah Ringer. In a divided world, hope rests on a 12-year-old boy who can control the elements. (2010, PG, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 The Karate Kid Martial arts adventure with Jaden Smith and Jackie Chan. A 12-year-old American boy relocates to Beijing with his widowed mother and learns kung fu in order to protect himself from a gang of bullies. (2010, PG, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★★
1.30 AM **Grow** Family comedy. (2025, PG, 107min) ★★★★
3.20 **Paul Blart: Mall Cop** Crime comedy. (2009, PG, 91min) ★
5.00 **Sky Cinema Preview**
5.30 **to 7.15** AM **Harriet the Spy** Children's adventure comedy. (1996, PG, 97min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.50 AM **Venom: Let There Be Carnage** (2021, 15) ★★★
9.35 **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
11.40 **Transformers** Sci-fi adventure. (2007, 12, 144min) ★★★★
2.05 PM **Batman Forever** Fantasy. (1995, 12, 121min) ★★★
4.10 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★
6.10 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★

6.10 Rampage

8.00 Transformers: Revenge of the Fallen Sci-fi action adventure sequel inspired by the shape-changing toys, starring Shia LaBeouf and Megan Fox. A college student and his girlfriend get caught up in a titanic struggle between good and evil alien robots. With Josh Duhamel and Tyrese Gibson. (2009, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 xXx: Return of Xander Cage Action adventure sequel starring Vin Diesel. (2016, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Long Gone Heroes** Thriller. (2024, 15, 101min) ★★★
2.05 **Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure. (1984, PG, 118min) ★★★
4.10 **Streetfighter** Action drama. (1994, 12, 102min) ★★
5.55 **to 6.50** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Finding Your Feet** Comedy drama. (2017, 12, 109min) ★★
9.10 **Zoolander** Comedy. (2001, 12, 89min) ★★★★
10.50 **Two Weeks Notice** As 6.15pm.
12.35 PM **Ted** Offbeat comedy. (2012, 15, 106min) ★★★★
2.35 **Ted 2** Comedy sequel. (2015, 15, 112min) ★★★
4.35 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
6.15 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★

8.00 The Sweetest Thing

8.00 The Sweetest Thing Comedy starring Cameron Diaz. A woman embarks on a quest to find the man of her dreams after meeting him in a bar and failing to find out his name. (2002, 15, 89min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

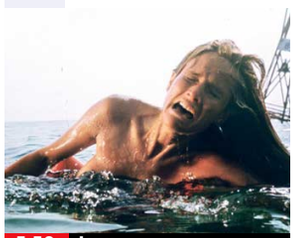
9.40 The Holiday Romantic comedy starring Cameron Diaz and Kate Winslet. Two women living on opposite sides of the Atlantic decide to swap homes at Christmas. With Jude Law and Jack Black. (2006, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **How to Lose a Guy in 10 Days** Romantic comedy. (2003, 12, 116min) ★★★
2.00 AM **Uncle Buck** Comedy. (1989, 12, 94min) ★★★
3.50 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
5.35 **to 7.05** AM **Am I OK?** Romantic comedy drama. (2022, 15, 86min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.25 AM **Rashomon** Japanese drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
9.05 **Sharp Corner** Tense thriller. (2024, 15, 110min) ★★★★
11.10 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
1.15 PM **The Fugitive** Action thriller. (1993, 15, 128min) ★★★★★
3.35 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★★
5.50 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★



5.50 Jaws

8.00 The Alto Knights Fact-based drama starring Robert De Niro. Two rivals fight for control of a major crime family. With Cosmo Jarvis and Debra Messing. (2024, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

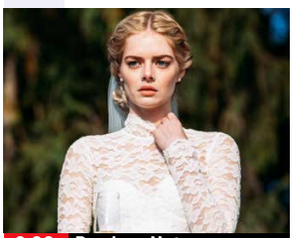
10.10 Juror #2 Director Clint Eastwood's legal thriller starring Nicholas Hoult. While serving as a juror in a high-profile murder case, a family man grapples with a serious moral dilemma. (2024, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **King Ivory** Thriller. (2024, 15, 130min) ★★★
2.40 **The Line** Drama starring Alex Wolff. (2023, 15, 100min) ★★★
4.30 **to 6.15** AM **Neighborhood Watch** Thriller starring Jeffrey Dean Morgan and Jack Quaid. (2025, 15, 92min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Robin and Marian** Elegiac drama starring Sean Connery. (1976, PG, 106min) ★★★★★
1.15 PM **The Long Ships** Adventure starring Richard Widmark. (1963, PG, 125min) ★★
4.00 **The Andromeda Strain** Sci-fi thriller starring Arthur Hill. (1970, PG, 127min) ★★★★
6.40 **Ad Astra** Sci-fi drama starring Brad Pitt and Tommy Lee Jones. (2019, 12, 123min) ★★★★



9.00 Ready or Not

Ad Astra (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Ready or Not Horror comedy starring Samara Weaving. A bride's wedding night takes a sinister turn when her in-laws force her to take part in a terrifying game. (2019, 18, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 Men Horror thriller starring Jessie Buckley. When her ex-husband dies, a woman decides to take a solo trip to the countryside, but suspects she is being stalked. (2022, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 **to 3.35** AM **The Entity** Horror with Barbara Hershey and Ron Silver. (1983, 18, 125min) ★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Assassins

302 302 402 502 516

7.00 AM **Shooter** Action thriller. (2007, 15, 125min) ★★★★
9.10 **The Accountant** As 5.50pm.
11.20 **The Bourne Ultimatum** Thriller sequel. (2007, 12, 115min) ★★★★
1.20 PM **The Bourne Legacy** Thriller sequel. (2012, 12, 129min) ★★★
3.40 **Jason Bourne** Action thriller sequel. (2016, 12, 123min) ★★★
5.50 **The Accountant** Action thriller. (2016, 15, 123min) ★★★

8.00 The Equalizer Action thriller starring Denzel Washington and Chloë Grace Moretz. An ex-secret agent fights to bring down a crime syndicate after coming to the aid of an abused prostitute. With Marton Csokas. (2014, 15, 132min) ★★★
10.15 The Equalizer 2 Action thriller sequel starring Denzel Washington. When a CIA friend is murdered, vigilante Robert McCall sets out to avenge her death. (2018, 15, 121min) ★★★

12.20 AM **American Star** Mystery thriller starring Ian McShane and Nora Arnezeder. (2023, 15, 107min) ★★★★
2.10 **The Hanging Sun** Mystery drama starring Alessandro Borghi. (2022, 15, 93min) ★★
3.50 **to 6.00** AM **The Equalizer 2**

Sky Cinema Greats

304 304 404 504 518

7.15 AM **Jerry Maguire** As 5.35pm.
9.35 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
11.15 **Little Women** Screen version of Louisa May Alcott's classic tale. (1994, U, 114min) ★★★
1.20 PM **The Bodyguard** As 10.10pm.
3.35 **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★
5.35 **Jerry Maguire** Comedy drama. (1996, 15, 139min) ★★★★

8.00 Cool Hand Luke Prison drama starring Paul Newman as a chain gang convict who becomes a hero to his fellow prisoners. With George Kennedy. (1967, 15, 126min) ★★★★★
10.10 The Bodyguard Romantic thriller starring Kevin Costner and Whitney Houston. A professional bodyguard falls in love with the superstar singer-actress he has been assigned to protect. With Gary Kemp. (1992, 15, 129min) ★★★

12.20 AM **Falling Down** Controversial drama starring Michael Douglas. (1993, 18, 115min) ★★★★
2.15 **Pulp Fiction** Comedy thriller. (1994, 18, 154min) ★★★★★
4.50 **to 6.50** AM **Demolition Man** Sci-fi thriller starring Sylvester Stallone. (1993, 15, 114min) ★★★

Sky Cinema Animation

305 305 405 500 514

5.50 AM **Batman Unlimited: Animal Instincts** Animated adventure. (2015, PG, 74min) ★★
7.15 **Turbo** Animated comedy. (2013, U, 92min) ★★★★
9.00 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
10.50 **Rango** Animated Western. (2011, PG, 103min) ★★★★
12.40 PM **Trolls** Animated musical. (2016, U, 92min) ★★★

2.15 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
4.00 **Smurfs** Fantasy comedy. (2025, PG, 89min) ★★
5.35 **Penguins of Madagascar** Animation. (2014, U) ★★★★
7.15 **10 Lives** Animated comedy. (2024, U, 98min) ★★★
8.45 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
10.20 **Rebellious** Animation. (2024, PG, 94min) ★★★
12.00 M'T **Deep Sea** Animation. (2023, PG, 112min) ★★★

2.00 AM **Noah's Ark** Animation. (2024, U, 96min) ★★★
3.40 **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U, 49min) ★★★
4.40 **to 6.10** AM **Buffalo Kids** Animation. (2024, U) ★★★

Movies 24

312 313 419

7.00 AM **Lucky Hearts** Romantic comedy. (2023, PG, 89min) ★★
9.00 **Love's Playlist** Romantic comedy. (2023, PG, 85min) ★★
11.00 **Aloha Heart** Romantic drama. (2023, PG, 90min) ★★
1.00 PM **The Wedding Cottage** Romantic comedy drama. (2023, PG, 84min) ★★
3.00 **A Pinch of Portugal** Romantic drama. (2023, PG, 84min) ★★

5.00 **The Professional Bridesmaid** Drama. (2023, PG, 90min) ★★
7.00 **Love and the Radio Star** Romantic comedy with Laura Miyata and Luke Humphrey. (2022, PG, 90min) ★★
9.00 **Branching Out** Drama starring Sarah Drew and Cora Bella. A single mother putting together a family tree decides to track down her daughter's biological father. (2024, PG, 90min) ★★
11.00 **Signs of Your Heart** Romantic comedy. (2023, PG, 89min) ★★

1.00 AM **Fourth Down and Love** Romantic drama with Pascale Hutton. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Mystery Island: Play for Keeps** Crime drama. (2025, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 6/24. (S2)
6.30 **Death of an Angel** Mystery. (1951, b/w, PG, 64min) ★★★
7.45 **Talk About Jacqueline** Comedy. (1942, b/w, PG, 84min) ★★★
9.15 **The Pale Faced Girl** Short film.
9.45 **Black Beauty** Family adventure. (1971, U, 106min) ★★★
11.55 **The Tornados: Robot**
12.00 NOON **The Adventures of Sir Lancelot** 1/30. (S1)

12.30 PM **Oliver Twist** Film adaptation of Charles Dickens' classic story. (1982, U, 115min) ★★
2.30 **Dial 999** 2/39. (S1)
3.00 **Crown Court** Triple bill.
4.30 **Becoming Cary Grant**
5.35 **Scotland Yard** 16/39. (S1)
6.20 **Strange But True**
6.55 **The Brothers** 2/13. (S2)
8.00 **Mark Saber** 27/39. (S4)
8.30 **The Wheeltappers and Shunters Social Club**
9.15 **A Hill in Korea** War drama. (1956, b/w, PG, 75min) ★★★

10.55 **Doomwatch** 5/13. (S1)
11.55 **Fear No More** Mystery. (1961, b/w, PG, 80min) ★★★
1.30 AM **Crown Court** Triple bill.
3.00 **Mickey One** Melodrama. (1965, PG, 89min) ★★
4.50 **Look at Life**
5.00 **to 6.00** AM **Burke's Law**

THURSDAY Sport 19 March

Thursday

Sky Sports Main Event

401 401 501 419 439

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 9.00 **LIVE NRL** Canberra Raiders v Canterbury-Bankstown Bulldogs. Coverage of the match from GIO Stadium Canberra. Kick-off **9.00am**.
- 11.00 **Sky Sports FC** Interactive show covering the football headlines.
- 11.30 **LIVE PGA Tour Golf** Coverage of the early stages of the opening day of the Valspar Championship at Innisbrook Resort in Palm Harbor, Florida.
- 3.00 PM **LIVE WTA & ATP Tennis** Coverage of day three of the Miami Open, a hard-court tournament at Hard Rock Stadium in Florida.
- 7.00 **LIVE Premier League Darts** Coverage of the seventh night of the tournament at 3Arena in Dublin, featuring quarter-finals, semi-finals and a final in one night.
- 11.00 **LIVE WTA & ATP Tennis** Continued coverage of day three of the Miami Open at Hard Rock Stadium in Florida, featuring women's second-round contests and men's first-round matches.
- 3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Legends**
- 8.00 **Premier League 100 Club**
- 9.00 **Premier League Stories**
- 9.30 **Netbusters** Highlights.
- 10.00 **Sky Sports FC**
- 12.00 NOON **Premier League Years**
- 2.00 PM **PL Retro** Chelsea v Manchester United in 2011/12.
- 4.00 **Premier League Stories**
- 4.30 **Netbusters** Fast-paced highlights using alternative angles, featuring every goal from every game.
- 5.00 **The Premier League Show**
- 7.00 **The Big Interview** With a Premier League star of the past or present.
- 7.30 **Premier League Stories**
- 8.00 **Premier League 360: Big Sam's Bolton** A look at Sam Allardyce's Bolton team of the early 2000s in the Premier League.
- 10.00 **The Big Interview**
- 10.30 **Premier League Stories**
- 11.00 **Premier League Years** A look back at the 1996/97 season.
- 1.00 AM **PL Retro** Another chance to see Chelsea v Manchester United from the 2011/12 season.
- 3.00 **PL Greatest Games**
- 4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

- 6.00 AM **Championship Retro**
- 8.45 **EFL Greatest Games**
- 10.00 **EFL Cup Retro** The 2014 final.
- 11.00 **Craig Brown: My Scotland**
- 11.30 **Jimmy Glass: The Great Escape**
- 12.00 NOON **EFL Highlights**
- 1.00 PM **WSL** Chelsea v Brighton.
- 1.30 **EFL Highlights**
- 2.30 **EFL League One Goals**
- 3.00 **EFL League Two Goals**
- 3.30 **Bundesliga Highlights Show**
- 4.30 **WSL** Chelsea v Brighton.
- 5.00 **EFL Highlights**
- 6.30 **Bundesliga Weekly**
- 7.00 **EFL League One Goals**
- 7.30 **EFL League Two Goals**
- 8.00 **SPFL Highlights**
- 8.45 **EFL Highlights** Highlights from West Bromwich Albion v Hull City.
- **9.00** Watford v Wrexham.
- **9.15** Milton Keynes Dons v Colchester United in League Two.
- **9.30** Southampton v Norwich.
- **9.45** Middlesbrough v Bristol City.
- 10.00 **Bundesliga Weekly**
- 10.30 **EFL League One Goals**
- 11.00 **EFL League Two Goals**
- 11.30 **EFL Greatest Games**
- 12.00 M'T **Henrik Larsson**
- 1.00 AM **SPFL Best Goals**
- 1.30 **to 6.00** AM **Greatest Games**

Sky Sports Cricket

405 405 505 422 442

- 6.00 AM **IPL** Recent highlights.
- 8.00 **Men's T20 World Cup**
- 9.00 **IPL** The latest highlights.
- 11.00 **Test Cricket** Recent action.
- 1.00 PM **Test Cricket** Action from day three of the fourth Test between England and India.
- **2.00** The fourth day of the fourth Test between England and India.
- **3.00** Day five of the fourth Test between England and India.
- 4.00 **IPL** Action from Royal Challengers Bengaluru v Punjab Kings.
- **5.00** Highlights from Rajasthan Royals v Kolkata Knight Riders.
- 6.00 **Test Cricket** Day one of the fourth Test between England and India.
- **7.00** Day two of the fourth Test between England and India.
- **8.00** Day three of the fourth Test between England and India.
- **9.00** Day four of the fourth Test between England and India.
- **10.00** Day five of the fourth Test between England v India staged at Emirates Old Trafford, Manchester.
- 11.00 **IPL** Chennai Super Kings v Royal Challengers Bengaluru staged at M. A. Chidambaram Stadium.
- **12.00** M'T Action from Gujarat Titans v Mumbai Indians.
- 1.00 **to 6.00** AM **Test Cricket**

Sky Sports Golf

406 406 506 423 443

- 6.00 AM **Golf Academy**
- 6.30 **Ladies European Tour Golf**
- 7.30 **DP World Tour Golf**
- 8.00 **PGA Tour Golf**
- 10.00 **The Players Championship**
- 11.00 **PGA Tour: The Cut**
- 11.30 **LIVE PGA Tour Golf** Coverage of the opening day of the Valspar Championship at Innisbrook Resort in Palm Harbor. Norway's Viktor Hovland won this event for the first time last year after he finished one stroke clear of Justin Thomas on 11-under-par.
- 10.00 PM **LIVE LPGA Tour Golf** Coverage of the first day of the Fortinet Founders Cup at Sharon Heights Golf and Country Club.
- 1.00 AM **Chronicles of a Champion Golfer** Profiles of leading players.
- 2.00 **How the 2004 Ryder Cup Was Won** From Michigan.
- 4.00 **PGA Tour Golf** Highlights.
- 5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

- 6.00 AM **ATP Tennis** Indian Wells Open.
- 7.00 **WTA & ATP Tennis** Highlights.
- 1.00 PM **WTA & ATP Tennis**
- 3.00 **LIVE WTA & ATP Tennis** Coverage of day three of the Miami Open held at Hard Rock Stadium, featuring women's second-round contests and men's first-round matches. The number one seed at last year's event, Aryna Sabalenka, got her campaign under way at this stage and put the disappointment of defeat in the Indian Wells final behind her with a 6-3 6-0 win over Viktoriya Tomova. Meanwhile, the woman who beat her in that final several days earlier, Mirra Andreeva, also booked her place in round three by beating Veronika Kudermetova 6-0 6-2, as did Great Britain's Emma Raducanu, who was made to dig deep in a 7-6 2-6 7-6 victory over Emma Navarro.
- 3.00 AM **WTA & ATP Tennis**
- 4.00 **ATP/WTA Tour Classic Matches**
- 5.00 **to 6.00** AM **WTA Tennis**

Sky Sports Mix

416 412 511 429 449

- 6.00 AM **Premier League Darts**
- 10.00 **TGL** Two match replays.
- 2.00 PM **PL Greatest Games**
- 3.00 **Men's T20 World Cup**
- 4.00 **ATP Tennis** A review of the men's Indian Wells Open in California.
- 5.00 **Super League** Another chance to see the match between Leigh Leopards and Catalans Dragons.
- 7.45 **My Icon** Henni Goya.
- 8.00 **Super League** Another chance to see Wakefield Trinity v Hull FC.
- 10.45 **My Icon** Denise Lewis.
- 11.00 **Men's T20 World Cup**
- 12.00 M'T **PL Greatest Games**
- 1.00 AM **TGL** Los Angeles v New York.
- 3.00 **EFL Greatest Games**
- 4.00 **to 6.00** AM **T20 World Cup**

Sky Sports F1

407 407 507 424 444

- 6.00 AM **Formula 1** Highlights.
- 12.15 PM **Ted's Notebook**
- 12.45 **Oscar Piastri IV**
- 1.00 **Indy NXT** Grand Prix of Arlington.
- 2.15 **Brad Pitt x McLaren**
- 2.30 **Indycar** Recent highlights.
- 5.00 **Formula 1** Chinese Grand Prix.
- 7.00 **Indycar** Grand Prix of Arlington.
- 8.00 **F1 Academy: Weekend Wrapped** Recent action.
- 8.30 **Formula 1** Chinese Grand Prix.
- 10.45 **Ted's Notebook**
- 11.15 **Lando Norris IV**
- 11.30 **F1 Academy: Weekend Wrapped** Recent action.
- 12.00 M'T **to 6.00** AM **The Best of F1**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **LIVE Snooker World Open** Coverage from the third round on the fourth day of the tournament in Yushan, China.
- 9.00 **UEFA Champions League Highlights Show**
- 9.30 **LIVE LIV Golf** Coverage from the first day of the fifth round of the season from The Club at Steyn City in South Africa.
- 3.30 PM **LIVE Biathlon** The women's sprint from Oslo in Norway.
- 4.30 **Winter Olympic Games**
- 5.30 **Premier League Review**
- 6.30 **Premier League: Big Interview**
- 7.00 **Serie A – Full Impact**
- 7.30 **LIVE UEFA Europa League Aston Villa v Lille.** Coverage of the last-16 second-leg clash from Villa Park. Kick-off is at **8.00pm**.
- 10.30 **UEFA Europa & Conference League Highlights**
- 11.00 **Miracle of Istanbul**
- 12.00 M'T **Premier League Netbusters**
- 12.30 AM **LIV Golf** The fifth round of the season from South Africa.
- 2.00 **Serie A – Full Impact**
- 2.30 **WRC Review** Safari Rally Kenya.
- 3.30 **Biathlon** From Oslo, Norway.
- 4.00 **to 6.00** AM **Snooker World Open**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **UEFA Champions League**
- 8.30 **LIVE AFL Hawthorn Hawks v Sydney Swans.** Coverage of the match staged at Melbourne Cricket Ground. Bounce-up **8.30am**.
- 11.30 **Premier League Netbusters**
- 12.00 NOON **Men's Cycling**
- 1.00 PM **LIVE Men's Cycling Pro Series** The Grand Prix Denain.
- 3.00 **Curling World Championship**
- 5.00 **LIVE UEFA Europa League FC Midtjylland v Nottingham Forest.** Coverage of the last-16 second-leg clash from MCH Arena. Kick-off is at **5.45pm**.
- 8.00 **LIVE UEFA Europa League AS Roma v Bologna.** Coverage of the last-16 second-leg clash at Stadio Olimpico. Kick-off **8.00pm**.
- 10.00 **LIV Golf** From South Africa.
- 11.30 **International T20 Cricket** New Zealand v South Africa.
- 12.30 AM **Women's T20 International Cricket**
- 1.30 **LIVE Women's T20 Cricket New Zealand v South Africa.** Coverage of the third T20 in the five-match series, staged at Eden Park in Auckland.
- 5.45 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

- 6.00 AM **NBA Basketball**
- 8.00 **Super League Highlights**
- 9.00 **LIVE NRL Canberra Raiders v Canterbury-Bankstown Bulldogs.** Coverage of the match from GIO Stadium Canberra. Kick-off is at **9.00am**.
- 11.00 **Super League Highlights**
- 12.00 NOON **NFL Highlights**
- 1.00 PM **Good Morning Football**
- 3.00 **NFL Highlights**
- 4.00 **Super League Highlights**
- 5.00 **NBC's Pro-Football Talk**
- 7.00 **LIVE Premier League Darts** Coverage of the seventh night at 3Arena in Dublin, with a format featuring quarter-finals, semi-finals and a final in one night. The quarter-finals scheduled to take place are Gian van Veen v Michael van Gerwen, Stephen Bunting v Luke Littler, Josh Rock v Gerwyn Price and Jonny Clayton v Luke Humphries. Gerwyn Price won this event last year as he beat Nathan Aspinall 6-3 in the final.
- 11.00 **Super League Highlights**
- 12.00 M'T **NFL Highlights**
- 1.00 AM **Super League**
- 4.45 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 10.00 **Sky Sports FC**
- 12.00 NOON **Lunchtime Live**
- 2.00 PM **Sports Desk**
- 3.00 **LIVE WTA & ATP Tennis** Coverage of the third day of the Miami Open, a hard-court tournament staged at Hard Rock Stadium in Miami Gardens, featuring women's second-round contests and men's first-round matches. The number one seed at last year's event, Aryna Sabalenka, got her campaign under way at this stage and put the disappointment of defeat in the Indian Wells final behind her with a 6-3 6-0 win over Viktoriya Tomova. Meanwhile, the woman who beat her in that final several days earlier, Mirra Andreeva, also booked her place in round three by beating Veronika Kudermetova 6-0 6-2, as did Great Britain's Emma Raducanu, who was made to dig deep in a 7-6 2-6 7-6 victory over Emma Navarro.
- 1.00 AM **Super League** Leigh Leopards v Catalans Dragons.
- 3.45 **to 6.00** AM **EFL Greatest Games**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **LIVE Snooker World Open** Coverage of the third round on the fourth day in Yushan.
- 9.00 **TNT Sports Reload**
- 9.15 **Football** Highlights and features.
- 11.30 **LIVE Snooker World Open** Further coverage of the third round on the fourth day in Yushan.
- 2.30 PM **Premier League Netbusters**
- 3.00 **Men's Cycling Pro Series**
- 3.30 **AFL** Hawks v Swans.
- 5.00 **LIVE Conference League AEK Larnaca v Crystal Palace.** The last-16 second-leg clash from AEK Arena. Kick-off is at **5.45pm**.
- 8.00 **LIVE UEFA Europa League FC Porto v VfB Stuttgart.** The last-16 second-leg clash at Estádio do Dragão. Kick-off **8.00pm**.
- 10.00 **Premier League Stories**
- 10.30 **Men's Cycling Pro Series**
- 12.30 AM **Biathlon** In Oslo, Norway.
- 1.00 **Football** Highlights and features.
- 3.30 **LIV Golf** From South Africa.
- 5.00 **to 6.00** AM **WRC Review**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **Discovery Golf**
- 6.30 **Cycling Pro Series**
- 9.30 **TNT Sports Reload**
- 9.45 **Rolex Grand Slam**
- 10.45 **LIVE Park & Pipe** The freeski slopestyle finals in Tignes, France.
- 1.00 PM **UEFA Champions League**
- 2.00 **Premier League: Big Interview**
- 2.30 **Serie A – Full Impact**
- 3.00 **LIVE Biathlon** Coverage of the women's sprint in Oslo, Norway.
- 4.30 **Snow League Highlights**
- 5.30 **The Gruppetto** Cycling news.
- 5.45 **LIVE UEFA Europa League Lyon v Celta Vigo.** The last-16 second-leg clash at Groupama Stadium. Kick-off **5.45pm**.
- 7.45 **LIVE UEFA Europa League Real Betis v Panathinaikos.** The last-16 second-leg clash at Estadio de La Cartuja. Kick-off **8.00pm**.
- 10.00 **Snooker World Open** Action from the fourth day in Yushan.
- 12.00 M'T **Ultimate Pool**
- 1.30 **to 6.00** AM **Cycling Pro Series**

Premier Sports 1

419 551

- 6.00 AM **Football** Highlights and news.
- 8.00 **LaLiga Match Highlights**
- 9.00 **NASCAR Highlights**
- 10.00 **Brasileiro Serie A**
- 12.00 NOON **Eredivisie Highlights**
- 1.00 PM **Sporting Greats**
- 1.30 **Scottish Rally Championship**
- 2.00 **NHL on the Fly** The latest news.
- 2.30 **Women's Football Weekly**
- 3.00 **NASCAR Highlights**
- 4.00 **Sporting Greats**
- 5.00 **Eredivisie Highlights**
- 6.00 **Argentine Primera**
- 8.00 **Brasileiro Serie A**
- 10.00 **World of FreeSports**
- 10.30 **Women's Football Weekly**
- 11.00 **NHL Ice Hockey**
- 1.00 AM **LIVE NHL Ice Hockey Edmonton Oilers v Florida Panthers.** Coverage of the inter-conference match from Rogers Place. Face-off **1.00am**.
- 4.00 **NHL: This is Hockey**
- 4.30 **Sporting Greats**
- 5.00 **to 6.00** AM **NASCAR**

Premier Sports 2

420 552

- 6.00 AM **Argentine Primera**
- 8.00 **NHL Ice Hockey** Carolina Hurricanes v Pittsburgh Penguins.
- 10.00 **Football's Greatest**
- 10.30 **Brasileiro Serie A**
- 12.30 PM **Eredivisie** Another chance to see Feyenoord v Excelsior.
- 2.30 **Football's Greatest** The finest players discuss their careers.
- 3.00 **LaLiga** Real Oviedo v Valencia.
- **5.00** Girona v Athletic Bilbao.
- 7.00 **Bike World** Magazine.
- 7.30 **Brasileiro Serie A** A replay of Vasco da Gama v Fluminense.
- 9.30 **NHL Ice Hockey** Carolina Hurricanes v Pittsburgh Penguins.
- 11.30 **LIVE NHL Ice Hockey Minnesota Wild v Chicago Blackhawks.** The Western Conference match from Grand Casino Arena. Face-off **11.30pm**.
- 2.30 AM **Temples of Sport**
- 3.00 **Bike World** Highlights.
- 3.30 **LaLiga** Real Oviedo v Valencia.
- 5.30 **to 6.00** AM **Football's Greatest**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

20 March

Evening Planner

Athletics

World Athletics Indoor Championships

BBC2, 9am & 5pm, & BBC iPlayer

The three-day competition starts today, with events including the women's 400m.

Entertainment

Comic Relief

BBC1, 7pm

A night of entertainment with celebrities including Joe Marler embracing the 'Take Yourself Funny for Money' theme.

OnDemand

NETFLIX

Peaky Blinders: The Immortal Man

Available today

Cillian Murphy returns as Tommy Shelby in this 1940s follow-up.

OnDemand

prime

Deadloch

Available today

As the Australian crime comedy returns, Dulcie and Eddie are in the Northern Territory to investigate a dodgy death.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Comic Relief: Funny For Money						10.00 News; Local News	
	102 BBC2	‹ 5.00 Athletics: World Indoor Championships – Live			8.30 Mortimer &...	9.00 Gardeners' World		10.00 Comic Relief Does The Weakest Link	
	103 ITV1	‹ 6.30 News	7.30 It'll Be... †	8.00 Emmerdale	8.30 Coronation...	9.00 Beat the Chasers		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Inside The World's Most Luxurious...		9.00 Gogglebox		10.00 The Last Leg	
	105 5	7.00 Celebrity Puzzling		8.00 Building the Impossible with Rob Bell		9.00 Volcano with Dara O Briain			
	106 SKY ONE	7.00 The Simpsons		8.00 Sport's Funniest Moments		9.00 Ted			10.30 Intelligence
ENTERTAINMENT	115 BBC3	7.05 Film: Spider-Man: Into the Spider-Verse				9.00 Louis Theroux's Weird Weekends			
	116 BBC4	7.00 TOTP: 1999		8.00 TOTP: 1983	8.30 TOTP: 1986	9.00 Neil Sedaka Says: All You...		9.45 Neil Sedaka – Legends	
	118 ITV2	7.00 Wheel of Fortune		8.00 Ant & Dec's Limitless Win		9.00 Film: Suicide Squad			
	136 MORE4	‹ 6.50 The Dog House Australia		7.55 Grand Designs		9.00 Blanca			
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Film: Transporter 2			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Chicago Fire		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 DTF St Louis		10.00 The Undoing	
	110 U&GOLD	7.00 Are You Being Served?	7.40 Dad's Army		8.20 Are You Being Served?	9.00 This Time with Alan...	9.40 I'm Alan Partridge		10.20 Men Behaving Badly
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Doc Martin				10.00 Endeavour	
	120 ITV4	‹ 5.15 Racing: Friday Night – Live: The third round of the season in Wolverhampton				9.00 The 1% Club		10.00 Wrestling: AEW Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans Live at Wembley			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 Film: Stephen King's Needful Things			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley			10.20 New Tricks
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 CSI: Vegas		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Classic Albums		10.00 Motorhead: Louder Than Everything...	
	132 U&W	7.00 The Supervet: Noel Fitzpatrick		8.00 Inside the Ambulance		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush		9.00 Expedition Files		10.00 Curse of the Bermuda Triangle	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 100 Days Wild		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Inside Melbourne Airport	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Combat Trains		9.00 Hitler's Handmaidens		10.00 Ancient Aliens: Origins	
	155 U&YESTERDAY	7.00 Wilderness with Simon Reeve		8.00 'Allo 'Allo!				10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.55 The Civil War		8.00 I'm Chevy Chase and You're Not				10.00 I Am Richard Pryor	
FILMS – Sky Cinema	301 PREMIERE	‹ 5.30 Jurassic World: Rebirth		8.00 Nobody 2				9.45 Icefall	
	302 ADVENTURE	‹ 6.10 DC League of Super-Pets		8.00 A Minecraft Movie				9.50 Aquaman	
	303 ROM-COMS	‹ 5.55 Bridget Jones's Baby		8.00 How to Lose a Guy in 10 Days				10.00 Two Weeks Notice	
	304 GREATS	‹ 6.30 The Naked Gun		8.00 The Naked Gun 2½: The Smell of Fear			9.30 The Naked Gun 33⅓: The Final Insult		
	305 ANIMATION	‹ 5.40 The Boss Baby	7.30 Rango				9.25 Transformers One		
	306 FAMILY	‹ 6.00 The Hobbit: An Unexpected Journey			8.50 Scooby-Doo 2: Monsters Unleashed				10.30 Free Willy
	307 ACTION	‹ 5.55 Twisters		8.00 Transformers: Dark of the Moon					
	308 COMEDY	‹ 6.15 Mean Machine		8.00 The Hangover				9.45 The Hangover Part II	
	309 THRILLER	‹ 6.00 Jaws 2		8.00 Inception					10.30 Snatch
	310 DRAMA	‹ 6.10 Dunkirk		8.00 The Boy in the Striped Pyjamas			9.40 Legends of the Fall		
	311 SCI-FI	‹ 5.00 Interstellar		8.00 Gravity				9.45 Until Dawn	
	313 FILM4	‹ 5.25 The Longest Day				9.00 Knight and Day			
SPORT	401 MAIN EVENT	‹ 3.00 Tennis – Live	7.30 FNF – Live: Bournemouth v Manchester United (Kick-off 8.00)						
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 FNF – Live: Bournemouth v Manchester United (Kick-off 8.00)						
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Preston North End v Stoke City (Kick-off 8.00)						10.30 Scottish...
	405 CRICKET	7.00 Test Cricket							
	410 TNT SPORTS 1	7.00 The Gallagher PREM – Live: Bath Rugby v Saracens (Kick-off 7.45)						10.00 LIV Golf	
	411 TNT SPORTS 2	‹ 4.15 MotoGP – Live: From Brazil		8.00 Women's Curling World Championship – Live: Scotland v Norway					

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Crimewatch Live** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Father Brown** New episode *The Power of Suggestion:* 9/10. A Hollywood starlet is killed while filming an advert. (S13) (S)(AD)
■ Entire series on BBC iPlayer
2.45 **Escape to the Country** (S)(R)
3.45 **The Repair Shop on the Road** New edition Fixing a mechanical cat at the Eden Project. (S)(AD)
4.30 **The Finish Line** New edition (S)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

10.40 The Claudia Winkleman Show

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Bear Grylls: Wild Reckoning**
6.45 **The Repair Shop on the Road** (R)
7.30 **Sign Zone: Gladiators** (S)(R)(AD)
8.30 **Political Thinking with Nick Robinson** Topical discussion. (S)
9.00 LIVE **Athletics: World Indoor Championships** Coverage of the morning session on the opening day of the event, held at Kujawsko-Pomorska Arena Torun in Poland. *See feature, page 28.* (S)
1.00 PM **Impossible** Game show. (S)(R)
1.45 **The Tournament** Quiz show. (S)(R)
2.30 **Chess Masters: The Endgame** (R)
3.00 **Clive Myrie's Italian Road Trip** (R)
3.30 **Serengeti** (S)(R)(AD)
4.30 **Flog It!** From Barnard Castle. (S)(R)
5.00 LIVE **Athletics: World Indoor Championships** The evening session on day one at Kujawsko-Pomorska Arena Torun, Poland. (S)

9.00 Gardeners' World

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts another charity edition, with Gyles Brandreth, Cliff Parisi and Perri Shakes-Drayton trying to win £50,000 for their chosen good causes. (S)(R)(AD)
2.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
3.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the Banker. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

10.45 Devil in Disguise

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 17-19/28. (S11) (S)(R)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 2-5/24. (S6) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** From Louisiana. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Our Farm in the Dales** 1/6. Documentary. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun** (S)(R)
5.00 **Four in a Bed** New edition The B&Bers air their grievances. (S)
5.30 **Come Dine with Me** New edition Lady of leisure Michaela hosts the final dinner party of the week. (S)
6.00 **A Place in the Sun: What Happened Next?** New edition Catching up with past house hunters in France and Spain. (S)

9.00 Gogglebox

7 PM

7.00 NEW **Comic Relief: Funny for Money** Davina McCall, Joel Dommett, Catherine Tate as Nan, Nick Mohammed and Katherine Ryan host the annual fundraising extravaganza from Media City UK, Salford. Including a world exclusive of *Traitors: The Movie – The Sequel,* and *Amandaland* returns with a sketch full of famous Amandas. Dermot O'Leary and Alison Hammond find a creative but very risky way to raise money for Comic Relief – robbing a bank. Radio 1 DJ Greg James finishes his mammoth challenge of riding a tandem bike 1,000km across the UK in just seven days, going from Weymouth to Edinburgh then making his way to Media City to join the fundraising in the studio. *See feature, page 12.* (S)(AD)
■ Continues on BBC2

LIVE **Athletics: World Indoor Championships** (started at 5.00pm)

7.30 **It'll Be Alright on the Night** New edition Tom Allen presents another compilation of TV clangers, gaffes and fluffed cues, featuring Kylie Minogue, Michael McIntyre, King Charles III, Romesh Ranganathan and Roman Kemp. (S)(AD)

7.00 **News** (S)

8 PM

8.30 **Mortimer & Whitehouse: Gone Fishing** 6/6. Bob and Paul return to the Peak District to fish in the Wye and Derwent, this time with Ted, where they filmed their first edition of *Gone Fishing.* (S)(R)

8.00 **Emmerdale** Pollard tests Kerry's loyalty, while Cain is preoccupied in his search for farmland. (S)(AD)
8.30 **Coronation Street** Daniel seeks answers from Megan about the future of their relationship. (S)(AD)

8.00 **Inside the World's Most Luxurious Motorhomes** A world of extraordinary motorhomes redefining life on the road, with bespoke interiors, cutting-edge innovation, and price tags that rival supercars and private jets. (S)(R)(AD)

9 PM

9.00 **Gardeners' World** New edition 2/4. Spring is in full stride at Longmeadow, and Monty Don brings new borders to life and revives winter-worn houseplants, while Joe Swift explores the private garden of designer Mary Keen. (S)

9.00 **Beat the Chasers** Bradley Walsh hosts as contestants from across the UK take on Jenny Ryan, Anne Hegerty, Shaun Wallace, Mark Labbett, Paul Sinha and Darragh Ennis, hoping to win big money. (S)(R)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Claudia Winkleman Show** New edition 2/6. The host is joined by actor and comic Guz Khan, comedian and podcaster Joanne McNally and singer-songwriter Niall Horan. (S)
11.25 **RuPaul's Drag Race UK vs the World** 8/8. Michelle Visage, Graham Norton and Alan Carr join RuPaul on the judging panel as the final queens face off in the ultimate Lip-Sync Smackdown to find out who will be crowned Queen of the Mothertucking World. Plus, the eliminated queens return to reflect on the series. (S)(R)
12.35 AM **Weather for the Week Ahead**
12.40 **to 6.00** AM **BBC News** (S)

10.00 NEW **Comic Relief Does the Weakest Link** Romesh Ranganathan hosts the quiz show as six comedians compete to win prize money for Comic Relief. (S)(AD)
10.40 **Newsnight** (S)

11.10 FILM PREMIERE **In Camera** Drama starring Nabhaan Rizwan. An ambitious actor in a flat share with an entrepreneur and a doctor attempts to find a new part to play. (S) (2023, 15, 95min) ★★★
12.45 AM **Sign Zone: Panorama: Assisted Dying – What Next?** (S)(R)
1.15 **Sign Zone: Great British Menu** (R)
2.15 **Sign Zone: The Other Bennet Sister** 1&2/10. (S1) (S)(R)(AD)
3.15 **Sign Zone: Global Eye** (S)(R)
3.45 **to 6.00** AM **Previews** (S)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Devil in Disguise: John Wayne Gacy** New episode *David:* 7/8. Kunkle and Sam are knee-deep in Gacy's trial as the disturbing tale of how he befriended and groomed David Cram is revealed. (S1) (S)(AD)
■ Entire series on ITVX
11.45 **Millionaire Hot Seat** Quiz show hosted by Jeremy Clarkson. (S)(R)
12.15 AM **Teleshopping**
3.00 **The Summit** 8/8. The final four contestants make the last terrifying ascent. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 5.05** AM **Ant & Dec's Limitless Win** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

10.00 **The Last Leg** New edition Adam Hills, Josh Widdicombe and Alex Brooker are joined by celebrity guests for a comic review of the significant moments from the past seven days. (S)

11.05 **Jon Richardson: Old Man Tour** Stand-up performance from Blackpool's Grand Theatre. (S)(R)
12.10 AM **Sean Lock: Keep It Light** Stand-up performance. (S)(R)
1.05 FILM **Everybody's Talking About Jamie** Comedy drama starring Max Harwood, Richard E Grant and Sarah Lancashire. (S) (2021, 12, 115min) ★★★★
3.00 **Ramsay's Hotel Hell** (S)(R)(AD)
3.50 **to 6.00** AM **Four in a Bed** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Discussion. (S)
3.00 **The Good Ship Murder** 8/8. In Ancona, Italy, someone close to the ship is found murdered. (S3) (S)(R)(AD)
4.00 **Bargain-Loving Brits in the Sun** Drag star Ruby Rox debuts a show at a new venue. (S)(R)(AD)
5.00 **News** (S)
6.00 **Love Nature** New edition A volunteer explains the history of sea glass in Seaham. (S)
6.05 **Susan Calman's Grand Day Out** The comedian discovers the delights of Cheshire. (S)(R)
6.55 **News** (S)

8.00 Building the Impossible

7.00 **Celebrity Puzzling** New edition Jeremy Vine hosts, with the Reverend Kate Bottley and Chris Bisson joining captains Sally Lindsay and Carol Vorderman. (S)
7.55 **News** (S)

8.00 **Building the Impossible with Rob Bell** New edition Rob heads to England's south coast where he explores a trio of lighthouses built to protect vessels on the M25 of the high seas. (S)

9.00 **Volcano with Dara O Briain** 1/2. The comedian and presenter explores the power of Italy's most active volcanoes. He begins with a mission to uncover the inner workings of volcanoes, starting out in Sicily. (S)(R)

10.00 **Volcano with Dara O Briain** 2/2. The comedian concludes his journey across Italy to uncover what happens when volcanoes turn from natural wonders into human disasters. (S)(R)
10.55 **Piers Morgan: Uncensored** New edition Opinion-led news show. (S)
12.55 AM **Entertainment News** (S)
1.00 **Teleshopping** (S)(R)
2.30 **Trucking Hell** (S)(R)
2.45 **Killer on the Run** New edition The case of two Pennsylvania troopers shot by Eric Frein. (S)
3.35 **The Chernobyl Disaster: Firestorm** Documentary. (S)(R)
4.30 **The Highland Vet** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S1) (S)(R)
9.00 **NCIS: Los Angeles** (S13) (S)(R)
10.00 **Will & Grace** (S2) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 2/2. (S)(R)
1.00 PM **Hawaii Five-0** (S1) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 19/22. (S1) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 14/28. Part one of two. Dwight's surprise fire-safety drill results in Stanley having a heart attack. (S)(R)
6.30 15/28. Part two of two. Michael stages a comedy roast of himself. (S5) (S)(R)

9.00 Ted

7.00 **The Simpsons** *Write Off This Episode:* Marge and Lisa launch a charity together. (S)(R)
7.30 *The Very Hungry Caterpillars:* A plague of insects shuts down the whole of Springfield. (S)(R)

8.00 **Sport's Funniest Moments** From football to F1 and cricket to golf, enjoy some of the funniest and most farcical moments from the sporting world, in the company of the likes of James Haskell and Chris Kamara. (S)(R)(AD)

9.00 **Ted** New episodes *The Sword in the Stone:* 5/8. John and Ted audition for the school play, while Matty and Susan get jobs at Dunkin' Donuts. (S)
9.45 *Roe v Weed:* 6/8. After a meaningless hook-up, Blaire finds herself navigating an unexpected pregnancy, causing a clash of opinions among the family. (S2) (S)
■ Entire series on Box Sets
10.30 **Intelligence** 3/6. Christine announces that the NHS servers have been hacked, and Jerry takes matters into his own hands. (S1) (S)(R)(AD)
11.00 **Grimm** 19/22. A creature is found drowned in wet cement, putting Nick and Hank on the trail of a troll running a protection racket. (S1) (S)(R)
12.00 M'T **Police 24/7** A routine traffic stop uncovers a fugitive. (S)(R)
1.00 AM **The Force: Manchester** (R)
2.00 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 19/24. (S1) (S)(R)
4.00 **S.W.A.T.** 19/22. (S1) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.25pm A View from the Terrace (S)(R) **12.10am** RuPaul's Drag Race UK vs the World (S)(R) **1.20** Weather for the Week Ahead (S) **1.25-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

As main ITV1 except:

WALES
7.00pm Coast & Country New edition (S)
7.30-8.00pm Wales This Week New edition (S)

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sain Ffagan (AD) **12.30** Heno **1.00** Bethesda: Pobol y Chwarel (AD) **1.30** Arfordir Cymru: Llyn **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Stori'r Iaith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Deis **6.30** Heno New edition **7.00** Newyddion a'r Tywydd **7.30** LIVE Clwb Rygbi **9.50** Y Llais **11.20pm-12.05am** Y Llinell Las

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 FILM **Spider-Man: Into the Spider-Verse** Animated fantasy adventure with the voice of Shameik Moore. Student Miles Morales becomes a version of Spider-Man, and crosses paths with counterparts from other dimensions. (2018, PG, 117min) ★★★★★
8.50 **Jobless** One-off comedy about a British Nigerian family in Milton Keynes.
9.00 **Louis Theroux's Weird Weekends** Louis meet UFO-spotters in America.
9.50 American militia groups stockpiling weapons in preparation for global conflict.
10.40 FILM **Nerve** Teen thriller starring Emma Roberts . (2016, 15, 96min) ★★★
12.10 AM **EastEnders Investigates: The Manosphere** Documentary.
12.40 **Men of the Manosphere**
1.40 **Louis Theroux's Weird Weekends** Double bill.
3.20 **to 3.50** AM **Tommy: The Good. The Bad. The Fury**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
9.30 **Find It, Fix It, Flog It**
10.25 **A Place in the Sun**
11.30 **Come Dine with Me**
2.10 PM **Four in a Bed**
4.50 **Car S.O.S** Tim Shaw and Fuzz Townshend take on a 1969 Jensen Interceptor.
5.50 Tim and Fuzz head to Lincolnshire to work on a Rolls-Royce 'doctor's coupe'.
6.50 **The Dog House Australia** A deaf couple attempt to break through Milo the cavoodle's separation anxiety.
7.55 **Grand Designs** Kevin McCloud follows an ambitious build in Cornwall, as Leigh and Richard attempt to transform a derelict 17th-century flour mill into a contemporary, three-bedroom home.
9.00 NEW SERIES **Blanca** *Without Eyes:* 1/6. Italian crime drama based on the novels by Patrizia Rinaldi, starring Maria Chiara Giannetta as a blind criminal profiler. Subtitled. (S1)
11.25 **24 Hours in A&E** A patient is brought to Queen's Medical Centre with multiple life-threatening injuries to his head, eye and chest after a wall collapsed on him.
12.25 AM **24 Hours in A&E**
1.30 **999: On the Front Line**
2.35 **24 Hours in A&E**
3.35 **to 4.00** AM **Strangers on a Plane**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1999** Featuring Backstreet Boys, 21st Century Girls, Another Level and The Chemical Brothers.
7.30 Music from The Wiseguys, Shania Twain, Madonna and Tatyana Ali.
8.00 **TOTP: 1983** Featuring Bananarama, The Style Council, Ultravox, Bonnie Tyler and Bucks Fizz.
8.30 **TOTP: 1986** Performances by Jim Diamond, Pet Shop Boys, The Real Thing, Diana Ross and Mr Mister.
9.00 **Neil Sedaka Says: All You Need Is the Music** The late singer performs a selection of his songs.
9.45 **Legends: Neil Sedaka** Documentary profiling the late singer-songwriter.
10.45 **Neil Sedaka: In Concert** A 1975 performance from the late singer-songwriter.
11.15 **Piano Greats at the BBC**
12.45 AM **Neil Sedaka Says: All You Need Is the Music**
1.35 **TOTP: 1999** Double bill.
2.35 **TOTP: 1983** As 8.00pm.
3.05 **to 3.35** AM **TOTP: 1986**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **The Simpsons**
11.25 **First Dates**
12.25 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **The Simpsons**
5.00 **Celebrity Coach Trip**
6.00 **The Simpsons** Double bill.
7.00 **The Simpsons** *Portrait of a Lackey on Fire:* Homer plays matchmaker for Smithers.
7.30 *Special Edna (AKA Love and Marking):* Bart takes pity on Mrs Krabappel.
8.00 **First Dates** After suffering a life-threatening illness, 29-year-old Georgina returns to the dating scene.
9.00 FILM **Transporter 2** Action thriller sequel starring Jason Statham, Amber Valletta and Hunter Clary. A highly-skilled professional driver sets out to rescue the kidnapped son of a politician from a vicious drug dealer. (2005, 15, 88min) ★★★
10.45 **The Simpsons**
11.45 **Naked Attraction**
12.50 AM **Gogglebox**
2.50 **Naked Attraction**
3.45 **The Goldbergs**
4.55 **to 6.00** AM **Don't Tell the Bride: Revisited**

+1 hr 235/236 306 30 123 256

primetime

primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

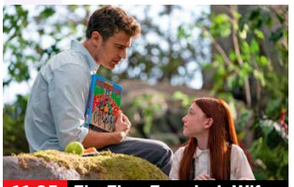
6.00 AM **Bondi Rescue**
7.00 **Nothing to Declare**
9.00 **Border Security USA**
10.00 **Brit Cops: Rapid Response**
11.00 **Caught on Dashcam**
12.00 NOON **FBI** 7/22. (S7)
1.00 PM **The Rookie** 5/14. Officer Nolan is taken hostage. **2.00** 6/14. Officer Nolan's decision to return to school proves a tough ask. (S3)
3.00 **Law & Order: Criminal Intent** 9/21. The patriarch of a wealthy family is killed. (S3)
4.00 **Nothing to Declare**

10.00 Fire Country

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.55 **The Sopranos** 10&11/13. (S2)
10.05 **Boardwalk Empire** Six episodes, including at: **2.30** PM 11/12. Van Alden's past returns to haunt him. **3.35** 12/12. Nucky's future is decided in court. (S2)
4.40 **Game of Thrones** 10/10. Cersei finds herself seeking forgiveness. (S5) **5.50** 1/10. The fate of Jon Snow is revealed. **6.50** 2/10. Bran trains with the Three-Eyed Raven. (S6)


11.05 The Time Traveler's Wife

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.30 **Dress to Impress**
8.25 **Billie and Greg: Family Diaries**
9.25 **The Only Way Is Essex**
10.20 **Real Housewives of Atlanta**
11.15 **Real Housewives of Beverly...**
12.10 PM **Ant & Dec's Limitless Win**
1.10 **Wheel of Fortune**
2.10 **The Only Way Is Essex**
3.10 **Real Housewives of Cheshire**
4.10 **Real Housewives of Atlanta**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

9.00 Suicide Squad

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **A Touch of Frost**
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Bad Tidings:* A Spanish-themed evening ends in murder.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Rumours:* Nick gets a tip-off about a shopkeeper's antics and Greengrass falls foul of gossip.

8.00 Doc Martin

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **The Big Match Revisited**
8.25 **Magnum, PI**
9.30 **Kojak**
10.35 **Boon**
11.45 **The Sweeney**
12.50 PM **Dempsey and Makepeace**
1.55 **Magnum, PI**
2.55 **Kojak**
4.00 **Boon** *Best Left Buried:* Rocky falls for a snooker player.
5.15 **LIVE Racing: Friday Night Live** Megan Nicholls presents coverage of the third round of the season in Wolverhampton.

5.15 Racing: Friday Night Live

7 PM

7.00 Police 24/7 A special edition focusing on cases involving animals.

7.55 Game of Thrones *Oathbreaker:* 3/10. While Daenerys meets her future, Bran meets the past. Elsewhere, Tommen confronts the High Sparrow. (S6)

7.00 Wheel of Fortune Graham Norton hosts as contestants compete to solve word puzzles and win big money prizes.

6.55 Heartbeat *Playing with Fire:* Nick and Kate investigate arson attacks on barns in the area.

LIVE Racing: Friday Night Live (started at 5.15pm)

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 Ant & Dec's Limitless Win A married couple take on the Limitless Ladder, setting their sights on a six-figure sum.

8.00 Doc Martin *Happily Ever After:* 7/7. Preparations for the wedding run far from smoothly, and Isobel goes into labour. (S3)

8.50 Dramatic Finishes A selection of horse racing finishes, featuring races from Cheltenham, Aintree, Ascot and York.

9 PM

9.00 Chicago Fire *Call Me McHolland:* 2/13. Ritter pushes Herrmann to see a doctor, and Brett looks for a wedding venue. (S12)

9.00 DTF St Louis *The Go-Getter:* 3/7. Plumb presses Homer to let her question Clark. (S1)

9.00 FILM Suicide Squad Fantasy adventure starring Will Smith and Margot Robbie. A ragtag team of villains are strong-armed into doing good by a government agent. With Jared Leto. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Doc Martin *Better the Devil:* 1/8. The doctor's life is interrupted by an encounter with his former girlfriend. (S4)

9.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

10 PM

10.00 Fire Country *Get Your Hopes Up:* 10/22. A rescue involving two children brings back difficult memories for Vince. (S1)
11.00 **Blue Bloods** 5&6/20. (S12)
1.00 AM **FBI** 2/22. (S7)
2.00 **Law & Order: Special Victims Unit** 11/13. (S25)
3.00 **Law & Order: Criminal Intent**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

10.00 The Undoing *Trial by Fury:* 5/6. As the first day of the trial gets underway, the prosecution presents shocking evidence. (S1)
11.05 **The Time Traveler's Wife** 3/6. A teenage Clare turns to Henry for help. (S1)
12.05 AM **The Undoing** 6/6. Haley walks an ethical tightrope in her defence strategy. (S1)
1.15 **Game of Thrones** (S6&3)
4.20 **to 6.00** AM **Fish Town**

11.30 **Family Guy** 12/23. Lois tries to save the life of Stewie's new best friend. (S10)
12.00 M'T 19/20. A stray cat wanders into the house. (S19)
12.25 AM **American Dad!** (S16)
1.25 **Bob's Burgers** (S14&13)
2.20 **to 3.00** AM **Unwind with ITV**

10.00 Endeavour *Neverland:* Morse investigates the case of a boy from a broken home who has been reported missing.
11.50 **A Touch of Frost** *Hidden Truth:* Detective Jack Frost searches for a woman who witnessed a gangland murder – and soon finds himself targeted by a contract killer.
1.55 AM **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

10.00 Wrestling: AEW Dynamite Hard-hitting action from the world of All Elite Wrestling.
12.00 M'T **Dark Side of the Ring** 1/2. Focusing on the story of Brian Pillman.
1.00 AM **Minder**
1.50 **Two and a Half Men** (S1)
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Sportscene: Championship Football** Partick Thistle v St. Johnstone: The second-tier match from Wyre Stadium at Firhill, as the teams meet for the fourth time this season. Kick-off is at 7.45.
10.00 **Still Game** 2/6. The news that a spooky new undertaker has moved into town causes commotion. (S8)
10.30 **A View from the Terrace** New edition Craig G Telfer presents a look at Scottish football, dissecting the ins and outs of the week's action.
11.15 **Two Doors Down** 5/6. Christine needs the Bairds' help in buying a baby buggy. (S2)
11.45 PM **to 12.00** M'T **Pineapple** Comedy.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S5)
9.00 **Ballers** 7&8/10. (S2)
10.15 **Sex and the City** (S6)
11.25 **Entourage** (S8)
12.30 PM **Will & Grace** (S7)
1.30 **Sex and the City** (S6)
2.45 **Ballers** 9&10/10. (S2)
3.55 **And Just Like That...**
4.45 **The Office (US)** (S5)
5.45 **Will & Grace** (S7)
6.45 **Community** (S2)
7.45 **Sex and the City** 15/20. Carrie struggles to deal with her feelings about motherhood. **8.20** 16/20. Samantha tries a bold new look, and Aleksandr's tastes surprise Carrie. (S6)
9.00 **Sarah Silverman: We Are Miracles** Stand-up comedy show.
10.15 **NEW Saturday Night Live: Best of Will Ferrell**
11.35 **And Just Like That...**
12.30 AM **Sex and the City**
1.30 **Community** (S2)
2.30 **Ballers** 5&6/10. (S2)
3.40 **to 5.00** AM **Barry**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **André Rieu: Live in Dublin**
7.45 **Watercolour Challenge**
8.45 **Tales of the Unexpected**
9.55 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Stories from Tate Britain** Documentary.
3.00 **The Brontës by Anita Rani** Documentary.
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **From the Vaults**
9.00 **Classic Albums**
10.00 **Motorhead: Louder Than Everything Else**
11.30 **Deep Purple: Perfect Strangers**
1.55 AM **Johnson & Knopfler's Music Legends** Tom Jones.
2.50 **Simon & Garfunkel: Old Friends – Live**
5.10 **to 6.00** AM **Auction**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 5/26. (S2)
5.00 **Stargate SG-1** (S4)
6.00 **Star Trek: Voyager**
7.00 **Star Trek: The Next Generation** 5/26. (S1)
8.00 **Primeval** 10/10. Danny, Connor and Abby face a terrifying journey through anomalies. (S3)
9.00 **Band of Brothers** (S1)
11.30 **Grimm** 13/13. (S6)
12.30 AM **Warrior** 9/10. (S2)
1.30 **The Force: Manchester**
2.30 **Brit Cops: Frontline Crime UK** Documentary.
3.30 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Ant & Dec's Limitless Win** Husband-and-wife team Richard and Lorna finish their game.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Tina tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Millionaire Hot Seat** Double bill of the big-money quiz hosted by Jeremy Clarkson.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Tenable** Quiz show.
1.45 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

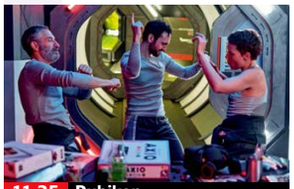
9.00 AM **Location, Location, Location** From London.
10.00 **Stacey Solomon's Renovation Rescue**
11.00 **Come Dine with Me**
11.30 **Four in a Bed**
12.00 NOON **A New Life in the Sun** From France.
1.00 PM **A Place in the Sun**
2.00 **A Place in the Sun: What Happened Next?**
3.00 **Come Dine with Me**
5.30 **A Place in the Sun**
6.00 **Location, Location, Location Revisited**
7.00 **George Clarke's Building Home** A couple from Glasgow transform a castle-like tower.
8.00 **Kirstie and Phil's Love It or List It**
9.00 **24 Hours in A&E**
11.05 **Gogglebox** Double bill.
1.05 AM **Naked Attraction**
2.10 **First Dates**
3.10 **Millionaire Hoarders**
4.05 **to 5.00** AM **Batch from Scratch: Cooking for Less**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

- **6.00** AM **Most Haunted**
- **8.00** **Teleshopping**
- **11.00** **Star Trek: The Next Generation** 24/26. (S6)
- **12.00** NOON **Star Trek: Voyager**
- **1.00** PM **Star Trek: Deep Space Nine** 25/26. (S6)
- **2.00** **Warehouse 13** 9&10/13. (S1)
- **4.00** **Stargate SG-1** 17/22. (S3)
- **5.00** **Star Trek: Voyager** 1/26. The crew become stranded on a primitive planet. (S3)
- **6.00** **Star Trek: The Next Generation** 24/26. Riker encounters his double. (S6)



11.35 Rubikon

- **7.00** **Star Trek: Deep Space Nine** *The Sound of Her Voice:* 25/26. The crew race to save a stranded Starfleet captain. (S6)
- **8.00** **Stargate SG-1** *A Hundred Days:* 17/22. A meteor strike leaves Jack stranded on a primitive planet with no means of escape. (S3)
- **9.00** FILM **Stephen King's Needful Things** Horror starring Max von Sydow and Ed Harris. The mysterious owner of an antiques shop spreads evil in a small Maine town. With Bonnie Bedelia and Amanda Plummer. (1993, 15, 118min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
- **11.35** FILM **Rubikon** Sci-fi drama starring Julia Franz Richter. (2022, 12, 110min) ★★
- **1.45** AM **True Blood** 8/10. Sookie puts her life on the line for Bill. **2.45** 9/10. Bill pushes Sookie away, and Eric faces a dilemma. **3.45** 10/10. Last episode of the supernatural drama. (S7)
- **5.00** **to 6.00** AM **Warehouse 13**

U&Alibi

109/110 120/130 114 343 358

- **7.10** AM **Murdoch Mysteries** (S15)
- **9.00** **Father Brown** As 7.00pm.
- **10.00** **The Mentalist** 12/23. (S1)
- **11.00** **Hudson & Rex** As 5.00pm.
- **12.00** NOON **My Life Is Murder** (S1)
- **1.00** PM **Death in Paradise** (S7)
- **2.00** **Murdoch Mysteries** (S15)
- **4.00** **The Mentalist** 12/23. (S1)
- **5.00** **Hudson & Rex** 1/16. Rex proves himself as a member of the Major Crimes team. (S1)
- **6.00** **My Life Is Murder** 10/10. A plastic surgeon is found dead after self-administering an anti-wrinkle drug. (S1)

9.00 CSI: Vegas

- **7.00** **Father Brown** *The Face of the Enemy:* The priest spies trouble when Lady Felicia returns to Kembleford from Africa.
- **8.00** **Death in Paradise** *Dark Memories:* 7/8. Someone from JP's past is caught red-handed at a murder scene. (S7)
- **9.00** **CSI: Vegas** *The Artist is Present:* 8/10. The team are called in when a plastinated nervous system is found. (S3)
- **10.00** **Death in Paradise** *Switcharoo:* 5/8. New DI Neville Parker is called in when a woman is found dead in a bathtub. (S9)
- **11.00** **Father Brown** As 7.00pm.
- **12.00** M'T **Death in Paradise**
- **1.00** AM **My Life Is Murder**
- **2.00** **The Red King** 5/6. After ruling out the True Way, Grace turns her focus to Gruffudd. (S1)
- **3.00** **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

- **7.10** AM **Don't Wait Up**
- **7.50** **Are You Being Served?**
- **8.30** **The Green Green Grass**
- **9.10** **Are You Being Served?**
- **9.50** **Last of the Summer Wine**
- **11.00** **Dad's Army**
- **11.40** **Are You Being Served?**
- **12.20** PM **Keeping Up Appearances**
- **1.00** **Dad's Army**
- **2.20** **Hi-de-Hi!**
- **3.00** **Are You Being Served?**
- **4.20** **Dad's Army**
- **5.00** **Last of the Summer Wine**
- **6.20** **Keeping Up Appearances**

5.00 Last of the Summer Wine

- **7.00** **Are You Being Served?** The staff members take up residence at the store.
- **7.40** **Dad's Army** Mainwaring and his platoon encounter a steam engine problem.
- **8.20** **Are You Being Served?** Mr Spooner reveals his musical abilities. Guest stars Nick Ross.
- **9.00** **This Time with Alan Partridge** The team host a show dedicated to a much-loved broadcaster.
- **9.40** **I'm Alan Partridge** Alan goes looking for some excitement.
- **10.20** **Men Behaving Badly** Tony develops a sudden interest in astrology.
- **11.00** **Bottom: Hooligans Island Live** Eddie and Richie are marooned on a desert island.
- **1.15** AM **This Time with Alan Partridge** As 9.00pm.
- **1.55** **I'm Alan Partridge**
- **2.40** **Men Behaving Badly**
- **3.15** **to 4.00** AM **Hi-de-Hi!**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

- **7.10** AM **Hairy Bikers' Best of British** Si and Dave explore ways of preserving food.
- **8.00** **Border Force: America's Gatekeepers** Double bill.
- **10.00** **Railroad Australia**
- **11.00** **Rick Stein's Mediterranean Escapes** Rick visits Corsica.
- **12.00** NOON **Border Force: America's Gatekeepers**
- **2.00** PM **Guy Martin: Proper Jobs**
- **3.00** **Top Gear** Double bill.
- **5.00** **Hairy Bikers' Best of British**
- **6.00** **Rick Stein's Mediterranean Escapes** Rick visits Corsica.

7.40 House of Games

- **7.00** **Would I Lie to You?** With guests Angellica Bell, Bob Mortimer, Suggs and Holly Willoughby.
- **7.40** **Richard Osman's House of Games** With David James, Rhys James, Isy Suttie and Denise Lewis. **8.20** With Sara Barron and Anton Du Beke.
- **9.00** **QI XL** Guests Jo Brand, Bill Bailey and James Acaster join regular panellist Alan Davies and host Stephen Fry.
- **10.00** **Have I Got a Bit More News for You** Martin Lewis hosts the satirical quiz, with Ignacio Lopez and Steph McGovern.
- **11.00** **Taskmaster** Jo Brand reveals her psychic powers.
- **12.00** M'T **Mock the Week**
- **12.40** AM **Would I Lie to You? At Christmas** With Barry Cryer.
- **1.20** **Would I Lie to You?**
- **2.00** **to 4.00** AM **At Home with Katherine Ryan**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

- **7.00** AM **Birds of a Feather**
- **7.40** **The Bill**
- **8.40** **Doctors**
- **9.50** **Classic Holby City**
- **10.50** **Classic Casualty**
- **11.55** **The Bill**
- **12.55** PM **Classic EastEnders**
- **2.10** **All Creatures Great and Small** Tristan accuses Siegfried of giving him the worst cases.
- **3.10** **Howards' Way**
- **4.20** **Shakespeare & Hathaway: Private Investigators**
- **5.20** **Birds of a Feather**
- **6.00** **Last of the Summer Wine**

9.00 Happy Valley

- **7.20** **Last of the Summer Wine** Lenny and his assistant Cliff return to the village. With Tommy Cannon and Bobby Ball.
- **8.00** **Father Brown** *The Penitent Man:* Flambeau is incarcerated under suspicion of murder.
- **9.00** **Happy Valley** 3/6. The search for Ann Gallagher takes a tragic turn when Kirsten pulls a van over for speeding and hears muffled sounds coming from the back. (S1)
- **10.20** **New Tricks** *Bank Robbery:* A police informant resurfaces with details about an armed robbery.
- **11.20** **Shakespeare & Hathaway: Private Investigators** (S3)
- **12.20** AM **The Inspector Lynley Mysteries** *Deception on His Mind:* Crime drama.
- **2.25** **Birds of a Feather**
- **3.00** **to 4.00** AM **Catch Me a Killer**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

- **9.00** AM **Entertainment News**
- **9.10** **NCIS** 20–22/24. (S7)
- **12.00** NOON **Law & Order**
- **6.00** PM **NCIS** *Ships in the Night:* 11/24. The death of a Marine during a cruise is investigated. **7.00** *Recruited:* 12/24. A US Navy recruitment officer is murdered at a high school. **8.00** *Freedom:* 13/24. The team suspect a US Marine has beaten her husband to death. (S8)
- **9.00** **Person of Interest** *Sotto Voce:* 9/13. Root makes a big discovery. **10.00** *The Day the World Went Away:* 10/13. Finch's number comes up when his cover identity is compromised. (S5)
- **11.00** **Law & Order: Special Victims Unit** (S23)
- **2.40** AM **Instinct** 8/11. (S2)
- **3.35** **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

- **8.00** AM **Bargain-Loving Brits in the Sun**
- **10.00** **Shoplifters: Caught Red Handed**
- **11.00** **Traffic Cops** Triple bill.
- **2.00** PM **Police Interceptors**
- **5.00** **Car Pound Cops**
- **6.00** **Home and Away**
- **7.00** **GPs: Behind Closed Doors** Medical series.
- **8.00** **Casualty 24/7: Every Second Counts** Paramedics bring in a 67-year-old woman with suspected sepsis.
- **9.00** **999: Critical Condition** A man is admitted after falling down the stairs.
- **10.00** **999: Emergency Call Out** Officers track a gang of robbers and a van known for thefts.
- **11.00** **Skin A&E**
- **12.00** M'T **Nightmare Tenants, Slum Landlords**
- **2.45** AM **GPs: Behind Closed Doors** Medical series.
- **3.35** **to 4.00** AM **Eggheads**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

- **9.00** AM **Entertainment News**
- **9.10** **Winter Road Rescue**
- **9.45** **Police Interceptors**
- **11.50** FILM **The Big Trail** Western drama. (1930, b/w, U, 117min) ★★
- **2.15** PM FILM **The Hangman** Western drama. (1958, b/w, U, 86min) ★★
- **4.00** **Trucking Heavy**
- **5.00** **Traffic Cops**
- **6.00** **Police Interceptors**
- **8.00** **Motorway Cops: Catching Britain's Speeders** Members of the public call in about a possible drink-driver.
- **9.00** **Police: Night Shift 999**
- **10.00** **Cops** A boyfriend steps in to prevent his girlfriend from going to jail. **10.30** An officer uses his surefire trick to catch someone in a lie.
- **11.00** **The X-Files** 10/24. (S1)
- **12.00** M'T **Mud Mountain Haulers** Documentary.
- **1.00** AM **Outback Truckers**
- **2.00** **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

- **6.15** AM **MasterChef Australia** Culinary show.
- **8.00** **Tipping Point**
- **10.00** **DIY SOS: The Big Build**
- **1.00** PM **Tipping Point**
- **4.00** **My Dream Home**
- **6.00** **DIY SOS: The Big Build**
- **7.00** **The Supervet: Noel Fitzpatrick** A 10-month-old collie and a golden retriever pup make return visits.
- **8.00** **Inside the Ambulance** The paramedics treat a young mother with severe stomach pains.
- **9.00** **999 Rescue Squad** Featuring a stand-off involving a man wielding a samurai sword in South Yorkshire. **10.00** HART staff must treat one of their own after a freak accident.
- **11.00** **Women Behind Bars with Trevor McDonald**
- **1.00** **to 3.00** AM **Alex Jones: Making Babies**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

- **6.10** AM **The Lakes with Paul Rose** Four editions.
- **8.00** **Bangers & Cash**
- **10.00** **War Factories**
- **11.00** **Rise of the Nazis: The Manhunt**
- **12.00** NOON **Antiques Roadshow** Double bill.
- **2.00** PM **Bangers & Cash**
- **4.00** **War Factories**
- **5.00** **Rise of the Nazis: The Manhunt**
- **6.00** **Antiques Roadshow**
- **7.00** **Wilderness with Simon Reeve** The adventurer explores the Democratic Republic of the Congo.
- **8.00** **'Allo 'Allo!** Michelle enlists Rene to set up a mobile radio station. **8.40** Herr Flick gives Helga a truth drug. **9.20** It's Rene's birthday and surprises include a wink from Hitler.
- **10.00** **Bangers & Cash**
- **2.00** **to 3.00** AM **Black Panthers of WW2**

+1 hour 255 329

Really

142 153 165 44 149 40

- **6.00** AM **Fantasy Homes by the Sea** Northumberland.
- **7.00** **Teleshopping**
- **8.00** **Escape to the Country**
- **9.00** **Salvage Hunters Celebrity Special**
- **10.00** **Salvage Hunters**
- **12.00** NOON **Antiques Road Trip** Double bill.
- **2.00** PM **The Repair Shop**
- **3.00** **The Derbyshire Auction House**
- **4.00** **Long Lost Family: Born Without Trace**
- **6.00** **Money for Nothing**
- **7.00** **Salvage Hunters**
- **8.00** **Antiques Road Trip**
- **9.00** **Fixer to Fabulous** New edition Dave and Jenny Marrs race to create an accessible home renovation.
- **10.00** **Home Town** New edition
- **11.00** **Help! My House Is Haunted** Triple bill.
- **2.00** AM **Teleshopping**
- **4.00** **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

FRIDAY Entertainment

Friday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 20–22/25. (S1)
1.00 PM **The Waltons** (S5)
3.00 **Ballykissangel** (S4)
4.10 **Born and Bred** (S3)
5.20 **FILM Please Sir!** Zany comedy with the staff and pupils from the popular 1970s TV series, starring John Alderton. (1971, PG, 97min) ★★★
7.30 **M*A*S*H** 12/25. BJ plays agony aunt to a jilted GI. **8.00** 13/25. Frank puts his affairs in order. **8.30** 14/25. Hawkeye calls Frank's bluff. (S4)
9.00 **FILM The Duel** Western with Liam Hemsworth. (2016, 15, 110min) ★★
11.20 **The New Avengers**
12.20 AM **The Avengers** (S6)
1.20 **M*A*S*H** 12&13/25. (S4)
2.25 **Home to Roost** (S1)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
11.00 **The Baron** 29/30. (S1)
12.00 NOON **FILM The 300 Spartans** War drama. (1962, PG, 113min) ★★★
2.30 PM **FILM Apache Ambush** Western. (1955, U, 68min) ★★
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The New Avengers**
7.00 **The Avengers** (S6)
8.00 **The Baron** 30/30. (S1)
9.00 **FILM Chain Reaction** Spy thriller starring Keanu Reeves. (1996, 12, 106min) ★★
11.10 **FILM Kill Command** Sci-fi thriller. (2016, 15, 100min) ★★★
1.20 AM **The Baron** (S1)
2.20 **The New Avengers**
3.05 **FILM Four Fast Guns** Western. (1960, b/w, U, 72min) ★★
4.25 **to 6.00** AM **Police Ten 7**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM An Aurora Teagarden Mystery: A Very Foul Play** Thriller. (2019, PG, 85min) ★★
10.05 **In Plain Sight** 9/12. (S1)
11.05 **Castle** 20/23. (S7)
12.05 PM **FILM Mystery 101: Words Can Kill** Thriller. (2019, PG, 90min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 21/23. (S7)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 10/12. (S1)
10.00 **FILM Framed for Murder** Crime thriller. (2022, 12, 85min) ★★
11.55 **FILM An Aurora Teagarden Mystery: Something New** Drama. (2023, U, 87min) ★★
1.50 AM **FILM Burning Lies** Thriller. (2021, PG) ★★
3.20 **to 5.00** AM **FILM Cruel Fixation** Thriller. (2019, 12, 90min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.15 AM **FILM Love on Retreat** Romantic drama. (2023, PG, 85min) ★★
10.25 **FILM Secrets of Bella Vista** Drama. (2022, U, 84min) ★★
12.20 PM **FILM One Perfect Match** Romantic comedy. (2023, PG, 87min) ★★
2.15 **FILM Love By Chance** Comedy. (2016, PG) ★★
4.10 **FILM Love's Last Resort** Drama. (2017, PG) ★★
6.05 **FILM The Happiness Playbook** Comedy. (2023, U, 89min) ★★
8.00 **FILM The Royal Bake Off** Romantic comedy. (2023, PG, 90min) ★★
10.00 **FILM The Baker's Son** Romantic fantasy. (2021, PG, 84min) ★★
11.55 **FILM Christmas Romance Al Dente** Drama. (2020, PG) ★★
2.05 AM **Highway to Heaven**
3.10 **to 5.00** AM **FILM Love By Chance** As 2.15pm.

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
12.00 NOON **Marcus Wareing's Tales from a Kitchen Garden**
12.45 PM **Edwardian Farm**
2.00 **My Floating Home**
3.00 **New Home DIY**
4.00 **Supermarket Secrets Revealed**
5.00 **Edwardian Farm**
6.15 **Marcus Wareing's Tales from a Kitchen Garden**
7.00 **Garden Rescue**
8.00 **My Floating Home**
9.00 **Supermarket Secrets Revealed**
10.00 **FILM The Sex Thief** Comedy with David Warbeck and Diane Keen. (1973, 18, 90min) ★★
12.00 M'T **FILM Deadly Recruits** Spy thriller. (1986, PG, 92min) ★★
2.00 AM **Marcus Wareing's Tales from a Kitchen Garden** From Kent.
2.45 **Edwardian Farm**
4.00 **to 5.00** AM **Flipping Profit**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **The Rewind Jukebox**
11.00 **Shine on Harvey Moon**
12.05 PM **The Dustbinmen**
12.35 **Agony** (S3)
1.05 **Star Maidens** 3/13. (S1)
1.35 **The Champions** (S1)
2.35 **The Prime of Miss Jean Brodie** 6/7. (S1)
3.40 **Mysterious Tales**
3.45 **Hank the Cowboy**
4.00 **Secrets of the Coast**
4.30 **Old Country**
5.00 **Stereo Underground**
6.00 **The Dustbinmen** (S2)
6.30 **Star Maidens** 3/13. (S1)
7.00 **Agony** (S3)
7.30 **The Gaffer** 2/7. (S3)
8.00 **The Champions** (S1)
9.00 **Drop the Dead Donkey**
10.00 **The Man Who Made Husbands Jealous**
11.05 **FILM Inseminoid** Horror. (1981, 15, 93min) ★
1.05 AM **Stereo Underground**
2.05 **Hank the Cowboy**
2.20 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Extinct or Alive**
10.00 **Deadliest Catch**
12.00 NOON **Curse of the Frozen Gold**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Wild Bill discovers the truth about Nick's illness. **8.00** Johnathan and Andy fish together.
9.00 **Cornwall Air 999** The crew race to help a man crushed by a lawnmower. **10.00** The crew attend a motorbike crash.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Hairy Bikers' Mississippi Adventure**
7.00 **Hairy Bikers Go North**
8.00 **The Pioneer Woman**
9.00 **Jamie Cooks Italy**
10.00 **Barefoot Contessa – Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin's French Adventure**
3.00 **Hairy Bikers Go North**
4.00 **The Pioneer Woman**
5.00 **Jamie Cooks Italy**
6.00 **Barefoot Contessa – Back to Basics**
7.00 **Great British Bake Off**
9.00 **Man v Food with Casey Webb** Double bill.
10.00 **Chef Grudge Match** New edition Adam Sobel seeks to humiliate Matt Jennings, and Marjorie Meek-Bradley calls out Mei Lin.
11.00 **Hairy Bikers' Mississippi Adventure**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 4/22. (S6)
9.00 **The A-Team** 12/13. (S5)
10.00 **The Invaders** (S2)
11.00 **FILM Dark Storm** Sci-fi action thriller. (2006, 15, 89min) ★★
1.00 PM **FILM Jory** Western. (1972, 12, 97min) ★
3.00 **FILM High Flight** Drama. (1958, PG, 8min) ★★
5.00 **Star Trek** 14/24. (S3)
6.00 **The Invaders** (S2)
7.00 **The A-Team** 13/13. (S5)
8.00 **Walker, Texas Ranger**
9.00 **FILM Safe House** Action thriller starring Ryan Reynolds. (2012, 15, 110min) ★★★
11.15 **FILM Double Team** Thriller starring Jean-Claude Van Damme. (1997, 18, 93min) ★★
1.10 AM **FILM Vendetta** Thriller with Danny Dyer. (2013, 18, 106min) ★★
3.15 **to 5.00** AM **FILM Precious Cargo** Thriller. (2016, 15, 87min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Meteor Moon** Sci-fi adventure. (2020, PG, 80min) ★★
11.00 **The Lost World** (S3)
12.00 NOON **FILM Wild Horses** Western. (1985, PG, 95min) ★★
2.00 PM **FILM MegaFault** Sci-fi action adventure. (2009, 12, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Tornado Warning** Sci-fi action thriller. (2012, PG, 90min) ★★
7.00 **The Lost World** (S3)
8.00 **The Fall Guy** 7/22. (S3)
9.00 **FILM Rambo: Last Blood** Thriller sequel with Sylvester Stallone. (2019, 18, 89min) ★★
10.50 **FILM Cold in July** Crime thriller. (2014, 15, 108min) ★★★★
1.00 AM **FILM Rambo: Last Blood** As 9.00pm.
3.00 **FILM Tornado Warning**
5.00 **to 6.00** AM **The Lost World**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Real Deal**
6.40 **Canadian Pickers** New edition
7.35 **Junk & Disorderly**
8.30 **Storage Wars**
9.20 **Hardcore Pawn**
10.15 **Pawn Stars**
11.10 **Mountain Men**
12.10 PM **Swamp People**
1.05 **Canadian Pickers**
2.05 **Storage Wars**
3.05 **Junk & Disorderly**
4.00 **Ancient Aliens**
5.00 **Encounter: UFO**
6.00 **Pawn Stars**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Road Wars** New editions
10.00 **Paranormal: Caught on Camera** Double bill.
12.00 M'T **My Paranormal Nightmare**
1.00 AM **Encounter: UFO**
2.00 **Ancient Aliens**
3.00 **Mountain Men**
3.45 **Swamp People**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Escape to the Cotswolds** Stonehenge.
11.00 **Ben Fogle: New Lives in the Wild** Andalucia.
12.00 NOON **Nazi Megastructures**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **The Yorkshire Vet**
5.00 **World's Most Scenic Railway Journeys**
6.00 **Abandoned Engineering**
7.00 **Nazi Megastructures**
8.00 **Ben Fogle: New Lives in the Wild** A man who built a hostel in the Guatemalan jungle.
9.00 **Taggart** *Ring of Deceit:* The detective investigates a series of murders carried out by a killer known as The Mechanic.
11.45 **The Most Embarrassing TV Moments**
1.45 AM **Happy Campers: The Caravan Park**
3.35 **to 4.00** AM **Walking Wartime Britain**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **All Star Family Fortunes** Shane Lynch versus Ruthie Henshall.
12.40 PM **Lily Savage's Blankety Blank**
2.00 **The Chase** Quiz show.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
4.00 **Bridge of Lies**
5.00 **The Bidding Room**
6.00 **Tenable** Game show.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** With guests Joe Pasquale, Janet Street-Porter, Mark Durden-Smith and Austin Healey.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase** Triple bill of the quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.00** 15/24. Howard goes on a trip to Las Vegas. **8.30** 16/24. Leonard and Penny celebrate Valentine's Day. (S6)
9.00 **90 Day Fiancé: Before the 90 Days** New edition Emma comes clean, Jovon visits Anna's hometown, Lisa confronts Daniel about another woman, and Stig reassesses his relationship.
11.00 **Georgie and Mandy's First Marriage** (S1)
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S7)
1.00 PM **Friends** (S7)
7.00 **Friends** 19/24. Monica's attractive cousin visits. **7.30** 20/24. Rachel meets a college friend. **8.00** 21/24. Chandler tries his best to write his marriage vows. **8.30** 22/24. Chandler reluctantly visits his father in Vegas. (S7)
9.00 **Lee Evans Live at Wembley** Stand-up.
11.00 **Whose Line Is It Anyway? USA**
12.30 AM **8 Out of 10 Cats**
2.10 **Ardal O'Hanlon: Comedy Central Live**
2.40 **Michael McIntyre: Hello Wembley!**
3.30 **Key & Peele**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 7&8/25. (S7)
7.00 **Teleshopping**
9.00 **Spin City** 17&18/26. (S3)
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S10)
1.00 PM **Criminally Funny**
2.30 **Gods of the Game**
3.30 **Takeshi's Castle**
4.00 **Impractical Jokers**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Spin City** 17&18/26. (S3)
7.00 **Everybody Loves Raymond** 9–12/25. (S7)
9.00 **Michael McIntyre's Big Show** Jermaine Jenas hands over his phone for Send to All, and Ellie Goulding performs.
10.00 **Friends** 18–21/25. (S6)
12.00 M'T **Iain Stirling's Roast the Internet**
1.00 AM **Whose Line Is It Anyway? USA**
3.45 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.50 **Steptoe and Son** (S4)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.30 PM **Man About the House** 3/7. Sitcom. (S6)
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 6/13. Sitcom. (S1)
2.45 **Minder** 4/10. (S5)
3.45 **Just Good Friends** (S1)
4.20 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 2/6. Sitcom. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S4)
6.45 **Rising Damp** 5/6. (S4)
7.15 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 4/11 (S1)
9.00 **Benidorm** 1/7. (S8)
9.55 **Shameless** 4/16. (S6)
10.55 **Man About the House**
11.25 **Rising Damp** 5/7. (S3)
12.00 M'T **Benidorm** 1/7. (S8)
12.55 AM **Minder** 8/13. (S2)
2.00 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom: From the Beginning** Reality show.
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
2.00 PM **Catfish: Love Triangles** Reality series.
3.00 **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids Go Skint**
8.00 **Teen Mom UK: Next Generation**
9.00 **Dating Naked**
10.00 **FILM Salt** Action thriller. (2010, 12, 99min) ★★★
12.00 M'T **Love & Hip Hop: Atlanta** New edition Karlie's trip gets off to a rocky start.
1.00 AM **Caught in the Act: Unfaithful** Double bill.
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made: Dream Cars** Double bill of editions.
7.00 **Diesel Brothers**
9.00 **The Last Woodsmen**
11.00 **Overhaulin'** Double bill.
1.00 PM **Gold Rush**
3.00 **How It's Made** Four editions of the series, including at: **4.00** Aluminium boats. **4.30** The manufacture of alpine skis and marble statues.
5.00 **Alaska: Homestead Rescue** The Raneys help a struggling Idaho family in a cliffside geodesic dome home.

9.00 Expedition Files

7.00 **Wheeler Dealers** The group are excited when a legendary 1991 Toyota MR2 Turbo is found.
8.00 **Gold Rush** Rick is shaken by his find at the bottom of Valhalla, while Tony bears down on his 6,500-ounce goal.
9.00 **Expedition Files** New edition Josh Gates analyses the Patterson-Gimlin Bigfoot film with cutting-edge technology.
10.00 **Curse of the Bermuda Triangle** In 1945, five US Navy planes vanished without a trace in the Bermuda Triangle.
11.00 **Expedition Bigfoot** Russell tracks an unknown creature to a mysterious lake.
12.00 M'T **Deadliest Catch**
1.00 AM **Expedition Files**
2.00 **Curse of the Bermuda Triangle** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die** From Greenland.
10.00 **Tanked** Documentary.
11.00 **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Helping felines Littlez and Whiskey. **4.00** Feline Einstein experiences mood swings.
5.00 **Lone Star Law** A trespasser is reported in Beaumont.
6.00 **Dr Jeff: Rocky Mountain Vet** A puppy has some broken ribs and internal bleeding.

8.00 100 Days Wild

7.00 **Treehouse Masters** Pete Nelson and his gang ride out to build a double-decker hideout in Texas Hill Country.
8.00 **100 Days Wild** Stranded, freezing and desperate for food, Adam and Evan make a dangerous journey to base camp.
9.00 **Alaska: The Last Frontier** Otto and Eivin fix the homestead's fences in order to contain their herd of cows.
10.00 **Alaskan Bush People** With a storm predicted, the siblings rush to complete a project to capture and store water.
11.00 **The Haunted** A girl's ghost hunting may have attracted some paranormal trouble.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Richard E Grant's Seven Deadly Sins** Sloth.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Dutch Caribbean Coastguards** Documentary.
9.00 **Air Crash Investigation**
10.00 **Lost Treasures of Angkor: Ancient Laos Revealed**
11.00 **Strangest Things**
12.00 NOON **Engineering Europe**
1.00 PM **Car S.O.S** A Willys Jeep.
2.00 **Air Crash Investigation**
3.00 **Seconds from Disaster**
4.00 **Planes that Changed History**
5.00 **Car S.O.S** A Mercedes SLK.
6.00 **Inside Melbourne Airport** Weapons concealed in luggage test airport security.

12.00 Engineering Europe

7.00 **Air Crash Investigation** A reconstruction of the Continental Express Flight 2574's accident in Texas in September 1991.
8.00 **Air Crash Investigation** Investigating the crash of Korean Air Flight 801 in 1997, which killed more than 200 people.
9.00 **Air Crash Investigation** Investigating Aeroperú Flight 603, which crashed into the Pacific Ocean in 1996, killing all 70 aboard.
10.00 **Inside Melbourne Airport** Border Force find contraband and a mysterious plane lands unannounced.
11.00 **Air Crash Investigation** The worst aviation disaster in Sumatra's history.
12.00 M'T **To Catch a Smuggler**
2.00 AM **Made in a Day**
2.30 **Abandoned** Double bill.
3.20 **Food Factory USA**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Full Custom Garage**
6.55 **Adventure Gold Diggers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Digging for Britain**
1.00 PM **Ancient Aliens: Origins**
3.00 **Close Encounters Down Under** Triple bill of the documentary, including at: **5.00** A visit to the land beyond the coastal fringe.
6.00 **American Pickers** The Wolfe brothers comb through an epic 27,000-square-foot hangar in Nebraska.

10.00 Ancient Aliens: Origin

7.00 **Forged in Fire** Four bladesmiths must forge a Damascus blade from three different steels.
8.00 **Combat Trains** Accounts of the perilous expedition that made a young Winston Churchill world famous.
9.00 **Hitler's Handmaidens** The fanatical women who trained Hitler in the methods of high society to launch him to power.
10.00 **Ancient Aliens: Origins** New edition Compilation of the most compelling mysteries featured on the *Ancient Aliens* series.
12.00 M'T **Close Encounters Down Under** Melbourne's long history of UFO sightings. **12.55** AM A look at UFO sightings in New South Wales. **1.50** A visit to the land beyond the coastal fringe and the vast expanses of Australia.
2.50 **Ancient Aliens: Origins**
4.25 **Pawn Stars** A HG Wells book.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **The Good Fight Club**
7.00 **Discovering: Nicole Kidman**
8.00 **The Directors**
8.55 **The Invisible Pilot**
10.00 **The Civil War**
11.05 **The Sixties**
12.00 NOON **Faye** The life and career of Faye Dunaway.
1.50 PM **My Icon: Kadeen Corbin**
2.00 **FILM Man on Wire** Oscar-winning documentary. (2007, 12, 93min) ★★★★
4.00 **Discovering: Nicole Kidman**
5.00 **The Directors**
5.50 **The Invisible Pilot**

4.00 Discovering: Nicole Kidman

6.55 **The Civil War** 5/9. The Battle of Gettysburg, which took place over three days in July 1863.
8.00 **I'm Chevy Chase and You're Not** A profile of the actor and comedian, who rose to fame on *Saturday Night Live* before becoming a film star in the 1980s, but whose career declined amid reports of difficult behaviour.
10.00 **I Am Richard Pryor** Documentary reflecting on the highs and lows of the comedian and actor's life, featuring interviews with Mike Epps, Tiffany Haddish and his widow Jennifer Lee.
11.50 **The Apollo** Documentary exploring the history of the famous Harlem venue.
1.50 AM **King in the Wilderness**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Nicole Kidman**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Antiques Road Trip**
12.00 NOON **The Yorkshire Auction House**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
4.00 **Celebrity Yorkshire Auction House**
6.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** Angus Ashworth helps a widow in Lincoln find new homes for her late husband's aviation paintings.
9.00 **The Repair Shop** The team restore a drum kit. **10.00** A decorative belt awarded to a Victorian sporting hero is restored.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Forbidden: Dying for Love**
1.00 PM **Disappeared**
2.00 **Murder on CCTV**
3.00 **Nurses Who Kill**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Helen McCourt.
8.00 **Murder on CCTV**
9.00 **Baby Vanished: People Magazine Investigates** A two-year-old missing in the Idaho mountains.
10.00 **The Friday the 13th Murders** A survivor links two cases as police race to stop a hidden predator.
11.00 **Judge Rinder's Crime Stories**
12.00 M'T **American Monster**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Murder UK** When Vera Hudson stopped answering her door, her neighbours grew worried.
8.00 **Fraud Squad** An accounts worker at a cancer hospital syphons off £642,000 of NHS money.
9.00 **Storm of Suspicion** New edition A mutilated body of an unknown woman is washed to the surface of a creek in Spring Valley, New York.
10.00 **Murder by the Sea** The story of how an elderly Grimsby couple were killed in their home during a terrifying home invasion in 1981.
11.00 **Bloodline Detectives**
12.00 M'T **Judge Judy**
4.35 AM **Facing Evil**
4.55 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **The Killer You Know**
10.45 **Teleshopping**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **The Killer You Know** Couty Alexander calls police saying that he found his wife shot. **3.00** Wealthy families are slain, leaving police to wonder who benefits.
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A murderer who said he would kill 12 people. **5.30** An apparently healthy man dies mysteriously in his sleep. **6.00** The murder of Kathleen Lipscomb. **6.30** A retired police officer is found murdered in his bed.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **The Force**
7.00 **Brit Cops: Law & Disorder** Documentary.
8.00 **Britain's Longest Road**
9.00 **Stop, Search, Seize**
10.00 **Police 24/7**
11.00 **Murders That Shocked the Nation**
12.00 NOON **Killer in My Village** Double bill.
2.00 PM **Killing Mum and Dad** Philip Middleton.
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Killer in My Village**
7.00 **There's Something Wrong with Aunt Diane**
9.00 **Mind Over Murder**
12.20 AM **What the Killer Did Next** Debbie Starbuck.
1.15 **How I Caught the Killer**
2.15 **Murders That Shocked the Nation** John Haigh.
3.10 **Britain's Most Evil Killers**
4.05 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **America the Bountiful** Vermont.
8.35 **Treasures Decoded**
9.35 **Paris: Stories from the City** As 7.00pm.
10.40 **The War** Documentary.
11.50 **Everest: The South West Face**
1.00 PM **America the Bountiful** Vermont.
1.35 **Treasures Decoded**
2.35 **Paris: Stories from the City** As 7.00pm.
3.35 **The War** Documentary.
4.45 **Everest: The South West Face**
6.00 **Treasures Decoded**
7.00 **Paris: Stories from the City** A look at great secular monuments.
8.00 **The War** Documentary.
9.10 **Everest: The South West Face**
10.25 **Paris: Stories from the City** As 7.00pm.
11.30 **America the Bountiful**
12.00 M'T **The War**
1.10 **to 2.00** AM **America the Bountiful**

FRIDAY

Friday

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Ol Pejeta Diaries**
- 7.00 **Monkey Life**
- 8.00 **Great Parks of Africa**
- 9.00 **Orangutan Jungle School**
- 10.00 **Rooted**
- 11.00 **Land of Gremlins**
- 12.00 NOON **Zambia Untamed**
- 1.00 PM **Monkey Life**
- 2.00 **Great Parks of Africa**
- 3.00 **Orangutan Jungle School**
- 4.00 **Rooted**
- 5.00 **America's Wild Seasons**
- 6.00 **Zambia Untamed**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Tusker: Brotherhood of Elephants** Documentary.
- 9.00 **Wildlife ER**
- 10.00 **Zambia Untamed** The elephants begin a long and risky journey to their next home.
- 11.00 **America's Wild Seasons**
- 12.00 M'T **Land of Gremlins**
- 1.00 AM **Ol Pejeta Diaries**
- 2.00 **Tusker: Brotherhood of...**
- 3.00 **Wildlife ER**
- 4.00 **Great Parks of Africa**
- 5.00 **to 6.00** AM **Orangutan Jungle School**

Sky History 2

163/168 143 186

- 6.00 AM **World's Most Unexplained**
- 7.00 **Evidence of the Unexplained**
- 8.00 **What on Earth?**
- 9.00 **The Abyss: Rise & Fall of the Nazis** As shown at 7.00pm.
- 10.00 **Combat Machines**
- 11.00 **Ancient Aliens**
- 1.00 PM **Alien Files: Unsealed**
- 2.00 **Bradley Walsh: Egypt's Cosmic Code**
- 3.00 **Digging for Britain**
- 4.00 **World's Most Unexplained**
- 5.00 **Evidence of the Unexplained**
- 6.00 **What on Earth?**
- 7.00 **The Abyss: Rise & Fall of the Nazis** In 1945, it was unclear whether the Germans had broken with the Nazis.
- 8.00 **Combat Machines**
- 9.00 **The Nostradamus Effect**
- 10.00 **Secrets Declassified with David Duchovny**
- 11.00 **Ancient Aliens**
- 1.00 AM **Alien Files: Unsealed**
- 2.00 **Bradley Walsh: Egypt's...**
- 3.00 **Digging for Britain**
- 4.00 **World's Most Unexplained**
- 5.00 **to 6.00** AM **Rust Valley Restorers**

Discovery Science

167 148 179

- 8.00 AM **NASA's Unexplained Files**
- 11.00 **The Dino Hunters**
- 1.00 PM **Truth Behind the Moon Landing** Double bill of editions.
- 3.00 **NASA's Unexplained Files**
- 4.00 **Killers of the Cosmos**
- 6.00 **How Do They Do It?**
- 9.00 **Mummies Unwrapped** Ramy Romany investigates whether Tutankhamun's mummified remains were burnt from a change in the mummification process. **10.00** Ramy examines well-preserved bodies from more than 2,000 years ago to see if they were victims of human sacrifice.
- 11.00 **Cooper's Treasure** Darrell Miklos searches for another shipwreck that he can salvage. **12.00** M'T A letter in Gordon's files details a 16th-century wreck connected to Sir Francis Drake.
- 1.00 AM **NASA's Unexplained Files**
- 2.00 **Killers of the Cosmos**
- 4.00 **to 6.00** AM **Blowing Up History**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Court Cam**
- 11.00 **Meet, Marry, Murder**
- 2.00 PM **Accident, Suicide or Murder?** Four editions.
- 6.00 **The First 48**
- 7.00 **Cold Case Files**
- 8.00 **Accident, Suicide or Murder?** A seemingly natural death exposes criminal secrets.
- 9.00 **NEW SERIES Fugitives Caught on Tape** A suspect in a box truck causes multiple collisions before engaging officers in a shoot-out. **9.30** New edition A high-speed chase ends with a horrifying crash on the motorway.
- 10.00 **Court Cam** New editions
- 11.00 **Ozark Law**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **Interrogation Raw**
- 2.00 **Homicide Hunter**
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **Accident, Suicide or Murder?**

+1hour 256 333

WILD

165 145 182

- 8.00 AM **Yukon Vet**
- 9.00 **Fish Tank Kings**
- 10.00 **America the Wild**
- 11.00 **Fish My City**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **Kingdom of the Apes: Battle Lines** Conflicts between apes.
- 3.00 **Close Encounters of the Wild Kind** Raccoons raid a kitchen.
- 4.00 **Secrets of the Zoo**
- 5.00 **The Incredible Dr Pol**
- 6.00 **Yukon Vet**
- 7.00 **Secrets of the Zoo**
- 8.00 **Africa's Deadly Kingdoms** The wildlife of the Kalahari. **9.00** The African Bushveld.
- 10.00 **Alaska: The Next Generation** As the Arctic shifts into the winter season, those living off-grid must work hard to obtain vital resources.
- 11.00 **Ice Road Rescue**
- 12.00 M'T **Africa's Hunters**
- 1.00 AM **Animal Fight Club**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Bizarre Animal Friends**

Discovery History

174 147 181

- 7.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** New discoveries that have revealed alien worlds.
- 1.00 PM **Mysteries of the Missing**
- 2.00 **In Search of Monsters**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Expedition Unknown: Hunt for Extraterrestrials** Josh Gates interviews witnesses to one of the largest ever UFO sightings in Zimbabwe.
- 9.00 **Ancient Unexplained Files**
- 10.00 **How Do They Do It?**
- 11.00 **Massive Engineering Mistakes**
- 12.00 M'T **Mysteries at the Museum**
- 2.00 AM **How the Universe Works**
- 3.00 **Mysteries of the Missing**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

- 9.00 AM **Abandoned Engineering**
- 1.00 PM **Abandoned Engineering**
- 5.00 **Yes, Prime Minister**
- 7.00 **One Foot in the Grave** 1/7. Patrick's plans for a quiet birthday with Pippa are ruined when the Meldrews join them for a meal at a Chinese restaurant. **7.40** 2/7. Victor's unease at the possible outcome of a medical test is compounded by the discovery that he has just bought a car with an obscene number plate. (S6)
- 8.20 **Yes, Prime Minister** 6/8. Jim plans to cut arts funding. **9.00** 7/8. Jim decides to save money by getting rid of the Department of Education. **9.40** 8/8. Jim is horrified at allegations of phone-tapping and denies they are true. (S2)
- 10.15 **One Foot in the Grave**
- 11.40 **Yes, Prime Minister**
- 1.35 AM **One Foot in the Grave**
- 3.00 **Yes, Prime Minister**
- 4.35 **to 6.00** AM **One Foot in the Grave**

+1hour 266 376

ID

154 140 166

- 8.00 AM **Murder Chose Me**
- 9.00 **American Monster**
- 11.00 **Disappeared**
- 12.00 NOON **Evil Lives Here: Shadows of Death**
- 1.00 PM **American Monster**
- 3.00 **Disappeared**
- 4.00 **Evil Lives Here: Shadows of Death** The case of Frank Buschauer, who was convicted of drowning his wife Cynthia Hrisco.
- 5.00 **On the Case with Paula Zahn**
- 7.00 **Faking It: Tears of a Crime** Experts analyse a man's deception following the 2017 Manchester Arena attack. **8.00** Focusing on the case of TV weatherman Fred Talbot.
- 9.00 **A Killer Among Friends** Best friends decide to take a girls' trip before applying to grad school.
- 10.00 **Portals to Hell**
- 11.00 **Haunted Towns**
- 12.00 M'T **The Dead Files**
- 2.00 AM **On the Case with Paula Zahn** Double bill of editions.
- 4.00 **to 5.00** AM **Faking It: Tears of a Crime**

+1hour 254 366

Discovery Turbo

161/172 146 180

- 7.00 AM **Wheeler Dealers**
- 8.00 **Motor Pickers**
- 9.00 **Outback Truckers**
- 10.00 **Salvage Hunters: Classic Cars**
- 11.00 **Shed and Buried**
- 12.00 NOON **Richard Hammond's Workshop** Richard must come up with a plan to raise funds.
- 1.00 PM **Outback Car Hunters**
- 2.00 **Salvage Hunters: Classic Cars**
- 3.00 **Outback Truckers**
- 4.00 **Ant Anstead: Born Mechanic**
- 5.00 **Motor Pickers**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Ant Anstead: Born Mechanic** Ant uncovers an extremely rare 1980 Alfasud that has been locked away for 35 years.
- 9.00 **Holden Bros. Restos**
- 10.00 **Outback Truckers**
- 11.00 **Wheeler Dealers**
- 12.00 M'T **Ant Anstead: Born Mechanic** As 8.00pm.
- 1.00 AM **Richard Hammond's...**
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

- 7.00 AM **Sketch** As 12.00noon.
- 8.40 **One More Shot** Comedy. (2025, 15, 88min) ★★★
- 10.20 **PREMIERE Nobody 2** (2025)
- 12.00 NOON **Sketch** Fantasy. (2025, 12, 93min) ★★★★
- 1.45 PM **Materialists** Comedy. (2025, 15, 116min) ★★★★
- 3.45 **Coyotes** Comedy thriller. (2025, 15, 105min) ★★★
- 5.30 **Jurassic World: Rebirth** Fantasy action adventure. (2025, 12, 133min) ★★★

8.00 Nobody 2

8.00 PREMIERE Nobody 2 Comedy thriller sequel starring Bob Odenkirk. A former assassin takes his family on a holiday, but finds himself in the crosshairs of a crime boss. (2025, 15, 89min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Icefall Thriller starring Joel Kinnaman and Cara Jade Myers. A young game warden captures a notorious poacher, only to discover he is aware of the location of a plane carrying millions of dollars frozen in a lake. (2025, 15, 95min)

- 11.30 **Bring Her Back** Mystery thriller starring Sally Hawkins. (2025, 18, 104min) ★★★★
- 1.30 AM **The Gentleman** Thriller. (2025, 15, 89min) ★★
- 3.10 **Adulthood** Comedy drama. (2025, 15, 97min) ★★★
- 5.00 **to 6.40** AM **Sketch** (2025)

Sky Cinema Rom-Coms

303 303 403 503 517

- 7.00 AM **Miss Congeniality** (2000)
- 8.55 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★
- 10.55 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
- 12.35 PM **Sleepless in Seattle** Comedy. (1993, PG) ★★★★★
- 2.25 **Bridget Jones's Diary** Comedy. (2001, 15, 96min) ★★★★
- 4.05 **Bridget Jones: The Edge of Reason** (2004, 15) ★★★
- 5.55 **Bridget Jones's Baby** Comedy. (2016, 15, 123min) ★★★

10.00 Two Weeks Notice

8.00 How to Lose a Guy in 10 Days Romantic comedy starring Kate Hudson and Matthew McConaughey. A journalist sets out to seduce and then alienate an advertising executive, but her target has his own agenda. (2003, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Two Weeks Notice Romantic comedy with Sandra Bullock and Hugh Grant. Opposites attract when a liberal lawyer goes to work for a billionaire property tycoon. (2002, 12, 101 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.50 **Spanglish** Comedy drama starring Adam Sandler. (2004, 12, 131 min) ★★★
- 2.05 AM **Hope Springs** Romantic comedy drama starring Meryl Streep. (2012, 12, 98min) ★★★
- 4.00 **to 6.00** AM **The First Wives Club** Comedy with Bette Midler. (1996, PG, 102min) ★★★

Sky Cinema Drama

310 310 410 510 524

- 8.05 AM **Pretty in Pink** Comedy. (1986, 15, 99min) ★★★★
- 9.50 **The Damned United** Biopic. (2009, 15, 98min) ★★★★
- 11.35 **Terms of Endearment** Oscar-winning comedy drama. (1983, 15, 132min) ★★★★★
- 1.50 PM **Cookster: The Darkest Days** Drama. (2024, 15, 119min) ★★★
- 4.00 **The Bodyguard** Romantic thriller. (1992, 15, 129min) ★★★

6.10 Dunkirk Director Christopher Nolan's World War Two drama. (2017, 12, 106min) ★★★★★

8.00 The Boy in the Striped Pyjamas Wartime drama based on John Boyne's book, starring Asa Butterfield and Jack Scanlon. (2008, 12, 94min) ★★★★

9.40 Legends of the Fall Drama set in early 20th-century Montana starring Brad Pitt, Anthony Hopkins, Aidan Quinn, Henry Thomas and Julia Ormond. (1994, 15, 133min) ★★★★

- 11.55 **Two Mules for Sister Sara** Comedy Western starring Clint Eastwood and Shirley MacLaine. (1969, 15, 114min) ★★★
- 1.50 AM **Valentine's Day** Romantic comedy with Ashton Kutcher. (2010, 12, 125min) ★★★
- 3.55 **to 6.05** AM **The Bodyguard**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 7.10 AM **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
- 8.55 **Evolution** Sci-fi comedy. (2001, PG, 101 min) ★★★★
- 10.45 **It** Horror. (2017, 15) ★★★★
- 1.00 PM **Us** Jordan Peele's horror. (2019, 15, 116min) ★★★★
- 3.00 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★
- 5.00 **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★

8.00 Gravity Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91 min) ★★★★★

9.45 Until Dawn Horror thriller starring Ella Rubin and Michael Cimino. A year after their friend disappeared, a group find themselves trapped in a time loop, where they are hunted and killed unless they survive until dawn. (2025, 15, 99min) ★★★

- 11.40 **The Running Man** Adventure. (1987, 18, 101 min) ★★★
- 1.25 AM **I Am Legend** Sci-fi thriller. (2007, 15, 101 min) ★★★★
- 3.15 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
- 5.00 **Sky Cinema Preview**
- 5.50 **to 7.35** AM **Gravity** As 8.00pm.

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.15 AM **Peter Pan** (2003) ★★★★
9.15 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
11.00 **Pets on a Train** (2025) ★★★
12.30 PM **Happy Feet** Animation. (2006, U, 108min) ★★★★
2.30 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
4.15 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
6.00 **The Hobbit: An Unexpected Journey** Fantasy adventure. (2012, 12, 165min) ★★★

6.00 The Hobbit

8.50 **Scooby-Doo 2: Monsters Unleashed** Live-action comedy adventure sequel based on the Hanna-Barbera cartoon series, starring Freddie Prinze Jr, Sarah Michelle Gellar, Matthew Lillard and Linda Cardellini. (2004, PG, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Free Willy** Adventure starring Jason James Richter. A 12-year-old boy tries to free a whale from a marine park. With Lori Petty and Michael Madsen. (1993, U, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Harriet the Spy** Adventure. (1996, PG, 97min) ★★★★
2.10 **The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★★
3.40 **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
5.15 **to 7.00** AM **Spy Kids 2: Island of Lost Dreams** Action comedy sequel. (2002, U, 100min) ★★★★

Sky Cinema Action

307 307 407 507 521

6.50 AM **The Patriot** Epic drama. (2000, 15, 167min) ★★★
9.35 **xXx: Return of Xander Cage** Action thriller. (2016, 12) ★★★
11.25 **Morbius** Fantasy adventure. (2022, 12, 104min) ★★
1.25 PM **Kong: Skull Island** Action adventure. (2017, 12) ★★★★
3.25 **Transformers: Revenge of the Fallen** Sci-fi sequel. (2009, 12, 149min) ★★★
5.55 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★

5.55 Twisters

8.00 **Transformers: Dark of the Moon** Sci-fi action adventure sequel starring Shia LaBeouf as a young man caught up in another titanic struggle between good and evil alien robots on Earth. With Rosie Huntington-Whiteley, Josh Duhamel and John Turturro. (2011, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Shazam!** Comedy adventure starring Zachary Levi, Mark Strong and Asher Angel. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Venom: Let There Be Carnage** Comic-book fantasy sequel. (2021, 15, 97min) ★★★
2.55 **Wonder Woman** Fantasy. (2017, 12, 121min) ★★★★
5.30 **to 7.35** AM **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's action adventure. (2008, 12, 122min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
8.50 **Hope Springs** Comedy drama. (2012, 12, 98min) ★★★
10.40 **Team America: World Police** Spoof. (2004, 15) ★★★★
12.20 PM **The Holiday** Comedy. (2006, 12, 135min) ★★★
2.40 **The 40-Year-Old Virgin**
4.40 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
6.15 **Mean Machine** Sports drama. (2001, 15, 99min) ★★

6.15 Mean Machine

8.00 **The Hangover** Comedy starring Bradley Cooper, Zach Galifianakis and Ed Helms. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Hangover Part II** Comedy sequel starring Bradley Cooper. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother despite severe memory loss. (2011, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
1.15 AM **Jackass: The Movie** Comedy. (2002, 18, 87min) ★
2.45 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
4.25 **Cinema List: Video Games**
4.55 **to 7.00** AM **The 40-Year-Old Virgin** Comedy starring Steve Carell. (2005, 15) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **All the Devils Are Here**
7.55 **Jericho Ridge** Thriller. (2023, 15, 87min) ★★★
9.35 **The Desperate Hour** Thriller. (2021, 12, 84min) ★★★★
11.15 **The Alto Knights** Drama. (2024, 15, 123min) ★★★
1.30 PM **The Hunt for Red October** Thriller. (1990, PG) ★★★★
3.50 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★
6.00 **Jaws 2** Monster thriller sequel. (1978, PG, 115min) ★★★

10.30 Snatch

8.00 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Snatch** Crime comedy drama starring Jason Statham. A group of British crooks plan to steal a diamond from an American mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **American Gangster** Ridley Scott's crime drama. (2007, 18, 157min) ★★★★
2.55 **The Hunt for Red October**
5.10 **to 6.45** AM **All the Devils Are Here** Mystery thriller. (2025, 15, 87min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **How Green Was My Valley** John Ford's drama. (1941, b/w, U, 118min) ★★★★
1.20 PM **The Sheriff of Fractured Jaw** Comedy Western. (1958, U, 103min) ★★★
3.25 **The Last Wagon** Western. (1956, PG, 99min) ★★★
5.25 **The Longest Day** Epic World War Two action drama starring John Wayne. (1962, b/w, PG, 182min) ★★★★

9.00 Knight and Day

The Longest Day (film started at 5.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Knight and Day** Comedy thriller starring Tom Cruise and Cameron Diaz. A rogue secret agent kidnaps a hapless bystander and takes her on a perilous globe-trotting adventure. With Peter Sarsgaard. (2010, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 PM **to 2.55** AM **Apocalypse Now: Final Cut** Extended version of Francis Ford Coppola's acclaimed Vietnam War drama starring Martin Sheen, Marlon Brando and Robert Duvall. An army captain is sent on a mission to assassinate a colonel who is worshipped by his followers. (1979, 15, 181min) ★★★★★

+1hour 314 430 47 301 257

Sky Cinema Adventure

302 302 402 502 516

6.00 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U, 49min) ★★★
6.55 **Jack the Giant Slayer** (2013)
8.55 **The Lego Movie 2: The...**
10.45 **Journey 2: The Mysterious Island** As shown at 4.25am.
12.25 PM **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★

2.05 **Bumblebee** As 12.15am.
4.10 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
6.10 **DC League of Super-Pets** Animated comedy adventure. (2022, PG, 105min) ★★★
8.00 **A Minecraft Movie** Fantasy adventure starring Jack Black, Jason Momoa and Emma Myers. (2025, PG, 101min) ★★★
9.50 **Aquaman** Superhero adventure starring Jason Momoa. (2018, 12, 143min) ★★★

12.15 AM **Bumblebee** *Transformers* prequel starring Hailee Steinfeld. (2018, PG, 114min) ★★★★
2.20 **Jack the Giant Slayer** Fantasy. (2013, 12, 114min) ★★★
4.25 **to 6.05** AM **Journey 2: The Mysterious Island** Fantasy sequel. (2012, PG, 94min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.50 AM **In & Out** As 2.10am.
8.25 **The Golden Child** As 4.45am.
10.00 **Ace Ventura Pet Detective**
11.30 **Ace Ventura: When Nature Calls** As shown at 12.25am.
1.10 PM **Beverly Hills Cop** Comedy thriller. (1984, 15) ★★★★
3.00 **Beverly Hills Cop II** Comedy thriller sequel. (1987, 15) ★★★
4.45 **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15) ★★

6.30 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
8.00 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel starring Leslie Nielsen. (1991, 15, 81min) ★★★
9.30 **The Naked Gun 33⅓: The Final Insult** Spoof thriller sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★
10.55 **Ace Ventura Pet Detective** Comedy starring Jim Carrey. (1993, 12, 86min) ★★★★

12.25 AM **Ace Ventura: When Nature Calls** Comedy sequel. (1995, PG, 89min) ★★★
2.10 **In & Out** Comedy starring Kevin Kline. (1997, 12, 91min) ★★★
3.45 **Sky Cinema Preview**
4.45 **to 6.20** AM **The Golden Child** Fantasy. (1986, PG, 93min) ★★

Sky Cinema Animation

305 305 405 500 514

6.10 AM **Into the Wonderwoods** Animation. (2024, U) ★★★
7.45 **Paws of Fury: The Legend of Hank** Animated family comedy. (2022, PG, 98min) ★★★
9.35 **Extinct** Animated adventure. (2021, U, 84min) ★★★
11.10 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
12.50 PM **The Amazing Maurice** Animation. (2022, PG) ★★★★

2.30 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
4.00 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
5.40 **The Boss Baby** Animated comedy. (2017, U, 97min) ★★★
7.30 **Rango** Animated Western. (2011, PG, 103min) ★★★★
9.25 **Transformers One** Animation. (2024, PG, 104min) ★★★★
11.15 **Monsters vs Aliens** Animation. (2009, PG, 90min) ★★★
1.05 AM **Batman Unlimited: Animal Instincts** (2015, PG) ★★

2.30 **Batman: Return of the Caped Crusaders** Animated adventure. (2016, PG, 78min) ★★★★
4.00 **Rebellious** Animated fantasy. (2024, PG, 94min) ★★★
5.45 **to 7.10** AM **Fox and Hare Save the Forest** Animated adventure. (2024, U, 71min) ★★★

Movies 24

312 313 419

7.00 AM **A Whitewater Romance** Drama. (2024, U, 84min) ★★
9.00 **Heart of the Manor** Romantic comedy. (2021, PG, 85min) ★★
11.00 **The Attraction Test** Romantic comedy. (2022, PG, 85min) ★★
1.00 PM **Food for the Heart** Romantic comedy drama. (2023, PG, 83min) ★★
3.00 **Modeled with Love** Romantic drama. (2023, PG, 90min) ★★

5.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
7.00 **Betty's Bad Luck in Love** Romantic comedy starring Laci J Mailey and Marco Grazzini. (2024, PG, 84min) ★★
9.00 **Something New: A Teagarden Mystery** Crime drama prequel starring Skyler Samuels, Marilu Henner and Steve Bacic. The amateur sleuth faces her first mystery when her friend's fiancé goes missing just before their wedding. (2023, U, 87min) ★★

11.00 **Writing a Love Song** Romantic drama. (2024, PG, 85min) ★★
1.00 AM **The Reluctant Royal** Comedy. (2025, PG, 84min) ★★
3.00 **to 5.00** AM **A Priceless Love** Drama. (2022, PG, 85min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Law of the Plainsman** (S1)
6.30 **Look at Life**
6.40 **Lydia** Drama. (1941, b/w, PG) ★★
8.35 **The Small Voice** Thriller. (1948, b/w, PG, 81min) ★★★
10.15 **Blue Pullman** Documentary.
10.40 **The Small Back Room** Drama. (1948, b/w, PG, 106min) ★★★★
12.50 PM **Edgar Wallace Mystery Theatre** *Flat Two:* 11/11. (S2)
2.00 **The Adventures of Robin Hood**

2.30 **Cash on Demand** (1961) ★★★
4.10 **Where Strangers Meet**
4.30 **The Cheaters** 3/12. (S1)
5.00 **Snowbound** (1948, PG) ★★★
6.40 **What's On Tonight?** Short film.
7.00 **Z Cars** 4/42. (S2)
8.00 **Public Eye** 1/7. (S4)
9.00 **Cellar Club with Caroline Munro**
9.05 **Supernatural** 6/8. (S1)
10.05 **Cellar Club with Caroline Munro**
10.10 **Tales of Tomorrow** 37/42. (S2)
10.40 **Cellar Club with Caroline Munro** A special live event.
11.55 **Cellar Club with Caroline Munro**

12.00 M'T **Hammer House of Mystery and Suspense** (S1)
1.30 AM **White Cargo** Comedy. (1973, 15, 75min) ★★
3.00 **The Adventures of Bullwhip Griffin** Caper. (1965, U) ★★★
5.10 **Travellers Yarn**
5.30 **to 6.00** AM **Out of Town**

8 PM
9 PM
10 PM
11 PM

FRIDAY Sport 20 March

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
9.00 **LIVE NRL** Melbourne Storm v Brisbane Broncos. From AAMI Park in Melbourne. Kick-off 9.00am.
11.00 **Sky Sports FC**
11.30 **LIVE PGA Tour Golf** The early stages of day two of the Valspar Championship at Innisbrook Resort in Palm Harbor, Florida.
3.00 PM **LIVE WTA & ATP Tennis** Coverage of day four of the Miami Open, a hard-court tournament at Hard Rock Stadium in Florida, featuring second-round matches.
7.30 **LIVE FNF** Bournemouth v Manchester United. Coverage of the Premier League encounter from the Vitality Stadium. Kick-off 8.00pm.
10.45 **LIVE WTA & ATP Tennis** Further coverage of day four of the Miami Open staged at Hard Rock Stadium in Miami Gardens.
3.00 **to 6.00** AM **LIVE Ladies European Tour Golf** Coverage of day three of the Australian WPGA Championship at Sanctuary Cove Golf and Country Club in Queensland.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **PL 100 Club: Son Heung-Min**
8.30 **The Big Interview**
9.00 **Premier League Stories**
9.30 **Fantasy Football Countdown**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
4.00 PM **Fantasy Show**
4.30 **Premier League Preview**
5.00 **Premier League Friday**
7.00 **Premier League Preview**
7.30 **LIVE FNF** Bournemouth v Manchester United. The Premier League match at the Vitality Stadium. The reverse fixture in December saw these two sides play out one of the best games of the Premier League season so far. Kick-off 8.00pm.
10.45 **The Big Interview**
11.15 **Premier League Stories**
11.45 **FNF** Highlights of Bournemouth v Manchester United.
12.15 AM **Netbusters** Recent action.
12.45 **PL Greatest Games**
1.00 **PL Retro** Manchester United v Manchester City from 2010/11.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **Championship Play-Off Finals**
8.30 **League 1 & 2 Play-Off Finals**
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2015 final.
11.00 **There's Only One Sauzee**
11.30 **Dundee United – Champions**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL League One & Two Goals**
2.00 **SPFL Highlights**
2.45 **EFL Highlights** Championship.
4.00 **Bundesliga Weekly**
4.30 **EFL League One & Two Goals**
5.30 **EFL Highlights**
6.00 **SPFL Highlights**
7.00 **EFL Highlights** Championship.
7.30 **LIVE EFL** Preston North End v Stoke City. The Championship encounter from Deepdale. Kick-off 8.00pm.
10.30 **SPFL Highlights**
11.15 **WSL** Chelsea v Brighton.
11.45 **EFL Greatest Games**
12.00 M'T **SPFL Highlights**
1.00 AM **Craig Brown: My Scotland**
1.30 **There's Only One Sauzee**
2.00 **EFL Greatest Games**
4.00 **EFL Cup Highlights**
5.00 **Best Goals: EFL Cup 2022/23**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Recent highlights.
8.00 **Men's T20 World Cup** Highlights from the final.
9.00 **IPL** Recent highlights.
11.00 **Test Cricket** Action from all five days of the fifth and final Test in the series between England and India at The Kia Oval in London.
4.00 PM **IPL** The T20 match between Delhi Capitals and Sunrisers Hyderabad from ACA-VDCA Cricket Stadium, Visakhapatnam. **5.00** Highlights of the final of the T20 competition between Royal Challengers Bengaluru and Punjab Kings held at Narendra Modi Stadium in Ahmedabad.
6.00 **Test Cricket** Action from all five days of the fifth and final Test in the series between England and India at The Kia Oval in London.
11.00 **IPL** The T20 match between Rajasthan Royals and Chennai Super Kings from Barsapara Cricket Stadium, Guwahati. **12.00** M'T Action from the T20 match between Mumbai Indians and Kolkata Knight Riders from Wankhede Stadium, Mumbai.
1.00 **to 6.00** AM **Test Cricket**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
10.00 **HotelPlanner Tour Golf**
10.30 **PGA Tour Champions**
11.30 **LIVE PGA Tour Golf** Coverage of the second day of the Valspar Championship at Innisbrook Resort in Florida. Viktor Hovland became the first Norwegian player to win this event after finishing on 11-under-par last year.
10.00 PM **LIVE LPGA Tour Golf** Coverage of the second day of the Fortinet Founders Cup at Sharon Heights Golf and Country Club.
1.00 AM **Ladies European Tour Golf**
2.00 **to 6.00** AM **LIVE Ladies European Tour Golf** The third day of the Australian WPGA Championship held at Sanctuary Cove Golf and Country Club.

Sky Sports Tennis

408 408 508 425 445

6.00 AM **Tennis** Indian Wells Open.
6.30 **ATP Tour This Week**
7.00 **WTA & ATP Tennis**
3.00 PM **LIVE WTA & ATP Tennis** Coverage of day four of the Miami Open, a hard-court tournament staged at Hard Rock Stadium in Miami Gardens, featuring second-round matches. After lifting the trophy at Indian Wells earlier in the week, British star Jack Draper suffered a reversal of fortunes at this stage last year when he lost 6-7 6-7 to unseeded Czech Jakub Menšík, who would eventually go on to triumph in the final. Fellow Brit Jacob Fearnley was also eliminated in straight sets.
3.00 AM **WTA & ATP Tennis**
4.00 **ATP/WTA Tour Classic Matches**
5.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE Snooker World Open** The quarter-finals on the fifth day from Yushan in China.
9.00 **The Breakdown**
9.15 **Premier League Reload**
9.30 **LIVE LIV Golf** The second day of the fifth round of the season at The Club at Steyn City in South Africa.
3.30 PM **Inside Serie A**
4.00 **Premier League: Big Interview**
4.30 **Premier League Stories**
5.00 **The Fantasy Show**
5.30 **Isuzu UTE A-League**
6.30 **Premier League Preview**
7.00 **LIVE The Gallagher PREM Bath v Saracens.** Coverage of the match from the Recreation Ground. Kick-off 7.45pm.
10.00 **LIV Golf** Day two of the fifth round of the season in South Africa.
11.30 **MotoGP** Grand Prix of Brazil.
12.00 M'T **MotoGP Films**
12.30 AM **TNT Sports Reload**
1.00 **The Gallagher PREM**
2.00 **LIVE Isuzu UTE A-League Auckland FC v Macarthur Bulls.** Coverage of the Australian top-flight match from Go Media Stadium. Kick-off 2.00am.
4.00 **to 6.00** AM **Snooker World Open**

TNT Sports 2

411 414 522 409 431

6.00 AM **LIVE International T20 Cricket New Zealand v South Africa.** The third T20 in the five-match series at Eden Park in Auckland.
10.15 **TNT Sports Cricket Reload**
10.45 **Premier League Reload**
11.00 **LIVE Ski Mountaineering** Coverage from Val Martello, Italy.
12.00 NOON **LIVE MotoGP** The Grand Prix of Brazil MotoGP, Moto2 and Moto3 first free practice sessions.
3.15 PM **MotoGP Rewind**
3.30 **MotoGP Films**
4.15 **LIVE MotoGP** The Grand Prix of Brazil MotoGP, Moto2 and Moto3 practice sessions.
7.45 **TNT Sports Reload**
8.00 **LIVE Women's Curling World Championship Scotland v Norway.** Coverage from Markin MacPhail Centre.
11.00 **Snooker World Open**
1.00 AM **Isuzu UTE A-League**
2.00 **UEFA Europa League & Conference League Highlights**
3.00 **Men's Cycling Pro Series**
4.00 **to 6.00** AM **LIVE Isuzu UTE A-League Brisbane Roar v Wellington Phoenix.** Kick-off 4.00am.

Sky Sports Action

412 410 510 426 446

6.00 AM **NBA Basketball**
8.00 **Super League Highlights**
8.15 **Women's Super League**
8.30 **Super League Highlights**
9.00 **LIVE NRL** Melbourne Storm v Brisbane Broncos. From AAMI Park in Melbourne. Kick-off 9.00am.
11.00 **Super League Highlights**
11.15 **Women's Super League**
11.30 **Super League Highlights**
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Dallas Cowboys v Washington Commanders.
4.00 **Super League Highlights**
4.15 **Women's Super League**
4.30 **Super League Highlights**
5.00 **NFL Bitesize Highlights**
5.30 **NBC's Pro-Football Talk**
7.30 **LIVE Super League Wakefield Trinity v Leigh Leopards.** Coverage of the top-flight match from DIY Kitchens Stadium. Kick-off 8.00pm.
10.15 **NBA on Fire** The latest news.
10.45 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
1.00 AM **Super League**
3.45 **Super League Highlights**
4.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **LIVE Super Rugby Highlanders v Hurricanes.** From Forsyth Barr Stadium in Dunedin. Kick-off 6.05am.
8.00 **Sky Sports Breakfast**
8.30 **LIVE Super Rugby Brumbies v Chiefs.** Coverage of the match staged at GIO Stadium in Canberra. Kick-off 8.35am.
10.30 **Sky Sports FC**
12.00 NOON **Total Football**
3.00 PM **LIVE WTA & ATP Tennis** Coverage of day four of the Miami Open, a hard-court tournament from Hard Rock Stadium, Florida.
7.30 **LIVE Super League Wakefield Trinity v Leigh Leopards.** Coverage of the top-flight match at DIY Kitchens Stadium. Kick-off 8.00pm.
10.15 **LIVE WTA & ATP Tennis** Further coverage of day four of the Miami Open staged at Hard Rock Stadium in Miami Gardens.
1.00 AM **EFL Greatest Games**
3.30 **LIVE Super Rugby Fijian Drua v Queensland Reds.** Coverage of the match from Churchill Park. Kick-off 3.35am.
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **The Players Championship**
12.00 NOON **TGL** New York v The Bay.
2.00 PM **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.00 **PGA Tour Golf** Highlights.
6.00 **My Icon** Sporting influences.
6.25 **WTA Tennis** Indian Wells Open.
6.55 **LIVE Netball Super League Leeds Rhinos v Dragons.** Coverage from Canon Medical Arena. Centre-pass 7.00pm.
8.30 **My Icon** Sporting influences.
9.00 **WTA Tennis** Highlights of the Indian Wells Open women's final.
10.00 **ATP Tennis** Action from the Indian Wells Open men's final.
11.00 **Men's T20 World Cup** Highlights of Sri Lanka v England.
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **Formula 1** Chinese Grand Prix.
3.00 **PL Greatest Games**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE Snooker World Open** Quarter-finals in Yushan.
9.00 **LIVE Isuzu UTE A-League Western Sydney Wanderers v Adelaide United.**
10.30 **Rolex Grand Slam**
11.30 **LIVE Snooker World Open** Further coverage from Yushan.
2.30 PM **Formula E Highlights**
3.00 **LIVE Biathlon** From Norway.
4.30 **Crouchy and Cole**
4.45 **LIVE Cross Country Skiing** From Lake Placid in New York.
6.15 **TNT Sports Reload**
6.45 **LIVE Cross Country Skiing** Further coverage from New York.
8.15 **International T20 Cricket**
10.15 **Men's Cycling Pro Series**
12.45 AM **MotoGP** Grand Prix of Brazil.
1.15 **International T20 Cricket**
3.15 **LIV Golf** From South Africa.
4.45 **to 6.00** AM **LIVE T100 Triathlon World Tour** The opening round of the season.

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Europa League & Conference League Highlights**
7.00 **LIV Golf** From South Africa.
8.30 **LIVE AFL Adelaide Crows v Western Bulldogs.** Bounce-up 8.40am.
11.30 **UEFA Europa League**
12.30 PM **UEFA Conference League**
1.00 **Men's Cycling Pro Series**
2.00 **LIVE Men's Cycling Pro Series** Coverage of the Bredene Koksijde Classic in Flanders.
4.30 **Men's Cycling Pro Series**
5.00 **Curling World Championship**
7.00 **Snooker World Open**
9.00 **UEFA Champions League**
9.30 **UEFA Europa League & Conference League Highlights**
12.00 M'T **TNT Sports Reload**
12.30 AM **AFL** Crows v Bulldogs.
2.00 **to 5.00** AM **LIVE AFL Richmond Tigers v Gold Coast Suns.** Coverage of the match staged at Melbourne Cricket Ground. Bounce-up 2.15am.

Premier Sports 1

419 551

6.00 AM **Sporting Countdowns**
7.00 **Football** Highlights and features.
10.00 **NHL Ice Hockey**
12.00 NOON **NHL Specials**
1.00 PM **NASCAR Highlights**
2.00 **NHL on the Fly**
3.00 **Eredivisie Highlights**
4.00 **Scottish Football Social Club**
5.00 **LaLiga Match Highlights**
5.30 **The Rugby Pod**
7.00 **LIVE United Rugby Championship Ulster v Connacht.** Coverage of the match staged at Affidea Stadium. Kick-off 7.45pm.
10.00 **URC SEND IT**
10.40 **LaLiga Match Highlights**
11.00 **LaLiga** Villarreal v Real Sociedad.
1.00 AM **NHL Tonight**
2.00 **to 6.00** AM **LIVE NHL Ice Hockey Utah Mammoth v Anaheim Ducks.** Coverage of the Western Conference match from Delta Center. Face-off 2.00am.

Premier Sports 2

420 552

6.00 AM **Brasileiro Serie A**
8.00 **NHL Ice Hockey**
10.00 **Football** Highlights and features.
1.30 PM **United Rugby Championship**
4.30 **LIVE United Rugby Championship Bulls v Cardiff.** Coverage of the match staged at Loftus Versfeld Stadium. Kick-off 5.00pm.
7.30 **LIVE United Rugby Championship Scarlets v Zebre.** Coverage of the match staged at Parc y Scarlets. Kick-off 7.45pm.
10.00 **Temples of Sport**
10.30 **NHL: This is Hockey**
11.00 **LIVE NHL Ice Hockey Toronto Maple Leafs v Carolina Hurricanes.** The Eastern Conference match at Scotiabank Arena. Face-off 11.00pm.
2.00 AM **Temples of Sport**
2.30 **Football's Greatest**
3.00 **to 6.00** AM **United Rugby Championship**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
12.15 PM **Ted's Notebook**
12.45 **Oscar Piastri IV**
1.00 **Formula 1** Chinese Grand Prix.
3.15 **Ted's Notebook**
3.45 **Brad Pitt x McLaren**
4.00 **Formula 1** Australian Grand Prix. **5.00** Highlights from the Chinese Grand Prix sprint race. **6.00** The Chinese Grand Prix.
7.00 **F1 Academy Highlights**
9.00 **F1 Academy: Weekend Wrapped** Single-seater racing.
9.30 **Ferrari Challenge Europe**
10.30 **F1 Academy: Weekend Wrapped** Single-seater racing.
11.00 **Formula 1** Chinese Grand Prix.
12.00 M'T **to 6.00** AM **The Best of F1**

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KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

YouTube Forevergreen

Available for a limited time, @ForevergreenFilm

It may only be 12 minutes long, and have zero dialogue, but this Oscar-nominated animated short film will still leave you with all the feels. It tells the story of a bear cub who is nurtured by a fatherly evergreen tree, that provides it with shelter and food – and even toys to play with.

One day, the bear finds an abandoned campsite, with discarded human food and other temptations – and we challenge you not to be touched by what happens next. We'll definitely be rooting for it at this Sunday's ceremony.

sky cinema Sketch

Saturday, 9am & 6.20pm, Sky Premiere

Amber loves to draw monsters and wild creatures, but when her pictures start to appear in the real world, the results are chaotic, funny and sometimes scary.

Blending humour, action and a touch of spooky fun, *Sketch* also explores deeper feelings as Amber copes with the loss of her mother, with the wild drawings reflecting how children process grief and big emotions.

Packed with inventive creatures and plenty of heart, this is an energetic, family-friendly adventure with a nostalgic 80s-style vibe. ***See review, page 22.***

More great shows to watch this week...

Red Peter: Red Nose Day Takeover!

Friday, 5pm, CBBC & BBC iPlayer

This week, *Blue Peter* becomes *Red Peter*, as the team join in the Red Nose Day fun, with Joel attempting springboard diving to raise money.

Story Den

NEW

Weekdays, 9.05am, Milkshake! on 5

Thursday is International Read to Me Day, so the return of *Story Den* has been timed perfectly! The Milkshake! crew read daily stories to readers, starting with a *Paw Patrol* adventure, *Rubble & Crew: The Clean Machine*.

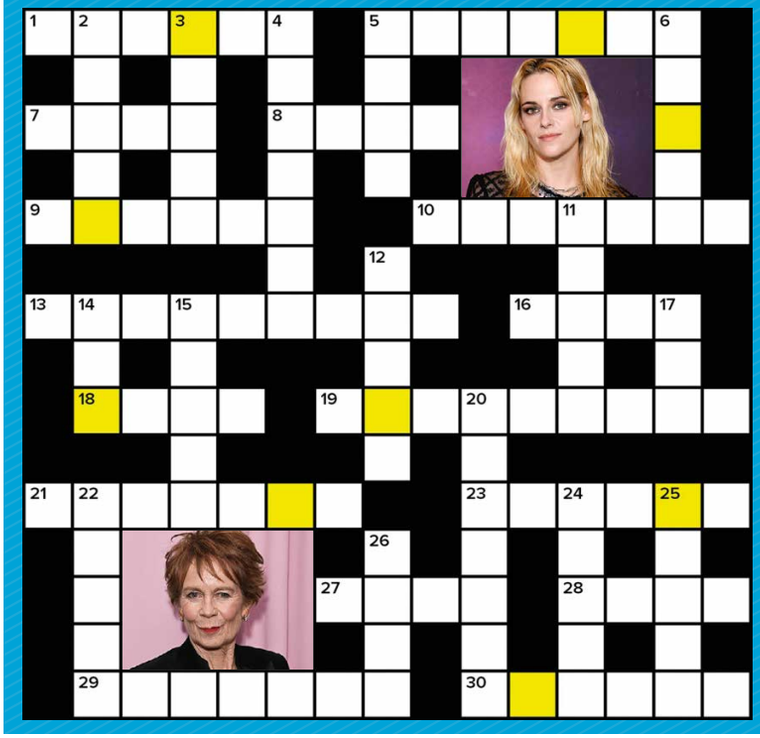
Wonder Pets: In the City

From Friday, Apple TV

Friends Izzy the guinea pig, Zuri the bunny and Tate the snake set off on more adventures from their New York kindergarten.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out a sitcom writer (5,4). Answers at the bottom of the page – no cheating!



ACROSS

1 ------ *with Wolves*, film from 1991 starring Kevin Costner (6)
5 See picture clue: Starred as Bella Swan in *Twilight*, Kristen ------- (7)
7 One of the Jackson 5 brothers (4)
8 Star of 2018 film *Christopher Robin*, ---- McGregor (4)
9 Clean ------, English band who had a 2018 hit with *Solo* (6)
10 Character in animated series *South Park*, Eric ------- (7)
13 Tuppence ----------, Lucy in 2022's *Downton Abbey: A New Era* (9)
16 1992 Sylvester Stallone comedy, ----! *Or My Mom Will Shoot* (4)
18 ---- *of Green Gables*, TV mini-series from 1987 (4)
19 American rock band fronted by Steven Tyler (9)
21 2006 Alan Bennett movie, *The* ------- *Boys* (7)
23 Phoebe's identical twin in *Friends* (6)
27 Inspector Clouseau's manservant played by Burt Kwouk (4)
28 *I Walk the* ----, hit Johnny Cash song from 1956 (4)
29 *The Fifth* -------, Luc Besson-directed sci-fi film from 1997 (7)
30 ------, *Anyhow, Anywhere*, 1965 hit by The Who (6)

DOWN

2 ----- Dobson, starred in soap *EastEnders* as Angie Watts (5)
3 Cult Graham Linehan C4 comedy starring Richard Ayoade and Chris O'Dowd, *The IT* ----- (5)
4 Fourth James Bond film that starred Daniel Craig (7)
5 Played Ummi in comedy *The Kumars at No. 42*, Meera ---- (4)
6 ----- Swinton, Oscar-winning British actor (5)
11 Star of 2012's *Magic Mike*, Channing ----- (5)
12 *EastEnders* role played by Emma Barton, ----- Mitchell (5)
14 Food Network's *Barefoot Contessa*, --- Garten (3)
15 Peggy Blumquist in the second season of *Fargo*, Kirsten ----- (5)
17 Children's TV postman (3)
20 British TV presenter and historian, David ------- (7)
22 See picture clue: Actor in 2003's *Calendar Girls*, Celia ----- (5)
24 Liza Minnelli's iconic role in 1972 musical *Cabaret*, ----- Bowles (5)
25 ----- Evangelista, model (5)
26 Star of comedy series *Little Britain* with David Walliams, ---- Lucas (4)

CROSSWORD SOLUTION

ANSWER: Carla Lane **ACROSS:** 1 Dances 5 Stewart 7 Tito 8 Ewan 9 Bandit 10 Cartman 13 Middleton 16 Stop 18 Anne 19 Aerosmith 21 History 23 Ursula 27 Cato 28 Line 29 Element 30 Anyway **DOWN:** 2 Anita 3 Crowd 4 Spectre 5 Syal 6 Tilda 11 Tatum 12 Honey 14 Ina 15 Dunst 17 Pat 20 Olusoga 22 Imrie 24 Sally 25 Linda 26 Matt

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Coming soon

Mint

Emma Laird and Ben Coyle-Larner appear in a drama about a star-crossed romance

FIRST LOOK

Here's an enticing peek at BBC1's offbeat upcoming drama *Mint*, following a young couple who fall for each other against the backdrop of the criminal underworld.

The eight-part series, airing later this year and filmed in Glasgow, sees Emma Laird as Shannon, who is on a determined mission to find love and work out what she wants from life, while she also tries to negotiate the pressures of being part of a protective but dangerous gangland family.

Coyle-Larner as Arran

TAKING A RISK

But when she forges a connection with intriguing Arran, played by Ben Coyle-Larner – AKA musician Loyle Carner – jeopardy and heartache are just around the corner.

Sam Riley plays Shannon's gangster dad Dylan, while Laura Fraser is her caring mum Cat, Lewis Gribben is her older brother Luke, and Lindsay Duncan is her formidable grandmother Ollie.

'*Mint* is a world I've been thinking about for such a long time,' says the show's writer and director Charlotte Regan, who previously made award-winning film *Scrapper*.

'It's the project that's stuck with me endlessly and I could never get it out of my head. I'm so excited to be making it. I had a little cry the other day thinking about how incredible this cast is. But I honestly can't imagine these characters being brought into the world by better human beings.'

Shannon (Emma Laird)

WHAT'S NEXT FOR...

Howard Charles

In Sky's eight-part thriller **Fightland**, executive produced by Curtis '50 Cent' Jackson, the actor will play a shamed one-time boxing champion who wants revenge on a crime family. Nicholas Pinnock co-stars.

Claudia Jessie

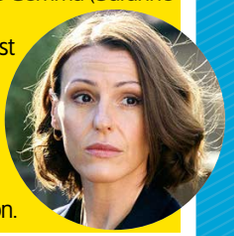
C4's six-part drama **Up to No Good**, based on Helene Tursten's short stories, will see the actor as a detective who becomes suspicious of a pensioner (Glenn Close) when a death occurs in her building.

Andrew Lincoln

The actor will narrate ITV1's six-part documentary **Force of Nature**, which explores how animals survive in challenging weather conditions, from chimpanzees in Senegal to Arctic polar bears.

Coming Back

A third and final run of BBC1 thriller **Doctor Foster** will find GP and cheated wife Gemma (Suranne Jones) marrying again, but the past is set to haunt her. Tom Taylor and Bertie Carvel return as Gemma's son Tom and ex Simon.



Next week

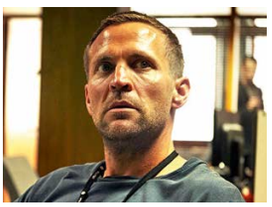
On sale Tuesday 17 March

The Pitt

As HBO Max launches in the UK, Noah Wyle plays a stressed ER doctor in a tense medical drama.

Daredevil: Born Again

The return of Disney+'s superhero saga starring Charlie Cox.



Jo Nesbø's Detective Hole

Netflix's adaptation of the crime novels starring Tobias Santelmann.

Saturday Night Live UK

Sky One's British take on the long-running US comedy show.

TV&Satellite week

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